



Comparison of the Isolation Methods of Viral Nucleic Acids

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Abstract

In vitro amplification of the nucleic acids (DNA or RNA) is used in the detection of microbial agents and thus in the diagnosis of infectious diseases, as well as in the diagnoses of oncological and genetic disorders and forensic medicine. The aim of the present study was to compare the isolation methods of the nucleic acids of hepatitis B and C viruses, causative agents of the two significant infections worldwide. Conventional isolation methods were compared with the commercial kits that have been used commonly in recent years, in terms of reliability, cost-effectiveness, contamination risk and duration of the testing time. Five standards for the isolation of the viral nucleic acids of both HBV DNA (Fluorion HBV QNP 2.0) and HCV RNA (Fluorion HCV QNP 2.1) were used. The isolations of the viral nucleic acids of HBV and HCV were done with the conventional methods, phenol-chloroform and guanidine thiocyanate, and the commercial kits Roboscreen and NucleoSpin. The resultant viral nucleic acid load was determined with a spectrophotometer (WPA UV 1101, Biotech Photometer), and their amplification was conducted with Real-Time PCR. The results of the assessments revealed that the highest nucleic acid concentration were obtained with the conventional methods, while they exhibited significant drawbacks such as long duration of the testing time, difficulty in application, and higher contamination risk.

Key Words: HBV, HCV, PCR, spectrophotometer, amplification.

1. Introduction

Hepatitis B virus (HBV) is an important health problem in our country as it is in the whole world because it leads to acute hepatitis as well as chronic hepatitis, liver cirrhosis and hepatocellular carcinoma (HCC). Hepatitis B Virus Surface Antigen (HBsAg) positivity rate is 0.1-0.2% in the United States (USA) and Northern Europe, while it is around 10-15% in Africa and Far East. In our country, the rates obtained in various studies vary between 5-14% [1]. Over the world, more than 2 billion people live with HBV at some time in their lives [2]. Of these, 350 million become chronic carriers of the virus [3,4].

Another important health problem is the hepatitis C virus. The fact that HCV has a much higher chronicity (80%) than HBV, leading to liver cirrhosis and hepatocellular carcinoma, further increases the importance of this virus. In spite of all these developments, it is important to know that there are also intensive problems with HCV. Natural course, genotypic differences in the virus, uncertainties in treatment and difficulties in vaccination studies are the main problems. There are 170 million chronic liver patients infected with hepatitis C virus in the world [5].

Serological tests that detect HBV and HCV antigens or antibodies in the patient's serum are commonly used to determine the stage of infection and to assess infectivity. Molecular biology techniques have been used to detect various mutations in cases where serologic tests are inadequate and diagnosis is not made in atypical serological cases, antiviral therapy is monitored. Quantitative PCR methods are also used to measure HBV DNA and HCV RNA levels due to their high sensitivity. The Real Time PCR technique, which has become increasingly popular in recent times, is a rapid and simple test that allows the quantitation of HBV DNA and HCV RNA [1]. There are many literature related to the subject [6,7,8,9, 10].

In this study, it was aimed to investigate isolation methods of nucleic acids by using spectrophotometer and Real Time PCR technique in Hepatitis B and Hepatitis C viruses, which have become a major health problem in the world and in our country.

2. Materials And Methods

In our study, Fluorion HBV QNP 2.0 was used as the HBV DNA standard and Fluorion HCV QNP 2.1 as the

HCV RNA standard. Concentrations of standards ranged from 102 to 106 IU / mL. Roboscreen and NucleoSpin kits were used for HBV DNA and HCV RNA. In the conventional method, HBV DNA is purified by Phenol-Chloroform Isolation Method; HCV-RNA was purified by Guanidine Thiocyanate Isolation Method. The isolated viral nucleic acids were stored at -20 (deg.) C. until the day of operation. On the day when the work was to be done, samples were brought to room temperature and absorbance values were measured against a blind tube at 260nm and 280nm wavelengths in a spectrophotometer (WPA UV 1101 Biotech Photometer). Then DNA and RNA samples were amplified by Real Time PCR method [6,7,8,9,10].

3. Results and Discussion

Measurement of total quantities of DNA isolated from Hepatitis B virus using two different brand kits and conventional methods was performed in spectrophotometer and A260, A280, A260 / 280 ratios were measured.

The total amount of DNA ($\mu\text{g} / \text{ml}$) was calculated as $50 \times \text{O.D} \times \text{D.F.}$ and the results are shown in Table 1,2,3. The amount of total RNA ($\mu\text{g} / \text{ml}$) was calculated as $40 \times \text{O.D} \times \text{D.F.}$ and the results are shown in Table 4,5,6. The results of isolation times of nucleic acids are shown in Tables 7 and 8.

When we look at spectrophotometric results of our study, we see that we obtained the most efficient values by conventional methods (phenol-chloroform and guanidine thiosynthesis method). Although these two methods give higher values for HBV DNA and HCV RNA compared to the isolation with the other two commercial kits, they lead to a lot of time loss. HBV DNA isolation step 60 min with Roboscreen kit; 70 min with NucleoSpin brand kit; phenol-chloroform method for 2880 min. The time loss in the phenol-chloroform method was found to be much higher than the other two kit methods.

In the case of HCV RNA, the isolation step was performed with the Roboscreen kit for 60 min; 70 min with NucleoSpin brand kit; guanidine-thiocyanate method 300 min. has been determined. According to the other two kit methods, Guanidine-thiocyanate method was found to last longer. In view of the fact that the PCR technique is a fast and simple test, time loss of the

isolation phase is very important if it is considered preferred for diagnosis and treatment of the patient.

When we look at risk analysis for nucleic acid isolation according to our findings, the buffer solutions and solutions required for isolation by conventional methods are prepared manually by the investigator. In the NucleoSpin and Roboscreen kit method, all necessary buffer solutions are available in commercial kits. The preparation of the chemicals takes a long time and is a very troublesome business. During the preparation of chemicals, more than one staff member is needed. In addition, some chemicals have high toxicity. This is a great disadvantage for employees. In the conventional method, the use of consumables and devices is also very common during the preparation of chemicals. The greater the use of consumables and devices, the greater the risk of contamination. It was also found that the contamination risk increased during the preparation of the buffer solutions. In the NucleoSpin and Roboscreen kit method, all necessary buffer solutions are available in commercial kits. Therefore, only the lyophilized ones should be solved. This does not lead to time loss. In both kit methods, the toxic effects of the solutions are negligible. The researcher is able to prepare for work without needing other staff. While the risk of contamination is highest in conventional methods; The Roboscreen brand kit is at least the NucleoSpin brand kit, and the membrane is being used with the colon columns.

In the study of Fawcett [11], when we looked at the literature, the results of our work on spectrophotometric measurement as a result of conventional isolation of plasmid DNA yielded similar results. Although Kephart [16] does not give the same values as our study because he works full-blooded as a result of isolation from human blood using the SV Total RNA isolation system, the A260 / 280 values support our findings. Chomczynski et al. [12] performed RNA isolation from mouse tissue by the method of acid guanidium thiocyanate-phenol-chloroform (AGPC) and guanidium-CsCl methods. Although the total RNA and DNA amounts differ from our study, the A260 / 280 ratio supports our findings. Akin et al. [13] used two different isolation methods for RNA from infectious Bursal disease virus; The obtained RNAs, AGPC and proteinase K, were measured spectrophotometrically and the A260 / 280 ratio was reported as 1.83. The results support our work, but there is no individual comparison because the virus being studied is different.

Table 1. Measured values of viral DNA isolated with Roboscreen kit by spectrophotometer

| Standard | Kit | A260 | A280 | A260/280 | Total DNA ($\mu\text{g}/\text{ml}$) |
|------------|------------|-------|-------|----------|---------------------------------------|
| Standard 1 | Roboscreen | 0,075 | 0,069 | 1,086 | 75 |
| Standard 2 | Roboscreen | 0,085 | 0,079 | 1,075 | 85 |
| Standard 3 | Roboscreen | 0,096 | 0,083 | 1,156 | 96 |
| Standard 4 | Roboscreen | 0,093 | 0,081 | 1,148 | 93 |
| Standard 5 | Roboscreen | 0,098 | 0,087 | 1,126 | 98 |



Table 2. Measurement values of viral DNA isolated with NucleoSpin kit by spectrophotometer

| Standard | Kit | A ₂₆₀ | A ₂₈₀ | A _{260/280} | Total DNA (µg/ml) |
|------------|------------|------------------|------------------|----------------------|-------------------|
| Standard 1 | NucleoSpin | 0,030 | 0,027 | 1,111 | 75 |
| Standard 2 | NucleoSpin | 0,023 | 0,019 | 1,210 | 57,5 |
| Standard 3 | NucleoSpin | 0,032 | 0,029 | 1,103 | 80 |
| Standard 4 | NucleoSpin | 0,037 | 0,035 | 1,057 | 92,5 |
| Standard 5 | NucleoSpin | 0,039 | 0,036 | 1,083 | 97,5 |

Table 3. The measured values of viral DNA isolated by phenol-chloroform isolation method by spectrophotometer

| Standard | Conventional Method | A ₂₆₀ | A ₂₈₀ | A _{260/280} | Total DNA (µg/ml) |
|------------|---------------------|------------------|------------------|----------------------|-------------------|
| Standard 1 | Phenol-chloroform | 0,043 | 0,041 | 1,048 | 107,5 |
| Standard 2 | Phenol-chloroform | 0,036 | 0,027 | 1,333 | 90 |
| Standard 3 | Phenol-chloroform | 0,038 | 0,036 | 1,055 | 95 |
| Standard 4 | Phenol-chloroform | 0,041 | 0,037 | 1,108 | 102,5 |
| Standard 5 | Phenol-chloroform | 0,042 | 0,039 | 1,076 | 105 |

Table 4. Measured values of viral RNAs isolated with Roboscreen kit by spectrophotometer

| Standard | Kit | A ₂₆₀ | A ₂₈₀ | A _{260/280} | Total RNA (µg/ml) |
|------------|------------|------------------|------------------|----------------------|-------------------|
| Standard 1 | Roboscreen | 0,102 | 0,103 | 0,990 | 81,6 |
| Standard 2 | Roboscreen | 0,106 | 0,096 | 1,104 | 84,8 |
| Standard 3 | Roboscreen | 0,114 | 0,108 | 1,055 | 91,2 |
| Standard 4 | Roboscreen | 0,118 | 0,111 | 1,063 | 94,4 |
| Standard 5 | Roboscreen | 0,134 | 0,129 | 1,038 | 107,2 |

Table 5. Measured values of viral RNAs isolated by NucleoSpin kit by spectrophotometer

| Standard | Kit | A ₂₆₀ | A ₂₈₀ | A _{260/280} | Total RNA (µg/ml) |
|------------|------------|------------------|------------------|----------------------|-------------------|
| Standard 1 | NucleoSpin | 0,037 | 0,034 | 1,088 | 74 |
| Standard 2 | NucleoSpin | 0,042 | 0,039 | 1,076 | 84 |
| Standard 3 | NucleoSpin | 0,043 | 0,045 | 0,955 | 86 |
| Standard 4 | NucleoSpin | 0,034 | 0,031 | 1,096 | 68 |
| Standard 5 | NucleoSpin | 0,053 | 0,046 | 1,152 | 106 |

Table 6. Measured values of RNAs isolated by guanidine thiocyanate isolation method by spectrophotometer

| Standard | Conventional Method | A ₂₆₀ | A ₂₈₀ | A _{260/280} | Total RNA (µg/ml) |
|------------|-----------------------|------------------|------------------|----------------------|-------------------|
| Standard 1 | Guanidine-thiocyanate | 0,043 | 0,039 | 1,102 | 86 |
| Standard 2 | Guanidine-thiocyanate | 0,046 | 0,045 | 1,022 | 92 |
| Standard 3 | Guanidine-thiocyanate | 0,050 | 0,051 | 0,980 | 100 |
| Standard 4 | Guanidine-thiocyanate | 0,049 | 0,043 | 1,139 | 98 |
| Standard 5 | Guanidine-thiocyanate | 0,054 | 0,049 | 1,102 | 108 |

3.1. Findings in Risk Analysis:

Table 9. HBV DNA isolation phase risk analysis

| Kit | Contamination Risk | Required Personnel | Chemical Toxicity | Preliminary | Supplies | Required Device |
|--------------------------|--------------------|--------------------|-------------------|-------------|----------|-----------------|
| Roboscreen | + | + | + | + | + | + |
| NucleoSpin | ++ | + | + | + | + | + |
| Phenol-chloroform method | +++ | +++ | +++ | +++ | +++ | +++ |

(+: low, ++: medium, +++: high)

Table 10. HCV RNA Isolation phase risk analysis

| Kit | Contamination Risk | Required Personnel | Chemical Toxicity | Preliminary | Supplies | Required Device |
|------------------------------|--------------------|--------------------|-------------------|-------------|----------|-----------------|
| Roboscreen | + | + | + | + | + | + |
| NucleoSpin | ++ | + | + | + | + | + |
| Guanidine thiocyanate method | +++ | +++ | +++ | +++ | +++ | +++ |

(+: low, ++: medium, +++: high)

4. Conclusion

As a result, the use of a kit is more advantageous despite its high cost. It is important to get fast results in the diagnosis of HBV and HCV. HBV, HCV load, serological tests of the patient, whether the patient has received treatment, liver enzymes and the clinical condition of the patient should be evaluated as a whole when evaluating HBV and HCV infections as well as PCR results. Despite the high sensitivity of quantitative PCR methods, some problems have been reported, such as standardization, contamination, and reproducibility. Therefore, careful attention to this issue, especially when evaluating patients with low HBV DNA positivity, suggests that serologically incompatible it is reported that it is useful to question the cases and repeat the PCR test if necessary [14-20].

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