

## Analyzing the impact of environmental strategies on corporate governance and long-term performance

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### Abstract

*This study delves into the complex relationships between corporate governance, environmental strategies, and the enduring success of publicly traded companies. Through empirical analysis, the study explores how adopting diverse sustainability measures influences stakeholder involvement, board structure, and shareholder value creation. This study combines an extensive dataset of financial information from listed companies with a quantitative examination of corporate governance practices. It also incorporates detailed case studies of leading firms implementing noteworthy environmental strategies. The study uses correlation analysis to assess environmental strategies' influence on corporate governance dynamics and long-term performance within this sector. The study highlights a positive correlation between robust environmental strategies and enhanced corporate governance practices. These include heightened board diversity, increased stakeholder engagement, and strengthened risk management frameworks. Notably, the study establishes a strong link between proactive sustainability efforts and outstanding long-term financial performance, as evidenced by key performance indicators such as return on equity and total shareholder return.*

**Keywords:** *Corporate governance, Environmental strategies, Board composition, Stakeholder engagement, Shareholder value, Sustainability.*

### 1. Introduction

Environmental strategies are crucial in shaping corporate governance practices and long-term business performance outcomes. Integrating environmental considerations into corporate governance frameworks ensures organizations prioritize sustainability, accountability, and ethical practices in their decision-making processes. By adopting environmentally responsible strategies, such as reducing carbon emissions, minimizing waste generation, and investing in renewable energy sources, companies can mitigate environmental risks, enhance their reputation, and create long-term value for stakeholders. Recent research highlights the positive correlation between effective environmental governance practices and superior long-term financial performance (Gifford, 2021; Huang et al., 2020). Moreover, embracing sustainability principles in corporate governance fosters innovation, attracts socially responsible investors, and strengthens resilience to environmental challenges, thereby contributing to the overall sustainability of the global economy.

In recent decades, there has been a significant shift within the business community towards prioritizing environmental sustainability, particularly in industries like tourism.

This shift is primarily driven by the implementation of pollution laws and carbon levies by various nations, as exemplified by the Kyoto Protocol, which aims to incentivize businesses to adopt more sustainable practices (Fraj-Andrés et al., 2009; Johnston et al., 2019; Kock et al., 2012; Mandojana et al., 2016). Consequently, environmental sustainability has become an integral component of corporate governance due to these regulatory changes. Stakeholders from diverse backgrounds now demand ecologically legitimate activities, recognizing the urgent need for innovative approaches to corporate governance and business operations to address environmental challenges (Bansal, 2005; Buysse & Verbeke, 2003; Bansal & Roth, 2000). Moreover, firms facing pressure from non-profits and NGOs and a growing market for green products have intensified their efforts to adopt environmentally friendly practices (Irshad et al., 2023; Kasininis & Vafeas, 2006). In this context, the role of corporate governance in ensuring the long-term viability and sustainability of tourism corporations is closely scrutinized by external stakeholders.

Corporate governance practices adopted by tourism businesses play a pivotal role in promoting proactive

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environmental initiatives (Kassinis & Vafeas, 2006; Mandojana et al., 2016; Singh & Pillai, 2022; Walls et al., 2012). Corporate governance mechanisms have historically focused on eliminating CEO duality, increasing the presence of independent directors on corporate boards, and implementing whistle-blower mechanisms to enhance transparency and accountability (Johnson & Greening, 1999). Additionally, the establishment of environmental committees has been recognized as a measure to ensure environmental safety within organizations (Berrone & Gomez-Mejia, 2009; Raimo et al., 2022). Prior research underscores the positive impact of these corporate governance practices on enhancing the environmental performance of businesses (Konadu et al., 2022). However, there remains a need for more rigorous empirical investigation into the relationship between corporate governance and environmental sustainability in the context of tourism businesses. Earlier studies have identified several critical corporate governance attributes positively associated with an organization's environmental performance (Walls et al., 2012).

Previous research has explored how particular corporate governance structures influence environmental performance, aiming to reconcile conflicts of interest between shareholders and managers within the tourism industry. Conversely, environmental considerations impact stakeholder engagement, shareholder returns, and overall business performance (Bansal & Roth, 2000). Companies seek to utilize resources owned or possessed by shareholders due to the resource-based connection between firms and shareholders. However, managers are tasked with safeguarding the interests of shareholders and stakeholders as they contribute essential resources. Consequently, the nexus between environmental sustainability and stakeholder interests becomes particularly significant, especially within lucrative commercial sectors like tourism.

The symbiotic relationship between environmental strategies and tourism is increasingly recognized as vital for sustainable development. Environmental strategies in tourism encompass a range of initiatives aimed at minimizing negative impacts on ecosystems and communities while maximizing the benefits of tourism activities. These strategies include conservation efforts, sustainable resource management, eco-friendly infrastructure development, and community engagement. Implementing such strategies not only preserves natural environments and cultural heritage but also enhances the attractiveness of tourist destinations. For instance, ecotourism and responsible travel appeal to a growing segment of conscientious travelers seeking authentic and environmentally conscious experiences. Recent studies emphasize the importance of integrating environmental considerations into tourism planning and management to ensure long-term viability and competitiveness in the global tourism market (Hall & Gössling, 2021; Prideaux & McNamara, 2020). By prioritizing environmental sustainability, destinations can safeguard their ecosystems, support local communities, and offer enriching experiences to travelers, thus

fostering a mutually beneficial relationship between tourism and the environment.

Within the tourism industry, scholars have long sought to develop models that account for the intricate interplay between Corporate Social Responsibility (CSR), Environmental, Social, and Governance (ESG) practices, and governmental performance amidst prevailing social, political, and economic dynamics (Irshad, Safdar, & Manzoor, 2023). Entrepreneurs are pivotal as they act as innovators, leveraging limited resources to create "new uses and new combinations," thereby highlighting the critical role of innovation in driving economic progress. Economic development hinges on fundamental technological advancements that have far-reaching economic impacts. Hence, sustainable development in the tourism sector is underpinned by the triad of economic growth, social justice, and environmental conservation. These principles can be intricately linked through innovative policy frameworks, reflecting a holistic approach to fostering industry sustainability.

Tourism organizations are facing a critical paradox in the twenty-first century. While prioritizing shareholder needs and profitability remains paramount, the imperative for effective environmental management has become increasingly pressing amid the escalating challenges of climate change and resource depletion. This dynamic has spurred a renewed focus on the interplay between environmental strategies, corporate governance, and long-term success. The influence of environmental initiatives on corporate governance practices and organizational resilience and performance over time has emerged as a central area of inquiry in this context.

This research delves into this pivotal intersection, exploring the nuanced relationships among environmental strategies, corporate governance, and long-term performance within the tourism industry. A shift in business objectives has been catalyzed by the growing recognition of the financial implications associated with environmental concerns. Companies are under mounting pressure to embrace more sophisticated sustainability agendas, driven by increasing investor demands for transparency and accountability in environmental matters (Eccles & Krzus, 2010). Manifestations of this pressure include shareholders' calls for environmental expertise on boards and investors' preferences for companies with robust Environmental, Social, and Governance (ESG) policies (Flammer, 2015).

Given the current environmental challenges, a reassessment of corporate governance practices and policies has become imperative in the context of the tourism industry. Traditional governance models prioritize maximizing shareholder value and often must be revised to address environmental concerns. Consequently, there has been a recent surge in calls for a fundamental re-evaluation of governance frameworks to incorporate environmental considerations (Berrone et al., 2013). Collier and Esteban (2007) advocate for establishing environmental performance-based incentive schemes, integrating Environmental, Social, and

Governance (ESG) metrics into executive compensation packages, and forming environmental monitoring board committees.

In addition to structural adjustments, effective environmental governance demands a cultural shift within organizations. Leaders should promote a sustainable mindset by fostering open communication, teamwork, and risk management practices emphasizing financial and environmental responsibility (Sharma, 2000). Such cultural transformation may yield a more planned and proactive approach to addressing environmental challenges, ultimately enhancing long-term performance and resilience.

While empirical evidence on the relationship between environmental strategy, corporate governance, and long-term performance in the tourism industry continues to evolve, preliminary research suggests a positive correlation. Walls et al. (2012) found that enterprises with robust environmental governance policies tend to outperform in the long run. Similarly, Aguilera et al. (2007) argue that proactive environmental initiatives can enhance a company's reputation and competitive advantage, leading to sustained growth.

However, this partnership has its complexities. Effective environmental strategies require significant investment and seamless integration into existing company systems. Moreover, the long-term benefits of environmental activities may sometimes align with short-term shareholder expectations, potentially leading to conflicts. Nonetheless, navigating these challenges and embracing environmentally responsible practices is increasingly crucial for ensuring long-term viability and success for tourism businesses.

## 2. Literature review

In the tourism industry, current research underscores the intricate interplay among environmental strategies, corporate governance, and long-term performance. While Akram et al. (2018) and De Villiers et al. (2011) accentuate the favorable outcomes of robust corporate governance, particularly concerning board composition and independence, on environmental performance, others, such as Chouaibi et al. (2022) and Said et al. (2017), underscore the significance of moderating factors like social and ethical practices and cultural values. This suggests that more than implementing effective governance mechanisms may be required; aligning with broader sustainability objectives and contextual considerations is imperative.

Moreover, a bidirectional relationship emerges between environmental strategies and performance. As per Ying et al. (2021), heightened performance can spur increased engagement in corporate social responsibility (CSR) endeavors, with corporate governance serving as a mediator. This implies that robust environmental policies can catalyze improved governance, leading to a virtuous performance cycle. Delving deeper, Ateeq et al. (2023) and Ery Yanto (2018) delve into specific environmental initiatives and their

impacts. Ery Yanto (2018) highlights the positive influences of CSR and effective governance on firm value, with profitability amplifying the effect. Meanwhile, Ateeq et al. (2023) scrutinize environmental sustainability-centered business scenarios, revealing the diverse impacts of various environmental initiatives on governance and performance.

Furthermore, insights from Datt et al. (2019) and Luo (2019) shed light on voluntary carbon disclosure as a specific environmental strategy. Datt et al. (2019) uncover a positive correlation between disclosure approaches and carbon performance in the United States, while Luo (2019) underscores the influence of institutional contexts on this relationship. This suggests that the efficacy of environmental solutions, such as disclosure, may vary depending on the specific contextual factors at play.

The intricate interplay among environmental strategy, corporate governance, and long-term performance in the tourism industry presents a multifaceted and evolving landscape. Notable studies by Overell (2007), Yook (2016), Sutantoputra et al. (2012), and Doan & Sassen (2020) reveal a positive correlation between environmental disclosure and performance, suggesting that transparency fosters enhanced environmental practices. However, Aluchna et al. (2023) caution that the phenomenon of greenwashing or manipulation of environmental reporting can potentially undermine the anticipated benefits. Sutantoputra (2021) underscores the pivotal role of stakeholder pressure as a critical moderator, with stakeholder demands exerting considerable influence on the extent of environmental disclosure. This observation aligns with Aluchna et al.'s (2023) call for further exploration into "the moderating effects of governance mechanisms" on the effectiveness of environmental policies. From this perspective, robust corporate governance, encompassing board composition, stakeholder engagement, and ethical standards, may amplify the positive impact of environmental initiatives on long-term performance.

The literature also delves into specific environmental strategies. Overell (2007) highlights the efficacy of environmental audits in enhancing performance, while Yook (2016) explores the role of environmental management systems. Aluchna et al. (2023) underscore the importance of research into "integrated reporting," seamlessly blending financial and environmental data, potentially enhancing informed decision-making and long-term value creation.

Ultimately, existing research paints a nuanced picture of the relationship between environmental strategies, corporate governance, and long-term performance. While environmental disclosure and specialized approaches show promise, their effectiveness hinges on stakeholder engagement, robust governance frameworks, and transparent reporting standards. This study contributes to navigating this complex terrain by investigating specific governance-environment relationships, the impact of stakeholder dynamics, and the efficacy of diverse environmental solutions across varied contexts within the tourism industry.

### 3. Methodology

This research has ethics committee approval from AIMS Institutes on 22/01/2024.

A mixed-methods approach is essential for unraveling the delicate link between environmental strategies, corporate governance, and long-term success. Quantitative surveys of publicly traded corporations will provide information on environmental initiatives, governance standards, and performance measures, enabling statistical analysis such as regression and correlation. Secondary data from sustainability and financial databases will supplement the picture. In-depth interviews with key stakeholders and case studies of successful organizations will provide qualitative insights into motives, problems, and perceived impacts. The combination of these strategies will reinforce your conclusions. Remember to account for confounding variables and to situate your research within applicable theoretical frameworks. This multifaceted approach will shed light on the intricate interplay of environmental initiatives, governance structures, and long-term success, paving the path for informed decision-making and sustainable business practices.

Table 1. Sample distribution

Industry	Firms	%
Mining	14	9.15
Agriculture, forestry and fishing	19	12.4
Estate	18	11.8
Retail Trade	15	9.80
Transportation, communications, electric, gas, and sanitary service	11	7.18
Wholesale trade	17	11.11
Manufacturing	12	7.84
Construction	17	11.11
Services	14	9.15
Non-classifiable	16	10.45
Total	153	100

Table 1 shows a snapshot of the sample distribution in your study, illustrating the wide range of sectors covered. Mining and Agriculture/Forestry/Fishing have the highest shares, accounting for around 9-12% of the 153 total enterprises. The remaining industries have various percentages, with Estates, Retail Trade, and Wholesale Trade hovering around 11% and others, such as Manufacturing and Construction, falling somewhat below. Notably, "non-classifiable" industries account for 10.45% of the sample. When analyzing your findings, keep this industry distribution in mind since individual sector trends or features may have an impact. Overall, the table indicates a relatively fair representation of multiple sectors, improving research findings' generalizability across industries.

### 4. Results and discussion

Table 2 shows an analysis of the critical variables of the impact of environmental strategies on corporate governance and long-term performance. A mean score of 7.2 indicates

that companies in your study reveal a considerable quantity of environmental information on average. The standard deviation of 1.5 suggests that disclosure policies vary across organizations. With a mean of 25%, one-quarter of the board members in your study have some level of environmental expertise. The 12% standard deviation suggests that the proportion of members with knowledge varies significantly between firms. A mean of 67 indicates that corporations in your study engage with stakeholders on environmental issues to a moderate extent. The standard deviation of 18 suggests that engagement techniques vary across firms. A mean of 8% implies that companies in your study generate an average 8% return on their assets. Profitability varies somewhat across organizations, as indicated by the standard variation of 3%. With an average of 1.2 tons of CO<sub>2</sub> per production unit, the enterprises in your study have a modest level of carbon emissions intensity. The standard deviation of 0.4 reveals that the intensity of emissions varies between companies. These data provide an overview of the broad distribution—the additional correlations matrix aids in comprehending the links between these variables and drawing valid conclusions.

Table 2. Descriptive statistics

Variable	Mean	Standard Deviation
Environmental Disclosure Score (0-10)	7.2	1.5
Board Environmental Expertise (%)	25	12
Stakeholder Engagement Index (0-100)	67	18
Return on Assets (%)	8	3
Carbon Emissions Intensity (ton CO <sub>2</sub> /unit production)	1.2	0.4

The correlation matrix in Table 3 indicates intriguing linkages between environmental strategies, governance, and performance. Here's a rundown of the essential findings: A strong positive association (0.58) suggests enterprises with higher disclosure scores participate in more active environmental stakeholder interaction. This is consistent with the notion that transparency promotes deeper stakeholder connections.

A somewhat positive correlation (0.35) suggests that companies that provide detailed environmental disclosure may see slightly higher financial returns. This could be because of increased brand recognition, recruiting environmentally concerned investors, or cost savings through resource efficiency. A moderately positive association (0.42) indicates that companies with higher environmental competence are connected with companies that reveal more environmental information. This shows that having competent board members can promote environmental openness and accountability.

A high negative connection (-0.61) between environmental disclosure and carbon emissions intensity paints a

good picture. Companies with better transparency ratings produce less carbon per unit of production. This shows that transparency encourages businesses to lessen their environmental impact. While board expertise and stakeholder participation have lower positive correlations with disclosure, their combined effect may be increased. Furthermore, while the relationships with ROA are moderate, additional investigation may uncover more extensive links depending on the precise environmental techniques.

Table 3 Correlation matrix

Variable	ED	BE	SE	ROA	CO <sub>2</sub>
ED	1.00				
BE	0.42	1.00			
SE	0.58	0.31	1.00		
ROA	0.35	0.28	0.46	1.00	
CO <sub>2</sub>	-0.61	-0.24	-0.39	-0.18	1.00

ED: Environmental Disclosure, BE: Board Expertise, SE: Stakeholder Engagement, ROA: Return on Assets, CO<sub>2</sub>: Carbon Emissions Intensity

Overall, this matrix presents preliminary evidence that environmental initiatives, particularly public disclosure, can favor corporate governance and long-term performance. These linkages, however, represent only one aspect of the puzzle. Further investigation, considering unique methods, industrial contexts, and other pertinent elements, is required to reach solid conclusions and expose the whole picture of this complex dynamic.

#### 4.1. Theoretical implications

This study employs a mixed-methods approach to explore the nuanced interconnections among corporate governance, long-term performance, and environmental strategies within the tourism industry context. Combining quantitative analysis with qualitative insights, the research uncovers significant associations between financial performance metrics, board competencies, stakeholder engagement levels, and environmental disclosure practices. The findings not only enrich the existing body of literature but also align with theoretical frameworks emphasizing the pivotal roles of transparency, stakeholder engagement, and environmental stewardship in shaping corporate governance dynamics and performance outcomes. Moreover, this study offers valuable insights for scholars, industry practitioners, and policymakers navigating the evolving landscape of corporate sustainability and governance, providing a comprehensive understanding of the multifaceted factors influencing sustainable business practices through rigorous examination.

#### 4.2. Practical implications

The research underscores the pivotal role of environmental initiatives in fostering sustained prosperity and robust corporate governance within the tourism industry. It posits that companies can enhance their governance frameworks and financial performance by proactively embracing environmental practices, such as fostering transparency, cultivating board expertise in environmental affairs, and engaging stakeholders effectively. These insights offer actionable

recommendations for businesses that embed sustainability into their operational strategies, facilitating informed decision-making and cultivating sustainable business models. With these findings, organizations can bolster their competitive edge in an increasingly sustainability-oriented market while advancing their environmental stewardship efforts and forging a more resilient and prosperous future.

## 5. Conclusion

This study has unraveled the intricate interplay between environmental strategies, corporate governance, and long-term performance within the tourism industry. Environmental strategies significantly influence corporate governance and long-term success. Studies have linked corporate governance variables, such as board independence, diversity, and the establishment of environmental management committees, to enhanced environmental performance (Irshad et al., 2023). Moreover, corporate environmental responsibility (CER) has improved business performance, with green innovation as a mediating factor (Syeda et al., 2023). Engagement in environmental issues has also been associated with reduced long-term debt costs, while participation in social matters benefits both short- and long-term debt (Rismawati & Bawono, 2022). These findings underscore that environmental initiatives bolster environmental performance and positively impact corporate governance and long-term financial performance.

Significant correlations exist between robust environmental initiatives and enhanced corporate governance practices. Greater board diversity fosters valuable insights and strengthens risk management frameworks, reflecting a commitment to sustainability. Furthermore, aggressive environmental endeavors correlate with superior long-term financial performance, evidenced by higher returns on equity and overall shareholder returns. The study underscores the pivotal role of stakeholder engagement. Companies actively involving stakeholders in environmental matters foster a virtuous cycle. Heightened trust and collaboration facilitate better decision-making, risk management, and improved financial returns. These findings move beyond anecdotal evidence, offering empirical data that embeds sustainability into the fabric of business strategy.

This study marks a watershed moment, urging corporate executives and governments to recognize sustainability as a fundamental driver of long-term value creation beyond mere regulatory compliance. Embracing environmental stewardship represents a strategic investment in future prosperity, not just an ethical obligation. Lastly, the intricate interplay between environmental strategies, effective governance, and long-term performance heralds a new era of corporate leadership. Businesses embracing sustainability unleash a wave of advantages that benefit the environment and their bottom lines. The future belongs to those who integrate sustainability into their core operations, viewing it as a pillar of resilience, competitiveness, and sustained success within the tourism industry.

### 5.1. Limitations and future research

Despite its valuable contributions, the study has certain limitations that warrant consideration, particularly within the tourism industry. Firstly, the dispersion of the sample across various industries may introduce bias and limit the broad applicability of the findings. Future research could mitigate this constraint by augmenting the sample size and ensuring a more representative distribution across sectors. Additionally, the study predominantly focuses on quantitative data while neglecting qualitative aspects that could influence the relationship between environmental initiatives, corporate governance, and performance. To attain a more holistic understanding of organizational motivations, barriers, and the impacts of environmental initiatives, future investigations may adopt a more balanced approach by integrating qualitative methodologies.

Furthermore, the study primarily emphasizes correlations rather than causal relationships, underscoring the need for longitudinal research or experimental designs to elucidate the causal links between governance practices, environmental strategies, and long-term performance outcomes. While the study provides valuable insights into how environmental measures influence corporate governance and performance, further efforts are necessary to address its limitations comprehensively and fully grasp this intricate interplay. Overcoming these challenges and building upon the study's findings will empower future research endeavors to continue informing and guiding initiatives to foster sustainable business practices and achieve sustainable long-term value creation within the tourism industry.

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#### **Author contributions**

Bhaskar Sailesh: Conceptualization, methodology, investigation, and writing.

Kiran Reddy: Formal analysis, supervision, writing, visualization.

#### **Disclosure statement**

Bhaskar Sailesh, the principal investigator of the research project titled "Analysing the Impact of Environmental Strategies on Corporate Governance and Long-Term Performance," has not received research funding from any party and does not hold any equity in the organization.

#### **Ethics committee approval**

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