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# Sustainable tourism: Gen Z?

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#### **ABSTRACT**

Keywords:

Tourism, Sustainable Tourism, Gen Z. Tourism is a system that has social, environmental and economic impacts on a global scale. These impacts, which seem as a chronic problem especially in the balance of environment and economy, need to be evaluated from different perspectives. The concept "sustainable tourism" is an approach for overcoming problems associated with undesirable impacts. Economic gain, resource conservation and inter-and intra-generational equality are the core factors of this approach. Therefore, it is important to reinterpret it in terms of way to today's generation. This generation called Generation Z (Gen Z), have quite different characteristics from previous generations. As natives of the digital world Gen Z'ers, born and growing in a period of economic crises, wars and environmental problems. This innovative generation has a strong communication network, uses technology extensively and easily accesses information. Therefore, it is a significant subject of investigation for the applicability of the concept of sustainable tourism. In this study, the diverging and adaptive aspects of sustainable tourism and Gen Z are examined and various inferences have been made in the context of today's world.

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#### 1. Introduction

Today's world is experiencing a depression due to the psychological, economic and environmental changes. This issue which characterized with the domination of the nature by human beings, stands at a critical crossroad (Kapecki, 2020; Özel, 2007). While this reality contains dramatic examples such as global warming, deforestation and desertification, it becomes more concrete with increasing consumption rates and social inequality levels (Weaver, 2006). At this point, sustainable development is an important concept in the triangle of environment, society and consumption (Çalışkan, 2017). The concept of sustainable development which expresses the success of social, economic and environmental goals (Koltun, 2010), on the other hand, has a controversial content that can be interpreted differently. It is seen that the concept, which includes different approaches regarding the meaning and depth of application, is ambiguous on the axis of socio-economy and environmental conflict (Giddings, Hopwood & O'Brien, 2002). As a matter of fact, the anthropocentric structure of human beings and the balanced use of limited resources are the oxymoron

of sustainable development (Higgins-Desbiolles, 2018). Depending on crazy-quilt (Rosenau, 1995) and anthropocentric nature of modern life, Gen Z is the key factor of sustainable development. Moreover, by 2030, this generation will be the central workforce in society and will play a major role in creating a sustainable future and achieving sustainable development goals. In other words, Gen Z is an indispensable and strategic component of building sustainable future (Yamane & Kaneko, 2021).

An important context of the concept of sustainable development and Gen Z is the phenomenon of tourism and the understanding of sustainable tourism. Sustainable tourism is a derivative of sustainable development (Sharpley, 2010) and is built on the similar principles (Garrod & Fyall, 1998). Based on the motto of Brundtland Report "...meets the needs of the present without compromising the ability of future generations to meet their needs." (WCED, 1987: 43), the understanding of sustainable tourism also prioritizes the principle of intergenerational equality and emphasizes the fair distribution of

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benefits and costs (Liu, 2003). It should be noted that, tourism is one of the largest and fastest growing sectors in the world and has social, economic and environmental impacts on a global scale (Ap, 1992; Anderecek et al., 2005; Hall & Lew, 2009). Apart from global effects, the emergence of new demand structures and the increasing rate of enterprise highlight the concept of sustainability (Lordkipanidze, Brezet & Backman, 2005), and this indicates the perspective of intergenerational equality (McMinn, 1997).

Gen Z can be a critical question mark for sustainable tourism, which has priorities such as respect for the local culture and socio-economic benefit beside the principle of environmental conservation (Haddouche & Salomone, 2018). Low sense of belonging, being individualistic (Taş, Demirdöğmez, & Küçükoğlu, 2017) and growing up in a complex, changeable and chaotic period make Gen Z an important research topic for tourism, which is deeply affected by demographic changes (Robinson & Schänzel, 2019). From this point of view, this study examines the foci of the concepts of sustainable tourism and Gen Z and analyzes the contrasting and conflicting aspects of the two concepts. In this context, the future emphasis of the sustainable tourism is reinterpreted on the basis of today's world and suggestions presented.

# 2. Moving Towards Society 5.0

According to the philosophy of Society 5.0, which was first emphasised by the Government of Japan, it depicts the construction of super-smart societies while also expressing an understanding that shapes the future and constantly generates new values and services (Government of Japan, 2016).

different social world has witnessed transformations in the historical process. These transformations of human beings, the historical process can be summarized as follows: First, Society 1.0 (Hunting and coexistence with nature); Second, Society 2.0 (agricultural cultivation, increasing organizations and nation-building); Society 3.0 (industrialization and production); Society 4.0 (information society) and Society 5.0 (Prosperous humancentered society built upon Society 4.0) (Harayama, 2017:10). In Society 5.0, it is essential to seek a common solution to global challenges, regardless of any region, gender or age. Here, each of economic and technological activities are necessary for the wellbeing of the whole societies, not a particular minority (See, Government of Japan, 2016; Fukuyama, 2018). It should be noted that,

Sustainable Development Goals (SDGs) constitute the basis of this understanding (Roblek, et al., 2020; Arı, 2021). Understanding of Society 5.0 focuses on technologic innovations to reduce the global risks such as ageing of population, natural disasters, inequalities and security problems (Pereira, Lima & Charrua-Santos, 2020). In this sense, considering the impact of tourism on society and the environment, global restrictions are inevitable, on the other hand, existing tourism activities must be sustained. At this point, the concept of Society 5.0 refers to the building of a smart society with a high level of awareness, which points to international harmony and technologyoriented sustainable practices (Hysa, Karasek & Zdonek, 2021). Based on this, it can be argued that Gen Z is a strategic variable of the mentioned technological developments and social transformation (See Keskin, 2018).

#### 3. Gen Z

As broadly known, the concept of generation can be defined as: "identifiable group that shares birth years, age location, and significant life events at critical developmental stages" (Kupperschmidt, 2000: 66). The notion of generation can be thought of as a kindredship referring to different levels in a common family tree. This concept serves a fundamental function in defining kinship relationships such as parents, grandparents, children, grandchildren. It is also necessary to systematically examine issues such as family systems, ethnographic studies and residential practicec (Alwin & McCammon, 2007). Accordingly, this concept is a characteristic that differs and transforms in the historical process. Generational separation based on cultural differences, historical events and social changes is the subject of research in a wide range of fields from sociology to psychology. In this context, generation classification is as follows: Traditionalists (2) Silent Generation (3) Baby Boomer (4) X (5) Y and (6) Z Generation (Adıgüzel, Batur & Ekşili, 2014). In addition, as it is expected, while different results were obtained from previous studies on generations conducted in different time periods, these studies show that both similarities and differences exist among all these groups (Anantatmula & Shrivastav, 2012).

today's Considering realities, generational distinctions should be made according sociological facts. rather than biological parameters (Keleş, 2011). In the new world order, "Digital" age began with the technological revolution. This era, which is a reflection of the radical transformations started with the industrial revolution, is a sociological reality that has led to the formation of new business models and systems and the development of new communication techniques. Nowadays, today's generation has easy access to unlimited information, adapts easily to rapid change, and adopts new lifestyles (Yalçın Kayıkçı & Kutluk Bozkurt, 2018). Therefore, the concept of "Gen Z" refers to a new sociological distinction based on information, technology, internet and social networks (Haddouche & Salomone, 2018). Gen Z'ers witness to a sequence

of events such as political events (elections, protests, etc.); natural disasters / environmental crises (climate change, tsunami, etc.); social movements (refugee crises etc.), war and terrorism (9/11 Attacks, trade wars, etc.). These global events influenced on Gen Z'ers' feelings of collective consciousness and led to human values such as universalism, benevolence, self-direction, achievement and security (Sakdiyakorn, Golubovskaya & Solnet, 2021). In this context, the structural features of Gen Z are described in Table

**Table 1.** Gen Z: Distinctive Features

| Author(s)                                | Distinctive Features   |  |
|--|--|--|
| Gabrielova and Buchko<br>(2021)          | They are socially, emotionally and intellectually sensitive due to being raised by protectionist parents. This has made it difficult for them to become autonomous adults who can overcome life's difficulties. In addition, they may not want to take responsibility and take precautions in the face of difficult situations.  |  |
| Seibert (2021)                           | They are successful in accessing information and communicating in the digital world. Similarly, they are productive consumers of digital technology.   |  |
| Priporas, Stylos and<br>Kamenidou (2020) | They are well educated, technologically equipped, innovative and creative. Gen Z, expressed as natives of the digital world, are individualistic, pragmatic, open-minded and sensitive to social issues.   |  |
| Hoxha and Zeqiraj (2020)                 | Gen Z'ers are concerned with financial literacy and savings. They care creativity, uniqueness and authenticity However flexibility, authenticity, choice, convenience and integration are important factors that characterize their lifestyle patterns.  |  |
| Klopotan, Aleksić and<br>Vinković (2020) | Gen Z'ers' ethical behavior is influenced by personal beliefs rather than general rules and procedures.  |  |
| Subawa et al. (2020)                     | Information technology is part of their lives. They were born in an era where internet use and access to information have become a culture. Therefore, this culture has an influence on their values, ideas and goals.   |  |
| Chillakuri (2020)                        | Gen Z'ers are entrepreneurial, result-oriented, tech-savvy, ambitious, high on self-learning, self-directed, independent of their families, self-confident and autonomous.   |  |
| Bağçı and İçöz (2019)                    | It is a generation that uses technology intensively, socializes through the internet and constantly interacts with mobile technologies.  |  |
| Chicca and Shellenbarger<br>(2018)       | They are in constant interaction in a digital world. Social relationship skills are not sufficiently developed due to intensive use of technology and isolation. This situation has made them at risk for psychological problems such as anxiety and depression. The pragmatic Gen Z'ers are open to different ideas but generally do not take an active role in social issues. Instead, they prefer passive activism. |  |
| İnce and Bozyiğit (2018)                 | They were born in a world surrounded by smartphones, internet and social media. Therefore, they can use technology with competence.  |  |
| Haddouche and Salomone (2018)            | They live in a world surrounded by smartphones, video games and the internet. Sending-sharing e-mails, SMS, likes are an integral part of their daily lives.   |  |
| Susanti and Natalia (2018)               | Gen Z tend to be closer to their friends than family members. They attach importance to social interaction with friends and have expectations to act independently.  |  |
| Francis and Hoefel (2018)                | The main point for Gen Z is not just to immerse themselves in stereotypes, but to experiment with different ways of being themselves and to shape their identities over time. The essence of Gen Z is the idea of expressing individual identity. Consumption is therefore a means of self-expression, not conforming to any group norms.  |  |
| Taş, Demirdöğmez and<br>Küçükoğlu (2017) | Gen Z, which uses computers and digital technology intensively, does not spend much time outside and communicate online. A life without a computer and mobile phone is unthinkable. As a matter of fact, they haven't experienced a life without technology. Gen Z, who grew up in a period of economic depression in the world, prefers to act more individually rather than teamwork.                                |  |
| Samitra and Rozi (2017)                  | Gen Z is a self-evolving creative generation. One of the most important advantages of the Gen Z is that they can quickly adapt to technology. However, the environmental sensitivity levels of the Gen Z, which has environmental and social awareness, may be relatively lower. Because their life is intertwined with social media and the level of interaction with the environment (nature) is low.                |  |
| Solmaz, Kara and Kartal<br>(2017)        | Gen Z can be characterized as confident, environmentally conscious, intelligent, entrepreneurial and open-<br>minded.  |  |
| Lanier (2017)                            | Gen Z'ers are pragmatic. Living in a period of global recession provided them to be logical and stable, as well as focusing more on their careers and paying more attention to safety, security and privacy.   |  |
| Andrea, Gabriella and Timea (2016)       | Gen 7 is alohal generation in real terms. High technology is their structural features. Resides, they have around  |  |
| Aydın and Başol (2014)                   | They are good at creativity, claiming rights, and relationships with different sociological groups.  |  |
| Singh (2014)                             | They were born in a period of intense concerns about terrorism and environmental issues. They witnessed the widespread use of electronic devices, internet and social networking technologies. They are virtually connected with global life, flexible and tolerant of different cultures.   |  |

Source: Generated by Author



Gen Z is the main dynamic of the near future. One of the most important characteristics of this generation is that they have witnessed many events and changes. The world is no longer the old world and there is a fluctuation from politics to economics and technology (Simangunsong, 2018). This situation increased the sense of safety and led to escapism behaviour (Priporas, Stylos, & Fotiadis, 2017). As a result, a unique generation that differs with their parents has emerged (Puiu, 2016).

#### 4. Sustainable Tourism

As emphasised by McCool (2016a:7), "Underlying notions of sustainability are important human values such as equity, trust, ownership, ethics, empathy and so on. Sustainability is as much about our values as it is about the technology and expertise needed to apply those values..." In the same framework, the most commonly definitions of sustainable tourism is that "tourism that takes full account of its current and future economic, social and environmental impacts, addressing the needs of visitors, the industry, the environment and host communities" (UNEP-UNWTO, 2005:12). As can be understood, the main idea of sustainable tourism is to enhances the equality of and balance the present and future within the context of meeting the needs of today's visitor-host society (UNWTO, 1998).

It should be noted that global life is in a cycle that is difficult to sustain both socio-economically and environmentally. At this point, it is an undeniable reality that tourism with considerable dynamism cannot be dissociated from economic, social and cultural life (Ciolac, et al., 2019). Therefore, it is very difficult to harmonize the principles of sustainable tourism with the realities of the todays' world (Duran, 2011; Postma, Cavagnaro & Spruyt, 2017; Çalışkan, 2017).

Tourism, rooted in ancient civilizations, is one of the world's most important sectors. Its contribution to the world economy, increases the importance of tourism policies, especially in developing countries. However, it is inevitable that, rapid tourism development will have a negative impact on nature, culture and society. This dual nature of tourism, which is based on the predicted growth and projected damage dilemma, requires strategic approaches (Budeanu, 2005). However, starting point of sustainable tourism is the negative effects of tourism activities on nature. At this point, it is imperative to balance social and environmental costs, protect natural resources and respect local culture. In addition, the outputs from tourism should create an opportunity for new generations (Escoto, Boza & Madrigal, 2019). Thus, highlights of sustainable tourism on social, economic and environmental dimensions are summarized in Table 2.

Table 2. Highlights on The Sustainable Tourism

| Author(s)                           | Highlights of Characterizing Sustainable Tourism  |  |  |
|-------------------------------------|---|--|--|
| Nechad (2019)                       | Combining sustainability of natural resources and social and human structures and maintaining of the development capacities of future generations.  |  |  |
| Amerta, Sara and Bagiada (2018)     | Reducing overuse of natural sources, maintaining biodiversity, enabling natural sources for future generations.   |  |  |
| McCool (2016b)                      | Environmentally appropriate, socially acceptable, and economically viable activities.   |  |  |
| Janusz and Bajdor (2013)            | Balancing use of environmental sources, economic growth, community/social values and economic benefits of tourism.  |  |  |
| Choi and Sırakaya Turk (2011)       | Managing tourism for community by considering the spectrum of economic, social, cultural, natural, technological, and political environments.   |  |  |
| Jamal, Taillon and Dredge<br>(2011) | Using not only vocational and technical knowledge, but also understanding and addressing ethical and critical thinking in the process of establishing sustainable tourism.  |  |  |
| Sharpley (2010)                     | Sustainable use of sources, development of tourism by considering the physical and socio-cultural capacities, equitable opportunity to take advantage of tourism.   |  |  |
| Telfer and Sharpley (2008)          | Planned and managing environmental limits; raising awareness through education; monitoring impacts; involving indigenous people, women and minority groups.   |  |  |
| Lansing and De Vries (2007)         | Minimizing impact on and be proactive about preserving the natural resources (e.g. maintaining water and air quality, the protection of flora and fauna and their habitat); local participation, the prevention of profits leaking out of host country or community; mapping of sociocultural effects of tourism development. |  |  |
| Kasim (2006)                        | Creating collective consciousness in all segments of society, such as businesses, policy makers, planners and NGOs, to prioritize environmental and social issues.  |  |  |
| Sharpley (2000)                     | Protecting and enhancing the natural, social and cultural sources upon which tourism depends.   |  |  |
| Welford and Ytterhus (1998)         | Development by considering the local economic limits and pattern of social diversity.   |  |  |
| Brown and Essex (1997)              | Long-term social, economic and environmental benefits, while enhancing the its own viability.   |  |  |
| Aronsson (1994)                     | Providing a source of income for residents in an area and support the local culture.  |  |  |
| Owen, Witt and Gammon (1993)        | Managing and safeguarding of the earth's resources by considering the a number of unprecedented threats such as population growth, global warming, destruction of the ozone layer, degradation of the environment, the loss of biological species and habitats, and pollution in all its forms.                               |  |  |

Source: Generated by Author

As seen in Table 2, management and protection of sources, equality, viability, and participation are the key factors of sustainability and (balanced) tourism development. In other words sustainable tourism emerged by forging a link between sustainable development ideas and tourism, refers harmony between human activities and the nature (Zamfir & Corbos, 2015).

#### 5. Sustainable Tourism and Gen Z

Conservation of the physical and human environment are main factors in the understanding of sustainable tourism (Butler, 1993). Likewise, natural resources, physical environment and social structure are the key variables of balanced economic growth (Swarbrooke, 1999). It should be noted that, the ultimate aim of tourism development is to provide economic and social gains. But sustainability of limited resources and the natural environment are the core principles of this understanding (Liu, 2003). At this point, there is no doubt that, it is necessary to establish a balance between the relevant components (Lane, 1994) and social participation should be ensured establishment of inter-generational equality (Hardy, Beeton & Pearson, 2002). However, conservation of cultural integrity, ecological diversity and vital resources is essential, and a resource management that takes into account economic, social and aesthetic needs is important (Neto, 2003). With the general approach, sustainable tourism should provide economic advantage and social benefit, not degrade the environment, and the goals in this denominator should be valid for both present and future generations (Mcminn, 1997; Hunter, 1997). Hence, respect for nature, culture (Niedziółka, 2014), community participation (Bramwell & Sharman, 2000) and future generations (Tosun, 2001) are the core factors in sustainable tourism. In this context, Gen Z'ers can be seen as the current, dynamic and basic variable of sustainable tourism. However, the Gen Z, which is the crystal generation of the digital age (Yalçın Kayıkçı &Kutluk Bozkurt, 2018), are collaborative but less loyal and have to face or solve difficult environmental, social and economic problems (Cetin & Karalar, 2016). This situation makes the Gen Z, which are practical minded, individualistic, self-directed and in constant communication with their social network (Desai & Lele, 2017), a sociological reality of sustainable tourism.

#### 6. Conclusion and Discussion

It is necessary to consider and evaluate today's world from different dimensions. Each century has

different lifestyles and habits in itself. Therefore, it is essential to analyze new life styles (such as Agricultural Society, Industrial Society Digital/Information Society), which are economic consequence ofsocial (Yıldırımalp & Güvenç, 2020). At this point, it is important to discuss tourism in terms of social, economy and environment, on the basis of today's generations. As a matter of fact, while the digital age we are in has important effects on different sectors, this reality brings along sociological consequences in the context of the generation concept (Bağçı & Içöz, 2019).

The effects of the Digital Age have also been reflected in tourism, and so socio-political and economic restructuring has led to the spatial spread and market enlargement of tourism. Ultimately, this development has made the concept of sustainability a global reality (Butler, 1999). In this context, socio-culture, environment, economy, education, community participation protectionism have been the prominent factors of sustainable tourism (Mowforth & Munt, 2009). Obviously, the existence of tourism is based on variables such as social and economic factors and is also under the constant pressure of these variables (Buckley, 2012). With a similar discourse, society and consumption become a dilemma of sustainability within the context of economic and social facts (Çalışkan, 2017). Therefore, it would be a constructive approach to interpret the positive and negative features of today's young generation with the principles of sustainable tourism.

As known, sustainable tourism can help reduce inequality (Grilli, et al., 2021), provides continuing of legitimacy of tourism development (Fermani, et al., 2020). Moreover, given that sustainable tourism is becoming a incontrovertible reality and a critical issue for relevant studies (Liu. et al., 2016), a sense of social awareness should be created in the understanding of sustainable tourism. Here, Gen Z'ers' easy access to information, having high perception skills (Seibert, 2021) and a structure that respects values (Çetin & Karalar, 2016) can be seen as an important opportunity. The individualistic nature of the Gen Z may cause an ambiguous situation in the perspective of sustainable tourism, but it is thought that their collaborative and collective structures can be functional in the implementation and evaluation processes. It should be especially emphasized that, considering their communication network, use of social media and interaction levels,



it is seen that the Gen Z'ers have strong and fast perception and interpretation ability. Therefore, Gen Z has an important potential for a sustainable future. In this context, decision makers and practitioners should understand the culture of the Gen Z, analyze and use their dynamism. As a matter of fact, today's young generation who have already pro-sustainability lifestyle. However, getting more support on this issue may contribute to the establishment of a more sustainable lifestyle in general (Yamane & Kaneko, 2021).

Finally, the difficult socio-political processes experienced by Gen Z have become more rigid with the COVID 19 Pandemic. With the pandemic, which is the depression of all humanity, loss of life has been experienced, new health risks have occurred, everyday routines were disrupted and the concept of "new normal" has emerged (Karakaş, 2020). It is inevitable that such a global threat will affect today's generation. However, there are global constraints in terms of education, socialization and motivation of Gen Z'ers (Tekin, 2020). At this point, more observations and research related to sociopolitical, economic and psychological agenda in question are needed. Therefore, Gen Z'ers' behavioral structures, emotional tendencies and awareness levels of social problems need to be reevaluated within the context of the pandemic

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Sustainable tourism: Gen Z?

## **Abstract**

Tourism is a system that has social, environmental and economic impacts on a global scale. These impacts, which seem as a chronic problem especially in the balance of environment and economy, need to be evaluated from different perspectives. The concept "sustainable tourism" is an approach for overcoming problems associated with undesirable impacts. Economic gain, resource conservation and inter-and intra-generational equality are the core factors of this approach. Therefore, it is important to reinterpret it in terms of way to today's generation. This generation called Generation Z (Gen Z), have quite different characteristics from previous generations. As natives of the digital world Gen Z'ers, born and growing in a period of economic crises, wars and environmental problems. This innovative generation has a strong communication network, uses technology extensively and easily accesses information. Therefore, it is a significant subject of investigation for the applicability of the concept of sustainable tourism. In this study, the diverging and adaptive aspects of sustainable tourism and Gen Z are examined and various inferences have been made in the context of today's world.

Keywords: Tourism, Sustainable Tourism, Gen Z

# **Authors**

| Full Name       | Author contribution roles   | Contribution rate |
|-----------------|---|-------------------|
| Caner Çalışkan: | Conceptualization, Methodology, Formal analysis, Investigation, Writing - Original Draft, Writing - Review & Editing, | 100%              |
|                 | Project administration,   |                   |

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This paper does not required ethics committee report

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