

## Identification and Validation of Reference Genes for RT-qPCR Normalization in *Nauphoeta cinerea* (Olivier, 1789) (Blattodea, Blaberidae)

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**Abstract:** Quantitative RT-PCR (q-RT-PCR) is a powerful tool that allows large-scale analysis of very small changes in gene expression. For the calculation of gene expression, such as the delta-delta Ct method, different PCR primer efficiencies (E) may affect the result, as PCR primer yields are assumed to be comparable for the gene of interest and housekeeping gene. Therefore, identification of a suitable reference gene for data normalization is an important step in the development of qPCR assays. Furthermore, accurate and reliable results depend on the use of stable reference genes for normalization. The aim of the current study is the identification and validation of a set of six housekeeping genes (*GADPH*, *RPS18*,  *$\alpha$ -TUB*, *EF1a*, *ArgK*, and *ACTB*) in cockroach species *Nauphoeta cinerea* adults using five different algorithms ( $\Delta$ Ct method, Bestkeeper, geNorm, Normfinder and RefFinder) to evaluate the stability of selected reference genes expression. Our results show that  *$\alpha$ -Tub* use provides accurate normalization of gene expression levels in *N. cinerea* adults. In addition, since the *GADPH* is selected as the second most stable reference gene, *GADPH* can be also used for transcript analysis *N. cinerea* adults. Our study also showed that *ACTB* ( *$\beta$ -actin*) should not be used for normalizing transcript levels when examining *N. cinerea* adults. Additionally, validation studies for reference genes in cockroaches are very few (only one) in the literature. Therefore, the results highlight the need for validation of reference genes under biotic and abiotic conditions in q-RT-PCR studies in cockroaches.

**Keywords:** RT-qPCR, reference genes, validation, normalization, *Nauphoeta cinerea*.

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## 1. INTRODUCTION

Cockroaches are a highly diverse insect with ~4000 described species (Velez et al., 2006), most of which live in terrestrial habitats and have good adaptations to survive in extreme conditions (Bohn et al., 2010). A Blaberidae, ovoviviparous cockroach, the *Nauphoeta cinerea* (Olivier) is known as the gray cockroach and is the only representative of its genus. In addition, *N. cinerea* is a model species for sexual selection (Bouchebti et al., 2016) and correlations between metabolic rate and fitness studies (Schimpf et al., 2012). Because cockroaches can live in habitats with varying amounts of toxic substances such as insecticides, environmental pollutants, microbial toxins and other xenobiotics, they can be a good experimental model for studying the stress response and detoxification abilities (Bell et al., 2007; Zhang et al., 2016). Among cockroaches, the lobster cockroach *N. cinerea* has been used as an experimental model for toxicology (Adedara et al., 2016; Adedara et al., 2015; Rodrigues et al., 2013) and has been proposed to be a valid alternative model for basic toxicological studies. *N. cinerea* is more advantageous to other cockroach species in scientific studies because it is easy to care for and does not fly.

Gene expression studies are essential for molecular biology research. Knowledge about gene expression helps us better understand its regulation and functions. Massive sequence data in the form of transcriptomes and genomes of several organisms can be used to understand the transcription of genes (Heid et al., 1996). However, these analyses became more accurate and robust after the development of reverse transcriptase quantitative PCR (RT-qPCR), a gene expression quantification method. This method is highly sensitive, reproducible, and accurate enough to detect even minute changes that are not often detected. RT-qPCR data is influenced by many factors, including the quality and quantity of starting material, RNA extraction, cDNA synthesis, and other laboratory procedures. Even pipetting errors and reverse transcription efficiency can significantly affect Ct values (Bustin et al., 2005; Yeung et al., 2004).

The use of reference genes with stable expression as internal control has become one of the most common methods of data normalization (Feuer et al., 2015; Huggett et al., 2005; Pabinger et al., 2014). Normalization becomes necessary when one wants to express results as relative quantities by application of the well-known  $2^{-\Delta\Delta CT}$  method (Livak and Schmittgen, 2001) or modified versions this method (Hellemans et al., 2007; Pfaffl, 2001; Schmittgen and Livak, 2008; Vandesompele et al., 2002). In order to analyze the results accurately, it is necessary to calculate the PCR primer yields. For the calculation of gene expression, such as the delta-delta Ct method, different PCR primer efficiencies (E) may affect the result, as PCR primer yields are assumed to be comparable for the gene of interest and housekeeping gene. Therefore, identification of a suitable reference gene for data normalization is an important step in the development of qPCR assays. It is very important that the reference gene

is not affected by experimental conditions like changing in developmental stages, tissues. Since correct normalization is considered an important part of gene expression analysis, it has been recommended to verify the expression stability of the reference gene prior to each RT-qPCR experiment. (Huggett et al., 2005; Vandesompele et al., 2002). Therefore, normalization has been a precondition in gene expression studies as it limits the variability by comparing target gene expression with housekeeping genes (HKGs). Normalization recognizes that expression of HKGs is stable across various biotic and abiotic stresses and treatments. Recent studies highlight the need to identify a condition-specific reference gene for accurate measurements of gene expression (Ponton et al., 2011b). Furthermore, it is also not recommended to use a single reference gene in gene expression studies (Chandna et al., 2012; Koramutla et al., 2016), as the use of a single reference gene may produce up to 20-fold errors in expression data (Vandesompele et al., 2002). In most expression studies, actin is chosen as a universal HKG (Li et al., 2010), or HKGs approved for particular systems are administered directly without proper verification of their stability in that particular system. Stability of gene expression is defined as the smallest variation in successive levels of stability of the samples analyzed. Therefore, different software programs have been developed to identify many of these stable genes (Galiveti et al., 2010). These programs include GeNorm (Vandesompele et al., 2002), BestKeeper (Pfaffl et al., 2004), NormFinder (Andersen et al., 2004),  $\Delta Ct$  Method (Silver et al., 2006), and RefFinder (<http://www.leonxie.com/referencegene.php>).

Molecular tools, particularly RT-qPCR, have been frequently used in insect systems to quantify differences in gene expression. RT-qPCR has speed up research progress in biomedicine and has gained equal importance in entomology Gene expression analysis is increasingly important in the field of insect molecular biology as it can be used to examine changes in gene expression between insect developmental stages, tissues, and other samples from various assays. Studies to evaluate the selection and validity of reference genes in various biotic and abiotic conditions in insects are summarized in reviews by Lü et al. and Shakkell et al. (Lü et al., 2018; Shakeel et al., 2018). In studies in the literature, different types of housekeeping genes, including traditional and novel genes, were selected for gene expression stability analysis in different insect species. Although RT-qPCR is widely used for the detection of gene expression in insects, there is not yet a suitable HKG and stable gene quantification system for *N. cinerea*. Our current study aims to identify suitable reference genes and evaluate their expression stability in *N. cinerea* before they are used as internal controls in functional genomic studies of six reference genes commonly used to normalize qRT-PCR data in *N. cinerea*.

## 2. MATERIAL AND METHODS

### 2.1. Sample and ethics statement

The *Nauphoeta cinerea* (Blattodea, Blaberidae) species included in the study were purchased commercially in Antalya/Turkey (Antalya Çekirge, <https://www.antalyacekirge.net/>). Adults of *N. cinerea* (n=10) were transported to the laboratory, preserved in the RNA stabilization reagent RNAlater® (Qiagen, Cat. No: 76106) and stored at -20°C for use in further studies.

### 2.2. Total RNA extraction and cDNA synthesis

Total RNA was isolated using the commercially purchased GeneAll® Hybrid-RT™ kit (GeneAll Biotechnology, Seoul, Korea) according to the manufacturer's recommendations. cDNA synthesis was performed using The GeneAll® HyperScript™ first chain synthesis kit (GeneAll Biotechnology, Seoul, Korea) to obtain the cDNA product containing 1500 ng/μL of RNA in accordance with the manufacturer's protocol.

### 2.3. Candidate reference genes selection

In the current study, six candidate housekeeping genes (*GADPH*, *RPS18*, *α-TUB*, *EF1α*, *ArgK* and *ACTB*) were selected among the most preferred reference genes in insects by taking the studies in the literature as reference. The specification information of each primer included in the study is given in Table 1. PCR amplification efficiencies (E) and correlation coefficients (R<sup>2</sup>) were determined to validate the primers. Standard curves were generated using serial dilutions of cDNA (1, 1/5, 1/25, 1/125 and 1/625) for each primer pair.

### 2.4. Quantitative real-time PCR (RT-qPCR)

qPCR experiments were performed according to the previously reported protocol (Berk and Pektas, 2020). Briefly, a 5-fold dilution series of 1:625 from an undiluted cDNA of *N. cinerea* adult cDNA samples was analysed to determine the amplification specificity and efficiencies of each primer pair used in the qPCR analysis. For expression analysis of six candidate reference genes, all experimental samples for *N. cinerea* were analysed simultaneously in the same reverse transcription process.

RT-qPCR analyses in a 96-well plate (ABI-Type) using commercial qPCR Master Mix (iGreen, 2X, Biomatik, Canada) were performed using the StepOnePlus™ Real-Time PCR system (Applied Biosystems, USA). With a final volume of 20 μL, the reaction conditions are as follows: [10 μL Master Mix (2X), 0.7 μL forward and reverse primers (10 μM), 2 μL cDNA, and 6.6 μL nuclease-free water].

The RT-qPCR schedule is as follows: initial denaturation at 95°C for 3 minutes, followed by 40 cycles of denaturation at 95°C for 10 seconds, annealing at 58°C for 30 seconds, and extension at 72°C for 15

seconds. For melting curve analysis, it is as follows: a cycle of decomposition steps (58°C -1 minute- followed by 0.5°C up to 95°C for 10 seconds). A melting curve was composed at per PCR reaction final to confirm a single peak and remove the primer-dimer possibility and formation of non-specific product. Efficiency of PCR amplification (E) was determined in terms of the equalization:  $E = (10^{[-1/\text{slope}] - 1}) \times 100$ .

### 2.5. Data analysis

The Cq values of six housekeeping genes were examined using the statistical analysis statistical software GraphPad Prism 6.0 (GraphPad software, San Diego, C), and a boxplot of these Cq values was generated. The stability of these six housekeeping genes was determined by GeNorm (Vandesompele et al., 2002), BestKeeper (Pfaffl et al., 2004), NormFinder (Andersen et al., 2004), ΔCt (Silver et al., 2006) and the comprehensive web-based analysis tool integrating all four software algorithms (<https://www.heartcure.com.au/reffinder/?type=reference>). BestKeeper evaluates the coefficient of variance (CV) and standard deviation (SD) of the Cq values of each housekeeping gene, and the gene with the lowest CV and SD is defined as the most constant gene (Pfaffl et al., 2004). GeNorm reveals the mean expression stability value (M2) of each candidate (M value) to demonstrate expression stability. The gene with the lowest M2 value is determined as the most stable gene (Vandesompele et al., 2002). In NormFinder, expression stability (M1) is revealed by the Cq values obtained by RT-qPCR analysis of candidate genes and are ranked. The gene with the lowest M1 value is the most stable (Andersen et al., 2004). RefFinder appoints a relevant weight to each gene and evaluates the geometric mean of these weights to make an overall final ranking (<https://www.heartcure.com.au/reffinder/?type=reference>).

**Table 1.** Overview of the six candidate housekeeping genes evaluated in RT-qPCR analysis.

Symbol	Gene name	Description	Primer sequence (5'→3')	GenBank accession number	Length (bp)	R <sup>2</sup>	Reference
<i>ACTB</i>	β-actin	Cytoskeleton	F: TCCATCATGAAGTGCGATGT R: CCACATCTGTTGGAATGTCG	NM_001172372	228	0,872	(Sang et al., 2015)
<i>RPS18</i>	Ribosomal protein S18	Ribonucleoprotein; Ribosomal protein; RNA-binding; rRNA-binding	F: TACACCTTTGATCGCTGTGAG R: GGCTCTGGTCATTCCAGATAAG	XM_045615265	108	0,914	(Yang et al., 2015c)
<i>EF1α</i>	Elongation factor 1α	Translation elongation factor activity; GTPase	F: ACCAGATTTGATGGCTTTGG R: CACCCAGAGGAGCTTCAGAC	XM_003705302	194	0,957	(Rodriguez et al., 2014)
<i>ArgK</i>	Arginine Kinase	Phosphotransferase activity	F: CTCGTGTGGTGCAACGAAGA R: GGTGGCTGAACGGGACTCT	NT_037436	130	0,972	(García-Reina et al., 2018)
<i>GADPH</i>	Glyceraldehyde -3-phosphate	Oxidoreductase in glycolysis & Gluconeogenesis	F: GCCAAGGTGATCCATGACAA R: GTCTTCTGAGTGGCAGTTGTA G	NC_007420	80	0,965	(Pan et al., 2015)
<i>α-TUB</i>	Alpha-tubulin	Microtubule	F: TCAAATGCGACCCACGTCAT R: GGCAATAGCCGCTTGACAT	XM_970811	191	0,978	(Altincicek et al., 2008)

### 3. RESULTS

#### 3.1. The quality of total RNA

In the current study, the A260/A280 ratio of total RNA from *N. cinerea* adults ranged from 1.90 to 2.12, while the A260/A230 ratio was found to be over 1.90. It shows that the product does not contain organic salts and protein contamination. The total RNA concentration was between 1218ng/uL and 2000ng/uL, and this value range was considered suitable for expression of the cDNA template.

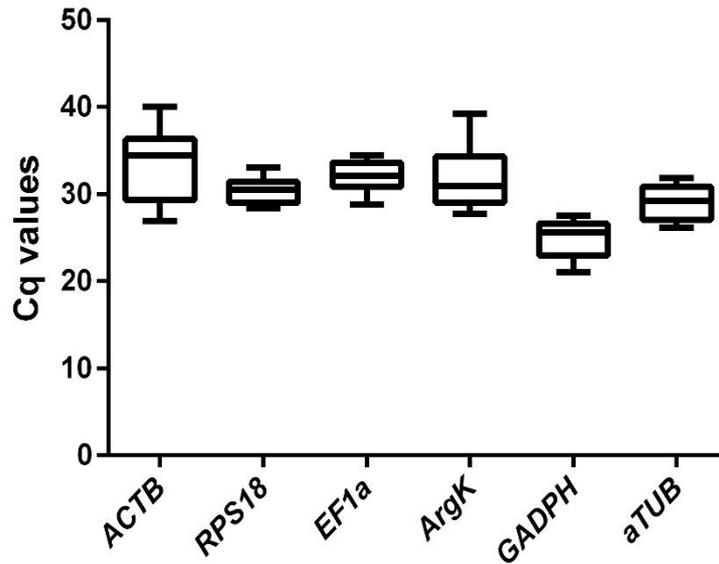
#### 3.2. Primer specificity and efficiency

All PCR amplification of each primer used in the present study was confirmed by the presence of a single peak in melting curve analyses and specific band of expected size based on 1.5% agarose gel electrophoresis (data not shown). Initial screening of six potential reference genes showed that all genes were expressed in *N. cinerea* adults. The primer efficiency (E) for each of the six candidate genes was calculated using the slope obtained when measuring fluorescence at 5-fold cDNA dilutions of a calibrator cDNA sample using the formula:  $E=10^{1/\text{slope}}$ .

All primers in the study were found to have a correlation coefficient (R<sup>2</sup>) varying between 0.87 and 0.98. In addition, a primer efficiency value of between 98.6% and 110.05% was obtained, and the specificity of each primer was verified by the BLAST program (Table 1). No fluorescent signal amplification was detected in the negative control samples (-RT); this demonstrated that RNA extraction methods and DNase treatment procedures effectively removed genomic DNA from RNA samples.

#### 3.3. Expression profiling of candidate reference genes

The expression profiles of all RT-qPCR products for all primers and both experiments are shown in Figure 1. Cycle threshold (Cq) values obtained amplifying the six putative housekeeping genes from *N. cinerea* adult were plotted (Figure 1). Cq values for the six genes ranged from 21.29 to 36,67 in *N. cinerea*. *GADPH* showed the lowest Cq values in *N. cinerea* ( $24,72 \pm 2,238$ , mean Cq  $\pm$  std. dev.). Amplification of *α-TUB*, *RPS18*, *ArgK*, *EF1α* and *ACTB* showed mean Cqs of  $28,96 \pm 2,056$ ,  $30,36 \pm 1,418$ ,  $31,78 \pm 3,633$ ,  $31,96 \pm 1,418$  and  $33,36 \pm 4,081$ , respectively.



**Figure 1.** Amplification profiles of candidate housekeeping genes. Box plot of qPCR cycle threshold values (Cq) for housekeeping genes in *Nauphoeta cinerea*.

**3.4. Expression stability of selected reference genes**

Four statistical Excel macro programs (geNorm, NormFinder, BestKeeper, and  $\Delta$ -Ct method) were used to evaluate the stability of six candidate genes, in order to find optimal reference genes in *N. cinerea* for RT-

qPCR normalization. Additionally, six reference genes were compared and ranked by web-based analysis tool RefFinder (Table 2 and Figure 2).

**Table 2.** Expression stability of the putative housekeeping genes in *Nauphoeta cinerea* adults.

Reference gene	Genorm		Bestkeeper			Delta Ct		Normfinder		RefFinder	
	M	Rank	SD	R	Rank	SD	Rank	SV	Rank	Stability	Rank
<i>ACTB</i>	1.957	6	3.40	0.973*	6	2.59	6	2.262	6	6.00	6
<i>RPS18</i>	0.992	4	1.12	0.957*	1	1.73	4	1.046	2	2.38	2
<i>EF1a</i>	0.841	3	1.50	0.902*	2	1.72	3	1.123	3	2.71	4
<i>ArgK</i>	1.639	5	2.92	0.903*	5	2.52	5	2.146	5	5.00	5
<i>GADPH</i>	0.699	1	1.76	0.902*	4	1.70	2	1.133	4	2.38	1
<i><math>\alpha</math>-TUB</i>	0.699	1	1.68	0.977*	3	1.48	1	0.401	1	1.32	3

SD, standard deviation; SV, stability value; r, Pearson correlation coefficient; \*p<0.001.

The geNorm algorithm assumes that the candidate genes are not co-regulated. For each reference gene tested, the gene expression stability value M is normally calculated as the mean pairwise variation for that gene with all other reference genes. Genes characterized by low M have stable expression, while the gene with the highest M value is eliminated, and this process continues until the two most stable genes are identified. This last gene pair is recommended as the optimal reference gene pair. It is recommended to use at least two reference genes to ensure correct normalization in geNorm. In *N. cinerea* adults, geNorm ranked the set of candidate reference

genes:  *$\alpha$ -TUB*, *GADPH* > *EF1a* > *RPS18* > *ArgK* > *ACTB*.  *$\alpha$ -TUB* and *GADPH* were found to be the most stable genes with an expression stability value M of 0.699. The gene with the least stable expression was *ACTB* with an M-value of 1.957 (Table 2 and Figure 2A).

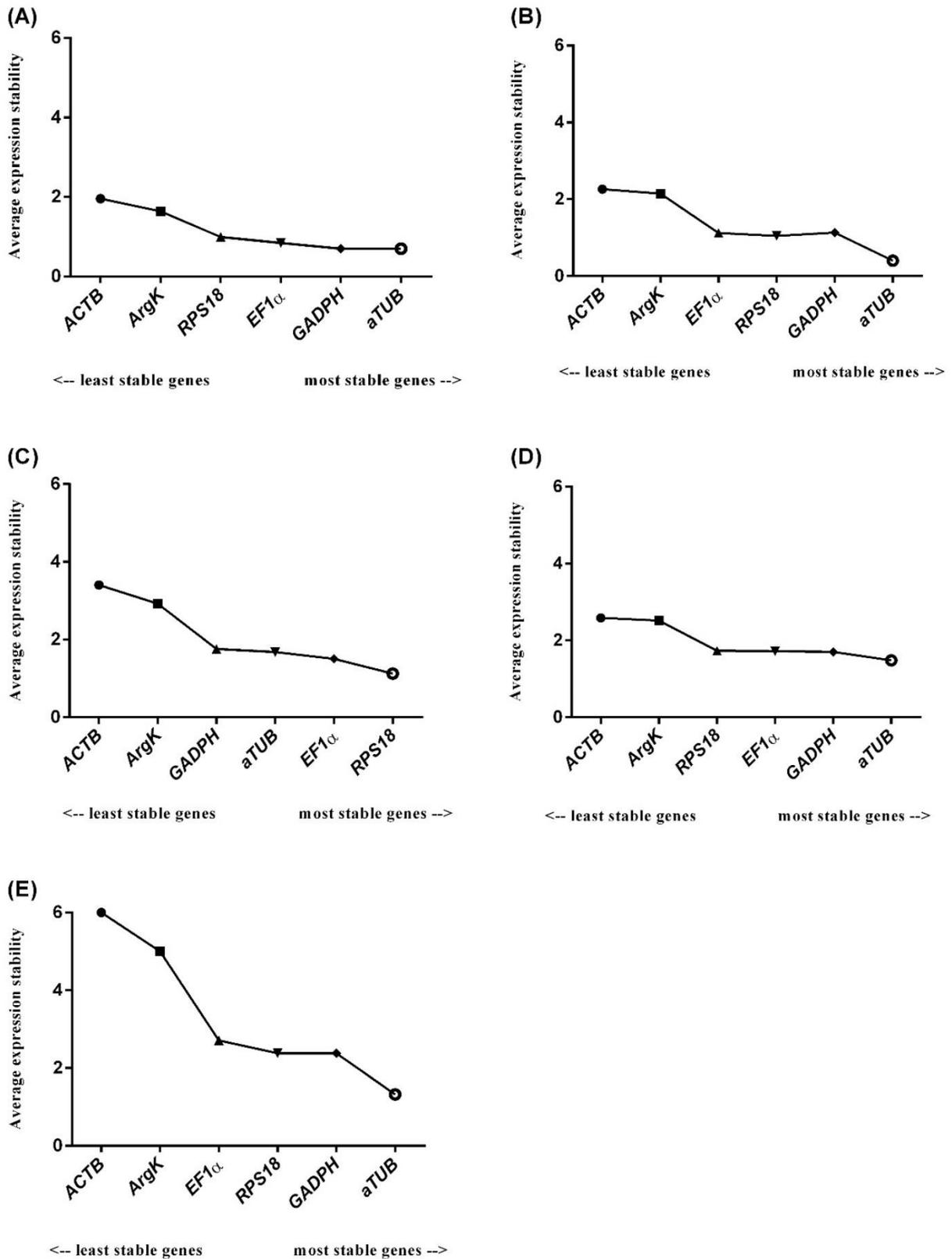
Normfinder analysis is based on an ANOVA (analysis of variance) model that identifies genes with the least variation in expression over the entire sample set. Analyzes taking into account systematic differences between sample subgroups. In *N. cinerea* adults,

Normfinder ranked the six reference genes as follows: *α-TUB* > *RPS18* > *EF1α* > *GADPH* > *ACTB* > *ArgK* > *ACTB* with a stability value SV of 0.401, 1.046, 1.123, 1.133, 2.146, 2.262, respectively. *α-TUB* was found to be the most stable with a stability value of 0.401 and *ACTB* the least stable with a stability value of 2.262 (Table 2 and Figure 2B).

The stability of the candidate genes was analyzed with BestKeeper, which can calculate the standard deviation (SD) based on the Cq values of all candidate reference genes. Reference genes exhibiting the lowest standard deviation (SD) were taken as the most stable genes. Also, values exceeding the cut-off value ( $SD < 1$ ) are considered unstable across all samples. According to this analysis, all housekeeping genes [*RPS18* (SD: 1.12), *EF1α* (SD: 1.50), *α-TUB* (SD: 1.68), *GADPH*, (SD: 1.76), *ArgK* (SD: 2.92), *ACTB* (SD: 3.40)] exceeded the threshold in *N. cinerea* adults (Table 2 and Figure 2C).

Based on relative pairwise comparisons, the  $\Delta Ct$  method calculates the mean SD of each gene set using raw Ct values, and this SD value is inversely proportional to the expression stability of the gene. Standard deviation below 1 indicates appropriate stability. As the mean SD of each gene set was over 1, none of the available reference genes were found to be stable enough for *N. cinerea* adults according to the  $\Delta Ct$  method. The overall ranking based on the  $\Delta Ct$  method of reference genes was: *α-TUB*, *GADPH*, *EF1α*, *RPS18*, *ArgK*, *ACTB* (Table 2 and Figure 2D).

RefFinder is a comprehensive algorithm that combines all the above-mentioned software tools (geNorm, NormFinder, BestKeeper and  $\Delta Ct$  method) to rank candidate reference genes according to their stability. The overall ranking based on RefFinder of reference genes in *N. cinerea* was: *GADPH*, *RPS18*, *α-TUB*, *EF1α*, *ArgK*, and *ACTB* (Table 2 and Figure 2E).



**Figure 2.** Expression stability and ranking of the six housekeeping genes evaluated by Genorm (A), Normfinder (B), Bestkeeper (C),  $\Delta$ Ct method (D), RefFinder (E).

#### 4. DISCUSSION AND CONCLUSIONS

Housekeeping genes structurally expressed to maintain essential cellular functions are the traditional choice for a standard reference (Vandesompele et al., 2002). However,

there are no "universal" reference genes that are stably expressed and applicable for all cell and tissue types under various experimental conditions (Fu et al., 2013b; Li et al., 2013; Liang et al., 2014; Pan et al., 2015; Yang et al., 2014; Yang et al., 2015a; Zhu et al., 2014). Especially in studies on

the selection of reference genes in various biotic and abiotic conditions in insects, different stability of different reference genes may vary under each condition. In insect studies, actin has been identified as the most frequently used reference genes, including *ACTB*, *RPL*, *Tubulin*, *GAPDH*, *RPS*, *18S*, *EF1A*, *TATA*, *HSP*, and *SDHA* (Lü et al., 2018). *ACTB*, which encodes a large structural protein, is expressed at various levels in many cell types and is considered the ideal reference gene for RT-qPCR analysis and is the most frequently investigated reference gene. Many studies evaluating the stability of reference genes in insects have shown that *ACTB* expression is the most stable among other reference genes at different developmental stages of many insects, including *Apis mellifera*, *Chortoicetes terminifera*, *Schistocerca gregaria*, *Plutella xylostella*, *Drosophila melanogaster*, *Liriomyza trifolii*, *Chilo suppressalis*, and *Diuraphis noxia* (Chang et al., 2017; Chapuis et al., 2011; Ponton et al., 2011a; Scharlaken et al., 2008; Sinha and Smith, 2014; Teng et al., 2012; Van Hiel et al., 2009). On the other hand, *ACTB* expression in some insect species was reported to be less stable (Pan et al., 2015; Yang et al., 2015d; Yang et al., 2016). Ribosomal protein (RP), an essential component of ribosomes, is among the highest conserved proteins in all life forms, and RPL and RPS family genes have been the most preferred reference genes for expression studies, especially in insects (Lü et al., 2018). *RPS24* and *RPS18* were identified as the two most stable reference genes across different developmental stages and sex treatments of *C. maculate* (Yang et al., 2016); *RPS13* and *RPS23* have been reported as stable reference genes at different developmental stages of *P. xylostella* (Fu et al., 2013a); the three most stable reference genes *RPL11*, *RPS8* and *RPL14* at different developmental stages and different temperature conditions of *Aphis craccivora* were identified (Yang et al., 2015b). Tubulin ( $\alpha$ -tubulin,  $\beta$ -tubulin and  $\gamma$ -tubulin), which encodes cytoskeletal structure proteins, another most studied reference gene, has been found to have variable stability under different treatments for the same species in many studies. For example,  $\alpha$ -tubulin exhibited stable expression in different tissues and sexes of *C. maculata*, while its expression was found to be unstable throughout different developmental stages and following dsRNA treatments (Yang et al., 2015d). Similarly, the stability of *GAPDH* expression has also been found to be variable under different treatments within the same species. For example, *GAPDH* expression was not affected by tissue type, sex, photoperiod, or dsRNA treatment in *H. convergens*, but was found to vary at different developmental stages and at different temperatures (Pan et al., 2015). Furthermore, the *EF1A* gene was selected as the least stable reference gene in *A. craccivora* during different developmental stages and at different temperatures (Yang et al., 2015b). On the other hand, *EF1A* expression level in *H. convergens* was not affected by three biological factors (developmental stage, tissue type, and sex) and three abiotic conditions (temperature, photoperiod, and dietary RNAi), and *EF1A* was chosen as the most stable gene *H. convergens* (Pan et al., 2015). In summary, the expression of some commonly used housekeeping genes may vary under different experimental setups. Genes that play important roles during insect metamorphosis and affect different tissues serve as target genes for manipulations that kill the insect or retard its growth. Therefore, gene expression profiles should be

widely evaluated in different developmental stages and in different tissues, and gene stability should be determined (An et al., 2016; Chang et al., 2017; García-Reina et al., 2018; Pan et al., 2015; Ponton et al., 2011a; Rodrigues et al., 2014; Sang et al., 2015; Yang et al., 2015c).

To our knowledge, only one validation study has been reported for reference genes in cockroaches (Marchal et al., 2013). They aimed to identify and validate a set of eight housekeeping genes ( $\beta$ -actin, *EF1a*, *GAPDH*, *Arm*, *RpL32*, *SDHa*, *AnnIX* and  $\alpha$ -Tub) during the first gonadotropic cycle of the cockroach *Diploptera punctata*. They used two different algorithms (geNorm and Normfinder) to evaluate the stability of its expression.  $\alpha$ -Tub concluded that the combined use of *EF1a* and *RpL32* resulted in an accurate normalization of gene expression levels in the *D. punctata* ovary. They found that *Actin* and *AnnIX* should not be used to normalize transcript levels when examining the first gonadotropic cycle in the corpora allata or the ovary of *D. punctata*.

In the current study, a validation study was performed for reference genes (*GADPH*, *RPS18*,  $\alpha$ -*TUB*, *EF1a*, *ArgK*, and *ACTB*) in cockroach species *N. cinerea* adults using five different algorithms ( $\Delta$ Ct method, Bestkeeper, geNorm, Normfinder and RefFinder) to evaluate the stability of selected reference genes expression. The six possible reference genes included in our current study were selected based on their traditional use and stability as described in validation studies reported in other insects. Our results show that  $\alpha$ -Tub use provides accurate normalization of gene expression levels in *N. cinerea* adults. In addition, since the *GADPH* gene is selected as the second most stable reference gene, we can suggest that it can be used for transcript analysis. As Marchal et al. (2013) suggested, our study also showed that actin should not be used for normalizing transcript levels when examining *N. cinerea* adults. Additionally, validation studies for reference genes in cockroaches are very few (only one) in the literature. In the continuation of this study, as in other insect species, it is planned to investigate especially cockroaches under the conditions of many experimental factors such as the stability of reference genes, developmental stage, tissue, temperature, pesticide, diet, population, virus, sex, photoperiod and starvation. The result of the present study and existing studies in the literature highlights the need for validation of reference genes under biotic and abiotic conditions in q-RT-PCR studies in cockroaches.

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#### Ethics Committee Approval

N/A

#### Peer-review

Externally peer-reviewed.

#### Author Contributions

Conceptualization: Ş.B, A.N.P, K.Ö Investigation: Ş.B, A.N.P, K.Ö.; Material and Methodology: Ş.B, A.N.P, K.Ö,

Supervision: Ş.B; Visualization: Ş.B, A.N.P, K.Ö; Writing-Original Draft: Ş.B; Writing-review & Editing: Ş.B; A.N.P; K.Ö.; Other: All authors have read and agreed to the published version of manuscript.

### Conflict of Interest

The authors have no conflicts of interest to declare.

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