A Glioblastoma Multiforme Case Spread to Lumbar Spine

Lumbar Omurgaya Yayılan Bir Glioblastoma Multiforme Olgusu

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ÖZET

Anahtar Kelimeler: Glioblastoma multiforme; Metastaz; Omurga

ABSTRACT
The metastasis of glioblastoma multiforme (GBM) to spine via cerebrospinal fluid is not a common case. We presented an intracranial GBM case metastasized to spine after local treatment of cranial lesion with surgery and chemoradiotherapy. Patient admitted with low back pain and lower limb weakness one year after the diagnosis of cranial GBM. Lumbar magnetic resonance imaging demonstrated intradural mass at the level of L1. Pathology of the excisional biopsy showed GBM.

Key words: Glioblastoma multiforme; Metastasis; Spine.

Introduction
Glioblastoma Multiforme (GBM) is the most common primary malignant brain tumor. Extracranial metastasis of GBM is rare. It can metastasize to the spinal cord via cerebrospinal fluid (CSF) (1,2). The incidence of spinal metastasis of GBM through CSF is not known exactly. Our patient presented with symptomatic L1 radiculopathy after treatment of GBM without local recurrence.

Case Report
A 61 year-old-man presented with history of headache and dizziness for 5 months in March 2009. Cranial magnetic resonance imaging (MRI) showed right temporal, parahypocampal lesions of which the largest was 4.5 cm in diameter with peripheral edematous area (Figure 1).

    Right frontotemporal craniotomy and gross total excision were performed. Pathological examination revealed GBM (World Health Organization [WHO] grade IV). After surgical excision, cranial radiotherapy (RT) concurrent with temozolamide was applied. Totally 60 Gy RT daily fractions of 2 Gy, 5 days per week for 6 weeks, and concurrent daily oral temozolamide, 75 mg/m² per day, 7 days per week.

Figure 1: T1-weighted image showing an iso- to hypointense mass in the spinal cord. Preoperative gadolinium-enhanced T1-weighted axial MRI scan revealing a dominant lesion located in the left temporal lobe, demonstrating ring enhancement. Axial T1 weighted contrast enhanced MRI image
demonstrating ring-enhanced lesion of the left temporal lobe.

Three weeks after the chemo-radiotherapy was completed, temozolomide 150 mg/m² for 5 days during each 28-day cycle was started. He had 6 cycles of temozolomide.

Figure 2: T1-weighted image showing an iso- to hypointense mass in the spinal cord. Preoperative gadolinium-enhanced T1-weighted axial MRI scan revealing a dominant lesion located in the left temporal lobe, demonstrating ring enhancement.

Until April 2010, he had been followed without recurrence. In April 2010, he was admitted to the hospital with low back pain and right lower limb weakness. Spine MRI showed an extramedullary-intradural mass, measuring 38x18x13 mm in diameter (Figure 2). Medullary channel was filled fully with this mass and caudal fibers and conus medullaris were compressed. In May 2010, excisional biopsy was performed. Pathologic examination showed GBM, WHO grade IV (Figure 3). Cranial MRI demonstrated no new or recurrent lesion. Focal RT and concurrent temozolomide were performed.

Discussion

We know that intracranial malign gliomas can metastasize via leptomeningeal spreading. Until 2010, totally 45 cases with intracranial GBM metastasized to spine were reported (1,2). Leptomeningeal spreading occurs in 15 to 25% of cases of supratentorial GBM, up to 60% for infratentorial GBM. In a study of 600 patients with GBM, only 2% had symptomatic CSF seeding (3). The most common sites in spine are the lower thoracic, upper lumbar and lumbosacral regions.

Figure 3: Highly cellular tumor tissue was composed of neoplastic astrocytic cells and microvascular proliferation was present (H&E, x200).

Intramedullary metastases are rare (3-5). The mechanism of spread is leptomeningeal invasion of basement membrane structures, with subependymal growth and invasion of the choroid plexus, eventually leading to metastatic spread along CSF (6). Malignant tumor cells can penetrate from perivascular area to subarachnoid space. The most common clinical symptoms of leptomeningeal metastasis of GBM are radicular pain in limbs, low back, interscapular area, and neck (4).

There are no specific treatment modalities for leptomeningeal metastasis. Surgical decompression allows for confirmation of the diagnosis and may be helpful for pain control and palliation. Cytoreductive debulking of a large metastatic deposit may be an important adjunct to RT and chemotherapy (4). Treatment modalities that have been designed to prevent leptomeningeal dissemination should be part of the primary management of high risk patients. One option is stereotactic biopsy with cranial RT and delayed open tumor resection. The prognosis of patient who has leptomeningeal metastasis is very poor. CSF tumor dissemination almost always has a fatal outcome (7). Median time from diagnosis of the primary GBM to diagnosis of CSF tumor dissemination ranges from 8 to 14 months, median overall survival ranges from 11 to 17 months, and the average time interval between diagnosis of leptomeningeal metastasis and death is 2 to 3 months (7-9). We present a case of GBM metastatic to the spinal cord with stable intracranial disease after adjuvant treatment.

Conflict of Interest: None
References