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Araştırma/Research

Analysis of surgical treatment and outcomes of complicated intraabdominal infections

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ABSTRACT

Aim: Despite recent advances in treatment, the mortality rate due to complicated intra-abdominal infection (cIAI) still remains high. We aimed to present the clinical characteristics and outcome of patients with cIAI who were treated surgically.

Methods: Seventy-two patients (28 female, 44 male; mean age 44.2 years) who were diagnosed with cIAI and underwent surgical treatment between May 2012 and May 2013 included in this study. The clinical characteristics of patients, origin of infection, microbiology of peritoneal fluid, and outcome of surgery were also recorded.

Results: Sixty-one patients (84.7%) acquired cIAI from community, whereas 11 patients (15.3%) from nosocomial sources. Twenty-four patients (33.3%) had disseminated peritonitis, and the remaining 48 patients (66.6%) had local peritoneal infection or abscesses. Infected fluid from peritoneal cavity was positive for *E. coli* in 27 patients (38%), and for *B. fragilis in* 17 patients (24%). Fourteen patients (19.4%) were followed up in the intensive care unit. Overall postoperative mortality rate was 8.3% (6 patients).

Conclusion: The cIAI is an emergency medical condition with high mortality rate. In addition to early diagnosis and preventive measures, advanced surgical techniques and postoperative care are critical to obtain better outcomes.

Keywords: Complicated intra-abdominal infection, Peritonitis, Antibiotic therapy

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Komplike İntraabdominal Enfeksiyonların Cerrahi Tedavi ve Sonuçlarının Analizi

ÖZET

Amaç: Bu çalışmamızda kliniğimize akut karın bulguları ile gelen ve opere edilen komplike karın içi enfeksiyonlu hastaların pre-postop takip ve tedavilerinin mortalite ve morbiditelerini izlemsel olarak ortaya koyulmasını amaçladık.

Yöntemler: Çalışmamız kliniğimizde Mayıs 2012 ile Mayıs 2013 tarihleri arasında opere komplike karın içi enfeksiyonlu hastaların verilerini içermektedir. Bu veriler şunlardır: (i) hasta ve hastalık özellikleri, yani, demografik veriler, enfeksiyon tipi, şiddet kriteri, ameliyat öncesinde 7 gün uygulanan küratif antibiyotik tedavisi; (ii) enfeksiyon kökeni ve uygulanan cerrahi işlemler (iii) mikrobiyolojik veriler ve bakteriyel izolatların antibiyotik duyarlılıklarıdır. Hastaların hastanede toplam kalış süreleri, post-op yoğun bakımda takip edilen hasta sayısı dikkate ve bu verilerin istatiksel analizleri anlatılmıştır.

Bulgular: Çalışmaya 28(% 38,8)'i kadın, 44(% 61,2)'ü erkek olmak üzere 72 hasta dahil edildi. Hastalar radyolojik olarak ayakta direk batın grafisi(ADBG), Ultrasonografi(USG) ve karın Bilgisayarlı tomografi(BT) ile teyit edilmiş, klinik tam parametreleri ortaya konulmuş ve gelen hastaların % 100'de Karın ağrısı ve karında hassasiyet ön planda olmuştur. Aynı zamanda risk faktörleri skalası ortaya konulmuştur. 24(% 33,3) hastada yaygın periton enfeksiyonu gözlemlenirken 48(% 66,6) hastada lokal periton enfeksiyonu yada apseler bildirilmiştir. 72(% 100) hastadan kültür amaçlı batın içi enfekte sıvı alındı. 14 hasta (% 19,4) durumu kritik olarak kabul edildi ve yoğun bakım ünitesinde takip edildi. Hastaların 66(% 91,6) ilk geliş beyaz küreleri yüksekti, 4(% 5,5) hastada aldıkları kemoterapi nedeniyle beyaz küre'leri normalin altındaydı.

Sonuç: Komplike İntraabdominal Enfeksiyonlar mortalite oranının yüksek olduğu acil bir tıbbi durumdur. Erken tanı ve önleyici tedbirlerin yanı sıra, ileri cerrahi teknikler ve postoperatif bakım daha iyi sonuçların elde edilmesi için kritik öneme sahiptir.

Anahtar Kelimeler: Komplike karın içi enfeksiyon, Peritonit, Antibiyotik tedavisi

Introduction

The complicated intra-abdominal infection (cIAI) is defined as the bacterial invasion of otherwise sterile peritoneal environment through perforation of hollow viscus, such a appendicitis or colonic diverticulitis, or by other irritants, such as bile from a perforated gall bladder or lacerated liver, gastric acid from a perforated ulcer, or an infected fallopian tube or ruptured ovarian cyst in women (1, 2). The cIAI can be localized or extend to other organs causing diffuse peritonitis. In some case it can even lead to sepsis, acute respiratory distress syndrome, or multiple organ failure. Despite the progress in diagnostic methods and surgical and antimicrobial treatments, cIAI is still associated with high mortality rates ranging from 10% to 50% depending on its severity, extent, and presence of concomitant conditions (3-8).

Patients with cIAI present with various clinical characteristics and severity of disease, which makes the diagnosis and treatment difficult. The common clinical symptoms of cIAI are abdominal pain and tenderness, nausea, diminished intestine sounds, high fever, hypotension and tachycardia. However, diagnosis is based on the radiological imaging studies including abdominal and chest radiography, ultrasonography, and computed tomography (1,2,5,7,9). The white blood cell count less than 4000/mm³ or more than 25 000/mm³ is usually associated with high mortality in cIAI (10). The management of cIAI involves parenteral antimicrobial therapy targeted to pathogens and surgery, which often requires sustained hospital stay with high healthcare cost (4,7-9,11). The surgical treatment either can be a single operation to prevent or treat the source of infection, or aggressive surgical techniques to decompress intra-abdominal pressure, especially in case of severe forms of peritonitis (8).

Although, cIAI is the most important intra-abdominal condition requiring emergency surgery worldwide, its clinics and management show geographical differences depending on population-specific conditions and medical facilities (6). Therefore, in order to define health

policies against cIAI at national level, the clinical, microbiological, and surgical treatment profiles of cIAIs should be described at local level.

In this study, we aimed to present the clinical characteristics, microbiology and postoperative outcome of patients with cIAI who were diagnosed and surgically treated in our clinic.

MATERIALS AND METHODS

In this descriptive case-series, we studied patients admitted to general surgery clinics of our hospital for acute abdominal pain and tenderness between May 2012 and May 2013. Seventy-two patients (28 female, 44 male; mean age 44.2 years; age range 15-87 years) with post-operative or post-traumatic community-acquired or nosocomial cIAI due to appendicitis, gastroduodenal perforation, small intestinal perforation, colon perforation (iatrogenic, diverticulum, or foreign body), gall bladder perforation, anastomotic leakage or other reasons were included in the study. Exclusion criteria were pancreatitis or primary peritonitis.

The study protocol was approved by the Institutional Ethics Committee and conducted according to the Declaration of Helsinki. All patients signed the informed consent form before participation in the study.

Study procedures

Data on demographics, admission symptoms, surgery indications, operation history, origin of infection, and prior use of antibiotics and other drugs within last 7 days were recorded. Preoperative total blood count, routine biochemical tests, chest radiography and electrocardiography were used to identify comorbidities of the patients. Clinical response was evaluated as the response to clinical management, postoperative need for intensive care, and death attributable to cIAIs.

Surgical procedure and pathological diagnosis

Based on medical examination, and laboratory and radiological results at the admission, surgical technique—laparotomy or open surgery—was decided. For patients with appendicitis, appendectomy was performed by the right paramedian or lower abdominal incision using McBurney's technique. All the other patients were operated by upper, lower or midline incisions. The peptic ulcer and small intestinal perforations were primarily sutured. Anastomotic stoma was performed in patients with colon cancer perforation. A drain was placed for elderly patients, those with dirty intra-abdominal fluid or high risk of intra-abdominal abscess.

Intra-abdominal fluid sample was collected during the surgery for microbiological analysis. Routine culture tests were performed for the identification of pathogens, and antibiotic therapy was started accordingly.

Statistical analysis

Statistical analysis was performed by the SPSS software package for Windows (Statistical Package for Social Sciences, version 12.0, SPSS Inc., Chicago, Illinois, USA). Categorical variables were summarized as numbers and percentages and quantitative variables as mean±standard deviation (SD).

RESULTS

Clinical characteristics of the study population

A majority of patients (n=61, 84.7%) acquired infection from community, whereas 11 patients (15.3%) from nosocomial sources. The most common cause of cIAIs was appendicitis (n=27, 37.5%), followed by gastroduodenal perforation (n=9, 12.4%) and cholecystitis (n=9, 12.4%)

(**Table 1**). Disseminated peritonitis was observed in 24 patients (33.3%), while local peritoneal infection or abscesses was noted in 48 patients (66.6%). The patients with appendicitis were younger than other diagnoses of cIAIs. The most common comorbidity was hypertension observed in 7 patients (9.8%) followed by with chronic obstructive pulmonary disease, coronary artery disease, and diabetes mellitus (n=6, 8.4% for each) (**Table 2**). Twenty-four patients (33.2%) had no comorbidities.

Preoperative white blood cell count was above $12\ 000/\text{mm}^3$ in 66 patients (91.6%) and below $4\ 000/\text{mm}^3$ in 4 patients (5.5%). High preoperative white blood cell counts returned to normal in 42 patients (58.3%) after surgery.

Table 1. Diagnoses of cIAI with respect to underlying cause.

Cause of cIAI	Number of patients (%)
Appendicitis	27 (37.5)
Gastroduodenal perforation	9 (12.4)
Cholecystitis	9 (12.4)
Iatrogenic perforation	7 (9.8)
Post-operative perforation	5 (6.9)
Post-traumatic perforation	4 (5.5)
Other reasons	4 (5.5)
Diverticulum perforation	3 (4.3)
Small intestinal perforation	2 (2.8)
Post-colonoscopy perforation	2 (2.8)
Total	72 (100)

Table 2. Distribution of comorbidities among the study patients.

Comorbidity	Number of patients (n)
Hypertension	7 (9.8)
Chronic obstructive pulmonary disease	6 (8.4)
Coronary artery disease	6 (8.4)
Diabetes mellitus	6 (8.4)
Chronic renal failure	2 (2.8)
Polyposis coli	2 (2.8)
Chronic kidney disease	2 (2.8)
Ovarian cancer	2 (2.8)
Diabetes mellitus and hypertension	2 (2.8)
Other comorbidities	13 (17.9)
No comorbidity	24 (33.2)

Surgical treatment

All patients were treated with surgery. The most common surgical procedure for appendicitis was appendectomy by McBurney's technique (24/27, 88.9%), lower abdominal incision (2/27, 7.4%), and right paramedian incision (1/27, 3.7%). Seventeen patients (62.9%) were required appendectomy due to localized infection and abscesses, 8 patients (29.6%) due to generalized peritonitis, and 2 patients (7.4%) due to complicated appendicitis. Primary suturing was the main surgical technique used for the treatment of patients with gastroduodenal perforation (7/9, 77.7%). Eight patients with acute cholecystitis was operated by open cholecystectomy (8/9, 88.8%), the other 1 patient was operated by laparoscopic cholecystectomy (12.2%). All perforated colon carcinoma patients were treated with open laparotomy. The left colon perforation was treated with open Hartmann's resection (5/7, 71.4%), and right colon perforation with enlarged right hemicolectomy and protective ileostomy (2/7, 27.6%). Hartmann operation was the surgical procedure used for the treatment of cIAI patients due to diverticulitis (n=3, 100%). Four patients with post-traumatic perforation were operated by open abdominal surgery for the treatment of blunt abdominal trauma and acute abdomen. There were only 2 patients surgically treated for small intestinal perforation; 1 patient operated by small intestine segmental resection and terminal ileostomy due to diffused peritonitis with necrotic microperforations, and the other patient by resection end-to-end jejuno-ileal anastomosis due to tumor perforation in 70 cm distal of the ligament of Treitz. Five patients who had cIAI due to postoperative perforation were treated with percutaneous drainage. One of two post-colonoscopy cIAI cases was surgically treated by Hartmann's procedure (1/2, 50%), and the other one by sigmoid loop colostomy (1/2, 50%). Four patients who developed cIAIs due to gunshot injuries were treated as war injuries.

Microbiological results

Microbiological analysis of peritoneal fluid identified several aerobic and anaerobic bacteria as pathogens of cIAIs (**Table 3**). *Escherichia coli* was the most common bacterial cause of cIAI among aerobic microorganisms as detected in 27 patients (37.5%), followed by *Streptococcus fetalis* in 9 patients (12.4%). *Proteous, Klebsiella, Streptococcus* species, and *Enterobacter* species, *Pseudomonas aeruginosa*, and *Staphylococcus aureus* were among the aerobic bacteria identified in infected intra-abdominal fluid. The most common anaerobic microorganisms were *Bacteriodes fragilis* and other *Bacteroides* species (n=17, 23.6% for both). The most common microorganisms detected in patients with appendicitis were *E. coli* and *B. fragilis*. Similarly, *E. coli* was the most common cause of intra-abdominal infection in patients with gastroduodenal perforation and acute cholecystitis.

Aerobe	Number of patients (%)	Anaerobe	Number of patients (%)
Escherichia coli	27 (37.5)	Bacteroides fragilis	17 (23.6)
Streptococcus fetalis	9 (12.4)	Other Bacteroides spp.	17 (23.6)
Proteous spp.	8 (11.1)	Clostridia spp.	11 (15.4)
Klebsiella spp.	6 (8.4)	Peptostreotococcus spp.	5 (6.9)
Other Streptococcus spp.	6 (8.4)	Fusobacteria spp.	4 (5.5)
Enterobacter spp.	4 (5.5)	Peptococcus spp.	4 (5.5)
Pseudomonas aeroginosa	4 (5.5)	Propionibacteria spp.	2 (2.8)
Staphylococcus aureus	3 (4.3)	Veilonella spp.	2 (2.8)
Others	5 (6.9)	Others	10 (13.9)

Table 3. Microbiological analysis of intra-abdominal fluid samples of patients.

Antibiotic therapy

Based on the results of microbiological analyses, antibiotic therapy was given to all patients for a mean of 6.5 days (**Table 4**). Third generation cephalosporin was the most common antibiotic administered in all diagnostic groups. Beta-lactamase inhibitors with or without ornidazole, and carbapenem with several concomitant antibiotics (macrolide, aminoglycoside, glycopeptides and ornidazole) were used in the treatment of gastroduodenal perforation, small intestinal perforation and colon perforation.

	Appendicitis	Gastroduodenal perforation(%)	Small intestinal perforation(%)	Colon perforation(%)	Anastomotic leakage(%)	Gall bladder perforation(%)
Second	2 (9.5)	• • • • • •	•	• • • •	0 ()	• • • • •
generation						
cephalosporin						
Carbapenem		1 (5.0)	1 (4.8)			
and						
macrolide						
Beta-lactamase		1 (5.0)				
inhibitors						
Third	17 (81.0)	10 (50.0)	8 (38.1)	3 (23.1)	3 (50.0)	3 (100.0)
generation						
cephalosporin						
Carbapenem				1 (7.7)		
and						
aminoglycoside						
Beta-lactamase	2 (9.5)	3 (15.0)	4 (19.0)	4 (30.8)		
inhibitors						
and ornidazole						
Carbapenem		2 (10.0)	1 (4.8)	1 (7.7)	2 (33.3)	
and						
a glycopeptide						
antibiotic						
Carbapenem		3 (15.0)	7 (33.3)	3 (23.1)	1 (16.7)	
and						
ornidazole						
Imipenem and				1 (7.7)		
macrolide						

Table 4. Antibiotic therapy given to study patients.

Clinical outcome

Majority of patients did not develop postoperative complications. However, some patients had pulmonary infection, sepsis, anastomotic leakage and acute renal failure postoperatively (**Table 5**).

	Appendicitis	Gastroduodenal perforation	Small intestinal perforation	Colon perforation	Anastomotic leakage	Gall bladder perforation
Pulmonary infection	1	1	1	1	1	1
Sepsis	0	1	0	2	1	1
Anastomotic leakage	0	0	0	1	0	0
Acute renal failure	0	1	0	1	1	0
No complication	26	4	1	2	3	6
Total	27	7	2	7	6	8

Table 5. Postoperative complications with respect to cIAI diagnoses.

Fourteen patients (19.4%) with severe sepsis or septic shock were followed up in the intensive care unit. Most of the patients were discharged with recovery (n=66, 91.7%). The overall mortality rate was 8.3% (6 patients)—2 patients with colon perforation, 2 patients with anastomotic leakage, 1 patient with gastroduodenal perforation, and 1 patient with gall bladder perforation.

DISCUSSION

Local epidemiological studies are important to define the causes, treatment approaches and outcomes for efficient diagnosis and management to decrease morbidity and mortality due to cIAIs. Therefore, in this study we aimed to present a series of cIAI patients in Adana province of Turkey with respect to demographics, origin of infection, clinical features, microbiological results, administered antibiotics for the treatment, surgical procedures performed, and clinical outcomes.

The cIAI involves many pathological cases changing from appendicitis to fecal peritonitis. Acute appendicitis was previously defined as the most common cause of cIAIs (1,12). Later, the CIAO Study ("Complicated Intra-Abdominal Infection Observational" Study) summarized the results of a multicenter investigation performed in 68 medical institutions throughout Europe over the course of a 6-month period (13), and similar to the results of CIAO Study, acute appendicitis was the main intra-abdominal condition leading to cIAI in Adana province of Turkey.

Due to the complex causes of cIAIs, treatment and outcome depends on many factors including the overall health situation of the patient, virulence index of the source pathogen, development and character of the infection, and medical facilities in the hospital (8,11,12,14-17). Antibiotic therapy may be the main treatment option for patients with simple cIAIs; however, acute cases with localized or diffused peritonitis require both surgical intervention and antibiotic therapy for a full recovery (12,16,18). The surgical treatment of cIAIs in this study was mainly performed by the commonly used and usually well-accepted techniques (1,13). The standard approach for the treatment of acute appendicitis is still appendectomy, although several recent studies discuss the requirement of surgery, and advices the treatment with antibiotics (19,22). In the present study, we applied appendectomy in all patients with cIAIs due to acute appendicitis, as it is the routine approach for the surgical treatment of patients with appendicitis in our clinic. The most successful treatment of gastroduodenal, especially peptic ulcer perforation, is accepted to be the urgent surgical intervention (23), and we used primary suturing for the treatment of patients with gastroduodenal perforation. Although the study patients with acute cholecystitis were mainly treated with open

cholecystectomy (13), the recommended surgical approach is laparoscopic cholecystectomy when risk factors are accurately evaluated (24,25). We used laparoscopic approach only in 1 patient out of 9 patients. Perforated colon carcinoma patients are among the high-risk group in terms of morbidity and mortality (26). Although no optimal treatment has yet been defined (27), Hartmann's resection, as performed in the present study, is known to be an effective method for the treatment of perforated colon carcinoma (1,13,28). Antibiotic therapy is the recommended treatment for simple acute diverticulitis (29). However, in this study, we preferred open surgical intervention in the treatment of 3 cIAI patients with acute diverticulitis followed by antibiotic therapy based on the pathogen profile. Similarly, the CIAO Study indicated Hartmann resection as the most frequently performed procedure for the treatment of complicated diverticulitis in Europe (13). The cIAIs developed post-operatively are very hard to treat, and require control of the source of infection by surgery and/or drainage and excessive antibiotic therapy (30). In this study, we treated 5 patients (6.9%) with post-operative cIAIs with different approaches depending on the origin and source of infection, but mainly using the percutaneous drainage as recommended in the literature (31,32).

The causative pathogen of cIAIs depends on the contamination source of sterile peritoneal environment and on the level of disruption of the gastrointestinal tract (1,33). For example, infections derived from stomach, duodenum, and proximal small bowel contain less microorganisms, and mainly enriched in aerobic and facultative bacteria (1,33). The lower gastrointestinal tract, however, contain more bacteria, and therefore, infections derived from distal ileum perforations are enriched in a multiple microorganisms (1,33). Most importantly, aerobic bacteria are more common than anaerobes, with the exception of *Bacteroides* species(1,33). In this study, microbiological profiles of all patients were analyzed from peritoneal fluid samples taken during surgery. *E. coli* is accepted as the main causative

aerobic microorganism in patients hospitalized for cIAIs (7,17,34), and it was found to be the most common aerobe in the peritoneal fluid samples analyzed in this study (37.5%, **Table 3**). The CIAO Study reported the common pathogens involved in community-acquired cIAIs as *Enterobacteriaceae, Streptococcus* species, and certain anaerobes, especially *B. fragilis,* which are in close agreement with the microbiological profiles obtained from Adana province of Turkey (**Table 3**).

In the present study, antibiotic therapy of all the patients were initiated after microbiological identification of the pathogens as suggested (35,36), and most patients received single or multiple antibiotic regimens for the treatment of cIAIs. Third-generation cephalosporin was the most commonly used antibiotic in the treatment of cIAI patients in this study, as recently recommended by several studies (3,34,37) for the treatment of community-acquired *Enterobacteriaceae* in diffuse peritonitis in the presence of other risk factors.

Despite all progress in surgical and antibiotic treatments, the morbidity rate due to cIAIs is still high (4,7,8). The overall mortality rate reported by the CIAO study involving 68 medical institutions in Europe was 7.5% (163/2152 patients) (1). Later, Jean et al. (17) prospectively analyzed cIAI patients in a multicenter study with five countries (Columbia, The Philippines, Portugal, Taiwan and Thaliand) and reported the mortality rate as 11.4% (12/105). The same study indicated the case fatality rate to be significantly lower than previous reports (17). The overall mortality rate in a very recent study performed in southern China with 3233 cIAI patients retrospectively evaluated from 2008-2013 was 1.4%, whereas only 14.3% of the deaths were attributable to cIAI (7). The overall mortality rate in our study was 8.3% (6/72), which is in the range reported by the previous studies (**Table 6**).

	Discharged (%)	Exitus (%)	Total
Appendicitis	27 (100.0)	0	27
Gastroduodenal	7 (87.5)	1 (12.5)	8
perforation			
Small intestinal	2 (100.0)	0	2
perforation			
Colon	5 (71.4)	2 (28.6)	7
perforation			
Anastomotic	4 (66.7)	2 (33.3)	6
leakage			
Gall bladder	7 (87.5)	1 (12.5)	8
perforation			
Other	14 (100.0)	0	14
reasons			
Total	66 (91.7)	6 (8.3)	72

Table 6. Clinical outcome and death due to cIAI with respect to cIAI diagnoses.

The main limitation of the study is the low number of patients included in the study given the fact that it was a single-center study for a year period. In addition, we did not investigate risk factors and the clinical severity of the patients' upon admission, which are associated with the overall mortality.

To our best of knowledge, this is the first study describing the epidemiological, clinical, microbiological, and surgical treatment profiles of community-acquired and nosocomial cIAIs in Turkey. We presented our hospital's surgical approaches for the treatment of cIAIs developed due to different reasons, and microbiological profiles of cIAIs for the benefit of local physicians responsible for cIAI management.

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