



M. A. Aksit Collections

## Notification

# 7b

### **Wise City, Wise Place/Home concept\***

#### **Wise City, Settled at the correct, mindful place**

High Technology used spaces, Neonatal Intensive Care Units

*Preterm pre-viable infants are mostly spend, live the most precious time there, for days, months of natural living habitat (incubators, Open-Beds mostly)*

#### **Each Person has right to live in intelligent home**

To be alive and being healthy, is by essential of sage condition

*The Home of the pre-viable preterm infants, just an atmosphere of life arrangement*

**M Arif AKŞİT\*\* , Gizem ARICI\*\*\* , Özlem Mutlu ÇELİK\*\*\*\***

*This concept is prepared for the Nurse, indicated; "look at the baby, direct not the results, he/she gives a lot information, they are talking to us, please listen them in love, so respect them, for life struggle".*

\*\*Prof. MD., Pediatrician, Neonatology, Pediatric Genetics

\*\*\*Nurse, at the Neonatology Intensive Care Unit, Acıbadem Hospital, Eskişehir

\*\*\*\*Nurse, Supervisor, at the Neonatology Intensive Care Unit, Eskişehir Osmangazi University Medical Faculty Hospital, Eskişehir

## Introduction

Each person to be viable, be sufficient place to live. Especially the pre-viable preterm infant, at the physiological essential, the requirements for life, must be designed from the individual basis. This is a medical tailoring according to the infant. Not so clear fundamentals, love and respectful at holding the life, not be at general perspective, just be designed to preterm infants, thus, they are unique and sole.

**Wise City, Wise Place** concept is new evaluation and ethically concerning, for healthiness perceptions for an individual. Not only as comfortable, be required the essentials, for thoughts and other personal demands at home, at the biological environment. The preterm baby, especially the pre-viable preterm infants, not only physiological needs, skin to skin contact, mother approach, breast feeding be performed, at this natural condition. A place of satisfaction, physically needs, physiological supplies and social needs. The brother or sister can be in contact at this atmosphere. The honor of humanity be also in consideration to the preterm infants, thus, to pre-viable babies. The life period be so short, but, live in happiness and at physiological demands. Oxygenation not by pressure and high oxygen, thus, with reducing the resistance and increasing the compliance solutions. **Wise City, Wise Place** consideration is not abstract, can be easily noticeable even at the pre-viable preterm infants, especially at the pain estimation and

leading to reduction scales, as Modified Finneman Score, NIPS, PIPP, CRIES, thus leading sedation even by medications.

**Wise City, Wise Place** notion is not only for comfortable natural habitat, thus, for supplying the tissue needs not by obligatory forces, thus, causing happiness, and be satisfying applications, simply skin to skin contact. If you are noticed even skin to skin contact of the mother and even talking to the preterm, the saturation, the pressures are reduced and pain reduction is obvious. Love affection is obvious. **Wise City, Wise Place** perception is; living in and at a place of love and for being on humanity supervision.

The 4<sup>th</sup> Economic Principles are; 1) Efficient, 2) Effective, 3) Eligibility, 4) Enhancement. Basic evaluation to be happiness, causing at least contentment, satisfaction, leading to cheerfulness. Thus, **Wise City, Wise Place** concept be leading to the cheeriness.

## The notification of Wise City; Settlement

### Groundings

The Constitution of Turkish Republic, Article 17 is as; “*Each person has right to have; even physical, constructive and moral presence be care, protected and be advanced, progress*”, so, this is also concerns to the pre-viable preterm infants. Thus, even at the 5<sup>th</sup> Article, “*The main obligation of the Government, is for progressing and developing to be get ready at all the considerations, the individual basic humanity rights and liberties, for physical and honest existence*”. At the Turkish Penalty Codes/Law, the First Article is as; “*the individual civil rights and liberties*” notification be under the consideration of “*for protecting the common peace*”, are in contemplation. Civil Rights, first to be a livable, occurrence, presence as a human. This Right is obligatory serve, protect, even form governmental, other institutes and common sense. Physician is an advocator of a person, first for life and living at natural settings, as **Wise City, Wise Place** concept.

### Concepts

**Wise City, Wise Place denotation** must be grounded on civil liberties, and on Human Rights, mainly reasoning of **Right to Life and Right to Live**. No other consideration can be under discussion, not be compared and widely evaluated, and be influenced such any reasoning. To be is by healthy condition, thus, be confirmed, with utmost care and serve, under precautions at healthiness. Not any traditions and confirmation be concerning ending of life.

1. **Wise City, Wise Place; Mother Milk and breastfeeding is the only one at the wise city and at the wise place, intensive Care Units**
2. **Wise City, Wise Place;** The place, where wise individual lived. Thus, they are not as a community, individually ve unification of mind/brain, with heart/soul. The behaviour and attitudes are on and at ethical consideration. Not be in rules, or has orders, only on ethical codes, by considering, case and conditions prospects. In view of the pre-viable preterm infants, not on books or literatures, be sure about it, they are on statistics, not case unique and sole conditions, be care and serve according to their demands.
3. **Wise City, Wise Place** inhabitants, listen, not directly indicated as “*I know, I am on the problem*”, but be in tailoring the fact, evidences on individual perspective bases. The tiny baby mostly said, if you listen, you can hear this as “*I am living, a Human being, not considered as a number in an incubator. I have feelings, noticed pain, have a gentle heart and perceived the skin contact warmness, lovely talks, the soft and warm medical*

*approaches to me. The loving nurse and performing her profession are so much clear to notice. Please the nurse who is in love to us must be in duty”.*

4. **Wise City, Wise Place** concept means the relation and correlation between the medical staff in combination as a spider web, physician mainly at medicine science, nurse at care and serve, pharmacist on medication, and so on.
5. **Wise City, Wise Place** notion mainly be on physiological natural environment facilities be ready to use. The facts as; rehydration mainly by oral, at beginning, especially mother milk, even a drop, step by step, by toleration be confirmed. In addition, mainly and full specified, native flora, by adding microbiomes at the skin vegetation also, not caring only the problems, tissue system and all the body; in soul and moral satisfaction be a whole.
6. **Wise City, Wise Place** be individual and social reducing the side factors, as noise, crowdedness, be in proper, clean and be the temperature, humidity and light be suitable, according to the preterm infants. Silence is not a comfortable atmosphere, human voice, mother talking, more peaceful situation.
7. **Wise City, Wise Place** as a concept, not be stricture, be effective, efficient and be easily progressive, required the changing of the demand. Even there will be 10 infant at the Intensive Care Unit, can be arranged each individual satisfaction, be pleased, by slight desired procedures, like covering the incubator, etc. Each preterm must have a special medical equipment according the physiological demands.
8. A **Wise City, Wise Place** not for once time, be progressive and counting of advancement, improving the technological developments, be understandable and be educative as application under healthy situations.
9. **Wise City, Wise Place** basic concept, not to be estimation of any harm, primum non nocere, be benefit, thus, requiring the natural homeostatic state. Be love and respect fact, not harm at the unit.
10. **Wise City, Wise Place** be formed as informative and consent aspect, with care and serve philosophic perspective. The consent is mainly depend on the preterm infant vital parameters and the pain scale findings.
11. **Wise City, Wise Place** progression must be noticeable, clear and obvious, thus education for this new perspective, standards be sure to perform. Not be theoretical, effective on the procedures, be active of progress, with the technological improvement, evolution. Must contribute to direct scientific positive perspective contribution.
12. **Wise City, Wise Place** conception and the approach as it is, be not only environmental not hazardous, ecologically ve improving the Intensive Care facilities. The actions on medical proficiency, be also in considering of social refreshment, and regenerating at the medical staff, contribution to humanity, ethical get together by love and respect. The medical staff as a Human being, mostly needed cheerfulness by positive moral empathy backgrounds.
13. **Wise City, Wise Place** is the district, on Human Rights, freedom, equality, and brotherhood connection. Cooperation and contribution be spontaneous, get together meetings, at breaks and even at other of the medical duty.
14. **Wise City, Wise Place** approaches, individual rights, concerning on ethical principles, as, medical safety even to their medical staff, free on contamination, progressing, medically and technique scientific development. Free on contribution also.
15. **Wise City, Wise Place**, aspects, be free in mind, free in heart, free in development and progress, free in consent by getting the information, free on continuous educational state, free of all the perspectives on humanity. There must be that, these factors are obligatory and routinely be performed, not given by demand.

### *The concept of Wise City, Wise Place*

Including the preterm infants, all the people as an individual person, has full Human Rights, for being healthy, the physical, physiological and social health facilities ve routinely performed. Under the Turkish Deontological Principles as Article 2. *“The main duty of a physician is; the Human health, life and personality, care and honored by respect. A physician cannot be under consideration of patient/case; gender, race, nationality, and other believe or moral thoughts, character and personality with social status and political decisions, what ever it is, in condition of examine and medication, utmost care and serve be performed”*. This place is such area, advocate of the humanity, by an individual.

**Wise City, Wise Place** is the continuing of progress and development, under the differentiation be possible.

**Wise City, Wise Place** is the highest amount of love and respect, in addition to the working person at there are also in condensed love, such perceive by indication.



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