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# INFLUENCES OF CHRONIC SMOKING AND ALCOHOL COMSUMPTION ON OXYTOCIN-AND DILTIAZEM-INDUCED FUNCTIONAL RESPONSES OF PREGNANT RAT MYOMETRIUM

# KRONİK SİGARA VE ALKOL MARUZİYETİNİN GEBE RAT MİYOMETRİYUM OKSİTOSİN- VE DİLTİAZEM-ARACILI FONKSİYONEL YANITLARI ÜZERİNE ETKİLERİ

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### Abstract

**Objective:** Smoking and alcohol consumption during pregnancy lead to undesired effects on labor. Although the underlying mechanisms are still poorly understood, impaired functional responses of myometrium may be one of the reasons for these complications. In this study, we investigated the effects of chronic smoking and alcohol consumption on the functional responses of isolated term-pregnant rat myometrium strips.

**Methods:** 21 Wistar albino rats were divided into three groups: Control; Smoking group, rats exposed to smoke for 12 weeks; Alcohol group, rats were administered ethanol for 12 weeks (n=7 in each group). The reactivities of myometrial smooth muscle strips obtained from term labor rats were mounted in organ chambers for the recording of isometric tension. The effects of cumulative concentrations of carbachol ( $10^{-8}$ - $10^{-4}$  M), oxytocin ( $10^{-9}$ - $10^{-3}$  M), and diltiazem ( $10^{-8}$ - $10^{-4}$  M) on myometrial spontaneous contractions were measured.

**Results**: The amplitude and frequency of carbachol contractile responses decreased in the alcohol group, whereas it significantly increased in the smoking group. The frequency of oxytocin-induced myometrial contractions was significantly increased by smoking, while the amplitude of contractions was not changed. Oxytocin responses as amplitude and frequency of contractions decreased in the alcohol group. There were no significant differences between relaxant responses to diltiazem in both group compared to the controls.

**Conclusion:** These findings show that smoking may lead to premature labor and alcohol consumption may prolong gestation length by changing contractile and relaxant responses in myometrial smooth muscle. Diltiazem may have a beneficial effect on tocolysis in both conditions during pregnancy.

Keywords: Alcohol consumption, Smoking, In vitro, Myometrium, Pregnant, Rat

# Öz

Amaç: Gebelik sırasında sigara ve alkol tüketimi doğum eylemi üzerinde istenmeyen etkilere neden olmaktadır. Altta yatan mekanizmalar hala tam olarak anlaşılmamış olmakla birlikte, bozulmuş miyometriyum fonksiyonel yanıtları bu komplikasyonların nedenlerinden biri olabilir. Bu çalışmada, kronik sigara ve alkol tüketiminin izole term-gebe sıçan miyometriyum şeritlerinin fonksiyonel yanıtlarına etkisini araştırdık.

**Yöntem:** 21 Wistar albino sıçanı üç gruba ayrıldı: Kontrol; Sigara grubu, sıçanlar 12 hafta boyunca sigara dumanına maruz kaldı; Alkol grubu, sıçanlara 12 hafta boyunca etanol uygulandı (n = 7, her bir grupta). Doğum dönemlerinde bulunan sıçanlardan izole edilen miyometriyal düz kas şeritleri, izometrik kayıt almak üzere organ banyosuna yerleştirildi. Karbakol ( $10^{-8}$ - $10^{-4}$  M), oksitosin ( $10^{-9}$ - $10^{-3}$  M) ve diltiazem ( $10^{-8}$ - $10^{-4}$  M) kümülatif konsantrasyonlarının miyometriyal spontan kasılmalar üzerindeki etkileri ölçüldü.

**Bulgular**: Karbakol kasılma yanıtlarının amplitüd ve frekansları sigara grubunda anlamlı olarak artarken, alkol grubunda azaldı. Oksitosin ile indüklenen miyometriyal kasılmaların frekansı sigara maruziyetiyle artarken, kasılmaların amplitüdü değişmedi. Amplitüd ve frekans olarak oksitosin kasılmaları alkol grubunda azaldı. Her iki grupta da diltiazem gevşeme yanıtları arasında kontrollerine göre anlamlı olarak fark yoktu.

**Sonuç:** Bu bulgular miyometriyal düz kasının kasılma ve gevşeme yanıtlarını değiştirmek yoluyla, sigara maruziyetinin erken doğuma neden olabileceğini ve alkol maruziyetinin gebelik süresini uzatabileceğini göstermektedir. Diltiazem gebelikte her iki durumda da tokoliz için yararlı bir etkiye sahip olabilir.

Anahtar Kelimeler: Alkol Tüketimi, Sigara İçme, İn vitro, Miyometriyum, Gebe, Şıçan





# Introduction

Several women still continue habitual smoking and alcohol consumption during pregnancy, although abundant evidence clearly indicates adverse effects on especially birth outcomes. Despite a considerable amount of public health effort, at least 12% of women keep alcohol consumption, while approximately 13-17% of women smoke during pregnancy.1 It was previously reported that smoking is associated with spontaneous abortion, preterm labor, and pregnancy delivery.<sup>2</sup> The studies on maternal alcohol consumption mainly focus on fetal anomalies.<sup>3</sup> However, it has also been shown in fewer studies that alcohol consumption alters the length of gestation based on the pattern of consumption and timing exposure in pregnancy. Preterm labor's pathogenic mechanisms were demonstrated to share a common final pathway leading to a myometrial contraction in clinical and experimental studies. It is well known that oxytocin is a principal hormone that induces uterine smooth muscle contractions and has been utilized to induce delivery or terminate the pregnancy.<sup>4,5</sup> Limited data

indicate a correlation between increased oxytocin receptor expression and increased sensitivity to oxytocin in pregnant rat myometrium and premature human myometrium exposed by smoking or chronic smoke exposure.<sup>6-8</sup> However, it is needed to design further studies because of the limitation of acute or in vitro cigarette smoke exposure techniques in the previous studies. On the other hand, in clinical and preclinical previous studies, it was indicated that chronic alcohol consumption prolongs the onset of delivery, whereas acute consumption leads to premature birth.9-11 It was shown that decreased maternal oxytocin and prostaglandin levels had resulted in the prolongation of the onset of labor and delivery in chronic alcohol consumption. 10,12-14 Although it is reasonable to assess the effect of chronic alcohol consumption on myometrial contractility during pregnancy, it has not been yet studied up to date. Therefore, we treated rats with chronic smoking or alcohol consumption model before and during pregnancy and evaluated whether these treatments are due to direct action on the myometrial contractility to oxytocin and carbachol under non-hormonal conditions in the present study. In addition, we investigated the relaxant effects of diltiazem on myometrial contractility with the same non-hormonal system since calcium channel blockers show great promise in treatment of preterm labor.15

There is very limited data about the effects of smoking and alcohol consumption on myometrial relaxant or contractile responses, which is essential for a healthy fetal environment, despite these consumptions during pregnancy are well known to result in birth complications. In this background, this research aimed to evaluate the effects of chronic smoking and alcohol consumption on myometrial contractions and relaxations in isolated strips from term pregnant rats.

## Methods

### Animals and experimental designs

Experiments were performed on Wistar albino rats on the 19th or 21st day of gestation (term-pregnant rat), weighing 180-220 g obtained from the Experimental Medical Research and Application Center (DETAB, Kocaeli University, Kocaeli). Ethics committee approval was granted by the Animal Research Ethics Committee at Kocaeli University (Kocaeli, Turkey, Project number: KOU HADYEK 6/11-2011). Rats were housed in a temperatureand humidity-controlled room with water and food ad libitum (22  $\pm$  3 °C and 62 $\pm$ 7%, respectively) in which a 12-12 h light-dark cycle was maintained (08:00-20:00 h light). Female Wistar albino rats were individually housed in a metal cage and were randomly divided into four groups; controls (n=7) (different animals were used for alcohol and smoking groups, separately), cigarette smoking (n=7), and alcohol consumption group (n=7). The experiments were conducted with two experimental protocols: control and smoking groups were used for experiment 1, and control and alcohol groups were set up as experiment 2. The experimental protocol of secondhand smoking was carried out according to a previous study.<sup>16</sup> The rats were placed in a glass cage and inhaled smoke from 4 cigarettes for 30 min twice daily over 12-weeks (smoking rats). Rats were put in separate cages at the end of the exposure period. The last smoking was performed 18 h before the experiments. Rats were also placed in the same cage without cigarette smoke and inspired fresh air in the control group. The model of alcohol consumption was performed according to a study described previously.<sup>17</sup> The rats received 5% ethanol (vol/vol) in the drinking water for the first week, 10% for the next two weeks, 20% from weeks 4-12. The control was fed up water ad libitum, and all rats had constant access to standard laboratory rat chow. Virgin female rats with one male were placed in cages separately for 24 hours within the last 3 weeks of smoking or alcohol consumption period. Vaginal plugs were examined in the vaginal smear specimen on the next morning of pairing. The day that spermatozoa in the vaginal smears were obtained was designated as day 0 of gestation. In previous studies, the uteri of pregnant rats was obtained from 21 days of pregnancy and they were used to measure myometrial contractility as the pregnant myometrium.5

Urine samples were collected at the end of the 12-week by putting the animals in metabolic cages for 24 hours and urine cotinine and nicotine metabolite levels determined by radioimmunoassay (RIA) in secondhand smoking (SHS) exposure group. Ethanol concentration in blood was assessed by NAD<sup>+</sup>/NADH enzyme-spectrophotometric method. Arterial blood samples were taken from anesthetized rats at the time of the experiment.

### Measurement of myometrial contractile activity

As previously described, the rats were killed by a cervical subluxation at 19th or 21th day of gestation.<sup>18,19</sup> Myometrial strips (approximately 8mm x 2mm x 2mm) were isolated from the middle of uterine horns in the longitudinal direction. The strips were immediately placed and mounted in the organ chambers for isometric tension measurement in modified Kreb's buffer (NaCl 125 mM, KCl 2.4 mM, CaCl<sub>2</sub> 1.8 mM, MgCl<sub>2</sub> 0.5 mM, NaHCO<sub>3</sub> 23.9 mM, and glucose 11 mM) aerated with a gas mixture of 95% O2 and 5% CO2 (pH = 7.4). Muscle contractions were recorded using a transducer (TRI 202P. Letica Scientific Instruments, Italy) on a polygraph system (Polygraph model 2000-506, Letica Scientific Instruments, Italy). Recording of isometric strip tension was made using a transducer (TRI 202P, Letica Scientific Instruments, Italy) and recorded on a polygraph system (Polygraph model 2000-506, Letica Scientific Instruments, Italy). After mounting, each strip was allowed to set with a basal tension of 1 g for 1h, as previously found to be optimal for the measurement of changes in the contractility of rat myometrial tissue preparations. The tissue bath solution was replaced every 15 min during this period.

The calibration of the recorder was adjusted so that 1 g tension performed as 1cm vertically. Paper speed was determined as 3 mm/min. Three sets of experiments were conducted with myometrial strips, and each drug was tested on one of the strips. The effects of carbachol  $(10^{-8}-10^{-4} \text{ M})$ , oxytocin  $(10^{-9}-10^{-3} \text{ M})$ , and diltiazem  $(10^{-8}-10^{-4} \text{ M})$  on spontaneous contractions of the control, smoking, and alcohol group myometrial strips were evaluated, respectively. Then the strips were washed with fresh buffer. Spontaneous contractions of the strips were again measured at the end of each experiments.

#### Drugs

The following drugs were all obtained from Sigma Chemical (St. Louis, MO, USA): carbachol chloride, oxytocin, and diltiazem. All drugs dissolved in distilled water and were freshly prepared on the day of the experiment.

#### Statistical analysis

Data analysis was applied as previously described.<sup>19</sup> Briefly, the amplitude and frequency of spontaneous myometrial contractions were measured and regarded as a reference response at the beginning of each experiment. After the addition of each drug concentration, alterations in the spontaneous myometrial contractions were measured for 300s intervals. Values of amplitude (g) and frequency (number/min) for these intervals were expressed as percentages of the initial reference responses. The results are expressed as the mean  $\pm$  SE of different experiments. Statistical comparison between experimental groups was analyzed using ANOVA with *t*-test. Probabilities of p < 0.05 were considered statistically significant. All statistical analyzes were performed using Graphpad Prism 4 (Graphpad Software Inc., CA, USA) computer program.

### Results

The urine nicotine metabolite and blood ethanol concentrations of all groups at the end of 12 weeks are shown in Tables 1 and 2. The nicotine and ethanol levels were significantly increased in the smoking and alcohol groups compared with the control group, respectively (p < 0.05).

Carbachol and oxytocin concentration-dependently increased spontaneous contractile activity in myometrial smooth muscle isolated from pregnant rats. Figure 1 demonstrates representative recordings of the effects of oxytocin-stimulated contractions of myometrial strips isolated from term pregnant rats (Figure 1). The mean values of the amplitude and frequency data of rats' spontaneous myometrial contractions are listed in Table 3. The amplitude and frequency of contraction with carbachol were significantly higher in smoking group strips as compared with control strips at  $10^{-7}$ - $10^{-4}$  M (p<0.05). Carbachol, beginning from  $10^{-6}$  and  $10^{-4}$  M, significantly decreased the amplitude and frequency of contractions in alcohol group strips (p<0.05). Figures 2 and 3 summarise the data for the effects of increasing concentrations of carbachol stimulated contractions of myometrial strips isolated from term pregnant smoking and alcohol consuming rats, respectively.

Oxytocin, there was no significant difference in the amplitude of contractions between normal and smoking group strips, whereas the frequency of contraction was significantly higher in the smoking group as compared with normal strips beginning from  $10^{-8}$  M (p<0.05). The contractile responses as amplitude and frequency values significantly reduced in the alcohol group comparing with control strips at the concentration between  $10^{-8}$ - $10^{-3}$  M for oxytocin (p<0.05). Figures 4 and 5 summarize the data for the effects of increasing concentrations of oxytocin-stimulated contractions of myometrial strips isolated from term pregnant smoking and alcohol consuming rats, respectively.

Diltiazem ( $10^{-8}$ - $10^{-4}$  M) concentration-dependently inhibited myometrial contractions. The inhibitor effect of diltiazem was similar in all myometrial tissues. The decreased amplitude and frequency of the contractile responses did not change in strips from the smoking group. The amplitude and frequency of contractions were suppressed in the concentrations between  $10^{-7}$ - $10^{-5}$  M as compared with control (p<0.05) in alcohol group. Figures 6-7 summarizes the data for the effects of increasing concentrations of diltiazem stimulated relaxations of myometrial strips isolated from term pregnant smoking and alcohol consuming rats, respectively.

After concentration-response curves were completed in each experiment, the tissues were washed out with fresh buffer for obtaining the beginning levels of spontaneous contractions (Figures 2-7).

Table 1. The urine levels of nicotine metabolites (ng/ml)

Control	n	Smoking	n	
$234.86\pm32.5$	7	$5755.9 \pm 2327.3*$	7	
* $p < 0.05$ , statistically different from control rats.				

 Table 2. The blood levels of ethanol (mg/dl)

Control	n	Alcohol	n
None detectable	7	26.2 ± 2.99 *	7
p < 0.05, statistically different from control rats.			

 Table 3. Amplitude and frequency data of spontaneous myometrial contractions of pregnant rat

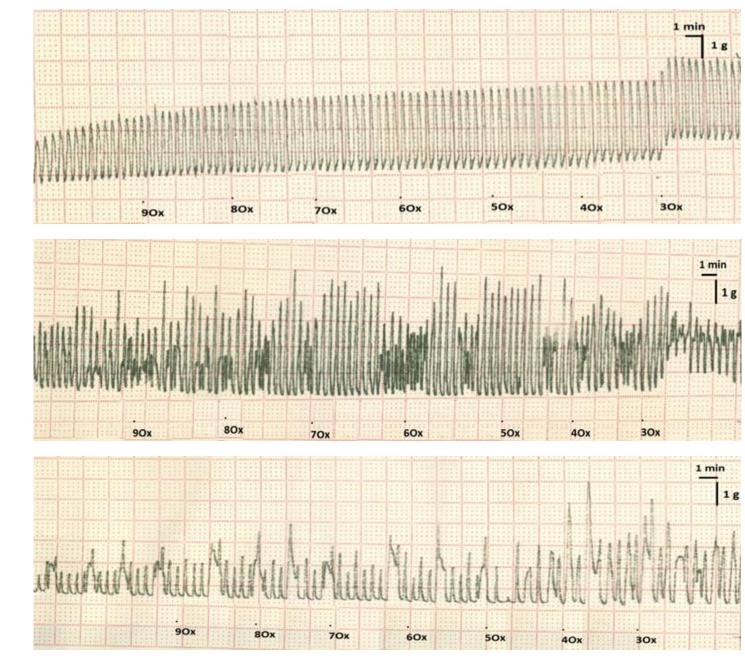
	Control	n	Smokig	n	Alcohol	n
Mean Amplitude (g)	$4.62\pm0.39$	7	$4.64\pm0.42$	7	$4.43\pm0.23$	7
Frequency	$9\pm0.78$	7	$9.28 \pm 0.64$	7	$9.14\pm0.74$	7
(number/300 s)						

Data expressed as mean  $\pm$  SE.

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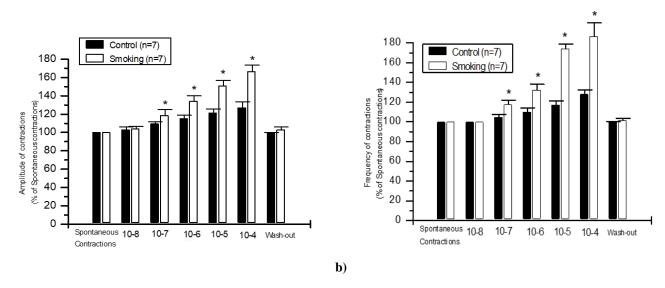
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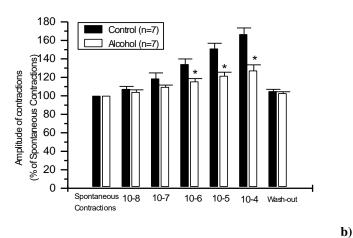


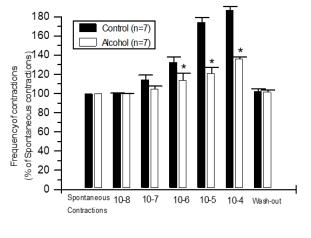
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Figure 1. Representative records of the effect of oxytocin (10<sup>-9</sup>-10<sup>-3</sup> M) on spontaneous contractions of myometrium isolated from a- control, b- smoking and c- alcohol consuming pregnant rats.



**Figure 2.** Effect of  $10^{-8}$ - $10^{-4}$  M carbachol on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and smoking (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p<0.05).

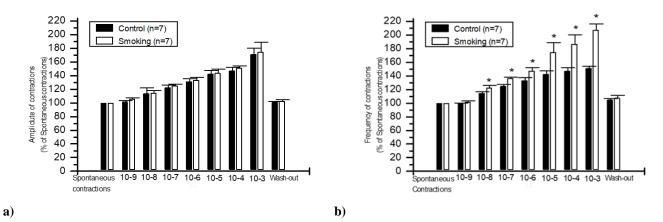




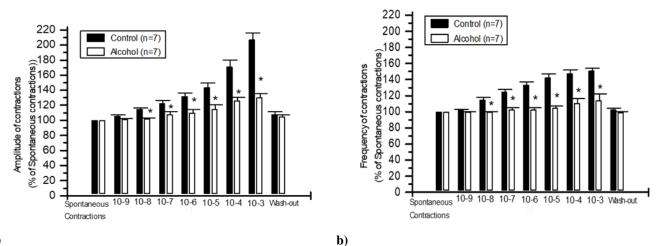
a)

a)

**Figure 3.** Effect of  $10^{-8}$ - $10^{-4}$  M carbachol on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and alcohol consuming (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p < 0.05).

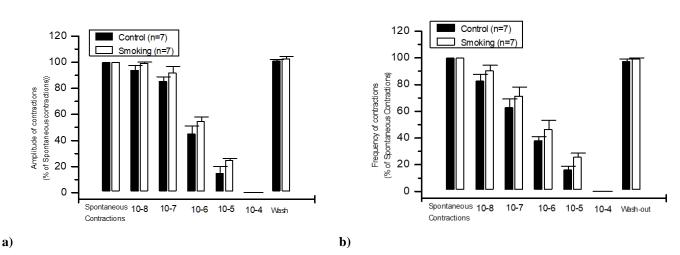


**Figure 4.** Effect of  $10^{-9}$ - $10^{-3}$  M oxytocin on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and smoking (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p<0.05).

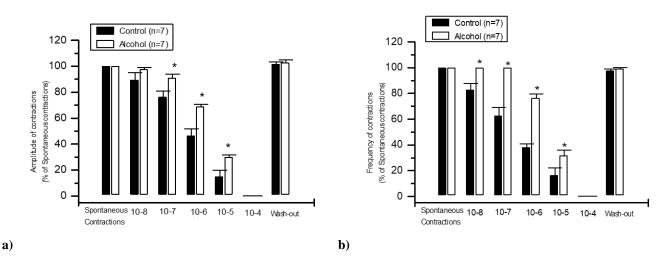


a)

**Figure 5.** Effect of  $10^{-9}$ - $10^{-3}$  M oxytocin on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and alcohol consuming (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p < 0.05).



**Figure 6.** Effect of  $10^{-8}$ - $10^{-4}$  M diltiazem on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and smoking (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p<0.05).



**Figure 7.** Effect of  $10^{-8}$ - $10^{-4}$  M diltiazem on the a- amplitude and b- frequency of spontaneous contractions of myometrium isolated from pregnant control (n= 7) and alcohol consuming (n= 7) rat. Data (mean ± SE) are expressed relative to controls (initial spontaneous contractions) (\*p < 0.05).

### Discussion

A number of clinical and experimental studies have provided evidence that smoking significantly increases preterm labor incidence.<sup>7,8</sup> Some clinical and basic studies indicate that alcohol consumption during pregnancy alters the length of gestation.<sup>10</sup> However, the causal mechanism has not yet been fully understood. In this study, we aimed to investigate the effects of maternal smoking and alcohol consumption on the myometrial contractile function to identify possible mechanisms that may cause altered myometrial activity and dysfunctional labor. The animal model of smoking and alcohol consumption has been validated by measurement of the urine nicotine metabolite and blood ethanol concentrations at the end of 12 weeks. This study indicates that smoking and alcohol consumption impaired both carbachol and oxytocin-induced contractions in the rat myometrium smooth muscle, whereas the relaxant responses to diltiazem, calcium channel blocker, were not affected. The increased contractions of myometrium smooth muscle obtained from the smoking group can contribute to the mechanisms that lead to preterm labor in smoking. On the other hand, decreased contractile functional responses in the alcohol group may contribute to the prolongation length of gestation in alcohol consumption during pregnancy.

It is well known that uterine activity and labor have a closed relationship. The contractions become progressively more frequent before the onset of labor, and they lead to the fetus's delivery as soon as strong enough. Oxytocin has a major role in inducing uterine contractile activity for pregnancy termination and causes myometrial contraction via stimulation of the oxytocin receptors.<sup>20</sup> It was demonstrated that depolarization of myometrial cells induced by opening calcium-activated chloride and cation channels after stimulation of these receptors and then opened voltage-dependent calcium channels.<sup>4</sup> Myometrial contraction caused by oxytocin via the oxytocin receptors is also included in preterm labor and delivery.<sup>21</sup> In our study, oxytocin significantly increased in the myometrial spontaneous contractions in the smoking group. Consistent with our data, there are few studies reported that myometrial contractile sensitivity and activity in response to oxytocin increased in cigarette smoking rats during pregnancy. Their results indicated that increased contractile activity of preterm myometrium to oxytocin were depend on the upregulation of the oxytocin receptors and the increased level of myometrial oxytocin receptors were accompanied by increased risk of preterm labor and delivery.<sup>6,8</sup> However, in these studies, they have used either a short-term experimental animal model of passive smoking or incubated in vitro myometrium tissues with cigarette smoking extract. There is only one study with smoking pregnant women who smoked at least one cigarette/day in the literature.<sup>7</sup> In our research, we can speculate that the concentration-dependent increase in amplitude and frequency in response to oxytocin in the smoking group may be explained due to an increase in oxytocin receptor density in the myometrium. In addition, carbachol is another contractile element to induce contractions through G-protein mediated mechanism, significantly increasing the amplitude and frequency of rat myometrial spontaneous contractions in smoking rats. This may contribute to the hypothesis that smoking may result in preterm labor via alteration in contractile characteristics through different mechanisms.

Both clinical and preclinical studies suggest that alcohol consumption during pregnancy causes congenital disabilities and alters gestation length. There are some animal studies show that alcohol results in prolongation of gestational length. By the contrast of these studies, it was suggested that increased preterm delivery incidence was associated with alcohol consumption during pregnancy in a clinical study.<sup>14</sup> The studies have opposite findings on acute and chronic consumption of alcohol in pregnancy. The studies have opposite findings on acute and chronic consumption of alcohol in pregnancy. Previous studies suggested that chronic consumption prolonged the duration of pregnancy, while acute consumption resulted in increased risk for earlyonset delivery.<sup>22,23</sup> These findings indicate two important factors caused either delayed or premature delivery: the pattern of consumption and timing of exposure.<sup>10,14</sup> In previous studies, it was shown that the administration of ethanol led to the inhibition of oxytocin release from the neurohypophysis.<sup>12,13</sup> According to this data, ethanol may have a possible role in treating premature delivery in humans as a tocolytic agent. Additionally, Cook and Randall (2010) support that ethanol leads to either pre-or post-term delivery depending upon alterations in prostaglandins levels. Their findings showed that chronic ethanol consumption resulted in delayed labor onset due to decreased oxytocin levels accompanied by decreased uterine prostaglandins synthesis. They have suggested that the opposite effects of acute and chronic ethanol consumption on the onset of labor could be, at least in part, dependent on their different effects on uterine prostaglandins levels.<sup>10</sup> In our study, chronic alcohol consumption impaired contractile responses to oxytocin and carbachol. In this background, decreased contractility of myometrium obtained from alcoholconsuming pregnant rats may be assumed to both inhibited oxytocin release and suppressed uterine prostaglandins synthesis. Although it has not yet been studied the levels of prostaglandins and oxytocin in this study, it is reasonable to speculate that chronic ethanol treatment decrease either prostaglandins and/or oxytocin levels. It is the first time study to investigate the effect of chronic ethanol consumption on in vitro myometrial contractility, but it is needed further studies to enlighten the mechanism of the inhibitory effect of ethanol on uterine contractility.

The density of voltage-dependent calcium channels increases during pregnancy, and they have an important role in myometrial contractility during labor.<sup>19,24</sup> There are some studies reported that calcium channel blockers have a beneficial effect in preventing preterm labor.<sup>18,19,25</sup> The calcium channel blockers prevent the extracellular calcium entry through voltage-dependent calcium channels into myometrial smooth muscle cells. In addition, the calcium release from the intracellular sarcolemma is inhibited by the calcium channel blockers.<sup>19,26</sup> The previous studies have generally focused on dihydropyridines.<sup>18,25</sup> diltiazem is another voltage-dependent calcium channel blocker and may result in myometrial relaxation via the inhibition of the influx of extracellular calcium ions. In previous clinical reports, it was shown no significant differences in either efficacy or side effects between diltiazem and dihydropyridines as a tocolytic agent.<sup>27</sup> Our data is accordance with the findings of previous studies on the relaxant effect of calcium channel blockers in myometrium smooth muscle. But it was shown for the first time that there are no significant differences between the maximum relaxant responses of diltiazem in smoking, alcohol consuming and normal animals in this study.

In conclusion, our findings suggest that increased contractile response may contribute to the mechanisms leading to preterm labor in smoking. The impaired contractile responses in chronic alcohol-consuming rats may prolong gestation length in this blood level and alcohol exposure time. According to our data, diltiazem may be a therapeutic alternative for tocolytic treatment in both conditions during pregnancy because of the smoking and alcohol group's unchanged relaxant response.

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#### **Conflict of Interest**

The authors have no conflicts of interest to disclose.

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#### **Author Contributions**

SSG, TU: Design; SG, ZEUK, TDŞ, TU: Project development; SSG, TDŞ: Data collection; SSG, ZEUK: Literature search; SSG, ZEUK, TDŞ, TU: Data analysis; SSG, ZEUK: Manuscript writing; ZEUK, TU: Critical review

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