

## Change in water activity of some Turkish hazelnut cultivars at different moistures and temperatures\*

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### Abstract

**Objective:** Observation of the changes in water activity values of some Turkish hazelnut cultivars at different moisture levels (ML) at varying ambient temperatures. Thus, especially in hazelnut storage and transfer processes, regulations regarding the protection of the quality of the product under changing humidity and temperature conditions are foreseen.

**Materials and Methods:** In this study, water activity ( $a_w$ ) of Tombul, Palaz, Çakıldak and Kalıncara hazelnuts were determined at different ML (2, 4, 6, 8, 9 and 12%) and different temperatures (20, 21, 22, 23, 24, 25, 26, 27, 28, 29 and 30°C). Regression equations were generated to estimate  $a_w$  values of hazelnuts with a known moisture at different ambient temperatures.

**Results:** Considering the entire temperatures, it was observed that a unit (1%) increase in moisture yielded 0.055 - 0.062 unit increases in Çakıldak cultivar, 0.052 - 0.055 unit increases in Palaz cultivar, 0.047 - 0.050 unit increases in Tombul cultivar and 0.047 - 0.048 unit increases in Kalıncara cultivar. Different  $a_w$  values were observed at the same ML of the cultivars and generally the  $a_w$  values were tended to increase with increasing temperatures.

**Conclusion:** It was concluded that water activity influenced several quality parameters (color, lipid oxidation and etc.). Present findings revealed that hazelnut cultivars with the same moisture levels might have different water activity values. The fact

that the varieties at the same ML have different water activity values indicates that it will be more objective to use the water activity value in storage or shelf life studies. In the calculations made using the obtained formula, it was seen that Palaz and Kalıncara (at the same ML) cultivars had higher  $a_w$  values than the other two cultivars. For this reason, it is thought that storing Palaz and Kalıncara separately from Tombul and Çakıldak cultivars may reduce the possible risks.

**Anahtar kelimeler:** Storage, Nuts, Quality, Regression analysis

### Bazı Türk fındık çeşitlerinin farklı nem ve sıcaklıklardaki su aktivitesi değişimi

#### Öz

**Amaç:** Farklı nem değerlerindeki bazı Türk fındık çeşitlerinin değişen ortam sıcaklıklarındaki su aktivitesi değerlerinin değişiminin gözlenmesi. Böylece özellikle fındık depolama ve transfer süreçlerinde değişen nem ve sıcaklık koşullarında ürünün kalitesinin korunması ile ilgili düzenlemelerin ön görülmesi.

**Materyal ve Yöntem:** Bu çalışmada farklı nem değerlerindeki (%2, %4, %6, %8, %9, %12) Tombul, Palaz, Çakıldak ve Kalıncara çeşitlerinin farklı sıcaklıklardaki (20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C, 27°C, 28°C, 29°C, 30°C) su aktivitesi ( $a_w$ ) ölçümleri yapılmıştır. Farklı ortam sıcaklıklarında nem değerleri bilinen fındıkların  $a_w$  değerlerini

tahmin etmek için regresyon denklemleri oluşturulmuştur.

**Araştırma Bulguları:** İncelenen tüm sıcaklıklar dikkate alındığında nemdeki birim (%1) artışın,  $a_w$  değerini Çakıldak çeşidinde 0.055-0.062, Palaz çeşidinde 0.052-0.055, Tombul'da 0.047-0.050 ve Kalıncara'da 0.047-0.048 birim arttırdığı görülmüştür. Ayrıca, aynı nem değerine sahip çeşitlerin farklı  $a_w$  değeri aldığı gözlenmiştir ve genel olarak ortam sıcaklığı arttıkça,  $a_w$  değeri artış eğiliminde olmuştur.

**Sonuç:** Sonuç olarak, su aktivitesi ürünlerin pek çok kalite parametresini (mikotoksin oluşumu, renk, yağ oksidasyonu vb) etkilemektedir. Bu çalışma ile aynı nem değerindeki fındık çeşitlerinin farklı su aktivitesi değerlerine sahip olabileceği görülmüştür. Aynı nemdeki çeşitlerin farklı su aktivitesi değerlerine sahip olması, depolama ya da raf ömrü çalışmalarında su aktivitesi değerinin kullanılmasının daha objektif olacağını göstermektedir. Elde edilen formül kullanılarak yapılan hesaplarda Palaz ve Kalıncara'nın (aynı nemde) diğer iki çeşide göre daha yüksek  $a_w$  değeri oluşturduğu görülmüştür. Bu nedenle Palaz ve Kalıncara'nın, Tombul ve Çakıldak çeşidinden ayrı depolanmasının olası riskleri azaltabileceği düşünülmektedir.

**Keywords:** Depolama, Sert kabuklu meyveler, Kalite, Regresyon analizi

## Introduction

Water is the primary component of several foodstuffs. Existence and availability of water may influence physical, chemical and biological characteristics of foodstuffs. Water activity ( $a_w$ ) could be used for estimation of microbial progress and chemical reactions encountered in foodstuffs (Gabriel, 2008). Water activity is generally defined as the ratio of vapor pressure of water in food to vapor pressure of distilled water at the same temperature. It is a critical parameter for post-harvest stability of product storage and shelf life (Staudt et al., 2013).

Water activity should not be confused with moisture content. Total water in foods is so called as moisture content and free water is so called as water activity. Free water has a dissolvent characteristic and may freeze when cooled. Water activity values vary between 0 – 1 and it is among the most significant parameters revealing information about potential microorganism development in products. The

products with a high-water activity ( $>0.65$ ) may offer available media for fungi (Olagunju et al., 2018). With the initiation of microorganism activity and resultant production of secondary metabolites may reduce storage quality of the products and threats are posed on human health. Temperature plays crucial role in microorganism activity. Therefore, control of temperature and water activity is a significant issue. On the other hand, water activity designates the changes (enzymatic or non-enzymatic browning reactions, rancidity and etc.) encountered in product structure throughout the storage. In this sense, water activity should definitely be taken into consideration in storage and shelf-life studies.

World annual hazelnut production is about 1 150 000 tons. Turkey with an annual production of 776 046 tons meets alone about 67% of world production (İslam, 2018). Hazelnut prominent with nutritiveness is served to markets in different fashions (unshelled, natural, whitened, roasted) and largely used in chocolates, cakes and biscuits. Turkey exports an average of 70% of its annual hazelnut production to different countries of the world, primarily Germany, Italy and France (FAO, 2019).

During these transfers, the ambient temperature may change. It is important to determine whether this change has an effect on water activity or not for the continuity of the quality of the product. Therefore, the water activity values of hazelnuts, which are determined by taking into account the moisture content of hazelnut, ambient temperature and variety factors, are of great importance in terms of healthy storage and transfer period.

There are some studies in literature about secondary metabolite formation of microorganisms induced by water activity in nut fruits (Arrus et al., 2005; Venkatachalam and Sathe, 2006; Gallo et al., 2016) or about the effects of different treatments on water activity of the products (Akçin and Bostan, 2019; Marzocchi et al., 2017). Lopez et al., (1995) investigated hygroscopic behavior of Negret, Puaetet and Tonda Romana hazelnut cultivars. However, number of studies investigating the changes in water activity of processed agricultural commodities is quite limited (Turan, 2017; Koç Güler et al., 2012). A study investigating the changes in water activity of Turkish hazelnut cultivars with different moisture contents at changing ambient temperatures was not encountered in present literature.

In this study, relations of moisture content and ambient temperature with water activity of hazelnut (Tombul, Palaz, Çakıldak and Kalinkara) were investigated. Regression equations were generated for estimation of water activity ( $a_w$ ) values of Tombul, Palaz, Çakıldak and Kalinkara hazelnuts with a known moisture content at different ambient temperatures. The study was designed with the widely cultivated hazelnut cultivars of Turkey (Tombul, Palaz, Çakıldak and Kalinkara), thus conducted in cultivar-based fashion. Water activity measurements were made in hazelnut samples with different moisture contents (2, 4, 6, 8, 9 and 12%) at different temperatures (20, 21, 22, 23, 24, 25, 26, 27, 28, 29 and 30°C).

This is the first study evaluating the effects of different ambient temperatures and moisture content of the product on water activity ( $a_w$ ) in some Turkish hazelnuts.

## Material and methods

### Material

Tombul, Palaz, Çakıldak and Kalinkara hazelnuts harvested in 2017-2018 harvest season were used as the material of the study. Hazelnuts were obtained from the orchards of the producers in the district of Ordu (Turkey) Perşembe (Şenyurt, Ramazan, Yeniköy neighborhoods). In the orchards where the hazelnuts were taken, TSP (triple super phosphate) was applied in November-December and CAN (Calcium ammonium nitrate-26% N) applications were made routinely between March-May. In May, pesticides were applied against hazelnut worm and powdery mildew with foliar fertilization. Pruning and removal of excess shoots in the ocaks were carried out in the autumn period (September-November). Hazelnuts were harvested by picking from the branch in the second week of August (2017). Attention was paid to the fact that the husk and hard shell colors of the harvested hazelnuts started to turn brown. After the hazelnuts were separated from their husk, they were spread on the threshing floor and dried until the moisture level of the hazelnut kernels reached 6-7%. Hazelnuts were supplied from a grower orchard in Ordu province of Turkey.

### Method

Unshelled hazelnuts were placed over nets as not to contact with water in containers and plastic lids of the containers were closed. Samples were taken at certain intervals for moisture measurements.

Moisture content was measured with the use of Radwag Mac50 device, Poland. In moisture measurement, device values recommended for nut fruits were referenced.

About 5 g ground sample (grounded in the coffee machine, Sinbo CSM2934, Turkey) was taken from the hazelnuts with desired moisture levels (2, 4, 6, 8, 9 and 12%) and placed into water activity containers. Container lids were closed and sealed with paraffin bands and kept at room temperature until the analyses. Measurement temperatures (20, 21, 22, 23, 24, 25, 26, 27, 28, 29 and 30°C) were supplied with the use of an incubator (Infors HT Ecotron, Switzerland). In this process, clamped section of water activity device (Testo 645, Thailand) containing sample container was placed into the incubator and measurement panel was left outside (Figure 1).



Figure 1. Measurement of water activity of hazelnuts with desired moisture levels under controlled temperature change.

### Statistical analysis

Experiments were conducted in randomized plots experimental design with 3 replications and 350 g unshelled hazelnuts of 4 hazelnut cultivars (Tombul, Palaz, Çakıldak, Kalinkara) in each replicate. Regression analyses were conducted with the use of Minitab 17 statistical analysis software (Minitab Inc. USA).

### Results and discussion

The cultivars with the same moisture level had different water activity values. Water activity values increased with increasing ambient temperatures. Water activity of Tombul, Palaz, Çakıldak and Kalinkara hazelnuts with different moisture levels

measured at different ambient temperatures are presented in graphs (Figure 2-7).

At 2% moisture, water activity of Kalinkara, Tombul, Çakıldak and Palaz hazelnuts (25°C) was respectively

measured as 0.384, 0.333, 0.306 and 0.270 (Figure 2). Water activity of the cultivars increased with increasing temperatures.

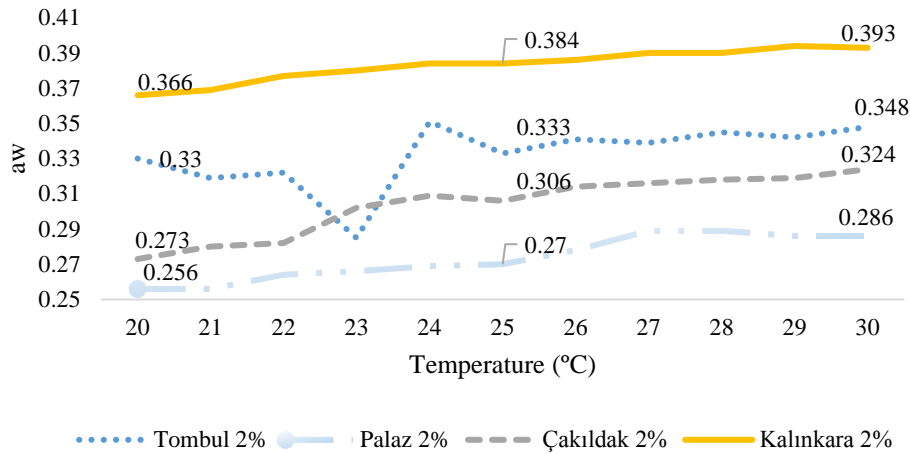


Figure 2.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara hazelnut varieties with 2% moisture value at different temperatures

At 4% moisture, water activity of Palaz, Tombul, Kalinkara and Çakıldak hazelnuts (25°C) was respectively measured as 0.626, 0.539, 0.525 and 0.364. The  $a_w$  value of greater than 0.60 in Palaz cultivar at 4% moisture level was remarkable (Figure 3). While  $a_w$  values of Çakıldak and Kalinkara

cultivars increased with increasing temperatures,  $a_w$  values of Palaz and Tombul cultivars did not influenced by temperatures as much as the other cultivars.

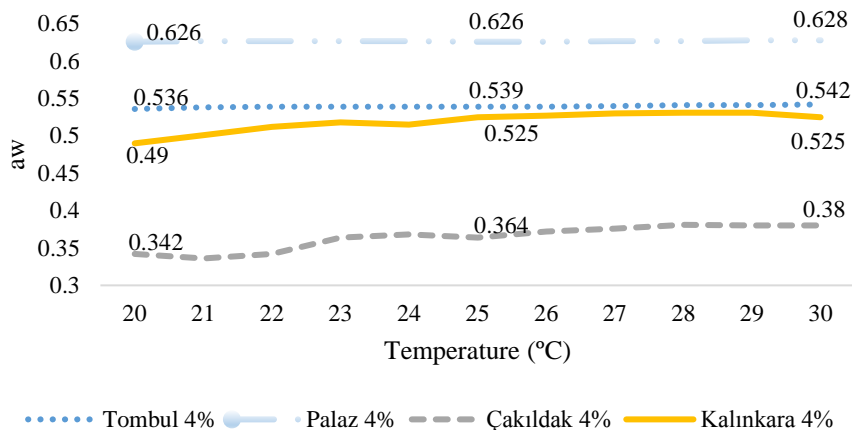


Figure 3.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara hazelnut varieties with 4% moisture value at different temperatures

At 6% moisture, water activity of Kalinkara, Palaz, Çakıldak and Tombul hazelnuts (25°C) was respectively measured as 0.787, 0.725, 0.698 and 0.657 (Figure 4). It could be stated that water activity of Kalinkara, Palaz and Çakıldak hazelnuts at

6% moisture level reached to risky levels in terms of microbiological activity. While  $a_w$  values of Kalinkara, Çakıldak and Tombul cultivars increased with increasing temperatures, a more stable case was observed in Palaz cultivar.

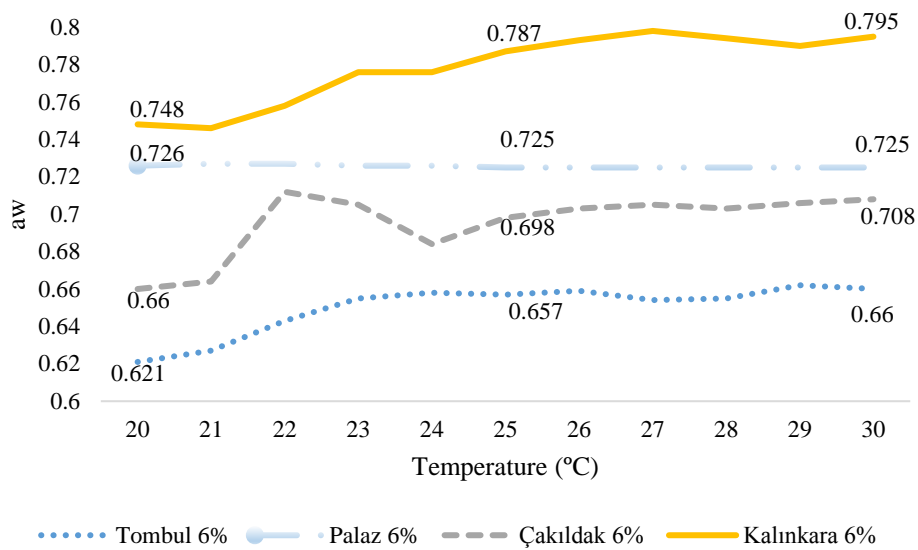


Figure 4.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara hazelnut varieties with 6% moisture value at different temperatures

At 8% moisture, water activity of Palaz, Kalinkara, Çakıldak and Tombul hazelnuts (25°C) was respectively measured as 0.812, 0.755, 0.744 and

0.678 (Figure 5). All cultivars reached to risky levels at 8% moisture level. Water activities of all cultivars did not change much with increasing temperatures.

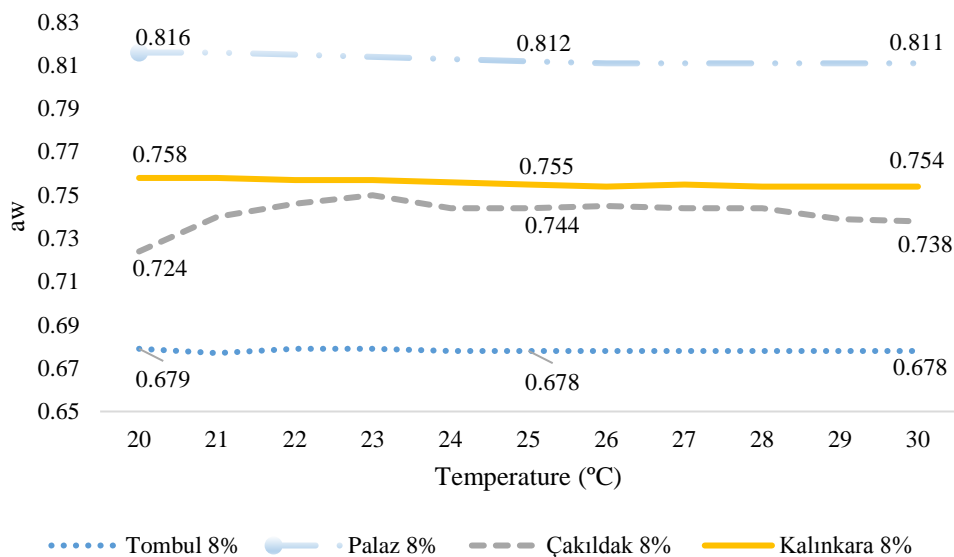


Figure 5.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara hazelnut varieties with 8% moisture value at different temperatures

At 9% moisture, water activity of Palaz, Kalinkara, Çakıldak and Tombul hazelnuts (25°C) was respectively measured as 0.827, 0.825, 0.780 and 0.738 (Figure 6). All these values were

microbiologically risky values. While  $a_w$  values of Tombul, Palaz and Çakıldak cultivars decreased,  $a_w$  values of Kalinkara cultivar increased with increasing temperatures.

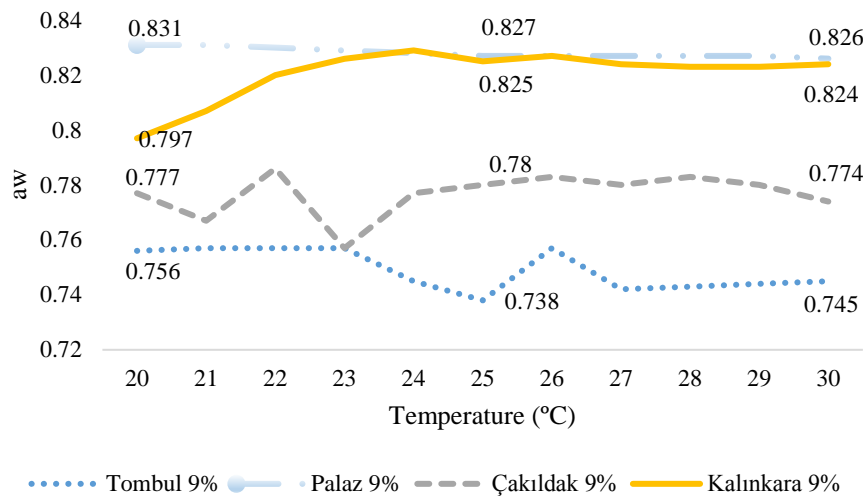


Figure 6.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalınkara hazelnut varieties with 9% moisture value at different temperatures

At 12% moisture, water activity of Palaz, Kalınkara, Tombul and Çakıldak hazelnuts (25°C) was respectively measured as 0.861, 0.859, 0.856 and 0.832 (Figure 7). Only the  $a_w$  values of Kalınkara

increased with increasing temperatures. The  $a_w$  values of the other cultivars decreased with increasing temperatures.

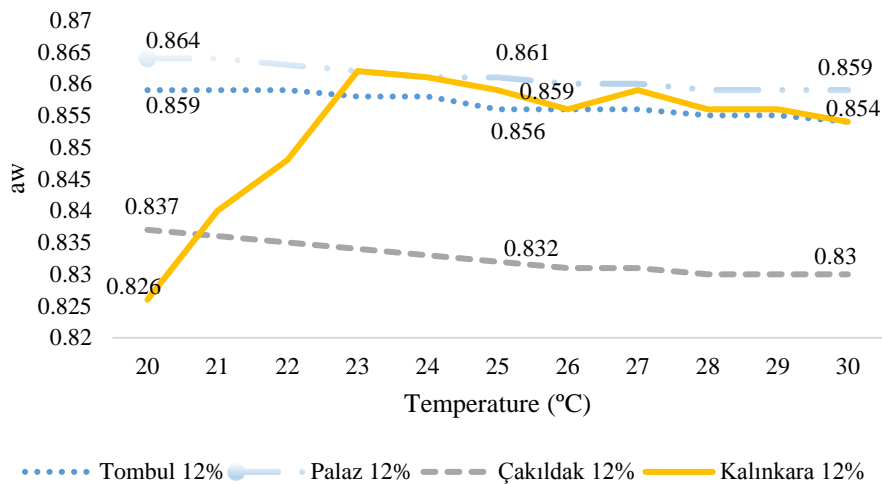


Figure 7.  $a_w$  values of Tombul, Palaz, Çakıldak and Kalınkara hazelnut varieties with 12% moisture value at different temperatures

In hazelnuts at 2%, 4% and 6% moisture levels, an increase in  $a_w$  values was observed with the increase in temperature. Hazelnut is a nut fruit rich in protein (10-20%) (Köksal et al., 2006). In such foods, the hydrophilic parts of the proteins interact with water molecules (Iglesias and Chirife, 1977). It is thought that high temperature increases the number of free water molecules by damaging the hydrogen bonds between water and hydrophilic

molecules and causes an increase in the  $a_w$  value (Syamaladevi et al., 2016).

In hazelnuts at 2%, 4% and 6% moisture levels, an increase in  $a_w$  values was observed with the increase in temperature. Hazelnut is a nut fruit rich in protein (10-20%) (Köksal et al., 2006). In such foods, the hydrophilic parts of the proteins interact with water molecules (Iglesias and Chirife, 1977). It

is thought that high temperature increases the number of free water molecules by damaging the hydrogen bonds between water and hydrophilic molecules and causes an increase in the  $a_w$  value (Syamaladevi et al., 2016). The regression equations generated to estimate water activity ( $a_w$ ) values of Tombul, Palaz, Çakıldak and Kalinkara hazelnuts with a known moisture level at different ambient temperatures are provided below (Table 1). With the

use of the equations provided in Table 1, water activities of Tombul, Palaz, Çakıldak and Kalinkara cultivars with moisture levels of between 2 - 12% could be estimated for ambient temperatures of between 20 - 30°C. Accuracy of estimations ( $R^2$ ) varied between 77 - 95%. Such a case indicated that 77 - 95% of the change in water activity of hazelnut cultivars could be explained by moisture levels.

Table 1. Regression equations generated to estimate water activity ( $a_w$ ) of Tombul, Palaz, Çakıldak and Kalinkara cultivars with a known moisture level at different ambient temperatures.

AT (°C) and $R^2$	Hazelnut Cultivars			
	Tombul	Palaz	Çakıldak	Kalinkara
20	$a_w=0.2890+0.04993x\text{Moist.}$	$a_w=0.3070+0.05553x\text{Moist.}$	$a_w=0.1791+0.06192x\text{Moist.}$	$a_w=0.3376+0.04779x\text{Moist.}$
$R^2$	95.3%	77.0%	88.8%	82.8%
21	$a_w=0.2838+0.05058x\text{Moist.}$	$a_w=0.3077+0.05548x\text{Moist.}$	$a_w=0.1837+0.06148x\text{Moist.}$	$a_w=0.3384+0.04856x\text{Moist.}$
$R^2$	94.3%	76.8%	87.8%	84.8%
22	$a_w=0.2905+0.05015x\text{Moist.}$	$a_w=0.3135+0.05475x\text{Moist.}$	$a_w=0.1996+0.06111x\text{Moist.}$	$a_w=0.3481+0.04838x\text{Moist.}$
$R^2$	93.6%	77.1%	83.6%	84.4%
23	$a_w=0.2689+0.05267x\text{Moist.}$	$a_w=0.3150+0.05448x\text{Moist.}$	$a_w=0.2239+0.05777x\text{Moist.}$	$a_w=0.3518+0.04898x\text{Moist.}$
$R^2$	90.6%	77.2%	84.8%	83.8%
24	$a_w=0.3150+0.04729x\text{Moist.}$	$a_w=0.3175+0.05413x\text{Moist.}$	$a_w=0.2240+0.05783x\text{Moist.}$	$a_w=0.3533+0.04881x\text{Moist.}$
$R^2$	94.1%	77.3%	86.8%	83.7%
25	$a_w=0.3038+0.04825x\text{Moist.}$	$a_w=0.3174+0.05406x\text{Moist.}$	$a_w=0.2239+0.05807x\text{Moist.}$	$a_w=0.3618+0.04793x\text{Moist.}$
$R^2$	93.1%	77.5%	85.3%	82.1%
26	$a_w=0.3085+0.04827x\text{Moist.}$	$a_w=0.3232+0.05337x\text{Moist.}$	$a_w=0.2345+0.05710x\text{Moist.}$	$a_w=0.3665+0.04742x\text{Moist.}$
$R^2$	93.4%	77.8%	85.0%	81.0%
27	$a_w=0.3073+0.04794x\text{Moist.}$	$a_w=0.3311+0.05250x\text{Moist.}$	$a_w=0.2384+0.05663x\text{Moist.}$	$a_w=0.3709+0.04708x\text{Moist.}$
$R^2$	93.6%	78.3%	85.0%	80.8%
28	$a_w=0.3124+0.04739x\text{Moist.}$	$a_w=0.3315+0.05242x\text{Moist.}$	$a_w=0.2417+0.05631x\text{Moist.}$	$a_w=0.3715+0.04680x\text{Moist.}$
$R^2$	93.8%	78.2%	85.3%	81.0%
29	$a_w=0.3121+0.04755x\text{Moist.}$	$a_w=0.3299+0.05260x\text{Moist.}$	$a_w=0.2427+0.05605x\text{Moist.}$	$a_w=0.3732+0.04656x\text{Moist.}$
$R^2$	93.1%	77.9%	85.1%	81.6%
30	$a_w=0.3164+0.04704x\text{Moist.}$	$a_w=0.3300+0.05257x\text{Moist.}$	$a_w=0.2469+0.05543x\text{Moist.}$	$a_w=0.3717+0.04670x\text{Moist.}$
$R^2$	93.5%	77.9%	84.9%	80.6%

$R^2$ : Coefficient of determination, Moist: Moisture (%), AT: Ambient temperature  $p<0.05$ .

Considering the entire temperatures, it was observed that a unit (1%) increase in moisture yielded 0.055 - 0.062 unit increases in Çakıldak hazelnut cultivar, 0.052 - 0.055 unit increases in Palaz cultivar, 0.047 - 0.050 unit increases in Tombul cultivar and 0.047 - 0.048 unit increases in Kalinkara cultivar (Table 1).

Temperature and water activity are two important parameters playing a great role in fungal spoilage and secondary metabolite formation during the harvest and post-harvest storage and shelf life of foodstuffs. Different combinations of these parameters (temperature, moisture, and cultivar) designate post-harvest quality of the produce. The ideal temperatures for aflatoxin (a toxic secondary

metabolite produced by *Aspergillus flavus* and *Aspergillus parasiticus*) production are 28-30°C. Aflatoxin production decreases when the temperature dropped below 25°C or went over 37°C. At greater water activity values, greater fungal development and toxin production is encountered. Germination of spores decelerates when the water activity was 0.85 and is totally terminated at water activity of between 0.70 - 0.75 (Bhatnagar et al., 2006; Schmidt-Heyd et al., 2009). It is also known that the foodstuffs with a water activity of  $a_w > 0.65$  offers available ambient for mycotoxin-generating fungi (Olagunju et al., 2018). Aflatoxin formation in nut fruits may be encountered both in the field in pre-harvest period and in post-harvest storages with

available conditions for fungal growth and development (Turner et al., 2005). Venkatachalam and Sathe (2006) reported mold development in almond, Brazil nut, cashew nut, hazelnut, macadamia, pecans, pine nuts, pistachios and walnuts in 16th month of storage at 0.753  $a_w$  and in the 4th month of storage at 0.9  $a_w$ . Gallo et al. (2016) reported maximum aflatoxin B<sub>1</sub> production of almonds at 28°C and 0.96-0.99  $a_w$  conditions. Arrus et al. (2005) indicated that aflatoxin development initiated in Brazilian nuts at  $\leq 0.68$  water activity and 30°C storage temperature. On the other hand, Venkatachalam and Sathe (2006) indicated optimum storage temperature for almond, Brazil nut, cashew nut, hazelnut, macadamia, pecans, pine nuts, pistachios and walnuts as 5°C and  $a_w$  value as  $< 0.53$ .

In TS 3074 (Unshelled Hazelnut Standard) and TS 3075 (Kernel Hazelnut Standard), required moisture content of hazelnuts was specified as 7% and 6%, respectively. Taking these values into consideration,  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara hazelnuts are provided in Table 2. The  $a_w$  values were lower than 0.70 in hazelnuts with 6 and 7% moisture. However,  $a_w$  values of Palaz and Kalinkara cultivars were quite close to 0.70 at 7% moisture. Such a case may pose some risks during the storage. In other words, microbial contaminations and cracks formed on shells during threshing may result in mold and then mycotoxin development in kernels.

Table 2. Calculated  $a_w$  values of Tombul, Palaz, Çakıldak and Kalinkara cultivars at 6 and 7% moisture

		$a_w$		
Moisture	Cultivars	20°C	25°C	30°C
6%	Tombul	0.590	0.593	0.599
	Palaz	0.640	0.642	0.645
	Çakıldak	0.551	0.572	0.580
	Kalinkara	0.624	0.649	0.652
7%	Tombul	0.639	0.642	0.646
	Palaz	0.696	0.696	0.698
	Çakıldak	0.613	0.630	0.635
	Kalinkara	0.672	0.697	0.699

In “secure moisture level” (the moisture level without fungal development) definition of FDA (Food and Drug Administration), water activity is specified as  $a_w=0.70$  (25°C) for nut fruits. Taking this value into consideration, critical moisture content for Tombul hazelnut cultivar was calculated as

8.23% at 20°C, 8.21% at 25°C and 8.15% at 30°C; the values were respectively calculated as 7.07, 7.07 and 7.03% for Palaz cultivar; as 8.40, 8.19 and 8.17% for Çakıldak cultivar; as 7.58, 7.05 and 7.02% for Kalinkara cultivar.

Lipid peroxidation is also significantly influenced by water activity. Since hazelnuts contain about 50-60% oil and majority of this oil is composed of unsaturated fatty acids, oxidation is a serious risk for hazelnuts. Labuza and Dugan (1971) investigated the relationships between water activity and lipid oxidation and reported four important sections for this relationship: medium lipid oxidation for  $a_w$  values close to zero; low oxidation for  $a_w = 0.2 - 0.3$ ; increased oxidation for  $a_w = 0.3 - 0.9$ ; re-decreased oxidation for  $a_w$  values close to 1. However, such explanations are not valid for all foodstuffs. For instance, the greatest lipid oxidation in wheat flour is encountered at  $a_w = 0.5$  (Lee et al., 2006), increasing lipid oxidation is observed in macadamia with increasing  $a_w$  values (Cavaletto et al., 1966). Koç Güler et al. (2017) reported that peroxide values of hazelnut kernels stored at 20°C and 0.6  $a_w$  went over 1 meqO<sub>2</sub> kg<sup>-1</sup> since the 6th month of storage. Hazelnut is a nut fruit stored for long durations. Therefore, in terms of lipid oxidation,  $a_w = 0.6$  was considered as the critical value for long-term storage. Therefore, it was thought that oxidation will accelerate (25°C) when the moisture levels went over 5% in Palaz and Kalinkara cultivars and over 6% in Tombul and Çakıldak cultivars.

Industrially,  $a_w < 0.65$  was accepted as a reliable value (Gross et al., 2014) and such a value was considered to prevent enzyme activity and browning reactions throughout the storage (Beuchat, 1983). It could then be stated based on these values that enzyme activity and browning reactions will accelerate (25°C) when the moisture levels went above 5% in Palaz and Kalinkara cultivars and above 6% in Tombul and Çakıldak cultivars.

When values such as temperature and humidity are kept constant, the differences in the water activity value are related to the content of the product (Jin et al., 2019). It can be said that the linear or fluctuating changes in the  $a_w$  values of different cultivars at the same humidity to the temperature change are due to the fact that the cultivars have different contents (oil, protein, sugar, etc.) (Köksal et al., 2016). The effect of these factors on the change in  $a_w$  was not evaluated in this study.



## Conclusion

It was concluded that water activity influenced several quality parameters (mycotoxin formation, color, lipid oxidation and etc.). Present findings revealed that hazelnut cultivars with the same moisture levels might have different water activity values. Water activity values generally increased with increasing temperatures. Considering the maximum moisture levels specified in TS 3074 and 3075 standards, it was observed that present  $a_w$  values of the hazelnut cultivars were mostly below 0.7, thus considered to be reliable. However,  $a_w$  values of Palaz and Kalinkara cultivars at 7% moisture were close to critical value of 0.7 for fungus development, thus they should be stored separately from the others. Considering the lipid oxidation, enzyme activity and browning reactions, it was observed that moisture levels of above 5% (25°C) may pose some risks in Palaz and Kalinkara cultivars and above 6% in Tombul and Çakıldak cultivars. Different water activity values of the cultivars at the same moisture level indicated that water activity values should be taken into consideration in storage or shelf-life studies of the foodstuffs. On the other hand, hazelnut is an important product traded around the world. It is thought that estimating the effect of temperature and humidity conditions, which can change during the transfer of the product, on  $a_w$  with the formulas will contribute to the realization of this process in a safer way.

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## Conflict of interest

The author declare that there is no conflict of interest regarding the publication of this article.

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