



Yield and Essential Oil Composition of *Thymus eigii* (M. Zohary & P.H. Davis) Jalas Leaves and Flowers at Various Growth Stages in the Mediterranean Region

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Abstract

Thymus eigii is a perennial shrub from *Lamiaceae* family and it is found as wild in Adana and Hatay provinces, Turkey. The potential use of *Thymus* spp. in the prevention of viral diseases is making its demand rise. In this study, *T. eigii* plants were collected at various growth stages (pre-flowering, mid-flowering, and full-flowering) from Adana, Turkey in order to determine the most suitable harvest time for the highest amount of essential oil and yield. Full-flowering resulted in the highest plant height (36.11 cm), plant diameter (57.30 cm), fresh herb yield (251.31 g plant⁻¹), fresh flower yield (158.24 g plant⁻¹), dry herb yield (84.73 g plant⁻¹), and dry flowers yield (53.63 g plant⁻¹), whereas the highest fresh leaves yield (38.97 g plant⁻¹) and dry leaves yield (16.72 g plant⁻¹) were found at mid-flowering. While the highest flower essential oil rate (4.75 ml 100 g⁻¹) was obtained at mid-flowering, the highest leaves essential oil rate (2.77 ml 100 g⁻¹) was found at pre-flowering. The major compounds were carvacrol (70.87-77.98%), p-Cymene (3.39-7.46%), β-Caryophyllene (3.90-5.17%), γ-Terpinene (0.58-5.15%), and isoborneol (0.30-3.58%). As a result, the most suitable harvest time was determined as pre-flowering in terms of dry leaf yield and full-flowering in terms of flowers essential oil yield.

Keywords: *Thymus*, Essential oil, Carvacrol, Wild species.

Akdeniz Bölgesinde *Thymus eigii* (M. Zohary & P.H. Davis) Jalas Bitkisinin Farklı Gelişme Devrelerinde Verimi ile Yaprak ve Çiçeklerdeki Uçucu Yağ Bileşimi

Öz

Thymus eigii, *Lamiaceae* familyasından çok yıllık bir çalı olup, Türkiye'nin Adana ve Hatay illerinde yabancı olarak bulunmaktadır. *Thymus* spp. türlerinin viral hastalıkların önlenmesi konusundaki potansiyel kullanımı talebi artırmaktadır. Bu çalışmada, en yüksek miktarda verim ve uçucu yağ elde etmek için en uygun hasat zamanını belirlemek amacıyla, Adana, Türkiye'den farklı çiçeklenme dönemlerinde (çiçeklenme öncesi, yarı çiçeklenme ve tam çiçeklenme) toplanmıştır. Tam çiçeklenmede en yüksek bitki boyu (36.11 cm), bitki çapı (57.30 cm), taze bitki verimi (251.31 g bitki⁻¹), taze çiçek verimi (158.24 g bitki⁻¹), kuru bitki verimi (84.73 g bitki⁻¹), kuru çiçek verimi (53.63 g bitki⁻¹) saptanırken, en yüksek taze yaprak verimi (38.97 g bitki⁻¹) ve kuru yaprak verimi (16.72 g bitki⁻¹) ise yarı çiçeklenmede belirlenmiştir. En yüksek çiçek uçucu yağ oranı (4.75 ml 100 g⁻¹) yarı çiçeklenmede, en yüksek yaprak uçucu yağ oranı (2.77 ml 100 g⁻¹) ise çiçeklenme öncesi dönemde bulunmuştur. Başlıca bileşikler karvakrol (%70.87-77.98), p-Cymene (%3.39-7.46), β-Caryophyllene (%3.90-5.17), γ-Terpinen (%0.58-5.15) ve izoborneol (%0.30-3.58) olarak saptanmıştır. Sonuç olarak en uygun hasat zamanı kuru yaprak verimi açısından çiçeklenme öncesi, çiçek uçucu yağ verimi açısından ise tam çiçeklenme olduğu belirlenmiştir.

Anahtar Kelimeler: *Thymus*, Uçucu yağ, Karvakrol, Yabancı türler.

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1. Introduction

Thymus eigii (syn. *T. syriacus* subsp. *eigii*) (*Lamiaceae*) is native to southern Europe and Asia and it is a member of the *Thymus* genus, which contains approximately 300 species of hardy perennial herbaceous plants and subshrubs (Könemann, 1999). *T. eigii* is called “kekik” like other *Thymus*, *Coriandrum*, *Thymbra*, *Coridothymus*, and *Satureja* species available in the Turkish flora, and this plant is narrowly distributed in southern Anatolia (Davis, 1982; Ozguven ve Tansi, 1998, Kocabas ve Karaman, 2001). It grows as wild at 500-915 m in Lebanon, Syria, and Turkey (TUBIVES, 2021).

Thymus oil, along with essential oils of clove, lemon, and chamomile, was used as a disinfectant and antiseptic in hospitals until the early 20th century (Ryman, 1992). There have been several reports in the literature on the antibacterial and antioxidant activities of various *Thymus* species, and essential oils have frequently stayed at the heart of many studies (Baydar, 2016). This genus is also well-known for a variety of additional pharmacological characteristics, including spasmolytic, expectorant, and mammalian age delaying effects (Stahl-Biskup, 1991; Rasooli and Mirmostafa, 2002). Moreover, the essential oils of several *Thymus* species are widely utilized as flavoring agents in food processing, and thyme oil is still ranked among the top ten essential oils in the world (Stahl-Biskup, 1991). Herba is mainly used in meat dishes, vegetable dishes, various sauces and salads, cheese and sausage production. *Thymus* spp. is a good pollen source for bees and a high-quality herbal source for dairy animals. Therefore, the honey of the bees fed with *Thymus* spp. and the dairy products of the animals grazed with thyme are of high quality (Ortiz ve Fernandez, 1992).

The status of Mediterranean cuisine and the health benefits of *Thymus* spp. are contributing to the rising demand in the European market. Germany is Europe's main importer of dried leaves of *Thymus* spp. with special deals for organic suppliers. Besides Germany, other significant and developing markets with potential for new emerging nation suppliers include Spain, Belgium, the United Kingdom, France, and the Netherlands (Eurostat, 2021). Poland is the biggest EU producer, followed by Spain and France, however, large volumes are imported from non-European countries. Morocco, Egypt, Turkey, Israel, Syria, and Albania are major suppliers (Eurostat, 2021).

The flora of Turkey, which is very rich in medicinal and aromatic plants and endemic plants, has been destroyed due to unconscious collections, destruction of nature, and environmental pollution, and many species are in danger of extinction. *Thymus* spp. also gets its share from them (Ozguven ve Tansi, 1998). Two of the most significant strategies for biological variety conservation are germplasm collection and ex situ conservation in gene banks. Several *Thymus* species are of particular importance as wild relatives of plants, with the goal of utilizing them to improve through plant breeding. All across the world, 684 *Thymus* accessions are present and *Thymus vulgaris* shares 19% and *Thymus serpyllum* 14%, *Thymus pulegioides* %13, *Thymus mastichina* %5, *Thymus praecox* 4% of these accessions, respectively. Research Station of Medicinal Crops, Ukraine (UKR019) conserves the world's largest and most diverse collection of *Thymus* (Genesys, 2021).

Medicinal and aromatic plants have a very wide range of uses and their importance and therapeutic properties are usually

characterized by their active ingredients. Plants' leaves, flowers, seeds, and fruits are widely used as medicines, and the active ingredients of various plant parts fluctuate with growth seasons as well as changes in daily temperature and light intensity. Thus, a drug manufacturer should be well-versed in the variations of active ingredients and should harvest plants at the appropriate locations and the development stages when the plants were rich in drug-related active ingredients. Taking such alterations into account, the most accessible organ, development stage, and harvest time for drug acquisition can be determined. To the extent of our knowledge, there are no published studies investigating the effect of the different growth stages and organs on the quality and yield of *T. eigii*. Therefore, this study aimed to assess the ontogenetic and morphogenetic variability on yield and quality characteristics of *T. eigii* by comparing with various growth stages and organs in the Mediterranean region where the effects of global warming and climate change are intensively felt.

2. Material and Method

2.1. Plant Material

The area where *Thymus eigii* (M. Zohary & P.H. Davis) *Jalas* species naturally spread were determined in the flora of Çürüklü, Kozan/Adana (37°39'23.6"N 35°57'04.1"E). The slope is rocky-scrub covered with *Elymus* sp., *Echinops orientalis*, *Taraxcum officinale*, *Genista albida*. The plants were identified according to the identification keys of Davis (1982) by the taxonomist Prof. Dr. Ahmet İlçim. The plants were collected in June-July 2021 at various growth stages (pre-flowering, mid-flowering, and full-flowering).

2.2. Essential oil extraction

25 g dried leaves and dried flower samples from each treatment were weighed and placed in a glass balloon with 250 ml distilled water then placed in the Clevenger apparatus for essential oil hydrodistillation for 2 hours. The value was recorded (in mL) from the apparatus. Essential oil stored at 4 °C until analyzed. The oil rate was stated on a dry tissue weight basis.

2.3. Essential oil extraction

GC-MS analyses were conducted in the Department of Biology at Kahramanmaraş Sutcu Imam University. 10 µl essential oil was mixed with 0.25 ml dichloromethane and 1 µl mixture was injected into the column. Essential oil compounds were detected using an Agilent 5975C mass spectrometer in conjunction with the Agilent GC-6890 II series. The GC was equipped with an HP-88 capillary column (100 m x 250 µm x 0.20 µm film thickness) and the carrier gas flow rate was 1.0 ml/min. The oven temperature was held at 70 °C for 1 min and then increased from 70 to 220 °C at a rate of 10 °C/min and waited for 10 min. Then increased to 230 °C at a rate of 10 °C/min and held at 10 min. The temperature of the injection part was 250 °C. The mass spectrometer was operated in EI mode at 70 eV. The split ratio was 20:1. Mass range 35–400 m/z; scan speed (amu/s): 1000. The compounds were identified by mass spectra using Flavor2, W10N14 and Wiley7Nist05 libraries as reference compounds.

2.4. Statistical analysis

Morphological analyzes were performed on 30 plants and chemical analyzes were performed in triplicate. The experimental data regarding the results of morphological and chemical analysis were statistically analyzed by analysis of variance (ANOVA). Significantly different means were separated at $P = 0.05$ using the LSD (Least Significant Difference) test. ANOVA and principal components analysis on correlations were performed using statistical software JMP® (version 14.0, SAS Institute Inc., Cary, NC, 1989-2019). The heat map was constructed using Flourish studio.

3. Results and Discussion

3.1. Morphological Traits

To understand the effects of different growth stages some morphological traits were recorded and given in Table 1. Compared to the growth stages of *T. eigii*, full-flowering (36.11 cm) and mid-flowering (35.24 cm) resulted in the highest plant height which was 12 and 9 percent higher than pre-flowering stages, respectively. The reduction in plant height with early growth stages could result from a shorter period of vegetative growth of plants. The plant height values for *T. eigii* are in harmony with the findings obtained by Ozguven and Kirici (2002). As in plant height, full-flowering (57.30 cm) and mid-flowering (55.67 cm) resulted in the highest plant diameter which was 25 and 22 percent higher than pre-flowering, respectively.

Full-flowering resulted in the highest fresh herb yield (251.31 g plant⁻¹) which was 20 and 43 percent higher than growth stages of mid-flowering and pre-flowering, respectively. Mid-flowering resulted in the highest fresh leaves yield (38.97 g plant⁻¹) which was 17 and 43 percent higher than growth stages of pre-flowering and full-flowering, respectively. Full-flowering resulted in the highest fresh flower yield (158.24 g plant⁻¹) which

was 30 percent higher than growth stages of mid-flowering. With the flowering, the plant ages and enters the generative phase and the large spring leaves fall in the summer and start to form small hard leaves that are resistant to heat. Therefore, very few leaves are obtained during the full flowering period.

Full-flowering resulted in the highest dry herb yield (84.73 g plant⁻¹) which was 26 and 55 percent higher than growth stages of mid-flowering and pre-flowering, respectively. Mid-flowering resulted in the highest dry leaves yield (16.72 g plant⁻¹) which was 17 and 32 percent higher than growth stages of pre-flowering and full-flowering, respectively. Full-flowering resulted in the highest dry flowers yield (53.63 g plant⁻¹) which was 42 percent higher than growth stages of mid-flowering.

Plants in different stages of development produce a strongly fluctuating content of essential oils. Pre-flowering resulted in the highest leaves essential oil rate (2.77 ml 100g⁻¹) which was 14 and 66 percent higher than growth stages of mid-flowering and full-flowering, respectively. Mid-flowering resulted in the highest flower essential oil rate (4.75 ml 100g⁻¹) which was 3 percent higher than the growth stage of full-flowering. When we compared these essential oil rate findings with the earlier studies, our results were found higher than their results; 1.84 ml 100g⁻¹ (Baser et al., 1996), 1.87 ml 100g⁻¹ (Ozguven and Kirici, 2002), 1.02 ml 100g⁻¹ (Tepe et al., 2004), 2.24-2.29 ml 100g⁻¹ (Ozguven and Sekeroglu, 2008), 0.03-0.72 (Azaz et al., 2010), 1.04 (Ulukanli et al., 2018). Mid-flowering resulted in the highest leaves essential oil yield (0.41 ml plant⁻¹) which was 3 and 95 percent higher than the growth stage of full-flowering and pre-flowering, respectively. Full-flowering resulted in the highest flowers essential oil yield (2.47 ml plant⁻¹) which was 38 percent higher than the growth stage of mid-flowering, respectively. However, to the best of our knowledge, the essential oil rate of leaves and flowers were separately examined for the first time. It is believed that these different results are due to plant material, morphogenetic, and ontogenetic variability, as well as different collection areas due to ecological conditions.

Table 1. Morphological traits of *Thymus eigii* at various growth stages

| Morphological traits | Pre-flowering | Mid-flowering | Full-flowering | Mean | LSD ^a | CV ^b | Significance |
|-------------------------------------------------------|---------------|---------------|----------------|--------|------------------|-----------------|--------------|
| Plant Height (cm) | 32.31B | 35.24A | 36.11A | 34.55 | 1.50 | 8.49 | ** |
| Plant diameter (cm) | 45.75B | 55.67A | 57.30A | 52.91 | 2.19 | 8.10 | ** |
| Fresh herb yield (g plant ⁻¹) | 176.24C | 209.82B | 251.31A | 212.46 | 6.37 | 5.85 | ** |
| Fresh leaves yield (g plant ⁻¹) | 33.40B | 38.97A | 27.33C | 33.23 | 2.03 | 11.94 | ** |
| Fresh flower yield (g plant ⁻¹) | - | 121.94B | 158.24A | 120.84 | 5.10 | 7.05 | ** |
| Dry herb yield (g plant ⁻¹) | 54.52C | 67.43B | 84.73A | 68.89 | 3.24 | 9.17 | ** |
| Dry leaves yield (g plant ⁻¹) | 14.33B | 16.72A | 12.67C | 14.57 | 1.29 | 17.29 | ** |
| Dry flowers yield (g plant ⁻¹) | - | 37.71B | 53.63A | 45.67 | 3.11 | 13.21 | ** |
| Leaves essential oil rate (ml 100g ⁻¹) | 2.77A | 2.43B | 1.67C | 2.29 | 0.14 | 3.14 | ** |
| Flowers essential oil rate (ml 100g ⁻¹) | - | 4.75A | 4.60B | 4.68 | 0.12 | 1.16 | * |
| Leaves essential oil yield (ml plant ⁻¹) | 0.40A | 0.41A | 0.21B | 0.34 | 0.02 | 16.27 | ** |
| Flowers essential oil yield (ml plant ⁻¹) | - | 1.79B | 2.47A | 2.13 | 0.14 | 13.14 | ** |

^a: Least significant difference, ^b: Coefficient of variation, *: $P < 0.05$, **: $P < 0.01$, Levels not connected by the same letter are significantly ($p < 0.05$) different according to the Least Significant Difference test.

3.2. Chemical Composition of Essential Oil

The chemical composition of essential oils for *T. eigii* was analyzed by GC/MS, and obtained results were summarized (Table 2). The chemical composition of essential oils varied according to growth stages and organs. Representative GC-MS chromatograms of the essential oil were given in Figure 1. Twenty-seven compounds were found, representing 94.10-98.84% of the total essential oil.

The major compounds for *T. eigii* were carvacrol (70.87-77.98%), p-Cymene (3.39-7.46%), β -Caryophyllene (3.90-5.17%), γ -Terpinene (0.58-5.15%), Isoborneol (0.30-3.58%), respectively. For carvacrol, the highest values were obtained from the flowers in mid-flowering and full flowering, and from leaves in pre-flowering. Compared to leaves and flowers, carvacrol was found in higher amounts in the flowers. In several previous studies, carvacrol was obtained as the main compound in the essential oils of *T. eigii* by the researchers; 64.61% (Baser et al., 1996), 56.71% (Ozguven and Kirici, 2002), 43.63% (Azaz et al., 2010). Our results were found higher than them with a mean of 74.84%. However, Tepe et al. (2004) and Ulukanli et al. (2018) reported the main compound as thymol. For p-Cymene, the highest values were obtained from the leaves in full-flowering time. Similar to what we detected in this study, p-Cymene was found as the second-highest compound by the researchers; 7.41 (Baser et al., 1996), 13.0% (Tepe et al., 2004). Similar to Baser et al. (1996) and Tepe et al. (2004) β -caryophyllene was determined as the third-highest compound in this study.

Compared to carvacrol content of some other plants from the *Thymus* genus, it was reported in *T. vulgaris*; 84.10% (Thompson et al., 2003), 2.80% (Rota et al., 2008), 10.30% (Pavela and Sedlák, 2018), 6.65-8.70% (Gedikoglu et al., 2019) 53.67% (György et al., 2020); in *T. serpyllum* 4.7% (Nikolić et al., 2014), 17.4% (Galovičová et al., 2021); in *T. pulegioides*

21.23% (Mockute and Bernotiene, 2001), %16.83 (Vaičiulytė et al., 2017); in *T. praecox* 1.08% (Ozen et al., 2011), 22.20% (Avci, 2011); in *T. algeriensis* 1.70% (Dob et al., 2006), 7.76% (Ait-Ouazzou et al., 2011), 14.00% (Nikolić et al., 2014), in *T. zygis* 3.45% (Sotomayor et al., 2004), 3.12% (Jordán et al., 2009). Tumen et al. (1995) reported that *Thymus* genera grown in Turkey with high carvacrol content are *T. eigii* (between 30-65), *T. kotschyanus* var. *glabrescens* (53%), *T. kotschyanus* var. *kotschyanus* (60%), *T. longicaulis* subsp. *chaubardii* var. *chaubardii* (42%), *T. siphorpii* (39-40%), *T. zygioides* var. *lycaonicus* (62%). There is higher carvacrol in *T. eigii*, among the *Thymus* spp. grown in Turkey. In the findings, it can be observed that the carvacrol content of reported some *Thymus* species does not reach the carvacrol content of *T. eigii*. Carvacrol is a monoterpene phenol found in the essential oils of oregano and thyme (Campana and Baffone, 2018). It has stronger antibacterial properties than the other volatile compounds found in oregano and thyme essential oils (Sharifi-Rad et al., 2018). Carvacrol's antibacterial effect involves the breakdown of the cytoplasmic membrane, which increases permeability and depolarizes potential, and various genetic and environmental variables can impact its antibacterial activity (Xu et al., 2008; Ait-Ouazzou et al., 2013). It is a GRAS (generally recognized as safe) chemical that can be used as a food additive in China, the United States, and the European Union (Liu et al., 2021). Moreover, Kulkarni et al. (2020) indicated that carvacrol, in particular, has great potential as a coronavirus inhibitor. Javed et al. (2021) hypothesized on the probable mechanism of a carvacrol protective effect against a COVID-19 infection, citing carvacrol's three bioactive activities as immunomodulatory, anti-inflammatory, and antiviral. Evidently, the composition of essential oils is an important marker in medicinal and aromatic plants that has been influenced by a number of factors such as plant species, plant age, climatic conditions, agricultural practices, plant development stages, soil properties, post-harvest processing.

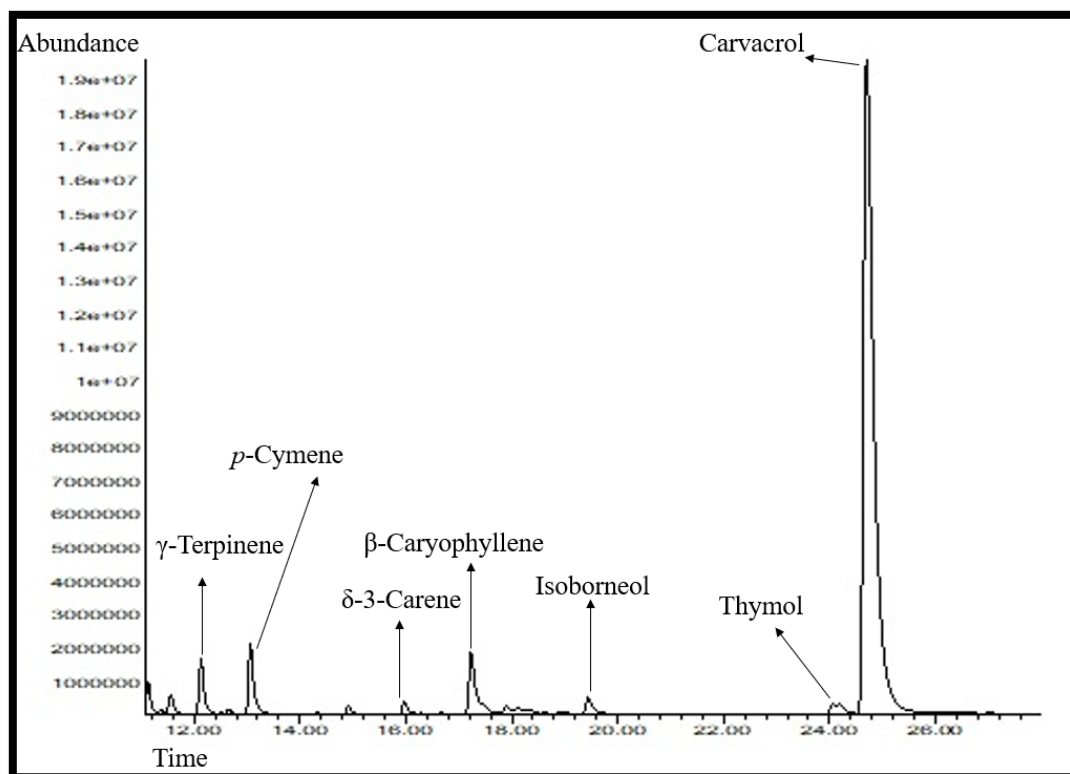


Figure 1. The representative GC/MS chromatogram of major essential oil compounds from *Thymus eigii*

Table 2. Essential oil compounds of *Thymus eigi* from different growth stages and organs

| Essential Oil Compounds | RT | Growth Stages | | | | | LSD (%5) |
|----------------------------------------|---------------|---------------|---------------|---------------|----------------|----------------|-------------|
| | | Pre-Flowering | Mid-Flowering | Mid-Flowering | Full-Flowering | Full-Flowering | |
| | | Organs | | | | | |
| | | Leaves | Leaves | Flowers | Leaves | Flowers | |
| Relative Peak Area (%) | | | | | | | |
| Myrcene | 11.134 | 0.80 | 0.57 | 1.43 | - | 1.35 | - |
| Alpha-Phellandrene | 11.372 | 0.11 | - | 0.18 | 0.52 | 0.15 | - |
| α -Terpinene | 11.556 | 0.84 | 0.59 | 1.59 | - | 1.13 | - |
| γ-Terpinene** | 12.132 | 2.14C | 0.58E | 5.15A | 0.92D | 3.11B | 0.27 |
| Terpinolene | 12.517 | - | 0.04 | - | 0.05 | 0.13 | - |
| Eucalyptol | 12.654 | 0.10 | 0.31 | 0.30 | 0.59 | 0.36 | - |
| <i>p</i>-Cymene** | 13.063 | 4.74C | 6.82B | 3.39E | 7.46A | 4.38D | 0.06 |
| 3-Octanol | 14.909 | 0.29 | 0.28 | 0.36 | 0.37 | 0.16 | - |
| 1-Octen-3-Ol | 14.915 | 1.16 | 1.01 | - | 1.30 | 0.60 | - |
| β -Bourbonene | 15.526 | 0.20 | 0.40 | 0.04 | 0.28 | 0.09 | - |
| δ -3-Carene | 15.972 | 0.82 | 1.17 | 0.55 | 1.31 | 0.91 | - |
| 3-Carene | 16.298 | 0.30 | 0.35 | 0.07 | 0.35 | - | - |
| Valencene | 16.678 | 0.25 | 0.37 | 0.17 | 0.23 | 0.18 | - |
| Beta-Caryophyllene** | 17.236 | 4.48C | 5.08AB | 5.17A | 3.90D | 4.97B | 0.16 |
| Bornyl Acetate | 17.901 | - | - | - | 0.95 | 0.70 | - |
| δ -Cadinene | 18.108 | - | - | 0.48 | 0.32 | 0.48 | - |
| Bisabolene | 18.257 | 0.97 | 0.14 | 0.18 | 0.15 | 0.19 | - |
| Aromadendrene | 18.334 | - | - | - | - | 0.25 | - |
| α -Cadinene | 18.625 | - | 0.21 | 0.12 | 0.10 | 0.12 | - |
| Estragole | 18.844 | 0.62 | 0.49 | - | - | - | - |
| δ -2-Carene | 19.016 | - | - | 0.16 | - | 0.24 | - |
| Isoborneol** | 19.444 | 1.31C | 3.58A | 0.30D | 3.05B | 1.36C | 0.21 |
| (-)-Carvone | 21.034 | - | - | 0.08 | 0.05 | 0.08 | - |
| Thymoquinone | 21.420 | - | 1.24 | - | 0.90 | - | - |
| Carvomenthene | 21.527 | - | - | 0.02 | - | - | - |
| Thymol | 24.067 | 0.51 | - | 0.61 | 0.65 | 0.62 | - |
| Carvacrol* | 24.708 | 76.75A | 70.87B | 77.98A | 71.32B | 77.27A | 3.93 |
| Total | | 96.39 | 94.10 | 98.33 | 94.77 | 98.84 | |

*: $P < 0.05$, **: $P < 0.01$, Levels not connected by the same letter are significantly ($p < 0.05$) different according to the Least Significant Difference test.

3.3. Principal component analysis (PCAbiplot) on correlations and heatmap according to essential oil compounds of *Thymus eigi* leaves and flowers in various growth stages

PCAbiplot plays an important role to express a data source, where several components can best reflect the variance of the data. It allows to narrow the data and show the connections among the variables that make up the data. Through this analysis, one can clearly see the positive and negative correlations. There is a positive correlation between the lines that are in the same direction and close to each other, while there is a negative correlation between the opposite and distant lines. PCAbiplot on correlations was performed to visualize the effect of growth stages and plant organs (Figure 2). The experimental groups were separately discriminated using principal component analysis on correlations. Clear discrimination was revealed on

the plotted scores, where component 1 and component 2 accounted for 92.90% of the total variance in terms of the essential oil components. The first axis and second axis explained 57.80% and 35.10% of the total variance, respectively. As seen in the figure, PCAbiplot indicates that carvacrol was positively correlated with γ -Terpinene. *p*-Cymene and isoborneol were negatively correlated with carvacrol.

The changes in essential oil compounds were visualized using a heat map. According to the heat map (Figure 3), the essential oil compounds were visualized based on the leaves and flowers in various growth stages. The differences can be observed clearly between growth stages and plant organs in the essential oil compounds. For instance, while the rate of carvacrol in the leaves was the highest in the pre-flowering harvest, this rate decreased as the harvests were delayed, but this situation did not show a similar trend in flowers.

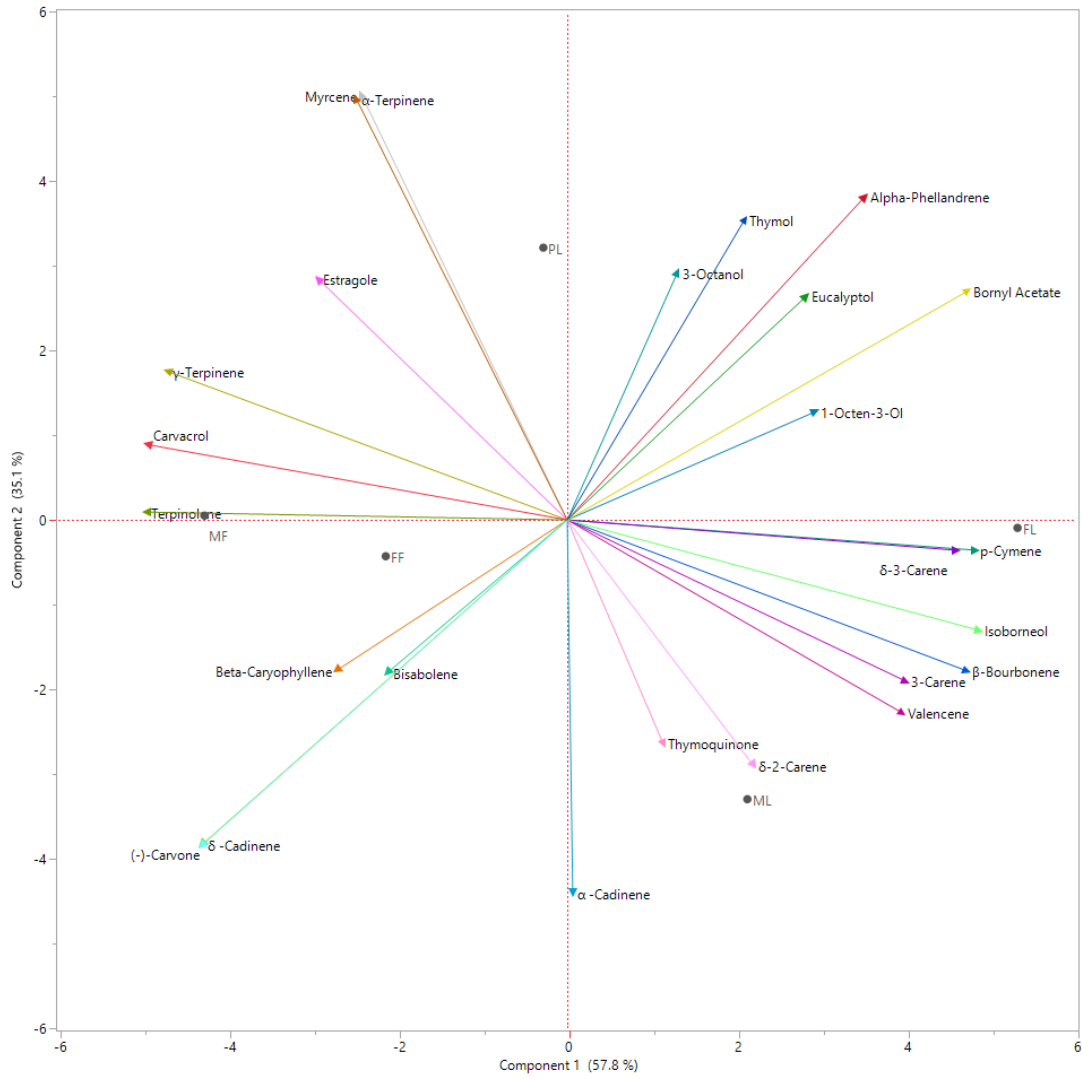


Figure 2. Principal component analysis on correlations of essential oil compounds (P: pre-flowering, M: mid-flowering, F: full-flowering; L: Leaves F: Flowers).

Value 0 80

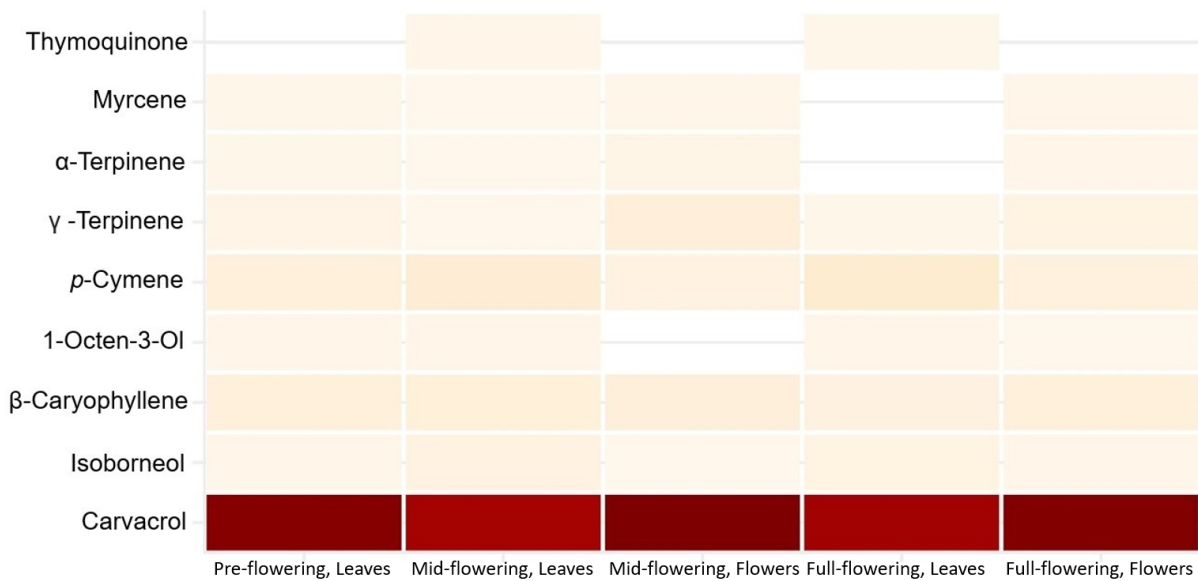


Figure 3. Heatmap based on the growth stages and plant organs for the main essential oil compounds of *Thymus eigi* (Value=%).

4. Conclusions and Recommendations

The active chemicals in plant organs used as drug fluctuate based on the plant's growth stages as well as variations in temperature and light during the day. Carvacrol, which is high in *T. eigii*, has great potential as a coronavirus inhibitor. When evaluated for the production of essential oil and carvacrol, flowers contained more carvacrol and essential oil than the leaves at mid-flowering and full-flowering. Considering its trade as a spice, pre-flowering harvest is recommended due to its high content of essential oil and carvacrol in the leaves. When considering these changes, it is important to determine which organs of the plant, at what stage of growth, and when the drug is best obtained. *Thymus* spp. essential oils and leaves are utilized for a variety of purposes. Therefore, among the most significant criteria to consider in cultivation are leaves and essential oil yield. It appears that cultivation of genus *Thymus* plants is required to provide economic profits for farmers as well as standardized quality for various purposes. It is suggested that further agronomic studies should be carried out to focus on studies to obtain higher quality products required by the market and to examine the yield and quality of *Thymus eigii* species in different regions.

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