Tp-e interval and Tp-e/JT ratio before and after catheter ablation in patients with Wolff Parkinson White syndrome

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ABSTRACT

Aim: Tp-e and Tp-e/QT are novel markers of ventricular repolarization. However, preexcitation in Wolff Parkinson White (WPW) syndrome may preclude accurate measurement of repolarization as assessed by the QT. We aimed to research the assessment of Tp-e and Tp-e/JT before and after ablation in WPW.

Material and Method: We enrolled 50 consecutive patients with symptomatic WPW syndrome who underwent catheter ablation of their accessory pathways for treatment. All of the patients were successfully ablated. ECGs were performed before the procedure and repeated after the ablation procedure.

Results: Tp-e (86.6±16.2 vs 80.6±12.5; p=0.021) and Tp-e(c) (96.7±18.9 vs 88.3±11.2; p=0.005) showed a significant decrease after the procedure. Tp-e/JT (0.307±0.053 vs 0.279±0.040; p=0.001) and Tp-e/JT(c) (0.276±0.048 vs 0.255±0.045; p=0.009) showed a significant decrease after the procedure. There was a significant association between ERP and before procedure Tp-e (c) (r=- 0.370, p=0.008) and Tp-e/JT (r=- 0.371, p=0.008).

Conclusion: This study demonstrated that Tp-e and Tp-e/JT were significantly diminished in WPW after the ablation.

Keywords: Catheter ablation, JT interval, Tp-e interval, Tp-e/JT ratio, Wolff Parkinson White syndrome

INTRODUCTION

The Wolff-Parkinson-White (WPW) syndrome means to the presence of an overt accessory atrioventricular pathway, in combination with usually recurrent tachyarrhythmias, which may provoke ventricular tachyarrhythmias (VT) (1). In patients with WPW syndrome, the propagating impulse is conducted over the accessory pathway and causes ventricular preexcitation leading to typical alterations of ventricular depolarization and repolarization. Delayed ventricular repolarization has also been associated with VT (2).

Ventricular repolarization can be defined on ECG using QT interval, QT dispersion, and T-wave measurements. The QT interval represents both ventricular depolarization and repolarization, so it is dependent on the QRS duration. Several studies have shown that the Tp-e interval, the interval between the peak and the end of the T wave, is specified as an index of total dispersion of repolarization (3-5). Longer Tp-e interval may predict ventricular arrhythmias and mortality (6,7). Therefore, the Tp-e/QT ratio was suggested to be a better marker of ventricular arrhythmias (8,9).

Depolarization abnormalities in WPW patients may preclude accurate measurement of repolarization as assessed by the QT and corrected QT intervals. The JT and corrected JT (JT(c)) intervals particularly represent ventricular repolarization and have been shown to be independent of the ventricular depolarization and the QRS duration (10). Instead of the QT interval, the JT interval may be a more reliable measure of repolarization in WPW syndrome due to ventricular activation abnormalities. In this study, we aimed to research the assessment of Tp-e interval and Tp-e/JT ratio before and after catheter ablation in patients with WPW syndrome.

MATERIAL AND METHOD

The study was carried out with the permission of Ankara City Hospital, Clinical Researchs Ethics Committee (Date: 2021, Decision No: E1-12-2031). All procedures were carried out in accordance with the ethical rules and the principles of the Declaration of Helsinki.
Study Population
In this study, we retrospectively enrolled 50 consecutive patients with symptomatic WPW syndrome who underwent catheter ablation of their accessory pathways for treatment. All of the patients were successfully ablated. Patients who have either an atrial fibrillation/flutter, or permanent pacemaker therapy, or a complete/incomplete bundle branch block were excluded.

Catheter Ablation Procedure
Prior to the procedure, all antiarrhythmic agents were withdrawn at least five half-lives. After vascular access was gained via femoral veins, two diagnostic catheters were placed in the right ventricle and coronary sinus for the electrophysiological study. Programmed atrial and ventricular stimulation was performed to induce atrioventricular reentrant tachycardia and to measure the effective refractory period (ERP) of the accessory pathway. In patients with left-sided pathways, a transseptal puncture was performed to access the left atrium. The ablation catheters were navigated under fluoroscopic and electroanatomic system guidance (Carto 3, Johnson and Johnson, USA). Programmed atrial and ventricular stimulation was performed to confirm the diagnosis of WPW, induce atrioventricular reentrant tachycardia, and prove the presence of an additional pathway, as well as to localize the exact location of the accessory pathways, as described in the literature (11). Directly before ablation, the bundle signal was marked using an ablation catheter on a three-dimensional (3D) map. Irrigated tip ablation was used while delivering radiofrequency energy. The catheter ablation was defined as a success when provided no signs of arrhythmia were documented within 15 minutes after the procedure.

Electrocardiography
The 12-lead ECG was recorded at a paper speed of 50 mm/s (Hewlett Packard, Page-writer, CA, USA) in the supine position. ECGs were performed before the procedure and repeated again after the ablation procedure. ECG measurements of JT and Tp-e intervals were performed by two cardiologists who were blinded to the patient data. An average value of three readings was calculated for each lead. All measurements were made manually from the same lead (Figure 1). The QT interval was measured from the beginning of the QRS complex to the end of the T wave and the JT interval was measured from the endpoint (J point) of the QRS complex to the end of the T wave. The Tp-e interval was defined as the interval from the peak of T wave to the end of T wave. The QT, the JT and the Tp-e intervals were corrected for the heart rate using the Bazett formula: QT(c)=QT √(R-R interval). The Tp-e/JT, the Tp-e/QT, the Tp-e/JT(c), the Tp-e/QT(c) ratios were calculated from these measurements.

Statistical Analysis
For statistical analysis, SPSS 22.0 Statistical Package Program for Windows (SPSS, Inc., IL, USA) was used. In order to test the normality of distribution Kolmogorov-Smirnov test was used. Quantitative variables with a normal distribution were specified as the mean±standard deviation and categorical variables were shown as number and percentage values. To determine the mean of the differences between two paired samples, Paired t-test, and Wilcoxon signed-rank test was used. Categorical variables were compared with Mc Nemar test. The association between ERP and EKG parameters was evaluated by Pearson's correlation analysis. A p-value of <0.05 was accepted as statistically significant.

RESULTS
A total of 50 patients with symptomatic WPW syndrome who underwent catheter ablation were enrolled in our study. The clinical and baseline characteristics of the study population are shown in Table 1. The mean age of the study population was 35.7±15.1 years, and 52.0% of patients were female, 16.0% of patients had hypertension, 4.0% of patients had diabetes mellitus and 4.0% of patients had coronary artery disease. Four of the patients were smoking and 9 of the patients were using an antiarrhythmic drug.

<table>
<thead>
<tr>
<th>Table 1. Baseline characteristics of the study patients (n=50)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years</td>
</tr>
<tr>
<td>Male, n (%)</td>
</tr>
<tr>
<td>Female, n (%)</td>
</tr>
<tr>
<td>Hypertension, n (%)</td>
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<tr>
<td>Diabetes mellitus, n (%)</td>
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<tr>
<td>Smoking, n (%)</td>
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<tr>
<td>Coronary artery disease, n (%)</td>
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<tr>
<td>Antiarrhythmic drug, n (%)</td>
</tr>
<tr>
<td>LVEF, %</td>
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<tr>
<td>ERP of AP, ms</td>
</tr>
</tbody>
</table>

Data are given as mean±standard deviation, or n (%). AP: accessory pathway; ERP: effective refractory period; LVEF: Left ventricular ejection fraction.
The electrocardiographic measurements of the study population before and after the procedure are shown in Table 2. Heart rate (75.4±11.2 vs 73.8±13.6; p=0.382) was similar but PR (98.5±20.3 vs 153.1±27.4; p < 0.001), QRS (123.3±8.1 vs 94.3±10.9; p<0.001), QT (406.3±33.9 vs 384.8±32.5; p<0.001) and QT(c) (452.6±32.7 vs 422.5±25.5; p<0.001) are significantly different as expected before and after the procedure. Tp-e (86.6±16.2 vs 80.6±12.5; p=0.021) and Tp-e(c) (96.7±18.9 vs 88.3±11.2; p=0.005) intervals showed a significant decrease (Figure 2) while JT (283.0±33.1 vs 290.5±30.9; p=0.115) and JT(c) (314.9±31.2 vs 318.6±23.9; p=0.423) intervals were statistically similar after the procedure.

Table 2. Electrocardiographic interval measurements before and after procedure

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Before procedure</th>
<th>After procedure</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart rate, bpm</td>
<td>75.4±11.2</td>
<td>73.8±13.6</td>
<td>0.382</td>
</tr>
<tr>
<td>PR interval, ms</td>
<td>98.500±20.3</td>
<td>153.100±27.4</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>QRS, ms</td>
<td>123.300±8.057</td>
<td>94.30±10.974</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>QT interval, ms</td>
<td>406.300±33.924</td>
<td>384.80±32.544</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>JT interval, ms</td>
<td>283.000±33.120</td>
<td>290.50±30.876</td>
<td>0.115</td>
</tr>
<tr>
<td>Tp-e interval, ms</td>
<td>86.600±16.208</td>
<td>80.600±12.521</td>
<td>0.021</td>
</tr>
<tr>
<td>QT(c) interval, ms</td>
<td>452.606±32.707</td>
<td>422.533±25.522</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>JT(c) interval, ms</td>
<td>314.947±31.185</td>
<td>318.634±23.901</td>
<td>0.423</td>
</tr>
<tr>
<td>Tp-e(c) interval, ms</td>
<td>96.660±18.900</td>
<td>88.29±11.161</td>
<td>0.005</td>
</tr>
</tbody>
</table>

Data are given as mean±standard deviation, or n (%). Tp-e: T-peak to T-end interval, terminal part of the QT interval, Tp-e(c): corrected T-peak to T-end interval; JT: J point to T-end interval.

Calculated electrocardiographic interval ratios of study population before and after the procedure are shown in Table 3. While Tp-e/QT (0.213±0.037 vs 0.210±0.030; p=0.549) and Tp-e/QT(c) (0.192±0.035 vs 0.192±0.035; p=0.957) ratios did not show a significant change, Tp-e/JT (0.307±0.053 vs 0.279±0.040; p=0.001) and Tp-e/JT(c) (0.276±0.048 vs 0.255±0.045; p=0.009) ratios showed a significant decrease (Figure 3). Tp-e/JT and Tp-e(c)/JT(c) ratios were identical.

Table 3. Calculations of electrocardiographic interval ratio before and after procedure.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Before procedure</th>
<th>After procedure</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tp-e/QT ratio</td>
<td>0.213±0.037</td>
<td>0.210±0.030</td>
<td>0.549</td>
</tr>
<tr>
<td>Tp-e/QT(c) ratio</td>
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<td>0.192±0.035</td>
<td>0.957</td>
</tr>
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<td>Tp-e/JT ratio</td>
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<td>0.279±0.040</td>
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</tr>
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<td>Tp-e/JT(c) ratio</td>
<td>0.276±0.048</td>
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</tr>
</tbody>
</table>

Data are given as mean±standard deviation or n (%). Tp-e: T-peak to T-end interval, terminal part of the QT interval, Tp-e(c): corrected T-peak to T-end interval; JT: J point to T-end interval.

Correlation analysis between ERP of the accessory pathway with ECG parameters are shown in Table 4. There was a significant association between ERP of the accessory pathway and before procedure Tp-e interval (r=-0.374, p=0.007), Tp-e (c) interval (r=-0.370, p=0.008, Figure 4a), Tp-e/JT ratio (r=-0.371, p=0.008, Figure 4b).
DISCUSSION

In the present study, we demonstrated that Tp-e interval and Tp-e/JT ratios were significantly diminished in patients with WPW syndrome after the catheter ablation procedure. This is the first study that demonstrated the relationship between Tp-e interval and Tp-e/JT ratio in patients with WPW syndrome.

In patients with WPW syndrome, it was previously shown that QT and QT(c) were significantly different when the post-ablation ECG was compared to the pre-ablation one, whereas the JT and JT(c) values were unchanged (12). A previous study showed that eccentric ventricular depolarization due to preexcitation did not result in abnormal JT dispersion (12,13). Our study has shown that eccentric ventricular depolarization due to preexcitation does not also result in abnormal JT interval, but it results in longer Tp-e interval which is specified as an index of total dispersion of repolarization (4,14).

Many studies have shown longer Tp-e interval to be associated with higher risk. For example, prolonged Tp-e has been shown to be associated with increased mortality in patients with long QT syndrome (15), and similar findings have been reported in patients undergoing primary percutaneous coronary intervention for myocardial infarction (16). Prolonged Tp-e has been shown to predict VT, sudden cardiac death, or both in patients with systolic dysfunction and implantable cardioverter defibrillators implanted for primary prevention (17). The relationship of longer Tp-e interval with Brugada syndrome has been described extensively in patients with WPW syndrome. The vulnerable period in the cardiac cycle, simultaneous with the downsloping portion of the T wave in the ECG, is a dangerous period for VT. So, a longer vulnerable period means a greater risk for arrhythmia. Similarly, short ERP is one of the risk factors in WPW. This study showed a significant negative relationship between Tp-e or Tp-e (c) and the ERP of the accessory pathway and supported this supposition.

Catheter ablation reduced the frequency of arrhythmic events in a prospective randomized clinical trial of patients with asymptomatic pre-excitation (20). Shortening of Tp-e interval after the ablation in patients with WPW syndrome may be one of the mechanisms explaining this reduction of arrhythmic events after ablation in asymptomatic patients because the longer of Tp-e interval indicates greater dispersion of ventricular repolarization and therefore increased susceptibility to electrical reentry that can cause ventricular tachyarrhythmia (21).

The assumed mechanism of sudden cardiac death and ventricular fibrillation (VF) is rapid stimulation of the ventricular myocardium due to atrial fibrillation rapidly conducted through the accessory pathway (22) however atrial fibrillation is not the only VF initiating arrhythmia as shown by the tachyarrhythmias documented prior to the occurrence of VF (23). We can suppose that pre-excited atrial fibrillation with a fast ventricular response may cause VT due to prolongation of the Tp-e interval in WPW syndrome. The vulnerable period in the cardiac cycle, simultaneous with the downsloping portion of the T wave in the ECG, is a dangerous period for VT. So, a longer vulnerable period means a greater risk for arrhythmia. Similarly, short ERP is one of the risk factors in WPW. This study showed a significant negative relationship between Tp-e or Tp-e (c) and the ERP of the accessory pathway and supported this supposition.

In the early post-ablation period, the qualitative changes of the T wave morphology (T wave memory) are observed. Although it is considered that T wave memory is associated with longer of repolarization in the early activated areas, repolarization changes at the late activated areas were ranging from shortening, minimal, or no change to significant action potential duration prolongation (24,25). In addition, previous reports described these changes in the T wave vector without the changes in the repolarization duration (26,27). Inconsistency in these findings is a subject of an ongoing study.
discussion. This study showed that Tp-e and Tp-e(c) intervals showed a significant shortening while JT and JT(c) intervals were statistically similar in the early post-ablation period.

Tp-e/QT ratio has been proposed to be a marker of ventricular repolarization (9,28) but, QRS wave abnormalities in WPW patients may preclude accurate measurement of repolarization as assessed by the QT intervals. Therefore, like this ratio, Tp-e/JT can be a marker of ventricular repolarization in WPW syndrome. It is shown that the JT interval such as the QT interval is heart rate (HR) dependent (29). Also, correcting the Tp-e interval using Bazett's formula (Tp-e(c)=Tp-e interval/√(RR interval)) has improved the predictive value of this marker for SCA risk (30). Mathematically, if ‘corrected Tp-e/corrected JT’ ratio is simplified by the common factor (√ RR interval) of the numerator and denominator, the Tp-e/JT ratio is obtained. Thus, the Tp-e/JT ratio remains constant despite dynamic physiological changes in HR, and it may be a ventricular repolarization index that is independent of HR. Once the use of Tp-e and Tp-e/ JT is more investigated, it may become valuable as a part of future multi-component risk prediction algorithms in WPW.

There are some limitations to this study. First, the study has a relatively small sample size. A larger sample size would have strengthened our findings. Then, the relationship between ventricular arrhythmias and both Tp-e and Tp-e/ JT was not assessed in patients with WPW syndrome. Therefore, long-term follow-up and large-scale prospective studies are needed to investigate the predictive value of the Tp-e interval and Tp-e/JT ratio in patients with WPW syndrome.

CONCLUSION

We demonstrated that the pre-ablation Tp-e interval and Tp-e/JT ratios were significantly diminished in patients with WPW syndrome after the catheter ablation. Long-term follow-up and large-scale prospective studies are needed to investigate the predictive value of the Tp-e interval and Tp-e/JT ratio about mortality and malignant arrhythmias in patients with WPW syndrome.

ETHICAL DECLARATIONS

Ethics Committee Approval: The study was carried out with the permission of Ankara City Hospital, Clinical Researchs Ethics Committee (Date: 2021, Decision No: E1-12-2031).

Informed Consent: Because the study was designed retrospectively, no written informed consent form was obtained from patients

Referee Evaluation Process: Externally peer-reviewed.

Conflict of Interest Statement: The authors have no conflicts of interest to declare.

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Author Contributions: All of the authors declare that they have all participated in the design, execution, and analysis of the paper and that they have approved the final version.

REFERENCES


