



Case Report / Olgu sunumu

# Infantile and Adult Scabies mimicking Langerhans Cell Histiocytosis Clinically and Histopathologically

## Klinik ve Histopatolojik Olarak Langerhans Hücreli Histiyoitozisi Taklit Eden İnfantile ve Yetişkin Skabiyezi

Vildan Manav<sup>1</sup>, Dilara İlhan<sup>1</sup>, Ecem Ergün<sup>2</sup>, Duygu Erdil<sup>1</sup>, Cem Leblebici<sup>3</sup>,  
 Ayşe Esra Koku Aksu<sup>1</sup>

<sup>1</sup>İstanbul Training and Research Hospital, Department of Dermatology, İstanbul, Turkey

<sup>2</sup>İstanbul Haydarpaşa Numune Training and Research Hospital, Department of Dermatology, İstanbul, Turkey

<sup>3</sup>İstanbul Training and Research Hospital, Department of Pathology, İstanbul, Turkey

### Abstract

Scabies is an infestation caused by the *Sarcoptes scabiei* burrowing into the epidermis. Histopathologically scabies infestation may reveal Langerhans cell hyperplasia which might cause misdiagnosis of Langerhans cell histiocytosis in some cases. We presented an infant and an adult who had a misdiagnosis of Langerhans cell histiocytosis (LCH) histopathologically and responded well to antiscabietic treatments. Therefore, awareness of this phenomenon might help clinicians to differentiate these two diseases with distinct prognosis and treatments.

**Keywords:** Langerhans Cell Histiocytosis, scabies, infant, adult

### INTRODUCTION

Human scabies is a contagious disease caused by the mite *Sarcoptes scabiei* burrowing into the epidermis. <sup>[1]</sup> Infestation with the scabies results in severe pruritus which is usually worst at night. Pruritus is due to host hypersensitivity to the mite. Classical cutaneous findings are small erythematous and excoriated papules. Burrows may be visible as serpiginous lines. Differential diagnosis is broad in both pediatric and adult populations. Clinical differential diagnosis of scabies in pediatric population includes LCH. Histopathology of scabies infestations include hyperkeratosis, acanthosis, spongiosis and vesiculation. The dermal changes consist of perivascular and diffuse

### Öz

Skabiyezi, *Sarcoptes scabiei*'nin epidermiste tüneller açarak ilerlediği bir enfestasyondur. Histopatolojik olarak skabiyezi enfestasyonu Langerhans hücre hiperplazisini ortaya çıkarabilir ve bazı durumlarda Langerhans hücreli histiyoitoz tanısının yanlış konulmasına neden olabilir. Histopatolojik olarak Langerhans hücreli histiyoitoz (LCH) yanlış tanısı alan ve antiskabiyezik tedavilere iyi yanıt veren bir infant ve bir yetişkin skabiyezi hastalarını sunduk. Bu nedenle, bu fenomenin farkındalığı, klinisyenlerin bu iki hastalığı farklı prognoz ve tedavilerle ayırt etmelerine yardımcı olabilir.

**Anahtar kelimeler:** Langerhans hücreli histiyoitoz, skabiyezi, infant, yetişkin

cell infiltrates, mainly mononuclear cells, and sometimes eosinophils.<sup>[2]</sup> Cases usually show numerous histiocytes in the infiltrate. Scabietic mites can also be observed in majority of patients. Immunohistochemical characterization of the inflammatory infiltrate shows predominantly CD3+ T lymphocytes and scattered CD20+ B cells. Many CD1a + and S100 + cells were seen in the superficial dermis in a perivascular and interstitial pattern and these cells are have medium size nuclei and delicate dendritic cytoplasm differing from the Langerhans cells in LCH. Since Langerhans cell hyperplasia can also be seen routinely, these findings might lead to misdiagnosis. Diagnosis challenges are



common in infants as scabies has several atypical clinical presentations.<sup>[3-8]</sup> Herein two case of scabies, an infant and an adult mimicking Langerhans cell Histiocytosis that was diagnosed by histopathologica examination will be presented.

## CASE

### Patient 1

A three months old healthy male infant presented with widespread eruption of pruritic papules with fine white scales, pustules and partly with eczematous plaques. He and his family members had a history of treatment with permethrin %5 lotion applied one week apart which did not cured his symptoms and rash after two months of application. Skin lesions of the baby were evaluated by dermoscopic and native examination and no scabies finding was found. Then, his lesions were biopsied with the preliminary diagnosis of Langerhans cell histiocytosis, mastocytosis and eosinophilic pustular dermatosis. His biopsy was compatible with Langerhans cell histiocytosis revealing perivascular infiltrate in superficial dermis rich of histiocytes with irregular nucleus and groove formation accompanied by eosinophils, neutrophils and lymphocytes. Immunohistochemistry showed histiocytes positively stained with CD1a and S-100. Mildly increased mast cells were demonstrated by CD117, giemsa and toluidine blue. Due to presence of previous reports revealing scabies mimicking Langerhans cell histiocytosis both clinically and histopathologically, scabies treatment was repeated and 2 months later, lesions of the patient cleared completely. Histopathological evaluation was and findings were interpreted as reactive Langerhans cell hyperplasia. Follow up of the patient revealed no recurrence of the lesions and physical examination and laboratory evaluations were within normal limits.

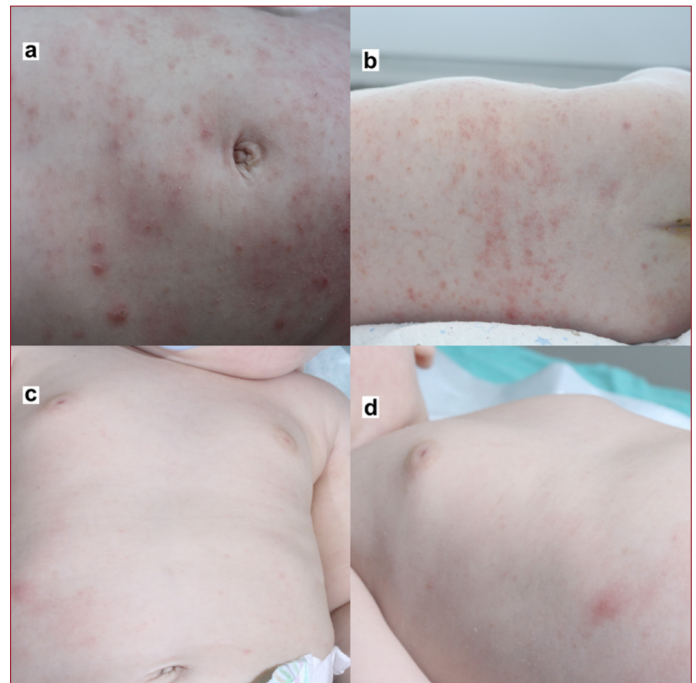
### Patient 2

Patient with a history of scabies infestation five months ago was referred to our dermatology clinic with a suspicious histopathological diagnosis of Langerhans cell histiocytosis. He had an erythematous plaque with a diameter of two centimeters on the left inguinal area and a erythematous papule located on penis. His skin biopsy demonstrated dense dermal infiltrate which are positively stained with LCA, CD3, CD68 and S100. S100 positive cells had broad cytoplasm. Permethrin %5 lotion applied one week apart to him and his family members. Lesions of the patient cleared after one month of follow up.

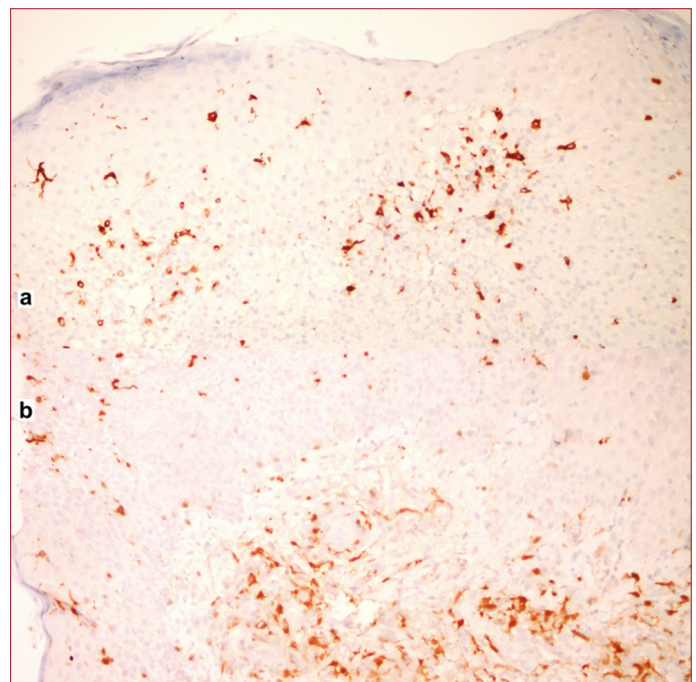
## DISCUSSION

In a series of six infants and two adult cases of nodular scabies, patients developed multiple papulonodular lesions persisted from several months to over a year. Skin biopsies revealed heavy perivascular and periappendageal lymphohistiocytic cell infiltration, compatible with Langerhans cells which were immunopositive for CD1a and S100, but lacked Birbeck

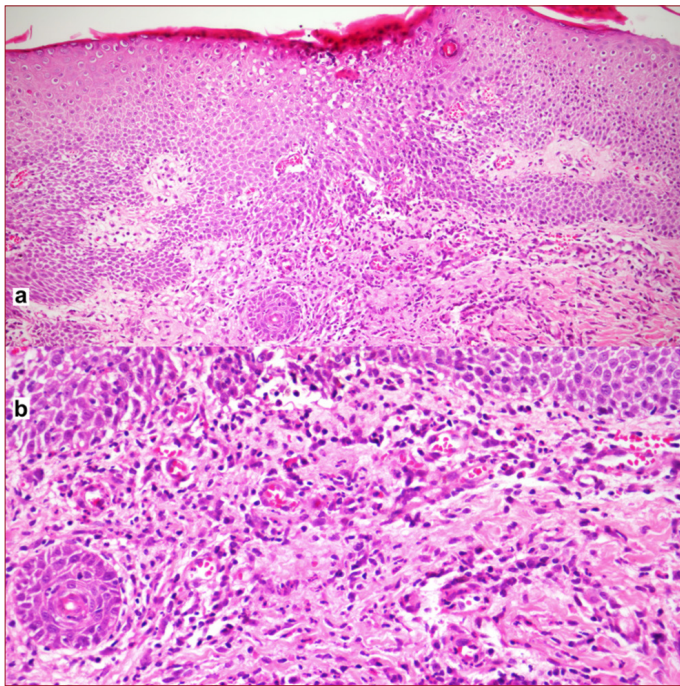
granules on electron microscopy. It has been proposed that these persistant nodules could represent a prolong response to mite antigens.<sup>[9]</sup> Bhattacharjee and Glusac demonstrated that immunohistochemical labeling showed florid CD1a and S100 positivity in most cases, indicative of Langerhans cell hyperplasia in a series of 16 cases of scabies.<sup>[6]</sup> Therefore, presence of significant Langerhans cell hyperplasia is not rare and it can be considered as a routine feature of scabies.



**Figure 1.** (a-b) Before and (c-d) After scabies treatment



**Figure 3.** (a) Langerin- and (b)S100 An increase in langerhans cells stained with S100, CD1a and Langerin is observed in dermal infiltration.



**Figure 2.** (a) Irregular acanthosis, spongiosis and lymphocyte exocytosis in the epidermis, as well as inflammatory cells in the superficial dermis. HEx200 (b) Inflammation rich in histiocytes in the superficial dermis. Langerhans cell histiocytosis raises suspicion.

Since infantile scabies can present as atypical skin nodules, vesicles, and pustules, it can mimic LCH clinically. Accordingly, histopathological demonstration of Langerhans cell hyperplasia can lead to misdiagnoses both clinically and histopathologically causing even consequences of treatment with systemic chemotherapy<sup>5</sup>. Misdiagnosis of scabies as LCH is not limited to pediatric population. Atypical presentations such as crusted scabies can cause such misdiagnosis. In a study by Kartono et al hospitalized patient with a hyperkeratotic skin eruption followed for years as LCH and patient receiving chemotherapy as a treatment, had a diagnosis of crusted scabies. Her lesions were completely cleared after treatment with 12 mg of oral ivermectin.<sup>[10]</sup>

## CONCLUSION

As a result, scabies must always be ruled out in infants and adults with eczematous eruptions and inflammatory infiltrates that include histiocytes on histologic examination. Since it can cause serious complications such as unnecessary treatments with chemotherapeutics.

## ETHICAL CONSIDERATIONS

**Informed Consent:** Written informed consent was obtained from all participants who participated in this study.

**Status of Peer-review:** Externally peer-reviewed.

**Conflict of Interest Statement:** The authors have no conflicts of interest to declare.

**Financial Disclosure:** The authors declared that this study has received no financial support.

**Author Contributions:** All of the authors declare that they have all participated in the design, execution, and analysis of the paper, and that they have approved the final version.

## REFERENCES

1. Sunderkötter C, Feldmeier H, Fölster-Holst R, et al. S1 guidelines on the diagnosis and treatment of scabies – short version. *JDDG: Journal der Deutschen Dermatologischen Gesellschaft* 2016;14:1155-67.
2. Sánchez-Borges M, González-Aveledo L, Capriles-Hulett A, et al. Scabies, crusted (Norwegian) scabies and the diagnosis of mite sensitisation. *Allergol Immunopathol (Madr)* 2018;46:276-80.
3. Janik-Moszant A, Tomaszewska R, Szczepański T, et al. Infantile scabies or Langerhans cell histiocytosis? *Med Pediatr Oncol* 2003;40:111-2.
4. Tidman MJ, Adamson B, Allan S, et al. Childhood scabies mistaken for Langerhans cell histiocytosis. *Clin Exp Dermatol* 2003;28:111-2.
5. Burch JM, Krol A, Weston WL. *Sarcoptes scabiei* infestation misdiagnosed and treated as Langerhans cell histiocytosis. *Pediatr Dermatol* 2004;21:58-62.
6. Bhattacharjee P, Glusac EJ. Langerhans cell hyperplasia in scabies: a mimic of Langerhans cell histiocytosis. *J Cutan Pathol* 2007;34:716-20.
7. Yang YS, Byun YS, Kim JH, et al. Infantile Scabies Masquerading as Langerhans Cell Histiocytosis. *Ann Dermatol* 2015;27:349-51.
8. Ruby KN, Loo EY, Mann JA, et al. Post-scabietic nodules: Mimicker of infantile indeterminate cell histiocytosis and potential diagnostic pitfall. *J Cutan Pathol* 2020;47:52-6.
9. Hashimoto K, Fujiwara K, Punwaney J, et al. Post-scabietic nodules: a lymphohistiocytic reaction rich in indeterminate cells. *J Dermatol* 2000;27:181-94.
10. Kartono F, Lee EW, Lanum D, et al. Crusted Norwegian scabies in an adult with Langerhans cell histiocytosis: mishaps leading to systemic chemotherapy. *Arch Dermatol* 2007;143:626-8.