Sudden Cardiac Death After Taking Chinese-Han Herbal Medicine for Sexual Dysfunction

Cinsel Disfonksiyon İçin Alınan Çin-Han Bitkisel İlaç Kullanımı Sonrasında Ani Kardiyak Ölüm

> Ahmet Göktuğ Ertem¹, Mehmet Erdoğan², Serkan Sivri², Gamze Zengin², Engin Bozkurt²

ISSN:2149-455

¹ Department of Cardiology, Turkiye Yuksek Ihtisas Training and Research Hospital, Ankara, Turkey ² Department of Cardiology, Yildirim Beyazit University, Ankara, Turkey



Introduction

A 54-year-old man was presented to emergency department with lost of consciousness by ambulance staff. Electrocardiograhy (ECG) revealed asystoli patern and his blood pressure (BP) was unmeasurable (0/0 mmHg). Cardiopulmonary resusitation (CPR) was performed for 45 minutes, but none of the vital signs returned. His family questioned for his past medical history. His medical history was remarkable for coronary artery disease with stent implantation before 3 months and smoking. He has taken a herbal medication (Chinese- Han) which containes aweto, deer antler and broomrape, for sexual dysfunction in the morning of event (Figure 1A-B). This is known fact that the patients suffer from sexual dysfunction after occuring coronary artery disease especially with beta blocker usage. Inhibitors of phosphodiesterase (sildenafil, vardenafil etc.) and herbal-traditional medicine is used for sexual dysfunction by patients. For usage of herbal-traditional medicine, taking consultation of doctors should be essential. Public awareness should be created by social media, television, and internet.

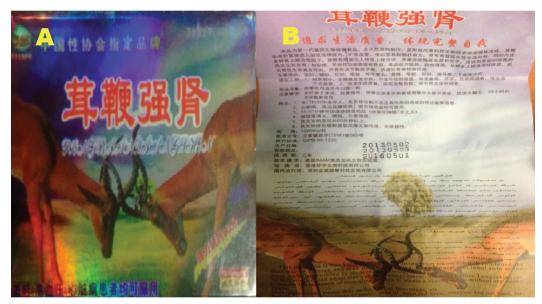


Figure 1. The package photo of herbal medicine