



AESTHETICS AND FUNCTIONAL REHABILITATION OF AMELOGENESIS IMPERFECTA: 4-YEAR FOLLOW UP.

AMELOGENESIS İMPERFEKTALİ BİR HASTANIN ESTETİK VE FONKSİYONEL REHABİLİTASYONU: 4 YİLLİK TAKİP

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ABSTRACT

Amelogenesis imperfecta (AI) is a set of hereditary defects representing the development and clinical appearance of enamel without the presence of whole body symptoms. An esthetic and functional approach must be aspired for these patients to improve the life quality. There was various type of AI and they can be cause of defects on multiple teeth and skeletal malocclusion. Teeth extraction, endodontic treatment of remaining teeth before post and core restorations, esthetic and functional crown lengthening, fixed dental prostheses are include the rehabilitation. This article represents, a patient referred to our clinic suffering from AI who overcame the esthetical and functional problems by receiving multidisciplinary team rehabilitation and must be monitored at periodically for ensuring long-term success to the restorations.

Keywords: amelogenesis imperfecta, aesthetics, zirconium oxide

ÖZET

Amelogenesis imperfecta (AI) kalıtsal bozuklukların gelişimini temsil eden ve klinik olarak mine varlığının tamamlanamadığı bir vücut semptomları dizisidir. Bu hastaların yaşam kalitesini arttırmak için estetik ve fonksiyonel bir yaklaşım düşünülmelidir. Çeşitli AI tipleri vardır; bunlar birden çok diş ve iskeletsel maloklüzyon bozukluğuna neden olabilirler. Uygulanacak rehabilitasyon dişlerin çekimini, kalan dişlerin post-core restorasyonlar öncesi endodontik tedavilerini, estetik ve fonksiyon amaçlı kron boyu uzatma işlemini ve sabit diş protezlerini içerir. Bu makalede kliniğimize sevk edilen AI'lı bir hastanın estetik ve fonksiyonel problemlerinin multidisipliner tedaviler ile nasıl giderildiği anlatılmaktadır. Restorasyonların uzun dönem başarısı için periyodik kontrollerin yapılması gerekmektedir.

Anahtar kelimeler: amelogenesis imperfecta, estetik, zirkonyum oksit

INTRODUCTION

AI is a genetically hereditaries disease which affects structure and clinical appearance of enamel. But, the molecular basis of AI is not exactly understood because of the some mutations in amelogenein (AMEL X) gene have been identified in people with X-linked and autosomal forms of AI.^{1,2} The main types of AI are correlated with defects in the enamel synthesis process and has been classified into three groups, based on clinical and radiographic features, histologic and mode of inheritance; hypoplastic, hypocalcification and hypomaturation type.³⁻⁵ In the hypoplastic type, the enamel does not develop to its normal thickness and it appears to be hard and shiny. The hypomaturation type seems some

differences from hypocalcification such as the enamel is harder with a mottled opaque white to yellow-brown or red-brown color, and enamel that is softer than normal that tends to chip from the underlying dentin. In the hypocalcified type, enamel is formed in relatively normal amounts, but the enamel has a very low degree of mineralization.⁶

Additionally, some of dental anomalies have been seen in AI patients such as taurodontism, pulpal calcification, failure of eruption, malformations, root or crown resorption, hypercementosis, and dental and skeletal open bite.⁷⁻¹⁴ Some research also reported that disturbances of the enamel epithilium can cause defects in the eruptive mechanism thus resulting in

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anterior open bite.^{15,16} Clinical implications of AI vary according to subtype and its severity, but the main problems are aesthetics, dental sensitivity and loss of vertical dimension and also to increase prevalence of caries, anterior open bite and tooth impaction are seen in some types of AI.¹⁶ So for the diagnosis these patients must be consultation with relevant departments as orthodontics, periodontal and restorative treatment.¹⁷⁻²¹ In the literature, a lot of cases with different type of AI were reported and all of them were aimed to restore esthetics and function to these patients again.¹⁻²² This clinical report describes the interdisciplinary approach for rehabilitating a patient with AI and 4 year follow up.

CASE REPORT

A 22-year-old man with features of a variant of AI was referred to the department of prosthetic dentistry for oral rehabilitation. The patient was concerned about his appearance and poor masticatory efficiency, which was the result of the destruction of crowns. No abnormalities were diagnosed about medical history. The family history revealed that his parents and brothers were not affected by AI. He was both self-conscious and unhappy as regard the appearance of his teeth.

Firstly, the patient indicated a desire to improve the appearance of his anterior teeth, which were discolored. The patient stated that his maxilla primary teeth were not contact to mandibular primary teeth (Fig. 1A,B,C), but he reported to make the functional habits. An extra oral examination revealed minimal facial asymmetry. Clinical and radiographic examination (Fig. 2) of the patient revealed short clinical crowns, open anterior occlusion, high smile line, healthy gum tissue and deep carious lesions in the maxillary four teeth (right second premolar, right and left first molar and right second molar teeth) and the mandibular left and right second molar teeth. The enamel is harder with a mottled opaque white to yellow-brown. It was concluded that the patient likely suffered from a hypomature type of AI. The patient was informed of the diagnosis treatment procedure, other treatment options, including cost differences, time period for treatment completion, aesthetic results and expected clinical longevity and all treatment plans were discussed with him and his parents. All caries

teeth were restored with composite resin and a treatment plan was developed that was restoring masticatory function, improving the aesthetics, reducing the reported tooth sensitivity. The treatment plan included zirconia-based ceramic and metal-ceramic restorations in maxillary and mandibular anterior and posterior teeth, respectively. It was suggested to extraction 17, 27, 37, 47 to decrease vertical dimension and eliminate anterior open bite but the patient stated an aesthetics appearance was first request, so anterior open bite was not important for him. After preliminary clinical examination the maxillomandibular relation was recorded. Maxillary and mandibular anterior teeth then were prepared by using medium and coarse diamond burs (Bosphorus, Ann Arbor, Michiga, USA) (Fig. 3). After all crown preparations, complete maxillary and mandibular arch impressions were made using irreversible hydrocolloid (Cavex Holland BV, Haarlem, The Netherlands) for obtaining the diagnostic cast models. Diagnostic casts were fabricated from type III gypsum product (Kalstone; Kalabhai Karson, Mumbai, India) and they were mounted on a semi-adjustable articulator (Stratos 300, Ivoclar Vivadent, Schaan, Liechtenstein) with a face bow transfer (Quick mount face bow; Model 8645, Whip Mix Corp, Louisville, USA) and a centric relation record using polyvinylsiloxane occlusal registration material (Vonflex S, Vericom, Gangwon-Do, Korea). Tooth preparations were finished with a knife-edge finish line with a fine diamond bur (Bosphorus, Ann Arbor, Michiga, USA). The provisional crowns were fabricated and were cemented with zinc oxide eugenol cement (TempBond, Kerr Corp., Orange, CA, USA). After 4 days, complete-arch impressions were made with a polyether impression material (Impregum 3M ESPE, St. Paul, Minn.) for preparing the core materials. From canine to canine in each arch by single crown, frameworks were designed using CAD/CAM from zirconia blocks (IPS e-max ZirCAD, Ivoclar Vivadent, Schaan, Liechtenstein) and porcelain veneering (IPS e.max Press, Ivoclar Vivadent, Schaan, Liechtenstein) was completed according to the manufacturer recommendations. The occlusal and proximal contacts had been adjusted, a trial evaluation of the ceramic material, prior to glazing, enabled final occlusal refinement. The crowns then were cleaned with ultrasound and 70% alcohol before cementation with dual-cure dental adhesive

cement (Grandio Core DC, VOCO, Cuxhaven, Germany). For the molar teeth in both of jaw, the both premolar teeth (right and left) and the both molar teeth (right and left) with together were fabricated from each arch by using metal based ceramic and evaluated by intraorally, then cemented with a conventional glass ionomer cements (Meron® (Voco, Germany) using the manufacturer's recommended powder/liquid ratio (Fig. 4A,B,C). After the restorative procedures, the patient was motivated to maintain his oral hygiene and was monitored at 6-month intervals for 4 years. The outcome of the treatment in terms of function satisfies the expectations of patient.



Figure 1. Pretreatment view of the patient. (A) Frontal (B) Right side (C) Left side.



Figure 2. Radiographic views showing restored teeth.



Figure 3. Intraoral view after preparation of the teeth.



Figure 4. Final restorations. (A) Frontal (B) Right side (C) Left side.



Figure 5. 4 years after restorations. (A) Frontal (B) Right side (C) Left side.

DISCUSSION

The restoration of esthetics and function in patients with AI may be achieved with a dedicated team approach. In the literature, a lot of case with AI were reported and all of them were aimed to restore esthetics and function to these patients by use different methods and material.¹⁻²² Some researchers advocated that the psychological transformation was spectacular, as was the physiological change and to give a beautiful smile with esthetics materials.^{15,18,19}

Treatment planning for patients with AI is related to many factors, including age, socio-economic status of the patient, the type and severity of the disorder and the intraoral situation at the time that the treatment is planned.^{3,19} When patient requires a comprehensive approach, a mutual understanding and communication among the prosthodontics, endodontic, and periodontics disciplines is very critical, to achieve the improved functional and aesthetic outcome. In this complex rehabilitation, it is essential for the prosthodontics to play a key role in the multidisciplinary team, in supporting both patient and parents.²⁰⁻²⁴ For rehabilitation of patients with AI, several treatment alternatives, with different materials and methods for restorative procedures, are available. Recently, several studies have illustrated the use of over dentures, stainless steel crowns, adhesive casting, composite resin veneers, porcelain veneers, and ceramics for restoring dentitions mutilated by severe attrition.²⁵ Besides, the advances in the field of aesthetic dentistry, especially in bonding to dentin, help practitioners to restore function and aesthetics to an acceptable level.²⁶ The clinician must carefully balance the aesthetic needs of the patient, strength of the restoration, protection of remaining teeth, and long-term prognosis of the treatment.⁶ Marginal fit and color acceptability of the restorations were satisfactory in our case, that improved the patient's self-confidence. This treatment option, however, requires

a meticulous oral hygiene practice. This clinical report describes the use of zirconia based ceramic and metal-ceramic restorations for rehabilitation of a patient with hypomaturation type of AI.

After for 4 years, the panoramic radiograph revealed that four impacted third molar teeth in both jaws erupted, so in clinically the amount of the anterior open bite was observed to be increased (Fig. 5A,B,C). The reasons of this problem might be related to several factors including (1) the eruption of the third molars and the potential mesialization effects of those teeth, (2) the problems of tongue positions during swallowing and rest,²⁷ and (3) the possible change of the condyle in the glenoid fossa. It has been suggested that all third molar teeth should be extracted and posterior restorations should be fabricated again. Exercising the patient swallowing muscles is the best way to improve his ability to swallow, so it should be suggested and last one, if a patient has a temporomandibular disorder (TMD) prior to the prosthetics therapy, his/her management's TMD joint therapy should be firstly done.^{28,29} However, the patients did not agree with our treatment choice because of this condition did not affect to quality of his life as aesthetic and functional rehabilitations. The patient's oral hygiene was satisfactory because of the healthy gingiva was present around the all restored teeth and there were not periapical inflammatory changes to all restored teeth.

The restoration of aesthetics and function in patients with AI can be achieved by making an accurate diagnosis, meticulous treatment planning, together with a dedicated team approach involving different disciplines in dentistry. Further use of modern ceramic materials such as zirconia and adhesive bonding and a justifiable reliance on the predictable artistic abilities of the dental technologist, allow both aesthetic and durable restorations.

CONCLUSION

For the AI patients, the rehabilitation included anterior and posterior restorations with aesthetics material to eliminate tooth sensitivity improve the aesthetics and occlusion, good psychology changes and restore function. Additionally use of modern ceramic materials such as zirconia and adhesive bonding and a reliable reliance on the predictable

artistic abilities of the dental technologist, allow both aesthetic and durable restorations. It has been suggested that AI patients must be monitored at 6-month intervals for ensuring long-term success to the restorations.

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