

ARTICLE WRITING RULES

- 1) **Istanbul Gelisim University the Journal of Health Sciences** (*abbreviated title: IGUSABDER*) published three times a year, includes articles on specific research, case report and review related to Health Sciences (Nutrition and Dietetics, Child Development, Physical Therapy and Rehabilitation, Ergotherapy, Nursing, Odiology, Healthcare Management, Social Service, Clinical, Paraclinical, Biological and Basic Sciences. The articles submitted to be published should be written in Turkish or English.
- 2) The articles submitted for publication should be prepared in the format of Times New Roman style, font size 12, A4 paper size, 1.5 line spacing and 2.5 cm margins of all edges. Visual items like figures and tables should be written in the language the article is written and they should be placed appropriately in the text with the necessary explanations. The titles of the tables, figures and graphics should be on the top and left aligned. The abbreviations used in the article should be stated clearly where it is used for the first time and their abbreviations should be indicated between parantheses and specific abbreviations should not be used. The first letters of the main titles should be capital, bold and center aligned. The first letters of the sub titles should be capital, bold and left aligned. Paragraph indentation should not be used.
- 3) The submission process of the article and its appendices should be carried out through Dergipark online article submission system at the address of <http://igusabder.gelisim.edu.tr> or <http://dergipark.gov.tr/igusabder> During the submission, the authors should upload the figures of the manuscript to the online manuscript submission system. First of all, if the manuscript is accepted for publication, the copyright transfer agreement form signed by all the authors should be sent to the editorial office. Ethical Statement and Copyright Transfer Form should be signed by all authors and should be loaded to the system. In case the article is not accepted, related form will be invalid.
- 4) Authors should indicate the name of institute that approves the necessary Ethical Commission Report and the serial number of the approval for related article in the section of Material and Methods. If necessary, editorial board may also request the official document of the Ethical Commission Report.
- 5) For all articles, Turkish and English abstracts should be no more than 400 words and they should be written with at least 3 keywords. Only the first letter of the first key word should be capital, the other key words should be written with small letters with comas between them.
- 6) **Article Types:**
 - a) **Original Research Article;** Original (full-length) Articles are original and proper scientific papers based on sufficient scientific research, observations and experiments. Articles should consist of title, abstract and keywords in Turkish and title, abstract and keywords in English as well as Introduction, Material & Methods, Finding and Discussion, Conclusion and References parts. Also it should not exceed 12 pages except in exceptional circumstances (including text, tables and illustrations). There is no limit for the number of references.

The abstract should include the aim, method, findings and the conclusion and it should be written accordingly with the example given below.

Abstract

Aim: The research has been made descriptively in order to determine the levels of the communication skills and the related variables.

Method: The universe of the research consists of 1116 students at the School of Health Sciences of a private university. In the research the universe has not been selected and the universe consists of 615 students that has accepted to join the research. The information form and communication skills scale has been used to collect the data. The data has been evaluated with the SPSS programme.

Findings: According to the research findings, the communication skills scale score average is 156.1 ± 13.5 . When the relationship between the sociodemographic characteristics and the communication skills scale and the sub dimensions score average is analyzed, in women behavioral sub dimension score average is higher at students that have taken a theoretical education about communication ($p < 0.05$). The communication skills scale of the students' whose father's education levels are literate is higher ($p < 0.05$)

Conclusion: As a result of the research it has been determined that the communication skills score average is at medium level and it can be suggested that more lessons about communication skills should be given at all departments of the School of Health Sciences.

- b) Case Report;** These are the articles that describe rare significant findings encountered in the application, clinic and laboratory of related fields. The reports should include the sections of Introduction, Case History, Conclusion and References and they should not exceed 6 pages.
- c) Review;** These are original articles that the author reviews a current and significant subject through the findings that the author obtains from his/her own point of view and research. The reviews should include the sections of Introduction, Conclusion and Suggestions and References and they should not exceed 12 pages.
- 7)** The personal information about author/s and information about institution/s should be added during the online submission without indicating title of the author. This information should not be indicated in the main document.
- 8)** The necessary descriptive information about article (thesis, project, financial supports etc.) should be explained as footnote in article title.
- 9)** References should be written by using Journal of American Medical Association (JAMA Citation Style). If cited in the text, it should be numbered as superscript. Also, References should be listed with numerical order as they appear in the text and the reference number should be indicated inside the parentheses at the cited text place. (For instance.....has been found¹.)

Reference;

- a)** If the reference is a journal, surnames and initial letters of names of the authors, title of the article, serial number, volume number, page number should be stated respectively as shown in the examples below.

Example: Hoover HL, VanWye WR, Judge LW. Periodization and physical therapy: Bridging the gap between training and rehabilitation. *Physical Therapy in Sport*. 2016;18(3);1-20.

- b) For reference with Digital Object Identifier, DOI number should be added to the end of reference.

Example: Rosenbaum M, Leibel RL. Models of energy homeostasis in response to maintenance of reduced body weight. *Obesity*. 2016;24(8);1620-1629. Doi: 10.1002/oby.21559

- c) If the reference is a book, it should follow surnames and initial letters of names of the authors, title of the book, edition number, name of publisher and year of publication.

Example 1: Shils M, Shike M, Olson J, Ross AC. *Modern Nutrition in Health and Disease*. 9th ed. Baltimore: Lippincott Williams& Wilkins, 1998.

Example 2: Duyan v. *Sosyal Hizmet Temelleri Yaklaşımları Müdahale Yöntemleri*. 1. baskı. Ankara: Nar Yayınevi, 2010.

- d) If a chapter in book with an editor and several authors is used as reference, surnames and initial letters of names of the chapter's authors, name of chapter, surnames and initial letters of names of the editors, name of book, edition number, location of publisher, name of publisher, year of publication and page number should be indicated respectively as shown in the examples below.

Example 1: Stover J. Pregnancy and chronic kidney disease. Byham-Gray L, Stover J, Wiesen K, eds. *A Clinical Guide to Nutrition Care in Kidney Disease*. 2nd ed. Chicago, IL: Academy of Nutrition and Dietetics; 2013, 180- 182.

Example 2: Whyte MP. Hypophosphatasia. Thakker R, Whyte MP, Eisman J, Igarashi T, eds. *Genetics of Bone Biology and Skeletal Disease*. 3th ed. San Diego: Academic Press; 2013, 337- 360.

- e) For references which are accessed online, the web address and connection date should be added at the end of the reference information.

Example (Online Journal): Duchin JS. Can preparedness for biological terrorism save us from pertussis? *Arch Pediatr Adolesc Med*. 2004; 158 (2): 106-107. <http://archpedi.amaassn.org/cgi/content/full/158/2/106> Erişim Tarihi: 1 Haziran 2004.

Example (Website): International Society for Infectious Diseases. ProMED-mail website. <http://www.promedmail.org> Erişim Tarihi: 29 Nisan 2004.

- f) If a thesis is used as reference, surname of the author and first letter of author's name, title of thesis, name of the department and university, the country where the university is, and publication year should be indicated respectively as shown in the example below:

Example: Madsen C. Badminton specific testing and development of physical on-court exercise capacity in elite youth badminton players. Department of Nutrition, Exercise and Sports, University of Copenhagen, Denmark, 2016.

- g) If a report is used as reference, name of the report, issuing institution, web address and date accessed should be indicated respectively as shown in the example below:
Example: Compressed mortality file. Centers for Disease Control and Prevention.
http://www.cdc.gov/nchs/data_access/emf.htm Erişim Tarihi: 20 Mart 2014.

- h) The generally accepted scientific writing instructions must be complied with the other references list. Abbreviations such as “et al” and “and friends” should not be used in the list of end text references.

There is no limit for the number of references.

- 10) The Latin expression such as species names of bacterium, virus, parasite and fungus and anatomical terms must be written in italic character keeping their original forms.
- 11) The editorial board has the right to perform necessary revision and reduction in the article submitted for publication and to express recommendations to the authors. The articles sent to authors for correction should be sent back to the editorial office within a month. Articles which are pre-estimated and deemed suitable for evaluation are sent to at least two referees specialized in the related field and the article can be published after the reports and evaluations come from experts on consultative committee are evaluated and approved.
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- 15) Published journal is sent to the authors for free.
- 16) All persons submitting articles to the journal are deemed to have accepted these rules.