

# Development of Embryonic Chick Liver and Distribution of eNOS, iNOS, Laminin $\alpha$ 1

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## Abstract

At the embryonic development, signal transduction pathways, genetic factors, involvements between nucleus and cytoplasm, environmental factors, cell-cell and cell-matrix interactions have important roles. It has been known that the cells are regulating the Extracellular Matrix (ECM) synthesis, degradation and reshaping events, also it has been known that the Nitric Oxide is an important molecule for cellular communication and have effects on ECM molecule distribution by reacting with ECM molecules. In this reason, the purpose of our study is detecting the correlation of reactive nitrogen species with a glycosylated molecule laminin  $\alpha$ 1. In this experiment, Leghorn type SPF (Specific Pathogen Free) embryonic chick eggs have been used. Embryos are collected at 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> days at incubation and taken into the 10% neutral buffered formalin solution. The liver tissues that dissected from embryos are fixated at second time. After 24 hours, it has been subjected to the routine paraffin embedding method and embedded to paraffin. From the 5 $\mu$ m sections, immunohistochemistry for eNOS, iNOS and Laminin  $\alpha$ 1 distribution, and for general histologic evaluation, Haematoxyline-Eosin stains has been applied. eNOS and iNOS immunoreactivity has been observed at peripheral zone of developing liver tissue that epithelial-mesenchymal transition takes place. It has been determined that immunoreactivity was minimal in 5<sup>th</sup> day, increasing with the days progressed and have highest at 7<sup>th</sup> day. Also, eNOS staining has been more powerful than iNOS staining. Laminin immunoreactivity has been similar at all developmental stages, but relatively, has been showed lesser staining. Particularly, the presence at the zones of cell differentiation has been noteworthy.

**Keywords** – Liver development, eNOS, iNOS, Laminin, Liver development, Chick embryo.

## 1 Introduction

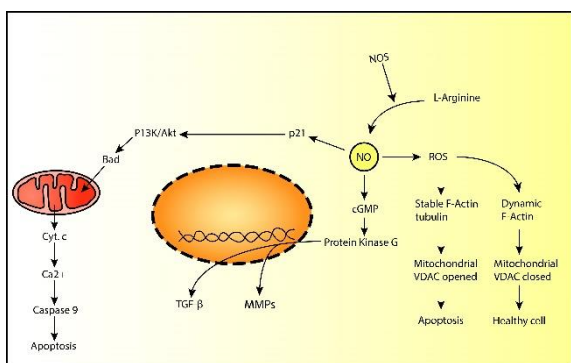
Liver is a big secretory organ that is in relation with almost all body systems and is functional within carbohydrate, protein and lipid metabolism, storage (carbohydrate, vitamin and iron), detoxification of harmful toxins, secretion and clotting factors [1]. Also, the liver is a unique organ in aspect of its regenerative capacity. Even after a big hepatectomy surgery, the remaining liver can repair itself [2]. With the embryonic development, liver is present and it takes a position between nutrition veins and circulatory system as a filtering and metabolic organ [3].

Embryonic development is based on the ability of cells that can produce tissues, possessing the abilities of differentiation, multiplication and morphogenesis. In this process, signal transduction

pathways, heretic factors, the relationship between cell nucleus and cytoplasm, environmental factors, cell-cell and cell-matrix interactions have critical place [4].

**Nitric oxide (NO)**, is an important molecule that has a role on secondary messenger system [5]. It can be synthesized from L-arginine catalyzed by nitric oxide synthase (NOS) enzyme [6], it has multiple physiological roles like defense against microorganisms and it is an inorganic molecule that is mainly synthesized from epithelial cells [7]. NO can act freely and radically in much physiological mechanisms and can react like superoxide and can produce harmful-free radicals [8]. Increased or decreased NO can be resulted with an increase or a decrease in reactive oxygen

species production (ROS) [9], and in the actin and tubulin cytoskeletal elements; it can show an effect on mitochondrial voltage dependent anion channel (VDAC) and it can drive the cell to survival or apoptosis [10]. Also, the change of NO density can change TGF- $\beta$  and matrix metalloproteinase (MMP) expressions through cGMP; by affecting cGMP dependent protein kinases [11, 12]. Such changes on MMP and TGF- $\beta$  can lead to the remodeling of the Extracellular Matrix (ECM), and can result in the changes of cell movements and characteristics [11]. Changed NO density can also activate P53 gene and upon p21 pathway, it can affect mitochondria, induce caspases and can lead to cells to apoptosis [13] (Figure 1).



**Figure 1.** Intracellular NO effect mechanism [14].

ECM, has the dynamic abilities. The balance between synthesis and degradation of ECM components are extremely important for the transduction of signals that belong to development, continuation and shaping of tissue and organs for the organisms [15-19]. The publications being published nowadays indicate that the laminin and type IV collagen are responsible for structural integrity [20].

**Laminin**, has 18 types [21, 22] that are effective on biological activities like cell adhesion, cell migration, cell differentiation and cell proliferation [20]. Also, they are involved in ECM (polymerization, connecting to nidogens and other ECM molecules) and cell surface interactions (glycolipid, proteoglycan and glycoprotein, with the couple of receptor activities) [20]. It is known that these functions take place in the connections of localized cell surface receptors and ECM molecules [23, 24]. It has been known that the cells can regulate synthesis, destruction and the reshaping of ECM with the signals coming from outside [25, 26]. Also, NO is an effective molecule

for cellular communication and can affect ECM molecule distribution [27]. Because of this, NO has important roles on the cellular communication, development, cell differentiation and cancer [4]. Thus, the aim of this study is to detect the liver development and eNOS, iNOS and Laminin  $\alpha$ 1 distribution

## 2 Material and Method

In this experiment, Leghorn-type embryonated chicken eggs (SPF; Specific Pathogen-Free), taken by Turkey's Ministry of Agriculture and Farming, Bornova Veterinary Control and Research Institute Administration, have been used. This study is approved by Animal Experiments Regional Ethic Committee with number 77.637.435-21 in Celal Bayar University Faculty of Medicine.

Eggs have been incubated into the incubator that has  $37.5 \pm 0.2^\circ\text{C}$  temperature and  $65\% \pm 0.5$  humidity settings with cradle feature. In the 5<sup>th</sup> (HH26), 6<sup>th</sup> (HH28) and 7<sup>th</sup> (HH29) days of incubation, eggs have been opened carefully and embryos taken out are fixated into the 10% neutral formalin solution. After fixation, dissected liver tissues have been dehydrated by transferring the tissues into the increased alcohol series. Tissues have been embedded into the paraffin after the clarification process performed with xylene. The 5  $\mu\text{m}$  sections taken from paraffin blocks have been taken onto the microscope slides and for the determination of general structure, Haematoxylin-Eosin (SCBT, sc-24973) has been used, and for the examination of eNOS (SCBT, sc-654), iNOS (SCBT, sc-651) and laminin  $\alpha$ 1 (NOVUS, nb600-883), immunohistochemistry staining has been performed [28-30].

### 2.1 Histological stain

The sections are deparaffinized by xylol, are subjected to decreasing alcohol series and stained by haematoxylin after eosin stain. Then, they are subjected to increasing alcohol series, are cleared with xylene and mounted with coverslip by entellan [31].

### 2.2 Immunohistochemistry Staining

The sections taken onto the Lysine coated slides are deparaffinized in an oven at  $60^\circ\text{C}$  and clarified by xylol. After that procedure, sections have been rehydrated by decreasing alcohol series and taken

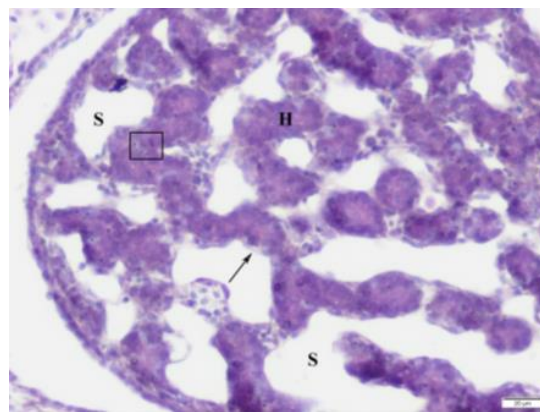
into the distilled water. In the sections under the 0.5% trypsin solution, 3% H<sub>2</sub>O<sub>2</sub> has been administered. After washing with phosphate buffered saline (PBS) solution, the sections have been treated with blocking solution. Without PBS washing, primary antibodies (eNOS, 1/100 dilution; iNOS, 1/100 dilution; Laminin 1, 1/100 dilution) have been added and sections are incubated overnight at +4 °C. After PBS washing step, anti-hydrogen peroxidase secondary antibody is applied to the sections. After another PBS washing, the sections have been applied with diaminobenzidine tetrahydrochloride (DAB) solution for the visualization of immunohistochemistry reaction. After background staining with Mayer's haematoxylin solution, sections are washed with distilled water, dehydrated by alcohol, clarified with xylene and mounted with coverslips by entellan mounting medium [32]. Handled slides are then investigated in bright field microscope and photographed by Olympus (DP73) camera.

### 3 Results

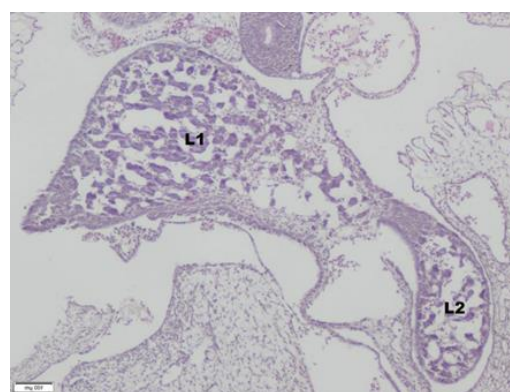
The embryonic chick liver samples prepared and stained by histological methods have been examined and photographed.

#### 3.1 Microscopical Findings

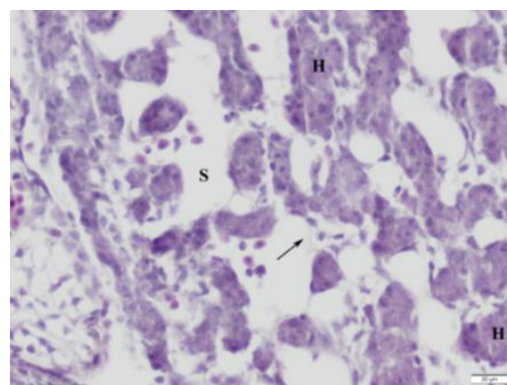
In the 5<sup>th</sup> day (HH 26) of development, it has been observed that the liver is shaped at cardio-hepatic zone in close relation with embryonic heart. The cells that will form hepatocytes are loosely organized and the sinusoids has begun to shape. At the lumen of sinusoids, blood cells, and at the walls, endothelial cells have been observed (Figure 2). It has been observed that hepatocytes are cubicle or low prismatic in shape. Hepatocytes clustering between sinusoids compose the liver parenchyma by spreading in dendriform shape. Also, mitotic hepatocytes have been observed (Figure 2). At the 6<sup>th</sup> day of development (HH 28) it has been observed that the 2<sup>nd</sup> lobe has formed (Figure 3) and hepatocytes has become tightly organized. Accompanied with this status, blood cells and increased liver sinusoidal spaces have been observed. Endothelial cells lining on the sinusoidal walls have been in evidence (Figure 4).



**Figure 2.** Liver tissue at 5<sup>th</sup> day of development. Hepatocyte clusters (H), endothelial cells (→), sinusoids (S), mitosis (□). H&E, Bar 20 µm.

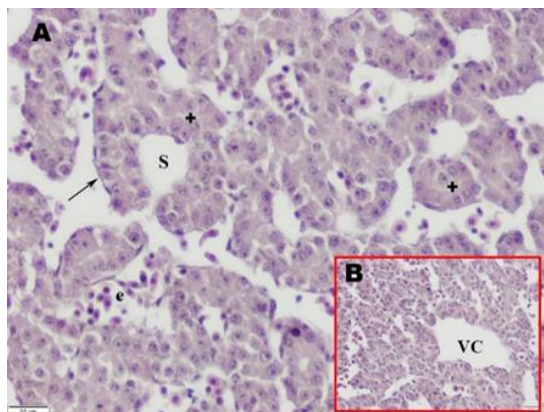


**Figure 3.** lobe 1 (L1) and lobe 2 (L2) at the 6<sup>th</sup> day of development. H&E, Bar 100 µm.

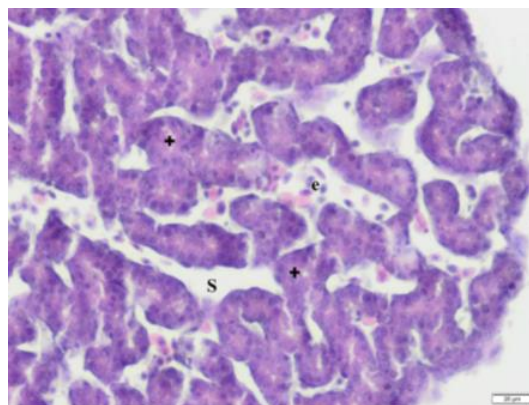


**Figure 4.** at the 6<sup>th</sup> day of development, hepatocytes are tightly organised and the number of sinusoids increased. Sinusoids (S), hepatocyte clusters (H), endothelium (→). H&E, Bar 20 µm.

At the 7<sup>th</sup> day of development (HH 29), the formation of 3<sup>th</sup> lobe, increase in hepatocyte count, the lumen of the sinusoids blood cells and the wall endothelial cells have been observed (Figure 5A). It has been seen that the hepatocytes spread in dendriform shape and compose the liver parenchyma, and sinusoids are formed in beam shaped structure from vena centralis zone (Figure 5B).



**Figure 5.** Liver tissue at 7<sup>th</sup> day of development. (A), Dendriform shaped liver cords (+), Sinusoids (S), Endothelial cells (→), Erythrocytes (e). (B), Vena Centralis (VC). H&E, Bar 20 µm.



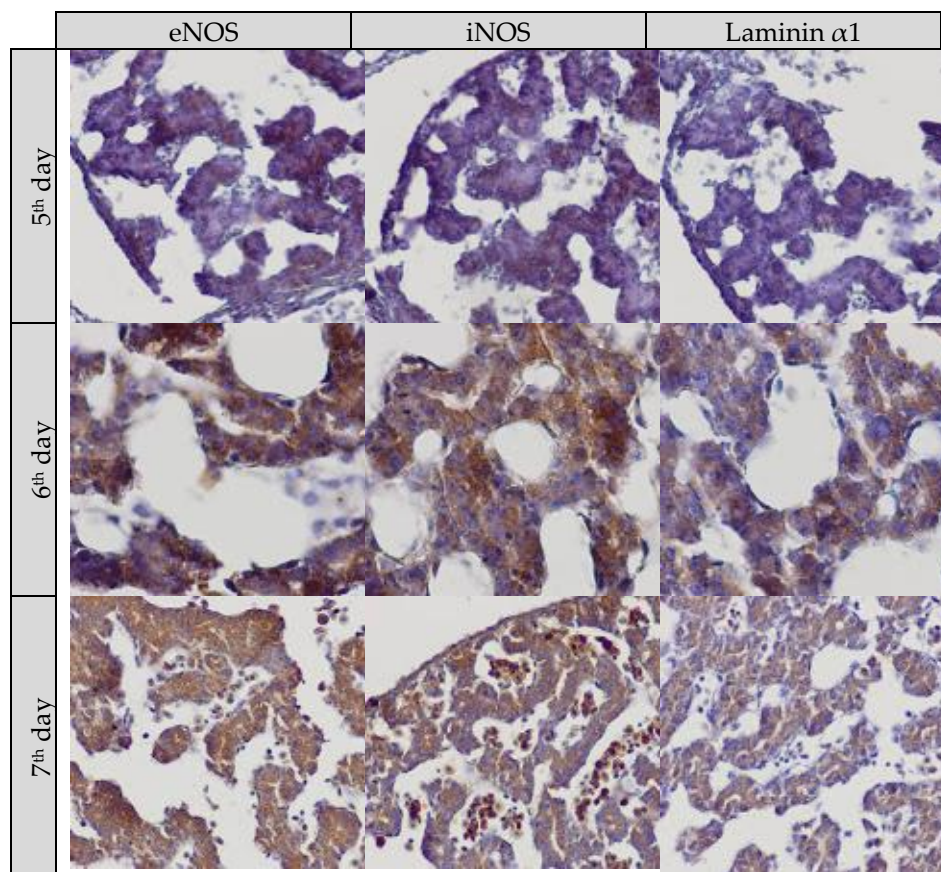
**Figure 6.** Liver tissue at 8<sup>th</sup> day of development. Sinusoids (S), Erythrocytes (e), Hepatocyt cords (+). H&E, Bar 20 µm.

In this stage, it has been identified that the hepatocytes obtain cubic or low prismatic in shape. The 8<sup>th</sup> day of development is similar to the 7<sup>th</sup> day (Figure 6). After the 8<sup>th</sup> day, organogenesis is completed and growing phase has started.

### 3.2 Immunohistochemical Findings

At the 5<sup>th</sup> day of development, it has been observed that eNOS and iNOS immunoreactivity

are present weakly and there is staining at the liver peripheral cells in general. After the 6<sup>th</sup> day, the staining has increased, and with the 7<sup>th</sup> day, eNOS staining becomes stronger than the iNOS staining (Figure 7). There is very little or no Laminin immunoreactivity at the 5<sup>th</sup> day of development. After 6<sup>th</sup> day, staining has increased and it has been observed that staining is very intense at the cells forming the hepatic cords.



**Figure 7.** eNOS, iNOS and Laminin α1 staining at liver development stages (HH26, 28, 29). Bar 20 µm (5<sup>th</sup> and 7<sup>th</sup> days), Bar 10 µm (6<sup>th</sup> day).

#### 4 Discussion

In the chick liver organogenesis, hepatic endoderm reproduces with mitosis and forms the hepatic cords of the liver. This morphogenesis that happens after the induction is specific to the species [33] and it has been known that this signal used for the induction is similar to the mouse liver development [34]. In this study, at the developing chick liver, distribution of eNOS and iNOS enzymes and the correlation of Laminin  $\alpha 1$  with this enzyme have been examined.

Suksewang et al. [35] have stated that liver development of chick embryo starts in a day with hepatoblast differentiation and subsequently, at the 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> days, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> lobe will be formed and liver will enter a very fast growing stage. The results of our study on daily basis are very similar to that of Suksewang et al.

It has been known that NO is an important molecule for the development of many organs. Ilentile et al. [36] have proved that NO is an important factor for the retinal development, and Uçar [37] indicates that NO is also needed for the lung development. Our findings are very similar to Uçar's [37], as eNOS activity is stronger than iNOS activity. On the contrary, while eNOS and iNOS activities have increased at the last days of the liver development, the activity in the lung has decreased according to Uçar's work. Liu and Feng [38] have showed that eNOS production starts at the early organogenesis in the heart of mice and maintains the high levels until the 13.5<sup>th</sup> day, and any changes of the eNOS production have resulted in the congenital heart anomalies. At our study, similar to Liu and Feng, eNOS production has started at early liver organogenesis and has increased as the development improves.

It has been known that eNOS is continually expressed and with little stimulus, it will produce little amount of NO. Furthermore, NO which is produced with the eNOS protects the liver homeostasis and keeps liver safe from the pathological events [39]. Nowicki et al. [40] has examined and found that at the 18<sup>th</sup> and 20<sup>th</sup> day of development (near birth) eNOS expression continues to remain at lower levels, starts to increase with birth and it reaches maximum levels on adult rats. At this study, there is no data to be

shown about eNOS in early stages of liver development, and the increase in eNOS after birth is associated with the increased blood flow in the liver. eNOS staining intensity is higher at the liver sinusoids. Cox et al. [41] has worked with some NO activators and inhibitors and they have examined the correlation of liver size with NO concentration in early zebrafish liver development. As a result, they found that normal levels of NO are essential for the liver development, but no data about NO distribution in the early liver developmental stage has been presented.

Hepatocyte cells make little amount of iNOS expression at normal conditions, but with events like the hemorrhagic shock or ischemia-reperfusion damage, iNOS levels in the liver reaches very high levels. It has been put forward that the main reason is defending the liver from incoming liver damage [42]. Bloch et al. [42] has shown that eNOS and iNOS expressions have increased with time in mice heart development, eNOS staining is higher compared with the iNOS staining and as the development continues, iNOS staining is fainter compared to eNOS staining. In the literature review, no publication about the correlation of iNOS distribution with liver development has been found.

It has been known that NO can regulate the extracellular matrix (ECM) synthesis [43, 44], ECM can also carry the signals like cell proliferation, migration and differentiation events, which have important roles on tissue and organ development together with organ remodeling [45]. For the normal development of the liver, it has been found that ECM composition is a critical factor for epithelial-mesenchymal interaction [33]. During the liver development, it has been seen that periportal zone which densifies with undifferentiated cell population, is richer than other zones in terms of laminin, and any changes at the laminin concentration affect the liver development in a negative way [46]. Williams et al. [47] has indicated that laminin can increase liver regeneration in case of a liver damage. At the in vitro studies, it has been shown that laminin rich surfaces can support cell migration and have a key role at the cell differentiation [48]. It has been considered that the laminins constitute a special part of the hepatic cell niche of the human and

mouse and it is thought that laminins play a role in maintaining this characteristic [49]. Rialas et al. [50] made studies with PC12 cell lines and concluded that nitric oxide is an important molecule for laminin signal transduction mechanism, because NO is inhibited laminin regulated neurite outgrowth. In addition, Meesters et al. [51] indicated that NO can induce the ECM synthesis and can accelerate bone healing.

At the embryo, cellular communication at the organogenesis stage and the signal molecules which help this communication are important in many aspects. In this stage, detection of specific cell factors that have a role on tissue and organ remodeling related mechanisms can be beneficial for a molecular level approach.

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