

# Evaluation of Bone Microstructure Parameters by Using Tomographic Methods and Compressive Strength Estimation

Sema Kaya<sup>id</sup>, Alaettin Koç<sup>id</sup>

Van Yüzüncü Yıl University, Faculty of Dentistry, Oral and Maxillofacial Radiology Department, Van, Türkiye.

Correspondence Author: Sema Kaya

E-mail: semakaya@yyu.edu.tr

Received: 20.07.2023

Accepted: 18.01.2024

## ABSTRACT

**Objective:** The aim of this study was to evaluate the microstructure of the mandible by micro computed tomography ( $\mu$ CT), cone beam computed tomography (CBCT) and computed tomography (CT) and to estimate the compressive strength of the bone based on the values obtained by these methods.

**Methods:** Thirty specimens obtained from ex-vivo sheep mandible were scanned by  $\mu$ CT cone beam computed tomography and computed tomography. These specimens were also subjected to compression testing and compression strength values were calculated. Morphometric parameters were evaluated using ImageJ software Bland-Altman lower upper bound agreement and ICC coefficient were used to evaluate the agreement between the tomography methods used and the gold standard. Linear and multivariate stepwise regression analysis was performed to calculate the compression strength value based on the radiomorphometric parameters. Statistical significance level was accepted as .05.

**Results:** Bone Surface/Total Volume, Bone Volume/Total Volume and Degree of Anistoropy parameters evaluated by CBCT and Fractal Dimension parameter evaluated by CT showed a statistically significant agreement with the gold standard method  $\mu$ CT. Bone Volume/Total Volume and Degree of Anistoropy parameters obtained with  $\mu$ CT ( $R^2:0.75$ ), Bone Volume/Total Volume, Degree of Anistoropy, Connectivity Density parameters ( $R^2:0.62$ ), and the Structure Model Index parameter ( $R^2:0.13$ ) obtained by CT can be used to predict the compression strength value.

**Conclusion:** Bone compression strength can be estimated by CBCT and  $\mu$ CT methods in a desired level. Bone Volume/Total Volume and Degree of Anistoropy parameters are significant determinants of bone mechanical property in not only  $\mu$ CT but also CBCT method.

**Keywords:** computed tomography, cone beam computed tomography, micro computed tomography, compression strength.

## 1. INTRODUCTION

In dental practice, predicting the quality and quantity of the alveolar bone increases the success of treatments. The ability to make these predictions can greatly increase the success of periodontal, orthodontic, and surgical treatments, particularly implant applications (1). In the past years, bone structure analyses have mainly been based on bone mineral density measurements (2). However, studies have shown that measuring only bone mineral density is insufficient for these analyses and that trabecular bone microstructure analysis should also be performed (3). The bone structure histologically consists of trabecular and cortical structures. The trabecular structure is more active in the metabolic procedure and more effective in bone remodeling than the cortical bone because it has a larger surface area (4). This causes the trabecular bone to be more affected during the bone resorption mechanism. However, the standard morphologic parameters used in bone microstructure evaluations are as follows: the ratio of the bone volume (BV) to the total bone volume (TV) i.e., bone volume to

total volume the relative volume of calcified tissue in the selected volume of interest (BV/TV), trabecular thickness; mean thickness of trabeculae, assessed using direct 3D method (Tb/Th), bone surface (BS), trabecular separation; mean distance between trabeculae, assessed using direct 3D methods (Tb/Sp), trabecular number; number of trabecules that crosses a particular one pe runit of length across the VOI; (Tb/N), cortical thickness; mean thickness of cortical bone assessed using direct 3D method (Ct/Th), connectivity density; examination of thinning and thickening of trabecular bone in each volume set (Con. Dens), degree of anisotropy; which is the presence or absence of aligned trabecules in a particular direction (1 is considered isotropic, >1 is considered anisotropic (DA), fractal dimension; which indicates the complexity of the specimen surface (FD), and structural model index; which gives information about preponderance of trabecular morphology (0 is an ideal plate, whereas 3 is an ideal cylinder) (SMI) (5). The gold standard for the two-dimensional evaluation of bone microstructures is histologic

or histomorphometric evaluation, and the gold standard for three-dimensional (3D) evaluation is microcomputed tomography ( $\mu$ CT) (6,7).

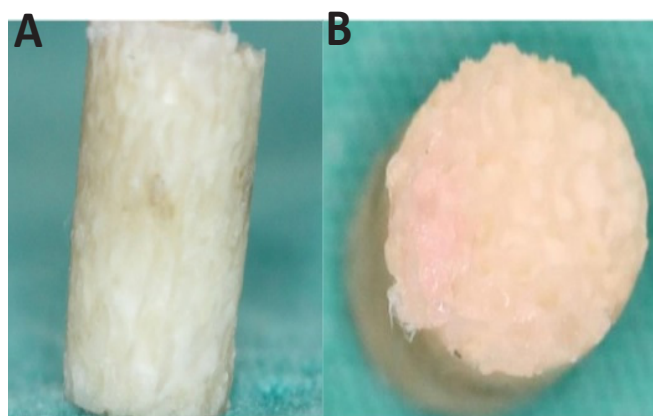
The computed tomography (CT), method, particularly multislice computed tomography (MSCT), has a larger radiation dose than other bone quality assessment methods (8,9). Kulah et al. compared the images they obtained using two different cone-beam computed tomography devices with voxel sizes in the range of 0.075 to 0.2 mm and field of view (FOV) of 40×40 to 80×80 with the images obtained by the micro computed tomography device, which is considered the gold standard among tomography methods, for bone microstructure parameters. As a result of their research, they demonstrated that the bone microstructure parameters, specifically BV/TV and DA, obtained from the images acquired with the low voxel size cone-beam computed tomography device exhibited the highest compatibility with micro computed tomography and could be used as an alternative (10). Ibrahim et al. evaluated bone structure in human cadavers using a cone-beam computed tomography device with a voxel size of 0.08 mm. They investigated which parameter exhibited better compatibility with the gold standard. It was observed that trabecular number showed the best agreement with micro computed tomography results, followed by trabecular thickness and trabecular separation parameters (11).

## 2. METHODS

All procedures performed in studies involving animal researches local ethic committee rules. The study was approved by Van Yüzüncü Yıl University Animal Researches Local Ethic Committee (06.02.2020-approval number: 2020/01).

### 2.1. Sample Preparation

Thirty samples were obtained ex vivo from sheep mandibles. The samples were obtained by inserting a 10\*3 mm trepan burr parallel to the axial plane. To prevent moisture loss, the samples were wrapped in cotton wool impregnated with saline solution and stored at  $-20^{\circ}\text{C}$  (Figure 1).



**Figure 1.** Image of samples.

### 2.2. Acquisition of $\mu$ CT Images

Each sample were placed perpendicular to the ground plane and scanned (SkyScan, Kontich, Belgium) at 80 kVp, 125  $\mu$ A, a scan time of 50 ms, and a section thickness of 10.00  $\mu$ m.

### 2.3. Acquisition of CBCT Images

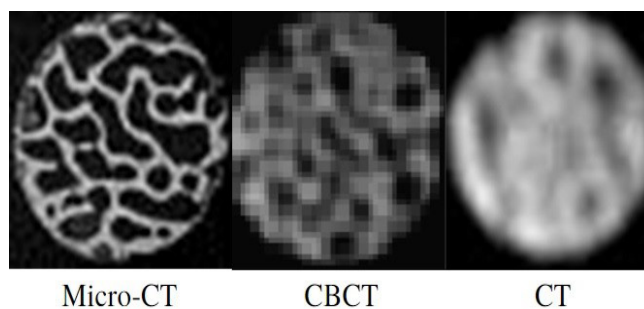
Each sample was placed perpendicular to the ground plane and scanned using a KaVo 3D eXam cone beam tomography device (KaVo Dental, Biberach, Germany) at 120 kVp, 5 mAs, a scan time of 7 s, a voxel size of 0.125 mm, and 16\*4 cm FOV (Field of View).

### 2.4. Acquisition of CT Images

The samples were placed parallel to the ground plane in accordance with the scanning axis and scanned at a voxel size of 0.625 mm using a 2011 GE brand Brightspeed Model 16-section CT scanner (Healthcare, Milwaukee, WI) with a 12226 Exam X-ray tube at 120 kVp, 69 mA, and a scan time of 0.6 s.

### 2.5. Radiologic Analysis

To equalize the different slice thicknesses of the devices, all the CT and CBCT images were analyzed using five slice intervals, while the  $\mu$ CT images were analyzed using sixty-two slice intervals. All the consecutive slice images were analyzed and aligned using the study protocol of Panmekiate et al.. The bone microstructure parameters were evaluated using ImageJ-Bone J software (National Institutes of Health, USA) (Figure 2) (12). All transferred images were converted into a single file containing consecutive images (Image-Stacks-Images to Stack). The images were manually drawn to include the area of bone (ROI) to be analyzed (Rectangle Selection). The file containing the areas to be analyzed was converted to black and white image format (Process-Binary-Make Binary). The prepared images were subjected to plugins-bonej-analyse skeleton, anisotropy, connectivity, fractal dimension, isosurface, structure model index, thickness, volume fraction processes in the ImageJ program. In the evaluation of Connectivity Density parameter in radiological images, in addition to the algorithms applied to other parameters, a purification process has also been conducted as part of the procedure. All procedures were repeated for images of thirty specimens obtained with three different tomography imaging methods.



**Figure 2.** Images of bone samples taken with three different tomography methods. (Micro-CT: micro computed tomography, CBCT: cone beam computed tomography, CT: computed tomography.)

## 2.6. Compression Test Experiment

In order to keep the effect of temperature on the sample's constant, each sample was kept in separate boxes in a - 20 degree freezer. Each sample was placed on the lower jig table of the device with its long axis perpendicular to the ground plane. All compression tests were performed using a universal testing machine (Shimadzu Corporation, Kyoto, Japan). Each sample has been placed on the lower jig table of the device with its long axis perpendicular to the horizontal plane to prevent its movement against the forces and to secure the sample in place, using pink base plate wax of the same thickness as the table at the pre-determined exact center. The device has been calibrated after each setup to ensure it is in the appropriate position for testing. After the device is turned on, a compression test template is created in the software program on the computer by entering the properties of the samples to be tested. In the compression strength test, force is applied in the direction parallel to the long axis of the sample. Before starting the test, the upper jig, which will apply the force, is brought to the allowed shortest distance from the sample without making contact, using the manual movement button. Once the test begins, the applied force has shown a rhythmic and consistent increase. The force increase rapidly decreases and resets to zero after reaching the maximum force at which the samples deform. The compression strength of the sample is recorded, considering the highest force applied by the device before the samples deform.

## 2.7. Statistical Analysis

The Bland-Altman test was used to evaluate whether the CBCT and CT methods could be alternatives to the  $\mu$ CT method, which is considered the gold standard. Linear regression and multiple

stepwise regression analyses were performed to predict compressive strength based on the microstructure parameters. All the analyses were performed using SPSS software (IBM SPSS Statistics 20.0; IBM Co., Armonk, NY, US

## 3. RESULTS

### 3.1. Comparison of CBCT and $\mu$ CT Techniques

There was a statistically significant moderate agreement between the DA and BV values obtained using the CBCT and  $\mu$ CT methods (ICC = .484 and  $p < .001$ ; ICC = .537 and  $p < .05$ ). This parameter was statistically significant between CBCT and  $\mu$ CT but not statistically significant between the CT and  $\mu$ CT values.

There was a statistically significant poor agreement between the BS/TV and BS (Bone Surface) values obtained using the CBCT and  $\mu$ CT methods (ICC = .319 and  $p < .05$ ; ICC = .294 and  $p < .05$ ). No statistically significant agreement was observed between the CT and  $\mu$ CT values of this parameter.

There was a statistically significant good agreement between the BV/TV and TV values obtained using the CBCT and  $\mu$ CT methods (ICC = .703 and  $p < .001$ ; ICC = .673 and  $p < .001$ ). No statistically significant agreement was observed between the CT and  $\mu$ CT values of this parameter.

### 3.2. Comparison of CT and $\mu$ CT Techniques

There was a statistically significant moderate agreement between the FD values obtained using the CT and  $\mu$ CT methods (ICC = .474 and  $p < .05$ ). No statistically significant agreement was observed between the CBCT and  $\mu$ CT values of this parameter (Table 1).

**Table 1.** Bland and Altman limits of agreement of all assessed parameters.

	MD	SD	Limits of Agreement (%95 CI)		ICC (%95 CI)	p
			Lower	Upper		
<b>BS/TV</b>						
CBCT - $\mu$ CT	0.043	0.042	-0.039	0.124	0.319 (-0.206 - 0.648)	<.05
CT - $\mu$ CT	0.119	0.049	0.022	0.216	0.035 (-0.077 - 0.208)	>.05
<b>BV/TV</b>						
CBCT - $\mu$ CT	0.027	0.064	-0.098	0.153	0.703 (0.376 - 0.859)	<.001
CT - $\mu$ CT	0.222	0.065	0.094	0.350	0.023 (-0.042 - 0.138)	>.05
<b>BS</b>						
CBCT - $\mu$ CT	1965.340	1281.169	-545.752	4476.432	0.294 (-0.208 - 0.645)	<.05
CT - $\mu$ CT	2626.991	1468.520	-251.309	5505.292	-0.047 (-0.208 - 0.186)	>.05
<b>BV</b>						
CBCT - $\mu$ CT	606.133	3690.823	-6627.880	7840.147	0.537 (0.03 - 0.779)	<.05
CT - $\mu$ CT	778.400	4508.492	-8058.245	9615.045	0.08 (-0.938 - 0.563)	>.05
<b>TV</b>						
CBCT - $\mu$ CT	-2166.667	5675.618	-13290.879	8957.545	0.673 (0.326 - 0.843)	<.01
CT - $\mu$ CT	-18666.667	9907.619	-38085.600	752.267	0.091 (-0.124 - 0.356)	>.05
<b>FD</b>						
CBCT - $\mu$ CT	-0.143	0.285	-0.702	0.416	-0.123 (-0.962 - 0.408)	>.05
CT - $\mu$ CT	0.098	0.199	-0.292	0.488	0.474 (-0.03 - 0.741)	<.05
<b>DA</b>						
CBCT - $\mu$ CT	0.208	0.140	-0.066	0.483	0.484 (-0.236 - 0.798)	<.001
CT - $\mu$ CT	0.180	0.308	-0.424	0.784	-0.386 (-1.398 - 0.27)	>.05

MD: Mean Deviation, SD: Standart Deviation, CI: Confidence Interval, BS/TV: Bone Surface/Total Volume, BV/TV: Bone Volume/Total Volume, BS: Bone Surface, BV: Bone Volume, TV: Total Volume, FD: Fractal Dimension, DA: Degree of Anisotropy.  $p < .05$

The statistically significant parameters are shown in the linear regression model, along with the microstructure parameters obtained using the three tomography methods (Table 2).

**Table 2.** Linear regression models showing the relationship between microstructure parameters analyzed by  $\mu$ CT, CBCT, CT and compressive strength.

	BS/TV	BV/TV	FD	Tb/Th	DA	Con. Dens	SMI
<b><math>\mu</math>CT</b>							
R <sup>2</sup>	0.279	0.612	0.158	0.389	0.303	NS	NS
F	10.812	44.08	5.262	17.862	12.195	NS	NS
<b>CBCT</b>							
R <sup>2</sup>	0.356	0.431	NS	NS	0.302	0.165	NS
F	15.649	21.242	NS	NS	12.123	5.534	NS
<b>CT</b>							
R <sup>2</sup>	0.134	NS	NS	NS	NS	NS	0.155
F	4.338	NS	NS	NS	NS	NS	5.133

NS: not significant. BS/TV: Bone Surface/Total Volume, BV/TV: Bone Volume/Total Volume, FD: Fractal Dimension, Tb/Th: Trabecular Thickness, DA: Degree of Anisotropy, Con. Dens: Connectivity Density, SMI: Structure Model Indeks.  $\mu$ CT: Micro Computed Tomography, CBCT: Cone Beam Computed Tomography, CT: Computed Tomography.

### 3.3. Multiple Stepwise Regression Analyse of Bone Parameters of $\mu$ CT Scanning

A multiple stepwise regression model was created to predict the compressive strength of the bone specimens based on the BV/TV and DA values obtained using  $\mu$ CT. The calculated regression model was statistically significant (F (2,25) = 42.255; p < .001), with R<sup>2</sup> = .753. The estimated compressive strength of the bone specimens was equal to - 278.442 + 2825.965 \*BV/TV - 49.432\*DA. Both the BV/TV and DA parameters, which were analyzed using the  $\mu$ CT method, were statistically significant determinants (Table 3).

BV/TV, DA and Con. Dens values, a multiple stepwise regression model was created to predict the compressive strength of bone specimens. The calculated regression model was statistically significant (F (3, 25) = 16,149, p<.05) and R<sup>2</sup>=.619. The estimated compressive strength of the bone specimens is equal to 751.328+750.919\*Bv/TV-711.786\*DA-69490.423\*Con. Dens. BV/TV DA and Con. Dens parameters are statistically significant determinants (Table 3).

### 3.4. Multiple Stepwise Regression Analyse of Bone Parameters of CT Scanning

A multiple stepwise regression model was created to predict the compressive strength of bone specimens based on the SMI value, one of the bone microstructure parameters analyzed by CT. The calculated regression model was statistically significant (F (1, 28) = 5.133, p< .05) and R<sup>2</sup>=.125. The estimated compressive strength of the bone specimens is equal to 639,677-132,453\*SMI. The SMI parameter, which is one of the bone microstructure parameters analyzed in the CT method, is a statistically significant determinant (Table 3).

**Table 3.** Multiple stepwise regression models showing the relationship between microstructure parameters analyzed by  $\mu$ CT, CBCT, CT and compressive strength.

	$\beta^1$ (%95 CI)	SE	$\beta^2$	t	p
<b><math>\mu</math>CT</b>					
Constant	-278.442 (-536.395-20.489)	125.248		-0.223	.035
BV/TV	2825.965 (2016.424+3635.505)	393.069	0.699	7.189	.000
DA	-349.4321 (-517.603-181.261)	81.655	-0.416	-0.279	.000
<b>CBCT</b>					
Constant	751.328 (174.774+1327.881)	279.943		2.684	.013
BV/TV	750.919 (-26.101+1527.938)	377.279	0.323	1.99	.058
DA	-711.786 (-1162.972-260.599)	219.072	-0.448	-3.249	.003
Con. Dens.	-6940.423 (-126176.934.12803.912)	27523.889	0.379	-2.525	.018
<b>CT</b>					
Constant	63.677 (336.372+942.983)	148.069		4.320	.000
SMI	-132.453 (-252.11-12.696)	58.464	-0.394	-2.266	.031

$\beta^1$ : Unstandardized beta coefficient, SE: Standard error,  $\beta^2$ : Standardized beta coefficient, CI: Confidence Interval. BV/TV: Bone Volume/Total Volume, FD: Fractal Dimension, Degree of Anisotropy, Con. Dens: Connectivity Density, SMI: Structure Model Indeks.  $\mu$ CT: Micro Computed Tomography, CBCT: Cone Beam Computed Tomography, CT: Computed Tomography.

## 4. DISCUSSION

CBCT is commonly utilized to assess bone quality, with a primary emphasis on bone density, as observed in studies such as those conducted by Corpas et al., Ibrahim et al. (3,13). However, to gain a more comprehensive understanding of its impact on the integration of implants with bone tissue, it is imperative to consider bone quality from the microstructural perspective of trabecular bone, as underscored in research by Gonzalez-Garcia et al. (14). Trabecular bone microstructure not only plays a vital role in bone healing and implant stability, as elucidated by Minkin and Marinho, but it also significantly contributes to overall bone strength, as indicated by studies such as Manske et al. (15,16). In this study, we evaluated all the parameters evaluated in the previous studies in three different tomography devices and tried to learn the parameters that best comply with the gold standard and to evaluate the estimation of bone compression strength based on these parameters. We also tried to understand the preferability of the cone beam computed tomography method according to the gold standard.

Limitations of this study can be related with organic components of bone tissue. For example, some authors found an association between bone fracture and bone collagen integrity (17). Optimal ratio of bone organic-inorganic components was reported as a fundamental determinant of bone mechanical quality (18). In some studies, it has

been stated that the ratio of “bound and pore water” is associated with bone fragility (19). Also, deteriorated micro-arrangement between collagen fibrils and apatite crystals was responsible for reduced bone strength (20). As proven by the studies above, organic component is affective on bone strength, However, we did not include a organic bone parameter to this study.

Knowledge about the microstructure and quality of the trabecular bone structure before surgical procedures and in some systemic diseases affecting the bone structure is very important in the success and prognosis of treatment. Radiologic evaluation of bone quality will provide clinicians with very useful information. In recent studies, it is argued that Magnetic Resonance Imaging (MRI) method may be an alternative for trabecular and cortical bone evaluations since it does not contain ionizing radiation (21, 22) and MRI can evaluate organic component and water ratio of bone (19).

With the emergence of new techniques for measuring bone fragility, using not only the mass but also the microstructure of the bone has proven to be very effective in calculating the strength of the bone. Many researchers argue that bone mineral density is still very important in determining the strength of bone. However, many recent studies have shown that microstructure parameters alone, independent of knowledge of mineral density, are sufficient for evaluating bone strength (23).

Goulet et al. used  $\mu$ CT to examine the microstructure of trabecular bone and mechanical tests to evaluate the relationship between the elastic modulus and the total strength of the bone. The researchers concluded that BV, connectivity parameters, and number of trabeculae are highly effective parameters in determining mechanical properties. They stated that increases in the BV parameter are naturally associated with an increase in the density value (24).

In addition, Ding et al. used  $\mu$ CT to investigate microstructural changes in trabecular bone samples taken from patients with early osteoarthritis. They evaluated the relationship of the data they obtained to the strength and failure energy values of the bone. In the regression model they derived, they showed that none of the microstructure parameters could determine the strength and failure energy values of the bone as well as the SMI parameter (25). In the present study, the relationship between the values obtained as a result of  $\mu$ CT evaluation of the microstructure of the bone and the compressive strength of the bone was evaluated, and it was seen that the SMI ( $R^2$ : 16%) and BS/TV ( $R^2$ : 13%) parameters were statistically effective, although the percentage of model identification was low. An increase in the SMI parameter is associated with an increase in the number of rod-shaped trabeculae, whereas an increase in the BS/TV value is associated with an increase in bone mineral density (14,26). In addition, recent studies using the gold standard  $\mu$ CT have shown that some new parameters are statistically more effective in determining mechanical properties than the SMI parameter (27,28).

Maquer et al. proved that the combined evaluation of BV/TV and DA parameters, which are microstructure parameters evaluated by  $\mu$ CT, are the most effective variables in calculating the young's modulus of trabecular bone (27). But in their  $\mu$ CT study on the stiffness and yield strength of trabecular bone, Musy et al. concluded that BV/TV and DA parameters were the best parameters for predicting the mechanical properties of bone, accounting for more than 98% of the regression model (28). Using the histomorphometric method of two-dimensional imaging, Han et al. evaluated the microstructure of samples taken from the knee bones of patients with osteoarthritis (29). They also calculated the Osteoarthritis Research Society International (OARSI) values of these samples. The OARSI classification system is an atlas-based grading system that evaluates osteophyte formation and lateral compartment narrowing (29, 30) concluded that the higher the BV/TV parameter, the higher the OARSI value for bone and cartilage. In the present study, multiple stepwise regression models created with BV/TV and DA parameters obtained by using  $\mu$ CT (the gold standard of ex vivo evaluation) and CBCT imaging (widely used in dentistry applications) were found to be highly effective in determining the compressive strength of trabecular bone. The DA parameter is related to the direction of the stress to which the bone is exposed; it is a numerical indication of the three-dimensional configuration of the bone structure (30). A high DA value means that the trabeculae in the trabecular bone are more frequently aligned in the same direction (31). When trabeculae are aligned in the same direction, the ability to absorb the applied force declines. Thus, there is a negative correlation between the compressive strength of bone and the DA parameter. This alignment also explains why similar microstructure parameters have a similar effect in determining the mechanical properties of bone.

Kang et al. investigated the extent to which implant stability is affected by the microstructure parameters of bones obtained from pigs (26). They used both  $\mu$ CT imaging and CBCT imaging to analyze the microstructure, and they compared their data with the stability according to peak frequency SPF (Implant Stability Criterion) parameter used to determine the primary stability of implants. The BV/TV, BS/TV (BSD), and SMI parameters, from data obtained by  $\mu$ CT imaging, were the variables in the model with the highest descriptiveness. In the present study, among the data obtained by  $\mu$ CT imaging, the BV/TV parameter alone accounts for approximately 58.9% of the compressive strength regression model. Teo et al. reported that a decrease in con. dens. value will not affect the BV and BV/TV values but will lead to a loss of strength in the bone (32). This suggests that the con. dens. parameter should be included in the multiple stepwise regression model between CBCT microstructure parameters and compressive strength. Again, using the CT method to evaluate the microstructure parameters, we observed a negative correlation between compressive strength and the SMI parameter. Kang et al. also found a negative correlation between the SMI value and SPF. This can be interpreted as signifying an increase in the number of rod-shaped trabeculae, which weakens both

the osseointegration between the implant and bone and the compressive strength of the bone to resist forces (26).

Using  $\mu$ CT, Ding et al. analyzed trabecular bone samples obtained from osteoarthritic and osteoporotic human hips and subjected them to compression testing. They concluded that patients with similar BV/TV values did not show similar compressive strength. They argued that the BV/TV parameter is largely effective in determining compressive strength but that factors such as abnormal collagen structure and degree of mineralization may also affect this determination (33). In present study, the parameters affecting the compressive strength were investigated and it was concluded that the parameters such as BV/TV, BS/TV, DA, Tb/Th and FD evaluated by  $\mu$ CT were statistically effective parameters on compressive strength. In addition, parameters such as BV/TV, BS/TV, DA and Con. Dens. In fact, our study supports the study of Ding et al. and clarifies what other parameters are effective on compressive strength.

Müller et al. argued that a resolution thickness higher than 100 micrometers should not be used when analyzing trabecular bone with  $\mu$ CT (34). For this reason, in present study, we performed image acquisition ten times more detailed than the recommended thickness (10 micrometers).

Pauwels et al. investigated how different voxel sizes and kVp values in CBCT imaging have an effect on the microstructural parameters of bones obtained from human mandible. The results showed that the kVp value had no significant effect on most parameters. BV/TV and DA parameters were not affected by voxel size changes. BS/TV, FD and Con. Dens. values decreased gradually with increases in voxel size, while Tb/Sp, Tb/Th and SMI values increased (35). In the regression model between bone microstructure parameters and bone compressive strength, BV/TV, DA and Con. Dens. parameters were observed. Considering the results of Pauwels et al. study, BV/TV and DA parameters were not affected by changes in voxel size, whereas Con. Dens. parameter changes inversely with voxel size. In the regression model, the Con. Dens. parameter and compressive strength in the regression model, it can be interpreted that increases in voxel size will cause an increase in compressive strength.

Diederichs et al. evaluated the microstructure of human calcaneus bone specimens with both MSCT and  $\mu$ CT. They performed MSCT imaging in three different protocols (120 kVp, 200 mAs, 120 kVp, 160 mAs, 80 kVp, 200 mAs). BV/TV and Tb/Th parameter values were statistically significantly correlated with the values obtained with  $\mu$ CT in all three imaging protocols. The Tb/Sp parameter values obtained with only the first imaging protocol (120 kVp, 200 mAs) showed a statistically significant correlation with the values obtained with  $\mu$ CT (36). In present study, only the FD parameters obtained with both methods were found to be statistically significant and moderately concordant ( $ICC= .474$ ;  $p < .05$ ). Our imaging protocol was 120 kVp, 69 mAs. As seen in Diederichs et al. study, microstructure parameters are statistically affected by differences between protocols.

Therefore, it is thought that the possible difference may be due to changes in mAs level.

Parsa et al. evaluated the microstructure of samples obtained from human cadavers with CBCT, MSCT and  $\mu$ CT. As a result, they showed that there was an excellent correlation between BV value and bone density value evaluated by MSCT and  $\mu$ CT. They also concluded that there is a very strong correlation between the BV/TV parameter, which is considered as the gold standard in bone quality assessments of implant sites, and CBCT gray values (37).

Kulah et al. evaluated cadaveric maxillary bone samples with two CBCT and one  $\mu$ CT devices. As a result of the study; similar to the findings of this study; they showed that the BV/TV and DA parameter values obtained with the CBCT imaging method were compatible with the values obtained with the  $\mu$ CT imaging method (10). In present study, it was observed that the parameters such as BV/TV, BS/TV, BS, BV, TV and DA evaluated with the CBCT imaging method were statistically significantly compatible with the  $\mu$ CT imaging method.

Although  $\mu$ CT imaging method is considered as the gold standard among imaging methods, it has some disadvantages such as not being suitable for clinical use, high radiation content, and not being available in every clinic. At this point, it has been a study that clarifies in which areas the CBCT imaging method, which is now more widely used in our clinics and offers many advantages in terms of radiation amount and procedure time, can be an alternative to the  $\mu$ CT imaging method.

In conclusion, microstructure parameters of CBCT were more compatible with gold standard values comparing with CT parameters. Bone compression strength can be estimated by CBCT and  $\mu$ CT methods in a desired level. BV/TV and DA parameters are significant determinants of bone mechanical property in not only  $\mu$ CT but also CBCT method.

**Acknowledgements:** None

**Funding:** None

**Conflicts of interest:** None

**Ethics Committee Approval:** This study was approved by Ethics Committee of Van Yüzüncü Yıl University, Animal Researches Local Ethic Committee (Approval date: 06.02.2020; Number:2020/01)

**Peer-review:** Externally peer-reviewed.

**Author Contributions: (Initials only)**

Research idea:AK

Design of the study: SK, AK

Acquisition of data for the study: SK, AK

Analysis of data for the study: SK, AK

Interpretation of data for the study: SK, AK

Drafting the manuscript: SK, AK

Revising it critically for important intellectual content: S K, AK

Final approval of the version to be published: SK, AK

## REFERENCES

- [1] Antoun JS, Mei L, Gibbs K, Farella M. Effect of orthodontic treatment on the periodontal tissues. *Periodontol* 2000. 2017;74(1):140-157. DOI: 10.1111/prd.12194.

- [2] Cakur B, Şahin A, Dagistan S, Altun O, Caglayan F, Miloglu Ö, Harorli A. Dental panoramic radiography in the diagnosis of osteoporosis. *J Int Med Res*. 2008;36(4):792-799. DOI:10.1177/147.323.000803600 422.
- [3] Ibrahim N, Parsa A, Hassan B, Van der Stelt P, Wismeijer D. Diagnostic imaging of trabecular bone microstructure for oral implants: a literature review. *Dentomaxillofac Radiol*. 2013;42(3):20120075. DOI:10.1259/dmfr.2012 0075.
- [4] Ciarallo A, Barralet J, Tanzer M, Kremer R. An approach to compare the quality of cancellous bone from the femoral necks of healthy and osteoporotic patients through compression testing and microcomputed tomography imaging. *McGill J Med: MJM*. 2006;9(2):102. DOI: 10.26443/mjm.v9i2.665.
- [5] Hildebrand TOR, Rüeeggsegger P. Quantification of bone microarchitecture with the structure model index. *Computer Methods in Biomechanics and Bio Medical Engineering*. 1997;1(1):15-23. DOI:10.1080/014.957.39708936692.
- [6] Feldkamp LA, Goldstein SA, Parfitt MA, Jesion G, Kleerekoper M. The direct examination of three-dimensional bone architecture in vitro by computed tomography. *J Bone Miner Res*. 1989;4(1):3-11. DOI:10.1002/jbmr. 565.004.0103.
- [7] Rüeeggsegger P, Koller B, Müller R. A microtomographic system for the nondestructive evaluation of bone architecture. *Calcif Tissue Int*. 1996;58(1):24-29. DOI:10.1007/BF02509542.
- [8] Frederiksen NL, Benson BW, Sokolowski TW. Effective dose and risk assessment from computed tomography of the maxillofacial complex. *Dentomaxillofac Radiol*. 1995;24(1):55-58. DOI:10.1259/dmfr.24.1.8.5 93910.
- [9] Cohnen M, Kemper J, Möbes O, Pawelzik J, Mödder U. Radiation dose in dental radiology. *Eur Radiol*. 2002;12(3):634-637. DOI:10.1007/s003.300.10092.
- [10] Kulah K, Gulsahi A, Kamburoğlu K, Geneci F, Ocak M, Celik HH, Ozen T. Evaluation of maxillary trabecular microstructure as an indicator of implant stability by using 2 cone beam computed tomography systems and micro-computed tomography. *Oral Surg Oral Med Oral Pathol Oral Radiol*. 2019;127(3):247-256. DOI:10.1016/j.oooo.2018.11.014.
- [11] Ibrahim N, Parsa A, Hassan B, van der Stelt P, Aartman IH, Wismeijer D. Accuracy of trabecular bone microstructural measurement at planned dental implant sites using cone-beam CT datasets. *Clin Oral Implants Res*. 2014;25(8):941-945. DOI:10.1111/clr.12163.
- [12] Panmekiate S, Pauwels R, Ngonphloy N, Charoenkarn T, Faruangsang T. Comparison of mandibular bone micro-architecture between micro-CT and cone-beam CT images. *Dentomaxillofac Radiol*. 2015; 44(5): 20140322. DOI:10.1259/dmfr.20140 322.
- [13] Corpas LS, Jacobs R, Quirynen M, Huang Y, Naert I, Duyck J. Peri-implant bone tis-sue assessment by comparing the outcome of intra-oral radiograph and cone beam computed tomography analyses to the histological standard. *Clin Oral Implants Res*. 2011;22: 492-499. DOI:10.1111/j.1600-0501.2010.02029.x
- [14] González-García R, Monje F. Is micro-computed tomography reliable to determine the microstructure of the maxillary alveolar bone? *Clin Oral Implants Res*. 2013;24(7):730-737. DOI: 10.1111/j.1600-0501.2012.02478.x.
- [15] Minkin C, Marinho VC. Role of the osteoclast at the bone-implant interface. *Adv Dent Res*. 1999;13:49-56. DOI: 10.1177/089.593.7499013.001.1401.
- [16] Manske SL, Macdonald HM, Nishiyama KK, Boyd SK, McKay HA. Clinical tools to evaluate bone strength. *Clin Rev Bone Miner Metab*. 2010;8:122-134. DOI: 10.1007/s12018.009.9066-2.
- [17] Willett TL, Dapaah DY, Uppuganti S, Granke M, Nyman JS. Bone collagen network integrity and transverse fracture toughness of human cortical bone. *Bone* 2019;120:187-193. DOI:10.1016/j.bone.2018.10.024.
- [18] Luo Y, Amromanoh O. Bone organic-inorganic phase ratio is a fundamental determinant of bone material quality. *Applied Bionics and Biomechanics* 2021. Article ID 4928396 DOI:10.1155/2021/4928396.
- [19] Nyman JS, Uppuganti S, Unal M, Leverant CJ, Adabala S, Granke M, Voziyan P, Does MD. Manipulating the amount and structure of the organic matrix affects the water compartments of human cortical bone. *JBMR Plus* 2019;3(6):10135. DOI: 10.1002/jbm4.10135.
- [20] Ozasa R, Matsugaki A, Ishimoto T, Kamura S, Yoshida H, Magi M, Matsumoto Y, Sakuraba K, Fujimura K, Miyahara H, Nakano T. Bone fragility via degradation of bone quality featured by collagen/apatite micro-arrangement in human rheumatic arthritis. *Bone* 2022;155:116261. DOI.10.1016/j.bone.2021.116261.
- [21] Sigmund EE, Cho H, Song YQ. High-resolution MRI of internal field diffusion-weighting in trabecular bone. *NMR Biomed*. 2009; 22(4):436-448. DOI:10.1002/nbm.1354.
- [22] Rajapakse CS, Bashoor-Zadeh M, Li C, Sun W, Wright AC, Wehrli FW. Volumetric cortical bone porosity assessment with MR imaging: validation and clinical feasibility. *Radiology* 2015;276(2):526-535. DOI: 10.1148/radiol.15141850.
- [23] Carbonare LD, Giannini S. Bone microarchitecture as an important determinant of bone strength. *J Endocrinol Invest*. 2004;27(1):99-105. DOI: 10.1007/BF03350919.
- [24] Goulet RW, Goldstein SA, Ciarelli MJ, Kuhn JL, Brown MB, Feldkamp LA. The relationship between the structural and orthogonal compressive properties of trabecular bone. *J Biomech*. 1994;27(4):375-389. DOI:10.1016/0021-9290(94)90014-0.
- [25] Ding M, Odgaard A, Hvid I, Hvid I. Changes in the three-dimensional microstructure of human tibial cancellous bone in early osteoarthritis. *J Bone Joint Surg Br*. 2003;85(6):906-12. DOI:10.1302/0301-620X.85B6.125 95
- [26] Kang SR, Bok SC, Choi SC, Lee SS, Heo MS, Huh KH, Kim TI, Yi WJ. The relationship between dental implant stability and trabecular bone structure using cone-beam computed tomography. *J Periodontal Implant Sci*. 2016;46(2):116-127. DOI:10.5051/jpis.2016.46.2.116.
- [27] Maquer G, Musy SN, Wandel J, Gross T, Zysset PK. Bone volume fraction and fabric anisotropy are better determinants of trabecular bone stiffness than other morphological variables. *J Bone Miner Res*. 2015;30(6):1000-1008. DOI: 10.1002/jbmr.2437.
- [28] Musy SN, Maquer G, Panyasantisuk J, Wandel J, Zysset PK. Not only stiffness, but also yield strength of the trabecular structure determined by non-linear  $\mu$ FE is best predicted by bone volume fraction and fabric tensor. *J Mech Behav Biomed Mater*. 2017;65:808-813. DOI:10.1016/j.jmbm.2016.10.004.
- [29] Han X, Cui J, Chu L, Zhang W, Xie K, Jiang X, He Z, Du J, Ai S, Sun Q, Wang L, Wu H, Yan M, & Yu Z. Abnormal subchondral trabecular bone remodeling in knee osteoarthritis under the influence of knee alignment. *Osteoarthr Cartil*. 2002;30(1):100-109. DOI:1016/j.joca. 2021. 10.005.

- [30] Kim DH, Kim SC, Yoon JS, Lee YS. Are there harmful effects of preoperative mild lateral or patellofemoral degeneration on the outcomes of open wedge high tibial osteotomy for medial compartmental osteoarthritis? *Orthop J Sports Med.* 2020;8(6): 232-596.712092748 DOI:10.1177/232.596.7120927481.
- [31] Kim JE, Yi WJ, Heo MS, Lee SS, Choi SC, Huh KH. Three-dimensional evaluation of human jaw bone microarchitecture: correlation between the microarchitectural parameters of cone beam computed tomography and micro-computer tomography. *Oral Surg Oral Med Oral Pathol Oral Radiol.* 2015;120(6):762-770. DOI:10.1016/j.oooo.2015.08.022.
- [32] Teo JCM, Si-Hoe KM, Keh JEL, Teoh SH. Correlation of cancellous bone microarchitectural parameters from micro-CT to CT number and bone mechanical properties. *Mater Sci Eng C.* 2007; 27(2):333-339. DOI:10.1016/j.msec.2006.05.003.
- [33] Ding M, Overgaard S. Degenerations in global morphometry of cancellous bone in rheumatoid arthritis, osteoarthritis and osteoporosis of femoral heads are similar but more severe than in ageing controls. *Calcif Tissue Int.* 2022;110(1):57-64. DOI:10.1007/s00223.021.00889-2.
- [34] Müller R, Rügsegger P. Micro-tomographic imaging for the nondestructive evaluation of trabecular bone architecture. *Bone Res Biomech.* 1997;61-79. DOI:10.3233/978-1-60750-884-7-61.
- [35] Pauwels R, Faruangaeng T, Charoenkarn T, Ngonphloy N, Panmekiate S. Effect of exposure parameters and voxel size on bone structure analysis in CBCT. *Dentomaxillofac Radiol.* 2015; 44(8):20150078. DOI:10.1259/dmfr.20150 078.
- [36] Diederichs G, Link TM, Kantenich M, Schwieger K, Huber MB, Burghardt AJ, Majumdar S, Rogalla P, Issever AS. Assessment of trabecular bone structure of the calcaneus using multi-detector CT: correlation with microCT and biomechanical testing. *Bone* 2009;44(5):976-983. DOI:10.1016/j.bone.2009.01.372.
- [37] Parsa A, Ibrahim N, Hassan B, van der Stelt, P, Wismeijer D. Bone quality evaluation at dental implant site using multislice CT, micro-CT, and cone beam CT. *Clin Oral Implants Res.* 2015; 26(1):1-7. DOI:10.1111/clr.12315.

**How to cite this article:** Kaya S, Koç A. Evaluation of Bone Microstructure Parameters by Using Tomographic Methods and Compressive Strength Estimation. *Clin Exp Health Sci* 2024; 14: 446-453. DOI: 10.33808/clinexphealthsci.1330362