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Research Article

Observations on "inan-" in Hittite Cuneiform Texts

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ABSTRACT

In Hittite cuneiform texts, the word *inan*- has meanings encompassing a certain disease, mental illness, discomfort, malaise, trouble. Unfortunately, there is no specific definition of the word *inan*-, which appears in various sources including prayers, rituals, and medical texts. The exact symptoms of this disease are not given in any of these sources. However, the clues given by the usages of the word *inan*- in a medical text and a *Zuwi* ritual suggest that it may have been related to a skin disease, though this is not conclusive, and more evidence is necessary to confirm this. This article also examines other texts in which the word *inan*- occurs and the effects and treatments of *inan*- disease that are discussed in these sources. In addition, evidence from magic rituals demonstrates that various adjectives were used for the Sun God, and according to the *Ayartaša* rituals that are discussed in this study, it is apparent that one of the epithets of the Sun God may have been the word *inan*-.

Keywords: inan-, ancient illness, Hittite medicine, skin diseases, Hittite Rituals



Introduction

Despite the existence of extensive surviving Hittite cuneiform archives in Anatolia, no Hittite equivalent of the term "medicine" has been identified (Ünal, 1980: 476). The Hittites, who adhered to a polytheistic belief system, attributed the causes of diseases to the gods. According to Hittite sources, neglecting the gods, angering them, practicing black magic, and spiritual and physical impurities were cited as examples of what might cause an individual's affliction with illness. In wider Mesopotamia, diseases were understood through a firmly theocentric worldview in ancient times. This applied to the Babylonian world as well, where diseases were rooted in an ancient belief system attributing them to demons or angry gods (McGrath, 2016: 3).

The word *inan*-means "a certain illness, mental illness, discomfort, resentment, malaise, trouble".¹ Meanwhile, the word GIG has been defined as either "disease" (GIG/MURSU) or "skin wound" (SIM_x/SIMMU). According to Hutter, the Sumerogram GIG seems to correspond to the term inan- (HW² IV/1: 57). Akkadian dictionaries provide multiple meanings for SIMMU, including "abscess, skin disease, boil (carbuncle), illness, or wound" (AHw: 1045b, 1049b; CAD 15: 276a; CDA: 323b). It has also been suggested that GIG could signify "skin wound" due to the threats of causing skin wounds in the incantations performed by the Babylonian healing goddess Gula. Additionally, the Ninive tablet K.6057+ also mentions the Gula in relation to wounds, stating, "there are so many wounds that I do not know their names!" (Böck, 2004: 55–56, 109–110). This further supports the interpretation of GIG as meaning "skin wound." In the curse section of the Hammurabi Code, reference is made to a severe skin wound that was undiagnosable and untreatable even with bandages. This wound was often associated with Ninkarrak, also known as a healing goddess.² In the Adapa myth, the disease SIMMU, or "skin wound," is described as a condition brought about by the south wind, afflicting people's bodies.³ There are other names for skin diseases that are categorized under the word *SIMMU* and which have been clearly defined. For example, if the wound looks red, swollen, and oozes fluid, and the patient has a persistent fever and vomits, this is known as a soft tissue infection called *ŠAMMANU* (Scurlock-Bruton, 2005: 62). Meanwhile, *ŠADANNU* was a skin disease in which the wound is hard, hot, extends up to the neck, and the patient has a reduced appetite.⁴

HW: 82; HW² IV/1: 57a; HED 1/2: 365 ff.; HEG 1: 358; Alp, 1957: 39 fn.43; Burde, 1974: 18; Goetze, 1928: 72; Jakob-Rost, 1972: 56 ff.; Kloekhorst, 2008: 386; Oettinger, 1976: 29; Puhvel, 1980: 204 ff.; Ünal, 2016: 259; Zinko, 2004: 667 ff. According to Akkadian texts, the words for "disease" are *MIQTU*, *SIMMU* and *MURŞU*. See Stol, 1993: 11.

² See the transcription and translation in Roth, 1995: 139–140.

³ For the transcription and translation of lines 15–16 of the Adapa myth, see Izre'el, 2001: 38–39.

⁴ For other diseases, see Steinert, 2020: 157 ff.

inan- is generally believed to be associated with the Sanskrit *énas*- meaning "mischief, evil, crime, sin, [or] misfortune" (HW² IV/1: 59a; HED 1/2: 366; Puhvel, 1980: 205). Other interpretations include the potential expression of discomfort related to a specific body part (HED 1/2: 366; Kloekhorst, 2008: 386). According to Alp, *inan*- can signify "pain, suffering, illness," and it can also appear as a general term used for problems in various body organs (Alp, 1957: 39 fn. 43). Oettinger clarifies that *inan*- is not used for "mental illness," only physical illness. Furthermore, *inan*- never appears alongside words like *irman*- or *erman*-, which mean "illness [and/or] discomfort," suggesting that *inan*- and *irman-/erman*- could potentially be synonymous (Oettinger, 1976: 29).⁵ In this study, based on certain Hittite texts in which the word *inan*-occurs, the meaning and contexual uses of this term are examined with the aim of achieving a better understanding.

1) inan- in Military Oaths

inan- occurs in one oath text likely intended for Hittite military personnel:

"Whoever transgresses these divine oaths, and employs a trap against the Hittite king, and sets his eyes on the land of Hatti as an enemy, let these divine oaths seize him! May he be broken apart by (inan-)illness(es), and may he suffer a horrible death!"⁶

In both in this and other texts, as noted above, Oettinger has argued that the use this term does not indicate mental illness (Oettinger, 1976: 29). The curse for oath-breakers is a physical one. Meanwhile, in a ritual oath dating to the Middle Hittite period, the term *inan*-appears in the following context:

"[Then] they grasp the stone with their hands from below. And they [sa]y [thus]: "Just as this rock is [heavy], may [lat]er be this oath and the inan-disease in [your hearts] similarly heavy!"⁷

Considering the mention of large and heavy stones that can hardly be lifted by hand, it is likely that these stone represent distress (i.e., grief and sorrow). As the disease of *inan*- is also likened to a stone, it is implied to be a severe disease that causes great distress.

⁵ See also Akdoğan, 2007: 4.

⁶ KBo 53.33+ (CTH 427.A) obv. I ³⁴'ku-iš-kán ku-u-uš-ša NI-IŠ DINGIR^{MEŠ} šar-re-ez-zi ³⁵'na-aš-ta A-NA LUGAL KUR ^{URU}HAT-TI ap-pa-a-li da-a-i ³⁶'nu-za-an A-NA KUR ^{URU}HAT-TI ^{LÚ}KÚR-li IGI^{HI.A}-wa ³⁷'da-a-i na-an ke-e NI-IŠ DINGIRLIM ap-pa-an-du ³⁸'na-aš-kán i-na-na-aš še-er ar-ha pár-ši-ia-ad-da-ru. See transcription and translation Oettinger, 1976: 8–9; Hoffner, 2010: 136.

⁷ KUB 43.48 (CTH 627) rev. ²⁵[EGIR-an-]ma-aš-*ša-an NA₄ ŠU-it kat-ta ap-pa-an-zi nu [an-da] ²⁶[ki-iš-š]a-an *me*-mi-an-zi ka-a-aš-wa NA₄ ma¹-ah-ha-an d[a-aš-šu-uš] ²⁷[EGIR-an-d]a-wa-aš-ša-an NI-IŠ DINGIRLIM i-na-an-na I-NA [ŠÀ-KU-NU] ²⁸[QA-TAM-MA] da-aš-ši-iš-du. See the transcription and translation in Christiansen, 2012: 412–413. See also Feder, 2010: 126.

2) inan- in the Ritual of Ambazzi

The ritual of *Ambazzi*, which was practiced against pollution and sorcery, seems to have been part of the Luwian milieu.⁸ This ritual implores the god *Tarpattašša* for the eradication of the *inan*- disease:

"God Tarpattašša, pla[ce] the eya- tree before me! And s[et] me free! Don't le[t] the [evi]l inan- disease enter! [And] keep m[y wif]e, my children, my grandchildren al[iv]e! [....] You are a god! God Tarpattašša, you who are in front, always speak well to all gods!"⁹

The *eya*- tree (^{GIŠ}*eya*-), which does not shed its leaves and remains evergreen, was the symbolic tree of the god *Telipinu*. The relationship of the *eya*- tree with strength, life, and longevity is exemplified by the *Telipinu* myth. This perpetually green tree likely symbolized eternal youth (Mazoyer, 2003: 74–75). In the ritual's text, the ritual practitioner wants the God *Tarpašša* to protect him and his family from the *inan*- disease through the presence of the *eya*- tree.¹⁰ Additionally, the provided example illustrating the relationship of the *eya*-tree with long life and many generations, found in the hanging *kursa*- bag, is the myth of the disappearance of the Storm God (Karauğuz, 2001: 93–94, 105).

In the Ambazzi ritual, various practices are conducted to eradicate the inan- disease:

"She pours pinecones [into the red bowl]. She pours white-red [wheat o]n them. [And the]y roast them. Then she [extinguish]es the pinecone with water. And she says: "[As] I destroy this, may the evil [ina]n- disease be extinguished over the lords in the same manner!"¹¹

As observed in this passage, the natural elements associated with nature and the earth are utilized to eliminate the *inan*- disease. The likening of the disease to pinecones and the symbolic or ritualistic significance attributed to them, in which they are first burned and then extinguished with water, may have been performed in the ritual context to both protect the afflicted individual and provide healing.

⁸ See Christiansen, 2012: 326.

⁹ KBo 43.35+ (CTH 391.1.A) rev. IV 9'-10': ^{9'D}Tar-pa-at-ta-aš-ši-i[š zi-ik-]mu-kán ^{GIŠ}e-a-an da-a-i ^{10'}nu-mu-kán a-ra-wa-ah[nu i-da-[]u i-na-an an-da ^{11'}le-'e' 'tar'-na-at-t[i nu DA]M'-IA DUMU^{MEŠ}-IA ^{12'}DUMU. DUMU^{MEŠ}-IA TI-an h[ar-ak -]iš DINGIRLUM zi-'ik' ^{13'D}Tar-pa-at-ta-aš-ši-iš [ku-iš pé-ra-]an ú-e-ha-at-'ta' ^{14'}nu hu-u-ma-an-da-aš DINGIR^{MEŠ}[-aš SI]G₅-in me-mi-iš-ki. See the transcription and translation in Christiansen, 2006: 56–57.

¹⁰ See Christiansen, 2012: 152.

¹¹ KBo 43.35+ (CTH 391.1.A) rev. III ⁷[nu-uš-ša-an A-NA ^{DUG}DÍLIM.GAL SA₅ h]u-ul-li-iš šu-uh-ha-a-i ⁸[še-ra-aš-ša-an hal-ki]-' in kar-aš iš'-hu-wa-a-i ⁹[na-at-kán ša-an-h]u-' wa'-an-zi nam-ma-kán hu-ul-li-iš ¹⁰[ú-i-te-ni-i]t ki-iš-ta-nu-zi nu me-ma-i ¹¹[ma-ah-h]a-an-kán ki-i ki-iš-ta-nu-un i-da-lu-ia-aš-ša-an ¹²[i-na]-an A-NA BE-LU-TIM še-er QA-TAM-MA ki-iš-ta-ru. See the transcription and translation in Christiansen, 2006: 48–51.

3) inan- in the Ritual of Alli

The purpose of the ritual against black magic performed by the Arzawa sorceress *Alli* is to identify the person who cast the evil spell on the petitioner. In this passage, the word *inan*-appears as follows:

"[And the Ol]d Women says to the figurines: "Come! Give [back] what we have done!" The human being says, "We can no longer resist. We are tired. We treated the inan-disease. [The]n take them! Take them away!"¹²

The sorceress makes five clay figurines to perform this ritual, and the Old Woman speaks to the figurines. In the sentence, it is clearly stated that the protection and defense mechanisms against diseases no longer work. The desire for a cure to the *inan*- disease is clear, even if the treatment process is not clearly stated.

4) inan- in the Rituals of Ayatarša, Wattiti, and Šuššumaniga

The rituals of *Ayatarša*, *Wattiti*, and *Šuššumaniga* are all dated to the Middle Hittite period. Steitler has noted that the *Ayatarša* ritual is a more suitable comparison for medical texts than rituals against black magic (Steitler, 2017: 331, fn. 1051, 332, 344). *Ayatarša* offers a sacrifice to the Sun God for the cure of a child from the *inan*- disease:

"Ayatarša, a servant of Nawili, declares: "If a child is weak or if their intestines are consumed, I offer a sacrifice to the Sun God of the inan- disease in this manner. On the first day, I sacrifice a sheep to the Sun God of the inan- disease. And I say: 'Here, I offered a sacrifice to the Sun God of the inan- disease.' Then, I invoke the child's name through magic. 'Sun God of the disease, defeat this child's inan- disease!' They butcher the sheep. Then they take clean raw meat. They present the skin, chest, and shoulder of the sheep before the god. Next, they cook the liver over a fire. He/she breaks a thick loaf of bread dedicated to the Sun God of the disease. He/she cuts the liver and places it on the raw meat. They make libations with the KUKUBU- vessel before the god. And I say as follows: 'Sun God of the inan- disease, you will eat! You will drink! Defeat this child's inan- disease!"¹³

¹² KBo 12.126 (CTH 402.A) obv. I ²³[nu ^{MUNUS}]ŠU.GI A-NA ALAM^{HI.A} te-ez-zi ú-wa-at-ti-en-wa iš-šu-u-en-wa ku-e nu-wa-na-ša-at ²⁴[EGIR]-pa pé-eš-ti-en UM-MA DUMU.LÚ.U₁₉.LU-MA Ú-UL-wa nam-ma ma-az-zuu-e-ni ²⁵[kat-t]a-an-wa da-a-ri-ya-u-en nu-wa i-na-[an] a-ni-ya-ue-en nu-wa-ra-at-za EGIR-pa ²⁶[na]m-ma da-a-at-tén ne-ez pé-e-da-at-te-en. See the transcription and translation in Jakob-Rost, 1972: 24–25.

¹³ KBo 43.320+ (CTH 390.B) obv. I ¹UM-MA ^fA-ia-tar-ša GEME ^fNa-a-ú-i-la ma-a-an DUMU-la-aš ²al-paan-za na-aš-ma-aš-ši-kán ga-ra-a-ti-eš a-da-an-te-eš ³nu-uš-ši i-na-na-aš ^DUTU-un ki-iš-ša-an ši-pa-an-taah-hi ⁴ha-an-te-ez-zi-kán UD-ti ^{UDU}i-ia-an-ta-an i-na-na-aš ^DUTU-i ⁵ši-pa-an-ta-ah-hi nu ki-iš-ša-an te-e-mi ⁶i-na-na-aš ^DUTU-i ka-a-ša-at-ta SÍSKUR pí-ih-hu-un ⁷nu DUMU-an ku-in hu-uk-ki-iš-ki-mi na-an ŠUM-ŠU te-e-mi i-na-na-aš ^{8D}UTU-i ki-i-da-ni-wa DUMU-li i-na-an EGIR-an ar-ha kar-aš ⁹nu-kán ^{UDU}i-ia-an-taan ar-kán-zi na-aš-ta ^{UZU}hu-i-šu ¹⁰šu-up-pa da-an-zi KUŠ UDU ^{UZU}GABA ZAG PA-NI DINGIRLIM ti-an-zi ¹¹EGIR-an-da-ma ^{UZU}NÍG.GIG ha-ap-pí-ni-it za-nu-wa-an-zi nu I NINDA.KUR₄.RA ¹²i-na-na-aš ^DUTU-i párši-ia še-er-ra-aš-ša-an ^{UZU}NÍG.GIG ku-er-zi ¹³na-at hu-i-ša-aš šu-up-pa-aš še-er da-a-i nu IŠ-TU ^{DUG}KU-KU-UB ¹⁴PA-NI DINGIRLIM ši-pa-an-ti nu ki-iš-ša-an te-e-mi ¹⁵i-na-na-aš ^DUTU-i zi-ik az-zi-ik-ki ak-ku-uški ¹⁶nu e-da-ni DUMU-li i-na-an EGIR-an ar-ha kar-aš. See the transcription and translation at http://www. hethiter.net/:CTH%20390.

When a child becomes weak or suffers from an intestinal disease, the recommended cure is making an offering to the Sun God on behalf of the child. Here, a sheep and a loaf of bread are offered to the Sun God and libation is performed with a *KUKUBU*-vessel. The Sun God we see in the rest of the text (obv. I 36 *na-an* ^DUTU EGIR-*an tar-na-a-i*) can be identified with the Sun God of sickness mentioned in the introduction of the ritual. In magic, various adjectives were used as epithets for the Sun God. These were selected according to the ritual being performed and either directly or indirectly referred to the evil that the ritual was meant to eliminate. From the *Ayatarša* ritual text, we can infer that one of the epithets of the Sun God was *inan-.*¹⁴

5) inan- in the Ritual of Tunnawiya

In the *Tunnawiya* ritual, which was performed for the biological and psychological healing of a woman experiencing sexual problems due to a stillbirth, the term *inan*- disease is mentioned as follows:

"For his twelve body parts I have arranged. Right now, the body parts of the ram are claiming the sickness [inan-] of the body parts of this mortal".¹⁵

In the following lines of the text, diseases of the various organs of the body including the head, throat, ear, foot and penis are listed.¹⁶ It is clear that an analogy is made between the limbs of the ram and those of the patient, and this section of the text aims for the eradication of the *inan*- disease in her limbs, much like in the *Ambazzi* ritual, which says:

"May the gods completely clean [this] person's bad inan- disease in the same manner!"¹⁷

6) inan- in Kantuzzili's Prayer to the Sun God

Kantuzzili's prayer to the Sun God also mentions *inan*-. In this text, he expresses his grievances and seeks to learn the desires of the deity who caused his illness:

¹⁴ For other attributes of the Sun God, see Haas, 1994: 379–380.

¹⁵ KUB 55.20+ (CTH 409.IV.Tf02.A) obv. I ¹⁹A-NA 12 ^{UZU}'ÚR'HI.A-*ia-aš-ši-kán ha-ťan`-da-ťnu`-un* ²⁰*^rki`-nu-na ka-a*-[*š*]*a ŠA* [']UDU`.[Š]IR *ha-ap-pí-iš-na-an*-[*t*]*e-eš* ²¹*ke-e-el ŠA* DU[MU.NA]M.LÚ.'U₁₉`.LU *ha-ap-pí-iš-na-aš*²²*i-na-an ú-e-w*[*a-a*]*g-ga-an-zi*. See transcription and translation Beckman, 1990: 36, 45.

¹⁶ See the transcription and translation in Beckman, 1990: 36–37, 45.

¹⁷ KUB 27.67+ (CTH 391.1.A) obv. II ²⁹[ke-e-e]l-ma an-tu-uh-ša-aš i-da-a-lu i-na-an DINGIR^{MEŠ 30}[NÍ.T]E-az ar-ha QA-TAM-MA pár-ku-nu-w-an-du. See the transcription and translation in Christiansen, 2006: 44–45.

"But life is bound to death. Death in turn is bound to life. Man is not in life forever. His days of life are numbered. If a man were to live forever, and then if he were to fall ill with a bad inan-disease, would there not be vengeance [sorrow] for him? My house has become a house of sickness. Because of sickness, my spirit is constantly leaking elsewhere. Likewise, throughout the year, I have been a sick man. And now, for me, inan-disease and distress have multiplied. And my lord, I am constantly telling you about it".¹⁸

This passage illustrates the limited nature of human life and the profound psychological distress caused by *Kantuzzili*'s *inan*- disease. He seeks relief from the deity, expressing his suffering and desiring a remedy for his illness. Additionally, *Kantuzzili* mentions having questioned a sorcerer about whether he contracted the *inan*- disease while in utero:

"I asked the sorcerer once whether you carved this inan- disease into me while I was in my mother's womb".¹⁹

Kantuzzili's prayer reflects his contemplation of the relationship between life and death, highlighting the finite nature of human life and the significance of that mortality. Similarly, in another prayer text found in Tell Haddad (formerly Meturan), an unnamed individual appeals to the Sun God ^DUTU to understand their fate (Cavigneaux, 2009: 7):

"A person's life is but a glance. If a person were to live forever, there could be a bad [force?], an unpleasant thing - it would not harm that person. Life is bound to death, but life is not equal to death. A god can count the days of life but cannot count the days of death. The day life ends carries greater weight".²⁰

Both *Kantuzzili*'s prayer and the prayer found in the Sumerian tablet above demonstrate deep contemplations on the relationship between life and death. They emphasize the finite nature of human life and the importance and value of mortality. These personal prayers depict the human struggle with spiritual distress and the quest for divine intervention to overcome it. In this passage, *Kantuzzili* seeks communication with the deity to alleviate his feelings of despair and loneliness, underscoring his desire to be rescued through divine intervention.

¹⁸ KUB 30.10 (CTH 373.A) obv. ²⁰hu-iš-wa-tar-ma-pa an-da hi-in-ga-ni ha-mi-in-kán hi-in-ga-na-ma-pa anda hu-iš-wa-an-ni-ya ha-mi-in-kán ²¹da-an-du-ki-iš-na-ša DUMU-aš uk-'tu'-u-ri na-at-ta hu-'iš-wa'-an-za hu-iš-wa-an-na-aš UD^{HLA}-ŠU kap-pu-u-an-te-eš ²²ma-a-am-ma-an da-an-du-ki-iš-na-ša DUMU-aš uk-tu-u-ri 'hu-u'-[i]š-wa-an-za e-eš-ta ma-na-aš-ta ma-a-an ²³[a]n-tu-wa-ah-ha-aš i-da-a-lu-wa i-na-an ar-ta ma-naat-'ši' na-at-ta kat-ta-wa-tar; KUB 30.10 (CTH 373.A) ay.¹⁴nu-mu É-YA i-na-ni pé-ra-an pít-tu-li-ya-aš É-er ki-ša-at nu-mu pít-tu-li-ya-i pé-ra-an ¹⁵ iš-ta-an-za-aš-mi-iš ta-ma-at-ta pé-e-di za-ap-pí-iš-ke-ez-zi nu MU-ti mi-e-ni-ya-aš ar-ma-la-aš ¹⁶ma-ah-ha-an nu-za ú-uk-ka QA-TAM-MA ki-iš-ha-at ki-nu-na-mu-uš-ša-an i-naan pít-tu-li-ya-aš-ša ¹⁷ma-ak-ke-e-eš-'ta' na-at ši-i-ú-ni-mi tu-uk me-e-mi-iš-ke-mi. See the transcription and translation in García Trabazo, 2002: 280–281, 284–287.

¹⁹ KUB 30.10 (CTH 373.A) rev. ²⁰... 'ma'-a-an-mu-kán an-na-az-ma kar-ta-a[z k]i-'i' i-na-an gul-aš-ta ²¹ú-gaat-za a-ap-pa ^{MUNUS}ENSI-ta na-at-ta ku-uš-ša-an-ka 'pu'-nu-'uš'-šu-un. See the transcription and translation in Cotticelli-Kurras, 1995: 93.

²⁰ For the text see H 150 rev. 3'-9'. See the transcription and translation in Cavigneaux, 2009: 9, 11; Metcalf, 2011: 173.

Similarly, in a prayer text dated to the Middle Hittite period, an unidentified king suffering from *inan*- disease questions the Sun God about the reason for his affliction:

"Which god gave me this inan- disease? Whether this god is in the heavens or on earth, you, the Sun God, go to him. Go! Speak to that god! My god, what have I done to you? What sin have I committed? You, the god who created me, my god! You who created the mortal! Now what I have done to you (that you gave me this inan- disease)?"²¹

In this passage, the afflicted king questions why he has been given the *inan*- disease and seeks to understand the sin or wrongdoing that led to his condition. He begs the Sun God to reach out to the offended deity on his behalf and give him relief from his plight.

7) inan- in the Myth of the Storm God of Lihzina

In the myth of the Storm God, it is mentioned that the *inan*- disease is placed inside the *palhi*- vessels in the sea:

"In the sea, there are copper palhi- vessels. Its lid is of lead. And [] (everything) was put inside. He/she put the tarpi- (demon). He/she put evil. He/she put blood. He/she put misfortune. He/she put red. He/she put tears. He/she put sickness of eyes. He/she put pus. He/she put fog. He/she put white. He/she put inan- disease".²²

The *palhi*- vessel appears both in the myths of *Telipinu* and the Disappearance of the Storm God. In both myths, the iron *palhi*- vessel, referring to the underworld, is described as containing the sins, wrath, bad language, resentment, and anger of both gods, entering and disappearing within it (Karauğuz, 2001: 97, 104). The similarity between the *palhi*- vessels in the two Hitite myths and Pandora's Box containing all evils in the ancient Greek myth is noteworthy. In the Pandora's Box myth, Zeus gives a box to a woman created by Zeus and instructs her not to open it. However, overcome by curiosity, the woman opens the box, releasing all kinds of evils into the world (Sevinç, 2008: 238 fn. 3). In the Hitite myth, the *palhi*- vessels are sent to the underworld to contain and eliminate all evil, including the presence of *inan*- disease among these evils.

²¹ KUB 30.11+ (CTH 374.A) obv. II ⁹ku-iš-mu [(DINGIRLUM ki-i i-)]na-an pa-iš nu-uš-ša-[(an DINGIRLUM)] ¹⁰a-pa-a-aš ma-[(a-an n)]e-pi-ši ma-a-na-as tak-ni-i ¹¹zi-ga ^DU[(TU-uš)] kat-ti-iš-ši pa-i-ši ¹²nu i-it A-N[(A DINGIR)]LIM a-pe-e-da-ni me-mi u-uk-[(za)] ¹³ne-ku DINGIR-IA [(tu-u)]k ku-it i-ia-nu-un ¹⁴nu ku-it w[(aaš-t)]a-ah-hu-un ¹⁵DINGIR-IA ša-am-[(na-a-eš-m)]u zi-ik da-an-du-k[i-iš-na-an ¹⁶zi-ik i-i[(a-aš u-g)]a-at-ta ki-nu-un ¹⁷ku-it i-ia-[(nu-)]un. See transcription and translation Murat, 2003: 93. See also the transcription and translation in Ünal, 1980: 478–479.

²² KBo 23.4+ (CTH 331.1.A) obv. II ⁹'a-ru-ni-ma 'URUDU'-aš pal-ha-eš ki-an-da-[ri] ¹⁰'iš-tap-pu-ul-li-iš-mi-it A.BÁR-aš nu-kán [] ¹¹'an-da da-iš ta-ar-pí-in da-iš pár-[ni-in-kán] ¹²'da-iš e-eš-har da-iš ha-pa-an-zi d[a-iš] ¹³'SA₅ da-iš iš-ha-ah-ru da-iš 'IGI'[^{HI}]-A-aš G[IG-an] ¹⁴'da-iš ši-pa-an da-iš kam-ma-ra-[a-a]n da-[iš] ¹⁵'harki da-iš i-na-an 'da'-iš. See the transcription and translation in Groddek, 1999: 37–40; Haas, 2003: 62 fn. 347.

8) inan- in the Ritual of Zuwi

In the *Zuwi* ritual, which was performed to alleviate the sexual problems of a male patient, the *inan*- disease is alleviated along with the problems of many organs. In this ritual, a puppy is presented to the Sun God, and the dog licks the god's limbs in the same way that the patient with *inan*- disease has their limbs licked:

"And I hold it (the puppy) on its right side. As the puppy licks its nine limbs, I pronounce the name of the person. Let it lick the inan- disease of its limbs in the same way! Let it lick the inan- disease of its shoulders! Let it lick the inan- disease of its shoulder blade! And I lead it back from the patient's back. I hold the puppy's head. Let it lick the inan- disease of its h[ea]d! Let it lick the inan- disease of its body p[art]s in the same way, its shoulders and back, its rough flesh, its anus, its x limb, its knee, its hand, let it li[ck] the [inan-] disease of its lower abdomen!"²³

Above, a puppy is used to relieve the patient of the *inan*- disease. Body parts such as the shoulders, shoulder blades, head, back, flesh, anus, knee, hand, and lower abdomen, which are all affected by the *inan*- disease, are listed as being licked by the puppy. This text demonstrates that ancient societies were aware of the potential healing effects of the antibacterial properties of dogs' tongues and used this on their wounds. In the Mesopotamian world, the dog was connected to the healing goddess Gula.²⁴ Similarly, dogs were associated with the Greek healing god Asklepios, and according to one document, the eyes of a blind person were healed through a dog's licks (Gökçe, 1989: 21). The practice of having dogs lick human patients' wounds as encountered in the *Zuwi* ritual seems to have been common in the ancient world.

9) inan- in Medical Texts

In the medical text KUB 44.61, dated to the Imperial period, the word *inan*- is found together with the word *šatar*, which is thought to mean "irritation": ²⁵

²³ KUB 35.148+ (CTH 412.1.2.A) rev. III ¹⁴'na-an-ši an-da ZAG-az e-ep-mi UR.TUR-aš-za ma-ah-ha-an ¹⁵'IX ^{UZU}ha-ap-pi-eš-šar-še-et li-ip-zi ¹⁶'nu-kán an-tu-uh-ša-an ŠUM-ŠU hal-zi-ih-hi ¹⁷'ke-e-el-la ha-ap-pi-eš-na-aš i-na-an QA-TAM-MA ¹⁸'li-ip-du ^{UZU}ZAG.UDU-aš i-na-an li-ip-du ¹⁹'ga-ak-kar-ta-ni-ya-aš-ša-aš i-na-an li-ip-du ²⁰'na-an-ši EGIR-pa iš-ki-ša-az hu-i-nu-mi ²¹'nu UR.TUR SAG.DU-iš-ši an-da e-ep-mi S[AG.DU-aš] ²²'i-na-an li-ip-du ²⁰'na-an ši eGIR-pa iš-ki-ša-az hu-i-nu-mi ²¹'nu UR.TUR SAG.DU-iš-ši an-da e-ep-mi S[AG.DU-aš] ²²'i-na-an li-ip-du ²⁰'na-an ši eGIR-pa iš-ki-ša-az ³'i-na-an KI.MIN ^{UZU}ZAG.UDU-aš iš-ki-ša-a[š-ša] ²⁴'i-na-an KI.MIN a-na-aš-ša-aš i-n[a-an KI.MIN] ²⁵'ar-ra-aš-ša-aš i-na-an KI.MIN ^{UZU}X[(-) i-na-an KI.MIN] ²⁶'ge-enu-wa-aš-ša-aš i-na-an KI.MIN QA?-[TIM[?] i-na-an KI.MIN] ²⁷'par-aš-na-aš-ša-aš i-na-an li-ip-du. See the transcription and translation in Hırçın, 1989: 41–42; Collins, 1990: 215 fn. 19; Vanséveren, 2020: 162.

²⁴ Heimpel, 1972–1975: 496; Fuhr, 1977: 144; Böck, 2004: 38; Ornan, 2004: 17; Kağnıcı, 2018: 33.

²⁵ See Burde, 1974: 18-19; CHD Š/2: 312b ff.

"... [in]side inan- disease and irrit[ation... if he cannot eat... he shall take these plants: seed of cress, poison parsley, a plentiful and AN.DAH.ŠUMSAR, ½ white plant (herb) he takes it. And it him for 7 days continuously he gives".²⁶

As seen in the text, these two diseases cause problems such as the inability to eat. Various herbs are used in a treatment process, which lasts seven days. Among these herbs, ZÀ.AH. LI^{SAR} was traditionally used for blurred eyes, digestive problems, and itching (Demirel and Çakılcıoğlu, 2017: 312). The word *šatar* appears in the medical text VBoT 88, where blisters are deliberately created on the skin to treat a patient, a process known as "counter-irritation" (CHD Š/2: 312b). In this context, the co-occurrence of *inan*- and *šatar*, which potentially means "irritation," further suggests that *inan*- could possibly indicate a skin condition.

Conclusion

Although there is no specific definition for the word *inan*- in Hittite cuneiform texts, it is clear from the evidence of magic rituals, prayers, and military oaths that *inan*- disease caused significant discomfort and mental distress. This was so terrible that, as we see in the text of the military oath, any enemy who wanted to harm Hatti was cursed to catch and die from *inan*- disease. According to the Hittite cuneiform texts, the God *Tarpašša* and the Sun God were asked for help to understand the cause of the *inan*- disease and to be cured. Based on the *Ayartaša* ritual, one of the many epithets of the Sun God may have been the word *inan*-.

Finally, although there is no specific feature or definition provided for *inan*- disease, *inan*- is used together with *šatar* in one medical text. Likewise, in the *Zuwi* ritual, the skin on the various parts of the body is licked by a puppy as part of the treatment. This suggests that "skin disease" could be added to the meanings of *inan*- given in dictionaries. However, further comparisons with other texts are still necessary.

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²⁶ KUB 44.61 (CTH 461.1) obv. ¹[*a*]*n*-dur-za in-na-na-aš ša-a-t[a-ar ²[]x-ti nu NINDA-an Ú-UL e-ez-za-zi x[³[] ke-e ÚHLA da-a-i NUMUN ZÀ.AH.LI^{SAR} k[u-iš-ki ⁴[SA]R NU.LUH.HA^{SAR} AN.DAH.ŠUM^{SAR-}ia me-ek-ki-p[át[?] 5[¹/₂ Úhar-k]i-ia me-na-ah-ha-an-da da-a-i na-at-ši I-NA UD 7KA[M 6 [pé-eš-k]e-ez-zi... See the transcription and translation in Burde, 1974: 18–19; Demirel and Çakılcıoğlu, 2017: 308 fn.16.

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