

Combined Tubal And Ovarian Ectopic Pregnancies In One Patient After In Vitro Fertilization

In Vitro Fertilizasyondan Sonra Aynı Hastada Kombine Tübal ve Ovarian Ektopik Gebelikler

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A case of twin ectopic ovarian-tubal pregnancy located at the same side after an intracytoplasmic sperm injection-embryo transfer cycle is reported. The case was referred to our clinic for suspected ectopic pregnancy 27 days later the transfer of 3 embryos, with lower abdominal pain. Transvaginal ultrasound scan revealed 17 mm gestational sac with a yolk sac inside and a 15 mm echo-complex ovarian mass at the left adnexa. At laparotomy a ruptured 2 cm ovarian hemorrhagic mass and an unruptured 2 cm fimbrial ectopic pregnancy was found at the left adnexa. A left partial salphengectomy and wedge resection of the left ovary was performed. The histopathology showed the presence of chorionic villi both in the ovarian tissue and the left fallopian tube.

Key Words : *IVF, Ectopic Pregnancy, Tubal, Ovarian*

İntrasitoplazmik sperm enjeksiyonu-embryo transferi siklusundan sonra aynı tarafta gelişen ovarian-tubal ikiz ektopik gebelik olgusu bildirilmiştir. Vaka, alt kadranslarda karın ağrısı şikayeti ile, 3 embryo transferinden 27 gün sonra ektopik gebelik şüphesi ile kliniğimize refere edildi. Transvajinal ultrasonografide sol adneksiyal alanda içerisinde yolk kesesi bulunan 17 mm gestasyonel kese ve 15 mm eko-kompleks ovarian kitle tesbit edildi. Laparotomide, sol adnekte 2 cm rüptüre hemorajik ovarian kitle ve 2 cm intakt fimbrial ektopik gebelik ile uyumlu kitle görüldü. Sol parsiyel salfenjektomi ve sol overe wedge rezeksiyon yapıldı. Histopatoloji incelemede hem over dokusunda hem de fallopi tüpünde koryonik villusların varlığı gösterildi.

Anahtar Sözcükler: *IVF, Ektopik Gebelik, Tübal, Ovarian*

Ovarian pregnancy is a rare event, with estimated frequency ranging from 1 in 2100 to 1 in 7000 pregnancies (1). Assisted reproductive technologies increased incidence of ectopic pregnancy, however primary ovarian pregnancy is still rare (2). Following in vitro fertilization – embryo transfer (IVF – ET) cycles, the overall prevalence of ovarian pregnancy has been estimated to be 0.3%, representing 6% of all ectopic pregnancies (3).

The first published case of twin ectopic pregnancy was unilateral tubal pregnancy reported by De Ott in 1891 (4). Since then, about 250 twin ectopic pregnancies have been reported (5-9). Primary ovarian pregnancy as a component of twin ectopic pregnancy is very rare.

We reported a case of twin ectopic ovarian – tubal pregnancy located at the same side after an intracytoplasmic sperm injection – embryo transfer (ICSI – ET) cycle.

Case Report

A 32 year-old female, gravida 1, para 0, was referred to our hospital for suspected ectopic pregnancy, with a lower abdominal pain. She didn't have any pregnancy for 13 years due to oligo-astenozoospermia. She had ICSI – ET 27 days ago and 3 embryos were transferred under ultrasound guidance. She denied any past history of pelvic inflammatory disease, intrauterine device use and previous surgery.

Physical examination revealed tenderness in the left pelvic region. Her systolic

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blood pressure was 90 mmHg, diastolic blood pressure was 60 mmHg and pulse rate was 120 beats/min. Serum β -hCG level was 26723 mIU/ml and hemoglobin level was 12.6 g/dl.

Transvaginal ultrasound scan revealed an empty uterine cavity with an endometrial thickness of 11.9 mm. At the left adnexa a 17 mm gestational sac with a yolk sac inside and a 15 mm echo-complex ovarian mass were found. The right tubo-ovarian region was normal. Free fluid was seen in the pouch of Douglas. The sonographic findings and the serum β -hCG level suggested a ruptured ectopic pregnancy.

She underwent emergent laparotomy due to hemorrhagic shock. The abdomen was opened through a pfannenstiel incision. Exploration revealed 500 ml of blood and clots in the abdominal cavity. The uterus, right ovary and right fallopian tube appeared normal. The left ovary was enlarged with a 2 cm hemorrhagic mass appearance, which was the source of bleeding. There was a fimbrial ectopic pregnancy of 2 cm in diameter in the left tube which was intact, though blood was trickling from the fimbrial edge of the tube. A left partial salphengectomy and wedge resection of the left ovary was performed. The histopathology of the specimen showed the presence of chorionic villi both in the ovarian tissue and the left fallopian tube supporting the diagnosis of twin ectopic ovarian – tubal pregnancy (Figure 1).

Post-operatively the patient received antibiotics. Serum β -hCG level was followed up and the values showed a progressive decline confirming the efficiency of the treatment. After the stabilization of the patient and the detection of gradual decline in the β -hCG levels the patient was discharged from the hospital and followed by β -hCG level until it was under 1 mIU/ml.

Discussion

In cases of assisted conception using IVF –

ET, the complication of ectopic pregnancy is relatively common, occurring in 1-3 % of these pregnancies (10). Twin ectopic pregnancy rate is much less than single ectopic pregnancy. The most common form is twin tubal gestations (7, 8). Ovarian (11), interstitial (12). and abdominal (6). twin pregnancies have also been reported. To our knowledge, this is the first case of twin ectopic pregnancy consisting of ectopic ovarian and tubal pregnancy at the same side after an ICSI – ET cycle.

Factors predisposing for ectopic pregnancy are tubal damage after pelvic inflammatory disease, endometriosis or tubal surgery, previous ectopic pregnancies, progesterone intrauterine device and exposure to diethylstilbestrol in utero. Also there is a strong association between ovarian pregnancies and current use of intrauterine device (IUD) (13). These predisposing factors were not present in our case.

In assisted reproduction cycles utilizing IVF /ICSI and embryo transfer there are some theoretical risk factors for ectopic implantation; including reduction in tubal contractility as a result of high progesterone levels from multiple corpus lutea, ovarian hypervascu-

larity after hyperstimulation and egg retrieval, excessive endometrial cavity distention with media during embryo transfer, deep fundal embryo transfer, high number of the transferred embryos, and transfer of blastocyst (3, 14-18). It has been hypothesized that, even correctly transferred embryos can migrate into fallopian tubes, due to retrograde action of uterine secretions and /or uterine contractions(19). In the case we described the exact mechanism of ovarian and tubal pregnancy after ICSI was not clear since there was no predisposing factors. The most probable mechanism is reverse migration of two separate embryos toward the fallopian tube and implantation in the ovary and tuba at the same side.

Demonstration of a live embryo within a gestational sac outside the uterus is the gold standard for the sonographic diagnosis of ectopic pregnancy. However yolk sac and/or embryo is seen relatively infrequent both in ovarian and tubal pregnancies (20-22). Correct preoperative diagnosis of ovarian pregnancy is difficult, being confused with corpus luteal cysts (23). In review of 25 ovarian pregnancies, the correct diagnosis was made surgically in only 28% of cases and an embryo was

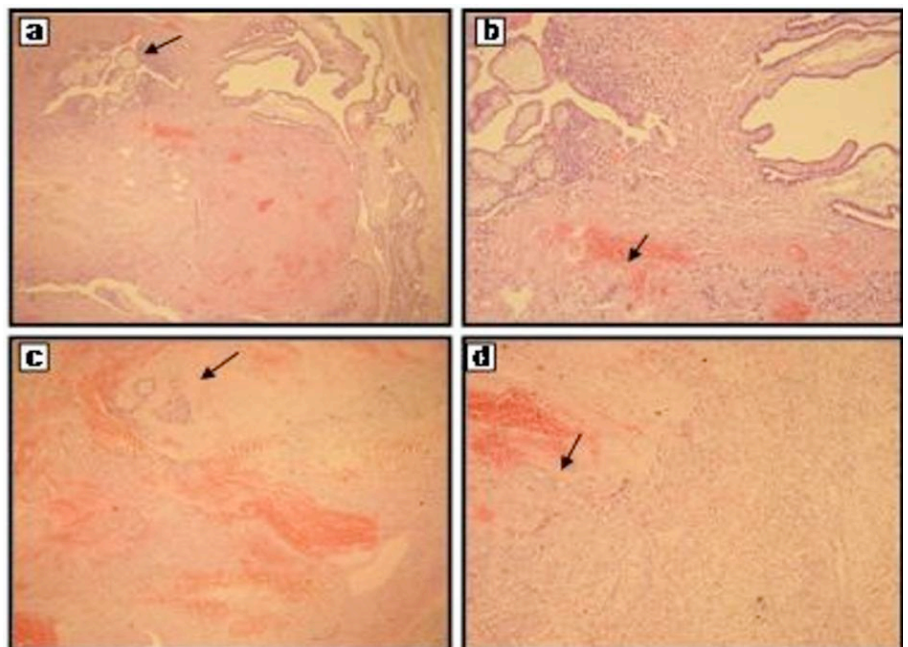


Figure 1: Tubal (1a and 1b) and ovarian (1c and 1d) ectopic pregnancies were shown in the figure. Both chorion villi (arrows in figure 1a and 1c) and trophoblastic cells (arrows in figure 1b and 1d) were seen.

identified in only 12% of cases (24). In a standard IVF-ET cycle diagnosis of ovarian pregnancy is harder since the initial sonographic picture might be obscured by multiple corpora lutea cysts after hyperstimulation and egg retrieval (25).

Surgery is the gold standard for the treatment of ovarian pregnancies. Ovarian preserving surgery; either cystectomy or wedge resection done by laparoscopy or laparotomy is the preferred treatment option(26). Although laparoscopic approach is the first choice especially in the early diagnosed ca-

ses, in hemodynamically unstable cases with a ruptured ectopic pregnancy, laparotomy is mostly performed. In hemodynamically unstable patients we prefer laparotomy in our clinic. Ovarian wedge resection and unilateral salpingectomy was done in this case in order to preserve future fertility. Methotrexate has become an increasingly popular treatment for ectopic pregnancies (27). Treatment with methotrexate may be particularly helpful in preserving the ovary in patients with a preoperative diagnosis of ovarian pregnancy.

Conclusion

IVF-ET increases the incidence of ectopic pregnancy especially in unpredictable locations. Even without known ectopic pregnancy risk factor, in women submitted to IVF-ET, it's mandatory to perform an early β -hCG monitoring and transvaginal ultrasonography in order to detect ectopic pregnancy at an early stage for a chance of possible conservative treatment.

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