

Wegener granulomatosis; multisystem involvement

Wegener granulomatosis; multisistem tutulumu

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Wegener Granulomatosis (WG) ender görülen, primer olarak üst ve alt solunum yolları ile böbreklerin nekrotizan granülatöz vaskülitisi ile karakterize sistemik bir otoimmün hastalıktır. Biz multisistem tutulumu olan bir WG li olguyu sunmayı amaçladık. 39 yaşındaki erkek hastada oküler, paranasal, mediastinal, akciğer, dalak ve meningeal tutulum BT, US ve sitolojik bulguları ile sunuldu.

Anahtar sözcükler: **Wegener Granulomatosis, BT, US, sitolojik bulgular**

Wegener Granulomatosis (WG) is a systemic autoimmune disorder characterized by necrotizing granulomatous vasculitis that primarily affects the upper and lower respiratory tracts and kidneys. We report a case of WG with multisystem involvement. This 39-year-old man has ocular, paranasal, mediastinal, lung, splenic and meningeal involvement of WG. We describe and correlate the CT,US and cytological findings

Key words: **Wegener Granulomatosis, CT, US, Cytological findings**

Wegener Granulomatosis (WG) is a disorder characterized by necrotizing granulomatous vasculitis that primarily affects the upper and lower respiratory tracts and kidneys (1,2). The classic form of WG is a multisystem process that includes respiratory tract granulomas, generalized vasculitis and glomerulonephritis, whereas the limited form of WG involves focal disease without glomerulonephritis (3). We report a case of WG with multisystem involvement.

Case report

A 39-year-old man was admitted to our hospital with headache nausea, vomiting, dyspnea, visual loss of the right eye, cough and weight loss. In the physical examination; bilateral conjunctival hyperemia, diplopia and ptosis of the right eye and nasal cavity mass were found. Laboratory examination revealed the following pathological results; CRP: 346 mg/L (N: 0-8), RHF: 376 IU/ml (N: 0-20), IgG:16.9 g/L (N: 6.9-16.1), IgA: 7.39g/L (N: 0.6-3.7). Assays of cytoplasmic nuclear antineutrophil cytoplasmic antibody (c-ANCA) was high. (c-ANCA: 43.0 U/ml N<4.0).

High resolution lung CT, orbital and cranial CT images in the both axial and coronal planes, were obtained with Sytec SRI GE, using intravenous contrast medium. And also abdominal ultrasonography and tomography were performed. In the cranial, orbital and paranasal CT images there was 8x10mm, dural based homogeneously contrasted solid lesion near the orbital apex in the left frontal lobe; extensive tentorial enhancement and 4 mm cranial extension through the right posterior ethmoidal cell wall destruction (Fig.1). Nonhomo-

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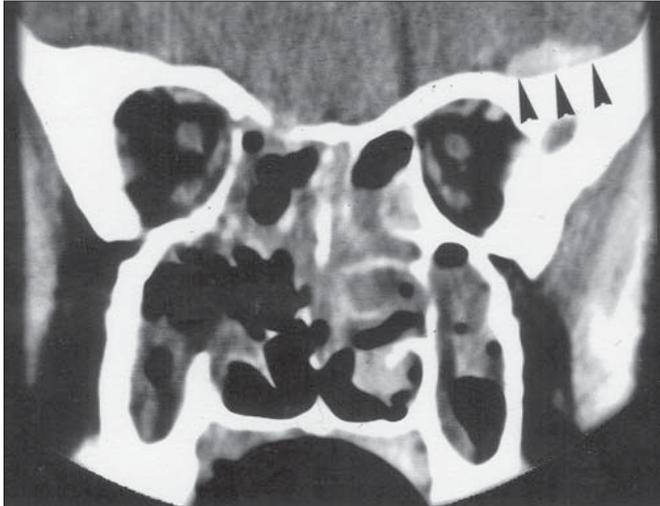


Figure 1. Dural based homogeneously contrast enhanced solid nodular lesion (black arrowheads) in the left frontal lobe and 4mm cranial extension through the right posterior ethmoidal cell wall destruction.



Figure 2. Hypodense mass in the right lacrimal gland (black arrowheads).



Figure 3. Polypoid mass in the paranasal sinuses and nasal cavity with sinus wall destruction.

geneous low density solid lesion in the right lacrimal gland measuring 15x6mm (Fig. 2), polypoid solid lesion in the paranasal sinuses and nasal cavity, extending through nasopharynx, predominantly on the left side with destruction in the sinus walls (Fig. 3).

In the high resolution lung CT; there were thick walled irregular cavitary lesions and nodular infiltrates, the biggest measuring 55 x 43 mm in the both lung paranchyme (Fig. 4), and multiple mediastinal, bilateral hilar and perivascular lymphadenopathies (Fig. 5).

Abdominal ultrasonography showed splenic inhomogeneity and large anechoic fields adjusting splenic infarcts. With patency of the splenic artery and vein, CT showed splenic inhomogeneity with widespread hypodense lesions.

Nasal mass biopsy was performed and revealed WG. Treatment with prednisolone and cyclophosphamide was initiated and the patient was discharged from the hospital.

Discussion

The typical triad of WG consist of; necrotizing granulomatous inflammation of the upper and lower respiratory tracts, systemic vasculitis of small arteries and veins; focal glomerulonephritis. The upper respiratory tract is the area most often involved at initial presentation and generally precedes pulmonary or renal involvement (1). WG effects respiratory system 95%, paranasal sinuses 90%, kidneys 85%, nasal cavity and nasophaynx 65%, less frequently orbita, middle ear, joints, muscles, nervous system and gastrointestinal system (2,3). Primary involvement occurs in upper and lower respiratory tracts and kidneys. Neurological involvement seen primarily as cranial neuropathies occur in about 34% of cases. Other commonly affected organs include skin and salivary glands. A definitive diagnosis is obtained by establishing the presence of a necrotizing granulomatous vasculitis usually by lung, upper airway or kidney biopsy. C-ANCA has been shown to have a high sensitivity for WG (5). In our case c-ANCA was found high.

Pulmonary system involvement occurs 45% of patients at presentation and in 90% during the course of the disease. Cough, hemoptysis and pleuritis are the most common pulmonary signs. Classic chest radiographic findings include bilateral paranchymal nodes (+/- cavitation) or airway disease simulating pneumonia. Less common findings include hilar or mediastinal adenopathy and pleural effusion, pleural thickening or effusion, laryngeal or tracheobronchial stenosis (6,7). Cavitation usually occurs in nodules larger than 2cm (6). In our case the smallest cavitary lesion was in 1.5 cm in diameter. Hilar adenopathy and mediastinal masses are distinctly rare in patients with

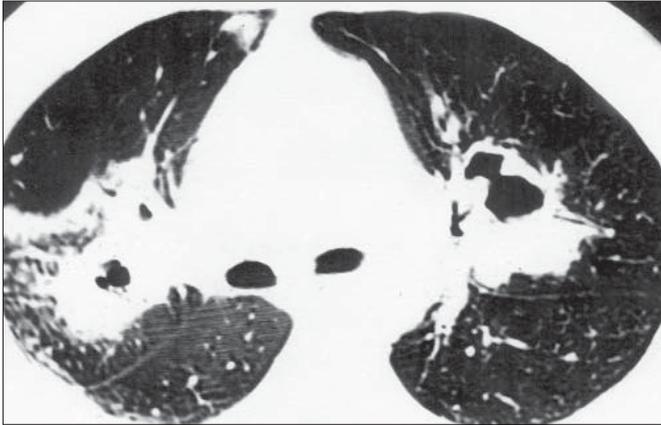


Figure 4. Irregular cavitary and solid lesions in both lung parenchyme.

WG. George et al (8). described 2%, mediastinal and hilar involvement in 302 patients. In our case there are multiple mediastinal and hilar lymphadenopathies.

Ocular involvement occurs in up to 25-50% of patients with WG. Ophthalmological manifestations including both ocular (involving the globe) and orbital disease have been reported in 40-50% of WG patients. The principal types of ophthalmologic involvement are granulomatous disease (causing an orbital inflammatory mass often with proptosis and/or optic nerve compression) and small vessel vasculitis (causing conjunctivitis, scleritis, uveitis, optic neuritis, optic nerve vasculitis, retinitis, central retinal artery ischemia or cranial nerve paresis) (9,10). Patients may have proptosis caused by a retroorbital pseudotumor or an extension sino-nasal disease into the orbit.(1). Orbital granulomas can be characterized as contiguous (i.e secondary to extension of granulomatous disease from the nasal passages of paranasal sinuses) or focal arising primarily within the orbit. Usually extraconal and intraconal involvement occur together and c-ANCA titer was found high in orbital granulomatous mass lesion(11). In our case there were conjunctivities in both eyes and there was a lacrimal gland mass in the right eye and c-ANCA titres were high.

Neurologic involvement in WG is primarily in the peripheral nervous system and less frequently like cranial neuropathy (11-14). Incidence during the course of the disease is up to 20%. Peripheral neuropathy is the most common single neurologic feature with 16% incidence and mononeuritis multiplex. The incidence of cranial neuropathy is 6%. Cranial nerves II, VI and VII are most commonly affected (1). Granulomatous inflammation of the meninges occurs rarely (2-8%) (4,12,14). Drachman (12) reviewing 104 cases of WG discounted three mechanisms for neurologic involvement. Direct invasion from the nasal

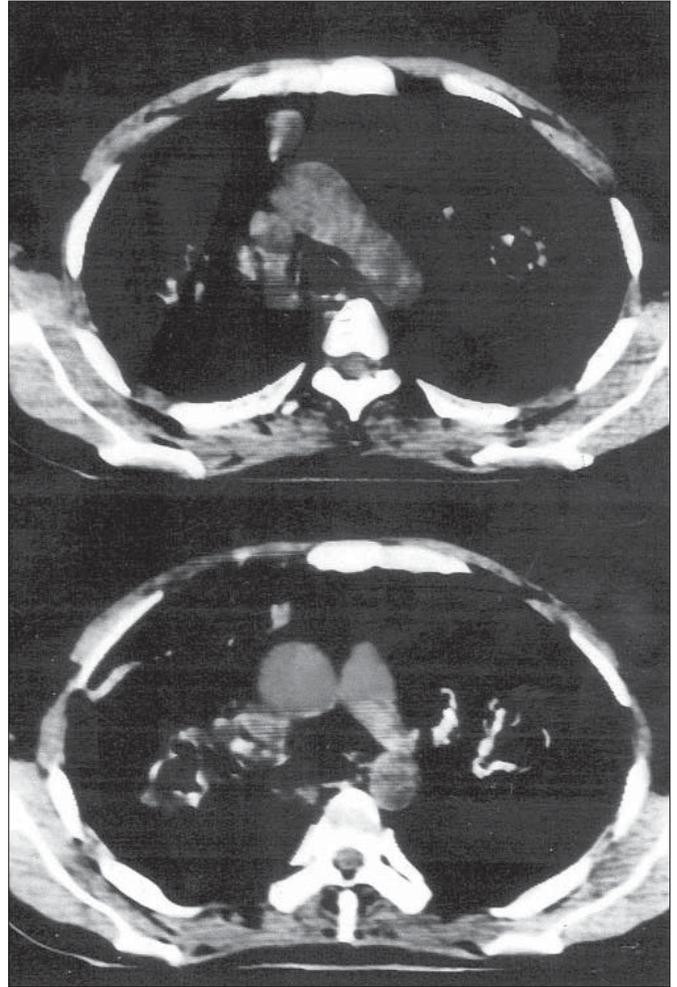


Figure 5. Prevascular and hilar lymphadenopathies.

granuloma, granulomatous lesions remote from the nasal granuloma and vasculitis of the nervous system. These may produce peripheral neuropathy or cerebral infarcts and hemorrhages, dural thickening may be diffuse, nodular or plaque like (15). Meningeal involvement, seen as enhancement, is less common but is reported (14,16). In our case there was direct invasion from granuloma in the posterior ethmoidal cell, primary nodular frontal granulomatous lesion related to dura and intensive content enhancement in tentorium cerebelli secondary to dural granulomatous thickening.

Splenic infarcts secondary to vasculitis may occur in WG (15-17). In our case splenic infarcts were established with performing US and CT.

As a result; a WG case was described with paranasal sinus, orbital, cranial, meningeal, lung and splenic involvement. In these settings with presence of ANCA, WG should be considered in differential diagnosis.

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