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# The Effects Of Partially Replacing Fishmeal with Azolla (*Azolla Sp.*) On Growth Parameters Of Shabbout Fish (*Tor grypus* H. 1843)

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#### Abstract

In this study, the effect of replacement of fishmeal by azolla meal in prepared diet was investigated in Shabbout fish fingerlings. Four different experimental diets (all containing mean 41.7% crude protein and 3026.2 digestible energy) at a various ratios of azolla has prepared. Control diet (D<sub>1</sub>) was composed of fishmeal completely. Experimental diets (D<sub>2</sub>, D<sub>3</sub> and D<sub>4</sub>) were composed of 10%, 20% and 30% azolla meal respectively instead of fishmeal. The experiment was carried out in a closed rearing system with recirculated filtered water for 12 weeks. According the to the results of the experiment, the mean specific growth rate (SGR) and mean weight gain values were the highest for the group f ed with D<sub>2</sub> after D<sub>1</sub>. There was n o difference a mong four groups with respect to the mean final condition factor (K), feed conversion ratio (FCR) and protein efficiency ratio (PER) values at P>0.05 statistical significance level. However, mean weight gain and mean final weight were no significantly different among the groups fed with D<sub>2</sub>, D<sub>3</sub> and D<sub>4</sub> (P<0.05). S GR and mean final length were significantly different in all groups. Based on all measured criteria, it is suggested that approximately 10% of fish protein from fishmeal can be replaced by azolla meal without adverse effect on fish performance.

Key Word: Shabbout, Tor grypus, Feeding, Azolla, Growth

### INTRODUCTION

The increasing price of fishmeal and the uncertainty of its procuring lead feed manufacturers and experts in fish feeding to use cheaper and more eas ily o btainable vegetable p rotein s ources instead o f fishmeal p rotein Alceste [2].

Depending on high protein content and balanced amino acid p rofile, fishmeal is t he m ain pr otein s ource i n commercial fish feeds. D ue to i ncreasing de mand and i ts use in various animal feed, the shortage in the production of fishmeal in the world doubled. It is clear that developing countries c annot de pend on only fishmeal in feeds in the long run. For this reason, various measures have been taken to partially or to tally replace fishmeal with ot her pr otein sources El-Sayed [8]

Crude protein content of commercial aquaculture feed used in growing fish is 25-45%. The protein of azolla plant having 23-30 % crude protein content includes 55% of the amino acids in present. Water rates are very high and dry matter content r anges from 6 -10%. It is u sed as pork, chicken, duck, beef and human food Hove [10]. Because of these p roperties, herbal f ish f eeds l ike azo lla with h igh protein content can be used for fish feeds.

Nevertheless research on the use of azolla as a fish feed plant is v ery li mited. In a s tudy on grass car p (*Ctenopharyngodon idella*), it was reported that small water plants such as azolla and lemna were preferred more than others Edwards [7]. It was proved that carps prefered *Azolla carolina* Duthu and Kilgen [6], *tilapia mossambicas* preferred primarily azolla and lemna Lahser [12]. Fiogbe et al. [9] reported that weight gain was observed at all levels on Oreochromis niloticus fed with di ets s upplemented different levels of dry azolla meal (up to 45%). Therefore, the au thors s tated t hat azolla could b e u tilized as a fish feed. Abioye et al. [1] researched the ef fects o f d iets supplemented di fferent l evels of a zolla ( up t o 10 0%) instead of palm kernel cake on specific growth rate (SGR), the feed conversion ratio (FCR) and mean weight gain (%) of *Oreochromis niloticus*. The a uthors s howed t hat there were no significant differences among findings.

Shabbout fish (*Tor grypus*) living in the T igris and Euphrates rivers is likely to have high commercial value for breeding i nland water i nstead of c arp and t rout. On the other hand, azolla is not only a cheap source of feeding but also has high protein content. Considering this p otential, the present study was designed to determine the effects of supplementing azolla instead of fi shmeal i n d ifferent proportions on growth parameters of shabbout fish.

# **MATERIALS AND METHODS**

#### **Experimental fish**

shabbout (*Tor grypus*) fingerlings from Atatürk Dam of the G eneral Directorate o f S tate H ydraulic W orks w ere brought to the l aboratory of the D epartment of F isheries and A quaculture of the Faculty o f A griculture a t the University of Ankara.

#### **Experimental facilities and procedures**

The ex periment w as conducted in 1 50-1 c onical fiberglass tanks containing 50 1 of water for 12 week 84 days. An aquaponic system Rakocy et al. [14] integrating fish c ulture and pl ant production w as us ed. The pl ants (tomatoes), e mbedded in a g ravel filter, ex tract o rganic wastes from the water and the purified water was recycled back to the fish tanks at a daily exchange rate of 5% (1-1.5 l/min) of the tank volume. *Nitrosomonas* and *nitrobacter* bacteria w ere ad ded t o the g ravel b eds t o en hance t he decomposition of nitrogenous compounds. Three replicates

of 10 f ish per tank were es tablished f or each t reatment (Table 1). The average individual weight of the fingerlings was about 4.2 g at the beginning of the experiment. The length and w eight of all f ish were measured every t wo weeks. F ish were a nesthetized with 0.05 m l/l Q uinaldine (Merck S chuchard, F RG) b efore w eighing. F ish were f ed ad libitum three t imes per da y with one of four experimental diets based on an chovy fishmeal as the sole protein s ource (Table 2). Feeding t able w as u sed in p er tank. Proximate an alyses of moisture, crude protein (N x 6.25), lipid, a nd a sh of t he f eed w ere de termined i n triplicate by standard methods (AOAC [3]. Water quality, tested w eekly a ccording t o APHA [4], was 0.084±0.002 ppm t otal a mmonia (NH3-N), 0 .084±0.002 ppm n itrite (NO2-N), 230±8.56 total a lcalinite, 7.09±0.0097 pH and 5.79±0.065 oxygen. The water temperature was maintained at 26±1 °C.

values prior to the analysis Zar [18].   Cable 1. Layout of the experiment					
Test Diets	Relapses	Sources of protein in feeds %		Trial Periods (week)	
	Relapses	Fish meal	Azolla meal		
	1.1	100	-	12	
D <sub>1</sub> (control)	1.2	100	-	12	
	1.3	100	-	12	
D <sub>2</sub>	2.1	90	10	12	
	2.2	90	10	12	
	2.3	90	10	12	
	3.1	80	20	12	
D <sub>3</sub>	3.2	80	20	12	
	3.3	80	20	12	
	4.1	70	30	12	
D	4.2	70	30	12	
$D_4$	4.3	70	30	12	

#### Measurements and calculations

At the end of t he experiment, g rowth pe rformance, body composition, and food utilization were calculated as follows: s pecific growth r ate (SGR,%/day)=([lnWtlnWi]/T) x 1 00; protein e fficiency r atio (PER)=(Wt-Wi)/crude p rotein f ed; f eed co nversion r atio (FCR)=(CxT)/(Wt-Wi); and c ondition f actor (K)=100x(wt/length3), where W=weight, Wi=initial weight of fish, Wt=final weight of fish, C=daily food intake, and T=duration.

#### Statistical analysis

Data were analyzed by analysis of variance (ANOVA) with the S AS package. D uncan's multiple-range t est w as used t o c ompare di fferences a mong i ndividual m eans. Treatment ef fects were considered s ignificant at p < 0.05. Percentage an d r atio d ata w ere t ransformed t o ar csine values prior to the analysis Zar [18].

Table 2. Composition an	d proximate anal	vsis of ex	perimental	diets (	(% of raw	material).

Diets	D <sub>1</sub> (control)	$D_2$	D <sub>3</sub>	$D_4$
Ingredient				
Oat	25	15.5	3	-
Soybean oil cake	-	2	5	4
Fishmeal (anchovy)	56	50	44.5	40
Azolla	-	15.5	31	46
vegetable oil	6	6.5	6.5	6
Salt	0.5	0.5	0.5	0.5
Bentonite	3.5	3.5	2.5	0.3
Cornstarch	3	1	2	-
Vitamin mix <sup>1</sup>	1	1	1	1
Mineral mix <sup>2</sup>	1	1	1	1
Methionine	0.5	0.5	0.5	0.5
Gelatin	3.5	3	2.5	0.7
Proximate analysis				
Dry matter (% of air-dry wt)	93.7	94.0	93.9	93.8
Crude protein	42.5	41.9	41.5	40.7
Lipid	12	9.6	8.8	8.3
Ash	12	15	17.7	19.2
Crude fiber	2.55	2	3.6	5
Metabolizable Energy(Kcal/kg)	3210	3040	2945	2910

<sup>1</sup>Rovimix 12 3-T 2 5 K (per 2.5 kg): V itamin A 12,000,000 U I; vi tamin D3 2,000,000 U I; vi tamin E 35,000 mg; vi tamin K3 4,000 mg; vitamin B1 3,000 mg; vitamin B2 7,000 mg; vitamin B6 5,000 mg; vitamin B12 15 mg; vitamin C 50,000 mg; niacin 20,000 mg; folic acid 1,000 mg; calcium Dpantothenate 10,000 mg; biotin 45 mg; choline chloride 125,000 mg.

<sup>2</sup>Remineral S 25K (per kg): Fe 60,000 mg; Cu 5000 mg; Mn 80,000 mg; Co 200 mg; Zn 60,000 mg; I 1,000 mg; Se 150 mg.

	Test Diets (fish meal protein/azolla meal protein)				
	$D_1$ (100/0) control	D <sub>2</sub> (90/10)	D <sub>3</sub> (80/20)	D <sub>4</sub> (70/30)	
Mean initial wt $(g)^*$	4,2±0,263 <sup>a</sup>	4,23±0,209 <sup>a</sup>	4,22±0,231 <sup>a</sup>	4,21±0,359 <sup>a</sup>	
Mean final wt $(g)^*$	14,4±0.834 <sup>a</sup>	11,7±0.634 <sup>b</sup>	10,02±0.513 <sup>b</sup>	10,59±0.600 <sup>b</sup>	
Mean initial length (mm)*	7,66±0,186 <sup>a</sup>	7,77±0,143 <sup>a</sup>	7,84±0,172 <sup>a</sup>	7,66±0,200 <sup>a</sup>	
Mean final length (mm)*	11,95±0.252ª	11,29±0.207 <sup>b</sup>	10,61±0.192 <sup>c</sup>	10,88±0.235 <sup>bc</sup>	
Mean wt gain (%) <sup>*</sup>	29.5±1.64 <sup>a</sup>	$24.8 \pm 0.466^{b}$	21.7±0.252 <sup>b</sup>	22.9±0.673 <sup>b</sup>	
Mean initial condition factor $(K)^*$	0,91±0,02 <sup>a</sup>	$0,89{\pm}0,02^{b}$	0,86±0,02 <sup>b</sup>	0,87±0,019 <sup>b</sup>	
Mean final condition factor $(K)^*$	0.82±0.016 <sup>a</sup>	$0.79{\pm}0.010^{a}$	0.82±0.011 <sup>a</sup>	0.81±0.0221 <sup>a</sup>	
Food conversion ratio (FCR) <sup>1*</sup>	2.44±0.234 <sup>a</sup>	3.28±0.198 <sup>a</sup>	2.93±0.464 <sup>a</sup>	3.43±0.222 <sup>a</sup>	
Specific growth rate (SGR; %/day)*	1,36±0.0842ª	1,10±0.0266 <sup>b</sup>	1,03±0.0152 <sup>c</sup>	1,05±0.0396 <sup>bc</sup>	
Protein efficiency rate (PER) <sup>1*</sup>	1,50±0.08 <sup>a</sup>	2,06±0.184 <sup>a</sup>	1,57±0.07 <sup>a</sup>	1,91±0.204 <sup>a</sup>	
Survival (%)	100	100	100	100	

**Table 3.** Growth performance, feed conversion, and protein efficiency of shabbout fish (*Tor grypus* H. 1843) fingerlings fed diets containing different rates azolla meal instead of fish meal for 12 weeks.

Values with different superscripts differ significantly (p<0.05).

<sup>1</sup>Expressed as the percent of the initial body weight after 12 weeks.

<sup>2</sup>Moisture-free basis.

# RESULTS

The final average weight, mean weight gain of fish fed with  $D_1$  were significantly higher than those of fish fed with  $D_2$ ,  $D_3$  and  $D_4$ . Final condition factor (K), the feed conversion ratio (FCR) and protein efficiency rate (PER) did not significantly differ a mong the groups. Specific growth rate (SGR) significantly differ a mong the groups. Survival was high for all treatments (Table 3).

# DISCUSSION

We could not find any research on supplementing only azolla instead of fishmeal in the course of conducting our study. Therefore, r esearches ab out other sources of pl ant protein could shed light on the comparison of our findings. By ta king into consideration, we compared our findings with values obtained from the studies on diets replacement of fishmeal with soybean.

According to our study, the highest average live weight as a result of a 12 week experiment was observed in group fed w ith D<sub>1</sub> (14.4±0834) and the lowest one w ith D<sub>3</sub> (10.02±0513). The average live weight gain (%) at the end of the trial was 29.5±1.64%, 24.8±0466%, 21.7±0252%, 22.9±0673% in groups fed with D<sub>1</sub>, D<sub>3</sub> and D<sub>4</sub> respectively. The difference was significant in t he g roup f ed w ith between D<sub>1</sub> and other diets (D<sub>2</sub>, D<sub>3</sub>, D<sub>4</sub>) (p<0.05). But there was no significant difference a mong groups fed with D<sub>2</sub>, D<sub>3</sub>, D<sub>4</sub> (p>0.05).

The results obt ained f rom t he s tudies on d iets replacement o f f ishmeal with s oybean are i mportant f or evaluating the results of our study. Tuladhar [17] reported that total yield in group fed with a zolla, s oybean and oil cake i ncreased 38. 79% c ompared with fish meal in car p polyculture systems over a period of 8 m onths. According to 42-day feeding study, 1.43 kg fishmeal was necessary, while 0, 716 kg of azolla, s oybean and o il cake diet was

enough to produce 1 kg of fish. In short, FCR in that group was found higher than the group fed with fishmeal. The yield in groups fed with diets consist of azolla, soya beans and oilcakes was higher compared to the groups fed with diets consist of fishmeal. However, in our study, in terms of FCR, there was no significant difference among all groups (p>0.05). In o ur o pinion, t his di fference i s due t o t he difference in fish species and the breeding system used.

Sudaryono [16] observed the effects of replacement of soybean m eal by azolla meal on g rowth p arameters of *Penoeus monodon* fry. The research indicated t hat t here was no di fference in di ets supplemented azolla i nstead of soybean meal (100 %) in terms of weight gain, growth rate, SGR, f eed i ntake, s urvival, P ER and A PU (P<0.05). In other words, the study showed that the effects of diets with azolla was similar to the effects of diets with soybean.

Chou et a l. [5] researched on the effects of soybean instead of fishmeal up to 60% in cobia fry (Rachycentron). They de termined t hat F CR significantly i ncreased while weight g ains, P ER a nd N PU ( net pr otein u tilization) decreased depending on the i ncrement in t he s hare of soybean m eal. Up t o 4 0 % s uplementation of s oybean, there was no di fferences a mong di ets i n t erms of F CR. These results are parallel to FCR values in our study. In addition to this, the study by Chou et al. [5] the optimum soybean supplementation was reported as 16.9 %.

In a nother s tudy, four di ets containing 3 0% c rude protein were t ested on ch annel catfish j uveniles. In these diets, 30%, 20%, 10% and 0% fishmeal was replaced with 10%, 20%, 30% and 40% soybean meal respectively. The study s uggested up t o 10% f ishmeal r eplacement b y soybean m eal without change in the growth of juveniles Rab e t a l. [13]. Our study c onducted w ith a zolla a lso reveals similar results. On the other hand, the replacement percentage between fishmeal and soybean that led to reduce the g rowth was r eported over 20% in y ellowtail by Shimeno et al. [15] and 25% in rainbow trout and Atlantic salmon by Kaushik et al. [11].

# CONCLUSION

The results of the present study indicate that azolla is a source of pl ant protein that can be us ed i n f ish c ulture. Based on all measured criteria, it is suggested that 10 % of fish p rotein f rom fishmeal c an b e r eplaced by Azolla. Furthermore, incorporation of azolla will provide relatively low cost fish diets.

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