

# In-vitro Activities of Daptomycin in Combination with Rifampicin and Gentamicin Against VRE Strains

*Daptomisinin Rifampisin ve Gentamisin ile Kombinasyonlarının VRE Suşlarına in-vitro Etkinliği*

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## ABSTRACT

**AIM:** In-vitro activity of daptomycin in combination with rifampicin and gentamicin, was assessed against vancomycin-resistant enterococci (VRE) with both high-level aminoglycoside resistance (HLAR) and non-HLAR.

**METHODS:** Identification of 39 VRE was performed using conventional methods. HLAR strains were identified by using disk diffusion method with gentamicin: 120 µg and streptomycin: 300 µg disks. The rates of HLAR and non-HLAR were established as 41% (16/39) and 59% (23/39), respectively.

Minimum inhibitory concentration (MIC) of all antibiotics used were determined and evaluated using microbroth dilution technique as described by Clinical and Laboratory Standards Institute (CLSI).

In-vitro activities of antibiotic combinations were determined using microbroth “checkerboard” microdilution technique. Fractional inhibitory concentration index (FICI) were calculated relative to MIC values of antibiotics both alone and in combinations. Synergy was defined as a FICI of  $\leq 0.5$ , additive/indifference as a FICI  $> 0.5-4.0$  and antagonism as a FICI of  $> 4.0$ .

**RESULTS:** All strains were established as daptomycin susceptible (100%) while rifampicin susceptibility rate was found to be 5.1% (2/39) according to MICs. When daptomycin was combined with rifampicin and gentamicin, additive/indifferent effects were observed for the majority of 39 strains, even though the synergistic effect defined in non-HLAR were 34.8% and 8.7%, respectively. Although daptomycin combination with rifampicin showed a synergistic effect against 50% of HLAR, no synergism was observed in combination of daptomycin with gentamicin. The combinations of both daptomycin/rifampicin and daptomycin/gentamicin also showed FICI of 0.155–1.5 and 0.375–2 against strains, respectively. There was no antagonism observed in any of the combinations.

**CONCLUSION:** The results of the study suggest that the combination of daptomycin/rifampicin may be recommended as an alternative in treatment of serious VRE infections caused by both HLAR and non-HLAR.

**Key words:** antimicrobial combinations; vancomycin-resistant-enterococci; “checkerboard” microdilution technique

## ÖZET

**AMAÇ:** Daptomisinin, rifampisin ve gentamisin ile kombinasyonlarının, hem yüksek düzeyde aminoglikozid direnci (HLAR) olan ve hem de HLAR olmayan (non-HLAR) vankomisine dirençli enterokok (VRE) suşlarına karşı etkinliği in-vitro koşullarda araştırılmıştır.

**YÖNTEM:** Otuz dokuz VRE suşunun laboratuvar tanısı konvansiyonel yöntemler ile yapılmıştır. HLAR araştırması için 120 µg gentamisin ve 300 µg streptomisin içeren diskler kullanılarak yapılan difüzyon yöntemi sonucunda; suşların %41'inin (16/39) gentamisin ve streptomisine yüksek düzeyde dirençli (HLAR) ve %59'unun (23/39) ise duyarlı (non-HLAR) olduğu belirlenmiştir.

Çalışmada kullanılan tüm antibiyotiklerin minimum inhibitör konsantrasyon (MİK) değerleri, Clinical and Laboratory Standards Institute (CLSI)'in önerileri doğrultusunda, buyyonda mikrodilüsyon yöntemi ile belirlenmiş, sonuçları aynı standarda göre değerlendirilmiştir.

Antibiyotik kombinasyonlarının in-vitro aktivitesi “checkerboard” mikrodilüsyon tekniği kullanılarak saptanmıştır. Çalışmada kullanılan suşlar için, antibiyotiklerin tek başına ve kombinasyon halinde elde edilen MİK değerlerine göre fraksiyonel inhibitör konsantrasyon indeksi (FİKİ) değerleri hesaplanmıştır. Buna göre FİKİ  $\leq 0,5$  olarak bulunan sonuçlar sinerjistik; FİKİ  $> 0,5-4,0$  additif/indifferens; ve FİKİ  $> 4,0$  olarak bulunan sonuçlar ise antagonist etki olarak değerlendirilmiştir.

**BULGULAR:** Suşların tümü (%100) daptomisine duyarlı bulunurken, rifampisine duyarlılık oranı ise %5,1 (2/39) olarak tespit edilmiştir. Daptomisin, rifampisin ve gentamisin ile kombinasyonları non-HLAR suşlarının sırasıyla %34,8 (8/23) ve %8,7'si (2/23) için sinerjistik etkili bulunmasına karşın, suşların çoğunluğu için additif/indifferens etkili saptanmıştır. Daptomisin, rifampisin ile kombinasyonu HLAR suşlarının %50'si (8/16) için sinerjistik etkili bulunurken, daptomisin, gentamisin ile kombinasyonunun, suşların hiçbirini için sinerjistik etki sağlamadığı gözlenmiştir. Tüm VRE suşları için daptomisin/rifampisin ve daptomisin/gentamisin kombinasyonlarının FİKİ değerleri sırasıyla 0,155–1,5 ve 0,375–2,0 olarak belirlenmiştir. Her iki antibiyotik kombinasyonunun da, çalışmada denenilen VRE suşlarının hiçbirini için antagonist etki göstermediği saptanmıştır.

**SONUÇ:** Çalışmanın sonuçları, hem HLAR ve hem de non-HLAR VRE suşları tarafından oluşturulan ciddi VRE enfeksiyonların tedavisinde daptomisin/rifampisin kombinasyonunun önerilebilir bir alternatif olduğu fikrini vermiştir.

**Anahtar kelimeler:** antimikrobiyal kombinasyonları; vankomisine dirençli enterokoklar; “checkerboard” mikrodilüsyon tekniği

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## Introduction

In recent years, there has been a worldwide increase in the incidence of hospital- and community-acquired infections caused by antibiotic resistant Gram-positive bacteria, including vancomycin-resistant enterococci (VRE) and methicillin-resistant *Staphylococcus aureus* (MRSA). Although new generation antimicrobial agents have been used in the treatment of infections caused by multidrug-resistant Gram-positive cocci, resistance to antibiotics has been emerging and spreading<sup>1,2,3</sup>. New antibiotics are few in number and they have limited effect mechanisms<sup>4</sup>. The main reason of resistance of bacteria to antibiotics is the frequent and random use of them. Emergence of vancomycin-resistant strains as well as the increase of enterococci infections has led to greater problems. New antibiotics quinupristin-dalfopristin, linezolid, daptomycin, and tigecycline have been introduced into clinical usage as a result of increasing incidence of VRE strains. However, enterococci have also developed some resistance to these new-generation antibiotics<sup>5</sup>. Therefore, it is essential to develop new antimicrobial agents that would be effective against multidrug-resistant Gram-positive pathogens. Resistance could develop against new antibiotics such as daptomycin due its overuse. Therefore, they are recommended only in cases of vancomycin-resistant Gram-positive bacterial infections<sup>6</sup>.

Daptomycin is the primary and single member of new antibiotic group known as cyclic lipopeptides and has bactericidal activity against Gram-positive bacteria including VRE and MRSA<sup>7</sup>. It attaches to the cytoplasmic membrane of Gram-positive bacteria in the existence of calcium and generates canals in the membrane. This causes some small potassium-like ions to move towards the extracellular fluid, and depolarization of the cell membrane. Thus, protein, DNA and RNA synthesis are inhibited, and rapid bacterial death occurs but the integrity of the cell is preserved as lysis is prevented. Daptomycin has a long-lasting post-antibiotic effect<sup>8</sup>.

At present, antimicrobial agents have increasingly been used in combinations to inhibit or delay the emergence of resistant subpopulations during the treatment of infectious diseases. Use of antibiotic combinations in treatment can also provide a wide-spectrum effect. Because daptomycin has a different effect mechanism on microorganisms it has no cross resistance to other antimicrobial agents. It makes daptomycin the single choice in treatment of infections caused by multidrug-resistant bacteria. Additionally, interaction of

daptomycin with other antimicrobial agents could be promising in treatment. Therefore, more combination studies should be performed<sup>9</sup>.

In the present study, we aimed to investigate the in-vitro activity of daptomycin alone and in combination with rifampicin and gentamicin using checkerboard microdilution method.

## Material and Methods

In this study, we had used 39 VRE strains, each of which was isolated from rectal swab samples of inpatients of various departments in our hospital.

The swab samples were cultivated in an azide-dextrose broth (Merck, Germany), and were incubated overnight at 35 °C to investigate the presence of VRE. The samples were then cultivated in trypticase soy agar (TSA; Oxoid, England), which included 6µg/ml vancomycin, and were incubated for 24 to 48 hours in same conditions. Conventional methods were used to identify of the cultivated bacteria<sup>10,11</sup>. Strains were identified as *Enterococcus spp.* if they had the following properties: Gram-positive; catalase negative; ability to grow in 6.5 sodium chloride, 40% bile, and hydrolyzed esculin; and positive results of pyrrolydonyl arylamidase tests (PYR; BD; USA). Resistance to vancomycin was investigated by disk diffusion (30 µg; Oxoid, England). Resistance to vancomycin was verified by microdilution method and these strains were classified as VRE.

High level of aminoglycoside resistance among VRE strains were investigated using 120 µg gentamicin and 300 µg streptomycin (BD BBLTM BENEX Ltd., Ireland) disks. Gentamicin sensitivity results were verified by microdilution. Minimum inhibitory concentrations (MIC) of antibiotics were identified using microdilution method in accordance with the Clinical and Laboratory Standards Institute (CLSI) recommendations.

Raw materials of daptomycin (Novartis Pharma AG, Switzerland), rifampicin (Nobelfarma Inc. Düzce) and gentamicin (Bilim Medicine Inc., İstanbul) were provided by manufacturing companies and the solutions were prepared in accordance with the recommendations of the CLSI. Mueller-Hinton broth supplemented with 12.5 µg/ml magnesium and 50 µg/ml calcium was used as a dissolvent and diluent, and also as a medium. After overnight incubation at 35°C, the MICs were recorded as the complete inhibition of visible growth in the wells. The evaluations of the results

were made in accordance with the breakpoint values of the CLSI. *Staphylococcus aureus* ATCC 29213 and *Enterococcus faecalis* ATCC 29212 reference strains were used as a quality control in the experiment<sup>11,12</sup>.

Activities of the antibiotic combinations were investigated by using checkerboard microdilution method<sup>10</sup>. For each strain, antibiotic concentrations were prepared according to two dilutions above and four dilutions below the determined MIC values. Combination solutions were obtained by diluting one antibiotic horizontally and one antibiotic vertically on microtitre plates. Bacterial suspensions were added at a density of  $5 \times 10^5$  CFU/ml. After overnight incubation of the plates at 35 °C, the lowest concentration at which strains growth inhibited in combination was determined, and divided the MIC value alone to get the fractional inhibitory concentration (FIC). Then, the FIC index (FICI) value for each strain was measured. The results were evaluated as FICI  $\leq 0.5$  synergistic, FICI  $>0.5-4$  additive/indifference (no interaction), and FICI  $>4$  antagonistic<sup>13</sup>.

## Results

In this study, 16 (41%) of 39 VRE strains were identified as high-level aminoglycoside resistant (HLAR) and 23 (59%) as non-HLAR strains.

All examined VRE strains were found sensitive to daptomycin. Daptomycin MIC<sub>50</sub>, MIC<sub>90</sub>, and MIC<sub>range</sub>

values were 1 µg/ml, 2 µg/ml, and 0.2–2 µg/ml in all strains, respectively. When the values were evaluated separately as HLAR and non-HLAR, they were identified as 1 µg/ml, 2 µg/ml, and 1–2 µg/ml, and 1 µg/ml, 1 µg/ml, and 0.2–2 µg/ml, respectively (Table 1 and 2). MIC<sub>range</sub> values among the HLAR strains were identified as 1 µg/ml for nine of the strains and 2 µg/ml for seven of the strains, whereas one of non-HLAR strains was identified as 0.2 µg/ml, two strains as 0.5 µg/ml, 18 strains as 1 µg/ml, and 2 strains as 2 µg/ml (Fig. 1 and 2). We detected the rate of rifampicin resistant VRE strains as 94.9% (37/39) and only two of the strains (5.1%) were sensitive (MIC:  $\leq 1$  µg/ml) to rifampicin<sup>11</sup>. MIC<sub>50</sub>, MIC<sub>90</sub> and MIC<sub>range</sub> values were 8 µg/ml, 16 µg/ml, and 0.5–32 µg/ml, consecutively. When we investigated HLAR and non-HLAR strains separately, we found that resistance to rifampicin among HLAR strains was 93.7% (15/16) and 95.6% (22/23) among non-HLAR strains. The MIC values of rifampicin for the HLAR strains were 8 µg/ml, 32 µg/ml, and 1–32 µg/ml, and MIC values of non-HLAR strains were 8 µg/ml, 16 µg/ml, and 0.5–16 µg/ml, in the same order.

Gentamicin MIC<sub>50</sub>, MIC<sub>90</sub> and MIC<sub>range</sub> values for all strains were found as 64 µg/ml, 4096 µg/ml, and 8–4096 µg/ml, for HLAR strains: 4096 µg/ml, 4096 µg/ml and 1024–4096 µg/ml, and for non-HLAR strains: 32 µg/ml, 64 µg/ml and 8–64 µg/ml (Table 1 and 2).

**Table 1.** MIC values and susceptibility rates of daptomycin, rifampicin and gentamicin against 39 VRE strains

Antibiotics	MIC values (µg/mL)			Susceptible (%)	Resistant (%)
	MIC <sub>50</sub>	MIC <sub>90</sub>	MIC <sub>range</sub>		
Daptomycin	1	2	0.2–2	39 (100)	0 (0)
Rifampicin	8	16	0.5–32	2 (5.1)	37 (94.9)
Gentamicin	64	4096	8–4096	23 (59*)	16 (41**)

\* non-HLAR strains.

\*\* HLAR strains.

**Table 2.** MIC values of daptomycin, rifampicin and gentamicin against HLAR and non-HLAR VRE strains

VRE strains (n:39)	MIC values (µg/mL)								
	Daptomycin			Rifampicin			Gentamicin		
	MIC <sub>50</sub>	MIC <sub>90</sub>	MIC <sub>range</sub>	MIC <sub>50</sub>	MIC <sub>90</sub>	MIC <sub>range</sub>	MIC <sub>50</sub>	MIC <sub>90</sub>	MIC <sub>range</sub>
HLAR (n:16)	1	2	1–2	8	32	1–32	4096	4096	1024–4096
Non-HLAR (n:23)	1	1	0.2–2	8	16	0.5–16	32	64	8–64

D, daptomycin; R, rifampicin; G, gentamicin.

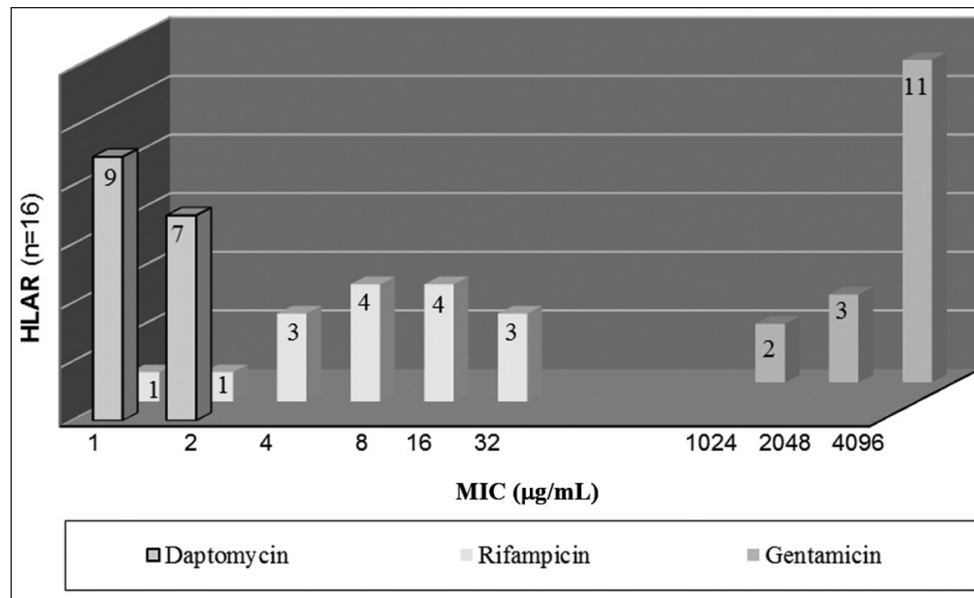


Figure 1. MIC distributions of antibiotics tested against HLAR VRE strains.

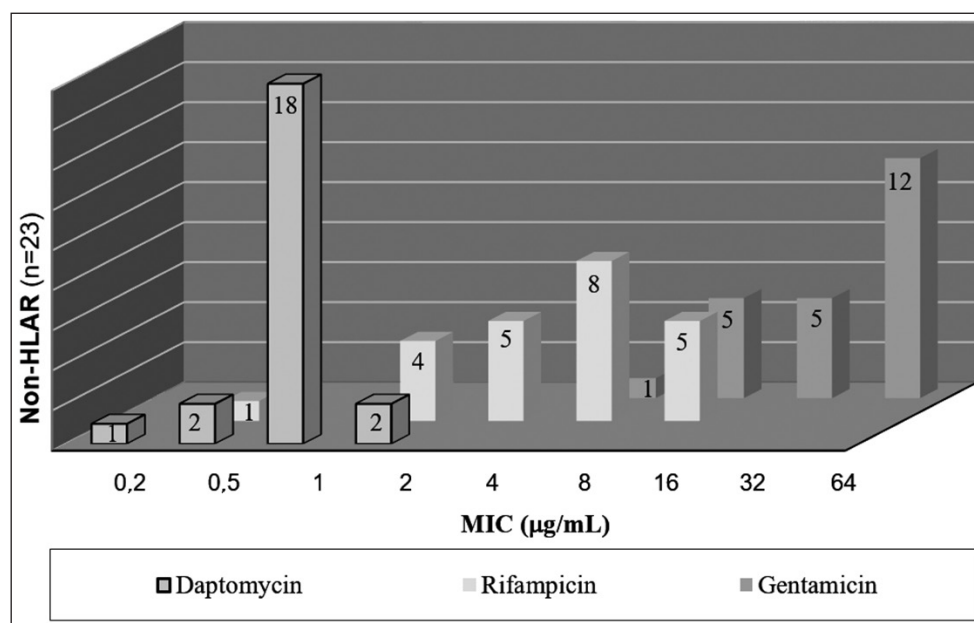


Figure 2. MIC distributions of antibiotics tested against non-HLAR VRE strains.

In-vitro activities of daptomycin in combination with rifampicin and gentamicin against all VRE strains are summarized in Table 3.

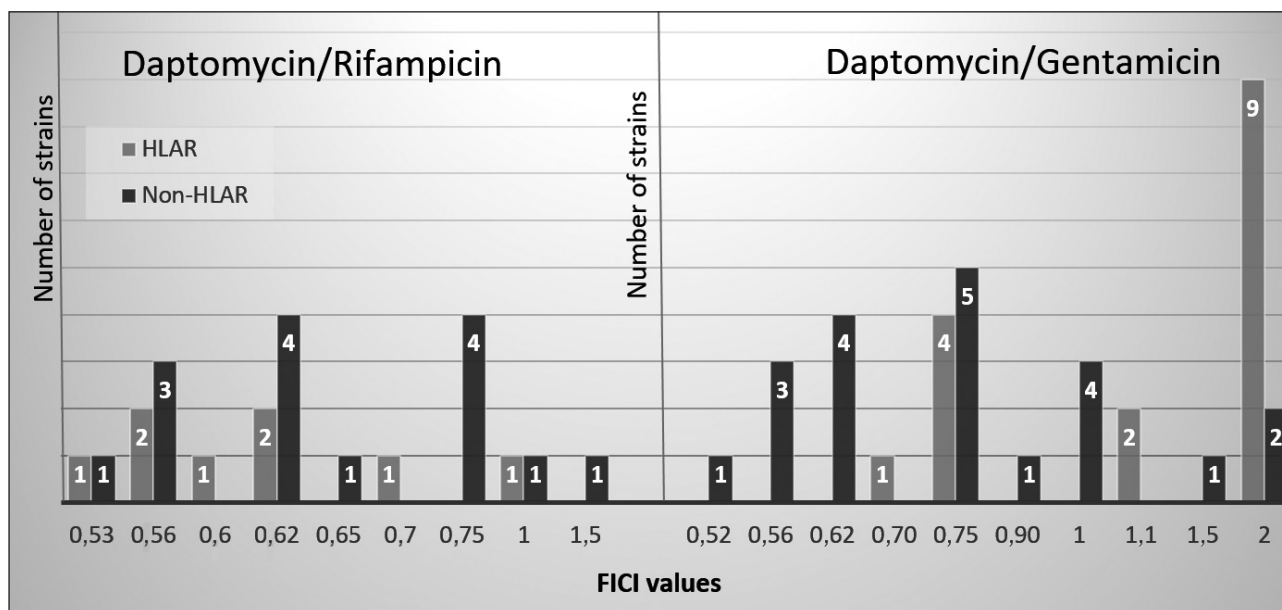
The FICI range values of daptomycin/rifampicin and daptomycin/gentamicin combinations for all VRE strains were identified as 0.155 to 1.5 and 0.375 to 2.0, respectively. The distribution of HLAR and non-HLAR strains with additive/indifference properties

are demonstrated in Fig. 3. These outcomes indicate that daptomycin/rifampicin combinations had a 41.0% (16/39) synergistic effect for the all VRE strains and an additive/indifference effect in 58.9% (23/39). Sixteen of the HLAR VRE strains were evaluated further to the outcomes and daptomycin/rifampicin combinations' synergistic and additive/indifference effects were found as 50% (8/16).

**Table 3.** The interpreted FICI results of the antimicrobial combinations against strains\*

VRE strains (n=39)	Synergistic (%) (FICI ≤0.5)		Add./ind. (%) (FICI >0.5–4)	
	D+R	D+G	D+R	D+G
HLAR (n:16)	8 (50)	-	8 (50)	16 (100)
Non-HLAR (n:23)	8 (34.8)	2 (8.7)	15 (65.2)	21 (91.3)
Total number (n:39)	16 (41.0)	2 (5.1)	23 (58.9)	37 (95)

D, daptomycin; R, rifampicin; G, gentamicin; Add./Ind., additive/indifference.  
\* No in-vitro antagonism (FICI >4) was observed in any combinations for the 39 VRE strains tested.

**Figure 3.** Distributions of add./ind. results (FICI >0.5–4) obtained in combination of daptomycin with rifampicin and gentamicin against HLAR and non-HLAR VRE strains.

When the test results of daptomycin/gentamicin combinations were evaluated, all VRE strains had a 5.1% (2/39) synergistic effect and additive/indifference effect was about 95% (37/39). None of the HLAR strains had a synergistic effect but all had an additive/indifference effect (100%) with these combinations. On the other hand, 8.7% (2/23) of 23 non-HLAR strains had a synergistic effect and 91.3% (21/23) had an additive/indifference effect. We detected no antagonist effect neither HLAR nor non-HLAR VRE strains in any of the in-vitro combination studies.

## Discussion

VRE colonisation in the bowel is a high risk for the development of nosocomial infections, particularly due to long-term antibiotic treatment or hospital stay for in-patients with chronic infections. There is an

increasing prevalence of enterococcal infections among inpatients at present<sup>1</sup>. Antibiotics are used in combinations because they provide wide-spectrum treatment in serious infections. They also prevent or delay the emergence of resistant subpopulations of microorganisms. Additionally, the using of some antibiotics is restricted due to their toxic effects at effective doses; therefore, combinations of antibiotics such as aminoglycosides could provide a successful treatment option at lower doses<sup>10</sup>.

Daptomycin has successfully been used in the treatment of serious infections of enterococcus strains including VRE<sup>14</sup>. Interaction of the combination of daptomycin with other antibiotics and its clinical benefits have been investigated for years<sup>15</sup>. Rifampicin effects by inhibiting DNA-dependent RNA polymerase of bacteria. Resistance to rifampicin develops as a result

of many point mutations in the enzyme encoding *rpoB* gene, which restricts the single use of rifampicin in treatments<sup>16</sup>.

In our study, resistance to rifampicin among VRE strains was detected as 94.9% (37/39); however, there was a 41.0% (16/39) rate of synergism and 58.9% (23/39) additive/indifference in the daptomycin combinations. No antagonistic effect was detected against any of the strains.

Daptomycin attaches to the cytoplasmic membrane in subinhibitory concentrations that cannot kill the cell alone, but then opens channels for aminoglycosides and rifampicin to enter into bacterial cell<sup>10</sup>. Some studies reported that daptomycin promotes the entry of the hydrophobic antibiotic as rifampicin into the cell and as a result it was indicated that a combination of daptomycin with rifampicin may be an alternative in the treatment of VRE infections<sup>14,17</sup>.

Therefore, we investigated the interactions of daptomycin in combinations with gentamicin and rifampicin against VRE strains.

In a study, it was investigated that vancomycin and daptomycin combinations with rifampicin were studied separately against three *E. faecium* strains, which form biofilms, and rifampicin/daptomycin combinations were found to be more effective in decreasing the number of bacteria and minimizing resistance development<sup>18</sup>.

Various studies have reported that combinations of daptomycin/rifampicin have a 68%<sup>17</sup> and 57%<sup>15</sup> synergistic effect against VRE strains and the use of these combinations in treatment minimized resistance development<sup>18</sup>.

Enterococcus strains with high-level gentamicin resistance (HLGR) have been isolated worldwide and they constitute a significant amount of enterococcus strains and cause major problems in treatment. This characteristic was first identified in *E. faecalis* strains in 1979 in France<sup>19</sup>. High level aminoglycoside resistance is constituted by numerous aminoglycoside modifying enzymes which have adenylating, acetylating and phosphorylating activities, carried by plasmids and transposons, and transmitted through conjugation.

A specific defect in the entering of gentamicin to the bacterial cell prevents synergy formation by the combinations in these strains. HLGR enterococcus strains are resistant to synergism<sup>10</sup>. The ribosomal modification mechanism has little effect on aminoglycoside

resistance. A change on 30S ribosome causes high resistance to streptomycin. The high level aminoglycoside resistance of enterococci prevents the synergistic effect between aminoglycosides and other antibiotics, which are effective on the cell wall, thus seriously restricting the synergistic interaction in the treatment of enterococcal infections<sup>20</sup>.

In a study, the FICI values of daptomycin and gentamicin combinations were investigated in 20 VRE strains using checkerboard checkerboard microdilution method, and the synergistic effect was found as 10% and no antagonist effect was detected<sup>21</sup>. In the same study, MIC<sub>50</sub>, MIC<sub>90</sub> and MIC<sub>range</sub> values of daptomycin and gentamicin were reported as 2 µg/ml, 4 µg/ml and 1–4 µg/ml, and 4096 µg/ml, 4096 µg/ml, and 4–4096 µg/ml, respectively. Outcomes of another study, in which combinations against biofilm forming VSE. *faecalis* and VRE. *faecium* were tested, revealed that gentamicin enhanced the activity of daptomycin but rifampicin delayed the activity of daptomycin<sup>22</sup>. Some combination studies of daptomycin/gentamicin revealed little synergistic effect against non-HLAR strains but had additive/indifference effects against most strains, and there were no combinations with antagonist effect thus they may provide benefits in treatments as parallel to our study<sup>15,23</sup>.

In summary, we argue that daptomycin/rifampicin combinations may be recommended for the alternative treatment of VRE infections. More efficient antibiotherapy could be provided in this way. In the meantime, resistance to new generation antibiotics such as daptomycin and rifampicin may be delayed or be prevented and the toxic effects of antibiotics can be limited. Daptomycin/gentamicin combination has no antagonist interaction but has a high-level additive/indifference effect, and only a little synergistic effect against non-HLAR strains. These findings show that the efficacy of this combination is limited.

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