# ANADOLU ÜNİVERSİTESİ

# Mesleki Eğitim ve Uygulama Dergisi

# THE SILENCE OF NEW IDEAS: EXAMINING THE IMPACT OF PSYCHOLOGICAL SAFETY ON INNOVATIVE BEHAVIORS IN A TECH COMPANY SCENARIO Olgun Irmak CETÍN¹

(Gönderilme/Received 17.02.2025 Kabul/Accepted 24.09.2025)

Araştırma Makalesi/Research Article

#### **ABSTRACT**

This study explores the critical relationship between psychological safety and innovative behavior within organizations using a detailed scenario at Tech Innovate Solutions (TIS). Titled "The Silence of New Ideas," the scenario illustrates how managerial attitudes and performance pressures erode psychological safety, stifling employee voice and new idea generation. Analyzing through psychological safety, deepened threat rigidity, and Leader-Member Exchange (LMX) theories, findings show perceived threats trigger organizational rigidity and restricted behaviors, exacerbated by low-quality LMX. The study proposes solutions like managerial training, safe ideasharing spaces, and revised feedback mechanisms to foster psychological safety and innovation. Psychological safety is revealed as a foundational element for both innovation and organizational success. While acknowledging generalizability limitations due to its fictional nature, the study offers practical lessons for unlocking creative potential.

**Keywords:** Psychological Safety, Innovative Behaviors, Organizational Culture, Technology Company, Scenario Analysis

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<sup>&</sup>lt;sup>1</sup> Doç. Dr., Trakya Üniversitesi, Keşan Yusuf Çapraz Uygulamalı Bilimler Yüksekokulu, Edirne, Türkiye, oirmakcetin@trakya.edu.tr, ORCID: 0000-0002-2534-944X.

# YENİ FİKİRLERİN SESSİZLİĞİ: BİR TEKNOLOJİ ŞİRKETİ SENARYOSUNDA PSİKOLOJİK GÜVENLİĞİN YENİLİKÇİ DAVRANIŞLAR ÜZERİNDEKİ ETKİSİNİN İNCELENMESİ

# ÖZET

Bu çalışma, Tech Innovate Solutions (TIS) adlı bir teknoloji sirketinde geçen ayrıntılı bir senaryoyu kullanarak, psikolojik güvenlik ile kuruluşlardaki yenilikçi davranışlar arasındaki kritik ilişkiyi araştırmaktadır. "Yeni Fikirlerin Sessizliği" başlıklı senaryo, yönetsel tutumlar ve örtülü performans baskılarının psikolojik güvenliği nasıl aşındırdığını, çalışanların sesini nasıl bastırdığını ve yeni fikir üretimini nasıl engellediğini göstermektedir. Bir zamanlar dinamik ve yenilikçi bir firma olan TIS, çalışanların olumsuz tepkilerden korkarak alışılmadık fikirleri paylaşmakta giderek daha tereddütlü hale gelmesiyle yaratıcı çıktılarda bir düşüş yaşamaya başlar. Psikolojik güvenlik, derinlemesine incelenen tehdit katılığı ve Lider-Üye Etkileşimi (LMX) teorileri merceğinden yapılan analizler, algılanan tehditlerin örgütsel katılığı ve kısıtlanmıs davranışları tetiklediğini, bunun da düşük kaliteli LMX ile daha da kötüleştiğini göstermektedir. Çalışma, psikolojik güvenlik ve inovasyonu teşvik etmek için yönetim eğitimi, güvenli fikir paylaşım alanları ve gözden geçirilmiş geri bildirim mekanizmaları gibi çözümler önermektedir. Bulgular, psikolojik güvenliğin hem inovasyon için temel bir unsur hem de örgütsel başarının kritik bir itici gücü olduğunu ortaya koymaktadır. Kurgusal yapısından kaynaklanan genellenebilirlik sınırlılıkları kabul edilmekle birlikte, çalışma yaratıcı potansiyeli ortaya çıkarmak için pratik dersler sunmaktadır.

**Anahtar Kelimeler:** Psikolojik Güvenlik, Yenilikçi Davranışlar, Örgüt Kültürü, Teknoloji Şirketi, Senaryo Analizi

# **INTRODUCTION**

In today's rapidly evolving business landscape, innovation is a cornerstone of organizational success and competitive advantage, particularly in the dynamic technology sector. Companies that can consistently generate and implement novel ideas are better positioned to adapt to market shifts, create groundbreaking products, and maintain a competitive edge. For instance, Google's "Project Aristotle" study revealed that psychological safety was the single most important factor contributing to high-performing teams, emphasizing its role in fostering collaboration and creativity. Similarly, tech giants such as Microsoft have credited their recent resurgence in innovation to a renewed focus on creating psychologically safe environments where employees feel empowered to take risks and share bold ideas. These examples underscore the critical importance of psychological safety in driving innovation, especially in industries where rapid technological advancements demand constant adaptation and creativity in the workforce.

Çetin, O. I. (2025). The Silence of New Ideas: Examining the Impact of Psychological Safety on Innovative Behaviors in a Tech Company Scenario. *Anadolu Üniversitesi Mesleki Eğitim ve Uygulama Dergisi*, 4 (2), 146-171. DOI: 10.70756/anameud.1539329.

A critical enabler of this innovative capacity is psychological safety – the belief that one can speak up with ideas, questions, concerns, or even mistakes without fear of negative consequences or interpersonal repercussions. When employees feel psychologically safe, they are more likely to engage in risk-taking behaviors essential for innovation, such as expressing dissenting opinions, proposing unconventional solutions, and experimenting with new approaches. Conversely, in environments lacking psychological safety, silence prevails, and potentially transformative ideas remain unarticulated, hindering organizational progress. This issue is particularly acute in technology companies, where the pace of change and pressure to innovate make psychological safety a strategic imperative.

This study delves into the intricate relationship between psychological safety and innovative behaviors through a detailed scenario analysis set within a technology company, Tech Innovate Solutions (TIS). Titled "The Silence of New Ideas," the scenario vividly portrays how the erosion of psychological safety subtly undermines a company's innovative spirit. In this scenario, TIS, once a thriving hub of creativity, faces a decline in innovative output as employees grow increasingly reluctant to share unconventional ideas due to perceived risks and managerial pressures. Through the experiences of key characters within TIS, the scenario highlights the managerial attitudes, organizational dynamics, and implicit pressures that contribute to a climate of silence and idea suppression. This analysis explores how these factors interact to stifle innovation and proposes actionable strategies to rebuild psychological safety and reignite creativity.

By examining this scenario through established organizational behavior theories, including psychological safety theory and threat rigidity theory, this study aims to illuminate the detrimental consequences of low psychological safety on organizational innovation and explore potential pathways for fostering a more supportive and creatively fertile work environment. Ultimately, the insights gained from this analysis offer practical lessons for companies seeking to cultivate a culture of creativity, open communication and sustained innovation.

### **CONCEPTUAL FRAMEWORK**

To effectively analyze the dynamics within Tech Innovate Solutions (TIS) and understand the "Silence of New Ideas" phenomenon, it is essential to establish a robust conceptual framework.

This framework is primarily built upon the theory of psychological safety and its intricate relationship with innovative behavior in organizational settings. Additionally, related organizational behavior theories, such as Threat Rigidity Theory and Leader-Member Exchange (LMX) theory, will be integrated to provide a more comprehensive understanding of the observed dynamics.

# **Psychological Safety: A Foundational Construct**

Psychological safety is a critical factor in fostering a workplace environment where employees feel comfortable sharing their ideas, taking risks, and engaging in learning behaviors without fear of negative repercussions (A. Edmondson, 1999). Defined as "a shared belief held by members of a team that the team is safe for interpersonal risk-taking" (Edmondson, 1999), psychological safety plays a significant role in organizational learning, team performance, and innovation (A. C. Edmondson & Lei, 2014).

Edmondson's (1999) model of psychological safety consists of several key dimensions that are critical for fostering innovation.

- Feeling Able to Speak Up: Individuals feel comfortable voicing their opinions and ideas, even if they are divergent or challenge the status quo (Frazier, Fainshmidt, Klinger, Pezeshkan, & Vracheva, 2017).
- Willingness to Ask for Help: Team members are not afraid to seek assistance or admit mistakes without fearing judgment or appearing incompetent (Newman et al., 2017).
- Openness to New Ideas and Perspectives: The environment fosters curiosity and encourages the exploration of novel approaches, even those that may be unconventional or risky (Nembhard and Edmondson, 2006).
- **Interpersonal Trust:** Team members believe that their colleagues and leaders will support them rather than punish them for mistakes (Carmeli & Gittell, 2009).

The impact of psychological safety extends beyond employee welfare. It directly influences organizational learning and team performance (A. C. Edmondson, 2018). High levels of psychological safety enable knowledge sharing, creative problem solving, and adaptive behaviors, which are essential for innovation (Frazier et al., 2017).

Ethics is a philosophical process that requires adherence to standard principles and rules during decision-making and implementation (Doğan & Atagan Çetin, 2023). This aspect is particularly relevant when considering the structural and cultural changes necessary to support psychological safety and foster innovation. In organizations, managers play a critical role in promoting ethical leadership principles that align with psychological safety. By adopting ethical leadership practices, managers can reduce employees' moral pressure when sharing innovative ideas and create an environment where risk-taking is encouraged without fear of negative repercussions. For instance, policies that emphasize fairness, transparency, and mutual respect can help alleviate employees' concerns about being judged or penalized for proposing unconventional solutions. This alignment between ethical leadership and psychological safety not only strengthens organizational trust but also enhances the likelihood of sustained innovation in organizations.

Innovation thrives in environments where employees are encouraged to experiment, challenge assumptions and collaborate openly. Psychological safety catalyzes various types of innovative behaviors (Baer & Frese, 2003).

### **Idea Generation**

• Psychological safety fosters an environment where individuals feel encouraged to brainstorm and propose novel ideas without self-censorship. When fear of ridicule or negative evaluation is minimized, creative thinking can flourish.

# **Experimentation and Risk-Taking**

Innovation often requires experimentation and a willingness to take risks. Psychological safety creates the necessary buffer for employees to try new things, even if there is a possibility of failure, knowing that failures will be seen as learning opportunities rather than personal shortcomings.

# **Challenging the Status Quo**

True innovation often necessitates questioning existing processes and norms. In psychologically safe environments, employees are more comfortable challenging established procedures, suggesting improvements, and advocating for change, even if it means disagreeing with superiors or established practices.

# **Learning from Mistakes**

Innovation is an iterative process that inevitably involves setbacks and errors. Psychological safety allows teams to openly discuss mistakes, analyze failures, and learn from them without engaging in blame games or defensive behaviors. This learning orientation is critical for continuous improvement and sustained innovation.

Figure 1. Various types of innovative behaviors.

Psychological safety is typically measured using Edmondson's (1999) scale, which consists of seven items that assess the extent to which employees perceive their work environment as safe for risk-taking and open communication. Some commonly used statements include the following:

- "If I make a mistake on this team, it is not held against me."
- "It is safe to take a risk on this team."
- "People on this team sometimes reject others for being different." (reverse-coded)

These measures help organizations diagnose their workplace culture and implement targeted interventions to enhance psychological safety (A. C. Edmondson & Lei, 2014).

Edmondson's (2019) book, *The Fearless Organization*, expands on her earlier work, emphasizing the importance of psychological safety in an era of rapid technological change. More recent meta-analyses (Frazier et al., 2017) have confirmed that psychological safety is positively correlated with creativity, job performance, and employee engagement. Organizations such as Google have identified psychological safety as the most important factor for effective teamwork (Duhigg, 2016), further validating its importance in innovation-driven environments.

# **Related Organizational Behavior Theories**

Beyond psychological safety, other organizational behavior theories offer additional perspectives through which to understand the dynamics at Tech Innovate Solutions.

**Threat Rigidity Theory:** A crucial theory for understanding organizational responses to perceived threats is the Threat Rigidity Theory, proposed by Staw, Sandelands, and Dutton (1981). This theory posits that when organizations or individuals within them perceive a significant threat to their well-being, they tend to exhibit rigid rather than adaptive or innovative behaviors. This rigidity manifests primarily in three ways.

1. **Information Processing Restrictions:** Under threat, decision-makers tend to narrow their attention, focusing on dominant cues and established procedures. They become less inclined to seek new information, consider diverse perspectives, or engage in creative problem-solving (Staw et al., 1981). This narrowing of focus can lead to a reduced capacity to identify novel solutions or opportunities.

- 2. Centralization of Control: In response to threats, there is a tendency to centralize decision-making authority. Leaders may exert more control and rely less on input from lower hierarchical levels or collaborative processes. This shift towards top-down control can stifle employee autonomy and reduce opportunities for participation in innovative initiatives (Staw et al., 1981).
- 3. **Restricted Behavior:** Individuals and organizations tend to revert to well-learned, habitual behaviors and established routines when under threat. There is a decreased willingness to experiment, deviate from the norms, or engage in risky and unconventional actions. This reliance on familiar responses, while potentially offering a sense of predictability, fundamentally hinders exploration and the generation of new ideas (Staw et al., 1981).

In the context of TIS, the pressure for efficiency and meeting tight deadlines, coupled with subtle criticism from managers like Emily, can be perceived by employees as a threat to their performance standing or even job security. According to Threat Rigidity Theory, this perceived threat would lead to a narrowing of their innovative behaviors, as they revert to "safe" and predictable actions rather than taking risks with new ideas.

Leader-Member Exchange (LMX) Theory: Furthermore, the principles of Leader-Member Exchange (LMX) theory (Graen & Uhl-Bien, 1995) can be applied to examine the quality of relationships between managers and team members. LMX theory suggests that leaders develop differentiated relationships with their subordinates, forming either high-quality "in-group" exchanges or low-quality "out-group" exchanges. High-quality LMX relationships are characterized by trust, mutual respect, open communication, and shared influence, fostering an environment in which employees feel valued and empowered to contribute innovatively. Conversely, low-quality LMX relationships, marked by formal roles and limited interaction, can contribute to a climate of fear and silence, as employees may feel less secure in expressing their dissenting opinions or unconventional ideas.

# Threat Rigidity Theory

Threat Rigidity Theory explains how organizations respond to perceived threats by becoming more rigid, reducing information processing, and limiting creative problem-solving. When employees experience psychological insecurity, they are less likely to engage in risk-taking and innovative behaviors, opting instead for conservative approaches. In the scenario of Tech Innovate Solutions (TIS), as psychological safety eroded, employees became hesitant to propose new ideas, exemplifying the threat-rigidity response.

# Leader-Member Exchange (LMX) Theory

Leader-Member Exchange (LMX) Theory highlights the role of leader-follower relationships in shaping workplace experiences. High-quality LMX relationships, characterized by trust, mutual respect, and open communication, foster psychological safety In contrast, low-quality LMX relationships can create a hierarchical and fear-driven culture, inhibiting employee innovation In the case of TIS, managers who failed to establish high-quality LMX relationships contributed to an environment where employees felt reluctant to express new ideas.

Figure 2. Related Organizational Behavior Theories.

### **Innovative Behaviors**

Innovative behavior is essential for organizations seeking to adapt, grow, and remain competitive in dynamic environments. Defined as the generation, promotion, and implementation of novel ideas, innovative behavior encompasses both individual and team-level actions that drive organizational progress (Amabile, 1988). These behaviors are particularly vital in technology-driven industries, where rapid advancements and market shifts demand continuous creativity and problem solving.

Innovative behavior can be categorized into several distinct types, each contributing uniquely to organizational success. Product innovation involves developing new products or services that meet emerging customer needs or create entirely new markets. For example, Tesla's electric vehicles revolutionized the automotive industry by addressing environmental concerns and consumer demand for sustainable transportation (Fleming, Clarke, Das, Phongthiengtham, & Reddy, 2019). Process innovation focuses on improving existing workflows, systems, and operational methods to enhance efficiency and effectiveness. Companies such as Toyota have long been pioneers in this area, using methodologies such as Lean Manufacturing to streamline production processes (Gao, Low, Gao, & Low, 2014). Marketing innovation refers to the adoption of new strategies or technologies to promote products or services in a manner that resonates with the target audience. For instance, Nike's use of personalized digital marketing campaigns has

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allowed the company to engage customers more deeply, fostering brand loyalty (Kartajaya, Kotler, & Hooi, 2019). Organizational innovation entails rethinking how work is organized or how a company is structured to improve agility and responsiveness. Spotify's adoption of a "squad model," where small, autonomous teams operate independently, exemplifies organizational innovation that enhances collaboration and adaptability (Kniberg & Ivarsson, 2012). Finally, business model innovation entails reimagining how value is created, delivered and captured. Amazon's subscription-based Prime service, which integrates e-commerce, streaming, and cloud services, is a prime example of how companies can innovate their business models to ensure long-term growth (Chesbrough, 2010).

Several factors influence the emergence and sustainability of innovative behavior within organizations. Psychological safety plays a critical role in fostering an environment where employees feel comfortable taking risks, challenging norms, and learning from mistakes. When employees perceive their workplace as psychologically safe, they are more likely to engage in risk-taking behaviors necessary for experimentation, challenge the status quo by proposing unconventional solutions, and learn from failures without fear of blame or punishment (West, 2002). Transformational leaders who inspire and empower their teams are more likely to cultivate innovative behaviors than transactional leaders who focus solely on performance metrics (Bass, 2006). Access to resources such as time, funding, and technological tools enables employees to experiment with and effectively implement new ideas (Anderson et al., 2014). Additionally, cultures that prioritize openness, collaboration, and continuous learning are more conducive to innovation than are hierarchical or rigid structures (Schein, 2010).

Assessing innovative behavior poses unique challenges because of its multifaceted nature. Researchers often employ a combination of quantitative and qualitative methods to capture innovation complexity. Validated scales, such as Amabile's Creative Environment Scale, measure employees' perceptions of their ability to innovate by assessing factors such as idea generation, collaboration, and managerial support (Amabile, Conti, Coon, Lazenby, & Herron, 1996). Organizations also track innovation through tangible outcomes, such as the number of patents filed, revenue generated from new products, and improvements in operational efficiency (Tidd & Bessant, 2020). Interviews and focus groups provide deeper insights into the barriers and enablers of innovative behaviors. For example, studies have shown that employees often cite a lack of

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managerial support or insufficient resources as key obstacles to innovation (Janssen, 2000). However, these methods have limitations. Surveys may fail to capture the nuances of innovation, and performance metrics often overlook incremental innovations that do not yield immediate financial returns. Therefore, a mixed-methods approach is recommended to obtain a comprehensive understanding of innovative behaviors.

Leading technology companies, such as Google and Amazon, exemplify how innovative behavior can be systematically fostered through deliberate practices and cultural initiatives. Google's emphasis on psychological safety has enabled its teams to consistently generate groundbreaking products and solutions. The company encourages employees to dedicate 20% of their time to side projects, fostering a culture of experimentation and risk taking (Duhigg, 2016). Additionally, Google's Project Aristotle study identified psychological safety as the most critical factor for effective teamwork, highlighting its role in driving innovation. Similarly, Amazon's success can be attributed to its relentless focus on experimentation and customer-centric innovations. The company employs mechanisms such as "working backwards," where teams write press releases and FAQs for hypothetical products before development begins. This approach ensures alignment with customer needs and reduces wasted effort on non-viable ideas (Fleming et al., 2019).

### **METHODOLOGY**

This study used a scenario-based analysis to explore the relationship between psychological safety and innovation behavior in a technology company. The fictional scenario, titled "The Silence of New Ideas," is set in Tech Innovate Solutions (TIS) and examines how the erosion of psychological safety impacts innovation in the workplace. This section outlines the research design, data sources, and analytical framework used in this study.

# **Research Design**

The research design was qualitative and exploratory, using a hypothetical scenario to simulate real-world organizational challenges. Scenario-based research allows for an in-depth exploration of complex phenomena, such as psychological safety and innovation, within a controlled narrative. The scenario was developed based on existing literature, including

psychological safety theory, Threat Rigidity Theory, and Leader-Member Exchange (LMX) theory, to guide its structure and analysis.

The scenario was constructed systematically, focusing on key themes such as psychological safety, innovative behavior, communication gaps, and leadership styles. Characters representing different roles within the TIS were developed to reflect realistic workplace dynamics. The events in the scenario highlight the decline in psychological safety and its consequences, such as unspoken ideas and reduced creative output. Real-world examples from companies such as Google and Amazon were incorporated to enhance realism. This scenario draws on empirical research, case studies, and expert insights to ensure validity. Key sources included peer-reviewed articles, books on psychological safety and innovation, and case studies such as Google's Project Aristotle. Informal discussions with industry experts provided valuable context.

The scenario was analyzed using multiple theoretical perspectives, including psychological safety, threat rigidity, and LMX theories. These frameworks helped assess the impact of psychological safety on innovation and identify barriers to the generation and implementation of ideas.

Although scenario-based research provides valuable insights, its fictional nature limits its generalizability. Additionally, the analysis relies heavily on theoretical frameworks that may not fully capture real-world complexities.

# **Limitations of Scenario-Based Analysis**

It is crucial to acknowledge the epistemological and methodological limitations inherent in the use of fictional scenarios in research.

• Limited Generalizability: As hypothetical narrative, the "Silence of New Ideas" scenario, despite its realism, cannot be directly generalized to all organizations. The findings were derived from a simulated environment, which, by design, simplifies the intricate and often unpredictable nuances of real-world organizational contexts. Unlike empirical studies that collect data from actual companies, this scenario represents a specific illustrative case, making direct inferences to the broader population challenging.

- Issues of Validity and Reliability: The reliance on a fictional narrative, while allowing for in-depth exploration, introduces considerations regarding its external validity (the extent to which findings can be generalized to other settings) and internal validity (the degree to which the scenario accurately reflects the causal relationships it purports to illustrate). Although efforts were made to base the scenario on existing literature and real-world examples to enhance its validity, the absence of empirical data collected from actual organizations means that the findings are interpretative rather than statistically verifiable.
- Subjectivity in Interpretation: In fiction-based studies, subjectivity can influence the interpretation of scenarios and findings. It is the case that there may be many different perspectives on the same subject and the results are open to interpretation (Atagan Çetin, 2023). While the analysis is rigorously grounded in established organizational behavior theories (Psychological Safety Theory, Threat Rigidity Theory, LMX Theory) to maintain objectivity and provide a structured framework for interpretation, narrative construction and analysis inherently involve researcher interpretation. To mitigate this, the scenario's development was guided by well-researched concepts, and its analysis systematically applied these theoretical lenses to ensure a coherent and theoretically informed understanding of observed dynamics. However, readers should be aware that the conclusions drawn are based on the logical progression within the constructed narrative and its alignment with theoretical predictions rather than empirical observations of an actual organizational setting.

This study employs a scenario-based approach to examine the relationship between psychological safety and innovation. By constructing a realistic narrative, it highlights the factors that enable or hinder innovation. The following sections present the scenario and propose recommendations.

# The Scenario: "The Silence of New Ideas"

The scenario, titled "The Silence of New Ideas," is set in a fictional technology company, Tech Innovate Solutions (TIS). Once celebrated for its innovative culture and groundbreaking products, TIS has recently experienced a decline in creative output. This decline serves as the

central focus of the scenario, illustrating how the erosion of psychological safety stifles innovation and creates a climate of silence within an organization.

TIS was founded with the vision of revolutionizing the technology industry through cuttingedge solutions. In its early years, the company thrived on a culture of openness, collaboration and experimentation. Employees are encouraged to share unconventional ideas, take risks, and challenge the status quo. However, as the company grew and faced increasing market pressure, this culture began to shift. Managers have become more focused on short-term performance metrics, and employees have become hesitant to voice their opinions or propose new ideas.

The scenario features several key characters, each representing a different perspective and experience within the organization.

- Sarah: A mid-level software engineer who once actively contributed innovative ideas but now feels discouraged due to perceived criticism from her manager.
- Mark: A team leader who struggles to balance his team's creative potential with the pressure to meet tight deadlines.
- **Emily:** A senior manager tasked with improving efficiency whose leadership style inadvertently suppresses employee creativity.
- **James:** A junior developer eager to contribute but afraid of making mistakes or being judged by his peers.

These characters are designed to reflect the diverse range of responses to organizational pressures, highlighting how psychological safety—or the lack thereof—impacts individual and team behavior.

The scenario unfolds over several months, capturing key events that illustrate the decline in psychological safety and its consequences for innovation.

• **Initial Signs of Decline:** Sarah noticed that her suggestions during team meetings were often dismissed without discussion. Over time, she became reluctant to share her ideas, fearing negative repercussions.

- Managerial Pressures: Emily introduces stricter performance evaluations and emphasizes
  the importance of meeting deadlines over experimentation. While her intention is to
  improve efficiency, this approach creates a sense of fear among employees, who begin
  prioritizing compliance over creativity.
- Unspoken Ideas: During a brainstorming session, James hesitates to propose a novel solution to a technical problem, worried that it might be seen as impractical or risky. His silence reflects a growing communication gap within the team.
- Declining Creative Output: As psychological safety continues to erode, the number of new ideas generated by the team decreases significantly. Projects become repetitive, and companies struggle to differentiate themselves in a competitive market.
- Climactic Moment: A tense team meeting highlights the extent of the problem. When Mark attempts to encourage open dialogue, he is met with silence, underscoring the pervasive fear of speaking up among the staff.

# **Integration of Real-World Insights**

To enhance the realism of the scenarios, insights from real-world organizations were incorporated. For example:

- Practices observed at Google, such as fostering psychological safety through inclusive leadership, were adapted to highlight what TIS could achieve if similar strategies were implemented in the TIS.
- Lessons from Amazon's emphasis on customer-centric innovation were used to contrast TIS's rigid focus on efficiency and effectiveness.

This scenario was developed to explore the critical relationship between psychological safety and innovation in a controlled, yet realistic, narrative. By examining the experiences of characters like Sarah, Mark, Emily, and James, the study sheds light on how managerial attitudes, organizational culture, and implicit pressures influence employee behavior and innovation outcomes. This scenario also serves as a tool for identifying actionable strategies to rebuild psychological safety and reignite creativity within organizations.

#### **FINDINGS**

The analysis of the scenario "The Silence of New Ideas" reveals critical insights into how the erosion of psychological safety within Tech Innovate Solutions (TIS) stifled innovation and created a climate of silence. By examining the experiences of key characters, event flow, and conflict points, several important findings emerge regarding the dynamics of psychological safety, innovative behaviors, and organizational culture, particularly when viewed through the lenses of Threat Rigidity Theory and Leader-Member Exchange (LMX) theory.

# The Erosion of Psychological Safety and the Manifestation of Threat Rigidity

One of the most significant findings is the subtle yet profound erosion of psychological safety within TIS, which directly correlates with the manifestation of threat rigidity effects (Staw, Sandelands, & Dutton, 1981). Initially, the company fostered an environment in which employees felt comfortable sharing unconventional ideas and taking risks. However, as managerial attitudes shifted towards stricter performance evaluations and implicit pressures for efficiency, employees began perceiving the workplace as unsafe for interpersonal risk-taking, triggering a collective threat response. For instance:

- Sarah, a mid-level software engineer, observed that her suggestions during team meetings were often dismissed without discussion. This consistent dismissal, while not overtly hostile, created a perception of a threat to her professional standing and the value of her contributions. Consequently, she became reluctant to share new ideas, exhibiting a form of restricted behavior as predicted by the Threat Rigidity Theory; she chose to conform to perceived expectations rather than risk further rejection.
- James, a junior developer, hesitated to propose a novel solution to a technical problem, worried that it might be seen as impractical or risky. His silence is a clear example of information processing restrictions at the individual level—he self-censored potentially valuable input due to the perceived threat of negative judgment, reflecting a preference for safe and familiar responses over creative exploration.

This decline in psychological safety was notably exacerbated by **Emily**, the senior manager. Her leadership style, characterized by an emphasis on meeting deadlines and strict performance evaluations, inadvertently created a pervasive sense of threat within the organization. This focus

on short-term metrics over experimentation cultivated an environment in which employees felt compelled to prioritize compliance and predictable outcomes rather than engage in the risk-taking inherent to innovation. Emily's actions exemplify a tendency towards centralization of control in response to perceived organizational pressures, inadvertently stifling bottom-up creativity and pushing employees towards rigid, non-innovative behaviors.

The erosion of psychological safety, fueled by this perceived threat and subsequent rigidity, has a direct and detrimental impact on innovative behaviors within TIS. Employees have become increasingly hesitant to engage in activities essential for innovation, such as idea generation, experimentation, and challenging the status quo. The key observations are as follows:

• As psychological safety declined, the number of new ideas generated by the team decreased significantly. Projects became **Idea Generation** repetitive, and the company struggled to differentiate itself in a competitive market. •Employees avoided proposing unconventional solutions or experimenting with new approaches, fearing criticism or **Experimentation and** failure. This risk aversion hindered the company's ability to **Risk-Taking** adapt to market shifts and create groundbreaking products. •In psychologically unsafe environments, employees are less likely to question existing processes or advocate for change. At Challenging the TIS, this manifested in a lack of constructive dissent and **Status Quo** missed opportunities for improvement.

Figure 3. Key observations of scenario.

This scenario highlights significant communication gaps and tensions arising from a lack of psychological safety, further illuminated by the lens of Leader-Member Exchange (LMX) Theory (Graen & Uhl-Bien, 1995). During a tense team meeting, Mark, a team leader, attempted to encourage an open dialogue but was met with silence. This climactic moment underscores the pervasive fear of speaking up and the breakdown of effective communication within an organization. The quality of leader-member relationships, particularly the lower-quality LMX

relationships fostered by management's critical and efficiency-driven approach, contributed significantly to this silence. Employees who feel disconnected or unvalued in these interactions are less likely to engage in the interpersonal risk-taking required to share novel ideas.

Additionally, managerial pressure plays a crucial role in shaping employee behavior.

- Managers like Emily, who focus intensely on short-term performance metrics, unintentionally create a rigid and hierarchical work environment. This reinforces the core tenets of Threat Rigidity Theory, where an organizational focus on survival or efficiency under pressure leads to less adaptive, more inflexible structures.
- Low-quality Leader-Member Exchange (LMX) relationships, especially between Emily and her subordinates, further contributed to a climate of fear, as employees felt disconnected from their leaders and were hesitant to express their opinions, fearing a negative exchange. This dynamic inhibits the trust and psychological safety necessary for innovation.

The analysis of the TIS scenario offers valuable lessons for organizations seeking to foster psychological safety and innovation.

- Importance of Leadership Style and LMX Quality: Leaders play a pivotal role in creating a psychologically safe environment. High-quality LMX relationships characterized by trust and mutual respect empower employees to contribute innovatively. Conversely, authoritarian leadership styles, which can lead to lower-quality LMX, suppress creativity and stifle communication, and reinforce rigid behaviors.
- Balancing Efficiency and Innovation: Avoiding Threat Rigidity: While efficiency is important, an excessive or singular focus on short-term performance metrics can inadvertently create a perceived threat that triggers organizational rigidity, undermining long-term innovation. Organizations must strategically balance immediate deliverables with cultivating an environment that supports experimentation and idea generation rather than causing a retreat into established, non-innovative routines.
- Encouraging Open Dialogue: Regular feedback mechanisms and safe spaces for idea sharing can help rebuild psychological safety. For example, implementing structured

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brainstorming sessions or anonymous suggestion systems can encourage employees to voice their ideas without fear of judgment, counteracting the restricted communication seen in threat rigidity.

• Learning from Mistakes: Organizations should adopt a learning-oriented culture in which mistakes are seen as opportunities for growth rather than failures to be punished. This shift in mindset can reduce the perception of threat and promote risk-taking, which is essential for innovation.

# **Implications for Organizational Culture**

These findings underscore the critical role of organizational culture in fostering psychological safety and innovation. A culture that values openness, collaboration, and continuous learning is more conducive to creativity than one that prioritizes hierarchy and rigidity, especially under perceived pressure. At TIS, the shift towards a rigid and fear-driven culture highlights the dangers of neglecting psychological safety and the consequences predicted by Threat Rigidity Theory. To reverse this trend, companies must actively cultivate a supportive work environment in which employees feel valued and empowered to contribute, thereby mitigating the negative effects of threats and fostering adaptive and innovative behaviors.

#### DISCUSSION

The scenario "The Silence of New Ideas" provides a compelling illustration of how the erosion of psychological safety can severely impede innovative behavior within an organization. The findings from Tech Innovate Solutions (TIS) resonate strongly with established theoretical perspectives on psychological safety, organizational behavior, and innovation, offering valuable insights into the complex interplay among these elements.

First, the observed decline in employee voice and idea generation at TIS directly validates Edmondson's (1999) theory of psychological safety. The experiences of Sarah, who became reluctant to share ideas after repeated dismissals, and James, who hesitated to propose a novel solution due to fear of judgment, exemplify the core tenet that a perceived lack of safety for interpersonal risk-taking stifles communication and engagement in the workplace. This aligns with Edmondson's argument that psychological safety is not about being "nice" but about creating an environment where employees feel comfortable expressing themselves without fear of

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embarrassment or punishment. The TIS scenario clearly demonstrates that when this shared belief in safety is absent, even highly capable individuals choose silence over contribution, directly impacting their ability to engage in vital innovative behaviors, such as idea generation and experimentation.

Second, the analysis powerfully demonstrates the relevance of **Threat Rigidity Theory** (Staw, Sandelands, & Dutton, 1981) in understanding TIS's predicament. Emily's emphasis on stricter performance evaluations and meeting deadlines over experimentation, while driven by an intent to improve efficiency, inadvertently created a climate of perceived threat for employees. As predicted by the theory, this threat led to organizational rigidity: employees prioritized compliance and predictable outputs (restricted behavior) rather than taking creative risks. This scenario shows how this pressure results in a narrowing of focus among employees, making them less inclined to explore unconventional solutions (information processing restrictions). This outcome is consistent with the idea that, under threat, organizations tend to centralize control and revert to well-learned routines, hindering adaptive capacity and innovation. The shift at TIS from a culture of openness to one prioritizing efficiency ultimately led to a decline in creative output and repetitive projects, reinforcing the negative impact of threat rigidity on innovation.

Furthermore, the quality of Leader-Member Exchange (LMX) relationships (Graen & Uhl-Bien, 1995) relationships played a significant role in exacerbating the lack of psychological safety and resulting silence. Managers like Emily, who focus on short-term metrics, likely foster lower-quality LMX relationships characterized by formal roles and limited mutual trust. In such exchanges, employees feel less connected to their leaders and less secure in expressing their opinions or taking interpersonal risks. This is evident in Mark's attempts to encourage open dialogue, which are met with silence, indicating a breakdown in communication that is characteristic of low-quality LMX relationships. Conversely, high-quality LMX is known to empower employees and foster contributions, which was clearly absent in the critical moments of the TIS scenario.

The findings also highlight the critical interplay between leadership style and organizational culture in shaping the innovation environment. Emily's leadership style, while perhaps aimed at efficiency, inadvertently shifted TIS's culture from one of openness and collaboration to one that

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was more rigid and fear-driven. This aligns with organizational culture theories (e.g., Schein, 2010), which posit that leadership is crucial in establishing and maintaining cultural norms. A culture that prioritizes hierarchy and rigidity over openness and continuous learning is inherently less conducive to creativity and experimentation. This scenario demonstrates that even strong initial innovative cultures can erode under sustained pressure and misaligned leadership behaviors.

In summary, the TIS scenario provides a compelling case study of the detrimental effects of diminished psychological safety. This underscores that innovation is not merely about individual talent but fundamentally depends on a supportive organizational climate where employees feel safe taking interpersonal risks. The observed silence and decline in creative output at TIS are direct consequences of a work environment in which perceived threats and low-quality leader-member exchanges stifle the behaviors necessary for sustained innovation.

## PRACTICAL IMPLICATIONS AND RECOMMENDATIONS

The insights gleaned from the "The Silence of New Ideas" scenario offer critical practical implications for organizations striving to cultivate innovation in dynamic environments. The case of Tech Innovate Solutions (TIS) underscores that fostering innovative behavior requires a deliberate focus on building and maintaining psychological safety, addressing the roots of threat rigidity, and enhancing leader-member relationships. To this end, this study proposes a multifaceted approach that emphasizes actionable strategies for both leaders and organizations.

- 1. Cultivating Psychologically Safe Leadership: Leaders are paramount in shaping psychologically safe work climates. Managers, especially those in influential positions like Emily, must receive targeted training in inclusive leadership and constructive feedback. This training should focus on the following:
  - Active Listening and Inquiry: Encouraging leaders to genuinely listen to ideas, ask clarifying questions, and explore possibilities rather than immediately dismissing suggestions. This counters the "dismissal without discussion" observed with Sarah.
  - "Fail Forward" Mentality: Shifting the perception of mistakes from punishable offenses to valuable learning opportunities. Leaders should model this by openly discussing their learning from setbacks.

- Encouraging the voice of subordinates, not just compliance: Leaders should actively solicit diverse perspectives and demonstrate appreciation for dissenting views, thereby countering the tendency of employees to prioritize compliance over creativity under pressure.
- Building High-Quality LMX Relationships: Managers should consciously work to build trust and mutual respect with all team members, ensuring that employees feel valued and connected, which is crucial for fostering innovative contributions. This counters the low-quality LMX observed in TIS.
- 2. Designing Safe Spaces for Idea Generation and Experimentation: Organizations must establish formal and informal mechanisms that signal to employees that idea sharing is genuinely welcome and safe.
  - Dedicated "Innovation Hours" or "Idea Labs": Regularly scheduled sessions explicitly
    designated for brainstorming and exploring unconventional ideas separate from routine
    project meetings. These sessions should be structured to encourage open dialogue and
    protect early stage ideas from being criticized prematurely.
  - Anonymous Idea Submission Platforms: Providing digital channels where employees
    can submit ideas without fear of personal attribution is especially useful for those who
    might still feel hesitant in face-to-face settings. This can help overcome the "unspoken
    ideas" phenomenon experienced by James and other students.
  - Cross-Functional Collaboration Initiatives: Encouraging diverse teams to work on innovative challenges fosters a culture of shared problem-solving and knowledge exchange, which can naturally reduce the perception of individual risk.
- 3. Realigning Performance Management and Recognition to Support Innovation: The scenario at TIS highlighted how an excessive focus on short-term performance metrics stifled innovation. To counteract this:
  - Innovation Metrics Integration: Performance evaluations should incorporate metrics that reward idea generation, participation in innovation initiatives, and lessons learned from failed experiments, not just successful project completion.

- **Recognition for Risk-Taking:** Publicly acknowledge and celebrate employees who propose novel ideas or take calculated risks, even if the outcome is not an immediate success. This reinforces the "fail forward" culture and encourages others to experiment.
- Ethical Leadership and Fairness: Policies emphasizing fairness, transparency, and mutual respect in performance assessments can significantly alleviate employees' concerns about being judged or penalized for proposing unconventional solutions, thereby aligning ethical principles with innovation incentives.
- **4. Mitigating Threat Rigidity through Transparency and Support:** To prevent organizations from falling into the trap of threat rigidity when facing market pressures, leaders must foster environments of transparency and support.
  - Clear Communication of Challenges, Paired with Support: Leaders should openly communicate organizational challenges and pressures while simultaneously articulating how employee creativity and input are crucial for overcoming these challenges. This frames challenges as opportunities for collective problem solving rather than individual threats.
  - **Resource Allocation for Innovation:** Despite pressures, ensuring that dedicated resources (time, budget, personnel) are allocated to exploratory and innovative projects signals a genuine commitment to innovation, counteracting the rigidity effect.

By implementing these recommendations, organizations like TIS can begin to rebuild psychological safety, transforming a climate of the "Silence of New Ideas" into a vibrant hub of innovation. This requires a systemic shift in leadership mindset, organizational processes, and cultural norms, moving away from fear-driven compliance towards empowerment-driven creativity.

#### **CONCLUSION**

This study examined the critical role of psychological safety in innovative behaviors through a detailed scenario involving a technology company named Tech Innovate Solutions (TIS). The scenario, titled "The Silence of New Ideas," vividly demonstrated how the erosion of psychological safety hinders employees' ability to generate new ideas. Managerial attitudes, implicit performance

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pressures, and communication gaps lead employees to hesitate in expressing themselves, significantly reducing the organization's creative potential.

The analysis reaffirmed that psychological safety is a fundamental element in fostering innovative behavior. It explicitly reveals how innovative behaviors, such as idea generation, experimentation, and challenging the status quo, are suppressed in an environment lacking psychological safety. When employees lack assurance that mistakes will not be penalized, they become reluctant to take risks, which stifles idea generation and experimentation. This is consistent with Edmondson's (1999) foundational work, which emphasizes that a shared belief in interpersonal safety is paramount for organizational learning and innovation.

The experiences of the characters in the scenario highlight the significant roles of Leader-Member Exchange (LMX) quality and Threat Rigidity Theory in the innovation process. For instance, managers adopting an authoritarian rather than empowering leadership style, as exemplified by Emily's emphasis on efficiency over experimentation, inadvertently caused employees to refrain from sharing innovative ideas, pushing them towards restricted and less adaptive behaviors. This directly aligns with the predictions of Threat Rigidity Theory that perceived threats lead to a narrowing of information processing, centralization of control, and restricted behavioral repertoire, all of which are antithetical to innovation. These findings underscore that psychological safety is not only vital for creating a well-intentioned work environment but also essential for organizational learning and competitive advantage in a dynamic market.

Beyond diagnostics, the study also offered practical recommendations, such as managerial training focused on inclusive leadership and constructive feedback, creating safe spaces for idea sharing (e.g., "Innovation Hours" or anonymous platforms), and redesigning feedback mechanisms to reward experimentation and learning from mistakes. Such interventions can help employees feel valued and empowered, contributing to the development of a resilient and innovative organizational culture. By implementing these strategies, organizations can actively counter the effects of threat rigidity and foster high-quality LMX relationships, thereby enhancing psychological safety within the organization.

The results of this study emphasize the importance of psychological safety for innovative behavior. However, the limitations of the scenario analysis method must be acknowledged. Using a fictional scenario indicates that the findings, while illustrative and theoretically grounded, cannot be directly generalized to all organizations in the real world. Future research could explore this relationship more deeply using real-life empirical data, such as longitudinal studies, case studies of actual organizational transformations, or quantitative analyses that measure psychological safety and innovation outcomes over time. Additionally, studies investigating how psychological safety evolves over time and its impact on innovative behaviors would be beneficial, particularly within rapidly changing industries.

In conclusion, strengthening psychological safety in today's rapidly changing business world can help companies become more competitive and creative in the future. An environment where employees feel safe to voice their ideas enables organizations to uncover the innovative ideas necessary for continuous improvement and sustained success. The TIS scenario serves as a powerful reminder of the profound importance of psychological safety, while also illustrating the actionable steps that can be taken to rebuild it and reignite the innovative spirit within organizations.

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