# RESEARCH PAPER



# Comparison of antibacterial and cytotoxic activities of *Achillea filipendulina* plant extracts obtained using deep eutectic solvent and ethanol

# Aysegul Inam<sup>1</sup>, Furkan Ozan Coven<sup>1</sup>, Tulay Oncu Oner<sup>1</sup>

<sup>1</sup>Department of Bioengineering, Faculty of Engineering and Natural Sciences, Manisa Celal Bayar University, 45110, Manisa, Türkiye

#### How to cite:

İnam, A., Çöven, F. O., & Öncü Öner, T. (2025). Comparison of antibacterial and cytotoxic activities of *Achillea filipendulina* plant extracts obtained using deep eutectic solvent and ethanol. *Biotech Studies*, *34*(SI), 29-38. <u>http://doi.org/10.38042/biotechstudies.1666600</u>

#### Article History

Received 31 July 2024 Accepted 23 March 2025 First Online 24 March 2025

### **Corresponding Author**

Tel.: +90 236 201 2469 E-mail: <u>tulay.oncu@cbu.edu.tr</u>

#### Keywords

Achillea filipendulina Deep eutectic solvents Antibacterial Cytotoxicity

#### Copyright

This is an open-access article distributed under the terms of the <u>Creative Commons Attribution 4.0</u> <u>International License (CC BY).</u>

#### Introduction

Abstract

Achillea filipendulina is a flowering perennial herb belonging to Asteraceae family that grows in meadows and roadsides. It is used in traditional medicine and is reported to have antimicrobial and antioxidant activities. Deep eutectic solvent (DES) is considered as alternative-systems due to its non-toxic structure. This study aimed to compare the antibacterial and cytotoxic activities of DES and ethanol extracts of flowers of *A. filipendulina*. In antibacterial assays, MIC values of DES and ethanol extracts were found to be 12.5 and 6.25 mg/mL for *E. coli*, 25 and 12.5 mg/mL for *S. aureus*, respectively. In the disk diffusion method, ethanol extracts are more effective than DES extracts. The IC<sub>50</sub> value of ethanol extract was 239.1±2.6  $\mu$ g/mL while that of DES extract was 1272.6±101.3  $\mu$ g/mL in T24 bladder cancer cell line after 48 h. In the healthy BJ dermal fibroblast cell line, the IC<sub>50</sub> values of ethanol and DES extracts were 426.7±9.8 and 1304.3±102.8  $\mu$ g/mL, respectively after 48 h. The cytotoxic effect of both extracts on T24 cells is greater than BJ cells. Although ethanol extracts have higher cytotoxic and antibacterial activities, there is potential for different results to be obtained after extractions using different DES components due to their properties.

The importance of traditional medicinal herbs, which have been used in the treatment of diseases for many years, has been increasing today. The fact that drugs derived from plants are safe, cheaper, effective, and rarely have side effects has led researchers to investigate the potential use of these plants in modern medicine. Plants especially rich in phenolic compounds are interesting for these studies (Khan et al., 2019). Among these plants, Achillea L., which belongs to the Asteraceae family, has an important role. Even though it is native to Southwest Asia and Southeast Europe, it has a wide distribution from Eurasia to North America. These wild-growing perennial plants usually bloom in summer. There are approximately 140 species of this plant worldwide and 48 species are known in Türkiye, 24 of which are endemic. Various parts of different species

Published by Field Crops Central Research Institute (FCCRI) Ankara, Turkey

belonging to the *Achillea* genus are used in traditional medicine for gastrointestinal disorders, fever, ulcers, and colds and are known to exhibit antimicrobial, antiinflammatory, antiallergic, and antioxidant activities (Salehi, 2020; Sirin, 2023; Vojoudi *et al.*, 2024).

Achillea filipendulina, a member of the genus Achillea L., is also commonly known as milfoil, yellow yarrow, and nosebleed. It is a perennial plant that likes to grow in loamy and sandy soils and can be grown as drought tolerant (Asnaashari *et al.*, 2023; Vojoudi *et al.*, 2024). It has a woody, hairy, straight, and strong trunk and can reach 120 cm in length. It has green colored dense flat leaves on its few branches. The leaves are thin, long, and hairy on both sides. It usually blooms in summer and has yellow, small, densely aggregated flowers. *A. filipendulina* can grow at altitudes between

1000 and 4000 m, especially in meadows, mountain slopes, and roadsides (Liu et al., 2020). The aromatic leaves and flowers of A. filipendulina are an important resource for pharmacological and biological studies (Ebadollahi, 2017). It is known that A. filipendulina exhibits good anti-inflammatory, antiseptic, antiviral, antitumor, antihepatitis, anticoagulant, and antiallergic properties as well as antimalarial, antimicrobial, antifungal, and antioxidant activities (Hamzeloo et al., 2019; Hasimi et al., 2015; Kaur et al., 2017). In traditional medicine, it is used in the treatment of cardiovascular diseases, urinary tract disorders, gastrointestinal disorders, arthritis, gout, and malaria. It is known that this plant was used in the past as an emmenagogue, expectorant, and cough suppressant (Asghari et al., 2020; Asnaashari et al., 2023; Khan et al., 2019).

Plants contain specific secondary metabolites, such as phenolics and terpenoids, which can exhibit a wide range of biological activity from cancer and cardiovascular diseases to various pathogens and insect pests. The therapeutic benefit of secondary metabolites on humans makes these plants to be considered as medicinal plants (Afshari & Rahimmalek 2021). Achillea plant has been found to contain over a hundred compounds. The most important of these compounds are phenolics, flavonoids, tartaric esters, and low molecular weight monoterpenes and sesquiterpenes (Dokhani et al., 2012). It is thought that A. filipendulina contains secondary metabolites at different rates at various stages of the development period. In a recent study, it was found that the plant contained maximum phenolic and flavonoid content in the middle of the flowering period and these contents decreased towards the end of this period. Total phenolic content reached 93.7 mg tannic acid equivalent/g dry weight and total flavonoid content reached 14.2 mg quercetin equivalent/g dry weight in the middle of the flowering period (Afshari & Rahimmalek, 2021). The extracts obtained from flowers and leaves were found to contain 11 different essential phenolics and flavonoids, mainly chlorogenic acid, cinnamic acid, and apigenin. In addition to flavonoids, the extracts contain significant amounts of tannins, saponins, alkaloids, glycosides, terpenoids, and steroids (Asghari et al., 2020; Khan et al., 2019). In the study on the essential oil content of flowers, leaves, stems, and above-ground parts of A. filipendulina, it was determined that 0.67%, 0.77%, 0.11%, and 0.67% yields were obtained, respectively. This may change the ratio of essential oil components in different parts (Vojoudi et al., 2024). However, the main components are known to be santolina alcohol, borneol, α-pinene, 1,8-cineole, and chrysanthenyl acetate (Asghari et al., 2020; Sirin, 2023). It can also contain a significant amount of 2,7-Dimethyl-4(E),6-octadiene-2ol, terpinene-4-ol, geraniol, bornyl acetate, especially in the middle of the flowering period (Afshari & Rahimmalek, 2021).

Investigations on the therapeutic efficacy of A. filipendulina have been limited. Studies on the bioactive properties of its extracts are quite scarce and mainly focused on the bioactivity of the essential oil content (Khan et al., 2019). Basically, essential oils from A. filipendulina are reported to be an easily accessible source of natural antioxidants (Hasimi et al., 2015). Among the studies, methanol extract from the plant leaf was found to be highly effective in terms of both DPPH (2,2-Diphenyl-1-picrylhydrazyl) radical scavenging activity and hydrogen peroxidase radical scavenging activity (Khan et al., 2019). In addition to its antioxidant potential, the high content of monoterpenes in the essential oil components indicates strong antimalarial activity (Asnaashari et al., 2023). Studies have shown that A. filipendulina oil extracts exhibited antimalarial activity against chloroquine-sensitive D6 strain and chloroquine-resistant W2 strain of Plasmodium falciparum without being cytotoxic to healthy mammalian cells. IC<sub>50</sub> values against these strains were calculated as 0.68 mg/mL and 0.9 mg/mL, respectively. It also showed antifungal activity against Colletotrichum acutatum, Colletotrichum fragariae, and Colletotrichum gloeosporioides pathogens (Sirin, 2023). Essential oils of A. filipendulina displayed high antibacterial activity against different gram-positive and gram-negative bacteria (Salehi, 2020). In addition to all these bioactivity properties, A. filipendulina has been found to have acaricidal and insecticidal effects. Essential oils isolated from the above-ground part of the plant demonstrated strong toxicity against important plant pests such as Oryzaephilus surinamensis and Tetranychus urticae (Ebadollahi, 2017).

Organic solvents used in extraction systems are obtained from non-renewable sources and have toxic properties for both the environment and human health. As alternative extraction solvents, deep eutectic solvent (DES) systems are accepted as green solvents (Alam et al., 2021). DESs show some advantages as solvents, especially considering that they are easy and cheap to prepare, non-flammable, non-toxic, natural. biodegradable, and the precursors used are renewable. A DES consists of a mixture of a hydrogen acceptor (usually choline chloride) and a hydrogen bond donor (usually natural plant-based organic ions such as amino acids, carboxylic acids, sugars, etc.) combined by hydrogen bonding in the solid state (García et al., 2016).

Green solvents, including deep eutectic solvents, bio-based solvents, and supercritical fluids, offer various advantages, such as reduced environmental impact, low toxicity, and biodegradability, compared to the traditional solvents (<u>Almohasin *et al.*</u>, 2023</u>). Previous studies on *A. filipendulina* have focused on traditional solvents. Information on the effects of ethanol and DES extracts of this plant on cancer cells (T24) and healthy cells (BJ) and their antibacterial properties is quite limited. The aim of this study was to compare the antibacterial and cytotoxic activities of flowers of *A*. *filipendulina* extracts obtained using DES (choline chloride:urea (1:2)) and ethanol. Herein, the total phenolic, total flavonoids, and total sugar contents, and antioxidant activities of the extracts were also determined.

#### **Materials and Methods**

#### Plant preparation and extraction

The floral parts of the dried *A. filipendulina* were ground into powder and ultrasound-assisted extraction was carried out using DES (choline chloride:urea (1:2)) and ethanol. In order to reduce the viscosity of the DES solution, 30% distilled water by volume was added. The ethanol solution was diluted to 70% by using distilled water. 1 g of plant powder was mixed with 10 ml of solvent, vortexed, and extracted in an ultrasonic water bath for 40 min at room temperature by applying 100 W power. Solid-liquid separation of the obtained solution was carried out by centrifugation (10 min at 3500 rpm). The supernatant was taken, and further analysis was carried out.

#### **Biometabolite analysis of the extracts**

Total sugar amounts, total phenolic content, total flavonoid content, and antioxidant activities of the extracts were determined and compared.

#### Total sugar amounts

Dubois method was used to measure the total sugar content in the extracts. The standard solution was glucose. Firstly, 0.5 mL of the extract was taken and transferred to a glass tube. DES and ethanol solutions were used for the blank. 0.5 mL of 5% phenol solution was added to the tubes. Then 2.5 mL of concentrated sulphuric acid was added and vortexing was performed. After 15 min in a water bath, which is at room temperature, the absorbance value was recorded in a spectrophotometer at 490 nm wavelength. The results were calculated according to the glucose standard (Dubois *et al.*, 1956).

#### Total phenolic content

Total phenolic content was determined by the Folin-Ciocalteu method. 200  $\mu$ L of the 0.2 N Folin-Ciocalteu reagent was added to 100  $\mu$ L of the extracts. Then 2 mL of distilled water and 1 mL of 6% sodium carbonate solution (Na<sub>2</sub>CO<sub>3</sub>) were added and vortexed respectively. The mixture was kept in dark conditions and at room temperature for 2 h. The absorbance of the resulting solution was read at 765 nm in a spectrophotometer. Gallic acid was used as the standard phenolic compound. The total phenolic contents of the samples were calculated as the gallic acid equivalent (GAE) (Miceli *et al.*, 2009).

#### Total flavonoid content

The total flavonoid content of the extracts was evaluated by aluminium chloride colorimetric assay. 25

 $\mu$ L sample extract was mixed with 100  $\mu$ L of distilled water and 7  $\mu$ L of 5% NaNO<sub>2</sub> in 96-well plates. The plate was kept at room temperature for 5 min. Then 7  $\mu$ L of10% AlCl<sub>3</sub> was added, and incubated for 5 min. Afterwards, 50  $\mu$ L of 1M NaOH and 60  $\mu$ L of distilled water were added to the mixture. The absorbance of the mixture was measured at 490 nm. Total flavonoid content in the sample extracts was expressed as catechin equivalent (CE) (Molan *et al.*, 2014).

#### Antioxidant activity analysis

The antioxidant activity test was performed according to DPPH method. 50  $\mu$ L of the extracts were taken into test tubes and the final volume was made up to 200  $\mu$ L with methanol solution. Then 3.8 mL of 0.1 mM DPPH solution was added. The tubes were vortexed and kept in the dark for 30 min. Absorbance values were then read at 515 nm in a spectrophotometer. The same procedure was carried out with the DES and ethanol, respectively as a positive control. The results obtained in this method were expressed as inhibition percentages. For comparison, the same procedure was applied for BHA (Butylated hydroxyanisole) (Seyrekoğlu & Temiz, 2020).

Inhibition% =  $\frac{(Absorbance_{positive control} - Absorbance_{sample})}{Absorbance_{positive control}} \times 100$ 

#### Antibacterial activity analysis

The antibacterial activities of the extracts were determined by minimum inhibitory concentration (MIC) and disk diffusion methods using gram-negative bacteria Escherichia coli (ATCC 25922) and gram-positive bacteria Staphylococcus aureus (ATCC 25923). Firstly, bacteria were cultured in Nutrient Broth medium at 37 °C for 24 h. Then, to determine the MIC in 96-well plates, samples prepared at different concentrations were incubated with a bacterial culture containing 5×10<sup>5</sup> CFU/mL cells in each well for 24 h at 37 °C. After incubation, the MIC value was determined by measuring absorbance in a spectrophotometer at 600 nm wavelength. In the disk diffusion method, the bacteria's turbidity was diluted so that the absorbance at 600 nm wavelength corresponded to 0.6, and then it was inoculated onto Mueller Hinton Agar. After inoculation, the samples were placed on agar by impregnating sterile antibacterial susceptibility (Oxoid) disks with a diameter of 6 mm in a volume of 25 µL. Petri dishes were then incubated at 37 °C for 24 h, and antibacterial inhibition zones were determined by measuring the zone diameters around the disks. The experiment was repeated three times. Gentamicin antibiotic was used as a positive control and the solvent of each sample was used as a negative control (Abdel-Mohsen et al., 2016; Maltaş et al., 2010; Saravanan et al., 2018; Singh et al., <u>2023</u>).

#### **Cytotoxicity analysis**

The cytotoxic activities of the extracts on T24 human bladder cancer cell line (ATCC HTB-4, passage 25) and BJ dermal fibroblast cell line (ATCC CRL-2522, passage 24) were determined by MTT method. The cells were grown as monolayer cultures in 75 T-flasks at 37 °C, in an atmosphere of 5%  $CO_2$  in air. The culture medium was Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% (v/v) fetal bovine serum (FBS), 1% L-glutamine (200 mM), and 1% penicillin/streptomycin (10,000 units/mL penicillin, 10,000 µg/mL streptomycin). For MTT assay, 6×10<sup>3</sup> cells/well were plated into 96-well plates and incubated for 24 h before addition of extracts. After incubation time, the concentration of 10, 100, 500, 1000, 2500, and 5000 µg/mL of ethanol and DES extracts of A. filipendulina were treated against each cell line. The plates were incubated at 37 °C for 48 h and 72 h. At the end of the incubation period, 10  $\mu$ L of MTT reagent (5 mg/mL) in phosphate-buffered saline (PBS) was added to each well. The plates were incubated at 37 °C for 3.5 h. After this period, the medium was removed and 100  $\mu$ L of DMSO was added to each well. The formazan salts were quantified via reading the absorbance at 570 nm using a microplate reader. The cytotoxicity value was presented as IC<sub>50</sub> of the extracts compared to control.

#### Statistical analysis

Statistical analysis of the total sugar, total phenolic, and total flavonoid content was performed by student t-Test after comparison of the data distribution by Shapiro-Wilk normality test (P < 0.05). One-way ANOVA using the Kruskal-Wallis test was applied for statistical analysis of the antioxidant activity data depending on the type of extraction solvent (P < 0.05) (<u>Afshari &</u> <u>Rahimmalek, 2021</u>). In the antibacterial test, MIC values were evaluated statistically based on bacteria type for each extract, while disk diffusion method was analyzed according to extraction method considering solvent control groups. In cytotoxic activity test, statistical analysis of the IC<sub>50</sub> data was performed via two-way ANOVA to determine based on the incubation period and type of solvent (P < 0.05) (<u>Khanavi *et al.*, 2012</u>).

#### **Results and Discussion**

A. filipendulina is among the plants frequently used in traditional medicine and can exhibit important biological activities, especially due to its phenolic content. In a few studies conducted with this plant, researchers focused on antibacterial and antioxidant activities (Afshari et al., 2018; Aminkhani et al., 2020). Especially the biological activities of essential oils obtained from this plant have been evaluated (Aminkhani et al., 2020; Afshari & Rahimmalek, 2021). In this study, total phenolic, total flavonoid, and total sugar contents of DES and ethanol extracts obtained from A. filipendulina were determined and their antioxidant, antibacterial, and cytotoxic activities were compared.

#### Biometabolite analysis of the extracts

Total sugar, total phenolic, and total flavonoid contents of the extracts were determined according to the relevant methods (<u>Table 1</u>).

| Table 1. | Total   | sugar,  | total | phenolic     | and      | total | flavonoid |
|----------|---------|---------|-------|--------------|----------|-------|-----------|
| contents | of etha | nol and | DES e | xtracts of A | A. filij | pendu | lina      |

|                            | DES extract   | Ethanol extract           |
|----------------------------|---------------|---------------------------|
| Total sugar (mg/mL)        | 0.431 ± 0.09ª | 0.472 ± 0.03 <sup>a</sup> |
| Total phenolic (mg GAE/mL) | 0.569 ± 0.06ª | 0.532 ± 0.03 <sup>a</sup> |
| Total flavonoid (mg CE/mL) | 0.518 ± 0.05ª | 0.337 ± 0.02 <sup>b</sup> |

Sugars or their derivatives are used as raw materials in the synthesis of many bioactive compounds in plants such as phenolic compounds and flavonoids. The total amount of sugar content in the plant can increase the synthesis and bioavailability of bioactive compounds.

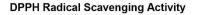
Also, sugars can indirectly support antioxidant activity because they are involved in the production of many antioxidant compounds (Xie *et al.*, 2016). Therefore, the total sugar content of the extracts was investigated. The total sugar content of the extracts was  $0.472 \pm 0.03$  mg/mL for the ethanol extract and  $0.431 \pm$ 0.09 mg/mL for the DES extract. Total phenolic content was close in both extracts ( $0.569 \pm 0.06$  mg/mL for DES extract;  $0.532 \pm 0.03$  mg/mL for ethanol extract), while flavonoid content was much richer in DES extract ( $0.518 \pm 0.05$  mg/mL). At this point, it is quite remarkable that DES extract ( $0.337 \pm 0.02$  mg/mL).

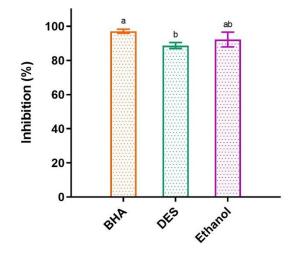
It is reported in the literature that the total phenolic and flavonoid content of *A. filipendulina* may present varied results at different developmental stages. Samples taken in the middle of the flowering period have the highest phenolic and flavonoid content, while variables such as location of the collection and extraction method can also affect the results (<u>Afshari & Rahimmalek, 2021; Khan et al., 2019</u>).

#### Antioxidant activity analysis

The antioxidant activities of DES and ethanol extracts of *A. filipendulina* were evaluated by the DPPH free radical scavenging method (Figure 1). The results showed that DES and ethanol extracts inhibited free radicals by 88.74% and 92.23%, respectively. On the other hand, the inhibition % value of BHA standard was 97.1%. It has been shown that both extracts possess a high level of antioxidant activity and can effectively scavenge free radicals. Especially the ethanol extract exhibited a higher antioxidant capacity. DES extract also displayed a significant level of activity. The BHA control exhibited statistically significant results than the DES extract (P < 0.05). However, no statistical difference was observed between ethanol and DES extracts.

Antioxidants are critical in the treatment of cancer, coronary heart disease, diabetes, and various degenerative diseases. In addition to many biological-activities, the antioxidant potential of *Achillea* spp. is also known.





**Figure 1.** Antioxidant activity values of BHA and ethanol-DES extracts of *A. filipendulina*.

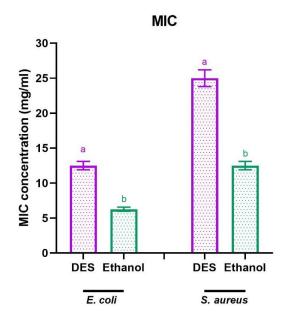
To date, a few studies have been performed on the antioxidant activity of A. filipendulina (Afshari & Rahimmalek, 2021; Asghari et al., 2020). Asnaashari and colleagues (2023) found that A. filipendulina methanol extracts and fractions of these extracts had significant antioxidant activity compared to the control group. In another study, the antioxidant effects of A. filipendulina methanol extracts and essential oils were analyzed by both DPPH and ferric thiocyanate (FTC) methods. By analyzing samples taken at different stages of the plant, antioxidant activity values were found at the 50% flowering stage with  $IC_{50}$  = 466.1 µg/mL, followed by the five-leaf appearance stage with  $IC_{50} = 727.9 \ \mu g/mL$ , which were the closest values to the butylated hydroxytoluene (BHT) control (Afshari & Rahimmalek, 2021). In addition to this result, Gharibi and colleagues (2015) calculated the IC<sub>50</sub> value of essential oils against DPPH to be 340.62  $\mu$ g/mL in their antioxidant activity test. In a different study, the antioxidant potentials of A. filipendulina essential oils and ethanol extracts were determined by DPPH and ABTS (2,2'-azino-bis(3ethylbenzothiazoline-6-sulfonic acid) methods. As a result of the study, ethanol extracts obtained from the flower and leaf parts were found to be highly effective between 35.03-53.9 mg Trolox equivalent/g. Furthermore, essential oils also showed a strong radical scavenging activity between 15.40-25.87 mg Trolox equivalent/g (Asghari et al., 2020). A study evaluating the antioxidant activity of A. filipendulina grown under stress conditions over a wide range used 3 different model systems: DPPH test, FTC model, and linoleic model. While A. filipendulina showed 53.21% inhibition in DPPH test, this effect remained at low levels in FTC model and linoleic model (Gharibi et al., 2016). Hasimi and colleagues (2015) also found that the essential oils of A. filipendulina showed 55.3% inhibition in DPPH test antioxidant activity. In a study conducted by Tunc and colleagues (2024), among n-hexane, ethanol, water, and ethyl acetate extracts of *A. filipendulina*, ethanol extract demonstrated the highest FRAP value of 432.32 $\pm$ 3.43 mg/g, and the lowest antioxidant activity with DPPH value of 18.13 $\pm$ 1.53 µg/mL.

#### Antibacterial activity analysis

The antibacterial activities of the extracts were determined by both disk diffusion and MIC assays. To represent a broad spectrum of bacteria, the activity of the extracts against *E. coli* as gram-negative bacteria and *S. aureus* as gram-positive bacteria were compared. In the disk diffusion test, the results were given as zone diameter compared to the solvent control (Table 2). The lowest concentrations of the samples inhibiting the bacteria were determined by calculations (Figure 2).

**Table 2.** Zone diameter (mm) of DES and ethanol extracts of A.filipendulina against S. aureus and E. coli bacteria in diskdiffusion test

|                                  | Inhibition zone (mm)   |                       |  |
|----------------------------------|------------------------|-----------------------|--|
|                                  | S. aureus              | E. coli               |  |
| A. filipendulina DES extract     | $10 \pm 0.4^{a}$       | 13 ± 0.5 <sup>b</sup> |  |
| DES solvent control              | 8 ± 0.2 <sup>c</sup>   | $11 \pm 0.4^{d}$      |  |
| A. filipendulina Ethanol extract | 9 ± 0.3ª               | 15 ± 0.5 <sup>b</sup> |  |
| Ethanol solvent control          | 6.5 ± 0.2 <sup>c</sup> | 7 ± 0.1 <sup>d</sup>  |  |



**Figure 2.** MIC values of DES and ethanol extracts of *A. filipendulina* against *S. aureus* and *E. coli* bacteria.

Disk diffusion test results showed that the extracts exhibited significant antibacterial activity. All tests were performed in triplicate. The highest zone diameter was detected in ethanol extract against *E. coli* (zone diameter =  $15 \pm 0.5$  mm). When the ethanol extract was compared to the control, the difference indicated that the effect resulted from the extract. *A. filipendulina* DES extract also had a remarkable effect against the same bacteria with a zone diameter of  $13 \pm 0.5$  mm. Against *S. aureus*, DES extract of *A. filipendulina* (zone diameter =  $10 \pm 0.4$  mm) gave a larger zone diameter with the effect of DES solvent than ethanol extract (zone diameter =  $9 \pm 0.3$  mm).

According to the MIC test results, DES and ethanol extracts were more effective against *E. coli*. The ethanol extract of *A. filipendulina* gave the most significant inhibition result with a MIC value of 6.25 mg/mL against this bacterium. This extract was followed by DES extract against *E. coli* and ethanol extract against *S. aureus* with a concentration value of 12.5 mg/mL. DES extract against *S. aureus* had a 25 mg/mL MIC concentration. The results of the MIC test were generally in parallel with the disk diffusion test.

A. filipendulina is an aromatic plant with antibacterial and anti-inflammatory effects, especially owing to its essential oils. Borneol, isoborneol, and their acetate derivatives that can be found in this plant are commercially used in anti-inflammatory and antibacterial creams. In addition, studies show that secondary metabolites such as santolina alcohol, carvacrol, and 1,8-cineole also contain in this plant have antimicrobial effects (Aminkhani et al., 2020; Vojoudi et al., 2024). In a study, the effectiveness of essential oils obtained from the stem, leaf, and flower parts of A. filipenduling against six gram-positive and gramnegative bacteria was evaluated by disk diffusion, MIC, and Minimum Bactericidal Concentration (MBC) tests. The essential oils extracted from different parts of the plant were found to be rich in 1,8-cineole, bormeol, and santolina alcohol, and also exhibited activity against certain bacteria. The essential oil of the stem showed antibacterial activity against Bacillus anthracis, S. aureus, and E. coli, while the essential oil of the leaf was effective against S. aureus, B. anthracis, E. coli, Enterococcus faecalis, and Salmonella paratyphi B. In the disk diffusion test, the extracts obtained from the stem and flower parts formed a zone diameter of 10 mm against E. coli, while the leaf part sample formed a zone of 15 mm. In S. aureus, the zone diameters were found to be 10 mm against the stem part sample and 15 mm against the leaf and flower part samples (Aminkhani et al., 2020). Within the scope of this current study, the zone diameters obtained against E. coli and S. aureus are confirmed by the study. In a study using the MIC method, the antibacterial activity of A. filipendulina methanol extract was determined against five grampositive and gram-negative bacteria including S. aureus, Bacillus subtilis, Streptococcus epidermidis, E. coli, and Salmonella typhimurium. The most effective results were obtained against E. coli and S. aureus with a MIC concentration of 32.5  $\mu$ g/mL, while a MIC concentration of 50-82.5 µg/mL was observed against other bacteria (Afshari et al., 2018). In the study conducted by Aminkhani and colleagues, it was observed that samples of different parts of the plant showed an effect between 12.5-25  $\mu$ g/mL against *E. coli* and *S. aureus* (Aminkhani et al., 2020). Tunc and colleagues (2024) explored the antibacterial activity of n-hexane, ethanol, water, and ethyl acetate extracts of *A. filipendulina* against *Escherichia coli, Klebsiella pneumoniae, Pseudomonas* aeruginosa, *S. aureus, E. faecalis, Streptococcus mutans, Bacillus cereus,* and *Candida albicans.* Ethanol and hexane extracts, 50  $\mu$ g/mL, were effective on *S. mutans.* Also, the ethanol extract was effective against *C. albicans* and *E. faecalis.* It is predicted that by increasing the extraction yield of DES, the MIC concentration will be optimised, and the antibacterial activation potential will increase.

#### **Cytotoxicity analysis**

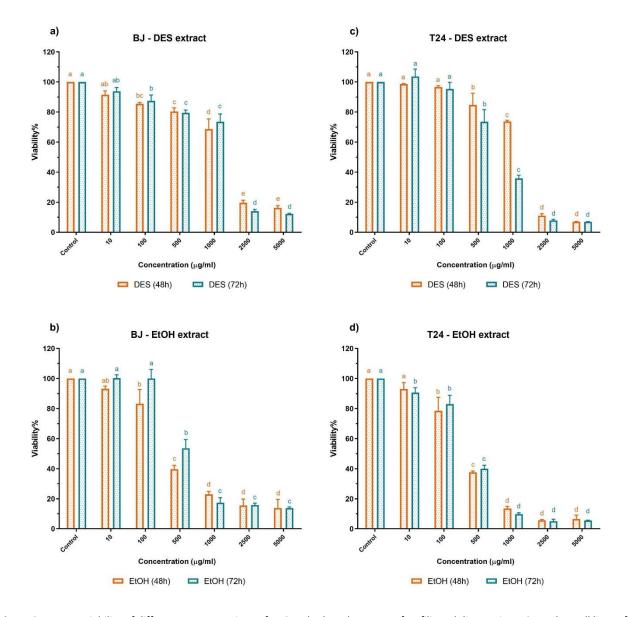
Bladder cancer is one of the most common malignancies in humans, especially in men, and can exhibit a high mortality rate. It has been reported that this cancer is showing an increasing tendency (Ye et al., 2020). On the other hand, BJ cells, which are fibroblasts isolated from the foreskin, are good skin cell models (Radomir et al., 2023). In several studies, a healthy BJ cell line was used as a control (<u>Łukawski et al., 2020</u>; Pawlicka et al., 2022), and to evaluate the possible biological properties and cosmetic effects of extracts on the human skin (Nawrot, et al., 2021). These cells were selected to determine the cytotoxicity against bladder cancer cells to investigate the potential of A. filipenduling extract for use in pharmaceuticals and to investigate its non-cytotoxicity against skin cells for use in medical materials targeting the skin.

The cytotoxic activities of the extracts obtained from *A. filipendulina* were evaluated on T24 human bladder cancer cell line and BJ healthy dermal fibroblast cell line following MTT assay. Percent viability results of the samples were determined both after 48 h and 72 h (Figure 3) and IC<sub>50</sub> values were calculated (Table 3).

The ethanol extract of *A. filipendulina* displayed the lowest IC<sub>50</sub> value in T24 cell line. In the bladder cancer cell line T24, the IC<sub>50</sub> value was 239.1 ± 2.6 µg/mL at 48 h and 236.4 ± 1.1 µg/mL at 72 h. On the other hand, the IC<sub>50</sub> of ethanol extract was calculated as 426.7 ± 9.8 µg/mL at 48 h and 400.6 ± 12.1 µg/mL at 72 h in the healthy cell line BJ. In DES extract of *A. filipendulina*, IC<sub>50</sub> values were observed as 1272.6 ± 101.3 µg/mL at 48 h and 712.5 ± 35.8 µg/mL at 72 h in T24 cells. By contrast, in BJ cells, IC<sub>50</sub> = 1304.3 ± 102.8 µg/mL at 48 h and IC<sub>50</sub> = 1262.1 ± 77.1 µg/mL at 72 h. Cytotoxicity of all samples increased at 72 h. This increase in *A. filipendulina* DES extract in T24 cells is an important result which is statistically significant (*P* < 0.05). In addition, ethanol extracts have significant results compared to DES extract

Table 3. IC<sub>50</sub> values of DES and ethanol extracts of A. filipendulina against T24 and BJ cell lines after 48 h and 72 h

|                                  | T24 cel                     | l line        | BJ cell line                |                            |  |
|----------------------------------|-----------------------------|---------------|-----------------------------|----------------------------|--|
| IC₅₀ (µg/mL)                     | 48 h                        | 72 h          | 48 h                        | 72 h                       |  |
| A. filipendulina Ethanol extract | 239.1 ± 2.6 <sup>a</sup>    | 236.4 ± 1.1ª  | 426.7 ± 9.8 <sup>a</sup>    | 400.6 ± 12.1ª              |  |
| A. filipendulina DES extract     | 1272.6 ± 101.3 <sup>b</sup> | 712.5 ± 35.8° | 1304.3 ± 102.8 <sup>b</sup> | 1262.1 ± 77.1 <sup>c</sup> |  |



**Figure 3.** Percent viability of different concentrations of DES and ethanol extracts of *A. filipendulina* against T24 and BJ cell lines after 48 h and 72 h, **a)** DES extract on BJ cell line, **b)** ethanol extract on BJ cell line, **c)** DES extract on T24 cell line, **d)** ethanol extract on T24 cell line.

in both cell lines at both 48 and 72 h. Both extracts were more cytotoxic in the T24 cancer cell line than healthy BJ cell line. These results have also promoted the investigation of the use of these extracts in bladder cancer.

Species of the Asteraceae family have been reported to exhibit cytotoxic activity on various cell lines. Although cytotoxicity studies on *A. filipendulina* are quite limited, the experiments have focused on its potential. In a study, the cytotoxicity of the methanol extract obtained from this plant was determined by the MTT test in MCF-7 and MDA-MB-468 breast cancer cell lines. IC<sub>50</sub> values were calculated as 386 and 248 µg/mL IC<sub>50</sub> in MCF-7 and MDA-MB-468 cells, respectively. It was also shown that *A. filipendulina* was able to induce cell death through apoptosis in these two cell lines (Hamzeloo *et al.*, 2019). In another study, the antiproliferative effect of ethanol extracts and essential oils obtained from flowers and leaves of *A. filipendulina* 

was evaluated in Hep-G2 and MCF-7 cancer cell lines. The ethanol extracts of flowers inhibited cell proliferation by 38.16% and 26.48% against Hep-G2 and MCF-7 cell lines, respectively. The inhibition values of ethanol extracts obtained from leaves were 24.14% in Hep-G2 cells and 12.17% in MCF-7 cells, which were lower compared to flower ethanol extracts. On the other hand, the antiproliferative effect of the essential oils obtained could not be determined (Asghari et al., 2020). Tunc and colleagues (2024) assessed the apoptotic effects of n-hexane, ethanol, water, and ethyl acetate extracts of A. filipendulina. The ethanol extract induced 14.7% apoptosis in HCT116 colon carcinoma cells, and 42.9% apoptosis in HT29 colon adenocarcinoma cells. In addition, necrosis was found to be 8.70% in HCT116 cells, and 4.25% in HT29 cells.

In this study, *A. filipendulina* plant, which has very rich activities in terms of biometabolites, was extracted for the first time with choline chloride:urea (1:2), which

is in the green solvent class and has many advantages and compared the activities with ethanol. The results obtained are promising for future studies. Although ethanol solvent is more successful in some bioactivities in the extraction, activities can be increased by changing the parameters or components in DES systems, which have recently attracted interest due to their advantages such as non-flammability, volatility, biodegradability, and biocompatibility.

## Conclusion

The discovery of DESs has been an important breakthrough in the field of green chemistry. Herein, ethanol as a traditional solvent and DES as a green solvent were used to evaluate the biological activities of flowers of A. filipendulina. While ethanol extracts showed stronger antibacterial and cytotoxic activities, DES extracts had higher total phenolic and total Additionally, flavonoid contents. the extracts demonstrated more cytotoxic activity in the bladder cancer cell line than in the dermal fibroblast cell line. In conclusion, these properties highlight A. filipendulina's potential for use in developing novel treatments for bacterial infections and cancer. However, further studies, including in vivo experiments as well as various cell lines and bacteria, are needed to understand their mechanisms and to isolate and characterize the specific compounds responsible for these activities.

#### **Author Contributions**

Conceptualization: TÖÖ, Aİ, Data Curation: TÖÖ, Aİ, FOÇ, Formal Analysis: TÖÖ, Aİ, FOÇ, Funding Acquisition: TÖÖ, Investigation: TÖÖ, Aİ, Methodology: TÖÖ, Aİ, Project Administration: TÖÖ, Resources: TÖÖ, Aİ, Supervision: TÖÖ, Visualization: TÖÖ, Aİ, FOÇ, Writing -original draft: TÖÖ, Aİ, FOÇ, Writing -review and editing: TÖÖ, Aİ, FOÇ

# **Conflict of Interest**

The author(s) declare that they have no known competing financial or non-financial, professional, or personal conflicts that could have appeared to influence the work reported in this paper.

#### References

Abdel-Mohsen, A. M., Jancar, J., Massoud, D., Fohlerova, Z., Elhadidy, H., Spotz, Z., & Hebeish, A. (2016). Novel chitin/chitosan-glucan wound dressing: Isolation, characterization, antibacterial activity and wound healing properties. *International Journal of Pharmaceutics*, 510(1), 86-99.

http://doi.org/10.1016/j.ijpharm.2016.06.003

Afshari, M., Rahimmalek, M., & Miroliaei, M. (2018). Variation in polyphenolic profiles, antioxidant and antimicrobial activity of different Achillea species as natural sources of antiglycative compounds. *Chemistry and Biodiversity*, 15(8), e1800075.

http://doi.org/10.1002/cbdv.201800075

Afshari, M., & Rahimmalek, M. (2021). Variation in essential oil composition, anatomical, and antioxidant characteristics of *Achillea filipendulina* Lam. as affected by different phenological stages. *Journal of Essential Oil Research*, 33(3), 283–298.

https://doi.org/10.1080/10412905.2021.1885510

Alam, M. A., Muhammad, G., Khan, M. N., Mofijur, M., Lv, Y., Xiong, W., & Xu, J. (2021). Choline chloride-based deep eutectic solvents as green extractants for the isolation of phenolic compounds from biomass. *Journal of Cleaner Production*, 309, 127445.

http://doi.org/10.1016/j.jclepro.2021.127445

- Almohasin, J. A., Balag, J., Miral, V. G., Moreno, R. V., Tongco, L. J., & Lopez, E. C. R. (2023). Green solvents for liquid– liquid extraction: Recent advances and future trends. *Engineering Proceedings*, 56(1), 174. <u>https://doi.org/10.3390/asec2023-16278</u>
- Aminkhani, A., Sharifi, S., & Ekhtiyari, S. (2020). Achillea filipendulina Lam.: Chemical constituents and antimicrobial activities of essential oil of stem, leaf, and flower. Chemistry and Biodiversity, 17, e2000133. http://doi.org/10.1002/cbdv.202000133
- Asghari, B., Mafakheri, S., Zengin, G., Dinparast, L., & Bahadori, M. B. (2020). In-depth study of phytochemical composition, antioxidant activity, enzyme inhibitory and antiproliferative properties of *Achillea filipendulina*: A good candidate for designing biologically-active food products. *Food Measure*, 14, 2196–2208. <u>https://doi.org/10.1007/s11694-020-00466-5</u>

<u>IIIIps://u0i.01g/10.100//S11094-020-00406-5</u>

- Asnaashari, S., Marefat, S., Vatankhah, A. M., Moghaddam, S. B., Delazar, A., & Hamedeyazdan, S. (2023). Bioactivity assays and phytochemical analysis upon Achillea filipendulina, focusing on xanthine oxidase inhibitory and antimalarial properties. Beni-Suef University Journal of Basic and Applied Sciences, 12, 46. https://doi.org/10.1186/s43088-023-00385-6
- Dokhani, S., Durance, T. D., Cottrell, T., & Mazza, G. (2012). Drying effects on major volatile and phenolic components of Achillea filipendulina Lam. Journal of Essential Oil-Bearing Plants, 15(6), 885-894. https://doi.org/10.1080/0972060X.2012.10662590
- Dubois, M., Gilles, K. A., Hamilton, J. K., Rebers, P. T., & Smith, F. (1956). Colorimetric method for determination of sugars and related substances. *Analytical Chemistry*, 28(3), 350-356. <u>https://doi.org/10.1021/ac60111a017</u>
- Ebadollahi, A. (2017). Chemical composition, acaricidal and insecticidal effects of essential oil from Achillea filipendulina against two arthropod pests; Oryzaephilus surinamensis and Tetranychus urticae. Toxin Reviews, 36(2), 132-137.

https://doi.org/10.1080/15569543.2016.1250101

- García, A., Rodríguez-Juan, E., Rodríguez-Gutiérrez, G., Rios, J. J., & Fernández-Bolaños, J. (2016). Extraction of phenolic compounds from virgin olive oil by deep eutectic solvents (DESs). *Food Chemistry*, 197, 554-561. <u>https://doi.org/10.1016/j.foodchem.2015.10.131</u>
- Gharibi, S., Tabatabaei, B. E. S., Saeidi, G., & Goli, S. A. H. (2016). Effect of drought stress on total phenolic, lipid peroxidation, and antioxidant activity of *Achillea* species. *Applied Biochemistry and Biotechnology*, 178, 796–809. https://doi.org/10.1007/s12010-015-1909-3

- Gharibi, S., Tabatabaei, B. E. S., & Saeidi, G., (2015). Comparison of essential oil composition, flavonoid content and antioxidant activity in eight Achillea species. Journal of Essential Oil-Bearing Plants, 18(6), 1382-1394. https://doi.org/110.1080/0972060X.2014.981600
- Hamzeloo, M. M., Mahmoud, M., & Mahboobeh, I. (2019). Programmed cell death in breast adeno-carcinoma induced by Achillea filipendulina. International Journal of Phytomedicines and Related Industries, 11(4), 435-439. http://dx.doi.org/10.5958/0975-6892.2019.00057.1
- Hasimi, N., Kızıl, S., & Tolan, V. (2015). Essential oil components, microelement contents and antioxidant effects of Nepeta italica L. and Achillea filipendulina Lam. Journal of Essential Oil-Bearing Plants, 18(3), 678-686. <u>https://doi.org/10.1080/0972060X.2015.1010597</u>
- Kaur, H., Bose, S. K., Vadekeetil, A., & Harjai, K. (2017). Essential oil composition and antibacterial activity of flowers of Achillea filipendulina. International Journal of Pharmaceutical Sciences and Drug Research, 182-186. https://doi.org/10.25004/IJPSDR.2017.090405
- Khan, S., Richa, Kaur, H., & Jhamta, R. (2019). Evaluation of antioxidant potential and phytochemical characterization using GCMS analysis of bioactive compounds of Achillea filipendulina (L.) leaves. Journal of Pharmacognosy and Phytochemistry, 8(3), 258-265.
- Khanavi, M., Gheidarloo, R., Sadati, N., Ardekani, M. R. S., Nabavi, S. M. B., Tavajohi, S., & Ostad, S. N. (2012). Cytotoxicity of fucosterol containing fraction of marine algae against breast and colon carcinoma cell line. *Pharmacognosy Magazine*, 8(29), 60. https://doi.org/10.1102/0072.1206.02227

https://doi.org/10.4103/0973-1296.93327

- Liu, B., Bussmann, R.W., Batsatsashvili, K., Kikvidze, Z., Akobirshoeva, A., Ghorbani, A., & Kool, A. (2020). Achillea asiatica Serg. Achillea filipendulina Lam. Achillea millefolium L. Achillea setacea Waldst. & Kit. Asteraceae. K. Batsatsashvili, Z. Kikvidze & R. W. Bussmann (Eds.) Ethnobotany of the Mountain Regions of Central Asia and Altai (pp. 33–43). Springer. https://doi.org/10.1007/978-3-319-77087-1 11-1
- Łukawski, M., Dałek, P., Borowik, T., Foryś, A., Langner, M., Witkiewicz, W., & Przybyło, M. (2020). New oral liposomal vitamin C formulation: Properties and bioavailability. *Journal of Liposome Research*, 30(3), 227-234.

https://doi.org/10.1080/08982104.2019.1630642

- Maltaş, E., Uysal, A., Yildiz, S., & Durak, Y. (2010). Evaluation of antioxidant and antimicrobial activity of *Vitex agnuscastus* L. *Fresenius Environmental Bulletin*, 19, 3094-3099.
- Miceli, N., Trovato, A., Dugo, P., Cacciola, F., Donato, P., Marino, A., Bellinghieri, V., La Barbera, T. M., Güvenç, A., & Taviano, M. F. (2009). Comparative analysis of flavonoid profile, antioxidant and antimicrobial activity of the berries of *Juniperus communis* L. var. communis and *Juniperus communis* L. var. saxatilis Pall. from Turkey. Journal of Agricultural and Food Chemistry, 57(15), 6570-6577.

https://doi.org/10.1021/jf9012295

- Molan, A. L., & Mahdy, A. S. (2014). Iraqi medicinal plants: Total flavonoid contents, free-radical scavenging and bacterial beta-glucuronidase inhibition activities. *IOSR Journal of Dental and Medical Sciences*, 13(5), 72-77. <u>https://doi.org/10.9790/0853-13527277</u>
- Nawrot, J., Budzianowski, J., Nowak, G., Micek, I., Budzianowska, A., & Gornowicz-Porowska, J. (2021).

Biologically active compounds in *Stizolophus balsamita* inflorescences: Isolation, phytochemical characterization and effects on the skin biophysical parameters. *International Journal of Molecular Sciences*, 22(9), 4428.

https://doi.org/10.3390/ijms22094428

Pawlicka, M. A., Zmorzyński, S., Popek-Marciniec, S., & Filip, A. A. (2022). The effects of genistein at different concentrations on MCF-7 breast cancer cells and BJ dermal fibroblasts. *International Journal of Molecular Sciences*, 23(20), 12360.

https://doi.org/10.3390/ijms232012360

Radomir, A. M., Temelie, M., Moldovan, R. C., Stoica, R., Petrache, A. M., Helepciuc, F. E., ... & Radu, M. (2023). Effect of gamma irradiation on phenolic content, biological activity, and cellular ultrastructure of Salvia officinalis L. cultured in vitro. Plant Cell, Tissue and Organ Culture (PCTOC), 154(1), 141-160.

https://doi.org/10.1007/s11240-023-02522-6

- Salehi, N. (2020). Chemical composition of the essential oil from aerial parts of Achillea filipendulina Lam. from Iran. Journal of Chemistry Letters, 1(2020), 160–163. <u>https://doi.org/10.22034/JCHEMLETT.2021.271704.101</u> <u>7</u>
- Saravanan, M., Barik, S. K., MubarakAli, D., Prakash, P., & Pugazhendhi, A. (2018). Synthesis of silver nanoparticles from *Bacillus brevis* (NCIM 2533) and their antibacterial activity against pathogenic bacteria. *Microbial Pathogenesis*, 116, 221-226.

https://doi.org/10.1016/j.micpath.2018.01.038

Seyrekoğlu, F., & Temiz, H. (2020). Effect of extraction conditions on the phenolic content and DPPH radical scavenging activity of *Hypericum perforatum* L. *Turkish Journal of Agriculture-Food Science and Technology*, 8(1), 226-229.

https://doi.org/10.24925/turjaf.v8i1.226-229.3013

Singh, C., Anand, S. K., Upadhyay, R., Pandey, N., Kumar, P., Singh, D., Tiwari, P., Saini, R., Tiwari, K. N., Mishra, S. K., & Tilak, R. (2023). Green synthesis of silver nanoparticles by root extract of *Premna integrifolia* L. and evaluation of its cytotoxic and antibacterial activity. *Materials Chemistry and Physics*, 297, 127413.

https://doi.org/10.1016/j.matchemphys.2023.127413

Şirin, S. (2023). Evaluation of anticancerogenic effect of flavonoid rich Verbascum gypsicola Vural & Aydoğdu methanolic extract against SH-SY5Y cell line. Biotech Studies, 33(1), 1-12.

https://doi.org/10.38042/biotechstudies.1383424

Tunç, T., Akın, Ş., Aykaç, O., Hepokur, C., Duran, S., & Özpınar, H. (2024). Antioxidant, antimicrobial, and anticancer effects of Achillea filipendulina L. against colon cancer. Asian Pacific Journal of Tropical Biomedicine, 14(12), 540-550.

https://doi.org/10.4103/apjtb.apjtb\_515\_24

Vojoudi, S., Sefidkon, F., & Salehi Shanjani, P. (2024). Essential oil variation of Achillea filipendulina populations in farm condition. Journal of Essential Oil Research, 36(2), 164-172.

https://doi.org/10.1080/10412905.2024.2320347

Xie, J. H., Jin, M. L., Morris, G. A., Zha, X. Q., Chen, H. Q., Yi, Y., ... & Xie, M. Y. (2016). Advances on bioactive polysaccharides from medicinal plants. *Critical Reviews in Food Science and Nutrition*, 56(sup1), S60-S84. http://doi.org/10.1080/10408398.2015.1069255 Ye, Z., Liang, Z., Mi, Q., & Guo, Y. (2020). Limonene terpenoid obstructs human bladder cancer cell (T24 cell line) growth by inducing cellular apoptosis, caspase activation, G2/M phase cell cycle arrest and stops cancer metastasis. *Journal of the Balkan Union of Oncology*, 25, 280-285.