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Combined Value of Left Ventricular Ejection Fraction and HAS-BLED Score for Predicting Mortality in Patients with St-Elevation Myocardial Infarction Who Were Undergoing Primary Percutaneous Coronary Intervention

Primer Perkütan Koroner Girişim Uygulanan ST Yükselmeli Miyokart Enfarktüslü Hastalarda Sol Ventrikül Ejeksiyon Fraksiyonu ve HAS-BLED Skoru Kombinasyonunun Mortaliteyi Öngördürücü Değeri

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Abstract

Objective: The HAS-BLED score and left ventricular ejection fraction(LVEF) can both independently predict clinical outcomes in patients having acute coronary syndromes. We studied the predictive value of LVEF as well as HAS-BLED score for mortality in ST segment elevation myocardial infarction (STEMI) patients undergoing primary percutenous coronary intervention (PPCI).

Material-Method: We investigated 588 sequential STEMI patient undergoing PPCI. For each patients, HAS-BLED scores were calculated and the stipulated ability for mortality was analysed by means of area under curve (AUC). The patients were considered in four different groups in terms of the their HAS-BLED score. Their groups of HAS-BLED score were very/low risk= 0, low risk= 1, moderate risk= 2, high risk \geq 3. Primary endpoint was total mortality.

Results: By multivariate cox regression analysis, HAS-BLED score (p < 0.001) and LVEF(p < 0.001) were independent predictors of total mortality. When HAS-BLED score was used singly, AUC for total mortality was 0.71 [95%CI= 0.66-0.76]. The AUC for total mortality increased to 0.77 (p < 0.001) after adding LVEF. The incremental predictive value of combining LVEF and HAS-BLED score was significantly improved, also shown by the the net reclassification improvement (NRI = 27.2%, p < 0.001) and integrated discrimination improvement (IDI = 0.061, p < 0.001).

Conclusions: Adding LVEF to HAS-BLED score independently improved the estimated value for all mortality in STEMI patients undergoing PPCI.

Keywords: HAS-BLED Score, Left Ventricular Ejection Fraction, Mortality, STEMI

Özet

Amaç: HAS-BLED skoru ve sol ventrikül ejeksiyon fraksiyonu (SVEF), akut koroner sendromlu hastalarda her ikiside klinik sonuçları bağımsız olarak öngörebilir. Primer percutan koroner girişim (PKG) ile tedavi edilen ST segment yükselmeli miyokard infarktüsü (STEMI) hastalarında SVEF ve HAS-BLED skoru kombinasyonlarının mortaliteyi öngördürücü değerini araştırdık.

Materyal-Method: Primer PKG uygulanan 588 ardışık STEMI hastasını araştırdık. Her hasta için HAS-BLED skorları hesaplandı ve mortalite için öngörü değeri, eğri altındaki alan (AUC) kullanılarak analiz edildi. Hastalar HAS-BLED skorlarına göre dört gruba ayrıldı. Onların HAS-BLED skorları çok düşük risk: 0, düşük risk: 1, orta risk: 2, yüksek risk: \geq 3 idi. Birincil son nokta toplam mortaliteydi.

Bulgular: Çok değişkenli cox regresyon analizi ile HAS-BLED skoru (p <0,001) ve SVEF (p <0,001) toplam mortalitenin bağımsız öngördürücüleriydi. Sadece HAS-BLED skoru için toplam mortalitede AUC 0,71 (95% CI: 0,66-0,76) idi. SVEF eklendikten sonra 0,77'ye (p <0,001) yükseldi. SVEF ve HAS-BLED skorlarının birleştirilmesinin artan prediktif değeri, net yeniden sınıflandırma iyileştirmesi (NRI =27,2%, p <0.001) ve entegre ayrımcılık iyileştirmesi (IDI = 0,061, p <0,001) ile de gösterildi.

Sonuç: SVEF'nin HAS-BLED skoru ile birleştirilmesi, primer PKG uygulanan STEMI hastalarında tüm nedenlere bağlı mortalite için öngördürücüydü.

Anahtar kelimeler: HAS-BLED Skoru, Sol Ventrikül Ejeksiyon Fraksiyonu, Mortalite, STEMI

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Introduction

Different risk scores have been proposed to classify STelevation myocardial infarction (STEMI) patients in terms of theirmortality risk (low or high). Initially, The risk score of Thrombolysis in Myocardial Infarction (TIMI) was created for prediction of 30-day mortality(1). Thereafter, it was validated for prediction of one-year mortality when the percutaneous coronary intervention (PCI) was applied to the patients having STEMI(2). The Zwolle score was used in predicting 30-day mortality(3). The Primary Angioplasty in Myocardial Infarction (PAMI) score was developed to determine the mortality of 180 days(4). The Controlled Abciximab and Device Investigation to Lower Late Angioplasty Complications (CADILLAC) and the Global Registry of Acute Cardiac Events (GRACE) risk scores are also used to predict the mortality in the STEMI patients(5,6).

The HAS-BLED score is commonly used to evaluate bleeding risk of patients having Atrial Fibrillation(AF) taking anticoagulant treatment(7). This score based on various parameters [abnormal liver/renal function, hipertension, stroke, labile international normalized ratio, bleeding predisposition/history, alcohol/drugs use, elderly]. Furthermore, there are some studies representing clinical invastigation based on HAS-BLED score in STEMI patients undergoing PPCI(8,9). In addition, each component of this score is associated with mortality in STEMI patients(10-13).

The study including statistical evaluations showed that left ventricular ejection fraction (LVEF) was correlated with mortality thereafter myocardial infarction(14,15). However, The value of LVEF and HAS-BLED score for STEMI patients undergoing PPCI had never been combined for the estimating mortality. This study was planned to explore the incremental prognostic important LVEF combined by HAS-BLED score in these patients.

Material-Method

612 sequential STEMI patients undergoing PPCI between May 2010 and May 2015 were considered in the scope of study. The total of 24 patients were removed from the study because of missing data. The remaining of 588 STEMI patients were evaluated in the scope of study. The STEMI was described as chest pain within the last 30 minutes but no mone than 12 hours with ST-segment eleva-tion grather than 1 mm in \geq 2 sequential leads, new left bundle branch block and increased cardiac biomarkers [troponins,CK-MB](16).

The patient population considered in the study was divided into different risk categories in terms of patients' admission HAS-BLED score [very low risk= 0 low risk= 1 moderate risk= 2 high risk \geq 3]. The study protocol was approved by the ethics committee of the authors' hospital.

Patients' data

The demographic and clinical properties of patients; various risk factors e.g, (hypercholesterolemia, diabetes mellitus, hypertension, smoking, ischemic attack, anemia or bleeding, and alcohol usage) were collected. The HAS-BLED score was calculated so that each of one point presence of HT, old age (> 65), liver dysfunction (alanine aminotransferase level higer than 100 mg/dl, chronic hepatic disease), renal dysfunction (a serum creatinine level higer than 2mg/ dl,dialysis treatment), history of stroke, anemia (lower than 13mg/dL for men, lower than 12mg/dL for women),labile international normalized ratio (higer than 1.3), or bleeding predisposition, alcohol comsuption , and non-steroidal antiinflammatory drug usage (NSAIDS).

Blood Sampling

All biochemical parameters such as INR, sCr, and alanine aminotransferase (ALT) were measured before the coronary angiography. INR was measured by means of the reagent HemosIL RecombiPlasTin 2G.

Echocardiographic Analysis

Echocardiographic analysis was performed within 24 h after admission. LVEF was computed after measuring the enddiastolic and end-systolic left ventricul (LV) volumes in the apical four-chamber and two-chamber views using the modified method of Simpson.

Coronary Angiography, and Intervention

The chewable aspirin of 300 mg and clopidogrel of 600 mg were given patients before coronary angiography (CAG). The cardiac catheterization laboratory data were used to obtain the patients' angiographic history . All CAG and PCI procedures were conductedby means of the transfemoral approach. The infract related artery (IRA) was determined based on the ECG and TIMI flow classification(17). Once arterial anatomy was visualized, the heparin of 100 U/kg was given. Angiographic evaluatations were visual performed. Based on lesion anatomy the PPCI was conducted for only IRA. It can be noted that interventional success was obtained for the acute phase in case of the obstruction and stenosis of artery having TIMI of 2 or 3 flow were decreased under <50% just after PPCI. After intervention, all patients taken aspirin of 100 mg and clopidogrel of 75 mg in every day.

Definitions

As it known, one formation of antihypertensive medications usage, systolic pressure over 140 mmHg and diastolic pressure over 90 mmHg was defined as hypertension. However, Diabetes mellitus consisted of one of insulin/ antidiabetic agents uses or a fasting glucose level over 126 mg/dL. Heart failure (HF) was accepted LVEF decreases under 40%. Hypercholesterolemia was defined as total cholesterolof at least 200 mg/dL.

All-cause mortality occurrence determined end point of primary study during the median follow-up of 27.4 months. Additionally, stroke/transient ischemic attack (TIA), myocardial reinfarction, cardiac death, target-vessel revascularization (TVR), and heart-failure admission were considered as secondary end points. Patiet's data were obtanied from hospital records or by personal interviewss or telephone with their families or physicians.

Statistical Analysis

Quantitative variables were indetified by mean value \pm standard deviation whereas qualitatives were in

percentage(%). Comparisons of parametric valuesbetween groups were made using a one-way ANOVA. Categorical variables were compared with a likelihood ratio x2 test or Fisher's exacttest. Bonferroni test was used for pairwise post-hoc tests. Multivariate Cox regresion analyses with p < 0.1, was conducted to describe predictors of all-cause mortality. Comparing the areas under the receivers operating characteristic (ROC) curve, a combination of LVEF and HAS-BLED score were estimated. DeLong's test was used to compare the AUC from each of models(18). Also, Net Reclassification Improvement (NRI) and Integrated Discrimination Improvement(IDI)(19) were taken into account to estimate discriminitive value. By using Kaplan-Meier method where differences were evaluated by the logrank test, the cumulative survival curves were generated for all-cause mortality. It could be noted that the results were statistically significant if the p value was less than 0.05. All statistical calculations were performed by SPSS v16.0 (SPSS Inc. Chicago, IL, USA).

Results

The average population age 62 ± 12 years, and 75.3% were male. 117 patients (19.9%) died median follow-up period of 28.1 months. The clinical and angiographics characteristics are listed for all patients in Table 1. Based on HAS-BLED score, patients were subdived four groups. Baseline characteristics between these four groups are presented Table 2. Patients having high riskgroup (≥ 3) were generally older and female, with HT and stroke histories, but less frequently current smokers than the other subgroups. The high risk group had higher impaired renal function and abnormal liver function than those of other groups. The rate of patients taking beta blockers and angiotensin receptor blokers/angiotensin converting enzyme inhibitors was lower for the high risk group.

Univariate and multivariate analysis of total mortality are provided in Table 3. For the patients having lower risk HAS-BLED score, the mortality rate was fewer than those of the high (HR:5.64, 95% CI: 2.17-14.63, p< 0.001) and moderate (HR:3.94, 95% CI: 1.52-10.12, p = 0.005) HAS-BLED score althoug the mortality rate was not different from the low HAS-BLED score (HR:2.19, 95% CI: 0.82-5.84, p = 0.118) when multivariable risk analyses was performed. Also, HAS-BLED score (HR:1.63, 95% CI: 1.35-1.97, p < 0.001) as continues variable and LVEF (HR:0.96, 95% CI: 0.94-0.98, p < 0.001) were correlated with total mortality in multivariate analysis(Table 3). In Kaplan-Meier survival curves, survival rates generally decreased with a higher HAS-BLED score (Figure 2)

As both LVEF and HAS-BLED score were independent risk factors for all-cause mortality, we evaluated their combined value for predicting mortality. When HAS-BLED score was considered singly, the AUC was calculated 0.71 (95% CI: 0.66-0.76). On the other hand, in case of the LVEF was added to HAS-BLED score, in this instance, the AUC was 0.77 (95% CI:0.72-0.81, p < 0.001; Figure 1). Patients reclassification for all-cause mortality is shown Table 4. This combination

procedure was correlated with both the NRI with 27.2% (p < 0.001), and the IDI 0.061 (p < 0.001).

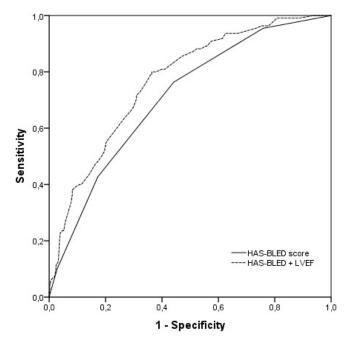


Figure 1. ROC analysis of HAS-BLED score and HAS-BLED+LVEF

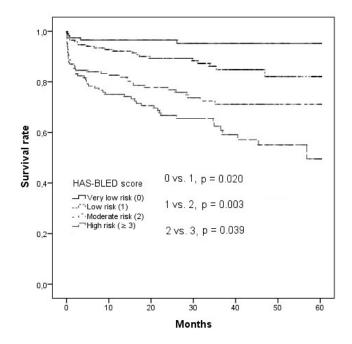


Figure 2. Survival rates of patients who categorized according to HAS-BLED score

Past medical history	Survivors $(n = 471)$	Non-survivors (n = 117)	p - value
Age > 65, n (%),(years)	166 (35)	67 (57)	< 0.001
Female, n (%)	107 (23)	38 (33)	0.029
Diabetes mellitus, n (%)	107 (23)	41(35)	0.007
Hypertension, n (%)	190 (41)	57 (49)	0.104
Current smoker, n (%)	146 (31)	28 (23)	0.085
Stroke history, n (%)	12 (3)	13 (11)	< 0.001
Hyperlipidemia, n(%)	53 (11)	19 (16)	0.148
Anemia or bleeding history, n (%)	247 (53)	88 (75)	< 0.001
Pre-usage NSAID, n (%)	9 (2)	2 (2)	0.879
Alcohol consumption, n (%)	3 (1)	0 (0)	0.385
Prior CAD, n (%)	92 (20)	28 (24)	0.281
Clinical presentation			
Killip \geq 2, n (%)	22 (5)	45 (38)	< 0.001
LVEF (%)	$45.3\pm~9$	39.7 ± 10	< 0.001
Multi-vessel disease, n (%)	201(43)	65 (56)	< 0.001
Final TIMI flow 0-2, n (%)	54 (12)	18 (15)	0.250
Renal impairment, n (%)	7 (2)	13(11)	< 0.001
Abnormal liver function, n (%)	23 (5)	18 (15)	< 0.001
INR > 1.3, n (%)	8 (2)	7 (6)	0.009
HAS-BLED score	1 (1-2)	2 (2-3)	< 0.001
Angiographic characteristics			
Infarct related artery			0.317
LAD, n (%)	218 (46)	57 (49)	
CX, n (%)	67 (14)	10 (9)	
RCA, n (%)	167 (36)	47 (39)	
Others, n (%)	19 (4)	3 (3)	
Stent use, n (%)	452 (97)	114 (95)	0.385
DES, n (%)	38 (8)	4 (4)	0.193
Stent diameter (mm)	3.5 ± 0.6	3.5 ± 0.5	0.553
Stent lentgh, (mm)	25 (18-48)	28 (20-51)	0.292
Tirofiban use, n (%)	204 (43)	51 (43)	0.938
Medication at discharg			
Beta-blockers, n (%)	412 (88))	82 (70)	< 0.001
ACE/ARB, n (%)	393 (83)	73 (62)	< 0.001
Statin, n (%)	377 (80)	92 (79)	0.758
Clinical outcomes			
In-hospital major bleeding, n (%)	10 (2)	8 (7)	0.026
In-hospital death, n (%)	0 (0)	34 (29)	< 0.001
Cardiac death, n (%)	0 (0)	52 (44)	< 0.001
Heart failure admission, n (%)	18 (4)	18 (15)	< 0.001
Repeated stroke, n (%)	10 (6)	6 (5)	0.074
Myocardial reinfarction, n (%)	43(9)	10 (9)	0.839
TVR, n (%)	49 (10)	10 (9)	0.545

Table 1. Baseline characteristics of the study population

HAS-BLED: Hypertension, Abnormal renal/liver function, Stroke, Bleeding history or predisposition, Labile international normalized ratio, Elderly, Drugs or alcohol use, NSAID: non-steroidal anti-inflamatory drugs, CAD: coronary artery disease, LVEF: left ventricular ejection fraction, TIMI: thrombolysis in myocardial infarction, INR: international normalized ratio, LAD: left anterior desending artery, Cx: circumflex coronary artery, RCA: right coronary artery, ACE/ARB: angiotensin-converting enzyme inhibitors/ angiotensin-reseptor blocker, TVR: target vessel revascularization.

Variable	HAS-BLED score					
Past medical history	Score 0, n = 118	Score 1, n = 170	Score 2, n = 169	Score ≥ 3, n=131	p - value	
Age > 65, n (%),(years)	0 (0)	25 (15)	93 (55)	115 (88)	< 0.001	
Female, n (%)	4 (3)	35 (21)	43 (25)	63 (48)	< 0.001	
Diabetes mellitus, n (%)	13 (11)	32 (19)	53 (31)	50 (38)	< 0.001	
Hypertension, n (%)	0 (0)	48 (28)	89 (53)	110 (84)	< 0.001	
Current smoker, n (%)	42 (36)	74 (44)	37 (22)	21 (16)	< 0.001	
Stroke history, n (%)	0 (0)	2 (1)	6 (4)	17 (13)	< 0.001	
Hyperlipidemia, n(%)	7 (6)	15 (9)	26 (15)	24 (18)	0.006	
Anemia or bleeding history, n (%)	0 (0)	81 (48)	127 (75)	127 (97)	< 0.001	
Pre-usage NSAID, n (%)	0 (0)	3 (2)	2 (1)	6 (5)	0.047	
Alcohol consumption, n (%)	0 (0)	0 (0)	1(1)	2 (2)	0.244	
Prior CAD, n (%)	23 (20)	38(22)	32 (19)	27 (21)	0.876	
Clinical presentation						
Killip $\geq 2 n (\%)$	3 (3)	16 (9)	23 (14)	25 (19)	< 0.001	
LVEF (%)	45.7 ± 9	$44.4 \pm \! 10$	43.0 ± 10	$44.2\pm~8$	0.130	
Multi-vessel disease, n (%)	47 (40)	57 (34)	91 (54)	71 (54)	< 0.001	
Final TIMI flow 0-2, n (%)	13 (11)	22 (13)	18 (11)	19 (15)	0.738	
Abnormal liver function, n (%)	0 (0)	9 (5)	10 (6)	22 (17)	< 0.001	
INR > 1.3, n (%)	0 (0)	1(1)	5 (3)	9 (7)	0.001	
Angiographic characteristics						
Infarct related artery					0.005	
LAD, n (%)	65 (55)	89 (53)	70 (41)	51 (39)		
CX, n (%)	19 (16)	26 (15)	17 (10)	15 (12)		
RCA, n (%)	29 (25)	49 (29)	74 (44)	62 (47)		
Others, n (%)	5 (4)	6 (4)	8 (5)	3 (2)		
Stent use, n (%)	117 (99)	165 (97)	161 (95)	123 (94)	0.327	
DES, n (%)	11(9)	13 (8)	13 (8)	5 (4)	0.136	
Stent diameter (mm)	3.5 ± 0.5	3.5 ± 0.5	3.5 ± 0.5	3.5 ± 0.6	0.567	
Stent lentgh, (mm)	25 ± 12	25 ± 13	25 ± 14	25 ± 17	0.990	
Tirofiban use, n (%)	57 (48)	68 (40)	82 (49)	48 (37)	0.102	
Medication at discharge						
Beta-blockers, n (%)	106 (90)	154 (91)	136 (81)	98 (75)	< 0.001	
ACE/ARB, n (%)	106 (90)	148 (87)	125 (74)	87 (66)	< 0.001	
Statin, n (%)	97 (82)	139 (82)	133 (78)	100 (76)	0.587	
Clinical outcomes						
In-hospital major bleeding, n (%)	1 (1)	8 (5)	4 (2)	5 (4)	0.259	
In-hospital death, n (%)	0 (0)	4 (2)	18 (11)	12 (9)	< 0.001	
Cardiac death, n (%)	1 (1)	8 (5)	23 (14)	20 (15)	< 0.001	
All-cause mortality, n (%)	5 (4)	22 (13)	41 (24)	49 (37)	< 0.001	
Heart failure admission, n (%)	6 (5)	10 (6)	9 (5)	11 (8)	0.658	
Repeated stroke, n (%)	3 (3)	3 (2)	5 (3)	5(4)	0.745	
Myocardial reinfarction, n (%)	11(9)	15(9)	18 (11)	9 (7)	0.727	
TVR, n (%)	10 (9)	18 (11)	20 (12)	11(8)	0.712	

Table 2. Comparison of baseline characteristics based on HAS-BLED score

HAS-BLED: Hypertension, Abnormal renal/liver function, Stroke, Bleeding history or predisposition, Labile international normalized ratio, Elderly, Drugs or alcohol use, NSAID: non-steroidal anti-inflamatory drugs, CAD: coronary artery disease, TIMI: thrombolysis in myocardial infarction, LVEF: left ventricular ejection fraction, INR: international normalized ratio, LAD: left anterior desending artery, Cx: circumflex coronary artery, RCA: right coronary artery, ACE/ARB: angiotensin-converting enzyme inhibitors/ angiotensin-reseptor blocker, TVR: target vessel revascularization.

Variable		Univariate			Multivariate		
	HR	95% CI	p-value	HR	95% CI	pvalue	
Age* > 65	2,24	1.55-3.23	< 0.001				
Female	1,55	1.05-2.28	0.027				
Diabetes mellitus	1,66	1.14-2.43	0.009				
Hipertension*	1,26	0.88-1.81	0.211				
Stroke history*	3,14	1.77-5.60	< 0.001				
NSAIDs usage	0,92	0.23-3.71	0.903				
Anemia or bleeding history*	2,39	1.58-3.61	< 0.001				
Major bleeding	1,99	0.93-4.27	0.078				
Multi-vessel disease	1,68	1.17-2.43	0.005				
Killip class ≥ 2	8,43	5.77-12.37	< 0.001	5,4	3.48-8.38	< 0.001	
Renal impairment*	4,99	2.80-8.88	< 0.001				
INR* > 1.3	3,54	1.64-7.61	0.001				
Abnormal liver function*	2,82	1.71-4.66	< 0.001				
LVEF (%)	0,95	0.93-0.97	< 0.001	0.96	0.94-0.98	< 0.001	
B-blocker use at follow-up	0,39	0.26-0.58	< 0.001	0.47	0.30-0.73	0.001	
ACE/ARB use at follow-up	0,36	0.25-0.52	< 0.001	0.66	0.43-1.001	0.050	
HAS-BLED (continue)	1,7	1.46-1.98	< 0.001	1,63	1.35-1.97	< 0.001	

 Table 3. Cox regression analyses for all-cause mortality

HR: hazard ratio, CI: confidence interval, LVEF: left ventricular ejection fraction, INR: international normalised ratio, ACE-I/ARB: angiotensin-converting enzyme inhibitors/ angiotensin-reseptor blocker, HAS-BLED: Hypertension, Abnormal renal/liver function, Stroke, Bleeding history or predisposition, Labile international normalized ratio, Elderly, Drugs or alcohol use.

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*As these parameters are included in HAS-BLED score, they are not entered into the multivariate analysis.

Table 4. Reclassification of acute STEMI patients who died or who were alive at follow-up based on LVEF status

HAS-BLED without LVEF		HAS-BLED with LVEF		Total
	< 5 % risk	5-20 % risk	>20 % risk	
Patients who died	l, no.			
< 5 % risk	0	0	0	0
5-20 % risk	4	13	9	26
>20 % risk	0	14	70	84
Total no.	4	27	79	110
Patients who wer	e alive, no.			
< 5% risk	0	0	0	0
5-20 % risk	103	138	18	259
>20 % risk	0	79	126	205
Total*	103	217	144	464

STEMI: st elevation myocardial infarction, HAS-BLED:Hypertension, Abnormal renal/liver function, Stroke, Bleeding history or predisposition, Labile international normalized ratio, Elderly, Drugs or alcohol use, LVEF: left ventricular ejection fraction.

*The total number of patients (n = 574) included in the reclassificaton analysis did not match the total study cohort (n = 588) due to missing LVEF data for 14 patients.

Discussion

The present results demonstrated HAS-BLED score and LVEF were independently associated with total mortality in STEMI patients who were undergoing primary PCI. To our best knowlodge, the present study might be first to show that the combined use of HAS-BLED score and LVEF yielded a more accurate predictive value for all-cause mortality in

these patients compared with the HAS-BLED score alone.

The HAS-BLED score is used to evaluate the bleeding risk and clinical outcomes for AF patients which should be taken oral anticoagulant therapy. Recent reports investigated for the prediction of clinical outcomes for the patients with/without AF undergoing PCI(8,9,20). Puurunen et al.(8) showed that the HAS-BLED score was not correlated with bleeding risk and major adverse cardiovascular events (MACE) during the follow-up period of 12 months for AF patients undergoing PCI. On the other hand, Capodanno et al.(9) found that MACEs were significantly predicted by this score for non-AF patients undergoing PCI with at 3 years of follow-up.

There were differences for patient population between our study and previous studies. We enrolled only STEMI patients undergoing PPCI with/without DES implantation this study. However, in the scope of study, these patients were also taken into account regardless of having AF. In another study by Hsieh et al.(20), HAS-BLED score was independently associated with long-term mortality for patients having ACS without AF. The mortality risk showed an increasing tendency as the HAS-BLED score increases in their study. This outcome related to total mortality was a good agreement with our results.

This current study indicated that HAS-BLED score was based on the long-term total mortality. Many mechanisms may account the relationship between HAS-BLED score and mortality. Age parameter is one of good predictor of cardiovascular mortality in STEMI. Thus, it can be note that this parameter is the major component of several risk scores, such as HAS-BLED, PAMI and TIMI(1,4,7). Another component of the HAS-BLEDscore was anemia, so that it might be considered another important predictor for the mortality after STEMI(10). Renal dysfunction, which is one of the components of this score used in the present study, has high prognostic value for the ACS patients(21). Numerous studies demonstrated that renal dysfunction resulted in higher mortality for ACS patients as parallel to our study(21). The prognostic importance of hepatic dysfunction for STEMI patients has been shown by Abougergi et al(22). In that study, mortality rate for theSTEMI patients with cirrhosis was higher than that of patients without cirrhosis.

The DM is another fundamental predictor of adverse cardiovascular events for the STEMI patients and this indicator was also taken part as major component in TIMI and PAMI(1,4). During the follow up period of one year, the mortality risk for the DM patients increased twofold comparing nondiabetic patients in the setting of STEMI and other ACS(23). The HT is a well known predictor of STEMI patients' mortality for in-hospital and long term(11). Cooper et al.(13) stated that previous stroke was ralated to short term mortality for the STEMI patients. All HAS-BLED score components predict the mortality for the STEMI patients, and these parameters were correlated with our results. So that, high HAS-BLED score resulted in higher incidence in terms of patients' older age, female gender, HT, anemia, previous stroke, labile INR, renal and hepatic dysfunction.

Prior studies showed a relationship between EF and poor outcomes in the setting of STEMI(24,25). The CADILLAC risk score considers EF and showed it most effective mortality predictor within seven variables included(5). Other research by Liu et al.(15) showed that LVEF was regard to major adverse cardiac events for STEMI patients. Low EF after MI was independently associated with mortality in older patients(14). In that study, an estimated of mortality was determined as 29% for the lowest EF groups (EF \leq 35%). Also, a mildly reduced EF also caused an increased mortality in the related study(14). In agrement with previous studies(14,15), we found that the association between LVEF and mortality remained significant even after confounders adjustment.

Consequently, our findings might be correlated with these wellknown predictors with respect to cardiovascular mortality and a reflection of multiorgan dysfunction such asrenal, hepatic, cerebrovascular, cardiovascular, hematological systems and severity of coronary artery disease for STEMI patients. Thus, these findings may explain why the adding LVEF to HAS-BLED score and will be used to predict mortality for STEMI patients undergoing PPCI.

Limitations

Some limitations of our study must be considered. Our study is single center, retrospective study which could contained selection bias. On the otherhand consecutive patients carefully included to the study. Reperfusion markers such as ST resolution or myocardial blush grade did not evaluate. Morever, LVEF wasn't measured at the same time point for all patients.

Conclusion

HAS-BLED score and LVEF are independently predictor of mortality for STEMI patients undergoing PPCI and our results support that information. In this group; combine use of LVEF and HAS-BLED score provides higher predictive value. However, our findings should be supported by further more studies.

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