

# The Relation Between The Grade of Coronary Collaterals and Vitamin D Levels

# Vitamin D ile Koroner Kollateral Seviyesi Arasındaki İlişki

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# Abstract

**Objective:** There have been studies which revealed a possible relation with the grade of coronary collateral circulation (CCC) and the level of Vitamin D in the literature. The objective of this study was to assess whether there is a correlation between the grade of CCC and the level of Vitamin D according to both Rentrop and Werner classifications in patients with coronary chronic total occlusion (CTO) who underwent percutaneous coronary intervention.

**Material-Method:** The present study is a single-centre, retrospective cohort study. A total of 101 consecutive patients, who were hospitalized to undergo coronary CTO procedure, were enrolled in the study. The patients were classified into 3 groups with regard to the grade of CCC according to both Rentrop and Werner classifications. These groups were compared with each other according to the  $25(OH)VitD_3$  levels.

**Results:** There was no significant difference among 3 groups with regard to  $25(OH)VitD_3$  levels when the patients were classified according to the Rentrop classification [Rentrop 1: 15.7 ng/ml (7.0-77.0 ng/ml), Rentrop 2: 16.9 ng/ml (7.0-71.3), Rentrop 3: 16.6 ng/ml (7.0-28.7), p=0.925]. Moreover, there was no significant difference among 3 groups with regard to 25(OH)VitD3 levels when the patients were classified according to the Werner classification. [Werner 0: 19.6 ng/ml (7.0-77.0 ng/ml), Werner 1: 16.6 ng/ml (7.0-71.3), Werner 2: 17.0 ng/ml (7.0-28.3), p=0.411].

**Conclusions:** We deem that there may not be a direct correlation (one-to-one relationship) between the level of  $25(OH)VitD_3$  and the grade of CCC in clinical practice.

**Keywords:** Collateral Circulation, Coronary Occlusion, Percutaneous Coronary Intervention, Vitamin D.

# Introduction

Vitamin D is a kind of steroid hormone which is vital to regulate the calcium and bone homeostasis and secretion of parathyroid hormone. It exerts its action via adhering to vitamin D receptor. Vitamin D receptor was demonstrated to be distributed among vessels, heart, immune system cells and tissues regulating endocrine system (1). In the clinical trials, lower levels of Vitamin D was correlated with increased prevalance of hypertension, myocardial infarction and heart failure as well as increased cardiovascular mortality (2-5).

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# Özet

Amaç: Literatürde koroner kollateral dolaşımın (KKD) derecesi ile D vitamini seviyesi arasında muhtemel bir ilişki olabileceğine dair yayınlar mevcuttur. Bu çalışmanın amacı kronik total oklüzyon (KTO) nedeniyle perkütan koroner girişim yapılan hastalarda hem Rentrop hem de Werner sınıflandırmasına göre KKD ile D vitamini seviyesi arasında bir ilişki olup olmadığının araştırılmasıdır.

**Materyal-Metot:** Mevcut çalışma tek-merkezli, retrospektif kohort çalışmasıdır. KTO işlemi için hastaneye yatırılan ardışık 101 hasta çalışmaya alınmıştır. Hastalar KKD derecesine göre hem Rentrop hem de Werner sınıflandırmasına göre üçer gruba ayrılmıştır. Her bir grup  $25(OH)VitD_3$  seviyesine göre birbiriyle kıyaslanmıştır.

**Bulgular:** Hastalar Rentrop sınıflandırmasına göre üç gruba ayrıldığında gruplar arasında  $25(OH)VitD_3$  seviyesi açısından fark saptanmamıştır [Rentrop 1: 15,7 ng/ml (7,0-77,0 ng/ml), Rentrop 2: 16,9 ng/ml (7,0-71,3), Rentrop 3: 16,6 ng/ml (7,0-28,7), p=0,925]. Hastalar Werner sınıflandırmasına göre tekrar üç gruba sınıflandırıldığında yine gruplar arasında 25(OH)VitD3 seviyesi açısından fark saptanmamıştır [Werner 0: 19,6 ng/ml (7,0-77,0 ng/ml), Werner 1: 16,6 ng/ml (7,0-71,3), Werner 2: 17,0 ng/ml (7,0-28,3), p=0,411].

**Sonuç:** Çalışma sonucuna göre  $25(OH)VitD_3$  seviyesi ile KKD derecesi arasında klinik pratikte bire bir ilişki olmadığı kanaatindeyiz.

Anahtar kelimeler: Koroner dolaşım, Koroner Oklüzyon, Perkütan Koroner Girişim, Vitamin D.

Coronary collateral circulation (CCC) is an alternative vascular conduit which supplies blood to the jeopardized myocardium in case of a critical coronary stenosis. A well-developed CCC may limit the infarcted myocardium, preserve myocardial viability and diminish major adverse cardiac events in patients with acute myocardial infarction or stable angina (6, 7).

There have been studies which revealed a possible relation with the grade of CCC and the level of Vitamin D in the literature.

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The objective of this study was to assess whether there is a correlation between the grade of CCC and the level of Vitamin D according to both Rentrop and Werner classifications in patients with coronary chronic total occlusion (CTO) who underwent percutaneous coronary intervention (PCI).

## Material and Methods

## **Study Design and Patient Population**

The present pilot study is a single-centre, retrospective cohort study. A total of 101 consecutive patients, who were hospitalized to undergo coronary CTO procedure, were enrolled in the study during November 2016 and October 2017. All patients were assessed with blood tests including 25-hydroxy vitamin D3 [25(OH)VitD<sub>3</sub>] within a week before the CTO procedure. The patients with a history of coronary artery bypass grafting, acute coronary syndrome within the last 3 months, active cancer and active infection as well as patients taking Vitamin D replacement were all excluded from the study.

The patients were classified into 2 groups as poor vs welldeveloped collaterals with regard to the grade of CCC according to both Rentrop and Werner classifications. Rentrop grade 0-1 collaterals and Werner grade 0-1 collaterals were defined as poor collaterals, whilst Rentrop grade 2-3 collaterals and Werner grade 2 collaterals were defined as well-developed collaterals. These 2 groups were compared with each other according to the 25(OH)VitD<sub>3</sub> levels. This study complies with the Declaration of Helsinki, and the research protocol was approved by the local ethics committee (IRB approval date: 14/04/2017 and number: 71522473/050.01.04/73).

## Laboratory Analysis

All blood samples were obtained within the last week before the CTO procedure via antecubital vein.  $25(OH)VitD_3$  levels were analysed with a chemiluminescent immunoassay (DiaSorin Saluggia, Italy; Stillwater, MN, USA).

## **Coronary Angiography and The Evaluation of Ccc**

All coronary procedures were executed using a Toshiba Infinix 8000V and Toshiba Infinix 8000G5 (Toshiba Medical Systems, Nasushiobara, Japan). Coronary angiograms were analyzed regarding coronary collateral circulation by 2 independent angiographers who were blinded to the clinical data of the patients. If there was a discrepancy between 2 angiographers, a third blinded angiographer assessed the grade of CCC. CCC was assessed according to Rentrop and Werner classifications. Rentrop classification is graded as: 0, no collateral circulation; 1, collateral circulation is limited to the side-branch of the recipient artery; 2, collateral circulation partially fills the recipient epicardial coronary artery; 3, collateral circulation completely fills the recipient epicardial coronary artery (8). Werner classification is graded as: 0, no visible connection between the donor and the recipient coronary artery; 1, thread-like connection between the donor and the recipient coronary artery; 2, side-branch like connection between the donor and the recipient coronary artery (9).

#### **Statistical Analysis**

Data analyses were performed by using Statistical Package for Social Sciences (SPSS) for Windows 24 package program (SPSS Inc, Chicago IL, USA). Variables were assessed using visual and analytical methods (Kolmogorov-Simirnov test) to determine whether they were normally distributed. A Mann-Whitney U test was used to compare medians, while student's t-rest was used to compare medians, while student's t-rest was used to compare proportions and percentages in different groups. The associations among the total cholesterol, LDL cholesterol, the distribution of the occluded artery, and the 25(OH)VitD<sub>3</sub> level were assessed using the Spearman correlation. A p-value of less than 0.05 was considered to show a statistically significant result.

# Results

A total of 101 patients were enrolled in the study. These patients were classified according to both Rentrop and Werner classifications.

## **Rentrop Classification**

The baseline characteristics of the patients which were classified according to the Rentrop classification as poor collaterals and well-developed collaterals were shown in Table 1. There was no significant difference among 2 groups with regard to  $25(OH)VitD_3$  levels. [Poor collaterals: 14.8 ng/ ml (7.0-77.0), well-developed collaterals: 16.6 ng/ml (7.0-71.3), p=0.699]. Among the baseline characteristics, the total cholesterol and LDL cholesterol were significantly higher in patients with poor collaterals. Therefore, a univariate analysis was performed whether there was a correlation among the total cholesterol, LDL cholesterol, and 25(OH)VitD<sub>3</sub> level. The univariate analysis revealed that 25(OH)VitD<sub>3</sub> level was not associated with the total cholesterol and LDL cholesterol and LDL cholesterol and 25(OH)VitD<sub>3</sub> level was not associated with the total cholesterol and LDL cholesterol and LDL cholesterol and LDL cholesterol and LDL cholesterol and 25(OH)VitD<sub>3</sub> level.

## Werner Classification

The baseline characteristics of the patients which were classified according to the Werner classification as poor collaterals and well-developed collaterals were shown in Table 2. There was no significant difference among 2 groups with regard to  $25(OH)VitD_3$  levels when the patients were classified according to the Werner classification. [Poor collaterals: 16.4 (7.0-77.0), well-developed collaterals: 16.7 ng/ml (7.8-63.2), p=0.336]. Among the baseline characteristics, the distribution of the occluded artery (the vessel with a CTO lesion) was statistically different between 2 groups. Therefore, a univariate analysis was performed whether there was a correlation between the  $25(OH)VitD_3$  level and the distribution of the occluded artery. The univariate analysis revealed that 25(OH) VitD<sub>3</sub> level was not associated with the distribution of the occluded artery (p=0.466).

# Discussion

Coronary collaterals are formed during embryogenesis via the mechanism of vasculogenesis. Development of collaterals after embryogenesis depends on two different mechanisms: angiogenesis and arteriogenesis. Angiogenesis is the formation

	Rentrop Classification		
	Poor Collaterals (n:18)	Well-developed Collaterals (n:83)	p-value
Age [years]	61 (41-79)	60 (38-87)	0.631
Female gender, n (%)	5 (27.8%)	12 (14.5%)	0.178
Diabetes mellitus, n (%)	11 (61.1%)	30 (38%)	0.073
Hypertension, n (%)	10 (62.5%)	44 (62.9%)	0.979
History of MI, n (%)	13 (72.2%)	51 (65.4%)	0.579
History of HF, n (%)	2 (12.5%)	9 (12.9%)	1.000
Active smoking, n (%)	4 (25%)	17 (23.9%)	1.000
Ex-smoker, n (%)	8 (50%)	36 (50.7%)	0.959
25(OH)VitD <sub>3</sub> [ng/ml]	14.8 (7.0-77.0)	16.6 (7.0-71.3)	0.699
Hemoglobin [g/dl]	13.2 (10.3-15.2)	13.7 (7.8-16.5)	0.159
WBC [10 <sup>3</sup> /mm <sup>3</sup> ]	8.06 (4.59-11.20)	7.77 (2.01-13.10)	0.666
Platelets [10 <sup>3</sup> /mm <sup>3</sup> ]	220 (124-452)	217 (102-429)	0.265
Creatinine [mg/dl]	0.76 (0.43-7.47)	0.94 (0.27-4.84)	0.099
Total cholesterol [mg/dl]	200 (149-314)	168 (88-305)	0.022
LDL cholesterol [mg/dl]	139 (98-226)	115 (54-239)	0.031
HDL cholesterol [mg/dl]	45 (30-55)	40 (28-66)	0.064
Triglycerides [mg/dl]	117 (39-533)	119 (30-625)	0.286
LVEF (%)	55 (45-60)	55 (25-65)	0.865
Number of vessels $\geq 70\%$ stenosis	$1.67{\pm}0.59$	$1.59 \pm 0.79$	0.702
Occluded artery, n (%)			
LAD	9 (50.0%)	30 (36.1%)	
Cx	4 (22.2%)	15 (18.1%)	0.368
RCA	5 (27.8%)	38 (45.8%)	
Medications			
ASA or clopidogrel, n (%)	17 (100%)	76 (96.2%)	1.000
Beta blocker, n (%)	14 (82.4%)	63 (79.7%)	1.000
Ca channel blocker, n (%)	2 (11.8%)	17 (21.5%)	0.510
ACE inhibitor or ARB, n (%)	11 (64.7%)	60 (75.9%)	0.368
Statins, n (%)	11 (64.7%)	63 (79.7%)	0.208
Antianginals, n (%)	5 (29.4%)	24 (30.4%)	0.937

Table 1. Patient characteristics compared according to the Rentrop classification

ACE: Angiotensin converting enzyme, ARB: Angiotensin receptor blocker, ASA: Acetylsalicylic acid, Cx: Circumflex artery, HF: Heart failure, LAD: Left anterior descending artery, LVEF: Left ventricular ejection fraction, MI: Myocardial infarction, RCA: Right coronary artery, WBC: White blood count

of new capillaries via sprouting of endothelial cells from the pre-existing vessels. This process is basicly driven by vascular endothelial growth factor (VEGF) and basic fibroblast growth factor which are released in response to ischemic conditions. However, arteriogenesis is the structural remodelling of preformed capilleries formed during embryogenesis in response to complete occlusion of the coronary artery. The remodelling of capilleries is mainly driven by the pressure gradient which leads to shear stress on the endothelium. The diameter of the collaterals can increase up to twelve times during positive remodelling (10).

The significance of coronary collaterals are that welldeveloped collaterals can limit the infarction area and may even decrease the mortality (11, 12). Moreover, a metaanalysis including 13 trials demonstrated a mortality benefit in patients with well-developed coronary collaterals (13). Thus, revealing the mechanisms of development of coronary collaterals is getting more important. It was ascertained in the previous studies that nitric oxide (NO) and NO synthase play a key role in the process of vasculogenesis (14). In addition to NO pathway, there are experimental studies which demonstrated that vitamin D may promote proliferation and migration of endothelial cells (15). Furthermore, Grundmann et al. stated that vitamin D enhances angiogenic properties of endothelial progenitor cells via regulating the VEGF signalling pathway (16). Moreover, vitamin D has a regulatory effect on more than 200 genes, some of which involved in growth and proliferation of cardiomyocytes and vascular smooth muscle cells (17). Furthermore, vitamin D was demonstrated to promote some important biological events important in

	Werner Classification		
	Poor Collaterals (n:79)	Well-developed Collaterals (n:22)	p-value
Age [years]	62 (38-87)	59 (40-79)	0.527
Female gender, n (%)	13 (16.5%)	4 (18.2%)	1.000
Diabetes mellitus, n (%)	34 (44.2%)	7 (35.0%)	0.460
Hypertension, n (%)	45 (65.2%)	9 (52.9%)	0.348
History of MI, n (%)	49 (64.5%)	15 (75.0%)	0.374
History of HF, n (%)	7 (10.1%)	4 (23.5%)	0.216
Active smoking, n (%)	16 (23.2%)	5 (27.8%)	0.759
Ex-smoker, n (%)	35 (50.7%)	9 (50.0%)	0.956
25(OH)VitD <sub>3</sub> [ng/ml]	16.4 (7.0-77.0)	16.7 (7.8-63.2)	0.336
Hemoglobin [g/dl]	13.6 (9.3-16.5)	13.5 (7.8-15.9)	0.767
WBC [10 <sup>3</sup> /mm <sup>3</sup> ]	7.98 (2.01-12.60)	7.51 (4.24-13.10)	0.955
Platelets [10 <sup>3</sup> /mm <sup>3</sup> ]	217 (102-452)	217 (130-352)	0.494
Creatinine [mg/dl]	0.90 (0.27-7.47)	0.89 (0.63-4.84)	0.959
Total cholesterol [mg/dl]	179 (88-314)	167 (111-252)	0.264
LDL cholesterol [mg/dl]	121 (54-239)	120 (73-173)	0.518
HDL cholesterol [mg/dl]	42 (28-66)	40 (29-61)	0.150
Triglycerides [mg/dl]	116 (30-625)	147 (47-392)	0.689
LVEF (%)	55 (25-65)	60 (30-60)	0.767
Number of vessels $\geq 70\%$ stenosis	1.53±0.73	1.86±0.83	0.071
Occluded artery, n (%)			
LAD	35 (44.3%)	4 (18.2%)	
Cx	11 (13.9%)	8 (36.4%)	0.021
RCA	33 (41.8%)	10 (45.5%)	
Medications			
ASA or clopidogrel, n (%)	75 (98.7%)	18 (90.0%)	0.109
Beta blocker, n (%)	60 (78.9%)	17 (85.0%)	0.755
Ca channel blocker, n (%)	15 (19.7%)	4 (20.0%)	1.000
ACE inhibitor or ARB, n (%)	57 (75.0%)	14 (70.0%)	0.650
Statins, n (%)	57 (75.0%)	17 (85.0%)	0.550
Antianginals, n (%)	23 (30.3%)	6 (30.0%)	0.982

Table 2. Patient characteristics compared according to the Werner classification

ACE: Angiotensin converting enzyme, ARB: Angiotensin receptor blocker, ASA: Acetylsalicylic acid, Cx: Circumflex artery, HF: Heart failure, LAD: Left anterior descending artery, LVEF: Left ventricular ejection fraction, MI: Myocardial infarction, RCA: Right coronary artery, WBC: White blood count

CCC development as leukocyte adhesion, increase in VEGF A expression, vascular smotth muscle cell proliferation and migration (18-20).

In the light of these experimental studies, clinical trials were warrented to confirm whether the level of vitamin D has an effect on the grade of coronary collaterals. In the literature, there are two clinical trials addressing the correlation between the level of vitamin D and the grade of CCC. Sahin et al. classified 214 patients who had at least one coronary artery with >95% stenosis into two groups as poor collaterals (Rentrop 0-1) and well-developed collaterals (Rentrop 2-3) according to the Rentrop classification (21). In the multivariate analysis, lower levels of vitamin D was ascertained as an independent predictor of poor CCC. Moreover, Doğan et al. (22) grouped

188 patients with coronary CTO into two groups as poor collaterals (Rentrop 0-1) and well-developed collaterals (Rentrop 2-3) according to the Rentrop classification and multivariate logistic regression analysis showed that lower levels of  $25(OH)VitD_3$  was an independent predictor of poor CCC in patients with CTO.

In the present study, CCC was assessed according to not only the Rentrop but also the Werner classifications. Indeed, the Rentrop classification does not assess the collateral connection itself. It evaluates the filling effect in the recipient artery. Therefore, another collateral classification was unveiled by Werner. Werner classified collateral circulation according to collateral connections and upgraded his classification according to the diameter of collaterals again (23). Thus,

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the Werner classification directly assesses the collaterals. Therefore, in the present study, the relation between the level of  $25(OH)VitD_3$  and the grade of CCC was evaluated via both the Rentrop and the Werner classifications.

In the present study, there was no correlation between the level of 25(OH)VitD, and the grade of the CCC when assessed according to the Rentrop or the Werner classifications contrary to the findings of above-mentioned clinical studies. The results of the present study could be explained as follows: Type 2 diabetes mellitus, metabolic syndrome, smoking, renal dysfunction, oxidative stress and physical exercise are the unveiled factors effecting the development of CCC (24-28). However, there may be unrevealed confounding factors which potentially have an effect on the development of CCC. Although it was shown that vitamin D has an effect on CCC in experimental studies, vitamin D is not the primary factor which promotes the development of CCC. As mentioned above, the parameters effecting NO and NO synthase may have a major role in the development of CCC. Therefore, vitamin D may not have an one to one effect on CCC development. Moreover, there may be potential confounding factors which have not revealed yet. Thus, this could be the reason why the present study did not find a correlation between the level of  $25(OH)VitD_3$  and the grade of CCC.

## **Study Limitations**

The major limitation of the present study is the number of patients enrolled in the study. Moreover, both classifications evaluating the CCC are based on angiography findings, therefore, visual. The coronary collaterals with a diameter of <200 µm are invisible even with new angiographic equipments. Therefore, coronary flow index which provides a functional information of coronary collaterals and which is the gold-standard method to assess the collaterals should have been utilized. In addition, the vitamin D level in a patient can fluctuate among different seasons in a year and this may lead to interindividual variability due to different levels of sunlight exposure. Therefore, it would have been better if the patient selection was only done in one season. Finally, exercise habits of patients could not be assessed due to the retrospective nature of the study. The level of physical exercise is important because it was stated that physical exercise has a positive effect on CCC, and this may act as a confounding factor in the present study.

# Conclusion

Although a potential correlation between vitamin D and the grade of CCC was demonstrated in the experimental studies, we deem that there may not be a direct correlation (one-to-one relationship) between the level of  $25(OH)VitD_3$  and the grade of CCC due to the fact that vitamin D may not play a major role in the development of CCC and, moreover, there are various parameters having different levels of effects on the development of CCC.

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