



Özgün Araştırma / Original Article

Effects of Thymoquinone on Oxidative Stress in the Testicular Tissue of Reserpinized Rats

Dilek Kuzay¹

1 Ahi Evran University Faculty of Medicine Department of Physiology Kırşehir, Turkey ORCID: 0000-0002-1460-9883

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Abstract

Objective: The objective of the study was to research the oxidant and antioxidant activity of Thymoquinone (TQ) in the testicular tissue of Reserpinized rats.

Methods: Eighteen rats were divided into three groups and each group had six animals: 1) Control (C) group: Received ip. 1% Tween 80; 2) Reserpine (R) group: Received Reserpine; 3) Reserpine + TQ (R+T) group: Received Reserpine and TQ. Reserpine was injected intraperitoneally 0.2 mg/kg and TQ was administered intragastrically 10 mg/kg once daily. The rats were treated for 14 consecutive days. At the end of the study, total nitric oxide (NOx) levels, malondialdehyde (MDA) levels and glutathione (GSH) levels in the testicular tissue were examined.

Results: A statistically significant increase was observed in the NOx levels ($p=0.001$) and MDA levels of testicular tissue in the R group ($p<0.001$). A decrease was observed in the GSH levels ($p<0.001$). It was found out that there was a decrease in NOx and MDA levels while there was an increase in GSH levels in the R+T group ($p<0.001$).

Conclusion: Reserpine caused an increase in oxidative stress and a decrease in antioxidant capacity in testicular tissue. TQ yielded recovery of Reserpine induced toxicity by decreasing oxidative stress markers and increasing antioxidant capacity.

Keywords: Reserpine; Oxidative stress; Rats; Testis; Thymoquinone

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Yazışma Adresi / Correspondence: Dilek Kuzay, Department of Physiology, Faculty of Medicine, Ahi Evran University, 40100 Kırşehir, Turkey
e-mail: dilekkuzay@gmail.com

Reserpinize Sıçanların Testis Dokusunda Oksidatif Stres Üzerine Thymoquinone'nin Etkisi

Öz

Amaç: Çalışma Reserpinize sıçanların testis dokusunda Thymoquinone (TQ)' nun oksidan ve antioksidan etkinliğini araştırmak amacıyla yapıldı.

Yöntemler: 18 adet Wistar Albino sıçan her grupta 6 sıçan olacak şekilde 3 eşit gruba ayrıldı. Kontrol(K) grubu: intraperitoneal %1 Tween 80 verildi. Reserpin(R): Reserpine verildi. Reserpine+TQ (R+T): Reserpine ve TQ verildi. Reserpin intraperitoneal 0.2 mg/kg enjekte edildi ve TQ intragastrik 10 mg/kg günde bir kere verildi. Deney ardışık 14 gün sürdü. Çalışmanın sonunda testis dokusunda toplam nitrik oksit (NOx), malondilaldehit (MDA) ve glutatyon (GSH) düzeyleri bakıldı.

Bulgular: R grubunda testis dokusunun NOx düzeylerinde ($p=0.001$) ve MDA düzeylerinde istatistiksel olarak önemli bir artış oldu ($p<0.001$). GSH düzeylerinde ise azalma oldu ($p<0.001$). R+T grubunun NOx ve MDA düzeylerinde azalma, GSH düzeylerinde ise artış olduğu belirlendi ($p<0.001$).

Sonuç: Reserpine testis dokuda oksidatif stresi arttırdı ve antioksidan kapasiteyi azalttı. TQ tedavisi oksidatif stres markırlarını azaltıp, antioksidan kapasiteyi artırarak Reserpine ile indüklenen toksisitede iyileşme sağladı.

Anahtar kelimeler: Reserpin, Oksidatif stres, Sıçan, Testis, Timokinon.

INTRODUCTION

Oxidative stress is a disturbance that occurs in the balance between the generation of reactive oxygen species (ROS) and antioxidant defenses. Such disturbance can damage DNA, proteins, and lipids, and eventually causes apoptosis or necrosis in living cells. There are several factors leading to oxidative stress, such as drugs, chemicals and radiation exposure through redox-catalysis and encompass reactive oxygen species (ROS), reactive nitrogen species (RNS), sulfur-centered radicals and many others ^{1,2}. MDA, which is the result of the lipid peroxidation, is a highly reactive three carbon dialdehyde and among the most intensively aldehydes that are formed during lipid peroxidation. RNS, a free radical such as NO and peroxynitrite (ONOO⁻) which is an extremely potent cellular oxidant produced with the reaction of NO with superoxide (O₂^{•-}), acts together with other ROS to damage cells and thus causes nitrosative stress³. It is known that Glutathione (GSH) as a nonprotein thiol functions as an important antioxidant in the detoxification of xenobiotics, carcinogens, free

radicals and the maintenance of immune functions ⁴.

Reserpine, which is a blocker of the vesicular monoamine transporter, is known to be a powerful oxidant. It is an alkaloid which can be found in the roots of *Rauwolfia serpentina* and *R. vomitoria*. It inhibits the uptake of norepinephrine into storage vesicles and this results in the depletion of catecholamines and serotonin from central and peripheral axon terminals⁵⁻⁸. The catecholamines that are not stored in synaptic vesicles are exposed to degradation either by autoxidation or by oxidative deamination catalyzed by monoamine oxidase (MAO). Consequently, the increased cytoplasmic catecholamines cause not only an acceleration of catecholamines catabolism by MAO but also an elevated autoxidation of catecholamines. This leads to the overproduced reactive species that are involved in the degenerative processes and an alteration in the status of the oxidative stress of catecholamines nerve terminals⁹. Since reserpine is a powerful oxidant¹⁰ and due to its other listed effects, it is used to form an experimental depression

model and induce stress in experimental animals¹¹.

Black cumin seed (*Nigella sativa*) is used in traditional medicine in many countries such as Turkey, Greece, Egypt and many others in Africa and Asia¹². The main component of the *Nigella sativa* is Thymoquinone (TQ)¹³. TQ is known to have powerful anti-inflammatory and antioxidant effects^{14,15}. TQ exerts an antioxidant effect by causing an increase in the production of antioxidant enzymes [i.e. catalase (CAT), glutathione peroxidase (GPx), superoxide dismutase (SOD), and nitrite-nitrate (NIT)] and a decrease in lipid peroxidation¹⁶⁻¹⁷. TQ supplementation significantly protects many organs against oxidative damage that is caused by a variety of free radical generating agents such as aflatoxin B1 evoked hepatotoxicity, nephropathy produced by gentamicin and ethanol-induced gastric mucosal injury^{14,18-19}. Its high potency and low systemic toxicity render TQ an assuring alternative to conventional therapeutic drugs²⁰.

Therefore, this study aims to research the antioxidant activity of TQ in testicular tissue of reserpinized rats.

METHODS

Animals

Adult male Wistar Albino rats (weighing 250±20 g) were obtained from the laboratory animal center, Gazi University. Animals were maintained in a standard 12 h light/dark cycle in cages with ad libitum access to food and water. They were allowed to acclimate to the environment for 14 days. The experimental procedures were all approved by the Ethics Committee on Animal Care and Use of Gazi University (Project number G.Ü.ET-16.012). Every effort was made in order to minimize animal suffering.

Drugs and chemicals

Reserpine, TQ (CAYMAN Chemical, USA) and Tween 80 (Biomatic, USA) were used in the present study.

Experimental design

Eighteen rats were divided into three groups, each group with six animals group: 1) Control (C) group: Received ip. %1 Tween 80; 2) Reserpine (R) group: Received Reserpine; 3) Reserpine + TQ (R+T) group: Received Reserpine and TQ. They were treated for 14 consecutive days. Reserpine was dissolved in %1 Tween 80 and it was injected intraperitoneally 0.2 mg/kg once daily¹¹. 10 mg/kg TQ was dissolved in tap water and administered intragastrically 30 min prior to each reserpine injection. The drugs were prepared freshly each day and after their preparation, they were injected using a volume of 1 ml/kg. Administration was conducted from 8:00 to 10:00.

BIOCHEMICAL ANALYSES

Tissue Preparation

The rats were sacrificed by taking blood from their hearts under anesthesia with intramuscular (im) rompun (5mg / kg) + ketamine (45mg / kg).

After decapitation, testes that were removed from subjects were frozen in liquid nitrogen and stored at -80°C up till examination.

Determination of tissue lipid peroxide level

In order to quantify lipid peroxidation, the formation of thiobarbituric acid reactive substances was measured as described previously²¹. The absorbance of the samples were measured spectrophotometrically at 535 nm. An extinction coefficient of $1.56 \cdot 10^5 \text{ l} \cdot \text{mol}^{-1} \cdot \text{cm}^{-1}$ was used in order to express lipid peroxide levels in terms of MDA equivalents using. Lower limit of detection of TBARS (thiobarbituric acid reactive substances) was found to be 0.03 $\mu\text{mol/l}$.

Determination of tissue GSH levels

The GSH levels were determined using the previously described method²¹. The absorbance at 412 nm was measured. The extinction coefficient that was used to calculate GSH levels was $13,600 \text{ l. mol}^{-1} \cdot \text{cm}^{-1}$. The lower limit of detection of GSH was $0.5 \mu\text{mol/l}$.

Determination of tissue total nitric oxide levels

Vanadium chloride (VCl₃) / Griess assay was used to obtain testis NO_x levels from ELISA reader²². The samples were measured at 540 nm using ELISA reader.

Statistical Analysis

All data are expressed as the mean \pm standard deviation (SD). Data were analyzed by using Statistical Package for Social Sciences 15.0 software program. Comparisons among groups were made using one-way analysis of variance, which was followed by post hoc Tukey tests.

RESULTS

When compared to the C group, an increase in NO_x levels in testicular tissues of the R group was observed ($p=0.001$). Besides, a statistically significant increase was observed in MDA levels ($p<0.001$). As for GSH levels, there was a decrease in the R group ($p<0.001$).

When compared to the R group, a decrease was observed in NO_x and MDA levels whereas there was an increase in GSH levels in the R+T group ($p<0.001$). The values in the R+T group were found to be closer to those in the C group ($p>0.05$). The results are presented in Figure 1, 2 and 3.

DISCUSSION

The objective of this study is to research the antioxidant activity of TQ in testicular tissue of rats. According to the results of the study, i.p Reserpine injection for 14 days resulted in an increase in MDA and NO_x levels and a decrease in GSH levels in testicular tissue. Studies in literature on the effects of Reserpine on

testicular tissue support the results of this study. Cui et al. stated that a single dose of subcutaneous 5 mg/kg Reserpine injection caused an increase in MDA levels and a decrease in GSH levels in testicular tissue. Reserpine was reported to be an oxidative stress indicator²³. Once-daily ip. 100 $\mu\text{g/kg}$ Reserpine injection for 48 days led to an increase in MDA levels in plasma, kidney and liver tissue²⁴⁻²⁵.

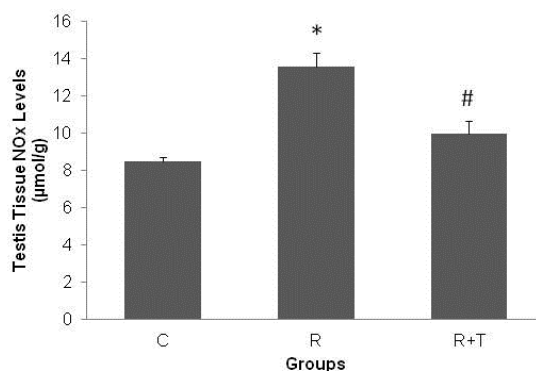


Figure 1. Testis Tissue NO_x Levels (µmol/g) The values are mean \pm SD; n = 6. * $p<0.01$ versus C groups, # $p<0.01$ versus R group
C: Control, R: Reserpine, R+T: Reserpine+TQ

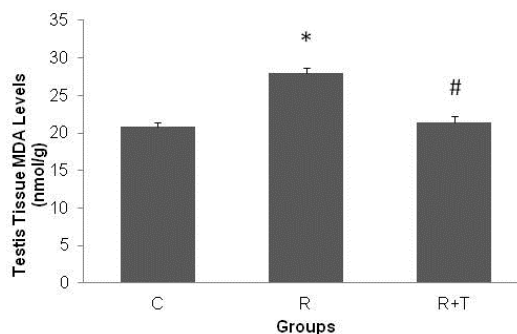


Figure 2. Testis Tissue MDA Levels (nmol/g) The values are mean \pm SD; n = 6. * $p<0.01$ versus C groups, # $p<0.01$ versus R group
C: Control, R: Reserpine, R+T: Reserpine+TQ

Studies have also shown that another known effect of Reserpine is to inhibit the release of luteinizing-hormone releasing factor (LHRF) and luteinizing hormone (LH) in the hypothalamo-hypophyseal system by depleting brain stores of monoamines. LH is a trophic hormone necessary for the maintenance of

interstitial tissue activity and the libido. Reserpine is known to cause impotence and decreased libido in man and this action could be due to an inhibition of LH secretion producing an atrophy or degeneration of the interstitial cells, for it is known that antibodies to LH impair libido and produce fibroblastic changes in the interstitial tissue²⁶⁻²⁷. Therefore, Reserpine was reported to have an adverse effect on the reproduction system.

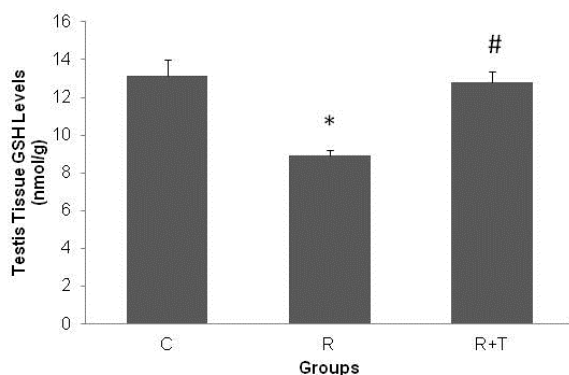


Figure 3. Testis Tissue GSH Levels (nmol/g) The values are mean±SD; n = 6. * p<0.01 versus C groups, # p<0.01 versus R group
C: Control, R: Reserpine, R+T: Reserpine+TQ

The results of our study show that the effects of Reserpine on testis tissue recovered with a treatment with 10 mg/kg TQ for 14 days. MDA and NOx levels that increased in the R group decreased in the R-T group. Also, an increase in the decreased GSH levels was observed. MDA, NOx and GSH levels came closer to those of the C group. There are no studies in literature that research the effects of TQ on Reserpine-induced oxidative stress. The results of treatments where TQ was used against chemicals that caused toxicity in testicular tissue support the results of this study. In cadmium-induced toxicity, 10 mg/kg TQ was administered intragastrically twice a week for 56 days. GSH, superoxide dismutase (SOD) and catalase levels which decreased due to toxicity increased with TQ treatment, and lipid peroxidation (LPO) levels decreased with TQ treatment though these levels increased due to toxicity²⁸. Mabrouk et al. reported that in rats

that received 5mg/kg TQ treatment for 5 weeks against lead (Pb) toxicity in testicular tissue, an increase in SOD, GPx, CAT and GSH levels and a decrease in MDA levels was observed²⁹. Khaled et al. reported that testicular damage by titanium dioxide nanoparticles (TiO₂ NPs) recovered with a 20 mg/kg TQ treatment for 14 days. They reported that TQ could be a strong antioxidant³⁰.

CONCLUSION

In the study, Reserpine injection for 14 days increased oxidative stress whereas it decreased antioxidant capacity in testicular tissue. TQ treatment yielded recovery by decreasing the oxidative stress induced with Reserpine and increasing the decreased antioxidant capacity.

LIMITATIONS

In the study, an examination of the effects of Reserpine and TQ on the direct testis functions such as libido, sperm count, sperm structure etc. could not be made. However, oxidant and antioxidant parameters evaluated in the tissue give indirect information on the effects of Reserpine and TQ on reproduction system.

ETHICAL STATEMENT

All procedures in this study were performed in accordance with the Gazi University Laboratory Animals and Experimental Researches Center. All experimental procedures were approved by the Gazi University Ethical and Research Committee (Approval No: G.Ü.ET-16.012).

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Declaration of Conflicting Interests: The authors hereby declare that no conflict of interest is in question.

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