



Volume: 5/Number: 2  
eISSN: 2458-9675



**SPIRITUAL PSYCHOLOGY AND COUNSELING**  
**Volume: 5 ■ Number: 2 ■ 2020 June ■ eISSN: 2458-9675**

*Spiritual Psychology and Counseling* is an open access, on-line journal that aims to publish complete and reliable information on the discoveries and current developments in the fields of spirituality and spirituality-related issues within the context of psychological processes.

Authors bear responsibility for the content of their published articles.

**Owner**

Halil Ekşî (Marmara University, Turkey)

**Editor-In-Chief**

Halil Eksi (Marmara University; Turkey)

**Editors**

Çınar Kaya (Bartın University, Turkey)  
Selami Kardaş (Muş Alparslan University; Turkey)  
Osman Hatun (Sinop University; Turkey)

**Book Review Editor**

Muhammed Çiftçi (Marmara University, Turkey)

**English Language Editors**

ENAGO ([www.enago.com.tr](http://www.enago.com.tr))  
John Zacharias Crist  
A. Kevin Collins

**International Editorial Board**

Osman Tolga Arıçak (Hasan Kalyoncu University; Turkey)  
Hasan Bacanlı (Fatih Sultan Mehmet University, Turkey)  
Malik B. Badri, International Institute of Islamic Thought & Civilization; Malaysia  
Elias Capriles (Andes University; Venezuela)  
Manijeh Daneshpour (St. Cloud State University; USA)  
Sabnum Dharamsi (Private Practice; UK)  
Bulent Dilmac (Necmettin Erbakan University; Turkey)  
Atılgan Erözkan (Muğla Sıtkı Koçman University; Turkey)  
Robert Frager (Sofia University; USA)  
Agustín de la Herran Gascón (Autonomous University of Madrid; Spain)  
Amber Haque (UAE University; UAE)  
Elfie Hinterkopf (The Focusing Institute; USA)  
David R. Hodge (Arizona State University; USA)  
Ralph W. Hood (University of Tennessee at Chattanooga; USA)  
Hayati Hökelekli (İstanbul Aydın University; Turkey)  
İbrahim İşitan (Karabük University; Turkey)  
Mustafa Koç (Balıkesir University; Turkey)  
Mustafa Merter (Private Practice; Turkey)  
Judith Miller (Columbia University; USA)  
Mustafa Otrar (Marmara University; Turkey)  
Kenneth I. Pargament (Emeritus; Bowling Green State University; USA)  
Sadeq Rahimi (University of Saskatchewan; Canada)  
Samuel Bendek Sotillos (Institute of Traditional Psychology; USA)  
Len Sperry (Florida Atlantic University; USA)  
Macid Yılmaz (Hitit University; Turkey)  
Üzeyir Ok (Ibn Haldun University; Turkey)  
W. Paul Williamson (Henderson State University; USA)  
Ömer Mirac Yaman (İstanbul University; Turkey)  
Yusmini Binti Md. Yusoff (University of Malaya; Malaysia)

### **Board of Reviewing Editors**

Mustapha Achoui (International Islamic University; Malaysia), Figen Akça (Uludağ University; Turkey), Osman Tolga Arıçak (Hasan Kalyoncu University; Turkey), Mehmet Atalay (İstanbul University; Turkey), Hasan Bacanlı (Fatih Sultan Mehmet University, Turkey), Malik B. Badri (International Institute of Islamic Thought & Civilization; Malaysia), Azize Nilgün Canel (Marmara University; Turkey), Elias Capriles (Andes University; Venezuela), Sevim Cesur (İstanbul University; Turkey), Tuğba Seda Çolak (Düzce University; Turkey), Manijeh Daneshpour (St. Cloud State University; USA), Sabnum Dharamsi (Private Practice; UK), Bülent Dilmac (Necmettin Erbakan University; Turkey), Vincent Dummer (Appalachian Regional Hospital; USA), Halil Ekşi (Marmara University; Turkey), Atilgan Erözkan (Muğla University; Turkey), Robert Frager (Sofia University; USA), Harris L. Friedman (University of Florida; USA), Agustín de la Herran Gascón (Autonomous University of Madrid; Spain), Amber Haque (UAE University; UAE), Elfie Hinterkopf (The Focusing Institute; USA), David Hodge (Arizona State University; USA), Ralph W. Hood (University of Tennessee at Chattanooga; USA), Hayati Hökelekli (Uludağ University; Turkey), Majeda Humeidan (Zayed University; UAE), İbrahim İşitan (Karabük University; Turkey), Faruk Kanger (Sabahattin Zaim University; Turkey), Ömer Karaman (Ordu University; Turkey), Nurten Kimter (Çanakkale Onsekiz Mart University; Turkey), Muhammed Kızılgeçit (Recep Tayyip Erdoğan University; Turkey), Mustafa Koç (Balıkesir University; Turkey), S. K. Kiran Kumar (University of Mysore; India), Sezai Küçük (Sakarya University; Turkey), Brian L Lancaster (Liverpool John Moores University; UK), Mustafa Merter (Private Practice; Turkey), Judith Miller (Columbia University; USA), Üzeyir Ok (İbn Haldun University; Turkey), Mustafa Otrar (Marmara University; Turkey), Emine Özürk (Kafkas University; Turkey), Iker Puente (Autonomous University of Barcelona; Spain), Len Sperry (Florida Atlantic University; USA), Sadeq Rahimi (University of Saskatchewan; Canada), Vítor José F. Rodrigues (Clínica Serenum; Portugal), Samuel Bendeck Sotillos (Institute of Traditional Psychology; USA), Ömer Miraç Yaman (İstanbul University; Turkey), Mualla Yıldız (Ankara University; Turkey), Murat Yıldız (Cumhuriyet University; Turkey), Macid Yılmaz (Hitit University; Turkey), Yusmini Binti Md. Yusoff (University of Malaya; Malaysia)

### **Content Advisor**

EDAM (Educational Consultancy & Research Center)

**Phone:** +90 (216) 481-3023 **Web:** [www.edam.com.tr](http://www.edam.com.tr) **Email:** editor@edam.com.tr

### **Graphic Design**

Nevzat Onaran

Semih Edis

### **Prepress**

EDAM (Educational Consultancy & Research Center)

### **Publishing Period**

Triannual (February, June & October)

### **Online Publication**

2020 June

### **Indexing and Abstracting**

SPC is currently being indexed and/or abstracted in the following services:

#### CrossRef

Directory of Open Access Journals (DOAJ)

The European Reference Index for the Humanities and the Social Sciences (ERIH PLUS)

ULRICHSWEB Global Serials Directory

Index Islamicus

ULAkBIM TR Social and Humanities Database Journal List

Scientific Indexing Services (SIS) Database

Directory of Research Journals Indexing (DRJI)

Turkish Psychiatry Index

Turkish Education Index (TEI)

ISAM Electronic Resources Database (Theology Articles Database)

Google Scholar

OCLC Worldcat

SciLit



### **Correspondence**

Prof. Dr. Halil Ekşi

Marmara University, Atatürk Faculty of Education Goztepe Campus 34722 / Kadıköy - İstanbul Turkey

**Phone:** +90 (216) 777 2600 **Web:** <http://spiritualpc.net/> **Email:** spiritualpcj@gmail.com