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**1. International Congress on Multidisciplinary  
Studies in Medical Sciences  
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We completed the 1st International Congress on Multidisciplinary Studies in Health Sciences, in which a considerable number of academicians from various countries took part on the Scientific and Arbitration Board, with the participation of more than a hundred scientists, in collaboration with Altınbaş University and IKSAD, on 3-5 June 2020. Today, online seminars and conferences are gaining more importance after the health alert of the Covid-19 pandemic worldwide. In accordance with this awareness, we are proud to be a leading university that holds an online congress by international standards.

The congress was successfully carried out thanks to the coordinated work and frequent meetings that we had initiated long before the due date. Facilitating question and answer sessions in 2 separate halls where panels and scientific presentations were held for 3 days, our congress was accredited with 23 credits by the Turkish Medical Association Continuing Medical Education (TMA-CME) and Accreditation Council for Continuing Professional Development. Accommodation and transportation expenses, which play an effective role in organizing congresses, were eliminated through online arrangements. Therefore, the scientists were provided with easier, more effective and wider participation opportunities by allocating less time and financial resources.

Health sciences in our country, as in the world, have a close relationship with all disciplines, especially the fundamental life sciences. Thus, eminent academicians and scientists who pursue their studies in the fields of Medical Sciences (Internal, Basic, Surgery), Dentistry, Pharmacy, Veterinary Medicine, Nursing, Physiotherapy and Rehabilitation, Nutrition and Dietetics, Midwifery, Child Development, Emergency and Disaster Management, Gerontology, Life Sciences (Biology, Chemistry, Physics etc.), Healthcare Management, Social Services, Public Health and Epidemiology, Health Information Systems, Bioengineering and other Multidisciplinary Health and Life Sciences, have contributed to the world of science with panels and oral presentations.

In this respect, we believe that our congress will shed light on the future in the name of health and life sciences. We would like to thank the scientists, who work in the fields of health sciences and vocations, as well as all our devoted contributors of the academy.

We wish to meet in the next scientific meetings.

Prof. Dr. Turgut İpek

Chairman of the Congress

