

Cilt : 7
Sayı: 4
Yıl: 2024

Volume: 7
Issue: 4
Year: 2024



MJSS

ISSN 2667-5463

Akdeniz Spor Bilimleri Dergisi

Mediterranean Journal of Sport Science



AKDENİZ SPOR BİLİMLERİ DERGİSİ

MEDITERRANEAN JOURNAL OF SPORT SCIENCE (MJSS)

2024, Cilt 7, Sayı 4 | 2024, Volume 7, Issue 4
Basım Tarihi: Aralık 2024 | Publishing Date: December 2024

e-ISSN: 2667-5463

Yayın hakkı © 2018 Hasan ŞAHAN

<https://dergipark.org.tr/tr/pub/asbid>

Akdeniz Spor Bilimleri Dergisi (ASBİD) 2018 yılında yayın hayatına başlayan, yılda dört kez (Mart – Haziran – Eylül – Aralık) yayımlanan hakemli sürekli bir yayındır. MJSS is published quarterly.

Akdeniz Spor Bilimleri Dergisi Adına Sahibi - Baş Editör / Editor in Chief

Hasan ŞAHAN, PhD

Yayın Koordinatörü / Publishing Coordinator

Hasan ŞAHAN, PhD

Yardımcı Editör / Associate Editors

Aydın Birsin YILDIZ, PhD, Ankara Yıldırım Beyazıt University, Department of Sports Management, Türkiye

İstatistik Editörü / Statical Consulting

Yunus Emre YARAYAN, PhD, Siirt University, Department of Physical Education and Sports, Türkiye

Dil Editörü / English Consulting

Aylin UĞURLU, PhD, Aydın Adnan Menderes University, Faculty of Sport Science, Department of Sports Management, Türkiye

Yasin YILDIZ, PhD, Aydın Adnan Menderes University, Faculty of Sport Science, Department of Recreation, Türkiye,

Editör Kurulu / Editorial Board

Albert AMINOV, PhD, South Ural State University, Physical Education and Sport Teaching, Russia

Anthony WEEMS, PhD, Florida International University, Counseling, Recreation and School Psychology,
United States of America

Cristian Mihail RUS, PhD, Alexandru Ioan Cuza University, Physical Education and Sport Teaching, Romania

Dorgan VIOREL, PhD, State University of Physical Education and Sport, Movement and Training Sciences,
Republic of Moldova

Eleonora MILEVA, PhD, National Sports Academy "Vassil Levski", Psycho-Social Fields in Sport, Bulgaria

Evgeniy CHEREPOV, PhD, South Ural State University, Physical Education and Sport Teaching, Russia

Iconomescu Teodora MIHAELA, PhD, Dunărea de Jos University, Sport Management, Romania

Jerónimo GARCÍA-FERNÁNDEZ, PhD, Universidad de Sevilla, Sport Management, Spain

Kaukab AZEEM, PhD, Ministry of Education and Culture, Faculty of Sports sciences, UNY, Sports and
Health, India

Laurentiu-Gabriel TALAGHIR, PhD, Dunarea de Jos University of Galati - Physical Education and Sport
Teaching, Romania

Luliia PAVLOVA, PhD, Lviv State University of Physical Culture, Physical Education and Sport Teaching,
Ukraine

Nijaz SKENDER, PhD, University of Bihac; Pedagogical Faculty, Department of Physical Education, Bosnia
and Herzegovina

Özkan IŞIK, PhD, Balıkesir University - Antrenörlük Eğitimi, Türkiye

Peter MAČURA, PhD, Catholic University in Ružomberok, Physical Education and Sport Teaching, Slovakia

Petronel Cristian MOISESCU, PhD, Dunarea de Jos University of Galati, Faculty of Physical Education and
Sport, Romania

Rui Manuel Nunes CORREDEIRA, PhD, University of Porto, CIAFEL, Centre for Research on Physical
Activity, Health and Leisure, Portugal

Stoica LEONARD, PhD, University of Dunarea de Jos from Galati, Physical Education and Sport Teaching,
Romania

Svetoslav STEFANOV, PhD, St. Cyril and st. Methodius University of Veliko Tarnovo, Physical Education and
Sport Teaching, Bulgaria

Yarmoliuk OLENA, PhD, Borys Grinchenko Kyiv University, Sport Management, Ukraine

Yazım Kontrol Grubu / Editing Scout

Aydiner Birsin YILDIZ, PhD, – Ankara Yıldırım Beyazıt University, Department of Sports Management

Dergi İletişim / Journal Contacts

mjssinfo@gmail.com

Teknik İletişim / Technical Contact

akdenizsb@gmail.com

Dizinlenme Bilgileri / Abstracting and Indexing Information

Akdeniz Spor Bilimleri Dergisi (*Mediterranean Journal of Sport Science - MJSS*), British Education Index, EBSCO SPORTDiscus Fulltext, CAB Abstracts and Global Health Database, H.W. Wilson (Education Full Text), CABI Leisure Tourism, IndexCopernicus, Crossref, Scilit, Ukraine OUCI, Directory of Research Journals Indexing, Journal Factor, Bielefeld Academic Search Engine (BASE), Scientific Indexing Services, EuroPub, Asos İndeks, CiteFactor, ResearchBIB, İdealonline tarafından dizinlenmektedir.

<https://dergipark.org.tr/en/pub/asbid>






- The Relationship Between Recreational Awareness and Life Satisfaction of Young People Participating in Activities in Youth Centers**
Gençlik Merkezlerinde Etkinliklere Katılan Gençlerin Rekreatif Farkındalık ile Yaşam Doyumu Arasındaki İlişki 615-628
Metin YILDIZ^{ID}, Abdurrahman KIRTEPE^{ID}
DOI: <https://doi.org/10.38021/asbid.1525484> ORIGINAL ARTICLE
- E-Spor Oyuncularının Dijital Oyun Bağımlılıkları ile Kompulsif Spor Tüketimi Özelliklerinin İncelenmesi**
Investigation of Digital Game Addiction and Compulsive Sports Consumption Characteristics of E-Sports Players 629-640
Volkan YILMAZ^{ID}, Murat AYGÜN^{ID}
DOI: <https://doi.org/10.38021/asbid.1538439> ORIGINAL ARTICLE
- The Correlation between Force/Power Related Gene Polymorphisms and Explosive Power in Elite Turkish Female Volleyball Players**
Elit Türk Kadın Voleybolcularda Kuvvet/Güç ile Bağlantılı Gen Polimorfizmleri ve Patlayıcı Kuvvet Arasındaki İlişki 641-654
Esin ERGİN^{ID}, Nurten DİNÇ^{ID}, Selda BEREKET-YÜCEL^{ID}, Tahir ATİK^{ID}, Esra IŞIK^{ID}
DOI: <https://doi.org/10.38021/asbid.1545958> ORIGINAL ARTICLE
- Examination of Athletic Identity and Perceived Stress Levels of Candidates Taking the Exams for the Faculty of Sports Sciences**
Spor Bilimleri Fakültesi Sınavlarına Giren Adayların Sporcu Kimliği ve Algılanan Stres Düzeylerinin İncelenmesi 655-666
Turan ÇETİNKAYA^{ID}
DOI: <https://doi.org/10.38021/asbid.1543586> ORIGINAL ARTICLE
- Rekreasyon Bölümünde Öğrenim Gören Öğrencilerin Rekreatif Liderlik Davranışlarının İncelenmesi**
Investigation of Recreational Leadership Behaviors of Students Studying in Recreation Department 667-678
Batuhan ORDU^{ID}, Savaş DUMAN^{ID}, Sinem ULUÇ^{ID}
DOI: <https://doi.org/10.38021/asbid.1530494> ORIGINAL ARTICLE
- The Effect of Traditional and Suspension Strength Training on Motor Skill Development in Regular Exercisers**
Düzenli Egzersiz Yapan Bireylerde Geleneksel ve Süspansiyon Kuvvet Antrenmanlarının Seçilmiş Motorik Becerilere Etkisi 679-692
Orçun ÇAĞLAYANSUDUR^{ID}, Murat TUTAR^{ID}, Yeliz (YOL) PEHLİVAN^{ID}, Erdal BAL^{ID}, Atakan ÇAĞLAYAN^{ID}, Hakan SUNAY^{ID}
DOI: <https://doi.org/10.38021/asbid.1565573> ORIGINAL ARTICLE
- Türkiye’de Öğrenim Gören Yabancı Uyruklu Üniversite Öğrencilerinin Fiziksel Aktivite Düzeyleri ile Mutluluk Düzeylerinin İncelenmesi**
Investigation of the Physical Activity Levels and Happiness Levels of Foreign University Students in Türkiye 693-705
Mustafa KOÇ^{ID}, Efcan TEZCAN^{ID}, Mine KOÇ^{ID}, Turan ÖZDEMİR^{ID}
DOI: <https://doi.org/10.38021/asbid.1549565> ORIGINAL ARTICLE
- Motivational Factors for Running an Ultramarathon as a Recreational Activity**
Rekreatif Amaçlı Bir Aktivite Olarak Ultramaraton Koşmaya Yönelik Motivasyon Faktörleri 706-723
Serkan DÜZ^{ID}, Ayşe Eda KINACI^{ID}, Rabia Hürrem ÖZDURAK-SINGİN^{ID}, Burak TOZOĞLU^{ID}
DOI: <https://doi.org/10.38021/asbid.1555510> ORIGINAL ARTICLE

Investigation of Sports Commitment Levels of Individuals Benefiting from Private Sports Facilities in Terms of Various Variables

Özel Spor Tesislerinden Yararlanan Bireylerin Spora Bağlılık Düzeylerinin Çeşitli Değişkenler Açısından İncelenmesi

724-734


Sefa YILDIZ , Mustafa Soner YÜCE , Kenan KOÇ 
DOI: <https://doi.org/10.38021/asbid.1560488>

ORIGINAL ARTICLE

Beden Eğitimi Öğretmenlerinin Denetime Yönelik Tutumları ile Psikolojik İyi Oluş Algıları Arasındaki İlişkinin İncelenmesi

Investigating the Relationship Between Physical Education Teachers' Attitudes to Supervision and Psychological Perceptions of Well Being

735-753



Orhan KIRIKOĞLU , Nurcan DEMİREL 
DOI: <https://doi.org/10.38021/asbid.1564946>

ORIGINAL ARTICLE

Performans Esnasındaki Üst Bilişsel Süreçler: Ölçek Uyarlama Çalışması

Metacognitive Processes during Performance: Practice of Scale Adaptation

754-767




Beytullah GÜRSAL , Engin GEZER 
DOI: <https://doi.org/10.38021/asbid.1571801>

ORIGINAL ARTICLE

Merkezi Yerleştirme ile Spor Yöneticiliği Okuyan Öğrencilerin Spora Bağlılık ve Fiziksel Aktivite Düzeylerinin İncelenmesi

Examining the Sports Commitment and Physical Activity Levels of Students Studying Sports Management with Central Placement

768-781

Uğur ALEMDAR , Öznur AKPINAR , Melek GÜLER 
DOI: <https://doi.org/10.38021/asbid.1571955>

ORIGINAL ARTICLE

Er Meydanından Beyaz Perdeye: Pehlivan

Pehlivan: From the Field of Contest to the Silver Screen

782-811



Ünsal Yılmaz YEŞİLDAL , Süleyman UZKUÇ 
DOI: <https://doi.org/10.38021/asbid.1568275>

ORIGINAL ARTICLE

The Evolution of Mentorship in Sports: Its Impact on Performance and Presence in the Sports Public Sphere

Spor Mentörlüğünün Evrimi: Performans Üzerindeki Etkisi ve Spor Kamuoyundaki Yeri

812-826

Yavuz ÖNTÜRK , Robert C. SCHNEIDER 
DOI: <https://doi.org/10.38021/asbid.1572675>

REVIEW

Suos cultores scientia coronantur