



From the Editor

Dear Readers,

It is with great pleasure that we present to you the latest issue of the Turkish Psychological Counseling and Guidance Journal, encompassing a diverse range of scholarly articles and research contributions. In this issue, we continue to uphold our mission of advancing the field of psychological counseling and guidance, fostering both academic discourse and practical applications.

The current issue highlights critical themes including therapeutic alliances, psychological well-being, resilience in youth, and the implications of parenting styles on children's development. The papers featured underscore the importance of interdisciplinary approaches, reflecting the dynamic and evolving nature of our field.

Among the key contributions in this volume, notable works delve into:

The nuanced relationships between humor styles and mental health outcomes, offering insights into how humor contributes to psychological resilience. The adaptation and validation of instruments such as the Alliance Negotiation Scale, emphasizing the cultural contexts and unique needs of Turkish-speaking populations. Investigations into the challenges faced by mothers of children with special needs during the COVID-19 pandemic, providing invaluable perspectives on caregiving burdens and social support mechanisms. This issue also includes a comparative exploration of online versus face-to-face supervision in individual counseling practices, addressing timely topics in a post-pandemic world where digital transformation in counseling continues to expand.

We extend our heartfelt gratitude to all contributing authors, reviewers, and the editorial team for their unwavering dedication to academic excellence. Your efforts ensure that this journal remains a trusted resource for practitioners, educators, and researchers.

We invite our readers to engage with the content of this issue, reflect on the findings presented, and consider their implications for both practice and further research. Your feedback and scholarly contributions are always welcome as we strive to address the evolving challenges and opportunities within the domain of psychological counseling and guidance.

Warm regards,

Prof. Dr. Metin PİŞKİN
Editor-In-Chief