

EDITORIAL PREFACE

Dear readers,

The fields of treatment in physiotherapy have diversified over time due to global changes, evolving technology, and shifting needs in sustaining health. Educational approaches to physiotherapy practices, principles of working transdisciplinary with other healthcare professionals, patient selection, informing patients and their families, post-application patient follow-up, and consequently, lifelong active learning have become increasingly crucial. Alongside acquiring clinical knowledge and skills in these areas, there's a clear necessity for research and development processes to ensure that applications are performed with the expected competency and proficiency. The contribution of evidence-based practices resulting from research and development processes to the advancement of physiotherapy and rehabilitation sciences is not only significant and necessary for individual patients or illnesses but also for healthy individuals and society.

At Hacettepe University, Faculty of Physical Therapy and Rehabilitation, we express our happiness in publishing our faculty journal, not only focusing on the educational processes we value but also contributing to evidence-based practices in research and development and societal contributions. We aim to contribute to science and literature through evidence-based practices, explore intriguing subjects from different perspectives, develop innovative ideas, and discuss current approaches in maintaining the well-being of both patients and healthy individuals.

In the centenary year of our Republic, with the inaugural publication of our journal, we are delighted to present five research articles to our readers. I extend my gratitude to the scientists, referees, and esteemed members of our journal committees who have shared their work with us in this inaugural issue.

I extend my respects, hoping that the first issue of the journal of the first Faculty in Turkey, which has embarked on its publishing journey, will be beneficial to our students, colleagues, professionals working in the field of physiotherapy and rehabilitation, and the community.

Kind regards.

On behalf of the Editorial Board
Özlem Ülger PT PhD Prof
Editor-in-Chief