

EDITORIAL PREFACE

Dear readers,

The science of physiotherapy and rehabilitation is constantly evolving and strengthening with scientific innovations and technological advancements. Academic studies in our field play a crucial role in enhancing the quality of life for healthy individuals and patients, optimizing physiotherapy and rehabilitation processes, and developing new treatment approaches.

In this context, this journal, published with the valuable contributions of esteemed academicians, aims to bring together the latest research, clinical approaches, and scientific developments in the field of physiotherapy and rehabilitation. The widespread adoption of evidence-based practices will be one of the most significant steps in deepening the scientific foundation of our field and increasing its clinical effectiveness.

In this issue, we present articles focusing on new exercise approaches shaping our field, innovations in rehabilitation technologies, and the impact of multidisciplinary studies on health. Sharing and discussing academic knowledge are among the most fundamental elements of scientific progress. Therefore, we hope that each issue of our journal serves as an academic platform that contributes to the advancement of our field.

I would like to express my gratitude to the researchers who have contributed as authors in this issue for their dedication to science and education. I also extend an invitation to all academicians and researchers who wish to contribute to knowledge production to share their work and join our journal, which provides an opportunity for scientific dialogue.

We are all witnessing how technological advancements and multidisciplinary approaches are transforming rehabilitation processes in modern physiotherapy and rehabilitation science. With the vision of our journal, we will continue to contribute to the development of innovative approaches in our field.

Looking forward to meeting you between the lines.

Kind regards.

On behalf of the Editorial Board
Özlem Ülger PT PhD Prof
Journal of H.U. Faculty of
Physical Therapy and Rehabilitation,
Editor-in-Chief