

VOLUME: 5 ISSUE: 1
E-ISSN: 2757-7643

MARCH 2025
<https://dergipark.org.tr/tr/pub/gtatder>

**GELENEKSEL VE TAMAMLAYICI
ANADOLU TIBBİ DERGİSİ**

**JOURNAL OF TRADITIONAL AND
COMPLEMENTARY ANATOLIAN
MEDICINE**



**SAKARYA
UNIVERSITY**

The Owner on Behalf of Sakarya University

Prof. Dr. Hamza Al
Sakarya University, Sakarya - Türkiye

Editor in Chief

Yusuf Yürümez
Faculty of Medicine
Sakarya University
Sakarya - Türkiye
yyurumez@sakarya.edu.tr

Assistant Editor

Ertuğrul Güçlü
Faculty of Medicine
Sakarya University
Sakarya - Türkiye

Süleyman Kaleli
Faculty of Medicine
Sakarya University
Sakarya - Türkiye

Editorial Board

Hüsamettin Vatansev
Faculty of Medicine
Selçuk University
Konya - Türkiye

İbrahim İkizceli
Cerrahpasa Faculty of Medicine
Istanbul University
Istanbul - Türkiye

Hanefi Özbek
Faculty of Medicine
Usak University
Usak - Türkiye

Hial Uslu Yuvacı
Faculty of Medicine
Sakarya University
Sakarya - Türkiye

Havva Sert
Department Internal Diseases Nursing
Sakarya University
Sakarya - Türkiye

Oğuz Karabay
Faculty of Medicine
Sakarya University
Sakarya - Türkiye

Technical Review Board

Meryem Pelin
Department of Mental Health Nursing
Sakarya University
Sakarya - Türkiye

Layout Editor

Mehmet Emin Çolak
Scientific Journals Coordinatorship
Sakarya University
Sakarya-Türkiye
mehmetcolak@sakarya.edu.tr

Yakup Beriş
Scientific Journals Coordinatorship
Sakarya University
Sakarya-Türkiye
yakupberis@sakarya.edu.tr

Contents

Research Article

- 1 Kadim Çağlardan Günümüze Tedavide Tıbbi ve Aromatik Bitkilerin Rolü
The Role of Medicinal and Aromatic Plants in the Treatment From Ancient Times
Aksanur Gökçe, İlkay Erdoğan Orhan 1-13
- 2 Prenatal Dönemde Haptonomi: Duygularla Bebeğ Dokunmak
Haptonomy in the Prenatal Period: Touching the Baby with Emotions
Tuğba Karabiber, Melek Balçık Çolak 14-21