



From the Editor

Dear Readers,

It is a great pleasure to present to you the latest issue of The Turkish Psychological Counseling and Guidance Journal. In this issue, we feature a wide array of high-quality, original research that reflects the rich and evolving landscape of psychological counseling and guidance. As always, our goal is to support the development of the field through rigorous scientific inquiry and to create a platform for sharing knowledge, practices, and perspectives that contribute to individual and societal well-being.

This issue includes important contributions addressing proactive career development, psychological resilience, trauma intervention skills, online therapy practices, and emerging psychological constructs such as ecopsychological sensitivity. The development and validation of new measurement tools—including the Proactive Career Behaviors Scale, the Ecopsychological Sensitivity Scale, and Turkish and Arabic versions of international instruments—demonstrate our community’s commitment to culturally relevant research and evidence-based practice.

The articles also touch on critical social and developmental themes such as early-life negative experiences, self-compassion, loneliness, premarital relationship education, post-divorce adjustment, and youth engagement in terrorism. Together, these works contribute to a deeper understanding of the human experience across various life domains and contexts.

This year also holds a special place in the history of our field. We are proud to celebrate the 60th anniversary of the establishment of the first Department of Guidance and Psychological Counseling in Turkey, founded in 1965 at the Faculty of Educational Sciences, Ankara University. This foundational step marked the beginning of structured counselor education in our country, with the first undergraduate students admitted in 1969. Over the past six decades, the department has nurtured countless professionals, researchers, and educators who have significantly shaped the theory and practice of psychological counseling and guidance.

To commemorate this meaningful milestone, the 26th International Psychological Counseling and Guidance Congress will be hosted by Ankara University from June 13 to 15, 2025. This congress will be a valuable space for academic exchange, reflection, and celebration. I warmly invite all colleagues, scholars, and professionals in the field to join us at this special event. Your participation will not only honor the legacy of our profession but also contribute to shaping its future.

I would like to express my heartfelt thanks to our authors, reviewers, and editorial team for their dedication and contributions. I hope this issue inspires new ideas, collaborations, and continued passion for advancing psychological counseling and guidance both in Turkey and around the world.

Warm regards,

Prof. Dr. Metin PIŞKİN
Editor-In-Chief