

# MARMARA MEDICAL JOURNAL

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#### **Instructions to Authors**

#### **About Journal**

The Marmara Medical Journal, Marmara Med J, is a multidisciplinary, academic publication of Marmara University, School of Medicine. It is an open access, double blind peer-reviewed journal. It publishes manuscripts that focus on clinical and laboratory medicine, health care policy and medical education, ethics, and related topics. It includes original research papers, case reports, reviews, articles about clinical and practical applications and editorials, short reports, letters to the editor and occcasionally a photo-quiz.

The Marmara Medical Journal is continuously published since 1988 and its archive with full-text manuscripts can be reached under www.dergipark.org.tr/marumj/archive.

Frequency: Three times a year (January, May, October)

#### Year of first print issue: 1988

**Year of first online issue:** 2004 (Between 2004 and 2011 the Journal was published solely in an electronic format.)

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#### Aims and Scope

The Marmara Medical Journal, Marmara Med J, is a peer-reviewed, multidisciplinary academic publication of Marmara University, School of Medicine, which is authored by physicians both nationally and internationally.

The journal aims to publish papers of general interest relating to advances in medical practice and novel treatments that will be of interest to general practitioners, medical students, and senior practitioners and specialists. Marmara Medical Journal also aims to publish all types of research conducted by medical students.

MARMARA

**MEDICAL JOURNAL** 

The Marmara Medical Journal is among the most widely read and cited scientific publications for physicians among journals of its kind nationally and increasingly gaining new readers and authors internationally with its English only format since 2016.

The journal consists of manuscripts on recent developments in general and internal medicine and new methods of treatment based on original research. We greatly welcome research papers, case reports, reviews and occasionally a photo-quiz of an interesting medical encounter in English, only.

Each manuscript is strictly assessed by a select Editorial Board. and refereed critically by two or more reviewers, at least one from another institution. The editor reserves the right to reject or to return the manuscript to the author(s) for additional changes.

Special review issues with invited editors are published since 2015 to focus on specific areas of medicine to bring recent data into attention covering multiple aspects of the chosen topic. Marmara Medical Journal welcomes and encourages physicians from all over the world to publish a special review issue on the topic of their preference as an "Invited editor" to collaborate with authors on the same focus area with the aim of increasing scientific collaboration via publishing.

The Marmara Medical Journal has an open access policy. All articles in the journal are permanently available online for all to read.

#### **Author Guidelines**

The Marmara Medical Journal publishes original scientific research papers, case reports, manuscripts about clinical and practical applications and editorials, short reports, letters and occasionally a photo-quiz.

Manuscripts submitted under multiple authorship are reviewed on the assumption that all listed authors concur with the submission and that a copy of the final manuscript has been approved by all authors and tacitly or explicitly by the responsible authorities in the laboratories where the work was carried out.

Manuscripts are accepted for review with the understanding that no substantial portion of the study has been published or is under consideration for publication elsewhere.



The Marmara Medical Journal is in compliance with the Uniform Requirements for Manuscripts Submitted to Biomedical Journals created by International Committee for Medical Editors ( ICMEJ link), the World Association of Medical Editors (WAME), the Council of Science Editors (CSE), the Committee on Publication Ethics (COPE) and the European Association of Science Editors (EASE).

# **Preparation of the Manuscript**

1. Manuscript files must be prepared in Word, WordPerfect, EPS, LaTeX, text, Postscript, or RTF format. Figures/Images should be embedded in the manuscript file or sent as external files in TIFF, GIF, JPG, BMP, Postscript, or EPS format.

2. Manuscripts should be approximately 20-25 pages double-spaced, including references, with margins of 2.5 cm.

Pages should be numbered consecutively and organized as follows:

- 1. Title Page
- 2. Abstract
- 3. Keywords
- 4. Introduction
- 5. Materials and Methods
- 6. Results
- 7. Conclusion
- 8. References

# 1. Title Page

The title page should contain the article title, authors' names and academic or professional affiliations, and the address for manuscript correspondence (including e-mail address, Open Researcher and Contributer ID (ORCID) identifier, telephone and fax numbers).

# 2. Abstract

Abstract of not more than 200 words must be included. The abstract should be divided into the following sections: Objective, Materials and Methods, Results and Conclusion,

# 3. Keywords

Three to six keywords should be supplied below the Abstract and should be taken from those recommended by the US National Library of Medicine's Medical Subject Headings (MeSH).

http://www.nlm.nih.gov/mesh/meshhome.html

# 4. Introduction

State why the investigation was carried out, note any relevant published work, and delineate the objective of the investigation.

# 5. Materials and Methods

New methods or significant improvements of methods or changes in old methods must be described. Methods for which an adequate reference can be cited are not to be described, except for providing information about the aims of the method. Details regarding animal housing conditions should be given. All clinical studies must contain :

1. A statement that all experimental protocols have been approved by the Ethical Committee of the Institution prior to the commencement of the studies,

2. A statement that all participants gave informed consent.

# 6. Results

Duplication between the text of this section and material presented in tables and figures should be avoided. Tabular presentation of masses of negative data must be avoided and replaced with a statement in the text whenever possible. The results must be presented clearly, concisely and without comment.

# 7. Discussion

The discussion should begin with a brief summary of the findings, followed by the following: how this study is similar or different from prior studies with regards to methods and results and limitations of this study. This section must also relate the significance of the work to existing knowledge in the field and indicate the importance of the contribution of this study.

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i. Yazici D, Taş S, Emir H, Sunar H. Comparison of premeal mixed insulin three times daily and basal – bolus insulin therapy started post-operatively on patients having coronary artery bypass graft surgery. Marmara Med J 2011; 25:16-9.doi: 10.5472/ ii. Walker M, Hull A. Preterm labor and birth. In: Taeusch HW, Ballard RA, eds. Avery's Diseases of the Newborn. Philadelphia: WB Saunders, 1998: 144,153.

iii. Hagström H, Nasr P, Ekstedt M, et al. Fibrosis stage but not NASH predicts mortality and time to development of severe liver disease in biopsy-proven NAFLD. J Hepatol 2017; 67: 1265-73. doi: 10.1016/j.jhep.2017.07.027.

iv. WONCA Ad Hoc Task Force on Tobacco Cessation.

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Units will be in general accordance with the International System (SI) as adopted by the 11th General Conference on Weights and Measures.

# **Ethical Issues**

Compliance with the principles of the last version of the Declaration of Helsinki for humans and the European Community guidelines for the use of animals in experiments is accepted as a policy by the Marmara Medical Journal. Studies involving human or animal subjects should conform to national, local and institutional laws and requirements. Manuscripts which do not properly consider ethical issues for humans or animals will not be accepted for publication.

http://www.wma.net/e/policy/b3.htm

#### **Double-blind Review**

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#### **Funding Source**

All sources of funding should be declared as an acknowledgment at the end of the text.

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a) Marmara Medical Journal requires that investigations performed on human subjects have the prior approval of the Institutional Ethics Committee on Human Experimentation. Authors are required to submit a signed statement as to the date and details of the appropriate review. The authors must state that the investigation conforms with the principles of Declaration of Helsinki.

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Copyright Release Form must be read and signed by all authors.

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#### Authorship

It is the responsibility of every researcher listed as an author of a manuscript in Marmara Medical Journal to have contributed in a meaningful and identifiable way to the design, performance, analysis, and reporting of the work and to agree to be accountable for all aspects of the work.

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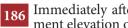
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