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Use the "Styles" feature of the Word program while preparing the tables. Tables, figures, pictures, graphics, and similar aspects should be embedded in the text and not provided as appendices. Please locate tables as editable text and not as images; however, figures might be presented in different forms, such as images. While generating tables, ensure that the indentation under the paragraph tab is as follows: before and after 0, single spacing. Tables and figures should be left aligned, and the text wrapping feature should be turned off. In the "auto-fit" option in tables, the "auto-fit to window" option must be selected. The "center" option must be selected in the table properties section in the alignment option. In the vertical alignment option in the cell section, the "center" option should be selected.

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**Table 1.** Demographic characteristics of the participating high school students

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| --- | --- | --- | --- |
| **Variable** | **Category** | **f** | **%** |
| Grade Level | Fifth | 10 | 20,9 |
| Sixth | 133 | 26,9 |
| Seventh | 128 | 25,9 |
| Gender | Female | 276 | 55,9 |
| Male | 218 | 44,1 |
| Mother’s Educational Background | Uneducated | 25 | 5,1 |
| Primary | 172 | 34,8 |
| Middle school | 177 | 35,8 |
| Secondary | 98 | 19,8 |
| Graduate or post-graduate | 22 | 4,5 |
| Father’s Educational Background | Uneducated | 10 | 2 |
| Primary | 112 | 22,7 |
| Middle school | 158 | 32 |
| Secondary | 166 | 33,6 |
| Graduate or post-graduate | 48 | 9,7 |

Table and figure numbers should be typed in Lato, font size 9 as “**Table 1**” or “**Figure 1**” (as bold). Still, the remaining text in the headings of the tables and figures should be standard as “**Table 1.** Demographic characteristics of the participating high school students”, with only the initials in capital letters, excluding conjunction words, articles, and prepositions. Table and figure numbers should be typed in Lato, font size 9 as “**Table 1**” or “**Figure 1**” (as bold). However, the remaining text in the headings of the tables and figures should be standard as “**Table 1.** Demographic Characteristics of the Participating Middle School Students” with only the initials in capital letters, excluding conjunction words, articles, and prepositions. Table and figure numbers should be typed in Lato font size 9 as “**Table 1**” or “**Figure 1**” (as bold). However, the remaining text in the headings of the tables and figures should be standard as “**Table 1.** Demographic Characteristics of the Participating Middle School Students” with only the initials in capital letters, excluding conjunction words, articles, and prepositions.

2.3. Measures

The Methods section needs to include the research design or the type of the study (cross-sectional, longitudinal, survey, experimental, ethnographic, etc.), the description of the sampling procedure (including the description of the population), or the selection of the study group, data collection instruments and procedures, data analysis, and the issues of validity, reliability, and ethics.

2.3.1. Earthquake Obsession Scale

The Methods section needs to include the research design or the type of the study (cross-sectional, longitudinal, survey, experimental, ethnographic, etc.), the description of the sampling procedure (including the description of the population), or the selection of the study group, data collection instruments and procedures, data analysis, and the issues of validity, reliability, and ethics. The Methods section needs to include the research design or the type of the study (cross-sectional, longitudinal, survey, experimental, ethnographic, etc.), the description of the sampling procedure (including the description of the population), or the selection of the study group, data collection instruments and procedures, data analysis, and the issues of validity, reliability, and ethics.

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The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. The Results section should introduce the research results in texts, tables, and figures, as well as the interpretation of these results. All figures and tables should be cited in the main text as Figure 1, Table 1, etc. Figures should be at least 300 DPI.

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Açıklama otomatik olarak oluşturuldu

**Figure 1.** The moderating effects of age and self-esteem on the direct relationship between social media addiction and academic procrastination

3.1. Subheading

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| **Ethical Considerations:** |
| **Author Biographies** |
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