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Declaration

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Mother's Rights is the Supreme Right

19th April 2013, 1st Friend of Children and Neonatal Congress, at General Meeting

19-22th September 2013, XIV. Perinatology Congress

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Turkish World, Application and Research Center, Journal of Neonatology; 1:5-10, 2016

Breast Feeding is Vital Right for Baby and Mother

First 1000 Days, 4. Congress, General Meeting, 5th March 2016, Ankara, Turkey

Turkish World, Application and Research Center, Journal of Neonatology; 1:11-14, 2016

Introduction

Breastfeeding is essential for a mammalian, Human being, Growth and Development

For growth and development of an infant/baby as a mammalian species, the Right of Life and vitality is established by breastfeeding, thus, more than a nutrition. This is the indication of the BREASTFEEDING is honored, esteem act as at this Declaration.

At the 1st 1000 Days Congress at 1917, meeting, The Innocenti Declaration, based the breastfeeding is a part of support and care, thus as meaning innocent, not guilty, natural up to this act is the Breastfeeding is Honorable Act, as indicating honor of a mother, as mother and infant/baby relation, natural right, the meaning is humanistic and importance for general perspective.

Establishing of breast-feeding

Breastfeeding is vital right for mammals

From birth, to survive and to be vital, mammals must be fed by breastfeeding, essential for all the requirements, and thus, meaning a Vital Right of the Baby and also to mother. To overcome any application or procedures against of breastfeeding, this indications of BREASTFEEDING IS HONORABLE ACT is required below.

First ethical principles at the action is, primum non nocere/primary not cause any harm, thus, at Turkish Criminal Law aim is to protect from conforming crime. Ethical parameters under the beneficence perspective, for baby and mother considerations, social, cultural and communicative aspects.

Breastfeeding as an action, must be continuously only nutrition for 6 months, up to first year. The breastfeeding ration is dropped up to 19% at the 6th months, is critical point, thus, breastfeeding is approved for the problems and widely be indicated under this protocols. Those are;

1-Ongoing the breastfeeding. National and International perspectives, for individual and for family or community concepts, breastfeeding and ongoing of the feeding, every positive manner and supportive procedures must be done, support and effective and efficient acts be done.

The Procedures of Baby Friend Hospital's

1. Educate all the medical staff, for information and professional performing
2. Health care given medical staff, be related applicable and performing the breastfeeding
3. All the pregnant mother be given the knowledge of the benefit of breastfeeding.
4. At the first 30 minutes after delivery, nipple be holding at the mouth, for the starting breastfeeding, for oxytocin released, supporting and performing it.
5. Even if the mother is away of the baby, how the storage of mother's milk be taken in protection.
6. Under medical requirements, only and alone the baby's mother's milk be given.
7. Be with the same room with mother and infant, (rooming in) and keep together after discharge, at least 24 hours.
8. Upon demand, request, give advices and supporting procedures to the breastfeeding.
9. Not giving any pacifier or artificial breast imitation, to the newborn infant.
10. After discharge at the hospital, clinics or other delivery rooms, support the breastfeeding communities, groups for supporting giving information and communications and constitutional center of breastfeeding.

WBW= World Breastfeeding Week 1st August is the World Breastfeeding Day, so education and valuation of this day, by community get together facilities, individual and common, progress of education at new perspectives.

2-Succes at Breast-feeding. Concerning on Breastfeeding, 10 steps of commandments for informative, clear and net indications be at seen position and the succession steps be indicated.

1. All the Health Staff be included
2. Performing is the concept of breastfeeding
3. Educate the mothers at gestational stage/period
4. First oxytocin releasing at 30 minutes, at the second active period, starting, and later at the third hour, the nutritional feeding.
5. Breastfeeding is learned process, so teach to mothers, even the child is not their one.
6. Only medical obligatory reasoning can allow another or supplementary nutrition
7. Rooming-in essential
8. To positive consideration on mother's milk
9. Not give pacifier
10. Supportive team be advisory for the mothers

3-Vital importance. All National, International and Human Rights concepts, thus at ethical principles and all human resources, breastfeeding be actively performed, and constructional one, and essential for vital requirements and be accepted and mentioned obviously.

4-Proceeding of breastfeeding. For performing and continuing the breastfeeding at actional reality, upon the payment is also included, free time for caring infant and also breastfeeding time must be given to the mother, as a natural right to have.

Active Performing of the Breastfeeding

All the places in this Universe, is suitable and be applicable for breastfeeding.

1) Breastfeeding is baby and mother's right. Every female, suitable for breastfeeding is included, for this concept

2) Supporting of breastfeeding is natural conditional status. As a principle rule, the breastfeeding must be supported, grounded on natural right, applied and be advisable one.

3) Not any artificial nutrition is advised. Other artificial nutrition will not be acceptable as routine and mentioned the harm and risk of it.

4) Mother's health is under consideration. Mother's life be on top, for herself and for infant, as healthy and be on social and family consideration also.

5) For emergency, stored mother's milk be keep at hand. For emergency situations, mother's milk be given, thus, before the stored milk be at ready being at the refrigerator. The collection be properly be at eagerness.

6) If essential, suction the breast and given be under consideration. If breastfeeding cannot be applied, alternative, mother's milk given procedures be in action, even a drop be tried to open and continuing the gastrointestinal passage.

All the administrators, managers, responsible person and leaders be under this health staff be same consortium as stated

7) Breastfeeding is Baby's Natural Right. First, all the newborn infants has right to have breastfeeding or mother's milk. Thus, the requirement of breastfeeding be supported and serve and care applications, independent the individual situations, maximum energy be performed. Breastfeeding Right, all the family, environmental, rational, governmental and institutional perspectives ve cared, protected and served, and be applied basically, naturally, as a principles of Human Rights. For this purpose, National, baby, infant nutritional evaluation consideration, the mentioned conditions be strengthened and cooperative and communicative, and administrative effective and efficient purpose for further considering not individual advantage or benefit, independent committees be performed.

8) Baby Friend Hospital Concept be improved, day by day. The approach program/initiative of Baby Friendly Hospital (BFHI = **Baby Friendly Hospital Initiative**) be actively used, considered. The creative perspective be applied at the pregnancy, and at birth, newborn period and also childhood, for health and care facilities, under the community considering one. Baby Friendly Hospital innovative, from babies perspective and mother as a serving at first and helping their problems, solutions and resources for and be applicable.

9) Breastfeeding must be at the educated, trained subject. From minimum requirements, under International Principles and applications, and also performing, protecting and not any problems, effort be taken. At this perspectives, for mother, her baby, any applications, holding the baby, giving the nipple and squeezing the breast, as by love and respect what is doing is important contribution.

10) At least 6 months be breastfeeding only. For 6 mounts only breastfeeding be actively performed, and mother's health and care, serve is also be obviously done. The feeling, emotion of mother, making empathy, the perfection be by the individual concepts, not any obligations and pressure, thus, love can only be by such efforts.

11) Supporting and consultation of breastfeeding is crucial. All the medical aids, from health staffs, be on breastfeeding perspective, for support, consultation and performing at the real time, factually and educationally gaining skills, even at home and after delivery at hospital, can also help to overcome the problems.

12) Basic Vital Right must be given to Baby. All the mothers, first the Right of Live, and basic fundamental of to be healthy, and by Human Rights, the information, the case dependent knowledge, not only theorems, thus for applicable and usefulness as solution-based approaches, and by support, care for solving the individual problems, by their consent.

13) Nutrition, breastfeeding is growth and development criteria. The feeding, the nutritional aspects of the babies and young children, infants, at the basis of individual demands and requirements, effective and satisfactory, and for social conditions of baby and mother is also considered under community bases, demands, advices and some unmedical conditions be enlightened.

14) Breastfeeding is social status, condition. The basics, the groundings of the breastfeeding, is the essential principle and concept and this perceiving and awareness, be supported even by multi-media, and Breastfeeding Weeks as a awareness of this vital right; breastfeeding.

15) Informative consent is required also. As an individual a baby, newborn infant, and from the perspective of mother, the protection and support, to serve and to care of the breastfeeding, applicable procedures be have taken in consideration. The common be aware of the pregnancy, and breastfeeding mother, for sanitation, environmental health, and other negative ones be overcome and protected to be effective, be

informative and the residuals of chemical compounds, and nutritional facts ve evidence based information be given.

16) Breastfeeding is general/global strategies. The resources, publications and articles be taken and used, for progress of this concept, as an activity of Global Strategy.

17) Follow up and progressing be observed. From the perspective of follow up, continuously at a program, the following of the growth and development at a continually, evaluation and assessment of development for positively.

Full support standpoint must ve required

Baby Friend Hospital Requirements as indicated above

WBW= World Breastfeeding Week 1st August the World Breastfeeding Week, by this day/week, be active on contribution.

All the producers, distributers and commercial and using person, under the Universal Codes/Principles, supporting the breastfeeding, application, performing and support and care by continuing, ongoing approaches.

18) Must be under International standards. From the International perspective, the breastfeeding aspect, be for full perspectives. The pleasure, contentment and progression be over at the standards, and all the applicable ones be more than satisfaction.

19) All the foods, nutritional ones, even for people, mother and infant, be under medical/food Codex. All the foods and nutritional products ve under the regulation of Codex Alimentarius standards. This concern all the person, individuals, women, children, infants, babies, and concern at the applications and be at the top requirements, not at basic level.

All financial items and any near subject concerning breastfeeding be under the consideration of these subjects

20) Contribute the family by economic benefit. Optimal breastfeeding and nutritional requirements be established, grounding on the health of mother situation, nutritional perspectives, as feeding, applications, preparing the food, consumption, production and following the feeding as a demand of taste at benefit to health, economically be contributed, sociology and progression at this concepts be indicated and familiar at this facts.

21) Breastfeeding is individual, family and common concept. From individual, family and community perspective, the formulation and application and follow up the infant and developing perspectives for nutritional contribution and as Baby Friendship Initiatives and be done according to this notions.

22) Breastfeeding is for baby growth, development and progressing consideration. For the Global strategy, newborn infant as a personal fact and mother, the progression fields and capacity requirements be supported by techniques and educational perspectives for upon the developing concepts.

23) Breastfeeding must be supported by positive, humanistic perspective. Applicational approach of the breastfeeding, research and evaluation and implication of support and performing at growth and development, thus, application of breastfeeding is important then theoretical methodology.

24) Breastfeeding must be in educational programs, at every manner. Education programs for giving knowledge, practice, and applicational and be on real at the breastfeeding, progressing and continuing and outcoming for continuous processing for benefit of

infant and mother. Upon at economically contribute the financial at family, reducing the poorness facts as diseases, and value production at the community is several contribution aspects.

Commercial approach and governmental, other institutes and organizations

25) Medical staff must be at proficiency on breastfeeding application.

The education of health staffs, for mother's milk and breastfeeding, and contribution for community resources, cooperation and contribution facilities be increased and progressed, and be continuing as a basis of Fundemantal nutritional facts, and breastfeeding concepts be taken and caring and also serving, be supported and serving as a real factual habit.

26) Opposition to breastfeeding is a must be a crime. If not suitable and fit to the International Principles, and any information, any knowledge is not acceptable, negative or against the concept of breastfeeding, not to be silent, be contrary and legal, thus ethical considerations and be counteract remedies be done.

27) Breast feeding is not meaning a benefit concept, profitable one.

From protection of any commerce, advertisement and such beneficence procedures, conflict of personal use, administrations have to be consultation and be at the breastfeeding supporting team, and the medical staff be by their infants, be not at the point of conflict at this item, breastfeeding.

Conclusion

Breastfeeding is more than feeding the baby by mother's milk, it is a social, cultural and general humanity confrontation aspects. Several humanity items be related by mother's milk and breastfeeding. The first ethical principles be educates by breastfeeding, natural contentment, pleasure and satisfaction apart of the nutrition.

"*Mother's Milk is ideal and feed your baby, by breastfeeding*" notice is not adequate and required the forwarding result, as increasing ratio of the breastfeeding act. At the medicine application, the education be not only giving the information, thus the practice and be proficiency on breastfeeding be essential. The mother be taken advice, the consultation and even be gaining of put into practice at it.

For this point of view "*Breastfeeding is not guilty/innocent*" concept is not appropriate, the fact be as noticed as "*Breastfeeding is an honorable act*" must be the reality and natural fact. **Innocenti Declaration** indicated as, this is newly established, by Breastfeeding is an individual Right, Baby Right, as in consideration.



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