Araştırma Makalesi / Research Article

Ornithofauna of Ardahan Province (Turkey)

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Abstract

In this research, bird species in Ardahan Province were examined. The research which kept nearly two years occurred between February 2017 and June 2018. Consequently on the observations 175 species and 2 subspecies were listed in 43 families. It was discovered that 40,7% (sp:72) of these species were residant, 27.7% (sp: 49) were summer visitors, 9.0% (sp: 16) were winter visitors and 22.6% (sp:40) were transit migrant species. Last assessment of these bird species consedering to IUCN criteria; it was seen that 1 species were EN (Endangered), 9 species were NT (Near Threatened), 5 species were VU (Vulnurable), 159 species were LC (Least concern) and 3 species was not in scope. In addition, important bird areas (Kura River, Çıldır Lake, Aktaş Lake, Putka (Sazara) Lake, Kuşuçmaz Lake, Lavaş Lake, Göle Plain and Ardahan Forests) were observed in Ardahan Province.

Keywords: Ardahan, Birds, Ornithofauna, Wetland.

Ardahan İli Ornitofaunası (Türkiye)

Özet

Bu araştırmada, Ardahan (Turkiye) İli'nin kuş türleri incelenmiştir. Yaklaşık iki yıl süren araştırma Şubat 2017-Haziran 2018 ayları arasında gerçekleştirildi. Gözlemler sonucunda 43 familyaya ait 175 tür ve 2 alttür listelendi. Bu türlerin % 40,7 (Tür: 72) Yerli, % 27,7 (Tür: 49) Yaz ziyaretçisi, % 9,0 (Tür: 16) Kış ziyaretçisi, % 22,6 (Tür: 40) Transit göçer olduğu belirlendi. Bu kuş türlerinin IUCN kriterlerine göre değerlendirilmesi sonucunda; 1 türün tehlike altında (EN-Endangered), 9 türün tehlikeye açık (NT-Near threatened), 5 türün Hassas (VU-Vulnerable), 159 türün düşük riskli (LC-Least concern) statüsünde ve 3 türün kapsamda olmadığı görüldü. Ayrıca Ardahan İli için kuşların yoğun görüldüğü önemli kuş alanları (Kura Nehri, Çıldır Gölü, Aktaş Gölü, Putka (Sazara) Gölü, Kuşuçmaz Gölü, Lavaş Gölü, Göle Ovası ve Ardahan Ormanları) da tespit edildi.

Anahtar kelimeler: Ardahan, Kuşlar, Ornitofauna, Sulak alan.

1. Introduction

Anatolia is highly rich in biodiversity due to the diverse geographical characteristics and the habitats. The endemism phenomenon, in addition to the rich diversity, enables the natural structure of Anatolia even more attractive. The diversity in natural structures causes Anatolia having a continental characteristic [1, 2].

Turkey, constituting a part of the Palearctic region, serves as the bridge between Europe, Asia and Africa on bird migration routes. Our country has a great importance for bird fauna because of having different climatic conditions and different habitats due to the geographical location. Turkey is quite rich also in terms of important bird habitats. Therefore, our country has a very important place for bird species [3].

Ornithological researches conducted in Anatolia date back to the 1880s. The general characteristics of the species observed in our country had been discussed in the study titled "Important Developments in Anatolian Birds", and the general species list was prepared in this report [4]. The first study in our country is "Turkey Birds" which has served as a valuable source for many years to the

*Sorumlu yazar: <u>erkanazizoglu@hakkari.edu.tr</u> Geliş Tarihi: 05.02.2020, Kabul Tarihi: 13.03.2020 ornithologists [5]. Different numbers reported on various dates for the bird list of Turkey is noteworthy. The number of bird species in 1990 was 421, while this number including the random species in 2015 was increased up to 513 [6-9]. Studies on the habitats of conservation and survival of the species increased with the acceleration of ornithological studies and a book titled "Turkey's Important Bird Areas" was published. The information on 79 Important Bird Habitats (IBH) within the boundaries of Turkey was presented in this study which was updated in 2004 [10,11].

Ardahan province has several wetlands that birds frequently visit. Çıldır Lake, Aktas Lake and Ardahan Forests which are among the Important Natural Habitats (INH), are located within the borders of Ardahan province and host many bird species [12]. Many sources indicated that Aktaş Lake is the only habitat in the country where *Pelicanus crispus* (Dalmatian pelican) and *Pelecanus onocrotalus* (Great white pelican) breed together [13, 14]. The region provides feeding and breeding opportunities to the species due the hosting many habitat types located in the transition zone of migratory birds. Thus, the region becomes one of the most frequently visiting places of birds. Therefore, the wetland potential and the bird species of the region have been considered worthy to investigate.

2. Material ve Methods

This study was conducted in Ardahan province between February 22, 2017 and June 26, 2018 (Figure 1). A total of 40 days of field study was carried out. The research material was the bird species living in the Ardahan province. The list of bird species for Ardahan province was prepared, and the migration status, IUCN criterion, Bern and CITES statuses of each identified species were also investigated. In addition, the important habitats and threats for birds within the province were also identified.

The methods used in detecting the birds of the area were Squares (Raster Carding) [15] and Observation along a Line Transect-Point Observation Method (Point Counts) [16]. Topographic map (scale 1: 25.000), land observation cards, binoculars, telescope, numerator, camera, GPS (Global Positioning System), marsh garments and diagnostic books were used in the studies [9, 18].

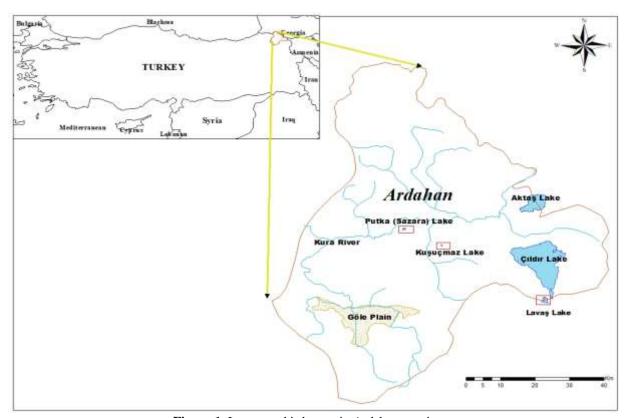


Figure 1. Important bird areas in Ardahan province

3. Results

A total of 177 birds, including 175 bird species belonging to 43 families and 2 (*Buteo buteo vulpinus*-Steppe Buzzard, *Motacilla flava feldegg*-Masked wagtail) subspecies were identified in the study area. The species determined in the study area composed of Residents 40.7%, (n: 72), Summer Visitors 27.7% (n: 49), Winter Visitors 9.0% (n: 16) and Transit Migrants 22.6% (n: 40).

The status of species according to IUCN criteria were identified as follows; 1 species is EN (Neophron percnopterus-Egyptian vulture), 4 species is VU (Aythya ferina- Common pochard, Aquila heliaca- Eastern Imperial Eagle, Streptopelia turtur- European turtle-dove, Branta ruficollis, Redbreasted goose) 10 species is NT (Pelecanus crispus- Dalmatian pelican, Aythya nyroca- Ferruginous duck, Gypaetus barbatus- Lammergeier, Aegypius monachus- Cinereous vulture, Falco vespertinus-Red-footed falcon, Lyrurus mlokosiewiczi- Caucasian grouse, Haematopus ostralegus-Eurasian oystercatcher, Vanellus vanellus-Northern lapwing, Larus armenicus-Armenian gull, Anthus pratensis-Meadow pipit) and 159 species is LC. Three species (Buteo buteo vulpinus- Steppe buzzard, Motacilla flava feldegg-Masked wagtail, Corvus cornix-Carrion crow) could not listed according to IUCN criteria (Table 1).

Table 1. Bird species and their status determined in Ardahan province

Family	Scientific Species Name	English Species Name	IUCN	CITES	Region Status
Podicipedidae	Tachybaptus ruficollis	Little Grebe	LC	Out of Scope	R
	Podiceps cristatus	Great Crested Grebe	LC	Out of Scope	R
	Podiceps grisegena	Red-necked Grebe	LC	Out of Scope	SV
	Podiceps nigricollis	Black-necked Grebe	LC	Out of Scope	R
	Ixobrychus minutus	Little Bittern	LC	Out of Scope	T
	Ardeola ralloides	Squacco Heron	LC	Out of Scope	SV
	Nycticorax nycticorax	Black-crowned Night-heron	LC	Out of Scope	T
Ardeidae	Bubulcus ibis	Cattle Egret	LC	Out of Scope	R
Ardeidae	Egretta garzetta	Little Egret	LC	Out of Scope	WV
	Ardea alba	Great Egret	LC	Out of Scope	T
	Ardea cinerea	Grey Heron	LC	Out of Scope	R
	Ardea purpurea	Purple Heron	LC	Out of Scope	T
Dalaganidas	Pelecanus onocrotalus	Great White Pelican	LC	Out of Scope	SV
Pelecanidae	Pelecanus crispus	Dalmatian Pelican	NT	Annex I	R
Phalacrocoracidae	Phalacrocorax carbo	Great Cormorant	LC	Out of Scope	WV
Threskiornithidae	Plegadis falcinellus	Glossy Ibis	LC	Out of Scope	R
C::: 1	Ciconia nigra	Black Stork	LC	Annex II	T
Ciconiidae	Ciconia ciconia	White Stork	LC	Out of Scope	SV
	Anser albifrons	Greater White-fronted Goose	LC	Out of Scope	T
	Anser anser	Greylag Goose	LC	Out of Scope	SV
	Branta ruficollis	Red-breasted Goose	VU	Annex II	T
	Tadorna ferruginea	Ruddy Shelduck	LC	Out of Scope	SV
	Mareca strepera	Gadwall	LC	Out of Scope	R
	Anas crecca	Common Teal	LC	Out of Scope	R
Anatidae	Anas platyrhynchos	Mallard	LC	Out of Scope	R
	Anas acuta	Northern Pintail	LC	Out of Scope	T
	Spatula querquedula	Garganey	LC	Out of Scope	SV
	Spatula clypeata	Northern Shoveler	LC	Out of Scope	SV
	Aythya ferina	Common Pochard	VU	Out of Scope	R
	Aythya nyroca	Ferruginous Duck	NT	Out of Scope	R
	Aythya fuligula	Tufted Duck	LC	Out of Scope	R
	Aythya marila	Greater Scaup	LC	Out of Scope	WV
	Milvus migrans	Black Kite	LC	Annex II	T
Accipitridae	Gypaetus barbatus	Lammergeier	NT	Annex II	R
	Neophron percnopterus	Egyptian Vulture	EN	Annex II	R

Family	Scientific Species Name	English Species Name	IUCN	CITES	Region Status
	Gyps fulvus	Griffon Vulture	LC	Annex II	R
	Aegypius monachus	Cinereous Vulture	NT	Annex II	R
	Circaetus gallicus	Short-toed Snake-eagle	LC	Annex II	SV
	Circus aeruginosus	Western Marsh-harrier	LC	Annex II	R
	Circus cyaneus	Northern or Hen Harrier	LC	Annex II	T
	Circus pygargus	Montagu's Harrier	LC	Annex II	SV
	Accipiter gentilis	Northern Goshawk	LC	Annex II	R
	Accipiter nisus	Eurasian Sparrowhawk	LC	Annex II	R
	Buteo buteo	Common Buzzard	LC	Annex II	R
	Buteo buteo vulpinus	Steppe Buzzard	NL	Out of Scope	SV
	Buteo rufinus	Long-legged Buzzard	LC	Annex II	R
	Buteo lagopus	Rough-legged Hawk	LC	Annex II	R
	Clanga pomarina	Lesser Spotted Eagle	LC	Annex II	SV
	Aquila heliaca	Eastern Imperial Eagle	VU	Annex I	T
	Aquila chrysaetos	Golden Eagle	LC	Annex II	R
	* '		LC		
	Hieraaetus pennatus	Booted Eagle		Annex II	SV
	Falco naumanni	Lesser Kestrel	LC	Annex II	SV
Falconidae	Falco tinnunculus	Common Kestrel	LC	Annex II	R
	Falco vespertinus	Red-footed Falcon	NT	Annex II	T
	Falco subbuteo	Eurasian Hobby	LC	Annex II	SV
D1 ' '1	Lyrurus mlokosiewiczi	Caucasian Grouse	NT	Out of Scope	R
Phasianidae	Alectoris chukar	Chukar Partridge	LC	Out of Scope	R
	Perdix perdix	Grey Partridge	LC	Out of Scope	R
Rallidae	Gallinula chloropus	Common Moorhen	LC	Out of Scope	R
a	Fulica atra	Common Coot	LC	Out of Scope	R
Gruidae	Grus grus	Common Crane	LC	Annex II	T
	Himantopus himantopus	Black-winged Stilt	LC	Out of Scope	R
Recurvirostridae	Charadrius dubius	Little Ringed Plover	LC	Out of Scope	SV
	Charadrius alexandrinus	Kentish Plover	LC	Out of Scope	SV
	Vanellus vanellus	Northern Lapwing	NT	Out of Scope	SV
	Calidris minuta	Little Stint	LC	Out of Scope	T
	Calidris alpina	Dunlin	LC	Out of Scope	WV
	Philomachus pugnax	Ruff	LC	Out of Scope	SV
	Limosa limosa	Black-tailed Godwit	NT	Out of Scope	WV
Scolopacidae	Tringa totanus	Common Redshank	LC	Out of Scope	SV
Scolopacidae	Tringa ochropus	Green Sandpiper	LC	Out of Scope	T
	Tringa glareola	Wood Sandpiper	LC	Out of Scope	T
	Actitis hypoleucos	Common Sandpiper	LC	Out of Scope	SV
	Tringa stagnatilis	Marsh Sandpiper	LC	Out of Scope	T
	Tringa nebularia	Common Greenshank	LC	Out of Scope	T
	Larus ridibundus	Black-headed Gull	LC	Out of Scope	WV
Laridae	Larus armenicus	Armenian Gull	NT	Out of Scope	R
Landae	Gelochelidon nilotica	Gull-billed Tern	LC	Out of Scope	R
	Sterna hirundo	Common Tern	LC	Out of Scope	T
Columbidae	Columba livia	Rock Pigeon	LC	Out of Scope	R
	Columba palumbus	Common Wood-pigeon	LC	Out of Scope	SV
	Streptopelia decaocto	Eurasian Collared-dove	LC	Out of Scope	R
	Streptopelia turtur	European Turtle-dove	VU	Out of Scope	SV
Cuculidae	Cuculus canorus	Common Cuckoo	LC	Out of Scope	T
Cacanaac	Otus scops	Common Scops-owl	LC	Annex II	SV
Strigidae					
Strigidae	Bubo bubo	Eurasian Eagle-owl	LC	Annex II	R

Family	Scientific Species Name	English Species Name	IUCN	CITES	Region Status
	Asio otus	Long-eared Owl	LC	Annex II	R
	Asio flammeus	Short-eared Owl	LC	Annex II	R
Apodidae	Apus apus	Common Swift	LC	Out of Scope	SV
Apouluae	Tachymarptis melba	Alpine Swift	LC	Out of Scope	T
Meropidae	Merops apiaster	European Bee-eater	LC	Out of Scope	T
Coraciidae	Coracias garrulus	European Roller	LC	Out of Scope	T
Upupidae	Upupa epops	Eurasian Hoopoe	LC	Out of Scope	SV
Picidae	Dendrocopos syriacus	Syrian Woodpecker	LC	Out of Scope	R
	Melanocorypha calandra	Calandra Lark	LC	Out of Scope	R
	Melanocorypha bimaculata	Bimaculated Lark	LC	Out of Scope	R
Alaudidae	Galerida cristata	Crested Lark	LC	Out of Scope	R
Alaudidae	Lullula arborea	Wood Lark	LC	Out of Scope	WV
	Alauda arvensis	Eurasian Skylark	LC	Out of Scope	WV
	Eremophila alpestris	Horned Lark	LC	Out of Scope	R
	Riparia riparia	Sand Martin	LC	Out of Scope	SV
	Ptyonoprogne rupestris	Eurasian Crag	LC	Out of Scope	SV
Hirundinidae	Hirundo rustica	Barn Swallow	LC	Out of Scope	SV
	Delichon urbicum	Northern House-martin	LC	Out of Scope	SV
	Cecropis daurica	Red-rumped Swallow	LC	Out of Scope	SV
	Anthus campestris	Tawny Pipit	LC	Out of Scope	SV
	Anthus pratensis	Meadow Pipit	NT	Out of Scope	T
	Anthus cervinus	Red-throated Pipit	LC	Out of Scope	SV
	Anthus spinoletta	Water Pipit	LC	Out of Scope	R
Motacillidae	Motacilla flava	Yellow Wagtail	LC	Out of Scope	SV
	Motacilla flava feldegg	Masked Wagtail	NL	Out of Scope	SV
	Motacilla citreola	Citrine Wagtail	LC	Out of Scope	T
	Motacilla cinerea	Grey Wagtail	LC	Out of Scope	WV
	Motacilla alba	White Wagtail	LC	Out of Scope	R
Cinclidae	Cinclus cinclus	White-throated Dipper	LC	Out of Scope	R
Troglodytidae	Troglodytes troglodytes	Winter Wren	LC	Out of Scope	T
Prunellidae	Prunella modularis	Hedge Accentor	LC	Out of Scope	R
	Muscicapa striata	Spotted Flycatcher	LC	Out of Scope	T
	Cercotrichas galactotes	Rufous-tailed Scrub-robin	LC	Out of Scope	T
	Erithacus rubecula	European Robin	LC	Out of Scope	T
	Luscinia megarhynchos	Common Nightingale	LC	Out of Scope	SV
	Phoenicurus ochruros	Black Redstart	LC	Out of Scope	WV
	Phoenicurus phoenicurus	Common Redstart	LC	Out of Scope	SV
Muscicapidae	Saxicola rubetra	Whinchat	LC	Out of Scope	T
	Saxicola torquatus	Common Stonechat	LC	Out of Scope	WV
	Oenanthe isabellina	Isabelline Wheatear	LC	Out of Scope	SV
	Oenanthe oenanthe	Northern Wheatear	LC	Out of Scope	T
	Oenanthe hispanica	Black-eared Wheatear	LC	Out of Scope	SV
	Monticola saxatilis	Rufous-tailed Rock-thrush	LC	Out of Scope	R
	Turdus torquatus	Ring Ouzel	LC	Out of Scope	R
Turdidae	Turdus merula	Eurasian Blackbird	LC	Out of Scope	R
	Turdus viscivorus	Mistle Thrush	LC	Out of Scope	R
	Acrocephalus			_	
Acrocephalidae	schoenobaenus	Sedge Warbler	LC	Out of Scope	SV
- T	Acrocephalus scirpaceus	Eurasian Reed-warbler	LC	Out of Scope	SV
	Acrocephalus arundinaceus	Great Reed-warbler	LC	Out of Scope	T
G 1 '''1	Sylvia melanocephala	Sardinian Warbler	LC	Out of Scope	T
Sylviidae	Sylvia curruca	Lesser Whitethroat	LC	Out of Scope	T
	Sylvia communis	Common Whitethroat	LC	Out of Scope	T

Family	Scientific Species Name	English Species Name	IUCN	CITES	Region Status
	Sylvia atricapilla	Blackcap	LC	Out of Scope	WV
Phylloscopidae	Phylloscopus collybita	Common Chiffchaff	LC	Out of Scope	R
	Phylloscopus trochilus	Willow Warbler	LC	Out of Scope	T
	Periparus ater	Coal Tit	LC	Out of Scope	R
Paridae	Cyanistes caeruleus	Blue Tit	LC	Out of Scope	R
	Parus major	Great Tit	LC	Out of Scope	R
	Sitta krueperi	Krueper's Nuthatch	LC	Out of Scope	R
Sittidae	Sitta europaea	Wood Nuthatch	LC	Out of Scope	T
	Sitta neumayer	Western Rock-nuthatch	LC	Out of Scope	R
Certhiidae	Certhia brachydactyla	Short-toed Treecreeper	LC	Out of Scope	R
	Lanius excubitor	Great Grey Shrike	LC	Out of Scope	WV
Laniidae	Lanius collurio	Red-backed Shrike	LC	Out of Scope	SV
Lanndae	Lanius minor	Lesser Grey Shrike	LC	Out of Scope	SV
	Lanius senator	Woodchat Shrike	LC	Out of Scope	T
	Garrulus glandarius	Eurasian Jay	LC	Out of Scope	R
	Pica pica	Black-billed Magpie	LC	Out of Scope	R
G :1	Corvus monedula	Eurasian Jackdaw	LC	Out of Scope	R
Corvidae	Corvus frugilegus	Rook	LC	Out of Scope	R
	Corvus cornix	Carrion Crow	NL	Out of Scope	R
	Corvus corax	Common Raven	LC	Out of Scope	R
C4: 1	Sturnus vulgaris	Common Starling	LC	Out of Scope	WV
Sturnidae	Pastor roseus	Rosy Starling	LC	Out of Scope	SV
	Passer domesticus	House Sparrow	LC	Out of Scope	R
Passeridae	Petronia petronia	Rock Sparrow	LC	Out of Scope	R
	Montifringilla nivalis	White-winged Snowfinch	LC	Out of Scope	SV
	Fringilla coelebs	Eurasian Chaffinch	LC	Out of Scope	R
	Fringilla montifringilla	Brambling	LC	Out of Scope	T
	Chloris chloris	European Greenfinch	LC	Out of Scope	R
Fringillidae	Carduelis carduelis	European Goldfinch	LC	Out of Scope	R
9	Linaria cannabina	Eurasian Linnet	LC	Out of Scope	R
	Carpodacus erythrinus	Common Rosefinch	LC	Out of Scope	SV
	Pyrrhula pyrrhula	Eurasian Bullfinch	LC	Out of Scope	WV
Emberizidae	Emberiza citrinella	Yellowhammer	LC	Out of Scope	WV
	Emberiza cia	Rock Bunting	LC	Out of Scope	SV
	Emberiza hortulana	Ortolan Bunting	LC	Out of Scope	SV
	Emberiza buchanani	Grey-necked Bunting	LC	Out of Scope	T
	Emberiza melanocephala	Black-headed Bunting	LC	Out of Scope	SV
	Emberiza calandra	Corn Bunting	LC	Out of Scope	R

R: Residant, WV: Winter Visitors, SV: Summer Visitors, T: Transit Göçer, LC: Least Concern, NT: Near Threatened, VU: Vulnerable, EN: Endangered NL: Not Listed

The results indicated 8 important habitats in Ardahan province that are frequently visited by the birds. These areas are Kura River, Çıldır Lake, Aktaş Lake, Putka (Sazara) Lake, Kuşuçmaz Lake, Lavaş Lake, Göle Plain and Ardahan Forests (Figure 1). The species identified use these areas for resting, safety, breeding, feeding and daily displacement activities. In addition, factors threatening both these areas and the livings in these areas were also investigated.

4. Discussion and Conclusion

In this study 177 bird species were identified in the study area. The population of little vulture (*Neophron percnopterus*) and the Dalmatian pelican (*Pelecanus crispus*) bird species is globally decreasing according to IUCN list. Common pochard (*Aythya farina*), Turtle dove (*Streptopelia turtur*) and Siberian goose (*Branta ruficollis*) included in VU status (Vulnerable), are hunted in the region. These species are

under a heavy hunting pressure. Eastern Imperial Eagle (*Aquila heliaca*) is another rarely observed endangered species. One hundred twenty one of the 177 bird species identified in the area breed within the province borders.

Eight habitats were determined as commonly preferred areas of the birds in Ardahan province. Dalmatian pelican and Great White pelican species incubate together on a small island in Aktaş Lake which is one of the commonly preferred areas of birds in Ardahan. Since both species usually breed in different locations, this is a rarely encountered situation. The simultaneous incubation of two species on the island can be explained by the safety of the island. Wetlands, which are very active in summer, are completely covered by snow in winter months.

Aktaş Lake has been reported as the breeding place especially for the Dalmatian pelicans (*Pelecanus crispus*) and that 20 to 35 couples are reported constantly breeding [12-14]. Our study confirmed the importance of Aktaş Lake for pelican species once more. Pelicans were observed breeding on islands in the lake and spreading throughout the lake basin.

The number of bird species recently has increased higly with the acceleration of ornithological studies in Turkey. The number of bird species in Turkey ornitofauna was initially reported as 421 in 1990. The number has increased to 513 bird species including the most recent random species due to the increasing number reports of from researchers [6-9]. The species obtained in our study completely coincide with the species reported in the previous studies. However, some differences in distribution and status have also been encountered. In addition, the number of bird species is expected to increase with the future studies conducted in Ardahan province.

Many living species are threatened with extinction worldwide due to various reasons. Habitat problems are the primary causes for the extinction of living species. The degraded or weakened habitat characteristics and habitat losses accelerate the extinction process. Therefore, the bird species identified within the borders of Ardahan province should be conserved together with their habitats. Greater attention should be given to the habitats where endangered species live. The results revealed that Kura River, Çıldır Lake, Aktaş Lake, Putka (Sazara) Lake, Kuşuçmaz Lake, Lavaş Lake, Göle Plain and Ardahan Forests are the important habitats within the province and need to be carefully conserved.

The influence of an important bird migration route and containing the habitats attracting birds reveals the ornithological importance of Ardahan province. The regions where the population of birds and other wild animals are dense are mostly under human and domestic animal pressure. Hunting, agricultural activities, reed cutting, grazing, drainage and drying were as identified as the major elements of destuction in the study area.

Acknowledgement

This study was summarized from the "Ardahan Province Terrestrial and Inland Water Ecosystems Biological Diversity and Inventory Monitoring Project" carried out by the Republic of Turkey, Ministry of Agriculture and Forestry, General Directorate of Nature Conservation and National Parks. We would like to thank for their contributions.

Author's Contributions

Erkan AZİZOĞLU and Özdemir ADIZEL designed the study, performed identification of bird species, data analysis and writing of the manuscript.

Statement of Conflicts of Interest

The authors declare that there is no conflict of interest.

Statement of Research and Publication Ethics

The authors declares that this study complies with Research and Publication Ethics.

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