

## Microstructure and Mechanical Properties of Composites of Bovine Derived Hydroxyapatite (BHA) Reinforced with MgF<sub>2</sub>

*MgF<sub>2</sub> ile Güçlendirilmiş Sığır Kaynaklı Hidroksiapatit (BHA) Kompozitlerinin Mikroyapısı ve Mekanik Özellikleri*

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### Abstract

Composites of calcinated bovine bone derived hydroxyapatite (BHA) doped 1 and 2 wt% MgF<sub>2</sub> were prepared by a sintering process. Microstructure and crystallographic analyses along with measurements of density, compression strength, and microhardness were carried out in the produced samples. The experimental results indicated a beneficial effect of MgF<sub>2</sub> in the matrix of BHA reflected in the significant increase of compression strength and microhardness up to 143 MPa and 313 HV, respectively, achieved after sintering at 1300 °C for 2% MgF<sub>2</sub> addition. The presence of MgF<sub>2</sub> reduced the onset of sintering towards lower temperatures (i.e. 1100 °C) and increased the stability of hydroxyapatite towards transformation to TCP at 1300 °C. The influence of Mg<sup>2+</sup> and F<sup>-</sup> ions in the lattice of hydroxyapatite is discussed.

**Keywords:** Bovine derived hydroxyapatite; MgF<sub>2</sub>; sintering; mechanical properties; microstructure.

### Öz

Kalsine edilmiş sığır kemiğinden elde edilen hidroksiapatit (BHA) ile ağırlıkça% 1 ve ağırlıkça% 2 MgF<sub>2</sub> katkılı kompozitleri bir sinterleme işlemi ile hazırlandı. Üretilen numunelerde mikroyapı ve kristalografik analizler ile birlikte yoğunluk, basma mukavemeti ve mikrosertlik ölçümleri yapıldı. Deneysel sonuçlar, % 2 MgF<sub>2</sub> ilavesi ve 1300°C'de sinterlemeden sonra elde edilen BHA matrisin, sıkıştırma mukavemeti ve mikro sertlikteki önemli artışa (sırasıyla 143 MPa ve 313 HV'ye kadar) neden olduğunu gösterdi. MgF<sub>2</sub>'nin varlığı, sinterleme başlangıcını daha düşük sıcaklıklara (~ 1100°C) düşürdü ve hidroksiapatitin 1300°C'de TCP'ye dönüşüme karşı stabilitesini arttırdı. Mg<sup>2+</sup> ve F<sup>-</sup> iyonlarının hidroksiapatit örgüsündeki etkisi tartışıldı.

**Anahtar Kelimeler:** Sığır hidroksiapatiti; MgF<sub>2</sub>; sinterleme; mekanik özellikler; mikroyapı.

## I. INTRODUCTION

The facts of life prolongation due to health care and the increase of sport and traffic accidents, in conjunction with the well-known intrinsic problems of autografts and allografts (e.g., availability, cost, viability, reproducibility), emerge the technology of biomaterials as to be of high social impact for the individuals, both elderly and young people, and the governments, especially the gross income of developed countries. In the case of hard-tissue prostheses and tissue engineering, hydroxyapatite (HA, Ca<sub>10</sub>(PO<sub>4</sub>)<sub>6</sub>(OH)<sub>2</sub>), that is the mineral of bones and teeth, is perhaps the most popular ceramic compound nowadays used in clinical applications, since it exhibits excellent biocompatibility and ability to establish direct bonding to natural bones. Comparing to synthetic HAs, biological apatites feature several substitutions at the Ca<sup>2+</sup>, PO<sub>4</sub><sup>3-</sup> and OH<sup>-</sup> sites of HA-lattice [1].

Composite materials with key bio-ceramic inclusions are preferred in many clinical applications. Bone is a composite structure of our body based on crucial element of HA and calcium phosphates. Synthetic, artificial bone composite materials usually used a host polymer with calcium phosphates. Some of the problems that will arise are due to the compatibility issues, osseointegration problems and mechanical performances [2].

As far as the application of HA in biomedicine is concerned, the brittle nature of HA limits its use only in coatings or low-load bearing applications. Accordingly, the reinforcement of HA matrix will expand the applications of this highly osseointegrating and conductive material. Reinforcing bioinert ceramics like Al<sub>2</sub>O<sub>3</sub>, TiO<sub>2</sub>, ZrO<sub>2</sub> and MgF<sub>2</sub> to increase mechanical performances of HA [3]. In the present study, the influence of MgF<sub>2</sub>-doping (1-2 wt%) on reinforcing sintered HA materials were investigated, where HA was derived from calcinated bovine bone (BHA). The reinforcing effect of the dopant is assumed to be a result of the developed microstructure and the

crystalline phases formed after sintering. Magnesium is a body-friendly material with an essential role in the human body [4], for instance at reducing risks of cardiovascular diseases, promoting catalytic reactions, controlling biological functions, and in the mineralization of calcined tissues. Approximately 60 to 70% of total body's Mg-content is in the skeleton, as substitution ion in HA lattice. Approximately 0.38 wt% of cattle bone is Mg [4]. Mg<sup>2+</sup> ions seemingly affect the conductivity of osteoclasts and osteoblasts [5]. Traces of Mg in natural bone affect cell adhesion and bone formation [6]. Hence, several compounds of Mg have been considered in biomedicine, such as bredigite (Ca<sub>7</sub>MgSi<sub>4</sub>O<sub>16</sub>, considered as similarly bioactive to CaO-SiO<sub>2</sub>), forsterite (Mg<sub>2</sub>SiO<sub>4</sub>), and enstatite (MgSiO<sub>3</sub>, considered as machinable biomaterial) [7].

With respect to HA composites, the presence of Mg in HA is related to apatite crystallization and stability, such as the thermal conversion to  $\beta$ -tricalcium phosphate ( $\beta$ -TCP, Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>). Lim and Kim *et al.* doped HA with 1% MgO [8], MgF<sub>2</sub> and CaF<sub>2</sub> [9] and found that substitution of F<sup>-</sup> for OH<sup>-</sup> caused an enhancing effect on cell culture tests. The same occurred in the case of MgF<sub>2</sub> comparing to CaF<sub>2</sub>. From the same study, using HA-20% Al<sub>2</sub>O<sub>3</sub> doped with 5% MgF<sub>2</sub>, HA-dissociation was entirely inhibited below 1400°C. The effect of fluorine was also verified by Evis *et al.*, in terms of increasing chemical stability, thermal stability and hardness, who produced HA-composites by doping with partially stabilized zirconia and MgF<sub>2</sub> or MgO [10]. The presence of MgF<sub>2</sub> in HA matrix favors the reduction of porosity of sintered bodies and the formation of secondary phases (i.e.,  $\alpha$ -TCP) after sintering at 1400°C [11].

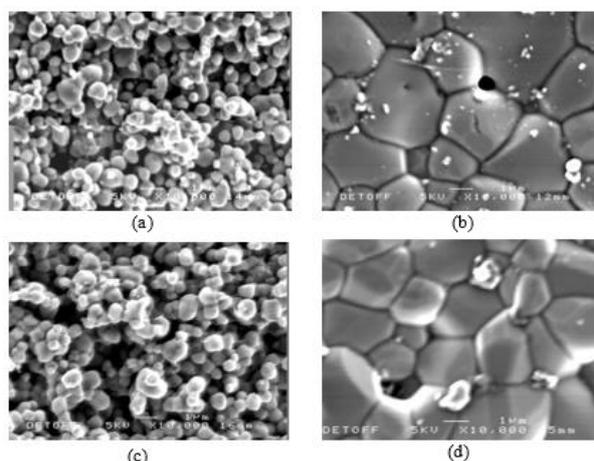
## II. MATERIALS AND EXPERIMENTAL PROCEDURE

The powder of bovine derived hydroxyapatite, BHA, was produced according to the method described in earlier studies [12-17]. In brief, freshly cut femurs were deproteinized with 4 N NaOH solution (48 h). After re-irrigation, the samples were subjected to heat treatment at 850 °C for 4 h in open air to securely eliminate any risk of fatal disease transmission [18]. The calcinated BHA bulk pieces were properly ball-milled until fine (<10  $\mu$ m) BHA powder was obtained.

The BHA fine powder was mixed with 1 and 2 wt% MgF<sub>2</sub> powder (Sigma Aldrich, 99.9% purity, 3-6 mm particle size). The powder mixture was well homogenized by planetary ball-milling in acetone media using a zirconium oxide (yttrium stabilized) jar and balls (Retsch PM 100 SM 100, Haan, Germany). The resultant powders were well dried. Cylindrical pellets were prepared by uni-axially pressing at 350 MPa according to British Standard BS 7253. The green pellets were sintered at 1000, 1100, 1200, and 1300 °C for 4 h in an open air furnace (Nabertherm HTC 3 /14,

Lilienthal, Germany) with heating and cooling rates of 5 K/min.

The compressive strength of the sintered samples was measured in a universal testing machine (Instron-8511, Norwood, MA 02062-2643, USA, displacement 2 mm/min). Their Vickers microhardness was measured in a Shimadzu testing unit (Shimadzu Inc., HMV-2, Japan, load 200 g). Density was measured by Archimedes method by employing a pycnometer (ULTRAPYC 1200e, Quantachrome, Boynton Beach, Florida 33426, USA). The presenting results were obtained from 10 different samples. The microstructure of the samples was observed in a field emission scanning electron microscope (FE-SEM, Hitachi S-4100, Japan) under secondary electron mode (Figure 1). The crystalline phases were identified by X-ray diffraction analysis (XRD, Rigaku Geigerflex D/Mac, C Series, Japan, Cu K<sub>a</sub> radiation 1.5406 nm produced at 30 kV and 25 mA, 2 $\theta$  step 0.02 °/s).



**Figure 1.** Microstructure of BHA-MgF<sub>2</sub> composites sintered at different temperatures: (a) BHA-1 wt% MgF<sub>2</sub> 1000 °C, (b) BHA-1 wt% MgF<sub>2</sub> 1300 °C, (c) BHA-2 wt% MgF<sub>2</sub> 1000 °C, (d) BHA- 2 wt% MgF<sub>2</sub> 1300 °C.

## III. RESULTS AND DISCUSSION

Table 1 presents the experimental results (and their standard deviation) of density ( $d$ ), compressive strength ( $\sigma$ ), and Vickers microhardness (HV) of the produced BHA-MgF<sub>2</sub> composites sintered at different temperatures. Tables 2 and 3 were prepared with results reported in earlier studies for similarly produced samples of BHA doped with CaF<sub>2</sub> (0.5 and 1.0 wt%) [19], and pure BHA [20]. Table 3 in conjunction with the results of earlier studies [21] indicates 1200 and 1300 °C as the optimum sintering temperatures with respect to the maximum strength of pure BHA-materials obtained. The results of compressive strength of Table 1 indicate that doping of BHA with MgF<sub>2</sub> shifts sintering onset towards lower temperatures. This effect is more pronounced in the case of lower (1 wt%) amount of MgF<sub>2</sub>. This result has higher significance since the samples have still low densification degree at

1100 °C, which means that there are porosity and little formation of glassy phase (due to eutectic melting) that closes the pores and increases microhardness. Therefore, if moderate compressive strength is required in a specific application, then MgF<sub>2</sub>-doping can result in a suitably strong scaffold of small porosity (i.e., low densification) that maintains all the features of calcinated BHA before the occurrence of the strong effect of extensive sintering.

**Table 1.** Influence of MgF<sub>2</sub>-content (1 and 2 wt%) on density (d), compression strength (σ) and Vickers micro-hardness (HV) of BHA-MgF<sub>2</sub> composites sintered at different temperatures (the standard deviation of density was <0.001 g/cm<sup>3</sup>).

T (°C)	d (g/cm <sup>3</sup> )		σ (MPa)		HV	
	1 wt%	2 wt%	1 wt%	2 wt%	1 wt%	2 wt%
	1000	2.181	2.156	35.5 ± 2.1	29.4 ± 6.6	115 ± 94
1100	2.281	2.165	83.5 ± 8.6	45.9 ± 7.0	168 ± 15	155 ± 13
1200	2.611	2.446	109.0 ± 3.1	63.5 ± 15.6	289 ± 14	231 ± 14
1300	2.976	2.884	125.0 ± 4.5	143.0 ± 27.48	291 ± 14	313 ± 22

However, Table 1 shows that sintering successfully takes place at 1200 and 1300 °C. The highest values of the measured magnitudes were obtained at 1300 °C. This means that the glassy phase formed, due to the presence of MgF<sub>2</sub> and the phenomenon of sintering itself, did not jeopardize the properties of the resultant composites, whereas the properties of pure BHA samples (Table 3) slightly decay at 1300 °C (than 1200 °C). The presence of MgF<sub>2</sub> should favor the formation of strong glassy phase at 1300 °C since the highest values of compression strength and hardness were achieved in the case of 2 wt% MgF<sub>2</sub> than 1%. The slightly lower values of density in the samples with 2 wt% than 1 wt% may not represent poorer densification, but they are due to the lower density of MgF<sub>2</sub> than BHA (so, the higher amount of MgF<sub>2</sub> added, the lower density of the resultant composite – densification results of BHA doped with the heavy CaF<sub>2</sub>, shown in Table 2, support this consideration).

**Table 2.** Influence of CaF<sub>2</sub>-content (0.5% and 1.0%) on density (d) and compression strength (σ) of BHA-CaF<sub>2</sub> composites sintered at different temperatures reported in an earlier study [19].

T (°C)	d (g/cm <sup>3</sup> )		σ (MPa)	
	0.5%	1.0%	0.5%	1.0%
1000	2.893 ± 0.01	3.117 ± 0.01	31.8 ± 9.1	15.4 ± 4.4
1100	3.002 ± 0.01	3.074 ± 0.03	42.7 ± 7.4	16.7 ± 3.9
1200	3.152 ± 0.03	3.134 ± 0.05	48.3 ± 10.2	28.2 ± 13.3
1300	3.026 ± 0.01	3.183 ± 0.01	35.5 ± 14.5	36.0 ± 4.6

In general, doping with MgF<sub>2</sub> caused a considerable increase in compression strength and hardness of BHA. The low density of MgF<sub>2</sub> and the small amount of MgF<sub>2</sub> needed to achieve high mechanical properties are two extra advantages since the final implant material will be both strong and with low weight. The superior effect of MgF<sub>2</sub> is clear by comparing the results of Table 1 with the poor mechanical properties of the BHA samples doped with CaF<sub>2</sub>, assuming the similar chemical nature of the two alkaline earth ions of Mg and Ca.

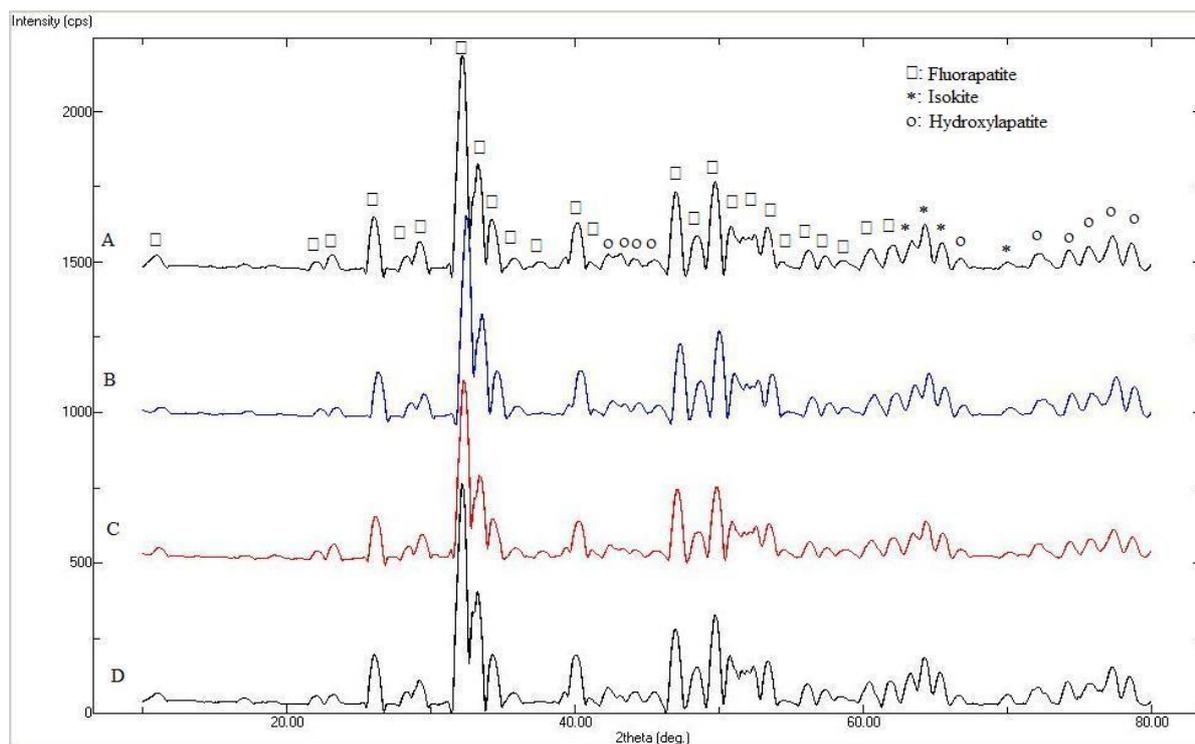
**Table 3.** Mechanical properties (compression strength, σ and Vickers micro-hardness, HV) of BHA samples sintered at different temperatures reported in earlier studies [20].

T (°C)	BHA		BHA	
	σ (MPa)	HV	σ (MPa)	HV
1000	12 ± 2	42 ± 2	48.2 ± 20.0	85.4 ± 9.4
1100	23 ± 3	92 ± 4	22.2 ± 5.1	74.2 ± 19.8
1200	67 ± 7	138 ± 3	75.2 ± 18.3	148.5 ± 10.5
1300	62 ± 11	145 ± 3	65.0 ± 41.6	130.7 ± 17.9

From the literature, BHA-MgO composites sintered at 1300 °C have reached compression strength of 121.85 and 98.23 MPa [6] and microhardness of 305 and 218 HV [8] for 5 and 10 % MgO, respectively. Evis *et al.* found that HA composites doped with 5 % MgF<sub>2</sub> have higher hardness than those with 5 % MgO [11]. They postulated that the fluorine ions of MgF<sub>2</sub> diffuse into the lattice of HA and result in increased thermal stability and mechanical properties of the sintered materials. Similar high values have been reported for BHA-TiO<sub>2</sub> composites (at 1300 °C 105 MPa and 204 HV for 5% TiO<sub>2</sub> and 247 HV for 10% TiO<sub>2</sub>, and at 1200 °C 104 MPa for 10% TiO<sub>2</sub>) [22]. However, the mechanism of reinforcement should be rather governed by the high chemical affinity of Ti to oxygen than the diffusion of the cation of titanium into HA lattice. Strong materials were fabricated when BHA was doped with inert glass (105 MPa for 5% glass at 1300 °C and 133 MPa for 10% glass at 1200 °C) [23]. Erkmen *et al.* have achieved 100 MPa of compression strength in tooth-enamel derived-HA doped with partially stabilized zirconia [24].

The results of microstructure observations, shown in Fig. 1, and crystallographic analysis, shown in Fig. 2,

agree with the above conclusions for the BHA-MgF<sub>2</sub> composites. The SEM images of Figs. 1a and 1c suggest a poor sintering regime at 1000 °C, where the initial submicron powder particles of BHA are loosely connected one to the other. Sintering is complete at 1300°C (Figs. 1b and 1d). The corresponding X-ray diffractograms predominantly registered the patterns of apatite. Although the X-ray peaks of HA and fluorapatite (FA) are almost superimposed, the presence of fluorine (due to MgF<sub>2</sub>) in FA may be suggested due to the high mechanical properties of Table 1 (comparing to pure BHA of Table 2), since it is well known that fluorine reinforces HA. Peaks of isokite (CaMgPO<sub>4</sub>F) can also be suggested. It is worthy noted that the produced materials exhibited remarkable thermal stability at 1300 °C since the peaks of apatite maintain their intensity. No peaks of TCP were registered at all, although the SEM images suggest intensive sintering. This stability was already indicated in the results of Table 1. The low amount of MgF<sub>2</sub> does not cause any perceptible difference between the samples having a different amount of MgF<sub>2</sub> in either SEM-micrographs or X-ray diffractograms.



**Figure 2.** X-ray diffractograms of BHA-MgF<sub>2</sub> composites sintered at different temperatures: (A) BHA-1 wt% MgF<sub>2</sub> 1000 °C, (B) BHA-1 wt% MgF<sub>2</sub> 1300 °C, (C) BHA-2 wt% MgF<sub>2</sub> 1000 °C, (D) BHA-2 wt% MgF<sub>2</sub> 1300 °C. (The peaks have been identified with the ICDD cards: HA 84-1998; FA 15-0876; Isokite (CaMgPO<sub>4</sub>F) 7-0406).

In this study, naturally derived apatite (and not synthetic chemically produced HA) was intentionally selected, considering it as an economic, endlessly available, and designed by the nature herself material. Indeed, HA materials produced via powder processing

route, where HA was obtained from bovine bone, has been proven that have great potential for bone substitute owing to their excellent biocompatible and osteoconductive properties [25]. Animal bones [26], teeth [27] as well as hydrothermally transformed

aragonite skeletons of sea creatures [28] are abundant sources of naturally derived apatite. However, all the necessary safety precautions for eliminating all possible risks of transmitting incurable and fatal diseases from the animal-donors, such as human immunodeficiency virus (HIV), or bovine spongiform encephalopathy (BSE), should be taken [29]. Calcination method, as applied in this present study, makes the transmission of such prions impossible since no protein can survive at a high temperature of 850 °C for several hours [22].

The good results of the present study, in terms of the considerable increase of mechanical properties of BHA matrix by doping with only 1 and 2% MgF<sub>2</sub>, indicate the produced composites for further consideration and experimentation in biomedicine, either in bulk or in coating (e.g., plasma-spray) form. These good results should be attributed to the influence of both the cation Mg<sup>2+</sup> and the anion F<sup>-</sup> in apatite lattice. However, to shed light on the precise influence of these elements in apatite lattice (such as by Rietvelt analysis [30], that is beyond the scope of the present article), HA of high purity must be used, since biological apatites feature several substitutions in their lattice.

#### IV. CONCLUSION

The results of this study showed that MgF<sub>2</sub> could successfully dope the matrix of bovine derived hydroxyapatite (BHA) since doping with only 1 and 2 wt% MgF<sub>2</sub> significantly increased the mechanical properties of BHA. The highest values of compression strength were achieved after sintering at 1300 °C: 143 MPa for 2 wt% MgF<sub>2</sub> and 125 MPa for 1 wt% MgF<sub>2</sub> addition. At the same sintering temperature, the highest HV values were obtained as 291 HV for 1% MgF<sub>2</sub> and 313 HV for 2% MgF<sub>2</sub>. The effect of reinforcement should be attributed to the influence of both the cation Mg<sup>2+</sup> and the anion F<sup>-</sup> in apatite lattice. Moreover, the experimental results suggest that the presence of MgF<sub>2</sub> seemingly favors the shift of the onset of sintering towards lower temperatures (i.e. towards 1100 °C) and increases the thermal stability of HA towards transformation to TCP at 1300 °C.

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## CAPTIONS OF FIGURES

Fig. 1. Microstructure of BHA-MgF<sub>2</sub> composites sintered at different temperatures: (a) BHA-1 wt% MgF<sub>2</sub> 1000 °C, (b) BHA-1 wt% MgF<sub>2</sub> 1300 °C, (c) BHA-2 wt% MgF<sub>2</sub> 1000 °C, (d) BHA- 2 wt% MgF<sub>2</sub> 1300 °C.

Fig. 2. X-ray diffractograms of BHA-MgF<sub>2</sub> composites sintered at different temperatures: (A) BHA-1 wt% MgF<sub>2</sub> 1000 °C, (B) BHA-1 wt% MgF<sub>2</sub> 1300 °C, (C) BHA-2 wt% MgF<sub>2</sub> 1000 °C, (D) BHA-2 wt% MgF<sub>2</sub> 1300 °C. (The peaks have been identified with the ICDD cards: HA 84-1998; FA 15- 0876; Isokite (CaMgPO<sub>4</sub>F) 7-0406).