JOURNAL OF CONTEMPORARY MEDICINE

DOI: 10.16899/jcm.787016 J Contemp Med 2021;11(1):22-28

Orjinal Araştırma / Original Article



The Effects of Immunophenotyping with Flow Cytometry on Prognosis in Acute Lymphoblastic Leukemia

Akut Lenfoblastik Lösemide Flow Sitometri ile İmmünofenotiplemenin Prognoz Üzerine Etkileri

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Abstract

Background: The identification of immunophenotype subgroups is very important for the diagnosis and prognosis of acute lymphoblastic leukemia (ALL).

Material and Method: The study is designed as a retrospective cohort study which included 105 children with ALL (65 males, 40 females; mean age 5.9±3.8 years) who were treated TR-ALL 2000 (modified) BFM treatment protocol.

Results: The distributions of EGIL classification were pro-B ALL (n=1), common B ALL (n=46), pre-B ALL (n=40), pre-T ALL (n=8), cortical T ALL (n=6), and mature T ALL (n=4). Leukocyte≥100,000/ mm³, lymphadenopathy≥2 cm, mediastinal involvement were commonly identified in T ALL group. T ALL had a poor response to chemotherapy according to 8th-day peripheral circulation blast counts and 15th-day bone marrow aspiration (BMA) blast counts. The recurrence, mortality, and death rate in the induction period of treatment were frequently detected in T ALL group. The variables that had prognostic potential, as indicated by univariate analyses, were leukocyte count, hepatomegaly, splenomegaly, and lymphadenopathy at the time of diagnosis, 8th-day steroid response, 15th-day BMA response, risk group, recurrence, and immunophenotyping. Multivariate Cox regression analysis demonstrated that only the leukocyte count (HR 2.51, p < 0.001) was a predictor of prognosis.

Conclusion: Immunophenotyping may be effective in the diagnosis and prognosis of ALL, identification of risk groups, and in risk-based treatment planning. T ALL had a poor prognosis.

Keywords: Flow cytometry, immunophenotyping, acute lymphoblastic leukemia, children

Öz

Giriş: Akut lenfoblastik löseminin (ALL) tanı ve prognozu için immünofenotip alt gruplarının tanımlanması çok önemlidir.

Gereç ve Yöntem: Çalışma, TR-ALL 2000 (modifiye) BFM tedavi protokolü ile tedavi edilen 105 ALL olgu (65 erkek, 40 kadın; ortalama yaş 5.9 ± 3.8 yıl) içeren retrospektif kohort çalışması olarak tasarlanmıştı.

Bulgular: EGIL sınıflaması dağılımları pro-B ALL (n=1), common B ALL (n=46), pre-B ALL (n=40), pre-T ALL (n=8), kortikal T ALL (n=6) ve matür T ALL (n=4). T ALL grubunda lökosit ≥100.000/mm³, lenfadenopati ≥2 cm, mediastinal tutulum yaygın olarak tespit edildi. T ALL, 8.gün periferik kan yaymasında blast sayısı ve 15. gün kemik iliği aspirasyonu (KİA)' nundaki blast sayısına göre kemoterapiye kötü yanıt gösterdiği saptandı. Tedavinin indüksiyon döneminde nüks, mortalite ve ölüm oranı T ALL grubunda sık olarak görüldü. Tek değişkenli analizle gösterilen prognostik potansiyele sahip olan değişkenler tanı anında lökosit sayısı, hepatomegali, splenomegali ve lenfadenopati, 8. gün steroid yanıtı, 15. gün KİA yanıtı, risk grubu, nüks ve immünofenotip idi. Çok değişkenli Cox regresyon analizinde ise sadece lökosit sayısının (HR 2.51, p <0.001) prognozu önemli derecede etkilediğini göstermiştir.

Sonuç: İmmünofenotipleme ALL'nin tanı ve prognozunda, risk gruplarının tanımlanmasında ve riske baglı tedavi planlamasında etkili olabilir. T ALL tanısı alan hastalarda prognozun kötü olacağı gösterildi.

Anahtar Kelimeler: Akım sitometrisi, immünofenotipleme, akut lenfoblastik lösemi, çocuk

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INTRODUCTION

Leukemia comprises nearly 25-30% of childhood malignancies.¹ For acute lymphoblastic leukemia (ALL), previously known as a deadly disease, developments in diagnosis and treatment and advances in support treatments have achieved lengthened disease-free survival in most cases. In fact, 70-80% of cases have the chance of full recovery from the disease (cure).^{1,2}

For pediatric ALL patients, for determination of both risk group and prognosis, the following factors are known; age, gender, leukocyte count, hematocrit value, platelet count, hepatomegaly, splenomegaly, lymphadenopathy presence, MSS involvement, testis involvement, mediastinal mass, and other extramedullary involvement, French-American-British (FAB) classification (L1, L2, L3), response to treatment, the molecular genetics such translocations, and the Minimal Residual Disease (MRD) status is defined by qPCR or NGS. Additionally, in recent times immunophenotyping results obtained by investigation of cytogenetic and molecular genetic disorders with flow cytometry have gained importance.³⁻⁶

The study aims to research the properties and effect on the prognosis of ALL immunophenotype subgroups and the evaluation of correlations between clinical and other laboratory data identified during the diagnosis stage.

MATERIAL AND METHOD

The study included 105 cases with ALL diagnosed in Pediatric Hematology and Oncology Department and treated with TR-ALL 2000 (modified) BFM protocol, followed up between January 2008 to March 2012. The study is designed as retrospective cohort study. The patients' gender, age at diagnosis, leukocyte count, hematocrit value, platelet count, hepatomegaly, splenomegaly, lymphadenomegaly, central nervous system (CNS) involvement, testis involvement, mediastinal mass and other extramedullary involvement, French-American-British (FAB) classification (L1, L2, L3), immunophenotyping with flow cytometric investigation, translocations (t (4;11), t (9;22), t (12,21), t (1;19)), 8th-day prednisone response, and 15th-day and 33th-day bone marrow aspiration (BMA) blast rates, risk groups, surveillance duration, relaps, and mortality were retrospectively obtained from patients' medical records. The study was approved by the local Ethics Committee of Dr. Behçet Uz Children's Hospital in accordance with the Helsinki Declaration (Project Number: 2012/47). Informed consent was obtained from each parent and/or patients.

Mediastinal involvement was assessed by thorax radiography (P/A and lateral). Central nervous system (CNS) involvement was defined as presence of leukemic cells in cerebrospinal fluid (CSF) with lumbar puncture and findings by Magnetic Resonance Imaging (MRI). Abdominal ultrasonography was investigated organomegaly, renal involvement, mass, and lymphadenopathy. Hepatomegaly was defined as ≥ 2 cm liver palpation at the right mid costal margin, splenomegaly was defined as ≥ 2 cm enlargement of the spleen in the left upper

quadrant on physical examination. Testis involvement was evaluated by testis ultrasonography for all male patients.

Cytogenetic, FISH and molecular investigations examined in aspiration material and t (9;22), t (1;19), t (4;11), and t (12;21) translocations were evaluated at the Gentest Genetic Laboratory in Özel Şifa Hospital.

Prednisone response is explained as the peripheral blast count on day 8 of treatment. Prednisone good response (PGR) was characterized by <1,000/µL, while prednisone poor response (PPR) showed ≥1,000/µL peripheral blast count on 8thday treatment. Response in BM was evaluated on 15th-day and 33th-day of induction treatment and was classified as M1 (<5%), M2 (5 to <25%), and M3 (≥25% leukemic blasts). Complete remission (CR) was described as M1 BM on day 33 of induction therapy, the absence of leukemic blasts in blood and CSF, and no symptom of local disease. Relapse was characterized by recurrence of 25% lymphoblasts or over in BM or local leukemic involvements at any site.

Risk group stratification is categorized three groups; patients with initial leukocyte count <20,000/mm³ and age \geq 1 and < 6 years, and blast counts <1,000/mm³ in peripheral blood on 8th-day after 7 day prednisolone and IT MTX treatment, no T cell immunology, t (9;22) (BCR/ABL) and t (4;11) (MLL/AF4) negative and M1 on 33th-day were defined as standard risk group (SRG).

The patients with initial leukocyte count $\ge 20,000/\text{mm}^3$ or age <1 or ≥ 6 years, and blast counts $<1,000/\text{mm}^3$ in peripheral blood on 8th-day after 7 day prednisolone and IT MTX treatment, t (9;22) (BCR/ABL) and t (4;11) (MLL/AF4) negative on 33th-day, were described as moderate risk group (MRG).

The cases with blast counts $\geq 1000/\text{mm}^3$ on 8th-day in peripheral blood, t (9;22) (BCR/ABL) and t (4;11) (MLL/AF4) positive, without full remission on 33th-day, with hypodiploidy (chromosome <45) chromosome anomaly, and presence of each criteria alone independent of age and leukocyte count (one criterion is sufficient) were characterized as high risk group (HRG).⁶

Flow cytometry

Immunophenotyping assays were administered by four-color [FITC (Fluorescein Isothiocyanate), PE (Phycoerythrin), PC5 (Phycoerythrin-Cyanine 5) or PC7 (Phycoerythrin-Cyanine 7)] flow cytometry analysis of BM samples. Cytoplasmic and surface cell markers were identified using according to Immunological Characterization of Leukemia (EGIL) classification.⁷

The reactivity with fluorescent-conjugated monoclonal antibodies (Moab) was against T-cell-related antigens (CD1a, CD2, CD3, CD4, CD5, CD7, and CD8), B-cell differentiation markers (CD10, CD19, CD20, CD22, CD79a), myeloid cell antigens (CD11b, CD13, CD14, CD15, CD33, CD117, and Moab anti myeloperoxidase [MPO]), nonlineage restrict molecules (nuclear enzyme TdT, CD45, HLA-Dr, CD34), and also Moab against IgM heavy chains (mü chain) and light chains of immunoglobulins (κ and λ). The B cell ALL group was classified as pro-B cell ALL, common B cell ALL, pre-B cell ALL,

and mature B cell ALL. According to subtypes of B-cell ALL, pro-B cell ALL was defined as positive CD19, CD22, CD34, and negative CD10, cytoplasmic and surficial IgM. Common B ALL was described as positive CD19, CD 22, CD10. Pre-B cell ALL group was characterized by positive CD19, CD22, CD10, cyu, and negative slgM. Mature B cell ALL was defined as positive CD10, CD19, CD20, CD22, cyµ, and slgM. In addition, T cell ALL were separated into four subtypes as pro-T cell ALL, pre-T cell ALL, thymic (cortical) T cell ALL, and mature T cell ALL according to EGIL classification. Pro-T cell ALL was defined as positive cytoplasmic CD3, CD7, TdT, and negative CD2, CD1a. Pre-T cell ALL was identified as positive cytoplasmic CD3, CD7, TdT, CD2, and negative CD1a. Cortical T cell ALL was described as positive cytoplasmic CD3, CD5, CD7 and CD1a. Mature T cell ALL group was defined as positive CD5, CD7, and negative CD1a with surface CD3 expression.7 Immunophenotyping results were assessed as positive when at least 20% of cells were positive for all Moab.8

BM samples were studied in EDTA tubes. The white blood cell count was examined and diluted to 10,000-15,000 cells in 1 ml. The dilution process used isotonic fluid. Each tube had antibodies inserted using different pipettes. After adding the antibodies, the bone marrow diluted to 100 microliters was added. After ensuring good mixing of antibody and bone marrow, tubes were incubated at room temperature in a dark place for 20 minutes. After the incubation duration, tubes obtained with the full blood lysis method had 500 microliters of Optilyse-C fluid added and they were mixed for a few seconds. They were left for incubation in the dark at room temperature for 10 minutes. The tubes then had 500 microliters isotonic fluid added and were incubated at room temperature and protected from light.

Statistical analysis: The obtained data were recorded on an assessment form. All statistical analyses were performed with the aid of SPSS 21.0 for Windows program. Descriptive statistics of data used mean, standard deviation, proportion and frequency values. Variables distribution was checked with the Kolmogorov Smirnov test. The quantitative data were analyzed with ANOVA test. For analysis of qualitative data, the chi-square test was used and the Fisher test if chi-square conditions were not provided. Kaplan-Meier and Cox regression analysis were used for survival analysis. P-value <0.05 was considered as significant.

RESULTS

Demographic features

This study included 105 patients (40 female, 65 male) with ALL. The mean age was 5.9 ± 3.8 years. The distribution of demographic characteristics at all patients according to EGIL classification is given in **Table 1**. Only one patient was pro-B cell ALL (4 years old). While the mean age at diagnosis was 5.1 ± 3.5 years, and 5.5 ± 3.6 years in Common-B cell ALL, and pre-B cell ALL, the mean age at diagnosis was 9.1 ± 2.6 years, 7.3 ± 6.0 years, and 10.5 ± 3.1 years in pre-T ALL, cortical T-ALL, and mature T-ALL, respectively. 13 (72.2%) patients with T-cell ALL were diagnosed above 6 years (p=0.001). **Table 2** was showed the distributions of age, and gender in immunophenotypes groups among ALL patients. The mean surveillance duration in T-cell ALL was 25.6 ± 18.8 months and was shorter despite not statistically significant (**Table 2**).

Clinical and Laboratory characteristics

Patients with T cell ALL showed higher levels of leukocyte counts (p=0.001). Especially, leukocyte counts on admission were found above 100.000/mm³ in patients with T cell ALL (p<0.05) (**Figure 1**).

Lymphadenopathy above 2 cm highly occurred in the T cell ALL groups than common B cell ALL and pre-B cell ALL groups (p<0.001) (**Figure 2**). At admission, extramedullary involvement was identified in 29 patients. Of theme, 11 cases had mediastinal involvement, eight cases had CNS involvement and four cases had testis involvement. Of three patients with CNS involvement were one retinal involvement, and three facial paralysis. T cell ALL group significantly highly suffered from mediastinal involvement (p<0.05). Mediastinal involvement was not identified in pre-B cell ALL cases. There were no significant differences between the immunophenotype subgroups in terms of extramedullary involvement besides mediastinal involvement (**Table 3**).

Table 1. Distribution of demographic characteristics at all patients according to immunophenotype subgroups									
	B-ALL T-ALL								
Common Pre-B Pre-T Cortical Matu B-ALL ALL ALL T-ALL T-A									
Case numbers	46	40	8	6	4				
Incidence (%)	44%	38%	7.5%	5.5%	4%				
Gender (M/F) (n)	31/16	20/20	6/2	5/1	3/1				
Age (year)	5.1±3.5	5.5±3.6	9.1±2.6	7.3±6.0	10.5±3.1				
ALL: acute lymphoblastic leukemia									

Table 2. Age, gender and surveillance duration in immunophenotype groups										
		Total (n=105)	Common B-ALL (n=47)	Pre-B ALL (n=40)	T-ALL (n=18)					
		N (%)/ Mean ± SD	N (%)/ Mean ± SD	N (%)/ Mean ± SD	N (%)/ Mean ± SD	р				
Ago	1-6 years	70 (66.7%)	35 (74.5%)	30 (75.0%)	5 (27.8%)	0.001				
Age	>6 years	35 (33.3%)	12 (25.5%)	10 (25.0%)	13 (72.2%)	0.001				
Gender	male	65 (61.9%)	31(66.0%)	20 (50.0%)	14 (77.8%)	0.009				
	female	40 (38.1%)	16 (34.0%)	20 (50.0%)	4 (22.2%)	0.098				
Surveillance (months)	e duration	32.9±18.8	31.9±17.9	36.9±18.9	25.6±18.8	0.097				
Chi square test, ALL: acute lymphoblastic leukemia										

80% 70% 60% 50% 40% 309 Dr. B All 209 OT-All 10% 0% 20000-50000 50000-100000 100000 leukocyte at diagnosis

 $\ensuremath{\textit{Figure 1.}}\xspace$ Distribution of leukocyte counts at time of diagnosis in ALL immunophenotype



Figure 2. Distribution of lymphadenopathy in ALL immunophenotypes groups

While PPR on 8th-day and M3 on 15th-day BMA more often occurred in T –cell ALL groups, M3 on 33th-day BMA was similar between all immunophenotype subgroups (**Table 4**).

When 91 patients with cytogenetic investigation performed are investigated, 38.5% (35 patients) were identified to have cytogenetic anomalies. When the literature is investigated in terms of cytogenetic anomalies t (12;21) translocation is defined as having good prognosis, while t (1;19), t (4;11) and t (9;22) groups have poor prognosis. As a result, translocation results were evaluated by separated into two groups. Translocation distribution was no significant difference among immunophenotype subgroups (p=0.246).

Of the 105, 11 (10.5%) patients was not follow-up, 16 (17.0%) had mortality. When evaluated according to immunophenotype subgroups, 5 (10.6%) common B cell ALL, 5 (12.5%) pre-B cell ALL, and 6 (33.3%) T cell ALL patients were observed mortality. The mortality rate in the T cell ALL group was significantly higher than in the common B cell ALL and pre-B cell ALL groups (p=0.036) (**Table 5**).

The general relapse rate of all patients was identified as 13.6% (12 cases). When relapse is evaluated among immunophenotype subgroups, the relapse rate was 8.5% in the common B cell ALL group and 7.5% in the pre-B cell ALL group, while it was found to be statistically significantly high at 27.8% in the T cell ALL group (p<0.05). Even though mortality was observed in 41.7% of cases who had a relapse, 2.6% of cases who had not relapse died.

Table 3. Extramedullary involvement in ALL immunophenotypes									
		Common B-ALL (n=47)		Pre-B-ALL (n=40)		T-ALL (n=18)		р	
		n	%	n	%	n	%	-	
Mediastinal involvement		2	4.3%	0	0.0%	9	50.0%	P<0.05	
C110	CNS1	42	89.4%	37	92.5%	15	83.3%		
CNS involvement	CNS2	2	4.3%	0	0.0%	1	5.6%	P>0,05	
	CNS3	3	6.4%	3	7.5%	2	11.1%		
Testis involvement		3	9.7%	0	0.0%	1	7.1%	P>0,05	

		Common	Common B-All (n=47)		Pre-B-All (n=40)		T-All (n=18)	
		n	%	n	%	n	%	
8th-day steroid response	Good	46	97.9%	38	95.0%	11	61.1%	D (0.05
	Poor	1	2.1%	2	5.0%	7	38.9%	P<0.05
	M1	40	85.1%	34	85.0%	9	50.0%	
15th-day BMA response	M2	5	10.6%	5	12.5%	1	5.6%	P<0.05
	M3	2	4.3%	1	2.5%	8	44.4%	
	M1	47	100%	39	97.5%	16	88.9%	
33th-day BMA response	M2	0	0.0%	1	2.5%	1	5.6%	P>0.05
	M3	0	0.0%	0	0.0%	1	5.6%	

Table 5. Surveillance outcomes for ALL immunophenotypes										
		Common B	Common B-ALL (n=47)		Pre-B-ALL (n=40)		. (n=18)	р		
		n	%	n	%	n	%			
Final status	Mortality	5	10.6%	5	12.5%	6	33.3%	0.026		
	Survival	35	74.5%	34	85.0%	9	50.0%	0.056		
Death in induction	No	44	95.7%	37	94.9%	15	88.2%			
	Yes	2	4.3%	2	5.1%	2	11.8%	P>0.05		

There was no statistically significant difference between the event free survival (EFS) and the overall survival (OS) rates in the common B ALL, pre-B ALL and T ALL groups (Kaplan Meier log rank p=0.103, p=0.05, respectively). The EFS rates are shown in **Table 6**. But 3 years EFS and 5 years EFS more lowly occurred 55%, 55% in T cell ALL groups, respectively. 3 years OS was found 63% in T cell ALL groups (**Table 7**). When OS analyzed between the common B ALL and T cell ALL groups, statistically significant differences were identified (Kaplan Meier log-rank, p=0.03, p=0.038, respectively). There was no statistically significant difference between the OS rates in the common B ALL and pre-B ALL groups (Kaplan Meier log-rank p=0.936) (**Figure 3**).





Logistic regression analysis results

A univariate model found the effect of leukocyte count at the time of diagnosis, hepatomegaly, splenomegaly, lymphadenopathy presence, 8th-day steroid response, 15^{th} day BMA response, risk group, immunophenotyping and recurrence development were significant for the patients' survival (p<0.05). The univariate model found no significant effect for age, gender, hematocrit value, platelet value, CNS involvement, cytogenetic anomaly presence, and 33^{th} -day BMA response (p>0.05) (**Table 8**).

The multivariate model revealed that only leukocyte value had an effect on survival, while all other variables remained insignificant (**Table 8**).

DISCUSSION

In the early period of development, lymphoid cells differentiate to lymphocytes by migrating from bone marrow to the lymph glands, spleen, and thymus. Thus, leukemia develops as a result of problems occurring for a variety of reasons at any stage of these differentiation steps. At the same time, uncontrolled proliferation of mutant cells forming as a result of some mutations may be responsible for the pathogenesis.⁸

European BFM study group reported that the distribution of immunophenotypes was 86% precursor B-ALL and 14% T-ALL rates.¹⁰ Besides 83% of patients in our study were diagnosed with B cell ALL, 17% of patients were diagnosed with T cell ALL. T cell ALL incidence rate in our study is similar to the 7.3% to 16% rates reported in the literature.¹ Blastic cells are in common B cell phenotype for most of the ALL patients. Moreover, the rate for common B cell ALL observed 51.6% in several studies.¹¹ Most of our ALL patients (44%) had common B cell ALL phenotype consistent with the literature. In addition, Scrappe et al. showed that immunophenotypes were characterized by 6% pro-B ALL, nearly 75% common B cell ALL, and 19% pre-B cell ALL.¹²

Table 6. Event-free survival (EFS) of cases according to immunophenotype subgroups									
		n count	Modian avant duration	E	р				
		ncount	Median event duration	3 year EFS	5 year EFS				
Immunophenotype	Common B -ALL	47	34 months (1-63 months)	80%	69%				
	Pre-B ALL	40	31.5 months (0-64 months)	77%	77%	0.103			
	T-ALL	18	19 months (0-56 months)	55%	55%				

Chi-square test (Fisher test), ALL: acute lymphoblastic leukemia

Table 7. Overall survival (OS) of cases according to immunophenotype subgroups									
					Overall survival rate				
		n count	Median surveillance duration	3 year OS	5 year OS	р			
Immunophenotype	Common B -ALL	47	35 months (1-63 months)	89%	89%				
	Pre-B ALL	40	39 months (0.5-64 months)	90%	83%	0.050			
	T-ALL	18	19 months (0.5-56 months)	63%	-	0.050			
	Total	105	36 months (0-64 months)	85%	81%				
Kaplan Meier, ALL: acute lymph	noblastic leukemia								

Table 8. Evaluation of the effects of all variables on survival 95% confidence interval Univariate model H.R р Minimum Maximum Age 1.04 0.91 1.19 0.526 0.36 2.74 Sex 1.00 0.994 Leukocyte count 2.51 1.65 3.81 < 0.001 Hematocrit 1.18 0.34 0.794 4.15 Platelets 0.53 0.26 1.10 0.087 Hepatomegaly 1 1 4 1 01 1 28 0.030 Lymphadenopathy 5.12 1.77 14.80 0.003 Splenomegaly 1.90 1.05 3.44 0.035 **CNS** Involvement 1.58 0.79 3.19 0.197 Cytogenetics 0.99 0.12 8.48 0.993 8th day steroid response 7.18 2.59 19.88 0.000 15th day BMA response 2.65 0.000 1.55 4.52 33rd day BMA response 2.02 0.70 5.89 0.196 Recurrence 3.31 1.15 9.53 0.027 Risk group (SRG/MRG/HRG) 0.58 0.001 6.26 0.11 5.52 1.7 0.004 Immunophenotyping 12.8 Multivariate reduced model Leukocyte count 2.51 1.65 3.81 < 0.001 Cox-Regression, CNS: central nervous system, BMA: bone marrow aspiration, SRG: standard risk group, MRG: moderate risk group, HRG: high risk group

While the Turkish BFM study group reported that the male/ female (M/F) ratio in TR-ALL BFM 2000 protocol was 1.2 (28), M/F ratio in developed countries was 1/1.2.^{13,14} In our study, the M/F ratio was identified 1.6/1 and was observed to be similar to recent studies. A study in Brazil by Rego et al. described that the M/F ratio in T cell ALL cases was 4.2/1 and highly dominated by males.¹⁵ In this study, the M/F ratio in T cell ALL cases was 3.5/1, similarly the literature.

Scrappe et al. showed that the median age of 2178 cases was 4.6 years.¹² In addition, Noronha et al.¹¹ reported that the median age of T cell ALL cases was 8 years. The mean age of our patients was 5.9 ± 3.8 years, the mean age of T cell ALL cases also was 8.8 ± 4.1 years.

Leukemia in children with T cell ALL usually presents with hyperleukocytosis. 18% of precursor B ALL cases had leukocyte count >50,000/mm³, while 51.4% of T cell ALL cases had leukocyte count >50,000/mm³.¹⁶ Noronha et al.¹¹ reported hyperleukocytosis in 81% of T cell ALL cases. Our study showed 50% (8/16) of our patients had WBC>100000/mm³ at the time of diagnosis.

with Patients cell ALL usualy present Т with hepatosplenomegaly and extramedullary involvement.¹⁷ Physical examination of our patients, 61.1% of T cell ALL group revealed lymphadenopathy above 2 cm. Schrappe et al.12 reported 8.1% mediastinal involvement at the time of diagnosis, 10.5% of our patients were observed similarly. In addition, most of mediastinal involvement usually present in the T cell ALL patients.¹⁴ In our study, the mediastinal involvement was 50% of T cell ALL despite 4.3% of common B cell ALL cases.

61.1% of T cell ALL cases were PPR, against 97.9% of common B cell ALL, and 95% of pre-B ALL cases were PGR in the 8th-day steroid response.¹⁸ In our study, 38.9 of T cell ALL cases were PPR in the 8th-day steroid response. Our study showed that patients with T cell ALL respond well to chemotherapy in the 8th-day steroid response.

The recently study determined M1 in 61.9% and M3 in 11.6% of precursor B cell, in spite of M1 in 55.1% and M3 in 25.3% in T cell ALL according to immunophenotype subgroup in 15th-day BMA response.¹⁹ Our results showed that M3 had a higher rate in T cell ALL patients in the 15th-day BMA response.

Relapse occurs for almost high rates in patients with T cell ALL. Patients with relapse had a short survival duration.¹² Simultaneously, mortality consisted of T cell phenotype for most of the patients with ALL.¹⁷ Most of our T cell ALL patients had relapse, death during induction treatment, and mortality as consistent with the literature.

Six-year EFS rate was observed 80.2% of precursor B ALL and 74.8% of T cell ALL in a study investigating 2169 pediatric cases received ALL-BFM 95 protocol in Austria.²⁰ 6-year EFS rates were identified as 77.5% at T cell ALL patients (n=121) treated with BFM protocol from 1989 to 1998.²¹ In our study, the 3-year EFS and 5-year EFS was 80%, 69% in the common B cell ALL group, respectively. In the pre-B cell ALL group, both 3-year EFS and 5-year EFS were similarly 77%. Despite the statistically not significant differences between EFS rates in the immunophenotype subgroups, 3-year EFS in T cell ALL group had lower rates (55.0%) compared to the other two groups. In addition, our study reported overall the prognosis of T cell ALL group was poor.

CONCLUSION

T cell ALL is associated with male gender, old age, high leukocyte counts, extramedullary involvement such as mediastinal mass or CNS involvement. Leukocyte counts, hepatomegaly, splenomegaly, lymphadenopathy, 8th-day steroid response, 15th-day BMA response, risk group, immunophenotype, and relapse were significantly related to prognosis. EFS and OS in patients with T cell ALL were lower than B cell ALL. T cell ALL is linked to poor prognosis.

The limitations of our study were a single-center experience, retrospective cohort study, low numbers of T cell ALL patients, short duration of follow up for evaluating EFS and OS and did not include < 1-year-old patient.

ETHICAL DECLARATIONS

Ethics Committee Approval: The study was approved by the local Ethics Committee of Dr. Behçet Uz Children's Hospital in accordance with the Helsinki Declaration (Project Number: 2012/47).

Informed Consent: All patients signed the free and informed consent form.

Referee Evaluation Process: Externally peer-reviewed.

Conflict of Interest Statement: The authors have no conflicts of interest to declare.

Financial Disclosure: The authors declared that this study has received no financial support.

Author Contributions: Accumulation of data: Sultan Adın Köker, data analysis/interpretation: Yeşim Oymak, Ferah Genel, statistical analysis: Dilek Ince, Yeşim Oymak, supervision or mentorship: Raziye Canan Vergin, Ferah Genel

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