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Keywords: Abstract. Coccinellid species (Coccinellidae: Coleoptera) are important components of biological Coccinellidae, aphid, mite, control in programmes of sustainable plant protection practices, and well-known predators in fruits, seasonal dynamic agroecosystems, In this study, the suppession of predatory coccinellid species on seasonal populations dynamics of aphid and mite species in apple, cherry, and hazelnut orchards were determined in two distinguishing agricultural areas. Coccinellid beetle populations of pest species were observed in apple and cherry orchards of Bolu province, and hazelnut orchards of Düzce province of Turkey throughout the growing seasons of 2015 and 2016. The specimens were sampled by Steiner's funnel, mouth aspirator, and hand-picking. A total of twenty-three coccinellid species belonging to 13 genera were determined. The coccinellids consisted of 13 species in apple orchards, 19 species in cherry orchards, and 5 species in hazelnut orchards. Stethorus gilvifrons Mulsant (21.1%) was the most abundant coccinellid, followed by Adalia bipunctata L. (14%), Coccinella septempunctata L. (8.8%), and Psyllobora vigintiduopunctata L. (8.8%) in rank order of abundance in apple orchards. S. gilvifrons (21.1%), Scymnus pallipediformis Gunther (13%), and S. apetzi Mulsant (12.2%) in cherry orchards; Chilocorus renipustulatus Scriba (59.1%) and Propylea quatuordecimpunctata L. (22.7%) were the most common coccinellid species in hazelnut orchards. *Corresponding author Aphid populations were higher during May through August of both years. Mite populations were gulaysahan@yahoo.com higher between July and September. These results are discussed considering current thinking on the importance of biological control as part of an integrated pest management program.

Elma, Kiraz ve Fındık Bahçelerindeki Coccinellid Türlerinin Sezonsal Dinamikleri

Anahtar kelimeler:	Özet. Coccinellid türleri (Coccinellidae: Coleoptera) sürdürülebilir bitki koruma programlarında
Anahtar kelimeler: Coccinellidae, yaprakbiti, akar, meyveler, sezonsal değişim	Ozet. Coccinellid türleri (Coccinellidae: Coleoptera) sürdürülebilir bitki koruma programlarında biyolojik mücadelenin önemli bileşenleridir ve tarımsal alanlarda iyi bilinen predatör türleri barındırırlar. Bu çalışmada, elma, kiraz ve fındık alanlarındaki predatör coccinellid türlerin yaprakbiti ve akar türleri üzerindeki sezonsal değişimlerinin etkisi belirlenmiştir. Coccinellid popülasyonlarının zararlılar üzerine etkisi Bolu ilide elma ve kiraz bahçelerinde, Düzce ilinde ise fındık bahçelerinde 2015 ve 2016 yıllarının üretim sezonları arasında takip edilmiştir. Örneklemeler Steiner hunisi, ağız aspiratörü ve elle toplama şeklinde yapılmıştır. Çalışma sonucunda toplam 13 cinse ait 23 coccinellid türü tespit edilmiştir. Elma bahçelerinde 13 tür, kiraz bahçelerinde 19 tür ve fındık bahçelerinde ise beş coccinellid türü belirlenmiştir. Elma bahçelerinde en yaygın tür olarak belirlenen <i>Stethorus gilvifrons</i> Mulsant (21.1%), <i>Adalia bipunctata</i> L. (14%), <i>Coccinella septempunctata</i> L. (8.8%) ve <i>Psyllobora vigintiduopunctata</i> L. (8.8%) takip etmiştir. Kiraz bahçelerinde <i>S. gilvifrons</i> (21.1%), <i>Scymnus pallipediformis</i> Gunther (13%) ve <i>S. apetzi</i> Mulsant (12.2%), fındık bahçelerinde ise chilocorus renipustulatus Scriba (59.1%) ve <i>Propylea quatuordecimpunctata</i> L. (22.7%) sırasıyla en yaygın türler olarak tespit edilmiştir. Yaprakbiti popülasyonları çalışmanın her iki yılında da Mayıs-Ağustos ayları arasında en yüksek seviyelerine ulaşmıştır. Akar popülasyonları ise en yüksek seviyeye Temmuz ve Eylül aylarında ulaşmıştır. Çalışma sonucunda elde edilen bulgular, entegre zararlı yönetiminin bir parçası olarak biyolojik mücadelenin önemi hakkındaki mevcut düşünceler dikkate alınarak tartışılmıştır.

INTRODUCTION

Coccinellids (Coleoptera: Coccinellidae), commonly known as ladybirds, ladybugs, or lady beetles, consisting of more than 6.000 identified species worldwide, consist of 360 different genera and 42 tribes (Nedved and Kovar, 2012; Zazycki et al., 2015). In Turkey, the Coccinellidae family is well-known with six subfamilies, 16 tribe, 39 genus, and 105 species (Uygun and Karabüyük, 2013; Oguzoglu et al., 2017). Some of them are carnivorous, prey on other insects as predators and some are herbivorous feed on plants. Besides, a very small group of them feed on pollens and fungi (Iperti, 1999; Lundgren, 2009). They are accepted as significant biological control agents in many crops and one of the greatest allies of the farmers (Obrycki and Kring, 1998; Hodek et al., 2012; Sarwar, 2016). Entomophagous coccinellids are well-known predators of Sternorrhyncha sub-order (Hemiptera), including aphids, scale insects, mites, psyllids, whiteflies, and allies, which are pests in agricultural fields, orchards, gardens, and similar other places (Hodek, 1973; Gordon, 1985; Hagen, 1987; Majerus, 1994; Kaçar, 2015). They have an important role in biological control-based pest management in agricultural production (Khan et al., 2007). In Turkey, there have been many successful classical biological and integrated pest management examples using coccinellids, such as Cryptolaemus montrouzieri Mulsant on Planococcus citri Risso (Hemiptera: Pseudococcidae), Rodolia cardinalis Mulsant on Icerya purchasi Maskell (Hemiptera: Margarodidae) which are also effective predators (Ponsonby and Copland, 1997; Erkılıc and Demirbas, 2007). Also, Exochomus nigromaculatus Goeze, Scymnus subvillosus Goeze, and S. apetzi Mulsant have been observed as common coccinellid predators that reduce pest populations in Turkey (Uygun, 1981). Although E. nigromaculatus, S. subvillosus and S.apetzi feed on aphid and diaspidid species. E. nigromaculatus has been reported feeding on spider mites (Düzgüneş et al., 1982; Bolu and Uygun, 2003; Aslan and Uygun, 2005; Kaya Başar and Yaşar, 2011).

Aphids (Hemiptera: Aphidoidea) and mites (Acari) are abundant and a remarkable economic group of pests damaging fruit crops in the world. Aphids are a various group of plant-feeding insects belong to Aphididae family of Hemiptera order. These pests predominantly found in temperate climate zones. Approximately 4000 aphid species have been described feeding over 250 agricultural and horticultural crops such as apple, cherry, peach, citrus, and plum. They are found primarily on the fresh parts of the host plants, including tips, flowers, young fruits, developing pods and cover the whole plant at high density (Blackman and Eastop, 2000; Favret, 2014; Blackman and Eastop, 2017). They cause damage directly by sucking cell sap and secreting honeydew resulting in the development of sooty mould on leaves and shoots and indirectly as vectors of certain plant viruses (DiFonzo *et al.*, 1997; Raboudi *et al.*, 2002; Dedryver *et al.*, 2010; Goggin *et al.*, 2017). Mites are another serious group of pests that feed on various plants. Mites feeding on plants cause the little yellow specks on leaf surfaces, and when a leaf is turned over, tiny and oval-shaped mites, about pinhead in size, pests are scurrying around. The economic importance of them is mostly based on their destructiveness to agricultural and ornamental plants. They cause direct damage by plant-feeding or by transmitting plant pathogens and viruses (Jeppson *et al.*, 1975; Lindquist *et al.*, 1996; Van Leeuwen *et al.*, 2010; 2015).

Predaceous coccinellids are associated with these arthropod pests as regulating populations naturally. Coccinellids provide good control of these pests by devouring them. Knowledge of the present species, their abundance and seasonal occurrence are considered to understand how to encourage coccinellid activity through conservation and augmentation. Also, knowing the prey/predator relationships is very important for the success of biological control. For this purpose, the current study was conducted to gain insight into the development of population dynamics of coccinellid communities on aphid and mite species in apple, cherry, and hazelnut orchards. This work will support future research on the species characterization and community composition of coccinellids on aphids and mites in fruit orchards.

MATERIAL AND METHOD

Study Sites

The study was carried out in the apple and cherry orchards of the Seben district of Bolu, and hazelnut orchards of Düzce in the Western Black Sea Region of Turkey in 2015-2016 years (Figure 1). Seben district (40° 24' 40" N, 31° 34' 11" E, 625 m) has a very suitable climate in terms of fruit growing. The climate of the Seben area is the semi-arid Mediterranean climate with cold winters (Aksoy, 2001). The 62% of Bolu fruit production made especially in Seben. Apple is the main crop among Seben fruit production, whereas cherries, peaches, and grapes are also important crops (Zenginbal, 2015; Kacar, 2019). Düzce province (40° 49' 59" N, 31° 10' 0" E, 150 m) has a moist and non-harsh climate seen in the coastal areas of the Black Sea region. The provincial territory is a pit in the central part, except for the coastal zone, and its environment consists of areas surrounded by

mountains. This area, which is called as Düzce plain, is great importance for agricultural production of this region. Hazelnut is the most cultivated plants in Düzce province (TUIK, 2020). This crop is the main income of many producers. "Tombul", "Çakıldak" and "Foşa" are common hazelnut varieties in this area.

Sampling Method

Each orchard was sampled each forthnight for two growing seasons. Samples were obtained during May and November of two years of this study. Trees were randomly sampled from four cardinal directions. Coccinellid samples were collected from each orchard accordingly different size of the area (Lazarov and Grigov, 1961; Kacar, 2015; Kacar and Koca, 2020) (Table 1).

Table 1. The number of sampled trees according to the number of trees available for sampling area (Lazarov and Grigov, 1961).

Number of total trees for each orchard	Number of sampled trees
1-20	All trees
21-70	10-30
71-150	31-40
151-500	41-80
501-100	15% of all trees
More than 1000	5% of all trees

Çizelge 1. Örnekleme alanı için mevcut ağaç sayısına göre örneklenen ağaç sayısı.

Adult or immature stages of coccinellids were sampled by shaking and knocking on the branch three times, a 1 m² section of tree foliage into a Steiner's funnel, mouth aspirator, and hand-picking. Immature stages of coccinellids were fed on their preys until the emergence of the adult stage. The samples were separated, pinned, and labelled in the laboratory for identification.

The presence of aphid and mite colonies was determined by counting on 10 shoots in four directions of the apple, cherry, and hazelnut trees. Samples were taken from winged and wingless forms of aphids during sampling and were placed to Eppendorf tubes containing 70% ethyl alcohol for identification. Also, shoot samples with mite damage were examined under a binocular microscope in the laboratory, and mite samples were taken into vials with 70% alcohol for identification.

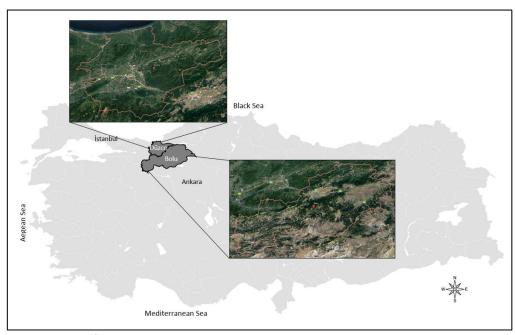


Figure 1. Map of Düzce and Bolu provinces where the study was conducted (Anonymous, 2020). *Şekil 1. Çalışmanın yürütüldüğü Düzce ve Bolu illerinin haritası.*

RESULTS

A total of 202 coccinellid specimens were collected from the apple, cherry, and hazelnut orchards. As a result of the study, 23 coccinellid species belonging to 13 genera were determined on the aphid and mite species

given in Table 2. Twenty-one species of coccinellids were predator and two species (*Subcoccinella vigintiquatuorpunctata* L., *P. vigintiduopunctata*) were phytophagous. *Stethorus gilvifrons* Mulsant (18.81%), *Scymnus pallipediformis* Gunther (9.41%), *Scymnus apetzi* Mulsant (8.91%), *Adalia bipunctata* L. (8.42%), and *Coccinella septempunctata* L. (6.94%) were determined as the most abundant species among of coccinellids. The fewest coccinellid species were *Nephus nigricans* Weise (0.50%), *Hippodamia (Semiadalia) undecimnotata* Schnd. (0.50%), and *Stethorus punctillum* Weise (0.99%).

Table 2. Aphid and mite species determined in apple, cherry, and hazelnut orchards in Bolu and Düzce during 2015 and 2016.

Çizelge 2. Bolu ve Düzce illerinde 2015 ve 2016 yıllarında elma, kiraz ve fındık bahçelerinde tespit edilen yaprakbiti ve akar türleri.

Host Plant	Order	Family	Species
	Hemiptera	Aphididae	Aphis pomi (Deg.)
Apple			Dysaphis plantaginea (Pass.)
Cherry	Acarina	Tetranychidae	Tetranychus urticae (Koch.)
			Panonychus ulmi (Koch.)
		Eriophyidae	Aculus schlechtendali (Nal.)
Hazelnut	Acarina	Eriophyidae	Phytoptus sp.
			Cecidophyopsis sp.

A total of 57 coccinellid individuals from 13 species were collected in apple orchards of Seben. *S. gilvifrons* (21.1%) was the most abundant coccinellid, followed by *A. bipunctata* (14%), *C. septempunctata* (8.8%), and *P. vigintiduopunctata* (8.8%). The fewest coccinellid species were *Adalia decempunctata* L. and *Coccinula quatuordecimpustulata* L, comprising 3.5% of the collecting species in apple orchards (Table 3).

The aphid population occurred from June to September in 2015, and from May to October in 2016 in apple orchards. The highest population densities of aphids were in May in both years. The mites were only seen in August of the first year, while their population occurred from May to October in the second year. The population of mites peaked in August 2016. The maximum population densities of coccinellids were observed in August 2015, whereas observed in October 2016. While observed that mite and aphid populations decreased, coccinellid populations reached the peak level in both years (Figure 2).

Table 3. Percentage of each species of the total of coccinellids collected (n=57) in apple orchards in Bolu during 2015 and 2016.

Subfamily/Tribe/ Species	n	Frequency (%)	
Subfamily Coccinellinae			
Tribe Coccinellini			
Adalia bipunctata (L.)	8	14.0	
Adalia decempunctata (L.)	2	3.5	
Adalia fasciatopunctata reveliesei (Mulsant)	3	5.3	
Coccinella septempunctata (L.)	5	8.8	
Coccinula quatuordecimpustulata (L.)	2	3.5	
Harmonia axyridis (Pallas)	3	5.3	
<i>Oenopia (Synharmonia) lyncea agnata</i> (Rosenhr.)	3	5.3	
Tribe Psylloborini			
Psyllobora vigintiduopunctata (L.)	5	8.8	
Subfamily Scymninae			
Tribe Scymnini			
Scymnus apetzi (Mulsant)	3	5.3	
Scymnus bivulnerus (Capra)	3	5.3	
Scymnus pallipediformis (Gunther)	3	5.3	
Tribe Stethorini			
Stethorus gilvifrons (Mulsant)	12	21.1	
Subfamily Epilachninae			
Tribe Epilachnini			
Subcoccinella vigintiquatuorpunctata (L.)	5	8.8	

Çizelge 3. Bolu ilinde 2015 ve 2016 yıllarında elma bahçelerindeki toplam coccinellid sayısı (n=57) ve her bir türün oranı.

Kaçar and Koca, Seasonal Dynamics of Coccinellid Assemblages in Apple, Cherry, and Hazelnut

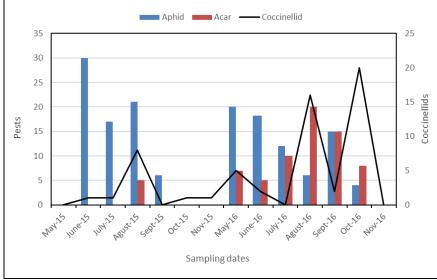


Figure 2. Patterns of population density of aphid, mite and coccinellids in apple orchards for two years. *Şekil 2. Çalışmanın yapıldığı iki yılda elma bahçelerindeki yaprakbiti, akar ve coccinellidlerin popülasyon yoğunluğu*.

Among 19 coccinellid species, *S. gilvifrons* was dominant and accounted of 21.1% of all coccinellids collected in cherry orchards of Seben, and followed by *S. pallipediformis* (13%), and *S. apetzi* (12.2%). The fewest coccinellid species in cherry orchards were found as *Adalia fasciatopunctata revelirei* Mulsant, *Hippodamia* (*Semiadalia*) undecimnotata (Schnd.), and *Nephus nigricans* Weise with 0.8% of all species (Table 4).

In cherry orchards, the aphids were observed from June to August 2015, and from June to October in 2016. The maximum population levels of aphids occurred in June 2015 and September 2016. The mites were seen only during June-October 2016, but no mite damage occurred in 2015. The coccinellid population increased from the start of the investigation and peaked in August 2015 and July 2016. The density of aphids and mites declined in the increasing population levels of coccinellids (Figure 3).

Table 4. Percentage of each species of the total of coccinellids collected (n=123) in cherry orchards in Bolu during 2015 and
2016.

Subfamily/Tribe/ Species		Frequency (%)
Subfamily Coccinellinae		
Tribe Coccinellini		
Adalia bipunctata (L.)	9	7.3
Adalia decempunctata (L.)	2	1.6
Adalia fasciatopunctata revelirei (Mulsant)	1	0.8
Harmonia axyridis (Pallas)	10	8.1
Hippodamia (Semiadalia) undecimnotata (Schnd.)	1	0.8
Coccinella septempunctata (L.)	9	7.3
Coccinula quatuordecimpustulata (L.)	2	1.6
Oenopia (Synharmonia) conglobata (L.)	2	1.6
Tribe Psylloborini		
Psyllobora vigintiduopunctata (L.)	3	2.4
Subfamily Scymninae		
Tribe Scymnini		
Nephus nigricans (Weise)	1	0.8
Scymnus apetzi (Mulsant)	15	12.2
Scymnus bivulnerus (Capra)	4	3.3
Scymnus frontalis (Fabricius)	4	3.3
Scymnus pallipediformis (Gunther)	16	13.0
Scymnus rubromaculatus (Goeze)	5	4.1
Scymnus (Pullus) subvillosus (Goeze)	5	4.1
Scymnus quadriguttatus (Fursch and Kreissi)		4.9
Tribe Stethorini		
Stethorus gilvifrons (Mulsant)	26	21.1
Stethorus punctillum (Weise)	2	1.6

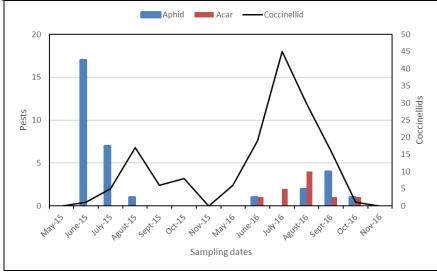


Figure 3. Patterns of population density of aphid, mite and coccinellids in cherry orchards for two years. *Şekil 3. Çalışmanın yapıldığı iki yılda kiraz bahçelerindeki yaprakbiti, akar ve coccinellidlerin popülasyon yoğunluğu.*

A total of 22 coccinellid individuals belonging to five species were collected in hazelnut orchards of Düzce province. *Chilocorus renipustulatus* Scriba (59.1%) and *Propylea quatuordecimpunctata* L. (22.7%) were the most common coccinellids in hazelnut orchards. Among these five species, *Harmonia axyridis* Pallas and *Subcoccinella vigintiquatuorpunctata* L. with 4.5% of density were determined as the least abundant coccinellids (Table 5).

Table 5. Percentage of each species of the total of coccinellids collected (n=22) in hazelnut orchards in Düzce during 2015 and 2016.

Subfamily/Tribe/Species	n	Frequency (%)
Subfamily Chilocorinae		
Tribe Chilocorini		
Chilocorus renipustulatus (Scriba)	13	59.1
Subfamily Coccinellinae		
Tribe Coccinellini		
Harmonia axyridis (Pallas)	1	4.5
Oenopia (Synharmonia) conglabata (L.)	2	9.1
Propylea quatuordecimpunctata (L.)	5	22.7
Subfamily Epilachninae		
Tribe Epilachnini		
Subcoccinella vigintiquatuorpunctata (L.)	1	4.5

Çizelge 5. Düzce ilinde 2015 ve 2016 yıllarında fındık bahçelerindeki toplam coccinellid sayısı (n=22) ve her bir türün oranı.

DISCUSSION

Our two years study represents the full investigation of the diversity and community composition of coccinellids in Düzce and Bolu provinces of Turkey. The local coccinellid communities was most diverse in cherry, followed by apple and hazelnut orchards. This may reflect the diversity of prey items or abundance. The subfamily Scymninae dominated the community of coccinellids in the apple and cherry orchards, followed by subfamily Coccinellinae. The subfamily Chilocorinae and Coccinellinae dominated In hazelnut orchards. The periods of their activities calculated every month basis for the coccinellid species on cherry and apple are shown in Fig. 2 and Fig. 3. The highest activity was recorded in June, July, August, and September, although more coccinellid species were present throughout the sampling period for each crop.

The coccinellid community in cherry was mainly dominated by the species belonging to the tribes Stethorini and Scymnini such as *S. gilvifrons*, *S. pallipediformis*, and *S. apetzi*. Many studies have been carried out for the survey of coccinellid species in cherry orchards in different provinces of Turkey. Among the coccinellid species *C. septempunctata* and *A. bipunctata* in Nigde and Adana provinces (Ulusoy *et al.*, 1999), *C. semptempunctata*, and *S. conglobata* in Elazığ and Mardin provinces (Cinar *et al.*, 2004), *S. gilvifrons* in Karaman province (Ozcan, 2007), *C. semptempunctata*, *S. conglobata* and *S. pallipediformis* in Diyarbakir province (Kaplan, 2019), and *S. gilvifrons*, *S. punctillum* and *C. septempunctata* in Bolu province (Kacar ve Koca, 2020) were previously reported.

It seems that the coccinellid species belonging to subfamilies Coccinellinae and Scymninae were the dominant according to these studies.

In apple, the species from the tribes Stethorini and Coccinellini were found the most abundant. *S. gilvifrons, A. bipunctata*, and *C. septempunctata* were dominated species in apple orchards. *S. vigintiquatuorpunctata, Vibidia duodecimguttata* (Poda) in Adana province (Yiğit and Uygun, 1982), *S. gilvifrons* in Antalya province (Ciftci *et al.*, 1985), *A. fasciatopunctata revelierei* and *S. conglobate* in Van province (Erol and Yasar, 1996), *C. septempunctata,* Scymnus sp., *P. quatuordecimpunctata,* and *S. punctillum* in Elazığ province (Ayaz and Yucel, 2010), and *C. septempunctata* in Bolu province (Kacar, 2019) were determined as common coccinellid species. Studies indicated that coccinellid species belonging to the subfamily Coccinellinae and Scymninae were the most abundant species in apple orchards in Turkey, as in cherry orchards. The tribe Stethorini was reported to the only specialist to mite predators in the Coccinellidae (Biddinger *et al.,* 2009). Some attractive characteristics of Stethorini such as prey consumption, longevity, and high reproductive capacity are crucial for biological control of mites.

Each adult of Stethorini may consume 30-60 mites per day (Kundoo and Khan, 2017). The tribe Scymnini contains very small, pubescent coccinellids that are associated with sucking pests such as mealybugs, aphids, diaspidids, and whiteflies (Vidya and Bhaskar, 2017). Members of the Scymnini was reported to feeding on sternorrhynchan Hemiptera; therefore, they are of interest to biological control (Ali *et al.*, 2015). Lastly, the tribe Coccinellini has various species in apple and cherry orchards. It has been reported that these species mostly feed on aphid species (Blackman, 1967; Triltsch, 1999; Pervez, 2004; Slipinski, 2007; Farhadi *et al.*, 2011; Kundoo and Khan, 2017).

The main pests were determined as big bud mites (*Cecidophyopsis* sp. and *Phytoptus* sp.) in hazelnuts of Düzce. The coccinellid community in hazelnut was mainly dominated by the species belonging to the tribes Chilocorini and Coccinellini such as *C. renipustulatus* and *P. quatuordecimpunctata*. Further, these species were only occurred in hazelnuts. But these are not included among the most favourite prey items for coccinellids. *Chilocorus* contains 79 species distributed all over the world and mainly preying on Coccoidea as the largest genus of the tribe Chilocorini (Giorgi *et al.*, 2009; Escalona *et al.*, 2017). Aphids also are preferred preying of most Coccinellini (Slipinski, 2007). Other phytophagous species, however, such as diaspidids and psyllids, are usually found in hazelnut orchards (field observation) and potentially attract several coccinellid species.

The population dynamics of coccinellids are usually intimately associated with the density of aphid population (Honek, 1982; Shulka, 1990). The biological control of mites also encompasses two groups of biocontrol agents: the predatory mites in the family Phytoseiidae and various species of coccinellids, particularly the tribe Stethorini (McMurtry *et al.*, 1970; Helle and Sabelis, 1985; McMurtry and Croft, 1997; Biddinger *et al.*, 2009). Studies of the association between prey and natural enemies have shown that predator species of Coccinellidae prominence with two characterises: searching ability and aggregation on host patches (Begon *et al.*, 1996). The findings of the current research show the presence of various coccinellid communities on different crops, which may be associated with the kind of prey items existed in the orchards. The information about the population structure of coccinellid community and the relationships between species and the host tree plays a critical role determining which species should be selected when a biological control scheme should be implemented as well as for improving subsequent management of ecosystems and the effectiveness of conservation policies (Santos *et al.*, 2012). The enrichment of coccinellids in any crop helps reduce pesticide use and regulates pest levels under more environmentally conscious farming practices. The increasing diversity of coccinellids supports a more complete biological control of pests in both space and time, as different species precede the type and stage of prey.

CONFLICT OF INTEREST

The authors declare that they have no competing interests.

DECLARATION OF AUTHOR CONTRIBUTION

G.K. conceived the original idea, and G.K. and A.S.K. performed research, analyzed the data and interpreted the results. All authors wrote, reviewed and approved the manuscript.

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