



In vitro urease and trypsin inhibitory activities of some sulfur compounds

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ABSTRACT

Background and Aims: Organosulfur compounds modulate the activities of plurality of metabolic enzymes, especially those that activate (cytochrome P_{450s}) or detoxify (glutathione-S-transferases) carcinogens. They also inhibit the formation of DNA adducts in different target tissues. The aim of the present study was to investigate the effect of some sulfur compounds on urease and trypsin activities *in vitro*.

Methods: In the present study, the inhibitory effect of sulfur compounds on the activities urease and trypsin were determined according to the method of Hanif et al. (2012) and Ribeiro et al. (2010), respectively.

Results: In comparison to the reference standard thiourea (IC₅₀= 53.81±0.68 µg/mL), S-allyl-L-cysteine (IC₅₀= 0.88±0.01 µg/mL) and D, L-methionine (IC₅₀= 0.91±0.02 µg/mL) had the highest urease inhibitor activity, corresponding to the lowest IC₅₀ values among the sulfur compounds. Among the sulfur compounds used in this study, D,L-methionine (IC₅₀= 0.13±0.01 mg/mL) exhibited the lowest IC₅₀ value for trypsin inhibitor, though its activity was less than that of tannic acid which was used as a standard (IC₅₀= 0.06±0.01 mg/mL).

Conclusion: The present outcome suggests that sulfur compounds are potential inhibitors of urease and trypsin activities, and may find importance in medicine and agriculture.

Keywords: Enzyme, inhibitors, sulfur compounds, urease, trypsin

INTRODUCTION

Urease (urea amidohydrolase, EC 3.5.1.5) is an enzyme that catalyzes the hydrolysis of urea to ammonia and carbon dioxide or carbamate. This enzyme contains nickel ion in its active center (Saeed et al., 2017). Ureasases are found in soil, higher plants, algae, fungi, bacteria and in invertebrates (Krajewska, 2009). The enzymes are important in the pathogenesis of many clinical conditions that are harmful to humans, animals, and crops. Increasing urease activity in agriculture causes important environmental and economic challenges. The ammonia released by the enzyme damages plants and soil (Amtul et al., 2006). Urease is a virulence factor found in a variety of pathogenic bacteria. *Helicobacter pylori* urease, one of the most studied bacterial ureases, causes gastritis, peptic ulceration and gastric cancer (Cox, Mukherjee, Cole, Casadevall, & Perfect 2000). Additionally, urease causes kidney stones formation and contributes to the pathogenesis of urolithiasis, hepatic coma, urinary catheter, encrustation, pyelonephritis, ammonia and hepatic encephalopathy, as well as reactive arthritis (Mobley, Island, & Hausinger, 1995; Ragsdale, 2009). Urease inhibitors are therapeutically important anti-ulcer drugs and are used to subdue microbial virulence (Onoda, Takido, Magaribuchi, & Tamaki, 1990). Since urease plays a key role in medicine and agriculture, its inhibitors are paramount for reducing the increased activity of the enzyme. Several classes of compounds have been shown to be urease inhibitors. Hydroxamate complex (Cheng, Zhang, You, Wang & Hai-Hua, 2014), homoserine lactone derivatives (Czerwonka et al., 2014), quinolones, oxadiazoles derivatives (Akhtar, Khan, Iqbal, Jones, & Hameed, 2014), oxindole derivatives (Taha et al., 2015), thiobarbituric acid derivatives

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(Khan et al., 2014a), pyrogallol and catechol (Xiao, Ma & Zhu, 2010), 1,2,4-triazole and 1,3,4-thiadiazole derivatives (Khan et al., 2010), 3,4,5-trihydroxybenzohydrazone (Taha et al., 2019), benzophenone semicarbazones/thiosemicarbazones (Arshia et al., 2016), and thioureas (Khan et al., 2014b) have already been investigated. However, current inhibitors are inefficient and may have toxic effects. For this reason, the search for new and effective inhibitors continues.

Trypsin (EC 3.4.21.4) is a digestive enzyme produced by pancreatic acinar cells and belongs to a class of enzymes called serine proteases. Serine proteases are involved in processes such as food digestion, blood coagulation, fibrinolysis, blood pressure control, protein maturation, and immune response. These enzymes also play important roles in a wide variety of important pathological processes such as atherosclerosis, inflammation and cancer (Borg, 2004). The pancreatic serine endoprotease activity of trypsin is involved in protein digestion, specifically by cleaving peptidic bonds on the C-terminal group of lysine or arginine (Kang, Kana, Yeung & Liu, 2006). It acts in the duodenum by hydrolyzing peptide bonds and breaking down proteins into smaller peptides, after which the peptide products are hydrolyzed to amino acids via the action of other proteases (Rawlings & Barrett, 1994; Byrne, et al., 2002).

Trypsin inhibitors are used in the treatment of pancreatitis shock and disseminated intravascular coagulation (Inoue & Takano, 2010). Plants have been good sources of trypsin inhibitors (VanderJagt, et al., 2000). For example, high concentrations of trypsin inhibitors are found in Fabaceae seeds as well as other plant tissues (Mosolov & Valueva, 2005; Ruan, Chen, Shao, Wu, & Han, 2011). More so, different inhibitors have been synthesized for trypsin and trypsin-like enzymes (Mares-Guia & Shaw, 1965; Markwardt, Landman, & Walsmann, 1968; Evans, Olson, & Shore, 1982; Toyota, Chinen, Sekizaki, Itoh, & Tanizawa, 1996; Liu, Jiang, Luo, Yan, & Shen, 1998; Venkatesin & Sundanam, 1998; Toyota, et al., 2001). Unfortunately, the synthesized compounds have side effects, therefore prompting continual studies in search for new and safer antitrypsin compounds/inhibitors. The aim of this study was to examine the inhibitory potential of some sulfur compounds on urease and trypsin activities.

MATERIALS AND METHODS

In vitro urease inhibitory activity

Urease inhibitory activity was assayed spectrophotometrically by the method of Hanif et al. (2012). In brief, phosphate buffer (0.1 M, pH 7.50, and containing 0.1 M urea), test compound and enzyme (5 Unit/mL) were incubated for 10 minutes at 37°C. Solutions of phenol reagent and alkali reagent were thereafter added to each well. Then, the reaction mixture was incubated for 10 minutes at 37°C again. Absorbance levels were read at 625 nm. Thiourea was used as standard. Percentage inhibition was calculated using the following formula:

$$\text{Urease inhibitory activity (\%)} = \left[\left(\frac{A - B}{A} \right) \times 100 \right]$$

A is the enzyme activity without inhibitor.

B is the activity in presence of inhibitor.

In vitro trypsin inhibitory activity

Trypsin inhibitory activity was determined by the method of Ribeiro et al., which depends on the hydrolysis of N- α -benzoyl-DL-arginine-p-nitroanilide (BAPNA) by trypsin (Ribeiro, Cunha, & Sales, 2010). The test reaction mixture comprised of a sample at varying concentrations, trypsin solution (0.3 mg/mL from bovine pancreas), 2.5 mM HCl and 50 mM potassium phosphate buffer (pH 7.50). The reaction mixture was incubated at 37°C for 10 minutes, followed by the addition of BAPNA (2.5 mM) solution to the reaction mixture and further incubation for 15 minutes at 37°C. The reaction was stopped by adding 30% acetic acid solution. The absorbance of the samples was measured at 410 nm and tannic acid was used as positive control. The percentage of trypsin inhibitory activity was determined according to the following equation:

$$\text{Trypsin inhibitory activity (\%)} = \left[\left(\frac{A - B}{A} \right) \times 100 \right]$$

A is the enzyme activity without inhibitor.

B is the activity in presence of inhibitor.

The IC₅₀ was determined as the concentration of sulfur compounds required to inhibit urease and trypsin activity by 50%. Percentage enzyme inhibition activities of the inhibitors were used to calculate half maximum inhibitions (IC₅₀) for individual enzymes, via regression analysis data. The lower the IC₅₀ values, the higher the inhibition activity.

RESULTS AND DISCUSSION

The inhibitory effects of some sulfur compounds on urease and their respective (IC₅₀) values are shown in Table 1.

The urease inhibitory activity of sulfur compounds were investigated *in vitro*, in comparison with thiourea. In order to quantify the urease inhibitory activity, the half maximal inhibitory concentration (IC₅₀) values were calculated as shown in Table 1. All the sulfur compounds used in the present study inhibited urease activity (Table 1), in a dose-dependent manner. Low IC₅₀ values indicate that the enzyme is highly inhibited. Among the sulfur compounds used, S-allyl-L-cysteine (IC₅₀= 0.88±0.01 µg/mL) and D, L-methionine (IC₅₀= 0.91±0.02 µg/mL) demonstrated higher urease inhibitory activity than that of the reference standard thiourea (IC₅₀= 53.81±0.68 µg/mL). N-acetyl-L-cysteine (IC₅₀= 65.55±0.89 µg/mL), S-benzyl-L-cystine (IC₅₀= 93.17±3.54 µg/mL) and L-cystine (IC₅₀= 120.96±7.55 µg/mL) also showed promising inhibitions against urease enzyme activity. The urease inhibitory activities of the sulfur compounds used in the present study decreased in the order of: S-allyl-L-cysteine > D,L-methionine > thiourea > N-acetyl-L-cysteine > S-benzyl-L-cysteine > L-cystine > D,L-homocysteine > L-cysteine hydrochloride > S-methyl-L-cysteine > taurine > L-alliin > vitamin U > S-phenyl-L-cysteine (Table 1).

Table 1. Inhibitory activities of sulfur compounds on urease.

Compounds/Standard	Concentration ($\mu\text{g/mL}$)	Inhibition (%)*	IC ₅₀ ($\mu\text{g/mL}$)*
N-Acetyl-L-cysteine	500	97.42 \pm 1.55	65.55 \pm 0.89
	100	76.29 \pm 1.03	
	10	35.05 \pm 3.09	
	1	23.71 \pm 0.01	
	0.1	14.95 \pm 0.52	
L-Alliin	5000	96.56 \pm 1.15	562.16 \pm 7.08
	2500	83.21 \pm 0.76	
	1000	74.43 \pm 1.15	
	500	45.04 \pm 0.01	
	250	32.82 \pm 3.05	
S-Allyl-L-cysteine	1000	97.29 \pm 0.96	0.88 \pm 0.01
	500	74.77 \pm 0.46	
	1	57.02 \pm 0.88	
	0.01	45.87 \pm 0.92	
	0.001	31.31 \pm 3.78	
S-Benzyl-L-cysteine	5000	87.07 \pm 1.36	93.17 \pm 3.54
	2500	75.85 \pm 1.70	
	500	62.93 \pm 0.34	
	100	53.74 \pm 2.04	
	10	41.16 \pm 0.34	
L-Cysteine hydrochloride	1000	95.45 \pm 1.14	290.22 \pm 28.57
	500	69.89 \pm 0.57	
	100	46.02 \pm 5.11	
	10	34.09 \pm 0.01	
	1	15.34 \pm 2.84	
L-Cystine	100	42.16 \pm 1.96	120.96 \pm 7.55
	50	30.88 \pm 2.45	
	25	25.49 \pm 1.96	
	10	19.12 \pm 2.45	
	1	10.29 \pm 1.47	
D,L-Homocysteine	500	92.13 \pm 0.46	226.82 \pm 6.78
	250	68.52 \pm 1.85	
	100	21.30 \pm 0.93	
	10	12.96 \pm 1.85	
	1	6.94 \pm 1.39	
D,L-Methionine	1000	98.60 \pm 0.01	0.91 \pm 0.02
	500	84.27 \pm 0.35	
	100	67.83 \pm 0.01	
	1	55.24 \pm 1.40	
	0.001	30.07 \pm 3.50	
S-Methyl-L-cysteine	500	62.00 \pm 1.00	339.19 \pm 22.37
	1	38.00 \pm 1.00	
	0.1	26.50 \pm 4.50	
	0.01	19.00 \pm 3.00	
	0.001	14.00 \pm 4.00	
S-Phenyl-L-cysteine	5000	70.86 \pm 0.01	3263.57 \pm 46.26
	2500	39.07 \pm 1.32	
	500	24.17 \pm 0.33	
	250	16.56 \pm 0.66	
	100	3.97 \pm 0.66	
Taurine	2500	90.08 \pm 0.83	509.30 \pm 21.40
	1000	69.42 \pm 0.83	
	500	49.17 \pm 2.07	
	100	30.17 \pm 0.41	
	10	15.70 \pm 1.65	

Table 1. Continue.

Compounds/Standard	Concentration ($\mu\text{g/mL}$)	Inhibition (%)*	IC ₅₀ ($\mu\text{g/mL}$)*
Thiourea **	250	84.12±0.59	53.81±0.68
	100	54.71±4.12	
	50	46.47±0.59	
	10	38.24±0.59	
	1	22.94±1.76	
Vitamin U	10000	97.75±0.01	899.82±27.27
	5000	70.79±2.25	
	1000	55.62±1.69	
	10	36.52±1.69	
	0.1	21.35±0.01	

* Mean \pm SD of triplicate values; ** It means standard.

Urease has the potential to be used in anti-ulcer drugs (Krajewska, 2009). Sulfur containing compounds such as thiourea, thiosemicarbazone, and thiocarbonyl compounds can form chelate with transition metal ions. Some thiosemicarbazone and thiourea derivatives have been reported to be efficient urease inhibitors (Pervez, Chohan, Ramzan, Nasim & Khan, 2009; Arshia et al., 2016; Pervez et al., 2018; Islam, et al., 2019; Li et al., 2020; Shehzad et al., 2020). Thiosemicarbazone derivatives strongly inhibit the enzyme. This is because the sulfur atom in the structure of the compound binds two nickel ions of the enzyme's active site, thereby hindering its activity. Many thiourea derivatives are known to be urease inhibitors. This is also due to their ability to chelate nickel ions at the enzyme's active sites (Kanwal et al., 2019; Kumar & Kayastha, 2010; Li et al., 2018). Islam et al. (2019) demonstrated that thiosemicarbazone derivatives highly inhibited the urease enzyme. The strong urease inhibition effect of methionine and S-allyl-L-cysteine as seen in the present study may be linked to the ability of the compounds sulphur ion to easily and strongly bind to the nickel ion of the urease enzyme active site and thus inhibiting the enzyme.

The percentage inhibitory effect and half maximal inhibitory concentration (IC₅₀) values effects of some sulfur compounds on trypsin activity are presented in Table 2.

The *in vitro* trypsin inhibitory effect of sulfur compounds, in comparison with tannic acid, are presented in Table 2. Lower (IC₅₀) values indicate greater trypsin inhibitory activity. All the tested compounds exhibited trypsin inhibition activities, except S-benzyl-L-cysteine and S-phenyl-L-cysteine. D,L-methionine (IC₅₀= 0.13±0.01 mg/mL) exhibited the highest trypsin inhibition activity among the sulfur compounds used in the present study. The trypsin inhibitory activities of the sulfur compounds decreased in the order of: tannic acid > D,L-methionine > taurine > S-allyl-L-cysteine > N-acetyl-L-cysteine > L-alliin > L-cysteine hydrochloride > D,L-homocysteine > vitamin U > S-methyl-L-cysteine > L-cystine. D,L-methionine (IC₅₀= 0.13±0.01 mg/mL), taurine (IC₅₀= 0.55±0.08 mg/mL), S-allyl-L-cysteine (IC₅₀= 1.27±0.21 mg/mL), N-acetyl-L-cysteine (IC₅₀= 2.60±0.17 mg/mL) and L-alliin (IC₅₀= 7.45±0.22 mg/mL) showed better inhibitions against trypsin activity.

Excessive activity of trypsin is strongly implicated in many diseases such as acute pancreatitis, inflammation and tumour formation. The balanced activity of trypsin is necessary for different physiological functions. The abnormal activity of proteolytic enzymes causes disorders such as pulmonary emphysema, arthritis, muscle dysentery, pancreatitis and cancer (Shahwar, Raza, Rehman, Abbasi & Rahman, 2012). Managing

Table 2. Inhibitory activities of sulfur compounds on trypsin.

Compounds/Standard	Concentration (mg/mL)	Inhibition (%)*	IC ₅₀ (mg/mL)*
N-Acetyl-L-cysteine	5	91.26±2.20	2.60±0.17
	2.5	38.25±2.36	
	1	33.06±3.65	
	0.1	22.95±1.29	
	0.01	4.10±0.45	
L-Alliin	5	37.66±0.60	7.45±0.22
	3.75	21.63±1.18	
	2.5	13.14±3.34	
	1	6.89±1.13	
	0.1	2.73±0.98	
S-Allyl-L-cysteine	0.25	16.58±1.43	1.27±0.21
	0.1	13.11±0.45	
	0.05	10.38±1.55	
	0.01	9.47±1.29	
	0.00001	7.83±1.36	

Table 2. Continue.			
Compounds/Standard	Concentration (mg/mL)	Inhibition (%)*	IC₅₀ (mg/mL)*
S-Benzyl-L-cysteine	5		
	2.5		
	1	N.D.	N.D.
	0.1		
	0.01		
L-Cysteine hydrochloride	25	98.78±1.44	
	10	72.26±1.04	
	1	41.16±3.74	8.00±0.66
	0.0001	26.52±2.35	
	0.000001	3.96±0.50	
L-Cystine	0.1	30.33±4.83	
	0.09	15.85±2.11	
	0.08	9.56±1.34	155.51±14.13
	0.07	4.10±1.34	
	0.06	1.37±0.45	
D,L-Homocysteine	5	26.50±1.05	
	4	20.85±2.69	
	1	14.70±2.72	12.32±1.00
	0.25	10.94±1.28	
	0.01	6.67±0.73	
D,L-Methionine	0.1	40.00±1.95	
	0.01	30.81±1.08	
	0.005	15.86±1.56	0.13±0.01
	0.0025	11.35±2.16	
	0.0001	7.21±2.67	
S-Methyl-L-cysteine	50	49.74±1.21	
	1	37.69±4.78	
	0.5	19.74±2.93	51.37±1.93
	0.25	10.77±1.67	
	0.01	1.54±0.24	
S-Phenyl-L-cysteine	5		
	1		
	0.5	N.D.	N.D.
	0.1		
	0.01		
Tannic acid**	0.1	85.50±0.71	
	0.075	51.50±0.71	
	0.05	47.83±0.62	0.06±0.01
	0.025	41.17±1.55	
	0.01	7.67±0.24	
Taurine	1	69.82±2.49	
	0.01	43.60±5.77	
	0.0001	34.15±1.75	0.55±0.08
	0.00001	31.71±1.72	
	0.0000001	5.49±1.75	
Vitamin U	50	99.36±0.23	
	25	78.21±0.60	
	10	39.10±2.67	16.07±1.11
	1	29.81±3.49	
	0.01	12.66±0.48	

* Mean ± SD of triplicate values; ** It means standard; N.D. means not detected.

or treating such diseases with protease inhibitors obtained from natural sources provides an important goal in pharmaceutical research (Freder, Maliar, & Miertus, 2000; Maliar, Jedinak, Kadrađova, & Sturdik, 2004; Tossi, Bonin, & Anthceva, 2000). Studies on the inhibitory effects of plant polyphenols and other phytochemicals on trypsin activity have been ongoing

(Rohn, Rawel, & Kroll, 2002; Klomklao, Benjakul, Kishimura & Chaijan, 2011; Shahwar et al., 2012). The various inhibitors bind to the amino acids (serine, histidine and aspartate) at the active center of the enzyme, therefore causing inhibition of the enzyme. Among the sulfur compounds examined in the present study, methionine, taurine and S-allyl-L-cysteine, which are the

sulfur amino acids, were the most active inhibitors of trypsin. These substances make the enzyme inactive by binding to the serine amino acid in the active site of the enzyme.

Methionine, a precursor of succinyl-CoA, homocysteine, cysteine, creatine, and carnitine, is an essential sulfur-containing amino acid. It is also known to inhibit oxidative damage in various tissues. It prevents DNA damage, cancer, cardiovascular diseases, neuropsychiatric disorders and neurodegenerative diseases. In addition, it plays an important role in detoxification, since it removes sulfur containing sections by chelation (Patra, Swarup, & Dwivedi, 2001; Martinez et al., 2017). Therefore, its aforementioned medical significance coupled with its strong trypsin inhibition may go a long way in managing and subsiding degenerative diseases if properly exploited.

CONCLUSIONS

The results of the present study indicate that sulfur-containing compounds are effective inhibitors of urease and trypsin activities. The highest inhibitory effect was exhibited by methionine. Therefore, methionine can be suggested to have an important role in enzyme inhibition, as well as in preventing diseases that may arise due to hyper activities of these enzymes.

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