

Analysis of Genotoxic Damage in Different Diseases

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ABSTRACT

Aim: Research has revealed that diseases changed the repair mechanism of DNA chain breaks. Recent studies indicate that genomic instability results in cancer. The present study aimed to assess the association between diseases and DNA damage measured with the comet assay in humans.

Method: In a cross-sectional study the level of genotoxic damage was evaluated in peripheral blood samples by simple random sampling method in Turkish adults using Single Cell Gel Electrophoresis assay. The results of possible DNA damage levels of disease groups were compared with the results of healthy people. A p-value of less than 0.01 was considered as statistically significant.

Results: 128 (52 women and 76 men) participated in the study. The tail moment was 1.39 ± 1.21 in healthy groups and 1.41 ± 0.91 in patient groups. Our result showed that participants with hepatitis, thyroid dysfunctions, and psychiatric diseases had statistically significant differences in DNA damage compared to healthy ones.

Conclusion and Suggestions: Our findings suggest that patients with hepatitis, thyroid dysfunctions, and psychiatric diseases are at risk of genotoxic damage. Genotoxicity tests have gained importance in early biomonitoring of cancer. Therefore, the relationship between diseases and cancer development should be investigated with different genotoxic experiments.

Farklı Hastalıklarda Genotoksik Hasarın Analizi

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ÖZ

Amaç: Son yıllarda yapılmış olan araştırmalar ile hastalıkların DNA zincir kırıklarının onarım mekanizmasını değiştirdiği ortaya çıkarılmıştır. Genomik kararsızlığın da kansere neden olduğu bilimsel çalışmalarla gösterilmiştir. Sunulan çalışmada farklı hastalık gruplarındaki bireylerde olası genotoksik hasarın comet deneyi ile araştırılması amaçlanmıştır.

Yöntem: Sunulan kesitsel çalışmada 18 yaşından büyük kişilerin periferik kan örneklerinde olası DNA hasarı tek hücre jel elektroforezi deneyi ile analiz edilmiştir. Farklı hastalık gruplarındaki kişilere ait olası DNA hasar düzeyi sonuçları kontrol grubunu oluşturan sağlıklı kişilerin sonuçları ile karşılaştırılmıştır. $p < 0.01$ değeri istatistiksel anlamlılık düzeyi olarak kabul edilmiştir.

Bulgular: Sunulan araştırmaya 52 kadın, 76 erkek 128 gönüllü katılmıştır. Sağlıklı bireylerden oluşan kontrol grubunda kuyruk momenti değeri 1.39 ± 1.21 olarak tespit edilirken bu değer hastalığa sahip bireylerin oluşturduğu grupta 1.41 ± 0.91 olarak tespit edilmiştir. Hastalık ve kontrol grubunda kuyruk momenti değeri sonuçları karşılaştırıldığında tiroid, hepatit ve psikiyatrik hastalık gruplarındaki kişilerde sonuçlara göre istatistiksel olarak anlamlı fark bulunmuştur ($p < 0.01$).

Sonuç ve Öneriler: Sonuçlarımız tiroid, hepatit ve psikiyatrik hastalıkların DNA hasarını etkileyebileceğini göstermektedir. Genotoksosite testleri kanserin erken dönem biyoizlenmesinde oldukça önem kazanmıştır. Bu nedenle farklı genotoksosite testleri ile de hastalıkların gelişimi ve kanser arasındaki ilişki araştırılmalıdır.

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INTRODUCTION

Recent studies indicate that genomic instability results in cancer. DNA damage may be associated with different diseases such as diabetes (Ibarra-Costilla et al., 2010; Moller et al., 2020), cardiovascular diseases (Demirbağ et al., 2005; Othmène et al., 2020), thyroid dysfunctions (Gerić, et al., 2016; Xu et al., 2021), stomach diseases (Poplawski et al., 2013; Sayed et al., 2020), asthma (Zeyrek et al., 2009; Hasbal et al., 2010; Gaballah et al., 2018), hepatitis (Horoz et al., 2006; Bolukbas et al., 2006; Mikhailov et al., 2017), musculoskeletal disorders (Esteves et al., 2017), and psychiatric diseases (Andreazza et al., 2007; Czarny et al., 2015). Previous studies putting forward that DNA damage are associated with diseases (Mohamed et al., 2017; Moller et al., 2020). Cellular parameters can in some cases detect early stages in the development of disease, or indicate risk of future disease (Collins et al., 2014). Measuring DNA damage, by genotoxicity tests, can be a marker of risk for cancer and other chronic diseases for an individual (Collins et al., 2014; Moller et al., 2020). The alkaline single-cell gel electrophoresis assay (comet assay) is the most important and widely used genotoxicity test in human biomonitoring studies (Milić et al., 2021). There is no study which gives information about the level of DNA damage in different disease groups in Turkish adults. The present study aimed to assess the association between DNA damage and diabetes, cardiovascular disease, thyroid dysfunction, stomach disease, asthma, hepatitis, musculoskeletal disorders, psychiatric diseases groups. For this purpose possible DNA damage levels measured with the comet assay. The levels of possible DNA damage in patients with compared with healthy controls to analysing genotoxic damage.

METHOD

Research Design

Present study, design as a cross-sectional study. A total of 128 volunteers aged 18 and over were included. We analyzed the correlation of diabetes, cardiovascular diseases, thyroid, stomach diseases, asthma, hepatitis, musculoskeletal disorders, and psychiatric diseases with DNA damage levels.

Study Group

This study was performed from April to December 2020 on 128 volunteers in Turkey. Among the volunteers who wanted to participate in the study, 64 patients and 64 control groups were selected by simple random sampling method. 52 females (40.6%), and 76 males (59.4%) who were ≥ 18 ($M_{age}=33.6\pm 10.8$) were included. The blood samples were taken from each individual participating in the study into a heparine tubes. The correlation of diabetes, cardiovascular diseases, thyroid, stomach diseases, asthma, hepatitis, musculoskeletal disorders, and psychiatric diseases with DNA damage levels were analyzed.

Research Instruments and Processes

Alkaline Single Cell Gel Electrophoresis (Comet Assay): In this study, the possible damage level in DNA was analyzed with the Comet Assay. Alkaline Single Cell Gel Electrophoresis was applied according to the method of Tice et al. (2000). For detection of DNA damage, the values of DNA tail length (μm), tail density (DNA%), and tail moment parameters were recorded using the Comet Experiment Imaging Analysis System. All preparations were coded to reduce reader errors and were evaluated in a single-blind method.

Data Analysis

The data were analyzed using the Statistical Package for Social Sciences (SPSS) version 21. Demographic characteristics of the participants were analyzed by calculating the mean and standard deviation (Std) values. A p-value of less than 0.01 was considered as statistically significant.

Ethic

This study was approved by Süleyman Demirel University Clinical Research Ethics Committee (dated 17.11.2020 and 367 decision number), A volunteer consent form was signed by each individual participating in the study.

RESULTS

128 volunteer ($M_{age}=33.60\pm 10.80$) ≥ 18 ages were included in present study. Our analysis showed that 14.7% of participants had diabetes, 11.8% cardiovascular diseases, 7.4% thyroid, 14.7% stomach disease, 16.2% lung diseases, 8.8% hepatitis, 11.8% musculoskeletal disorders, and 7.4% psychiatric diseases. The demographic characteristics of study groups were shown in Table 1.

Table 1. Demographic Characteristics of Study Groups

Study Groups	N	Percentage (%)
Diabetes	10	14.7
Cardiovascular	13	19.1
Thyroid	5	7.4
Stomach Disease	10	14.7
Astma/COPD	11	16.2
Hepatitis	6	8.8
Musculoskeletal Disorders	8	11.8
Psychiatric Diseases	5	7.4

In this study, the genotoxic damage among patients and healthy groups were compared. The comet assay parameters of tail length (μm), tail moment, and tail intensity (DNA%) were shown in Table 2. The comet assay parameters of tail length (μm), tail moment, and tail intensity (DNA%) based on different age groups, gender, and smoking status of participants in two groups were compared and shown in Table 3.

Table 2. Comet Assay Results of Study Groups

Parameters	Tail length	Tail moment	Tail intensity
Control	29.1 \pm 4.41	1.39 \pm 1.21	5.72 \pm 2.10
Disease	29.0 \pm 4.04	1.41 \pm 0.91	5.80 \pm 1.90

Table 3. The Comet Assay Results of Study Groups Based on Different Age Groups, Gender, and Smoking Status

Variables	Tail length		Tail moment		Tail intensity	
	Control	Disease	Control	Disease	Control	Disease
Age						
18-25	28.9 \pm 2.92	30.3 \pm 4.17	1.28 \pm 0.57	1.43 \pm 0.44	6.44 \pm 1.66	5.90 \pm 1.70
26-33	29.4 \pm 4.70	30.2 \pm 4.62	1.63 \pm 1.75	1.30 \pm 0.50	5.20 \pm 2.45	5.52 \pm 2.05
34-41	29.3 \pm 6.87	28.3 \pm 2.88	1.06 \pm 0.39	1.61 \pm 1.72	4.99 \pm 1.70	5.29 \pm 1.95
41-49	25.3 \pm 2.14	28.4 \pm 4.38	1.22 \pm 0.35	1.40 \pm 0.46	6.14 \pm 0.88	6.39 \pm 1.84
≥ 50	33.1 \pm 4.99	27.6 \pm 3.43	1.30 \pm 0.33	1.31 \pm 0.49	6.53 \pm 3.55	6.15 \pm 1.76
Gender						
Female	29.0 \pm 3.15	29.2 \pm 4.34	1.32 \pm 0.43	1.50 \pm 0.59	6.09 \pm 1.98	6.45 \pm 2.58

Male	29.2±5.85	28.1±3.52	1.50±1.84	1.39±0.99	5.18±2.18	5.62±1.65
Smoking						
No	29.4±4.62	28.9±3.77	1.48±1.39	1.62±1.25	5.79±2.17	5.95±1.77
Yes	28.2±3.79	29.1±4.29	1.19±0.46	1.26±0.51	5.54±1.96	5.69±2.02

The comet assay results of diabetes, cardiovascular diseases, thyroid dysfunctions, stomach diseases, hepatitis, asthma, chronic obstructive pulmonary disease (COPD), musculoskeletal disorders, and psychiatric diseases were shown in Table 4. Our result showed that there were statistically significant differences in the tail length amounts between psychiatric diseases (0.08), hepatitis (0.08), and thyroid dysfunctions (0.07), and the healthy group. Also, there were statistically significant differences in the tail moment amounts between hepatitis (0.06), and thyroid dysfunctions (0.07), and healthy ones. Furthermore, there were statistically significant differences in the tail intensity results between psychiatric diseases (0.05), hepatitis (0.08), and thyroid dysfunctions (0.07), and the control group.

Table 4. Comet Assay Results of Disease Groups

Diseases	Tail length	Tail moment	Tail intensity
Diabetes	28.1±2.65	1.41±0.48	5.90±2.28
Cardiovascular Diseases	30.9±5.29	1.28±0.54	5.28±2.19
Tyroid*	28.6±2.70	1.37±0.41	6.32±1.24
Stomach Disease	29.8±5.22	1.45±0.42	6.22±1.79
Hepatitis*	27.1±1.66	1.43±0.46	6.20±1.87
Astma/COPD	26.5±2.74	1.13±0.43	5.50±1.67
Musculoskeletal Disorders	29.3±1.55	1.41±0.68	6.88±2.08
Psychiatric Diseases*	31.6±6.07	2.34±2.98	4.05±1.72

*Psychiatric diseases (p=0.05), hepatitis (p=0.08), and thyroid dysfunctions (p=0.07).

The tail moment results of disease and control groups were shown in Figure 1. Also, comet parameters which include the tail length; tail moment; and tail intensity results of disease and control groups were shown in Figure 2.

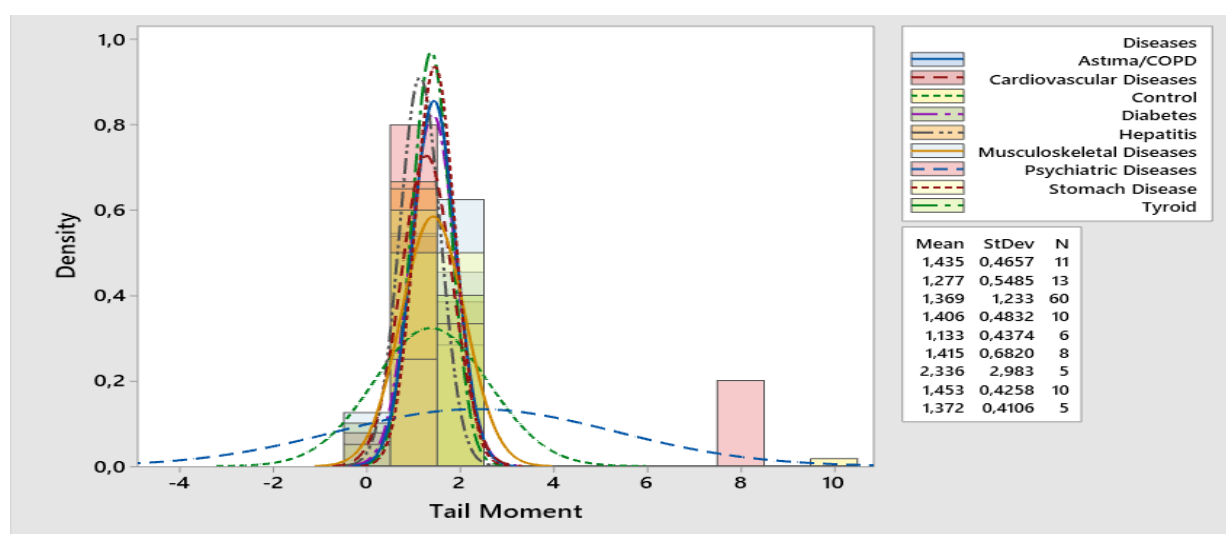


Figure 1. Tail moment values of study groups

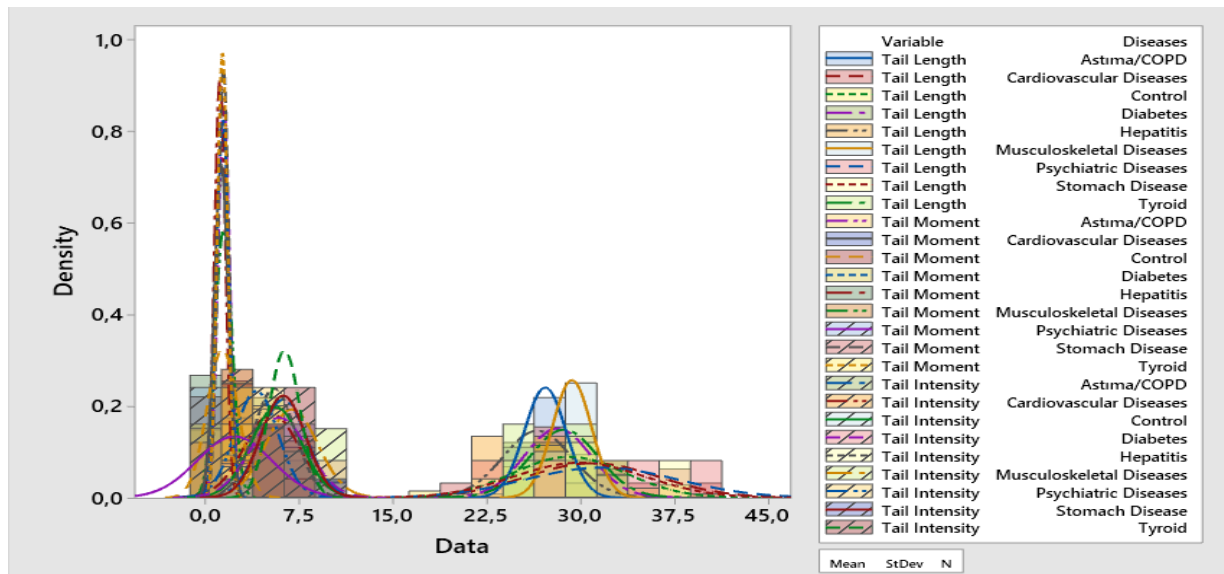


Figure 2. Tail length; tail moment; tail intensity values of study groups

DISCUSSION

In the present study, we purposed to investigate the possible genotoxic damage of different diseases using the comet assay that is one of the important genotoxicity experiments. In general, our result showed that participants with hepatitis ($p=0.08$), thyroid dysfunctions ($p=0.07$), and psychiatric diseases ($p=0.05$) had statistically significant differences in DNA damage compared to healthy ones. Many studies have examined the relationship between DNA damage and diseases in the scientific literature (Nelson & Dizdaroglu, 2020; Jackson & Bartek, 2009). DNA damage is one of the major reasons for cancer. Genotoxicity tests performed by measuring DNA damage are very important for early detection of cancer. Besides, genotoxicity test results have also been a risk consideration, usually in support of carcinogenicity assessments (Dearfield et al., 2002; Mohamed et al., 2017).

Our results showed that there was no significant difference in DNA damage in the type 2 diabetes mellitus and the control groups. One of our hypotheses was about diabetes patients. Similar to our results Ibarra-Costilla et al. (2010) evaluated DNA damage levels in 71 Mexican patients with type 2 diabetes mellitus using the comet assay. They found no significant differences in DNA damage in the study groups. Also, Mamur et al. (2016) compared comet assay parameters between diabetic and non-diabetic individuals. They found that diabetes mellitus patients were not statistically significantly affected by DNA damage. Besides, Pitozzi et al. (2003) showed no differences in the levels of DNA damage between the type 2 diabetes patients and healthy controls. Anderson et al. (1998) study analyzed DNA damage levels in diabetic patients using the comet assay. They indicated that DNA damage was at a lower than in the control.

Another hypothesis was about cardiovascular diseases. Our results showed that there was no significant difference in DNA damage in the cardiovascular diseases and the control groups. Demirbag et al. (2005) and Botto et al. (2002) evaluated the relationship between DNA damage and cardiovascular disease. According to their studies, DNA damage was significantly higher in coronary artery disease patients than in the control group ($p<0.001$). Similarly, Bhat & Gandhi (2017) showed that DNA damage in cardiovascular patients was significantly ($p<0.001$) more than in the control group. They evaluated comet parameters and found that tail DNA percent was 22.45 ± 0.50 and tail moment was 89.35 ± 3.16 .

Regarding thyroid dysfunctions, our analysis showed that there were significant differences between the amount of the tail length; tail moment; and tail intensity in thyroid dysfunctions patients

and the healthy ones. As in our study, Gerić et al. (2016) evaluated genome damage in patients with papillary thyroid cancer, follicular thyroid adenoma, and other thyroid diseases. They detected that the patients' group had higher comet assay tail intensity than control volunteers. However, Leprat et al. (1998) analyzed DNA damage using alkaline single-cell gel electrophoresis assay in patients with thyroid diseases. Their analysis showed no significant differences between patients and controls.

According to our results the relationship between DNA damage and psychiatric diseases were statistically significant. We found that the highest tail moment and tail length in psychiatric diseases. Psychiatric diseases can cause increased DNA damage (Ahmadimanesh, et al., 2019; Aleissa et al., 2019). Studies provide that evidence of high oxidative stress statuses and inadequate DNA repair capacities in patients with psychiatric diseases (Toprak et al., 2018; Panwar et al., 2020).

Finally, regarding hepatitis, our analysis showed that there were significant differences between the amount of the tail length; tail moment; and tail intensity in hepatitis patients and the healthy ones. Similarly, Fujita et al. (2008) showed that hepatic oxidative DNA damage is common in chronic viral hepatitis. Also, Mikhailov et al. (2017) evaluate DNA damage by comet assay. In hepatitis patients. They found a significant difference between DNA damage and patients with chronic viral hepatitis C and, B. In our study, the number of hepatitis patients was only six, so hepatitis type was not divided into subgroups such as C and B. The low number of individuals in the groups due to the small number of volunteers participating in the study is among the limiting factors of our study.

CONCLUSION

Genotoxicity test is one of the methods used to evaluate DNA damage in an individual cell and is a widely used tool for monitoring genome stability in human diseases. DNA damage may play a role in the etiology of several degenerative diseases as well as cancers. Also, DNA damage is probably the most important fundamental cause of degenerative disease. Genotoxicity researches are important for biomonitoring of biological effect. In the present research, we aimed to evaluate the influence of DNA damage in patients with diabetes, cardiovascular disease, thyroid dysfunctions, stomach diseases, hepatitis, asthma, COPD, musculoskeletal disorders, and psychiatric diseases and compared them with healthy individuals in Turkey. Our result showed that participants with hepatitis, thyroid dysfunctions, and psychiatric diseases had statistically significant differences in DNA damage compared to healthy ones. Our findings suggest that patients with hepatitis, thyroid dysfunctions, and psychiatric diseases are at risk of genotoxic damage. Therefore, new studies with more participants aiming to investigate the relationship between genotoxic damage and diseases are needed. In fact, new studies should be conducted in which patients in each disease group will be followed up and whether there is cancer development or not.

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Conflict of Interest

The authors declare that are no conflict of interests.

Author Contributions

Design: G.G.; Data collection or processing: G.G., N.H.; Analysis or interpretation: N.H.;

Literature search: G.G.; Writing: G.G., N.H.

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