

Evaluation of the in vitro efficacy of non-beta-lactam antibiotics in extended-spectrum beta-lactamase-producing and non-producing *Klebsiella* spp. and *Escherichia coli* strains

Genişlemiş spektrumlu beta-laktamaz üreten ve üretmeyen *Klebsiella* spp. ve *Escherichia coli* suşlarında beta-laktam dışı antibiyotiklerin in vitro etkinliğinin değerlendirilmesi

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ABSTRACT

Objective: Bacteria develop resistance to many antibiotics by using different mechanisms. The resistance of bacteria secreting extended-spectrum beta-lactamases to many antibiotics limits our treatment options. In this study, we investigated the in vitro efficacies of non-beta-lactam antibiotics in *Escherichia coli* (*E. coli*) and *Klebsiella* spp. strains.

Material and Method: In our study, we investigated the presence of ESBL in 97 ESBL-negative (61 *E. coli*, 36 *Klebsiella* spp.) and 54 ESBL-positive (33 *E. coli*, 21 *Klebsiella* spp.) strains of nosocomial origin isolated from blood culture through a phenotypic confirmation test. We determined in vitro efficacies of aminoglycoside and quinolone group antibiotics by the agar dilution method.

Results: The susceptibility rates of ESBL- non-producing and producing strains were 81.4%-48.1% to ciprofloxacin, 85.5%-50% to levofloxacin, 81.4%-46.3% to ofloxacin and moxifloxacin, 99%-37% to gentamicin, 97.9%-57.4% to netilmicin, and 99%-96.2% to amikacin, respectively.

Conclusion: In our study, we found that all aminoglycoside and quinolone group antibiotics showed low efficacies. Amikacin had the highest in vitro activity in *E. coli* and *Klebsiella* spp. strains.

Keywords: Extended-spectrum beta-lactamase, aminoglycoside, quinolone, minimal inhibitory concentration

ÖZ

Amaç: Bakteriler bir çok antibiyotiklere farklı mekanizmaları kullanarak direnç geliştirmektedir. Genişlemiş spektrumlu beta-laktamaz (GSBL)-üreten bakterilerin pek çok antibiyotiğe karşı dirençli olmaları tedavi seçeneklerimizi kısıtlamaktadır. Bu çalışmada in vitro olarak *Escherichia coli* (*E. coli*) ve *Klebsiella* spp. suşlarında beta-laktam dışı antibiyotiklerin etkinliğini araştırdık.

Gereç ve Yöntem: Çalışmamızda kan kültüründen izole edilen nosokomial kökenli 97 GSBL-negatif (61 *E. coli*, 36 *Klebsiella* spp.) ve 54 GSBL-pozitif (33 *E. coli*, 21 *Klebsiella* spp.) suşunda GSBL varlığı fenotipik doğrulama testi ile araştırıldı. Aminoglikozid ve kinolon grubu antibiyotiklerin in vitro etkinlikleri agar dilüsyon yöntemi ile belirlendi.

Bulgular: GSBL-üreten ve üretmeyen suşların duyarlılık oranları sırasıyla siprofloksasin için %81,4-48,1; levofloksasin için %85,5-50; ofloksasin ve moksifloksasin için %81,4-46,3; gentamisin için %99-37; netilmisin için %97,9-57,4 ve amikasin için de %99-96,2 olarak bulundu.

Sonuç: Çalışmamızda *E. coli* ve *Klebsiella* spp. suşlarında tüm aminoglikozid ve kinolon grubu antibiyotiklerin etkinliğinin düşük olduğu; amikasinin en yüksek in vitro etkinliğe sahip olduğu görüldü.

Anahtar Kelimeler: Genişlemiş spektrumlu beta-laktamaz, aminoglikozid, kinolon, minimum inhibitor konsantrasyon

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INTRODUCTION

The extended-spectrum β -lactamase (ESBL), which is widely detected all over the world, was first defined in 1983 (1). Regardless of the susceptibility results of ESBL-producing bacteria, infections with these bacteria are of clinical significance because they are considered resistant to all penicillins, cephalosporins (except for cefamicins (cefoxitin, cefotetan, cefmethazol, and moxalactam)), and aztreonam. Although these bacteria are susceptible to beta-lactam/beta-lactamase inhibitor combinations, recent surveillance data show that the number of strains that cannot be treated with these antibiotic combinations is also increasing (2). ESBL enzymes have recently been demonstrated with increasing frequency in Gram-negative bacteria, especially in *Escherichia coli* (*E. coli*) and *Klebsiella* spp. strains. It is worrisome that an international multicenter study determined that our country had the incidence of *Klebsiella* spp. strain producing the highest ESBL (3). There are many clinical studies showing that carbapenems are active in ESBL-producing bacterial infections, but the drawbacks of widespread use of carbapenems should not be ignored (4). There are limited studies in the literature on the susceptibility rates of ESBL-producing *E. coli* and *Klebsiella* spp. strains to different antibiotic classes, such as quinolone and aminoglycoside (5).

Overall, this study aimed to determine the susceptibility of ESBL-producing and non-producing *E. coli* and *Klebsiella* spp. strains to aminoglycoside and quinolone group antibiotics and to uncover the role of these antibiotics in the treatment of infections due to ESBL-producing bacteria.

MATERIALS AND METHOD

Ethical Approval

We obtained the relevant approval for our study from Başkent University, Non-Invasive Health Research Ethics Committee (Date: 11.05.2005, Decision No: 2004/AP-577). We strictly ensured that all procedures were carried out in accordance with the 1964 Helsinki Declaration and the ethical standards of national/institutional scientific research committees.

Data Collection

We examined *E. coli* and *Klebsiella* spp. strains isolated from non-urine samples of the patients hospitalized in Başkent University Hospital between 2003-2004 by ESBL secretion. As a result, 54 ESBL-producing and 97 non-ESBL-producing strains were included in the study.

Identification of Enteric Bacteria

We used Bactec-9050 (Becton Dickinson, Maryland, USA) automated blood culture system for blood

cultures. Samples giving positive growth signals in the culture system were passaged into eosin methylene blue (EMB) and blood agar. We studied the bacteria grown on EMB agar and determined to be *E. coli* and *Klebsiella* spp. by their growth characteristics in indole production test, methyl red and citrate tests, urea hydrolysis test, and three sugar iron agar (TSI). Bacteria included in the study were stored at -20°C until the study day.

ESBL Test

We used ceftazidime/ceftazidime-clavulanic acid phenotypic confirmation test to detect ESBL-bearing strains. (6). Accordingly, we placed discs containing ceftazidime (30 μg)/ceftazidime-clavulanic acid (10 μg) on MHA (Oxoid, Hampshire, England) plates where bacterial suspensions with McFarland 0.5 density were spread and incubated at 35°C for 18 hours. After incubation, we measured and compared inhibition zones around discs with and without clavulanic acid. Bacteria were considered positive for ESBL production when the zone diameter around the combination discs was 5 mm. or larger than the zone diameter around the disc without clavulanic acid.

Antibiotic Susceptibility Tests of Isolated Strains

We determined the minimum inhibitory concentration (MIC) values of the strains included in the study by the agar dilution method (49). Antibiotic potent powders (Sigma, St Louis, USA) were used in the susceptibility test. Also, we utilized *E. coli* (ATCC, 25922) and *Pseudomonas aeruginosa* (*P. aeruginosa*) (ATCC, 27853) standard strains as control strains in the study. We evaluated the MIC values of the bacteria included in the study (Table 1) in line with the recommendations of the Clinical Laboratory Standards Institute (CLSI) (6).

Table 1. CLSI-recommended susceptibility MIC limits for Gram-negative enteric bacteria ($\mu\text{g}/\text{ml}$)

Antibiotic	Susceptible	Intermediate	Resistant	<i>E. coli</i>	<i>P. aeruginosa</i>
Ciprofloxacin	1	2	4	0.004-0.015	0.25-1
Levofloxacin	≤ 2	4	≥ 8	0.008-0.06	0.5-4
Ofloxacin	≤ 2	4	≥ 8	0.015-0.12	1-8
Moxifloxacin	≤ 0.5	1	≥ 2	0.008-0.06	1-8
Gentamicin	4	8	16	0.25-1	0.5-2
Amikacin	16	32	64	0.5-4	1-4
Netilmicin	8	16	32	0.5-1	0.5-8

We calculated the amount of antibiotic required for MIC determination by the agar dilution method using the following formula:

Antibiotic powder weight (amount to be weighed) = Volume (ml) \times desired concentration ($\mu\text{g}/\text{ml}$) / Antibiotic activity ($\mu\text{g}/\text{mg}$).

We prepared stock solutions for each antibiotic. **Table 2** presents stock, solvent, and diluent liquids used in preparing solutions for the antibiotics studied.

Antibiotics	Solvents	Diluents
Amikacin	Water	-
Netilmicin	Water	-
Gentamicin	Water	-
Ciprofloxacin	Water	-
Ofloxacin	½ volume of water, then 0.1 mol/L NaOH is dripped until dissolved	-
Levofloxacin	½ volume of water, then 0.1 mol/L NaOH is dripped until dissolved	Water
Moxifloxacin	Water	-

We prepared serial dilutions in two-fold such that the MIC range was 0.5-128 µg/ml for the quinolone group antibiotics and 0.0625-32 µg/ml for the aminoglycoside antibiotics. We utilized daily prepared Mueller-Hinton agar (MHA) as the medium. Before the study, we prepared bacterial suspension at 0.5 McFarland density (108 cfu/ml) by passaging the bacteria. 10 µl of antibiotic dilutions from this suspension were spread on MHA plates, and plates were incubated at 35°C for 18-24 hours. We determined the lowest concentration without growth as the MIC value. When calculating the susceptibility rates, strains with intermediate sensitivity were included in the susceptible category. For the quality control of the study, we observed that there was no growth in the sterility control plate, all bacteria were grown in the growth control plate, and the MIC values of the control strains were within the CLSI-recommended MIC range.

Statistical Analyses

We used percentage and mean values while presenting the data. We run the Chi-square test and Fisher's exact test for the statistical analyses of the data. Those with a p-value of <0.05 were considered significant. We used SPSS 22.0 (IBM Institute, North Castle, USA) program for all statistical analyses.

RESULTS

Features of Strains

We determined that 195 (48.6%) of 401 *E. coli* strains and 98 (35.5%) of 276 *Klebsiella* spp. strains were ESBL-positive. We kept conducting the study on a total of 151 strains composed of 97 ESBL-negative (61 *E. coli*; 36 *Klebsiella* spp.) and 54 ESBL-positive (33 *E. coli*; 21 *Klebsiella* spp.), which were bacteremia agents among the samples.

Antibiotic Susceptibility Results

Of the ESBL-negative (*E. coli*+*Klebsiella* spp.) strains included in the study, 99% were susceptible to amikacin, 99% to gentamicin, and 97.9% to netilmicin. When quinolone group antibiotics were considered, susceptibility rates were 81.4% to ciprofloxacin, 85.5% to levofloxacin, 81.4% to ofloxacin, and 81.4% to moxifloxacin. We found those rates of GSBL-positive strains were 96.2% to amikacin, 37% to gentamicin, and 57.3% to netilmicin, 48.1% to ciprofloxacin, 50% to levofloxacin, and 46.2% to ofloxacin and moxifloxacin.

When the susceptibility rates of all ESBL-positive and negative strains were evaluated statistically, we discovered that those rates to all antibiotics, except amikacin, were significantly decreased in ESBL-positive strains ($p < 0.0001$). The susceptibility rates of 151 strains to the mentioned antibiotics are given in **Table 3**.

Antibiotics	Susceptibility rates of ESBL (-) <i>Klebsiella</i> spp. and <i>E. coli</i> strains (%)	Susceptibility rates of ESBL (+) <i>Klebsiella</i> spp. and <i>E. coli</i> strains (%)	P
Ciprofloxacin	81.4	48.1	<0.0001
Levofloxacin	85.5	50.0	<0.0001
Ofloxacin	81.4	46.2	<0.0001
Moxifloxacin	81.4	46.2	<0.0001
Gentamicin	99.0	37.0	<0.0001
Amikacin	99.0	96.2	0.131
Netilmicin	97.9	57.3	<0.0001

MIC Values of the Antibiotics

For aminoglycosides, we determined that the MIC (inhibiting 50% and 90% of the strains in ESBL-positive strains compared to ESBL-negative strains) increased significantly. When the increase was considered in terms of the MIC inhibiting 50% of the strains, we found out that MIC was 2 dilutions higher for amikacin, 7 dilutions higher for gentamicin, and 5 dilutions higher for netilmicin. Considering the antibiotics in the quinolone group, the MIC inhibiting 90% of the ESBL-negative and positive strains were not different for ciprofloxacin and ofloxacin and were high (32 µg/ml) in both groups and that this value increased 1 dilution for levofloxacin and 2 dilutions for moxifloxacin in ESBL-positive strains. When the comparison was made on the MIC inhibiting 50% of the strains, we reached that this concentration was 6-10 dilutions higher for all quinolone group antibiotics in ESBL-positive strains than in ESBL-negative strains (**Table 4**).

Table 4. MIC50 ve MIC90 values ($\mu\text{g/ml}$) in ESBL-positive and negative *E. coli* and *Klebsiella* spp. strains

ESBL-negative <i>Klebsiella</i> spp. and <i>E. coli</i> strains (n=97)				ESBL-positive <i>Klebsiella</i> spp. and <i>E. coli</i> strains (n=54)			
Antibiotics	MIC ($\mu\text{g/ml}$)	MIC50	MIC90	Antibiotics	MIC ($\mu\text{g/ml}$)	MIC50	MIC90
Ciprofloxacin	0.06-32	0.06	32	Ciprofloxacin	0.06-32	32	32
Levofloxacin	0.06-32	0.06	8	Levofloxacin	0.06-32	4	32
Ofloxacin	0.06-32	0.125	32	Ofloxacin	0.06-32	8	32
Moxifloxacin	0.06-32	0.125	16	Moxifloxacin	0.06-32	8	32
Gentamicin	0.5-128	0.5	1	Gentamicin	0.5-128	64	128
Amikacin	0.5-128	2	4	Amikacin	1-64	8	16
Netilmicin	0.5-128	0.5	2	Netilmicin	0.5-128	16	32

DISCUSSION

Beta-lactamase production is the most common mechanism of resistance to beta-lactam antibiotics. (7). The genes responsible for producing these enzymes may be located on chromosomes, transposons, or plasmids. More than 400 beta-lactamases have been identified today (7,8). Beta-lactamase production is rare among Gram-positive strains and is mostly reported in *Staphylococcus aureus* and *Enterococcus faecalis* strains. It is stated that these enzymes are highly susceptible to mutation (8). These mutations lead to ESBL formation, which creates resistance to many beta-lactam antibiotics, including fourth-generation cephalosporins. The prevalence of ESBL, which was first defined in 1983, has increased dramatically since that date (9). The first species determined to produce ESBL was *Klebsiella* spp., followed by *E. coli* (10). It is reported that ESBL-producing bacteria are more frequently isolated in special departments of hospitals with intensive antibiotic use, such as intensive care units, hematology units, transplantation centers, and burn units (11,12).

Previous surveillance studies identified ESBL-producing Enterobacteriaceae species all over the world (13). Their incidences may differ from country to country, as well as among hospitals. The relevant literature suggests that the ESBL positivity rate is the highest in Eastern Europe and South America (58.7-51.9% for *Klebsiella pneumoniae* (*K. pneumoniae*); 28.9-18.1% for *E. coli*) and the lowest in Northern Europe and North American countries (16.7-12.3% for *K. pneumoniae*; 6.2-7.5% for *E. coli*) (13,14). In another study examining more than 4000 ESBL-producing strains in Europe, the most common ESBL-producing bacteria were *K. pneumoniae*, *Klebsiella oxytoca*, *P. mirabilis*, and *E. coli*. Among the countries included in that study, Turkey, Israel, and Greece took the first three places (14).

Two large-scale multicenter studies, including our country, investigated the susceptibilities of hospital-acquired Gram-negative strains to broad-spectrum antibiotics (15,16). In these studies, ESBL positivity was determined at a rate of 25-31% for *E. coli* and 35-48% for *Klebsiella* spp. Studies conducted in Turkey report quite different rates for ESBL

positivity (16,17). In general, the ESBL production rate reaches 20% in *E. coli* strains and up to 50% in *Klebsiella* spp. strains (15). In our study, the ESBL positivity rates in *Klebsiella* spp. and *E. coli* strains, which are bacteremia agents, were found to be 35.5% and 48.6%, respectively. These ESBL rates generally comply with the data in Turkey, but they were higher in *E. coli* strains (18). We think that the higher rates in this study may be since our hospital is a center with units where antibiotic use is intense, such as burn, dialysis, and transplantation units (18,19). Besides, we considered studying each strain isolated from patients followed at different periods, but we could not determine the genetic origins of our ESBL-producing strains using molecular methods. Therefore, we could not suggest whether the studied *E. coli* strains were epidemic strains, which may be the reason for high ESBL production in *E. coli* strains (19).

While carbapenems, beta-lactam/beta-lactamase inhibitor combinations, aminoglycosides, and quinolones can be used to treat infections caused by ESBL-producing microorganisms, penicillins, cephalosporins, and aztreonam have no place in these therapies (20,21). It is strongly recommended to use carbapenem group antibiotics, especially in treating severe infections with these bacteria (22,23). It is well-known that carbapenems are effective not only against ESBL or non-ESBL enzymes synthesized by plasmids but also against chromosomal beta-lactamases (23). In studies evaluating the efficacy of carbapenems in ESBL-producing *E. coli* and *Klebsiella* spp. strains in Turkey and abroad, researchers determined that the carbapenem susceptibility rates of these strains were quite high (99%) (14,15). However, intensive use of carbapenems is always shown to cause widespread production of metallo-beta-lactamase and serine protease and, consequently, leads to carbapenem-resistant *Acinetobacter* spp., *Stenotrophomonas maltophilia*, and *P. aeruginosa* infections (24,25). This situation rather limits the choice of antibiotics for the treatment of severe nosocomial conditions that develop with ESBL positive bacteria (25). Therefore, scholars scrutinize the role of non-beta-lactam antibiotics, especially quinolones and aminoglycosides, in the treatment. There are few studies evaluating the in vivo and in vitro efficacies of non-beta-

lactam antibiotics for these bacteria (26,27). The relevant research showed resistance to various antibiotics, such as aminoglycosides, quinolone, tetracycline, chloramphenicol, and trimethoprim-sulfamethoxazole, can be found simultaneously in ESBL-producing bacteria, depending on the presence of multiple resistance genes (28,29).

The present study provides a general approach to susceptibility rates of ESBL-producing strains to non-beta-lactam antibiotic groups. The ability of this group of antibiotics to be used in the treatment of infections caused by ESBL-producing strains is important in terms of preserving the efficacies of high-cost and last-option antibiotics, such as carbapenems. In our hospital, until obtaining the results of antibiotic susceptibility, we prefer amikacin to carbapenem in an infection determined to produce ESBL. Fluoroquinolones have no place in alternative treatment for strains in our hospital. Since our hospital has units with a high risk of ESBL (burn, dialysis, and transplantation units), amikacin may be included in the treatment scheme considering other factors and the possibility of ESBL in cases where the infectious agent has not yet been identified and empirical treatment should be initiated.

Aminoglycosides are antibiotics known to be particularly effective against Gram-negative microorganisms, which are the agents of nosocomial infections (30). The most common mechanism of acquired aminoglycoside resistance in Gram-negative bacteria is the modification of these antibiotics by bacterial enzymes. Aminoglycoside resistance observed through enzymes was previously detected against mainly kanamycin, gentamicin, tobramycin, netilmicin, and amikacin (30). The aminoglycoside specificities of aminoglycoside modifying enzymes (AMEs) are different from each other, and many Gram-negative bacteria are able to synthesize one or more AMEs. Also, most AMEs can inactivate multiple aminoglycosides. As a result, the specific resistance to an aminoglycoside group antibiotic does not provide information about resistance to others (30,31). It is also stated that regional enzyme differences are observed for AMEs. For example, enzyme types inactivating gentamicin are detected more frequently in the United States of America, whereas those inactivating amikacin are observed in Japan (31). In a study conducted in our country, one or more AMEs were found in gram-negative isolates resistant to aminoglycoside, and these enzymes were found to be frequently responsible for tobramycin, amikacin, netilmicin, and kanamycin resistance (31,32). Studies on ESBL-positive isolates yielded different results regarding aminoglycoside susceptibility. Studies showed that aminoglycoside resistance was significantly higher in ESBL-producing *E. coli* and *Klebsiella* spp. strains compared to non-

producing ones, and the resistance reached 70% to amikacin and gentamicin (32). In multicenter studies conducted in our country, resistance rates to amikacin varied between 41-46% in ESBL-positive strains (33,34). However, there was also a study in which the rate of amikacin resistance in these strains was found to be very low (1%) (34,35). Another study in our country revealed that 94.5% of ESBL-positive *E. coli* strains and 83.3% of *K. pneumoniae* strains were susceptible to amikacin and that amikacin was the antibiotic least affected by ESBL production (34,35). In studies conducted in our country, the researchers reported that amikacin susceptibility was high regardless of ESBL production (35). Surveillance studies showed that the in vitro efficacy of gentamicin was poor, although the susceptibility to aminoglycoside antibiotics did differ significantly in ESBL-producing microorganisms (35). Nevertheless, we could not reach data on susceptibility rates of ESBL-producing strains to netilmicin.

In our study, the aminoglycoside group antibiotic with the highest susceptibility rate with ESBL-producing and non-producing isolates was amikacin, and this result was similar to that in the literature. Susceptibility rates of ESBL-producing strains both to gentamicin and netilmicin decreased significantly ($p < 0.05$), whereas MIC inhibiting 50% and 90% of the strains increased significantly. On the other hand, although the MIC values of amikacin, inhibiting 50% and 90% of ESBL-positive strains, were found to be high, we discovered that there was no significant difference in susceptibility rates in these two groups. We think that this difference observed in the resistance pattern may be due to AME types carried by the same plasmid.

Quinolone group antibiotics are among the widely used antibiotics. In recent years, increasing resistance has been observed against this group of antibiotics, especially in Gram-negative bacteria (36). ESBL production and quinolone resistance can coexist in these bacteria. In the literature, ESBL production was detected in 60% of ciprofloxacin-resistant *K. pneumoniae* strains (36,37). Similarly, many studies on the subject observed that ciprofloxacin resistance increased in ESBL-producing strains (37). The mechanism of this association has not been fully elucidated; however, there are studies indicating that this resistance can be explained by the coexistence of different mechanisms, such as plasmid-mediated quinolone resistance genes in ESBL production, outer membrane protein changes, or active efflux pump (38,39). Studies in the national literature reported that ESBL-producing *Klebsiella* spp. and *E. coli* strains bear resistance to quinolones at a rate of 30-48% (40). In our study, non-ESBL producing strains showed a susceptibility rate of 81.4%-85.5% to quinolones (ciprofloxacin, levofloxacin,

ofloxacin, and moxifloxacin). In contrast, we observed susceptibility significantly decreased in ESBL-producing strains. In addition, we determined that the values of MIC inhibiting 90% of all strains included in the study, independent of ESBL production, for quinolones were at the resistance limits. We think that it stems from the high quinolone resistance that develops because of improper use of quinolone group antibiotics in many infectious diseases, especially urinary system infections.

Kınıklı et al. (41) and Savcı et al. (42) also addressed antibiotic resistance in their studies, and these studies generally concludes that antibiotic resistance is an increasingly important problem.

Since most studies with ESBL-producing bacteria focus on the epidemiology, detection methods, and molecular characteristics of ESBL in daily laboratory practices, there are rather limited in vitro and in vivo data on antibiotics to be preferred in the treatment of infections with these bacteria. Although these data are very limited and include local data (e.g., a single hospital), it is essential to carry out similar studies to determine the antibiotic susceptibility profiles of ESBL strains in cities and countries. It should be noted that the results of a small number of centers are presented as the data of our country in the international studies, which hinders accessing accurate and useful data.

CONCLUSION

In our study, we determined that resistance to all studied quinolone and aminoglycoside antibiotics, except for amikacin, significantly increased in ESBL-producing *Klebsiella* spp. and *E. coli* strains. This situation will further limit our treatment options in the future if relevant precautions are not taken. We think that the outbreaks caused by these ESBL-producing strains will decrease thanks to the rational use of antibiotics and the implementation of barrier measures.

ETHICAL DECLARATIONS

Ethics Committee Approval: We obtained the relevant approval for our study from Başkent University, Non-Invasive Health Research Ethics Committee (Date: 11.05.2005, Decision No: 2004/AP-577).

Informed Consent: Any written consent was not required, as laboratory data without biological materials were used in this study.

Referee Evaluation Process: External double-blind review.

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