

**BIGGER AND COMPLEX IS NOT ALWAYS BETTER.
THE CREATION OF COMPOSITE SUSTAINABLE
TOURISM INDICATOR TO COMPARE DESTINATION
DEVELOPMENT**

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ABSTRACT

Destination managers need indicators for monitoring, comparing and decision-making purposes about sustainable tourism development. There have been several initiatives to set the sustainable tourism indicators, however, the indicators are either too complex, data collection is difficult, or the analysis requires expert statistical knowledge. Therefore, this article aims to propose a user-friendly method that allows destination managers and decision makers to process tourism data and integrate them into one composite indicator. To help destination managers in their work, this paper reviews the most used methods to create composite indicators, and with the help of the Delphi method among experienced tourism leaders, it proposes a tool that allows destination managers to compare sustainable tourism development of destinations. The results present the application of simple composite sustainable tourism indicator on the example of eight destinations in Slovakia. The paper provides useful guidance in data collection, analysis and decision-making concerning sustainable tourism development.

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INTRODUCTION

Sustainable development requires the integration of its principles into all tourism activities. As Ko (2005) notes, if sustainable development is one of

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the major current tourism objectives, then the sector should monitor its performance and impacts. To ensure that the sustainable development of tourism is realistic and not-only a theoretical concept, it is necessary to apply appropriate tools to measure its impacts (Falatoni et al., 2016; Liu, 2003; Miller & Twining-Ward, 2005). However, universally accepted guidelines for measuring sustainable tourism development have not yet been determined, but practices from different areas of research are combined in attempts to measure it (Kožić & Mikulić, 2014). Therefore, there is no generally accepted proposal to measure sustainable tourism development (Alfaro Navarro et al., 2020; Torres-Delgado & Saarinen, 2014), and the most common frameworks includes the sets of indicators. Tanguay and Rajaonson (2013) concluded that, in developing sustainable tourism indicators, there have been many failures, either because the suggested frameworks did not meet the desired requirements, or for the reason that they were not based on relevant sources. Methodological difficulties may also reduce the applicability of indicators (Kristjánssdóttir et al., 2018). Therefore, not only the theory (Torres-Delgado & Saarinen, 2014) but also the practice call for the easy-to-use method for measuring sustainable tourism development.

This paper provides a review of the existing literature in the sustainable tourism monitoring and the use of composite indicators in sustainable tourism research. Furthermore, it discusses the practical application of composite indicators in tourism destinations. Based on the literature review and with the help of the Delphi method among tourism experts, this paper proposes a user-friendly method that allows destination managers and decision makers to process various tourism data and integrate them into one composite indicator. The study seeks to find answers to two research questions;

RQ1: What are the limits of the methods used for constructing the composite sustainable indicators for tourism?

RQ2: Which method is suitable for the simple and practical adoption of the composite sustainable indicator for tourism?

The study continues as follows. The first section summarizes the literature on sustainable tourism indicators and presents methods used to create aggregate sustainable tourism indicators. The second section points out methodology, explains application of Delphi method and the selection of suitable statistical method. The application of the proposed method is presented in the third section. The conclusions and practical and theoretical implications are summarized in the fourth section.

LITERATURE REVIEW

Without indicators, the term “sustainable” becomes little more than a meaningless phrase (Butler, 1999; Wheeller, 1993). Liu (2003) notes that the measurement of sustainable tourism development is crucial, since there is an urgent need to develop policies and methods that are not only theoretically sound but practically viable as well. Sustainable indicators can be defined as “a set of measures that provide the necessary information to better grasp the relationships and the impact of tourism on the cultural and natural resources in which tourism takes place and on which it is strongly dependent” (World Tourism Organization, 1996, p. 4). Since the introduction of the concept of sustainability in tourism, there have been efforts to monitor the performance of nations and businesses in new frameworks, models, and indicators (Niyazieva & Zhechev, 2020). Indicators of sustainable tourism development follow the concept of sustainability, its tools and they include a set of measures that help to understand the relationship between tourism development and resources on which it depends (World Tourism Organization, 2004). Indicators are used for multidimensional evaluating of destination development (Blancas et al., 2015). Several researchers and stakeholders have proposed different frameworks and/or sets of indicators for monitoring sustainable tourism. Several researchers and stakeholders have proposed different frameworks and/or sets of indicators. Indicators can be grouped into two main categories: simple indicators and composite-aggregated indicators (indices) (Pulido-Fernández & Sánchez-Rivero, 2009). Simple indicators are based on real data and provide information that is based on minimal data processing (Torres-Delgado & Saarinen, 2014), while indices (complex or composite indicators) combine and weight numerous simple indicators (Pulido-Fernández & Sánchez-Rivero, 2009). The advantage of a composite indicator is that it describes different data in an aggregated form that is more understandable to the user (Saltelli, 2007). Mayer (2008) simply adds that a composite indicator is a combination of several indicators that can provide an overall description of a system. Composite indicator can be used to analyse multidimensional systems, as a tourism destination, that cannot be measured by single indicators. Additionally, the combination of numerous data into a composite indicator can help tourism stakeholders to understand the overall performance of the destination and to compare the performance with others (Castellani & Sala, 2010). There can also be an indicator system that contains a set of multiple indicators (Torres-Delgado & Saarinen, 2014).

As Ceron and Dubois (2003) conclude, setting the right indicators requires a high level of contingency, while implementing them requires a high level of pragmatism. An indicator system is not useful when, for example, the user realizes that it is difficult to gather data, or it is time consuming, or an indicator is completely meaningless for the user's destination (Johnsen et al., 2008). The indicator system should be straightforward enough to be understood and applied also by the non-professional (White et al., 2006). Despite the fact that sustainable tourism monitoring has become more popular among academia, non-governmental organizations, and also among tourism professionals, its impact on real policies and their efficiency has been minimal (Pulido-Fernández & Sánchez-Rivero, 2009). Appropriate sets of tourism measures recommended by researchers are usually too complicated to be adopted by tourism professionals and policymakers (Tanguay & Rajaonson, 2013). Indicators need to be methodologically and scientifically settled, while at the same time, easily applied and their results readily disseminated (Torres-Delgado & Saarinen, 2014). Applicable and reliable tourism measures should be developed with practical implementation at national, regional and local level in mind (Wanner et al., 2020).

So far, several indicator systems have been proposed, either as a set of simple indicators (Agyeiwaah et al., 2017; Asmelash & Kumar, 2019; Choi & Sirakaya, 2006; Tanguay & Rajaonson, 2013) or with a proposal of a composite indicator (Blancas et al., 2015; Torres-Delgado & López Palomeque, 2018). Some indicator systems have major practical limitations, while others are scientifically valid but too complicated to be functional (Torres-Delgado & Palomeque, 2014) and present a theoretical description of the framework without its real application (Blancas et al., 2015). Not all research results can provide appropriate sustainable tourism frameworks applicable to other destinations (Fernández-Tabales et al., 2017). Pulido-Fernández et al. (2015) agree that a common criticism of sustainable tourism development is that both academia and policymakers have taken the concept on board with too much enthusiasm but a lack of solutions. The authors add that researchers have proposed a quantity of theories, however, only a few practical schemes, whereas policymakers have used the concept for their own purposes. Bigger is not always better, especially within sustainable tourism development (Agyeiwaah et al., 2017). Regardless of the number of indicators proposed, their methodological processing and interpretation is needed. In recent years, a growing number of models for the composite indicator have been seen that aim to propose a complex and simple interpretation of the concept of sustainable tourism (Torres-Delgado

& López Palomeque, 2018). However, their application by destination managers and decision-makers is questionable and under-researched. Therefore, this article aims to propose an easy-to-use comprehensive method that allows destination managers and decision-makers to process available tourism data and integrate them into one composite indicator.

Various techniques have been used to create a composite indicator (OECD, 2008). These techniques depend mostly on the user's skills (researcher or policymaker). So, the user must select which technique to apply considering methodology, such as choosing indicators, their classification, application of normalization method, indicators weighting and aggregation (Nardo et al., 2005). Various studies have shown that (e.g. Blancas et al., 2011; Castellani & Sala, 2010; OECD, 2008), there are several techniques to propose a composite sustainable tourism indicator and the study findings indicate that there is no ideal method (Pérez et al., 2013). Furthermore, the statistical methods used to create the composite indicator (data normalisation or aggregation) also provide a variety of modifications. All this leads to the fact that each method has a different result.

Table 1. *Method used for constructing composite sustainable indicators for tourism*

Author(s) and year of publication	No indicators	Method used for constructing composite sustainable tourism indicator	Application
Pulido-Fernández & Sánchez-Rivero (2009)	14	Composite indicator as a weighted sum of aggregate indices applying a confirmatory factor analysis	Spain
Castellani & Sala (2010)	20	Sustainable performance index as a sum of the values of 20 indicators	Italy (Lombardy)
Blancas et al. (2011)	85	Principal component analysis and distance to reference point	Spain (Andalusia)
Lozano-Oyola et al. (2012)	85	Net goal programming synthetic indicator	Spain (Andalusia)
Pérez et al. (2013)	39	Two stage aggregation using principal component analysis and data envelope analysis	Cuba
Kožić & Mikulić (2014)	30	Composite indicator using data standardization method	Croatia
Blancas et al. (2015)	89	Net goal programming composite indicator	EU countries, Norway, Switzerland
Blancas et al. (2016)	85	Vectorial dynamic composite indicator based on the goal programming technique	EU countries, Norway
Fernández-Tabales et al. (2017)	43	Multi-attribute decision analysis and analytic hierarchy process	Spain (Andalusia)
Ziaabadi et al. (2017)	87	Principal component analysis, linear programming	Iran (Kerman Province)
Torres-Delgado & López Palomeque (2018)	12	Composite indicator using data standardization method	Spain (Catalonia)
Alfaro Navarro et al. (2020)	27	Principal component analysis, linear aggregation method	EU' NUTS II
Blancas et al. (2018)	65	Vectorial composite indicator using cluster analysis	Spain (Andalusia)

So far, within the sustainable tourism research, only a few studies have addressed the construction of composite sustainable tourism indicators (Kristjánsdóttir et al., 2018; Torres-Delgado & López Palomeque, 2018). The process usually involves steps in which subjective decisions have to be made, such as the choice of indicators, indicator weighting and aggregation (Pérez et al., 2013). Various studies have proposed different methods for constructing composite indicator for the tourism sector (Table 1). However, what is often overlooked is the end-user's ability to use and process these indicators. Destination managers, policy-makers and other stakeholders may lack the ability to work with sophisticated and complex computing relationships. Although the manager can understand the result, he/ she is not able to repeat the procedure or apply it in his conditions whether due to lack of understanding or time or both.

This can lead to ignorance and reluctance to apply similar methods (Agyeiwaah et al., 2017). There is, therefore, the question that, if apart from academics, someone else has applied the proposed indicators. The results of the method used for constructing a composite sustainable tourism indicator (applying principal component analysis or linear programming) can be easily interpretable but, if someone wants to adopt them, they need to understand at least complex computing relationships. However, if the preconditions are not met, applying a principal component analysis or factor analysis based weights to create composite indicator can be inaccurate and also irrational (Falatooni et al., 2016). Therefore, there is a need for an easy-to-use comprehensive method that both theory and praxis can rely on.

METHODOLOGY

Relevant input indicators selection

In order to use relevant indicators for the method, the list of most-used sustainable tourism indicators both in theory and practise have been evaluated by experts using the Delphi method. Miller and Twining-Ward (2005) defined the Delphi method as a unique technique that involves stakeholder or expert group brainstorming to fill the gaps in the knowledge. In tourism research, the Delphi technique has been widely used. For example, Choi and Sirakaya (2006) used a modified Delphi method to select sustainability indicators. The design of the survey and the suitability of the technique were pretested by the sample of 15 experts from Slovakia (Gúčík & Marciš, 2018).

First, based on the reviewed studies (e. g. Blancas et al., 2011; Castellani & Sala, 2010; European Commission, 2016), a list of 30 most used indicators for constructing composite sustainable tourism indicator was created. Subsequently, for the Delphi panel, tourism experts were selected from the public sector, academic institutions and destination management organizations (DMOs). The main criterion for the Delphi panel was expert experience in tourism development in selected Central and Eastern European (CEE) countries (Slovakia, Czech Republic, Croatia and Slovenia) (Table 2).

Table 2. *The panel members' institutions*

Destination management organizations	Public institutions and agencies	Academic institutions
Slovak DMO association	Ministry of transport and construction of Slovakia, Tourism section	Faculty of Economics and Administration Masaryk University, Czech Republic
DMO Banská Štiavnica, Slovakia	Ministry of environment of Slovakia	Faculty of European Studies and Regional Development Slovak University of Agriculture in Nitra, Slovakia
DMO Central Slovakia	Ministry of transport of Czech Republic, Tourism section	TURISTICA University of Primorska - Faculty of Tourism Studies Portorož, Slovenia
DMO Visit Bratislava, Slovakia	Goodplace Travel Lab, Slovenia	Faculty of Economics Matej Bel University, Slovakia
DMO High Tatras, Slovakia	Mitomed+, Croatia	

After agreeing to participate in a panel, a group of 25 experts was identified representing tourism leaders with expertise and experience from CEE countries. The panel members were then asked to complete an online survey that consisted of three sections. In the panel first section, the panellists were asked to assess the importance of sustainable tourism indicators and their applicability for destination managers and policy makers, as well as the character of the indicator. In the second section, the panel members were asked to review methods used to create a composite indicator based on the OECD (2008) and to evaluate its applicability in the practice of destination management. The last section was for additional experts' comments and suggestions. The experts were contacted in three rounds, the response rate achieved 76%.

Based on their opinions and consensus, a set of 23 indicators of sustainable tourism development was created specifying the data sources needed for their collection (Table 3). Indicators were classified into three, most recognised, categories of sustainable tourism (Lozano-Oyola et al., 2012; Blancas et al., 2015), namely economic, social and environmental. The ideal number of indicators to apply in sustainable tourism research is

unclear. If we use only some indicators, important gaps can be overlooked. On the other hand, applying too many indicators can become difficult and unmanageable. However, according to the World Tourism Organization (2004), it is optimal to use 12 to 24 indicators relevant to the priority issue. Furthermore, there is still no agreement among academics on which indicators are suitable to evaluate the sustainable development of tourism (Önder et al., 2017). Most of the selected indicators of sustainable tourism development cannot be expressed by the available statistical data. To collect data, the panellist proposed to use survey templates from the European Tourism Indicator System (ETIS) (European Commission, 2016).

Table 3. *Sustainable tourism indicators*

Ref.	Sustainable tourism indicators	Data Source
E1	Nights spent at tourist accommodation establishments (per year)	OS
E2	Average number of bed nights of tourists	OS, QT
E3	Average accommodation occupancy rate for the year (%)	OS, QT
E4	Tourist' daily spending (euros)	QT
E5	Tourism contribution to employment (% of total employment)	QP
E6	Percentage of jobs in tourism that are seasonal (%)	QP
E7	Percentage of locally produced goods and services sourced by the destination's tourism service providers (%)	QP
E8	Residents' engagement in providing tourism services (%)	QR
S1	Number of tourists per 1 000 residents	OS
S2	Percentage of tourists satisfied with tourism development (%)	QT
S3	Percentage of residents satisfied with tourism development (%)	QR
S4	Percentage of tourists who prefer regional consumption (%)	QT
S5	Accessibility of tourism service providers for people with disabilities (%)	QP
S6	Percentage of tourism service providers that have committed to support local community and culture (%)	QP
S7	The number of local DMO members (% of total number of tourism service providers)	OS, QP
S8	Residents' engagement in the development of tourism in the destination (%)	QR
Z1	Percentage of tourists using different modes of transport to arrive at the destination (%)	QT, QP
Z2	Percentage of tourists using soft mobility transport services to get around the destination (%)	QT, QP
Z3	Percentage of tourism service providers that have committed to reduce waste production (%)	QP
Z4	Percentage of tourism service providers that have committed to reduce water consumption (%)	QP
Z5	Percentage of tourism service providers that have committed to reduce energy consumption (%)	QP
Z6	Percentage of tourism service providers involved in nature protection activities (%)	QP
Z7	Tourism carrying capacity (coefficient)	OS, QR, QT

OS – official statistics, QT – tourists' questioners, QP – tourism service providers' questioners, QR – residents' questioners

The selection of suitable statistical method

To create an easy-to-use composite indicator, there is a need for simple, but on the other hand comprehensive method to reduce the information from selected indicators that both theory and praxis agree on. Multidimensional statistical methods, such as CFA, PCA, or cluster analysis, are used mainly for academic purposes and are hardly applicable by destination managers

in practice. The experts in Delphi method agreed that the suitable easy-to-use method can be the variation of the Min-Max method. Originally, the Min Max method allows normalization of different indicators and is used in time-dependent studies (OECD, 2008), where the minimum and maximum values are transformed into normalised indicators with values between 0 (laggard) and 1 (leader).

The proposed variation of the Min-Max method also incorporates a scoring system and allows to compare different variables (e.g. percentages, persons, overnights, tourists' spending) and imply them into one indicator – score for the destination (or for each dimension). This method also enables indicators weighting if they are of different importance (e.g. based on the results of Delphi study). The indicators can be compared with their measured variables and aggregated into composite indicators. Furthermore, the proposed variation of Min-Max method allows to set apart whether the value of the indicator should be maximized (1) or minimized (2) based on its development in other comparable destinations.

$$(1) B_{ij} = \frac{X_{ij}}{X_{\max i}} \times 100$$

$$(2) B_{ij} = \frac{X_{\min i}}{X_{ij}} \times 100$$

where B_{ij} is the number of points or score for indicator (i) destination (j), X_{ij} – value of the i -indicator for j -destination (rescaled value), $X_{\max i}$ – the maximum value of i -indicator and $X_{\min i}$ – the lowest value of the i -indicator. The best-evaluated (leader) destination gets maximum (e. g. 100) points, i.e. measured value that is from the sample the best. The indicators can be integrated into one composite indicator (I), which can be expressed as weighted arithmetic mean of all indicators:

$$(3) I = \frac{1}{n} \sum_{i=1}^n B_{ij} \times w_{ij}$$

where i is 1, 2 ... n number of used indicators, j – number of destination in the sample, w_{ij} – indicator weight. The lowest score identifies the least (laggard) sustainable destination and highest the best destination (leader) within the sample.

Indicators can be weighted by numerous procedures such as data-centric or opinion-centric approaches (Delphi method or expert panel surveys) (Mikulić et al., 2015). This brings about further variations in the process of creating a composite indicator. In sustainable tourism research, the Delphi method has been used for indicator weighting in several studies

(e.g., Ocampo et al., 2018; Tsaur et al., 2006). In the proposed method, weights were calculated based on the mean importance assigned to the indicator according to the Delphi results. The weights were determined as the ratio of the assigned mean (importance) and the maximum rating that the panelists could assign to the indicator (Appendix A).

The Min-Max normalization is one of the most common ways to normalize data. Similarly to our variation, it has been used in regional science to compare regional development (Tej, 2008; Výrostová, 2010). Regional development as well as tourism is a complex and complicated process that is influenced by many factors and conditions. The method provides a relatively objective and broad view of the possibilities of development compared to other spatial units.

RESULTS

In order to test the applicability of the proposed method in the practice, eight tourism destinations in the Central European country - Slovakia were selected. The research sample consists of urban (Bratislava, Košice, Central Slovakia), rural (Slovak paradise, Žitný ostrov), mountain destinations (High Tatras, Liptov), and a spa destination (Piešťany). These are the most competitive destinations in Slovakia (Kvasnová et al., 2019). The sample characteristics are shown in Table 4.

Table 4. *Basic characteristics of the sample*

Destination	Overnight stays	Beds	Population	Area in sq. km
Bratislava	2 719 733	16 185	424 428	367
Košice	367 725	5 772	239 171	242.8
Liptov	387 357	14 019	72 396	477.7
Piešťany	663 806	4 768	32 431	44.2
Slovak paradise	157 892	2 390	84 116	553
Central Slovakia	518 692	5 660	135 274	421.5
High Tatras	2 084 632	11 665	59 038	485.9
Žitný ostrov	94 186	4 163	52 144	208.5

Source: Statistical Office of the Slovak Republic, 2019

The official statistics and primary surveys were used to collect the input data. Questionnaires for tourists, residents, and tourism services providers were designed based on the ETIS templates (European Commission, 2016) in the Slovak language. With the help of destination managers in each destination, 639 tourists, 326 tourism service providers, and 680 residents provided information during the summer and winter seasons of 2018.

The results of the proposed variation of the Mix-Max method and the scores for the partial indices (sustainable tourism dimensions) as well as the composite sustainable tourism indicator (I), are shown in Table 5.

Table 5. *Comparison of sustainable tourism development in Slovak destinations*

Destination	I	Sustainable Tourism Dimensions		
		Economic	Social	Environmental
Piešťany	64	59	65	71
High Tatras	60	62	59	52
Košice	57	49	64	58
Slovak paradise	57	42	64	66
Bratislava	52	58	43	54
Central Slovakia	51	47	52	53
Liptov	50	44	58	50
Žitný ostrov	49	42	47	61

The advantage of this method is the ability to compare the results among destinations. In this study, destination Piešťany shows the highest tendency to sustainable development of tourism (leader), whereas Žitný ostrov presents the lowest (laggard). The destination Piešťany obtained the best results for indicators such as (E2) average length of stay, (S5) percentage of tourism enterprises and attractions accessible for people with disabilities, and (Z3) percentage of tourism enterprises that reduce waste production. These results are in line with the spa character of Piešťany. Overall, Piešťany obtained the best values, which we used as a basis for comparison with other case studies, in five indicators. The lowest number of points was assigned to the destination Žitný ostrov, e. g. for (E3) the average occupancy rate in commercial accommodation, (S3) residents' satisfaction with the tourism development, and the proportion of tourism enterprises and attractions that are involved in the activities of the local DMO (Figure 1).

Considering the results obtained, it is useful to note that the composite indicator has no lower or higher limits; instead, the results can specify the gaps between destinations. Therefore, regarding the sustainable or unsustainable development of tourism in destination, we can only discuss it in comparable terms. Moreover, the differences among indicators or dimensions can be evaluated by dispersion of values used (e.g. variance or standard deviation). In this study, the Slovak paradise (National park) obtained lower points for economic indicators (e.g. for average length of stays, average occupancy rate, and high percentage of seasonal employees) but on the contrary, higher points for environmental indicators (tourism enterprises that reduce waste production and are actively involved in nature protection).

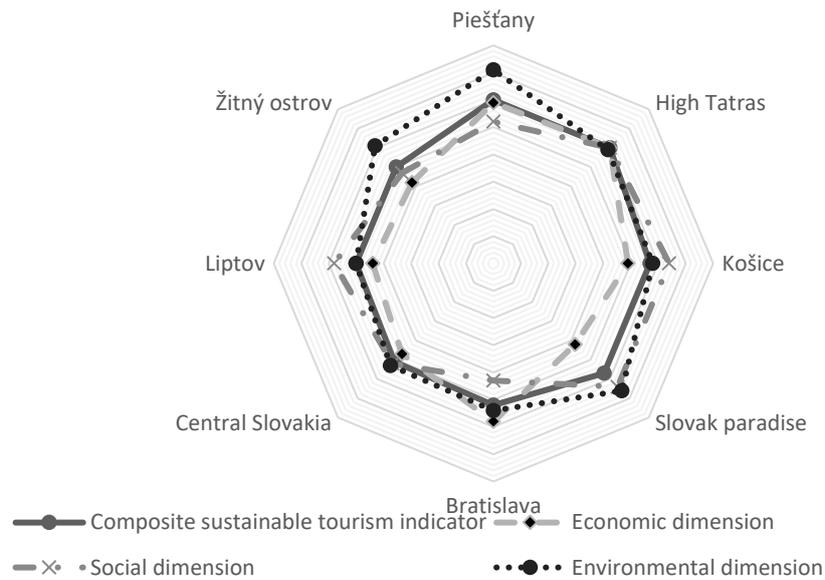


Figure 1. Comparison of sustainable tourism development in analysed destinations

The method can be enriched by modelling the “best practice” destination, where the best indicator values are assigned to a fictional object - a model of the ideal destination. To express differences among destinations, the Euclidean distances can be calculated. The further the destination is from the model of ideal destination, the worse ranked their indicators values are. This measurement is able to highlight the differences between destinations and identify a model that presents the best (ideal) examples of sustainable tourism development (Figure 2).

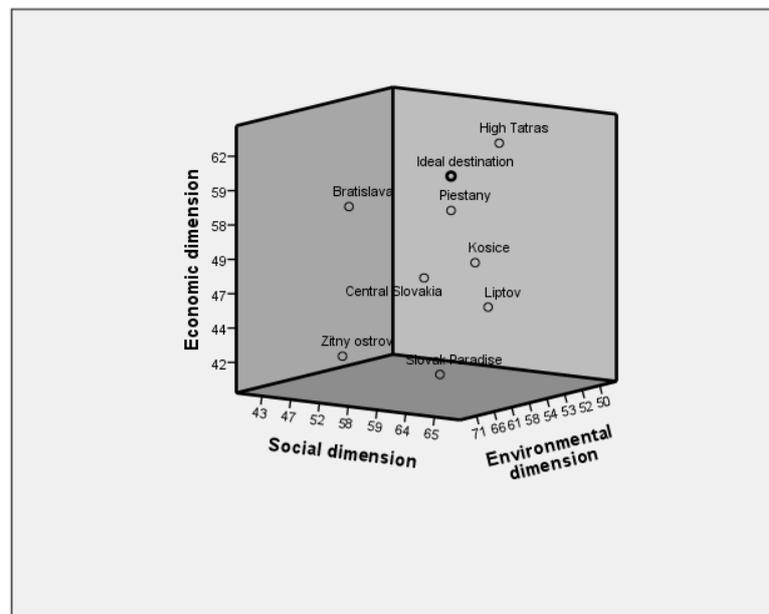


Figure 2. Distance of destinations from the ideal model

CONCLUSION

Tourism is a sector known for weak statistical data, while issues related to sustainable development create an additional amount of uncertainty (Ceron & Dubois, 2003). By applying an appropriate method, destination managers and decision-makers can identify positive or negative impacts of tourism in the destination. There are numerous studies that have proposed methods for constructing and use of composite indicators for the tourism sector. Each had to face the questions that arise due to the lack of agreement regarding the ideal technique (Torres-Delgado & López Palomeque, 2018). However, destination managers' and policy-makers' ability to use such methodology is often overlooked. These methods are generally too complex to be operational which can lead to end-user ignorance and reluctance.

On the example of tourism development in eight destinations in Slovakia, this article incorporates a simple variation of the Min-Max method. Instead of developing a too complex data processing methodology, the authors focused on a simple and practical-oriented method that can be adopted easily. Adopting smaller, yet practicable measures may represent a formidable action towards sustainability (Agyeiwaah et al., 2017). In other words, policymakers can apply the proposed methodology to begin the process of monitoring and measuring destination development.

Theoretical implications of the study include the review of current approaches to sustainable tourism monitoring using composite indicator. The literature review reveals that the creation of an appropriate sustainable tourism framework calls for a combination of a scientific approach and a decision-maker approach (Falatoni et al., 2016). The current study supports this theoretical discussion and proposes a method that is based on the views of those to whom these methods are intended. Prior studies have identified several indicators for sustainable tourism development. Although these frameworks are scientifically appropriate, they are often difficult to be applied due to the lack of information or human resources (Önder et al., 2017). Indicators for monitoring sustainable tourism development should be developed in discussion with all stakeholders (Mutana & Mukwada, 2018). With the help of the Delphi method and experts from various tourism fields and destination managers, the proposed method allows measuring different tourism-related variables with an easily understandable and more user-friendly approach. Another theoretical contribution is the review of the most widely used method for constructing composite sustainable tourism indicators.

In addition, the paper has several practical implications for destination managers and policy-makers. The challenge, to propose a practical framework that can be used in practice and at the same time is scientifically relevant to direct destinations toward sustainable tourism development (Torres-Delgado & Palomeque, 2014), was fulfilled. The aggregation of various tourism data into a single indicator can help destination managers and decision-makers to recognize the impacts of tourism development and to compare the performance of their destination with different regions. The study's interest in the composite indicators results from their ability to aggregate several factors and conditions, provide a broader, integrated overview, and attract decision-makers' interest. Another practical implication of the proposed method is that it can simply analyse numerous data, which means the destination managers and policymakers find it easier to understand. It also enables indicator weighting if they are of different importance and sets apart whether the value of the indicator should be maximized or minimized.

The limitations of the study lie in the possible risk of subjectivity, which may despite applied Delphi method and theoretical background have affected the indicator selection, assignment of weights and values. Another limiting factor is also the focus only on the selected experts from the CEE countries and the character of the static indicators. Therefore, the method should be tested in the praxis of several destinations to prove its usefulness. In the near future, new tools, in terms of data used (e.g. big data), their collection (smart sensors, web scrapping), exchange (dynamic technological platforms with APIs), and analysis (sentiment analysis) can lead to much more understandable, real-time and user-friendly construction of composite sustainable tourism indicator, which can lead to smart destination development.

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Appendix A. Descriptive statistics and weights of sustainable tourism indicators

Sustainable tourism indicators	Mean	SD	Max	Min	W
Nights spent at tourist accommodation establishments (per year)	868 675	978 485	2 719 733	94 186	0.800
Average number of bed nights of tourists	2.4	1.2	5.0	1.3	0.724
Average accommodation occupancy rate for the year (%)	29.9	11.4	44.0	14.4	0.830
Tourist' daily spending (euros)	62.8	14.7	80.2	42.3	0.830
Tourism contribution to employment (% of total employment)	20.4	8.0	31.0	11.0	0.830
Percentage of jobs in tourism that are seasonal (%)	13.5	6.5	22.3	2.5	0.770
Percentage of locally produced goods and services sourced by the destination's tourism service providers (%)	63.6	11.43	75.0	48.0	0.862
Residents' engagement in providing tourism services (%)	31.9	6.16	40.0	18.0	0.846
Number of tourists per 1 000 residents	9 574	12 107	35 310	1 537	0.816
Percentage of tourists satisfied with tourism development (%)	80.3	7.5	90.0	69.0	0.800
Percentage of residents satisfied with tourism development (%)	84.0	7.8	93.0	71.0	0.908
Percentage of tourists who prefer regional consumption (%)	61.3	10.4	75.0	50.1	0.784
Accessibility of tourism service providers for people with disabilities (%)	55.4	14.4	70.7	33.3	0.724
Percentage of tourism service providers that have committed to support local community and culture (%)	59.9	16.4	80.5	32.3	0.784
The number of local DMO members (% of total number of tourism service providers)	42.1	11.0	56.0	21.1	0.754
Residents' engagement in the development of tourism in the destination (%)	30.5	8.7	48.3	17.8	0.900
Percentage of tourists using different modes of transport to arrive at the destination (%)	58.3	16.1	80.6	32.9	0.770
Percentage of tourists using soft mobility transport services to get around the destination (%)	51.8	15.5	74.6	33.3	0.830
Percentage of tourism service providers that have committed to reduce waste production (%)	72.6	18.6	90.2	45.7	0.924
Percentage of tourism service providers that have committed to reduce water consumption (%)	52.0	10.1	65.9	35.6	0.892
Percentage of tourism service providers that have committed to reduce energy consumption (%)	66.0	8.9	79.2	51.1	0.892
Percentage of tourism service providers involved in nature protection activities (%)	55.1	15.6	83.3	37.1	0.908
Tourism carrying capacity (coefficient)	2.8	0.7	4.3	2.3	0.830

Mean: mean value of the indicator for the sample, SD: Standard deviation, Max: maximal value, Min: minimal value, W: indicator weight based on the results of Delphi method as a ratio between mean importance and maximal rating, e.g. 4.5 to 5.