

The digital measurements for femoral prosthesis in a Turkish population

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Abstract

Objectives: This study was designed (i) to evaluate the angle between anatomical and mechanical axes of the femur and (ii) to compare shaft curve of the femur according to anatomical axis of femur with curve of the four femoral nail used in a Turkish population, in order to determine the safety degrees of distal femoral valgus cut for a routine surgical procedures.

Methods: Sixty-six right femurs, 68 left femurs and 4 femoral nails were measured. We measured the angle between anatomical axis and mechanical axis, the shaft curve of the femur according to anatomical axis on the femurs and shaft curve of the femoral nail on 4 femoral nails, which are commonly used in Turkey, using a digitizer system.

Results: In the 66 right femurs, the mean values of the angle between anatomical axis and mechanical axis was calculated as $6.386 \pm 0.820^\circ$ and the mean value of the shaft curve of the femur according to anatomical axis was calculated as $16.713 \pm 2.371^\circ$. In the 68 left femurs, the mean value of angle between anatomical axis and mechanical axis was calculated as $6.915 \pm 0.712^\circ$ and the mean value of the shaft curve of the femur according to anatomical axis was calculated as $16.148 \pm 2.689^\circ$. We calculated that curve of the 4 nails were Hipokrat 8.65° , Trigen 10.20° , Ortopro 6.38° and Recon 8.70° , respectively.

Conclusion: According to our results, new nails should be designed in the light of anatomical studies for each population. This will reduce the complications during surgery.

Key words: anatomical axes; cutting guide; femoral curve; femoral nail; mechanical axes

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Introduction

Femur is one of the bones in human that exhibit ethnic, racial and gender differences.^[1-3] Some clinical studies explained these variations^[1,3,4] and several studies concerning the anatomy and functional axes of femur have previously been made on normal femur.^[5-11] For intraoperative referencing, several anatomical landmarks concerning femur are used by surgeons.^[12] Especially, ideal lower extremity mechanical axis alignment is important for success of total knee arthroplasty. The angle between the anatomical axis (AAx) and the mechanical axis (MAx)

of the femur determines the axial alignment of limb and is used to determine the angle of resection of distal femur in total knee arthroplasty.^[13] Additionally, total knee arthroplasty systems include that femurs have an anatomic-mechanical axis variation of 5° and 6° which have a fixed cutting guide that is generally used an instrument for knee arthroplasty.^[13-15]

The angle between anatomical and mechanical axis is very important for arrange distal femoral cut. Kharwadkar et al.^[13] measured arranging the angle between anatomical and mechanical axes in 83 consecutive patients. They sug-

gested that routine practice of selecting 5° and 6° of the distal femoral cut for an uncomplicated primary total knee arthroplasty was safe.^[13] On the other hand, intramedullary nailing of femur is important for diaphyseal femur fracture.^[1,16-18] If there is a mismatch between curvature of the intramedullary nails and the anterior bowing of the femur several problems may arise like angular defects, iatrogenic fractures and penetration of the distal anterior femoral cortical bone.^[1,16] Several basic and clinical studies were conducted to determine the compatibility of femoral medulla with intramedullary nails because intramedullary nailing is currently accepted as the gold standard in the treatment of diaphyseal femur fractures.^[1,16]

The goal of the present study is (i) to analyse the variation in the angle between anatomical and mechanical axes of the femur and to determine the safety degrees of distal femoral valgus cut for a routine surgical procedures, (ii) to evaluate shaft curve of the femur according to anatomical axis of femur and to compare with curve of the femoral nail in used in Turkish population.

Materials and Methods

In the present study, 66 femurs right side and 68 femurs left side from the bone collection of Akdeniz University, School of Medicine, Department of Anatomy and 4 femoral nails, which are commonly used in Turkey, Trigen (Smith & Nephew, Inc., Andover, MA, USA), Hipokrat (Hipokrat AŞ, Izmir, Turkey), Ortopro (Ortopro A.Ş., Istanbul, Turkey) and Recon (Stryker Corp., Kalamazoo, MI, USA) were measured.

Bone measurement

We measured (i) the angle between AAx and MAx and (ii) the shaft curve of the femur (CF) according to AAx (**Figure 1**), using MicroScribe G2X (Immersion Corp., San Jose, CA, USA) digitizer, the accuracy of the device is confirmed by previous study^[19] and the data were obtained by Surfcam Velocity software (Surfware Inc., Camarillo, CA, USA) (**Figure 2**).

Femoral nails measurement

In these measurements, 4 femoral nails, which are commonly used in Turkey, Trigen, Hipokrat, Ortopro and Recon were measured. We measured the shaft curve of the femoral nail with using MicroScribe G2X.

MicroScribe G2X is a 3D digitizer that has a mechanical arm with a stylus. Additionally, it has an accuracy of up to 0.009 inches and sampling speeds of as much as 1000 Hz.

Before measurement, all femurs were fastened to the clamp and examiner could be reach any landmark on femurs (**Figure 3**).

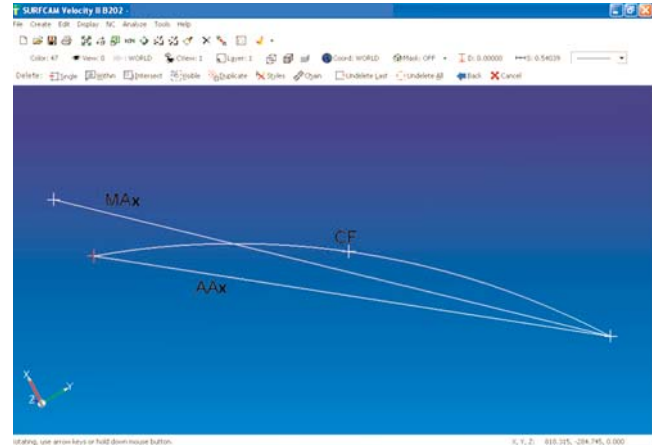


Figure 1. View of the microscribe software. AAx: a anatomical axis; CF: shaft curve of the femur; MAx: mechanical axis.



Figure 2. Microscribe digitizing system.



Figure 3. Measurements performed by microscribe digitizing system on femur fixed with clamp.

Before measurements all femurs were pointed out with a pen and fastened to the clamp so that the examiners could reach any landmark on femurs (Figure 4). To evaluate the angle between the anatomical and mechanical axis; the center of the piriform fossa (i) and the superomedial point of the insertion of the posterior cruciate ligament (ii), the center of the head of the femur (iii) were used as landmarks respectively. The curve of the femoral shaft was drawn by use of the points between the center of the piriform fossa, the center point of the shaft of the femur (iv) and the superomedial point of the insertion of the posterior cruciate ligament and it was evaluated according to the AAx. Data collection with digitizer was performed by use of these landmarks by three observers individually and means values were calculated for results (Table 1).

Results

In the 66 right femurs, the mean values of the angle between AAx and MAx was calculated as $6.386 \pm 0.820^\circ$ and the mean value of the shaft curve of the femur (CF) according to AAx was calculated as $16.713 \pm 2.371^\circ$ (Table 2).

In the 68 left femurs, the mean value of angle between AAx and MAx was calculated as $6.915 \pm 0.712^\circ$ and the mean value of the shaft curve of the femur (CF) according to AAx was calculated as $16.148 \pm 2.689^\circ$ (Table 3).



Figure 4. Pointed landmarks on femur. i: center of the piriform fossa; ii: superomedial point of the insertion of the anterior cruciate ligament; iii: the center of the head of the femur; iv: the center point of the shaft of the femur.

The curve of the four nails were measured as Hipokrat 8.65° , Trigen 10.20° , Ortopro 6.38° and Recon 8.70° , respectively (Table 4).

Discussion

In our study, the mean value of the between AAx and MAx was calculated as $6.386 \pm 0.820^\circ$ and $6.915 \pm 0.712^\circ$ in the right and the left femurs, respectively. The same parameter was calculated as $5.4^\circ \pm 0.9^\circ$ by Kharwadkar et al. in 83 consecutive patients in random British popula-

Table 1
Chosen landmarks on femur

Landmarks / Plane	Description
i	Center of the piriform fossa
ii	Superomedial point of the insertion of the posterior cruciate ligament
iii	The center of the head of the femur
iv	The center point of the shaft of the femur

Table 2
Results of measurements performed on right-sided femurs
n=66 (right)

Landmarks	Minimum	Maximum	Mean	SD
AAx - MAx	4.350°	7.970°	6.386°	0.820°
CF - AAx	11.460°	22.480°	16.713°	2.371°

Table 3
Results of measurements performed on left sided femurs
n=68 (left)

Landmarks	Minimum	Maximum	Mean	SD
AAx - MAx	5.480°	8.490°	6.915°	0.712°
CF - AAx	7.930°	26.250°	16.148°	2.689°

Table 4
Results of measurements performed on femoral nails

Curve of the femoral nails (n=4)	
Hipokrat	8.65°
Trigen	10.20°
Ortopro	6.38°
Recon	8.70°

tion.^[13] They suggested that age, gender and the laterality of the limb did not cause any significant difference on this angle in their study and routine practice of selecting 5° and 6° of the distal femoral cut for an uncomplicated primary total knee arthroplasty was safe.^[13] In another study, Dunn et al. informed that all the femurs had an anatomic-mechanical axis variation of 5° and 6° and had a fixed cutting guide.^[20] In our study, we found the same parameter as $6.386 \pm 0.820^\circ$ and $6.915 \pm 0.712^\circ$ in the right and the left femurs, respectively. Our results revealed that wider angle of valgus cut of the distal femur for reconstructive surgical procedures should be more safe in Turkish population.

Closed intramedullary nailing of femoral shaft fractures is the gold standard of treatment.^[21] In the presences of an uncompensated mismatch between the curve of a femoral nail and the femoral medullary bowing, serious problems may arise.^[1] An iatrogenic fracture may develop during femoral nailing. The nail may rip the distal anterior cortex of the femur during femoral nailing.^[1,18,22] Additionally, mismatch of the nail, curve of the femur cause inadequate contact of the fracture ends and it leads to new problems.^[1,21] The insertion process may become difficult as an inappropriately curved nail leans against the medullary wall.^[1,22,23] Ideal-entering point is about 1 cm front of the posterior cruciate ligament. If intramedullary guide settle in this ideal entering point, prosthesis may provide a better suitable settle in anterior and posterior plan. Femoral sagittal bowing is very important for total knee arthroplasty but it has not been well discussed in the literature.^[24] In our study, the mean value of the CF according to AA was calculated as $16.713 \pm 2.371^\circ$ and $16.148 \pm 2.689^\circ$ in the right and the left femurs, respectively. We measured the curve of the four nails as Hipokrat 8.65°, Trigen 10.20°, Ortopro 6.38° and Recon 8.70°, respectively. We compared the curve of the most used four nails in Turkey and found that the curve of the nails were lower than the curve of the femur shaft of the Turkish population. According to our results, more curved nails should be designed. These new designed nails will be more suitable for Turkish population. We think that these new designed nails will provide less problems during surgical operations.

Conclusion

In conclusion, each population has different anatomical specialty. According to our results, new nails should be designed in the light of anatomical studies for each population. This will reduce the complications during surgery.

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