

Winter Activity of Reptiles in the Anatolian Peninsula

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ABSTRACT

The effects of global climate change and the related temperature increases on the behavior and life adaptation of organisms are a significant concern for ectothermic species. In this study, the winter activities of reptiles in the Anatolian Peninsula were examined by considering the potential effects of climate change on their behavior. In this context, the importance of thermal fluctuations was emphasized by focusing on the responses of different reptile species to sudden changes in winter conditions. For this purpose, 23 reptile species showing winter activity in Anatolia were evaluated by considering the data obtained from social media platforms and online sources. Among these species, 9 are snakes, 13 are lizards, and 1 is a tortoise. Cluster analysis was performed using the UPGMA method to reveal the models in the geographical distribution of the evaluated species. Winter activity for many reptile species was reported for the first time. As a result of the obtained findings, important information was provided on how reptile species are affected by winter warming in temperate regions and the unusual winter behaviors of different species. As a result, it is shown that understanding the effects of climate change on ectothermic species is essential for correctly predicting the biological responses of species and creating conservation strategies.

Anadolu Yarımadasındaki Sürüngenlerin Kış Aktiviteleri

ÖZET

Küresel iklim değişikliğinin ve buna bağlı sıcaklık artışlarının, organizmaların davranışları ve yaşam uyumları üzerindeki etkisi, ektotermik türler için büyük bir endişe kaynağıdır. Bu çalışmada, Anadolu Yarımadası'ndaki sürüngenlerin kış aktivitelerini, iklim değişikliğinin davranışları üzerindeki potansiyel etkileri dikkate alınarak incelenmiştir. Bu doğrultuda, kış koşullarındaki ani değişimlere karşı farklı sürüngen türlerinin tepkilerine odaklanılarak termal dalgalanmaların önemi vurgulanmıştır. Bunun için, sosyal medya platformları ve çevrimiçi kaynaklardan elde edilen veriler dikkate alınarak, Anadolu'da kış aktivitesi gösteren 23 sürüngen türü değerlendirilmiştir. Bu türlerin 9'u yılan, 13'ü kertenkele, 1'i ise kaplumbağadır. Değerlendirilen türlerin coğrafi dağılımındaki modeller ortaya konularak kümeleme analizi UPGMA yöntemi ile gerçekleştirilmiştir. Birçok sürüngen türünde kış aktivitesi ilk kez rapor edilmiştir. Elde edilen bulgular neticesinde, sürüngen türlerinin ılıman bölgelerdeki kış ısınmalarından nasıl etkilendiklerine ve farklı türlerin alışılmadık kış davranışlarına dair önemli bilgiler sunulmuştur. Sonuç olarak, iklim değişikliğinin ektotermik türler üzerindeki etkilerinin anlaşılmasının türlerin biyolojik tepkilerinin doğru tahmin edilmesi ve koruma stratejileri oluşturması için önemli olduğunu göstermektedir.

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1. INTRODUCTION

Temperature increases associated with global warming have significant implications for the fitness of organisms. In contrast to endothermic species, which maintain a stable body temperature, ectothermic species depend physiologically on the surrounding environment to regulate their behavior, development, and reproduction [1,2]. Consequently, these species are particularly susceptible to anticipated thermal fluctuations. Most studies investigating the effects of temperature changes have primarily focused on temperature fluctuations during active annual periods—specifically when mean temperatures surpass the minimum thresholds necessary for growth and reproduction—. However, thermal conditions can also profoundly affect ectotherms during periods of inactivity or dormancy, such as winter [1,2]. According to the Intergovernmental Panel on Climate Change (2014), winter temperatures have increased more than summer temperatures. Failing to account for potential biases introduced by asymmetric warming patterns could undermine the validity of climate change research findings [3]. The phenomenon known as "winter warming," which has conventionally been investigated in the context of cold-adapted mammals and high Arctic species, is expected to have significant but previously overlooked consequences for species inhabiting temperate zones as well [4]. Moreover, it could be a critical vulnerability factor for ectotherms [5]. In temperate regions, winter marks the onset of colder temperatures, diminished food sources, and limited thermoregulatory opportunities for reptiles. The majority of reptiles are capital breeders, fueling reproduction in the spring with conserved energy [6]. An optimal overwintering strategy should optimize opportunities to replenish and conserve energetic reserves while minimizing the risk of cold exposure [7]. The general patterns observed in the winter season for reptiles are hibernation, brumation, seeking warmth, and burrowing. However, the specific winter behaviors of reptiles can vary significantly among species and are influenced by factors such as geographic location, climate, and the reptile's adaptations. In this study, we aim to collect data on the unusual winter activities of many reptile species observed in the Anatolian Peninsula.

2. MATERIALS and METHODS

2.1. Study area

The Anatolian Peninsula, also known as Anatolia, is a vast landmass located in Western Asia, forming the majority of the territory of Türkiye. It is bordered by the Aegean Sea to the west, the Mediterranean Sea to the south, and the Black Sea to the north. The climate of Anatolia varies significantly across the regions. Coastal areas generally experience a Mediterranean climate, characterized by hot, dry summers and mild, wet winters. In contrast, the inland areas, particularly in the central plateau, have a more continental climate with hot summers and cold winters [8]. For this study, we comprehensively searched various social media platforms, such as Facebook, Instagram, iNaturalist, and Twitter. This search examines our friend lists as well as the public group "Türkiye Wildlife Association" on Facebook. Additionally, amateur naturalists and students (as mentioned in the Acknowledgements section) frequently shared relevant information from their Facebook profiles with the first author between November 2020 and March 2021.

2.2. Data collection

To assess the winter activity of reptiles, individuals who uploaded photos on social media were requested to provide the location data. If GPS coordinates were inaccessible, contributors were interviewed to obtain information that allowed for determining the position with an accuracy of at least ± 0.5 km. Data on air temperature, soil temperature, cloudiness and moisture estimate rates were retrieved from a real-time online platform [9].

2.2. Data analysis

A grouping analysis of the observed species was conducted based on the Euclidian Distance to ascertain whether the species were geographically grouped. The UPGMA (Unweighted Pair Group Method with Arithmetic Mean) technique was used to verify if the species clustered by region.

3. RESULTS

A total of 29 observations from 23 reptile species were recorded, revealing a winter activity pattern (Figure 1). Among these species, 9 were snakes, 13 were lizards, and 1 was a tortoise. The records, along with their localities, are listed in Table 1. Eleven records were obtained from the western part of the peninsula, seven from the southeastern, six from the southern, and five from the northern regions. *Ophisops elegans* was the only species recorded from two different areas (western and southeastern). Additionally, winter activity was observed in six species in at least two distinct locations. The mean temperatures in western localities were 16.2 °C, 15.35 °C in the south, 16.8 °C in the north and 12.3 °C in the southeastern localities. Similarly, the mean soil temperatures in the west, south, north, and southeast were 18.06 °C, 17.6 °C, 18.3 °C and 14.4 °C, respectively. The cluster analysis revealed two major groups: southeastern and the rest (Figure 2). However, two inner Aegean observation records were also nested within the southeastern clade. Finally, no discernible classification pattern was observed based on the species' taxonomic hierarchy.



Figure 1. Distribution of reptile species exhibiting winter activity across in the Anatolian Peninsula

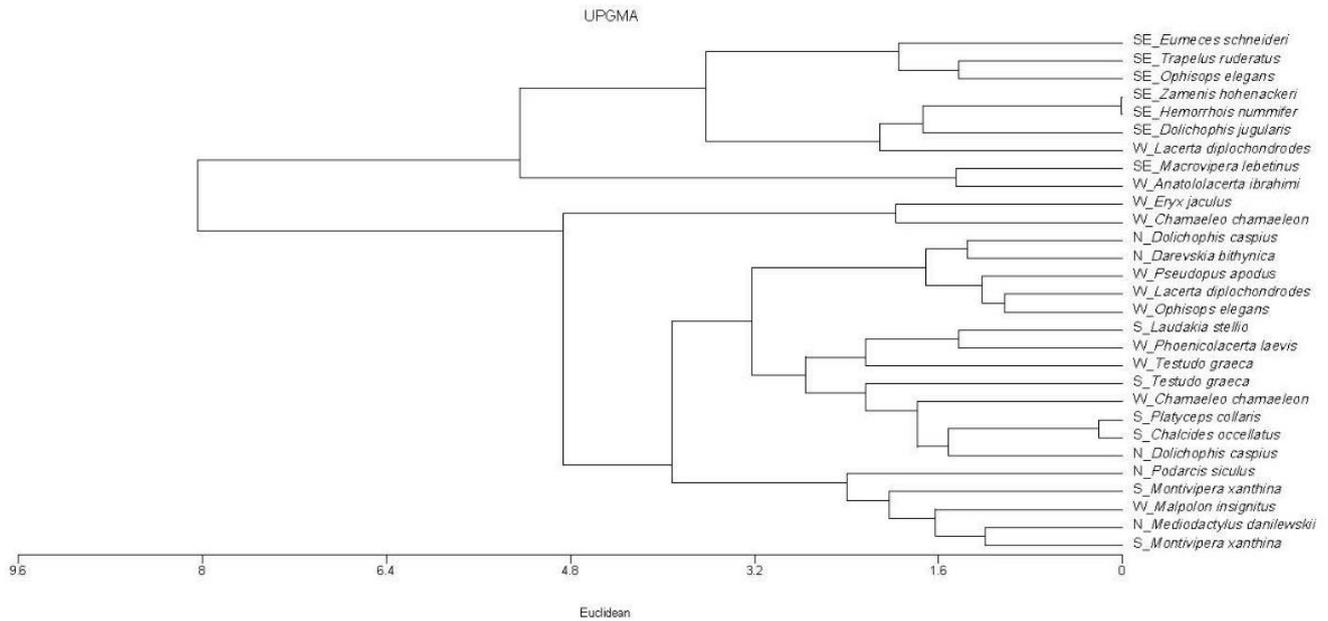


Figure 2. UPGMA cluster analysis for winter activity patterns based on geographic distribution

Table 1. Winter activity records of reptile species in the Anatolian Peninsula (T_{air} : air temperature, T_{soil} : soil temperature).

| Family | Species | English name | Locality | Date | T_{air} | T_{soil} |
|----------------|----------------------------------|-------------------------------|-----------------------------------|------------|-----------|------------|
| Testudinidae | <i>Testudo graeca</i> | Common Tortoise | Muğla/Fethiye/Çaltuözü | 08.12.2020 | 17.1 | 20.1 |
| | | | Mersin/Çevlik | 27.02.2021 | 15.2 | 19.2 |
| Agamidae | <i>Laudakia stellio</i> | Starred Agama | Antalya/Alanya | 30.01.2021 | 16.1 | 18.8 |
| | | | Şanlıurfa/Birecik | 14.02.2021 | 13.2 | 16.1 |
| Gekkonidae | <i>Mediodactylus danilewskii</i> | Danilewskii's Bent-Toed Gecko | Tokat/Erbaa/Karayaka | 12.11.2020 | 15.9 | 17.1 |
| Chamaeleonidae | <i>Chamaeleo chamaeleon</i> | Mediterranean Chameleon | İzmir/Urla | 30.11.2020 | 19.4 | 21.4 |
| | | | Manisa/Salihli/Gökköy | 13.02.2021 | 17.3 | 18.7 |
| Anguidae | <i>Pseudopus apodus</i> | European Glass Lizard | Manisa/Akpinar/Gölmarmara | 12.01.2021 | 18.1 | 19.3 |
| Scincidae | <i>Chalcides ocellatus</i> | Occellated Skink | Mersin/Tarsus | 04.02.2021 | 15.8 | 17.3 |
| | | | Şanlıurfa/Ceylanpınar | 07.03.2021 | 14.1 | 17.2 |
| Lacertidae | <i>Ophisops elegans</i> | Snake-eyed Lizard | İzmir/Bergama | 14.11.2020 | 17.8 | 18.3 |
| | | | Şanlıurfa/Eyyübiye | 07.01.2021 | 13.3 | 15.4 |
| Lacertidae | <i>Lacerta diplochondrodes</i> | Rhodos Green lizard | Burdur/Bucak | 13.12.2020 | 13.5 | 14.2 |
| | | | Balıkesir/Bandırma | 05.01.2021 | 18.1 | 19.5 |
| | | | İstanbul/Riva | 07.02.2021 | 15.2 | 16.7 |
| | | | Antalya/Konyaaltı | 02.01.2021 | 17.2 | 20.7 |
| | | | Isparta/Sütçüler | 13.11.2020 | 9.9 | 11.3 |
| Lacertidae | <i>Podarcis siculus</i> | Italian Wall Lizard | Samsun/Bafra | 15.01.2021 | 18.1 | 19.4 |
| | | | Uludağ | 15.01.2021 | 18.1 | 19.4 |
| Erycidae | <i>Eryx jaculus</i> | Sand Boa | İzmir/Çeşme | 30.01.2021 | 17.6 | 20.8 |
| Colubridae | <i>Dolichophis caspius</i> | Caspian Whip Snake | İstanbul/Çatalca/Oklalı | 13.11.2020 | 16.4 | 18.7 |
| | | | Kastamonu/Abana | 12.02.2021 | 18.4 | 19.6 |
| | | | Kahramanmaraş/Nurhak | 28.02.2021 | 11.2 | 12.8 |
| | | | Mersin/Tarsus | 27.02.2021 | 16.6 | 17.7 |
| | | | Kahramanmaraş/Nurhak | 03.03.2021 | 12.5 | 13.7 |
| Psammophiidae | <i>Malpolon insignitus</i> | Eastern Montpellier Snake | Kahramanmaraş/Nurhak | 04.03.2021 | 12.4 | 13.6 |
| | | | Isparta/Senirkent/Gençali | 06.11.2020 | 12.1 | 14.4 |
| Viperidae | <i>Montivipera xanthina</i> | Ottoman Viper | Between Antalya - Konya, Toroslar | 03.11.2020 | 15.1 | 17.3 |
| | | | Mersin/Toroslar/Arsllanköy | 03.11.2020 | 13.3 | 15.4 |
| Viperidae | <i>Macrovipera lebetinus</i> | Levantine Viper | Adıyaman/Kahta | 02.12.2020 | 9.4 | 11.8 |

4. DISCUSSION

Although many organisms depend on photoperiodic cues to indicate seasonal transitions, underground-dwelling reptiles might not be significantly exposed to such stimuli. For most temperate reptiles, ambient temperature is the primary factor determining the onset and cessation of dormancy [10]. In other words, environmental temperature regulates their reproductive cycles and energy expenditure. However, sudden temperature fluctuations may also trigger the temporary awakening of the reptiles [11].

The investigation of biological reactions to climate change has significantly emphasised reptiles. A range of fitness responses has been linked to shifts in thermal maxima and minima [12,13]. To forecast the short- and long-term impacts of warming winters on temperate reptiles, it is crucial to establish direct correlations between winter temperatures and survival or reproductive success and identify temperature-sensitive biological processes. These processes must be integrated into a broader understanding of fitness [14].

For effective conservation efforts, information on the habitat and activity of tortoises during the winter months is crucial, as they spend over half of their lives in hibernation [15,16]. According to Özgül et al. (2022), *Testudo graeca* was observed in Bozcaada in February at an air temperature of 12 °C. Other observations of this species in Fethiye, Muğla (December) and Çevlik, Mersin (February) revealed higher air temperatures of 17.1 °C in Fethiye and 15.2 °C, respectively. In these locations, soil temperatures were consistently higher than the air temperatures, at 20.1 °C and 19.2, °C respectively [17]. This suggests that ambient temperature dynamics might trigger the winter awakening of the tortoises.

Cold climates significantly impact the hibernation patterns of lizards. According to Adolph and Porter (1993), low air temperatures negatively affect key functions, such as movement, food availability, and escape behavior. Temperature fluctuations in air temperature can prompt lizards to end their hibernation prematurely [11]. In this context, winter activity of the following lizard species has been documented: *Apathya cappadocica* [18], *Darevskia rudis* [19], *Lacerta media* [20], *Lacerta viridis* [21], *Hemidactylus turcicus* [22], *Mediodactylus kotschyi* [23], *Ophisops elegans* [24,25], *Podarcis erhardi* [26,27], *Podarcis muralis* [28 – 31], *Sceloporus jarrovi* [32] and *Zootoca vivipara* [33]. Our study contributes to the case of lizards' winter activity via the observations for *Anatololacerta ibrahimi*, *Chamaeleo chamaeleon*, *Lacerta diplochondrodes*, *Phonicolacerta laevis*, *Pseudopus apodus*, *Darevskia bithnyica*, *Eumeces schneideri*, *Chalcides ocellatus*, and *Trapelus ruderatus* for the first time in the literature.

Winter activity in *H. turcicus* was previously reported in January – February at air temperatures ranging from 8.89 to 18.89 °C [22]. In the Anatolian Peninsula, similar temperature ranges were observed for geckos and agamids. For instance, *Mediodactylus danilewskii* was recorded in Tokat, North region (T_{air} : 15.9 °C, T_{soil} : 17.1 °C in October 2020) and, *Laudakia stellio* in Antalya, South region (T_{air} : 16.1 °C, T_{soil} : 18.8 °C in January 2021). Moreover, *Trapelus ruderatus* was observed in Şanlıurfa, Southeast region, at 13.2 °C air and 16.1 °C soil temperatures (February 2021).

Rock lizards, such as *D. rudis*, have shown winter activity in Trabzon, North region, at air temperatures of 10-16.5 °C [19]. Our findings for *D. bithnyica* in Bafra, Samsun, North region showed similar activity

patterns at 18.1 °C air and 19.4 °C soil temperatures (January 2021). [25] revealed that *O. elegans* individuals were active between December and February with minimum T_{air} : 15.4 °C and minimum T_{soil} : 16.2 °C. Our observations for *O. elegans* were T_{air} : 17.8 °C, T_{soil} : 18.3 °C in Bergama, İzmir, West region (October 2020) and T_{air} : 13.3 °C, T_{soil} : 15.4 °C in Eyyübiye, Şanlıurfa, Southeast region (January 2021). Therefore, these findings demonstrated that this species was active at ~2 °C lower than the literature knowledge.

Chameleons and legless lizards exhibited activity at temperatures significantly above seasonal averages [34]. For example, *C. chameleon* was observed in Urla, İzmir, West region: (T_{air} : 19.4 °C, T_{soil} : 21.4 °C in November 2020, T_{season} : 11.04 °C) and in Salihli, Manisa, West region: (T_{air} : 17.3 °C, T_{soil} : 18.7 °C in February 2021, T_{season} : 9.4 °C); *P. apodus* was recorded in Gölarmara, Manisa, West region (T_{air} : 18.1 °C, T_{soil} : 19.3 °C in January 2021, T_{season} : 8.9 °C). These observations indicate that poikilothermic animals awaken as microhabitat temperatures rise, enabling their vital activities [35]. Moreover, our results suggested that lacertids might still be active even in relatively low temperatures (i.e. *A. ibrahimi*: T_{air} : 9.9 °C, T_{soil} : 11.3 °C in Sütçüler, Isparta, West region, 13 October 2020).

To date, there has been no observed winter activity for the following snake species in the Anatolian Peninsula: *Montivipera xanthina*, *Macrovipera lebetinus*, *Eryx jaculus*, *Platycephalus collaris*, *Dolichophis caspius*, *Dolichophis jugularis*, *Hemorrhoids nummifer*, and *Zamenis hohenackeri* up to date. Snake winter activity has primarily been associated with basking and movement behaviors, which incur costs such as increased energy expenditures during non-feeding periods and vulnerability to predators [36 – 39]. Various hypotheses propose that winter basking activity in snakes "enables the continuation of gonadal activity" [40] and could potentially serve as an indicator of the impending mating season [6]. The present study's findings showed that the winter activity could be seen in extremely low temperatures in snakes for this reason: i.e. *M. lebetinus* in Kahta, Adiyaman, Southeast region: (T_{air} : 9.4 °C, T_{soil} : 11.8 °C in 2 December 2020). In addition to this viperid species, similar low-temperature activity was recorded in other snake species in southeast region: *D. jugularis* (T_{air} : 11.2 °C, T_{soil} : 12.8 °C), *H. nummifer* (T_{air} : 12.5 °C, T_{soil} : 13.7 °C), *Z. hohenackeri* (T_{air} : 12.4 °C, T_{soil} : 13.6 °C) in Nurhak, Kahramanmaraş in March 2021. Moreover, in the West region, *M. insignitus* from Senirkent, Isparta, was recorded in November 2020 (T_{air} : 12.1 °C and T_{soil} : 14.4 °C). However, snake activity in other parts of Anatolia was generally at higher temperatures. Therefore, it can be concluded that the soil temperatures were slightly higher than the air temperature in all cases.

Variation in winter activity arises from species-specific, thermoregulation behavior and geographic conditions [41]. Our cluster analysis demonstrated that air and soil temperatures and other meteorological and geographical factors may influence early awakening in reptiles. However, further data is required to confirm these patterns.

In conclusion, recent observations suggest that reptiles might exhibit increased winter activity due to global warming [20, 42 – 46]. Recognizing these atypical behaviors enhances our understanding of reptile biology and provides crucial initial data for evaluating climate change models.

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No conflict of interest or common interest has been declared by the author.

Author's Contribution

MKŞ and MK wrote the main manuscript. TB collected the meteorological data. MK prepared the map. MKŞ did the cluster analysis. All authors contributed substantially to the final version of the manuscript. All authors have read and approved the manuscript.

The Declaration of Ethics Committee Approval

This study does not require ethics committee permission or any special permission.

Declaration of research and publication ethics

The authors of the paper declare that we followed the scientific, ethical and citation rules of Environmental Toxicology and Ecology in all processes of the paper and that we did not make any falsification of the data collected. Furthermore, we declare that ETOXEC and its Editorial Board are not responsible for any ethical violations that may have occurred and that this study has not been evaluated in any other academic publication environment than ETOXEC.

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