

The Effect of Copper Sulfate on Aquaporins in Kidney Tissue

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ABSTRACT

Copper (Cu) is a cofactor for most enzymes and an essential trace element. However, elevated levels of Cu exposure cause toxic effects in various tissues. Aquaporins (AQP) are integral membrane proteins that play a key role in fluid transport, particularly in kidney tissues. In our study, we aimed to evaluate the expression of AQP-1, -2, and -3 in the kidneys of female and male rats following the administration of high-dose copper sulfate (CuSO₄). First, the control group (n=10) received saline via oral gavage, while the experimental group (CuSO₄) (n=10) received 100 mg/kg/day via oral gavage for 14 days. Histopathological, PAS staining, and immunohistochemical evaluation of AQP-1, -2, and -3 were then performed on kidney tissues from the control and experimental groups. CuSO₄ caused tubular vacuolization in the kidneys. CuSO₄ administration decreased AQP-2 levels while increasing AQP-1 and AQP-3 levels. These findings suggest that CuSO₄ may have re-modulated AQP-1 and AQP-3 levels due to the tubular vacuolization and degeneration it caused; however, the effect of CuSO₄ on estrogen levels in females and the vasopressin effect via AQP-2 need to be investigated in detail.

Keywords: Aquaporins. Copper sulfate. Kidney. Rat.

Böbrek Dokusunda Akuaporinler Üzerine Bakır Sülfat Etkisi

ÖZET

Bakır (Cu), çoğu enzimin kofaktörü ve temel bir eser elementtir. Ancak, yüksek düzeyde Cu maruziyeti çeşitli dokularda toksik etkilere neden olur. Akuaporinler (AQP), sıvı taşınmasında, özellikle böbrek dokularında önemli bir rol oynayan integral membran proteinleridir. Çalışmamızda, yüksek doz bakır sülfat (CuSO₄) uygulamasının ardından dişi ve erkek sıçanların böbreklerinde AQP-1, -2 ve -3 ekspresyonunu değerlendirmeyi amaçladık. İlk olarak, kontrol grubuna (n=10) oral gavaj yoluyla salin verilirken, deney grubuna (CuSO₄) (n=10) 14 gün boyunca oral gavaj yoluyla 100 mg/kg/gün CuSO₄ verildi. Daha sonra kontrol ve deney gruplarının böbrek dokularında AQP-1, -2 ve -3'ün histopatolojik, PAS boyama ve immünohistokimyasal değerlendirmeleri yapıldı. CuSO₄, böbreklerde tübül vakuolizasyona neden oldu. CuSO₄ uygulaması, AQP-1 ve AQP-3 düzeylerini artırırken AQP-2 düzeylerini düşürdü. Bu bulgular, CuSO₄'ün neden olduğu tübül vakuolizasyon ve dejenerasyon nedeniyle AQP-1 ve AQP-3 düzeylerini yeniden modüle etmiş olabileceğini düşündürmektedir; ancak CuSO₄'ün dişilerdeki östrojen düzeyleri üzerindeki etkisi ve AQP-2 aracılığıyla vazopressin etkisi ayrıntılı olarak araştırılmamıştır.

Anahtar Kelimeler: Akuaporinler. Bakır Sülfat. Böbrek. Rat.

Date Received: 11. February. 2026

Date Accepted: 9. March. 2026

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Copper (Cu) is an essential trace element that functions as a cofactor for many enzymes in living organisms¹. Copper is an essential element involved in the mitochondrial respiratory chain, antioxidant defense, and iron metabolism, acting as a cofactor for redox-regulatory enzymes, and it also plays a crucial role in nerve myelination and endorphin function²⁻⁵. However, elevated levels of Cu can be dangerous as it can cause oxidative stress in cells and damage intracellular biomolecules^{6,7}. Copper exerts toxic effects in multiple organs such as the liver⁸, kidneys⁹, and brain¹⁰, where it alters Kir channel expression in the prefrontal cortex¹¹; these neurotoxic effects are particularly evident in Wilson's disease^{5,12}.

Copper exposure leads to glomerular and tubular impairments in the kidney, which are further aggravated by proteinuria, reduced glomerular filtration, aminoaciduria, and increased urinary phosphate loss¹³. Exposure to copper sulfate has been shown to cause renal tubular necrosis and degeneration, interstitial tissue damage, and structural changes associated with ER stress¹⁴. Peng et al. (2021) reported that repeated copper sulfate exposure in mice results in pronounced tubular damage, impaired renal function, and activation of oxidative and inflammatory pathways¹⁵. Another study reported that chronic copper sulfate exposure causes significant kidney damage characterized by glomerular impairment and tubular epithelial degeneration. The findings indicate that oxidative stress is the underlying cause of this pathology, as antioxidant supplementation alleviated most of the observed tissue damage¹⁶.

The kidney is a vital organ responsible for maintaining the body's water balance¹⁷. Aquaporins (AQPs), which play a key role in facilitating fluid transport in the kidney, are a family of small, integral membrane proteins that transport small, neutral solutes across various biological membranes¹⁸. Each AQP functions as a tetrameric structure consisting of six transmembrane helical domains that enter the cell membrane. AQPs can be divided into three subtypes based on their transport capacity, and a wide varieties are found in the kidney¹⁹. Among these, Aquaporin 1 (AQP-1) is highly expressed in the kidney, where it regulates water reabsorption in the apical and basolateral membranes of the proximal tubules, thin descending limb of Henle, and the descending vasa recta^{19,20}. Aquaporin 2 (AQP-2), on the other hand, is primarily expressed in the main cells of the collecting ducts in the kidney and, unlike most other aquaporins, AQP-2 is retained more in the cytoplasmic compartment²¹. Aquaporin 3 (AQP-3), on the other hand, is localized in the basolateral membrane of the primary cells in the collecting duct of the kidney^{22,23}.

This study investigated whether copper sulfate application affects the distribution of AQPs in different sexes. Accordingly, morphological changes in the kidney tissues of female and male rats, and the differences in AQP distribution and density based on sex, were evaluated. Therefore, morphological evaluation using hematoxylin-eosin and immunohistochemical methods were used to demonstrate changes in the expression distribution of AQP-1, AQP-2, and AQP-3 proteins in female and male kidney tissues.

Materials and Methods

Experimental Groups

The Animal Ethics Committee of Kayseri Erciyes University (HADYEK) approved the experimental protocols for this study (decision 25/209) on October 01, 2025. 10 male/10 female *Sprague dawley* rats were obtained from the Erciyes University Hakan Çetinsaya Experimental and Clinical Research Center (DEKAM). Rats were housed in cages at 24°C±2°C, 12h light/dark cycles, with food and water in the cages. At the end of the experimental procedure, rats were killed under anesthesia induced by ketamine (60 mg/kg i.p.) - 2% xylazine (15 mg/kg i.p.).

Experimental model induced by copper sulphate (CuSO₄):

- 1) Control groups (n=10) receiving saline by oral gavage (male; n= 5, female; n=5),
- 2) CuSO₄ groups (n=10) receiving CuSO₄ dissolved in saline at a dose of 100 mg/kg/day by oral gavage (male; n=5, female; n=5).

The required dosage of CuSO₄ (copper sulphate pentahydrate - purity > 98.0%, CAS number: 7758-99-8, purchased from Isolab chemicals, Germany) was 100 mg/kg/day for 14 days following the standard protocol of Liu et al.²⁴. After the rats were killed, kidney tissues were removed, and the left kidney tissues were subjected to histological analysis, while the right kidney tissues were subjected to immunohistochemical analysis.

Histological Analysis

Hematoxylin and Eosin (H-E) staining

The kidney tissues were fixed in 10% formaldehyde, then washed and cleaned under running water overnight. The tissues were placed in increasingly concentrated alcohol solutions to remove the water inside them. The tissue was dehydrated by removing water, rinsed with xylene (equal to the tissue volume), and then embedded in paraffin blocks at an appropriate depth. Sections 5 µm thick were cut from the tissue blocks using a microtome. The tissue

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sections were then placed on poly-L-lysine-coated slides for immunohistochemical analysis and on regular slides for H-E staining. Following all staining procedures, tissue integrity, edema, and histological changes in the kidney tissue morphology were evaluated using a Zeiss Axiocope-5 light microscope¹¹.

Periodic Acid-Schiff (PAS) Staining

PAS (Bio-Optica, Milona) staining was performed on sections taken from paraffin blocks of kidney tissue²⁵. Following PAS staining procedures, glomerular structure, tubular degeneration, and basement membrane structure were evaluated using a Zeiss Axiocope-5 light microscope.

Immunohistochemical Analysis

Immunoreactivity of Aquaporin 1 (Affinity, AF5231), Aquaporin 2 (Affinity, DF7560), and Aquaporin 3 (Affinity, AF5222) proteins in kidney tissues were determined using the avidin-biotin peroxidase complex (ABC) method¹¹, with each applied at a 1:100 dilution ratio²⁶. Sections of 5 μm thickness were deparaffinized, and antigen retrieval was performed using citrate buffer (pH: 6.0; Thermo Fischer Scientific, UK, AP-9003-500). Endogenous peroxidase activity was quenched with 3% hydrogen peroxide in methanol. To prevent nonspecific binding, sections were incubated with a blocking serum (Thermo Fischer Scientific, UK, TA-125-UB), followed by overnight incubation at 4°C with the primary antibodies. The sections were washed several times with phosphate-buffered saline (PBS), then treated with secondary antibody (Thermo Fischer Scientific, UK, TS-125-BN) for 2 hours at 37°C, and after washing again, incubated with streptavidin peroxidase (Thermo Fischer Scientific, UK, TS-125-HR) at 37°C for 30 minutes. The antibody complex was visualized by incubation with diaminobenzidine (DAB) chromogen (Thermo Fisher Scientific, UK, TA-125-HD). The sections were counterstained with Gill's hematoxylin (Merck, Germany, 1.05174.1000), dehydrated in a graded alcohol series, and mounted with Entellan. Images were acquired using a light microscope (Zeiss Axiocope-5).

Statistical analysis

All statistical analyses were performed using GraphPad Prism (GraphPad Software Inc., San Diego, CA, USA). Data were expressed as mean \pm standard deviation (SD) for normally distributed variables. The effects of treatment and sex on renal parameters were analyzed using two-way ANOVA. When significant main effects were detected, multiple comparisons were performed using Šidák's post hoc test to compare group means within rows or columns, as

appropriate. For non-normally distributed data, non-parametric tests were applied. A p value <0.05 was considered statistically significant.

Results

Histological Analysis

H-E staining of kidney tissues revealed intense vacuolization in the proximal tubules located in the cortex of the kidney tissues in the CuSO_4 group. Vacuolization was also observed in the collecting ducts of the cortex and in the medullary distal and proximal tubules (Figure 1). In particular, due to vacuolization in the proximal tubules, the lumen is greatly narrowed, making it impossible to distinguish the microvillus structures (Figure 1).

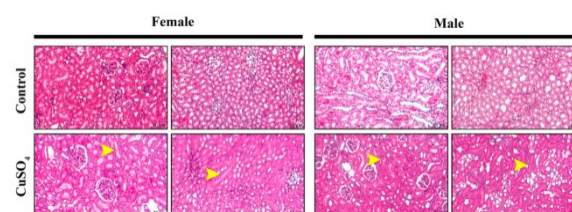


Figure 1.
Hematoxylin and eosin staining of kidney tissue.
Yellow arrowhead: Coiled proximal tubule
Magnification: 20X.

PAS Analysis

In PAS staining of kidney tissue, areas rich in glycoprotein in the cortex region of the control group were particularly dense in the basolateral region of the proximal and distal tubules. Similarly, PAS staining was observed in the CuSO_4 group (Figure 2). On the other hand, PAS staining was also observed in the parietal layer of the Bowman's capsule in both groups. Furthermore, in the CuSO_4 group, PAS staining was intensely retained in the apical regions of the proximal and distal tubules (Figure 2).

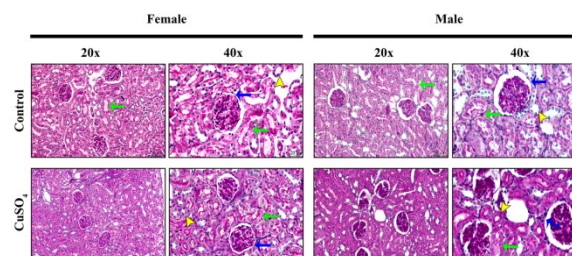


Figure 2.
PAS staining of kidney tissue. Blue arrow: Bowman's capsule. Yellow arrowhead: Distal tubule. Green arrow: Proximal tubule. Magnification: 20X, 40X.

Immunohistochemistry Analysis

Immunohistochemical analysis of kidney tissue revealed intense AQP-1 expression in the apical and basolateral membranes of proximal tubular epithelial cells. In control groups, AQP-1 immunoreactivity was observed in the proximal tubules of both female and male kidneys, and no significant gender-related difference was observed ($p = 0.3709$) (Figure 3a, b). After CuSO_4 administration, AQP-1 expression in the proximal tubules of female kidneys increased in both apical and basolateral regions (Figure 3a); however, this marked increase was not statistically significant. It was found that CuSO_4 had no significant main effect ($p = 0.3007$) and that there was no significant interaction between treatment and sex on AQP-1 expression ($p = 0.4151$) (Figure 3b).

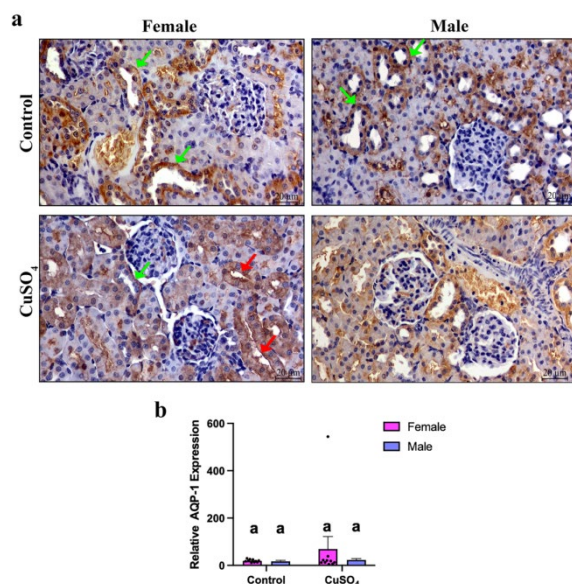


Figure 3.

AQP-1 expression in kidney tissue. a. Green arrow: Proximal tubule basolateral membrane, red arrow: Proximal tubule apical. b. Relative AQP-1 expression levels. Magnification: 40X

When examining AQP-2 expression in kidney tissue, no interaction between treatment and sex was detected ($p=0.3360$). Immunohistochemically, AQP-2 staining was predominantly localized to the apical region of collecting duct epithelial cells (Figure 4a). Although AQP-2 expression appeared lower following CuSO_4 exposure compared with controls, the main effect of treatment was not statistically significant ($p=0.5838$) (Figure 4a, b). In contrast, a significant main effect of sex was observed, with overall higher AQP-2 expression in females than in males when averaged across treatment groups ($p=0.0372$) (Figure 4a, b).

AQP-3 immunoreactivity was predominantly localized in the basolateral membrane of the outer medullary

collecting duct epithelium in kidney tissue (Figure 5a). It revealed no significant interaction between treatment and sex ($p = 0.3647$). Although AQP-3 expression showed a tendency to increase in CuSO_4 -treated female kidneys, this difference was not statistically significant compared to female controls ($p = 0.0683$). A significant main effect of sex was detected, with females exhibiting higher overall AQP-3 expression than males ($p = 0.0030$), which was primarily driven by a significant sex difference in the CuSO_4 -treated group ($p = 0.0126$) (Figure 5a, b).

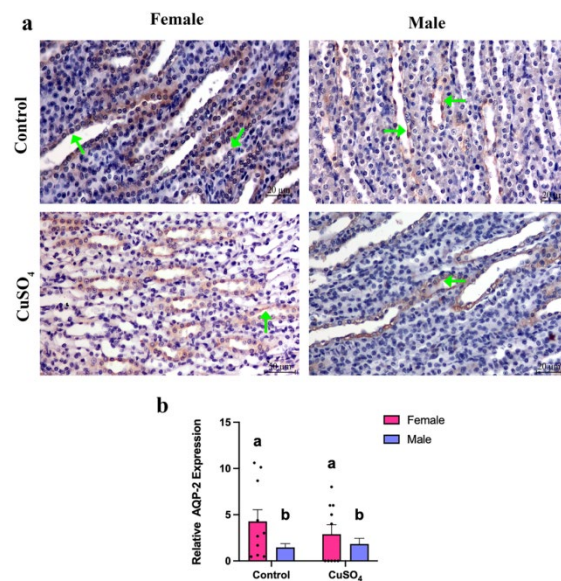


Figure 4.

AQP-2 expression in kidney tissue. a. Green arrow: Apical membrane of the collecting duct epithelial cell. b. Relative AQP-2 expression levels. Magnification: 40X

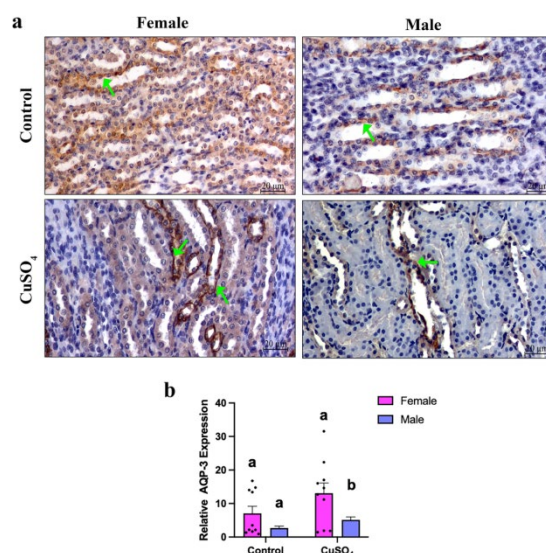


Figure 5.

AQP-3 expression in kidney tissue. a. Green arrow: Basolateral membrane of the outer medullary collecting duct epithelium. b. Relative AQP-3 expression levels. Magnification: 40X

Discussion and Conclusion

In this study, we examined histopathological changes in the kidney tissues of mice administered Copper Sulfate (CuSO_4), using the Periodic acid-Schiff (PAS) reaction, and the immunohistochemical expression of Aquaporin (AQP) 1, 2, and 3, specifically in the areas where they are expressed. H-E staining; CuSO_4 application caused intense vacuolization in kidney tissues, particularly in the distal and proximal tubules, and the microvillus structure could not be observed due to luminal narrowing. PAS staining is frequently used to evaluate renal histopathology and provides information about changes in tubular structure and glycogen accumulation that may be caused by toxic exposures such as CuSO_4 ²⁷. PAS staining has been noted to highlight damaged areas within the renal structure, including sclerosis and inflammation²⁸. In our study, PAS staining revealed that copper sulfate causes glycogen accumulation in the apical region of the proximal and distal tubules in kidney tissue and leads to vacuolization in the tubules.

Copper pollution/poisoning causes multiple-organ damage in humans and animals^{2,29}. Excess Cu causes redox imbalances, toxic events (e.g., cell apoptosis, necrosis, inflammation), and can damage the liver, kidneys and brain³⁰⁻³². In chicken kidney tissues treated with copper sulfate and arsenic for 12 weeks, necrosis and degeneration were observed in tubular cells, swelling was observed in glomeruli, and it was demonstrated that this caused nephrotoxicity by increasing oxidative stress³³. A recent study showed that copper sulfate administration to fetal rats increased tubular vacuolization in kidney tissues, caused degeneration in the glomerular structure, and increased inflammatory cells. In addition, malondialdehyde (MDA) and total oxidant status (TOS) values, which are oxidative markers, were found to be high in the copper sulfate groups³⁰. Another study demonstrated that copper accumulation in rats can vary depending on dose and time in the kidneys, brain, and liver, and also indicated that glutathione (GSH) and total antioxidant capacity (TAC) values decreased, while MDA levels increased, depending on dose and time. The maximum effect was observed on day 60, and the maximum oxidative stress was demonstrated at a dose of 100 mg/kgBWt/day³⁴. In our study, by using high doses of copper sulfate, we observed vacuolization in the proximal and distal tubules and deformation in the microvillus structure of the proximal tubules in particular during the histopathological evaluation of kidney tissue. Additionally, in the CuSO_4 group, PAS staining was found to be intensely preserved in the apical regions of the proximal and distal tubules.

In the kidneys, approximately 70% of filtered water is reabsorbed in the proximal tubule. AQPs are integral membrane proteins that facilitate water and, in some cases, other solute and ion movement¹⁹. AQP-1 is reported to be present in the apical and basolateral membranes of proximal tubule cells, accounting for 70% of total water absorption, thanks to its high water permeability³⁵. Additionally, it has been reported that AQP-1 is expressed in the thin descending limb of Henle's loop (tDLH) and descending vasa recta in the kidney^{19,20}. In their study, Lv et al. demonstrated that AQP-1 plays a protective role in modulating acute kidney injury (AKI), mitigating the inflammatory response, apoptosis, and fibrosis by downregulating p53 in HK-2 cells exposed to septic AKI or LPS¹⁷. Additionally, it has been reported that when the kidneys are exposed to the harmful effects of copper sulfate, a decrease in AQP-1 mRNA levels may occur, which could lead to impaired water reabsorption capacity. Decreased AQP-1 expression has been reported to be associated with renal dysfunction³⁶, which may be caused by the nephrotoxic effects of copper sulphate on aquaporin channels¹⁸. In a study demonstrating the mitigating effect of bee venom (BV) treatment on kidney damage caused by gentamicin (GM), it was noted that GM reduced the AQP-1 expression level³⁷. In our study, it was observed that copper sulfate administration increased excretion in the kidneys of female rats, particularly in the apical and basolateral regions of the proximal tubules, but there was no significant difference compared to the control group. The increase in AQP-1 observed in the female CuSO_4 group in our study may be related to a compensatory adaptation mechanism mediated by estrogen. A study has shown that AQP-1 expression can be increased under estrogen-related stress conditions³⁸. AQP-1 is highly concentrated in the proximal tubules and plays a critical role in water reabsorption. When CuSO_4 is applied, the kidney may have developed an adaptive response by increasing AQP-1 to maintain fluid balance during toxic damage.

AQP-2 is expressed in the principal cells of the connecting tubules and collecting ducts, which regulate body water balance and urine concentration¹⁹. AQP-2 is in the apical and subapical regions of the plasma membrane in the collecting duct epithelial cells, facilitating water entry into the cells. AQP-2 is under the control of antidiuretic hormone arginine vasopressin (AVP) and plays a critical role in water reabsorption in the kidney³⁹. In our study, the AQP-2 transport channel was localized at the apical surface of epithelial cells, but its expression decreased in the group treated with CuSO_4 . A recent study on pigs reported that AQP-2 levels in kidney tissue decreased as a result of chronic pancreatitis, potentially due to AVP antagonizing water permeability⁴⁰. In another study, AQP-2 transcription and expression were reported to be reduced in LPS-stimulated cultured

collecting duct cells and native kidney tissues^{41,42}. In one study, lithium treatment in hypokalemia was reported to cause a decrease in AQP-2 expression in the collecting ducts of rats' kidneys⁴³. In our study, tubular damage/oxidative stress associated with CuSO₄ may be due to impaired vasopressin response in the collecting duct and reduced AQP-2 expression and/or membrane transport.

AQP-3 is localized in the basolateral membrane of principal cells in the collecting duct. A study has reported that AQP-3 deficiency in mice reduces the transepithelial osmotic water permeability of the collecting ducts, resulting in impaired urine concentration function^{22,44}. In another study, deletion of AQP-3 in mice was reported to cause abnormalities in renal collecting ducts and worsen ischemia-reperfusion injury²³. In recent years, it has been observed that AQP-2 expression decreased and AQP-3 expression increased in the kidney tissues of the experimental group with induced chronic pancreatitis⁴⁰. As can be understood from the decrease in AQP-2 expression, it has been stated that this condition is not related to the increase in water flow through the basolateral membrane in pigs after cerulein injection⁴⁰. These results are directly proportional to the decrease in AQP-2 levels and the increase in AQP-3 levels in our study. On the other hand, it has been suggested that estrogen may modulate AQP expression⁴⁵. In our study, both AQP-1 and AQP-3 expression increased in the kidney tissues of females treated with copper sulfate. Estrogen may modulate AQP-1 and AQP-3 expression.

In conclusion, when evaluating the expression of AQP-1, -2, and -3 in female and male rats following copper sulfate administration, AQP-1 and AQP-3 levels increased in females, while AQP-2 levels decreased. The decrease in AQP-2 levels following tubular damage may have subsequently modulated AQP-1 and -3 levels. This provides a fundamental reference point for future studies investigating how copper sulfate may exert its effects, particularly through estrogen and vasopressin.

Researcher Contribution Statement:

Idea and design: S.K., T.S., T.B.B., Z.D., A.O.O., S.U., S.Y.; Data collection and processing: S.K., S.Y.; Analysis and interpretation of data: S.K., T.S., S.V., T.B.B., Z.D.; Writing of significant parts of the article: S.K., T.S., S.V., T.B.B., Z.D.

Support and Acknowledgement Statement:

Non-applicable

Conflict of Interest Statement:

No conflicts of interest.

Ethics Committee Approval Information:

Approving Committee: Animal Ethics Committee (HADYEK) of Erciyes University

Approval Date: October 01, 2025

Decision No: 25-209

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