Determination of galectin-3, hepsin (Tmprss 1) and thyroid transcription factor-1 levels in thyroid cancer patients: A prospective case-control study

Tiroit kanserli hastalarda galektin-3, hepsin (Tmprss1) ve tiroit transkripsiyon faktör-1 seviyelerinin belirlenmesi: Bir prospektif vaka-kontrol çalışması

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Abstract

Aim: This study aimed to the efficiacy of usage galectin-3, hepsin, and thyroid transcription factor-1 (TTF-1) levels as markers for the differentiation between patients with malignant and benign thyroid nodules.

Methods: The study was done prospectively between January 2018 and April 2018 in our clinic, in patients who were diagnosed with thyroid nodules and scheduled for surgery. Galectin-3, hepsin, and TTF-1 levels were measured in the preoperative serum of the benign and malignant groups. The measured levels were evaluated statistically to determine whether there was any significant difference between the malignant and benign groups. Results: When the levels of galectin-3, hepsin, and TTF-1 in the malignant and benign groups were compared, there was a statistically significant difference in TTF-1 levels (p=0.038). However, no significant difference was found in hepsin and galectin-3. When the macropapillary and micropapillary types were compared within the malignant patient group, there was a significant difference between the galectin-3 levels (p = 0.009), but no difference was found between hepsin and TTF-1.

Conclusions: It was seen that the decrease of galectin-3 levels in thyroid papillary carcinoma could be effective in the transformation from microcarcinoma to macrocarcinoma, and TTF-1 could be an important marker for the differentiation between benign and malignant thyroid nodules.

Keywords: Galectin-3, hepsin, TTF-1, thyroid malignancy, cancer.

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Öz

Amaç: Çalışmada; galektin-3, hepsin ve tiroit transkripsiyon faktör-1 (TTF-1)'in kan değerlerinin tiroit nodüllerinde malign ve benign ayrımındaki tanısal değerini araştırmayı amaçladık.

Yöntemler: Çalışma kliniğimizde Ocak 2018 ile Nisan 2018 tarihleri arasında tiroit nodülü nedeniyle operasyon planlanan hastalarda prospektif olarak yürütüldü. Benign ve malign grupların ameliyat öncesi elde edilen serumlarında galektin-3, hepsin ve TTF-1 seviyeleri açısından farklılık olup olmadığı istatistiksel olarak araştırıldı.

Bulgular: Malign ve benign grupta ölçülen galektin-3, hepsin ve TTF-1 seviyeleri karşılaştırıldığında; TTF-1 seviyelerinde istatistiksel olarak anlamlı fark bulunurken (p=0,038), hepsin ve galektin-3'te anlamlı fark tespit edilmedi. Malign hasta grubunda makropapiller ve mikropapiller tip karşılaştırıldığında galektin-3 seviyeleri arasından anlamlı bir fark tespit edilirken (p=0,009), hepsin ve TTF-1 arasında fark tespit edilmedi.

Sonuç: Tiroid papiller karsinomunda galectin-3 seviyesinin düşmesinin mikro karsinomdan makro karsinoma dönüşümde etkili olabileceği, TTF-1' in tiroid nodüllerinde benign ve malign ayrımında önemli bir belirteç olabileceği görüldü.

Anahtar Kelimeler: Galektin-3, hepsin, TTF-1, tiroid malignitesi, kanser.

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Introduction

The incidence of thyroid cancer has increased compared to previous years. The annual incidence of thyroid malignancies in the United States increased from 4.9 in 100,000 in 1975 up to 14.3 in 2009. Although the mortality rate in thyroid cancers varies between 8–20%, it is higher than other endocrine organ tumors [1].

Thyroid nodules are very common within the community. When evaluated by neck ultrasonography (US), thyroid nodules are found in 17-67% of the adult population [2]. Although most thyroid nodules are benign, recently the incidence of thyroid cancer is increasing dramatically [3]. Malignancy rate in thyroid nodules is between 5% and 20% [4]. Patient history, physical examination, serum thyroid Stimulating hormone (TSH) levels, neck USG and fine-needle aspiration biopsy (FNAB) constitute the standard nodule evaluation protocol. FNAB is a safe, fast, and cost-effective diagnostic tool and accepted as the gold standard for the evaluation of thyroid nodules [2]. According to the results of the FNAB, there is a gray zone such as in the Bethesda category 3 and category 4 patient groups, where although the majority of the nodules are benign in the postoperative pathology results, the surgical option is preferred because the benign-malignant distinction of the nodule is not clear. New diagnostic markers are needed to avoid unnecessary surgery especially in patients of this intermediate category.

Galectins are proteins classified as part of the lectin group and act on the cell surface and cytoplasm. Galectin-3, takes part in the intercellular relationship, cell-to-matrix relationship, cell growth, and regulation of neoplastic transformation. There are new studies suggesting that galectin-3 is a marker of malignancy in thyroid cancers, specifically in papillary thyroid cancer [5].

Type 2 transmembrane epithelial serum proteases are a newly identified subgroup of the serine protease family consisting of 17 proteolytic enzymes. Hepsin is a subtype of the type 2 transmembrane epithelial serine proteases. In vitro studies have shown that hepsin is essential for cell growth, maintenance of normal morphology of the cell, and cell motility and development [6]. Serine proteases have been shown to play a role in tumor development and metastasis [7].

Thyroid transcription factors regulate genes that code the proteins related to thyroid hormone syntheses such as thyroglobulin, thyroid peroxidase, thyrotropin receptor, the sodium- iodide symporter, and those that affect the development of the thyroid at the embryological period [8]. Thyroid transcription factor (TTF-1) has been shown to exist in the human thyroid, lung, and brain cells and may be a diagnostic and prognostic marker in lung cancers [9].

In this study; we aimed to evaluate the diagnostic value of blood galectin-3, hepsin, and TTF-1 levels in the differentiation of malignant and benign thyroid nodules.

Material and methods

Study design

This study was carried out prospectively with patients who were scheduled for operation due to the presence of thyroid nodules between January 2018 and April 2018 at our clinic. The study was approved by the University Ethics Committee on the 15th of February 2018 (No:24). The study was conducted in accordance with the Declaration of Helsinki. The patients were interviewed and informed about the study face-to-face, informed consent was taken from the patients who accepted to participate in the study. A total of 120 volunteers, who accepted to participate in the study, were operated. The operations were performed by two surgeons experienced in head and neck surgery. Patients with a history of thyroid drugs, thyroid cancer, or thyroid surgery and radiotheraphy (RT) in the neck region were excluded from the study. After the rejection criteria were applied, 77 patients remained—30 patients were randomly selected from 31 patients who had malignant postoperative pathology, and 30 patients were randomly selected as a control group from 46 patients who had benign postoperative pathology. Malignant and benign groups were compared in terms of galectin-3, hepsin, and TFF-1 levels.

Biochemical analysis

An extra tube of blood was collected in addition to the routine from the patients who consented to participate in the study. The samples were then centrifuged and stored at -80°C in the laboratory of the Biochemistry Department. From the plasma samples previously-stored at -80°C, serum galectin-3 (Catalogue no: 201-12-1952), hepsin (Catalogue no: 201-12-3942), and TTF-1 (Catalogue no: 201-12-5744) levels were measured by ELISA methods using a commercial ELISA kit (Sunredbio, Waltham, MA, USA) and an automatic ELISA reader (Dynex Magellan Biosciences Chantilly, USA) according to the kit insert. The detection range of galectin-3, hepsin, and TTF-1 kit were 0.2–60 ng/mL, 0.78–50 ng/mL, and 0.05–12 ng/mL, respectively.

Statistical analysis

Statistical analysis of the study was performed with the SPSS for Windows 22.00 statistical software package, and the power analysis was done using the Sample Size Power Analysis Calculation version 3.1.2 program. As a result of the power analysis, a Type I error of 0.05 and power of 0.80, a minimal sample size of 18 patients was required to achieve a significant difference between the two means. Therefore, the experimental study with thirty patients in each group showed an effect size of 0.967. The Kolmogorov–Smirnov and Shapiro–Wilk tests were applied in order to determine whether the data showed a normal distribution and nonparametric tests were applied, as the data did not conform to a normal distribution. Data were analyzed by the Chi-square analysis and Mann–Whitney U test. Statistical significance was accepted as p < 0.05.

Results

Of the 30 patients in the study (malignant) group, seven (23.3%) were male and 23 (76.7%) were female. The mean age was 45.4±9.2 years. Seven (23.3%) patients had a family history of thyroid carcinoma. In preoperative US, 5 (16.7%) patients had a unilateral nodule, and 25 (83.3%) patients had bilateral nodules. Total thyroidectomy was performed in 27 (90%) patients, and lobectomy was performed in 3 (10%) patients. The histopathological type of the malignant group was papillary cancer; 18 (60%) were of the micropapillary type, and 12 (40%) were of the macropapillary type cancer. Of the 30 patients in the control (benign) group, 8 (26.7%) were male, and 22 (73.3%) were female. The mean age was 46.43±10 years. Four (13.3%) patients had a family history of thyroid carcinoma. Preoperatively, 12 (40%) patients had unilateral, and 18 (60%) patients had bilateral nodules. Total thyroidectomy was performed in 16 (53.3%) patients, and lobectomy was performed in 14 (46.7%) patients. A comparison of the characteristics of the patients in the malignant and benign patients in terms of their characteristics is given in Table 1.

Table 1. Comparison of the characteristics of the patients in the
malignant and benign groups.
Devenator

Parameter		Benign (n=30)	Malignant (n=30)	р
Age [¥]		46.43±10	45.40±9.2	0.679
Gender ^β	Male	8 (26.7)	7 (23.3)	0766
	Female	22 (73.3)	23 (76.7)	0.766
History of thyroid				
cancer in	Present	4 (13.3)	7 (23.3)	
family ^β	Absent	26 (86.7)	23 (76.7)	0.317
US nodule ^β	Unilateral nodule			
		12 (40.0)	5 (16.7)	
	Bilateral nodule	18 (60.0)	25 (83.3)	0.045
Operation β	Total			
-	thyroidectomy	16 (53.3)	27 (90.0)	
	Lobectomy	14 (46.7)	3 (10.0)	0.002

β: n (%), ¥: mean±standard deviation

The mean of the TFF-1 levels in the malignant patient group was 6.02 ± 3.19 ng/ml, and the median was 35.17 ng/ml, the mean in the benign patient group was 4.54 ± 2.54 ng/ml, and the median was 25.83 ng/ml, and the difference was significant (p=0.038) (Table 2) (Figure 1).

Table 2. Comparison of Galectin-3, hepsin (TMPRSS1) and thyroid transcription factor-1 (TTF-1) levels in patients with malignant and benign groups.

Parameter	Benign (n=30)	Malignant (n=30)	р
Galektin-3 (ng/ml) ^µ	13.61±8.21	19.10 ± 12.99	
	(26.53)	(34.47)	0.079
Hepsin (TMPRSS1)(ng/ml) ^µ	18.31 ± 11.32	24.66 ± 19.93	
	(28.67)	(32.33)	0.416
Thyroid transcription factor-1 $(ng/ml)^{\mu}$	4.54±2.54 (25.83)	6.02±3.19 (35.17)	0.038

μ: mean±standard deviation (median)

The malignant patient group were grouped as macropapillary and micropapillary according to their pathologies and the galectin-3, hepsin, and TTF-1 levels of the patients were compared. The mean and the median of the galectin-3 levels was 13.55 ± 11.04 ng/ml and 10.33 ng/ml, and in the patients were 22.81 ± 13.15 ng/ml and the median was 18.94 ng/ml in the macropapillary and micropapillary patients, respectively, and the difference was significant (p=0.009) (Table 3) (Figure 2).

Table 3. Comparison of Galectin-3, Hepsin (TMPRSS1) and thyroid transcription factor-1 levels in patients with macropapillary and micropapillary thyroid cancers in malignant groups

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Parameter			Macropapillary	 Micropapillary 	′ n
Falameter		(n=12)	(n=18)	р	
Galektin-3	$\beta (ng/ml)^{\mu}$		13.55±11.04	22.81±13.15	0.009
			(11.33)	(18.94)	0.009
Hepsin (TMPRSS1) (ng/ml) ^µ		19.76±18.25	27.92 ± 20.83	0.236	
			(13.17)	(17.06)	0.250
Thyroid	transcription	factor-1	5.81±3.12	6.17±3.33	0.066
$(ng/ml)^{\mu}$			(15.42)	(15.56)	0.966

μ: mean±standard deviation (median)



Figure 1. Galectin-3, hepsin (TMPRSS1) and thyroid transcription factor-1 (TTF-1) level in patients with malignant and benign patients.



Figure 2. Galectin-3, hepsin (TMPRSS1) and thyroid transcription factor-1 levels of patients with macropapillary and micropapillary in malignant groups.

Discussion

A thyroid nodule could be described as a separate lesion that occurs in the thyroid gland and differs radiologically from the normal thyroid parenchyma. The main clinical problem in thyroid nodules is to distinguish malignancies. FNAB is golden standard for its safety, rapidity, and cost-effectivity in the evaluation of thyroid nodules. FNAB is widely used by many specialists and the false negativity rate is below 5%. Combining it with US reduces the rate of false negatives and nondiagnostic cytology rates [2, 10]. The results of the FNAB are considered as one of the most important determinants of the decision for surgery or medical treatment. According to the Bethesda classification, FNAB results separated the groups into nondiagnostic (category 1), Benign (category 2), Atypia of underdetermined Significance (AUS)/Follicular Lesion of underdetermined Significance (FLUS) (category 3), Follicular neoplasm or suspicious for a Follicular Neoplasm (category 4),

suspicious for malignancy (category 5), and malignant (category 6). Especially in the Bethesda category 3 and category 4, patient groups are in the gray zone.

Although most of the postoperative pathology results are benign, the surgical option is applied because the benignmalignant distinction of the nodule cannot be made clear. New diagnostic markers are needed to avoid unnecessary surgery especially for patients in this intermediate category.

Galectin-3 is a beta-galactocyte binding polypeptide. It is a member of the lectin family and plays an important role in some biological processes. It plays a role in regulating cell-cell and cell-matrix interactions, adhesion, migration, and damaged cell repair. It also plays a role in inflammation and neoplastic transformation [5]. Many studies have shown that galectin-3 is a reliable diagnostic marker with high sensitivity in the preoperative diagnosis of thyroid carcinomas. In a meta-analysis of 39 studies by De Matos et al. [11], the sensitivity and specificity of galectin-3 in detecting malign thyroid lesions was 82% and 81%, respectively. Galectin 3 has a high 81.9 % sensitivity and 92.3% specificity in papillary thyroid carcinoma, reported to be the most effective single marker for differentiating benign from malignant tumors [12]. In our study, although the whole malignant group consisted of papillary carcinoma, serum levels of galectin-3 were higher in the malignant group consistent with other studies. But there was no statistically significant difference found between the malign and benign group that could further be explained by the low number of cases in the study. In a study by Kawachi and Ark et al. [13], papillary thyroid carcinoma patients who metastasized to the lymph nodes had more galectin-3 expression than the non-metastatic patients. However, they found that galectin-3 expression in the lymph nodes metastasized from papillary carcinoma was lower than the primary thyroid lesion. With the help of these results, the decrease in galectin-3 levels in the progression of papillary thyroid carcinoma reported could contribute to cell release and metastasis from the primary tumor [13]. In our study, there were no metastasized patients, when papillary thyroid carcinoma in the malignant group were separated into micro (<1 cm) and macro (>1 cm) papillary carcinoma according to the tumor size, galectin-3 level was higher in the micropapillary group compared to the macropapillary group and this difference was statistically significant. This result suggested that the decrease of galectin-3 level in papillary carcinoma may be effective in the microcarcinoma transformation to macrocarcinoma. Based on our study and the study by Kawachi et al. [13], in the later the stages of the disease in papillary thyroid carcinoma, the more the decrease in galectin-3 levels may be an indicator for metastasis and poor prognosis.

Hepsin is a type II transmembrane serine protease frequently overexpressed in most tissues and different tumors. Studies suggest that hepsin is required for the growth and maintenance of normal morphology, as well as for cell motility and development, initiation of blood coagulation, and proinflammatory immune response [6]. Recent studies on different malignant diseases revealed that hepsin expression increased in malignant tissues, and hepsin may have a prognostic and therapeutic value for some malignant diseases. In a study by Stephan et al. [14], they found that hepsin expression in malignant prostate tissue was higher than normal prostate tissue. In 53% of patients, it was more than 10 times higher. They also reported that high hepsin expression was associated with the degree of disease and may be a prognostic marker. Xing et al. [15] reported that the expression of hepsin in cancerous breast tissue was increased. The overexpression of Hepsin was associated with tumor stage, lymph node metastasis, and inhibition of hepsin expression could, therefore, be of the therapeutic importance. In a study by El-Rebey et al. [16], in 27 patients with endometrial cancer and 18 patients with endometrial hyperplasia, hepsin expression was higher in cancer patients and hepsin was reported to be associated with tumor grade and size. In a study by Tanimoto et al. [17], the effect of hepsin serine protease in patients with ovarian carcinoma showed that hepsin expression increased in patients with ovarian carcinoma. In a study by Zhang et al. [18] on patients with gastric carcinoma, high hepsin expression was associated with poor prognosis.

In our study, no significant difference was found between the thyroid malignant and benign patients in terms of hepsin expression. There is no record in the literature on hepsin in thyroid malignancy, so a comparison could not be made. There is a need for additional studies on thyroid malignancies for such a protein like hepsin that would also be important in the diagnosis and prognosis of many malignancies.

Tissue-specific transcription factors play a crucial role in regulating expression of tissue-specific genes. In this way, it controls the function, homeostasis, and differentiation of the tissue in which expression is made. Three different thyroid specific transcription factors are critical for thyroid function: NKX2-1 (TTF-1), FOXE1 (TTF-2), and PAX8. They regulate genes of thyroglobulin, thyroid peroxidase, thyrotropin receptor, and the sodium/iodide simporter, which synthesizes proteins critical for thyroid hormone synthesis. They are also important for thyroid development [19]. TTF-1 transcription factor plays a role in the production of surfactants in lung tissue and thyroglobulin secretion in thyroid glands. In a study by Anagnostou et al. [20] on patients with lung adenocarcinoma, increased TTF-1 expression in stage 1 adenocarcinoma patients was associated with long survival time and TTF-1 could be a prognostic marker in stage 1 adenocarcinoma patients. In a study by Zhang et al. [21] comparing endometrial cancer, endometrial proliferation, and normal endometrial tissue, TTF-1 expression in the tumor tissue was lower than the proliferation tissue and normal endometrial tissue so TTF-1 could be used in the diagnosis of early endometrial cancer. Daisuke et al. [22] reported that TTF-1 was expressed in only 5 (18%) of 28 patients with anaplastic carcinoma. Fenton et al. [23] reported that the recurrence rate was higher in patients with TTF-1 expression in papillary thyroid carcinoma. In a study by Katoh et al. [8], TTF-1 expression was found to be lower in differentiated thyroid carcinomas compared to undifferentiated thyroid carcinomas and TTF-1 may provide information about the functional activity and differentiation of thyroid tumors Tan et al. reported, in a study comparing patients with thyroid papillary carcinoma, follicular carcinoma, and follicular adenoma, that there was no difference in TTF-1 expression between the three groups so that TTF-1 was not diagnostically beneficial. In a study by Ai et al. [25] comparing thyroid papillary carcinoma with healthy people, there was no relationship between TTF-1 and thyroid papillary carcinoma. In our study, TFF-1 level of the patients in the malignant group was higher than the patients in the benign group. In the literature, there are studies reporting that TTF-1 has no diagnostic role in thyroid carcinoma and there are studies indicating that TTF-1 is a prognostic marker in thyroid carcinoma. Although our study shows that TTF-1 may be a diagnostic marker in contrast to previous studies, it is a fact that new studies are needed in this field.

The single-center design of the study and the low number of cases were the key limitations of this work.

In conclusion, although there is a need for new prospective controlled studies in this area; it was seen that the decrease in galectin-3 levels in thyroid papillary carcinoma could be effective in the transformation from microcarcinoma to macrocarcinoma and TTF-1 could be an important marker in the benign-malign differentiation in thyroid nodules.

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